

Ruth Brenner, MD, MPH, Program Office, National Children's Study, National Institute of Child Health and Human Development



Outline of Presentation

- ∠ Background
 - Rationale for The National Children's Study
- ∠ Current Status
 - Recent Milestones
- **■ Future Timeline**





PL 106-310: Children's Health Act of 2000



- (a) PURPOSE ... to authorize NICHD to conduct a national longitudinal study of environmental influences (including physical, chemical, biological, and psychosocial) on children's health and development.
- (b) IN GENERAL The Director of NICHD shall establish a consortium of representatives from appropriate Federal agencies (including the CDC and EPA) to:
 - (1) plan, develop, and implement a prospective cohort study, from birth to adulthood, to evaluate the effects of both chronic and intermittent exposures on child health and human development; and
 - (2) investigate basic mechanisms of developmental disorders and environmental factors, both risk and protective, that influence health and developmental processes...



Study Concepts

- Longitudinal cohort study, beginning prior to birth continuing through age 21 years
- National in scope
- Study of environmental influences on children's health and development
 - Environment defined broadly (physical, chemical, biological, and psychosocial)
- Study designed to allow measurement of both chronic and intermittent exposures



Study Concepts

- Hypothesis driven with primary outcomes related to child health and development
- Study common range of "environmental" exposures and less common outcomes
- Environment & gene-environment interactions
- Consortium of multiple agencies
- National resource for future studies



Why focus on children?

Children have:

- Increased vulnerability to environmental exposures
- Critical windows of vulnerability during development
- Immature mechanisms for detoxification and protection
- Differences in metabolism and behavior that may yield higher exposure in the same environments



Physiological and behavioral factors that increase exposures in children*

Factors	Infants	Children	Adults
Surface Area : Body Mass Ratio (m ² /kg)	0.067	0.047	0.025
Respiratory Ventilation Rate (ml/kg/m² lung surf. area/min)	133		2
Drinking water intake (ml/kg/day)	43.5	35.5	19.9
Soil Ingestion (mg/day)		20	0.4
Rate of lead absorption	42-53%	30-40%	7-15%



^{*}Selevan et al. Environ Health Perspect 2000;108(suppl 3);451

Why now?

- Increasing concern about numerous exposures
- Increasing concern about diseases and conditions of children
- Growing experience with effects of exposures: lead, fetal alcohol, etc.
- Technological capabilities: genome, IT, measurement, tracking

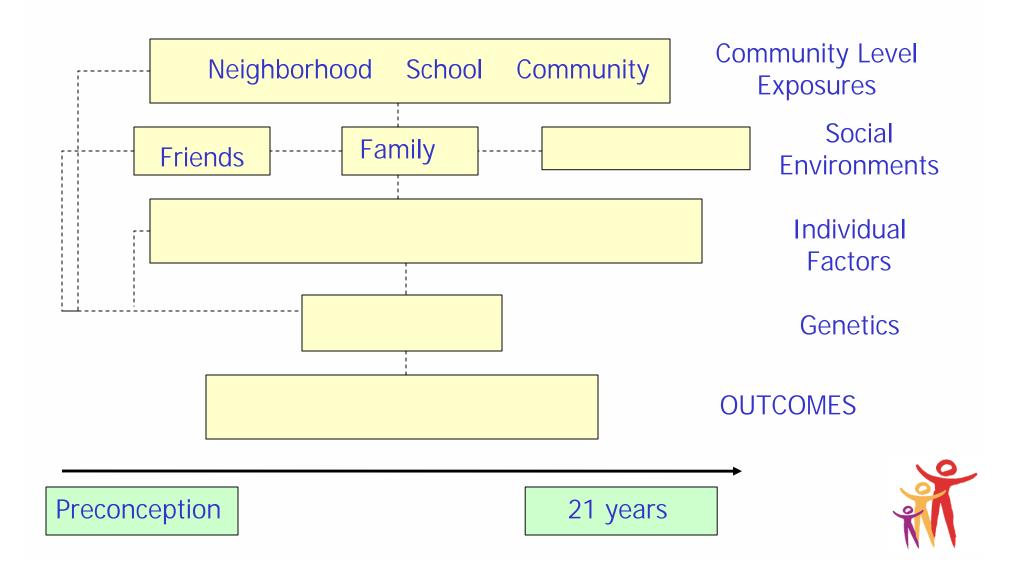


Why a Longitudinal Study?

