

VARIABLE NAME

STAIY1

STAIY1MS

CLINICAL UNIT USE ONLY	
Clinical Unit No.	_ _ _ _
Patient ID No.	_ _ _ - _ _ - _
Visit Type	_ _ _ _
Patient NAME CODE	_ - _ _ _ _
Date of Administration	_ - _ - _ _ _ _ Day Month Year
Check here if not done (1)
Research Coordinator:	
Signature:	_____
PIMI Staff No.:	_ _ _ _ - _

PSYCHOPHYSIOLOGICAL INVESTIGATIONS OF **MYOCARDIAL ISCHEMIA**

SELF EVALUATION QUESTIONNAIRE

STAI Form Y-1

INSTRUCTIONS

A number of statements which people have used to describe themselves are given below. Read each statement and then check inside the appropriate parentheses **to** the right of the statement to indicate how you feel right now, that is, at this moment. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe your present feelings best.

SELF EVALUATION QUESTIONNAIRE

STAI Form Y-I

		Not At		Moderately	Very
		All	Somewhat	So	Much So
1. I feel calm.	—	(1)	(2)	(3)	(4)
2. I feel secure		(1)	(2)	(3)	(4)
3. I am tense.		(1)	(2)	(3)	(4)
4. I feel strained.		(1)	(2)	(3)	(4)
5. I feel at ease.	---	(1)	(2)	(3)	(4)
6. I feel upset		(1)	(2)	(3)	(4)
7. I am presently worrying over possible misfortunes.	---	(1)	(2)	(3)	(4)
8. I feel satisfied.		(1)	(2)	(3)	(4)
9. I feel frightened.	---	(1)	(2)	(3)	(4)
10. I feel comfortable.		(1)	(2)	(3)	(4)
11. I feel self-confident.		(1)	(2)	(3)	(4)
12. I feel nervous	—	