- Allows inference regarding causality
- Allows study of multiple outcomes and multiple exposures
- Allows study of mediating pathways between exposure and disease
- Recall bias in relation to exposure is minimized
- Facilitates study of developmental trajectories



Multiple Levels of Measurement





Recent Milestones and Current Status



Recent Milestones

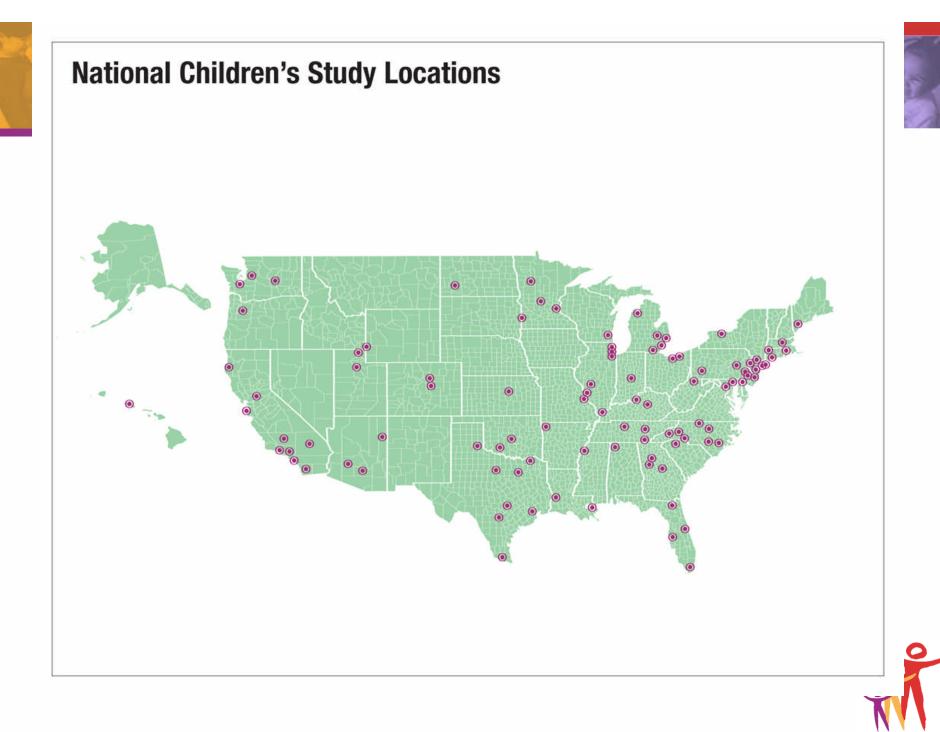
- Decision to utilize a National Probability Sample - June 2004
- Study Plan Presented to the Federal Consortium – September 2004
- Request for Proposals –Vanguard Centers November 2004
- Request for Proposals -Coordinating Center - November 2004
- Publication of the Growing up Healthy November 2004



The National Probability Sample

≥ 2nd Stage

- Selecting segments or groups of households within the study locations
- Anticipate a highly clustered sample to facilitate study of community characteristics and logistical efficiency
- Solicit input from the successful offerors to help define the segments
- To maintain the integrity of the sample, offerors will not be involved in the actual selection of segments



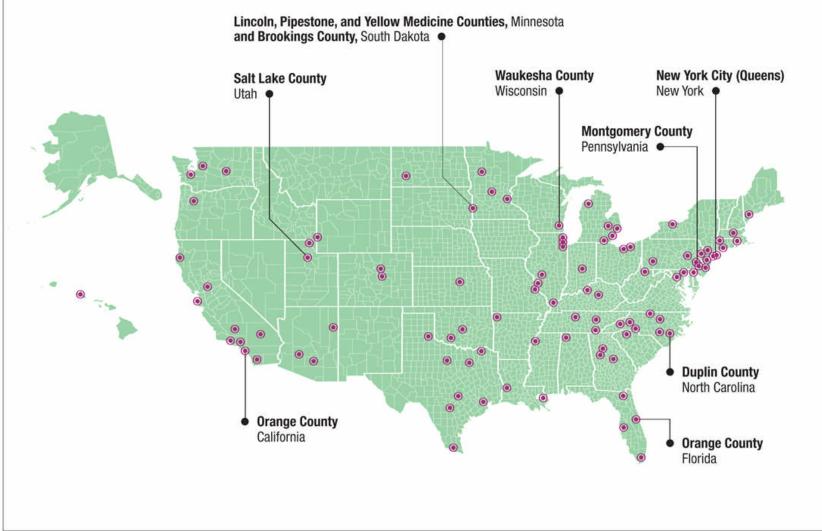
Selection of Vanguard Locations

- From the initial list of Study Locations, eight locations were selected to potentially serve as the Vanguard Locations
- 2 certainty, 4 metropolitan, noncertainty, 2 non-metropolitan
- 2 Locations in each of the 4 U.S. Census Regions



National Children's Study Locations

Vanguard locations identified by name





Anticipated Awards

- The number of awards that are made is dependent on availability of funds and the quality of proposals received
- Anticipate a total of 3-8 awards
- There will be no more than 1 award for collection of data in a single location
- If there are three awards, our goal is to make one award in each of the three categories of certainty, non-certainty, and non-metropolitan
- If there are 4 awards, our goal is to have one Vanguard Location in each of the four census regions



Other Aspects of the Study Plan

- Enrolling women and their partners prior to or early in pregnancy, with follow-up of children until 21 years of age
- Enrollment is over a four-year period
- Data will be collected in both face-to-face visits and remote data collections
 - Questionnaires and Interviews
 - Environmental samples and observations
 - Clinical and behavioral assessments
 - - Blood, Urine, Cord Blood, Placenta, Breast milk



Proposed Schedule of Visits

Screening	18 months (Home)
Preconception	3 years (Clinic)
1 st Trimester (home)	5 years (Clinic)
2 nd Trimester (clinic)	7 years (Home)
3 rd Trimester (clinic)	9 years (Clinic)
Delivery	12 years (Clinic)
1 month (Home)	16 years (Home)
6 months (Home)	20 years (Clinic)
12 months (Home)	

Challenges

- Combination of a probability sample with actual data collection conducted through Centers of Excellence
- Collect multiple levels of data in a variety of settings
 - Environmental specimens in the home

 - Measures in the community
- Capture both intermittent and chronic exposures
- Capture exposures during critical periods of development



Projected Time Line

Early 2005 Closing date for receipt of proposals for Vanguard

Centers and Coordinating Center

Late 2005 Select initial centers

2006 Complete and pilot initial protocol

Early 2007 Enroll first participants with initial centers

2006-2007 Select additional centers

2009-2010 First preliminary results available from pregnancy

2007-2030 Analyze data as collection continues, publish results

throughout: hypothesis specific, public use datasets,

RFA's

Ongoing Periodic meetings, peer reviews, workshops,

consultations



Workshop on Collection and Use of Genetic Information



- Brought together experts in the federal government (NIH, EPA, CDC, FDA) to explore opportunities and challenges, and provide recommendations to the NCS
- Focus on appropriate collection and storage of biologic samples
- Workshop report and recommendations will be available on the National Children's Study website



Contact Information

- Check the Web site:
 http://NationalChildrensStudy.gov
- Join the listsery for news and communication
- Contact us at ncs@mail.nih.gov

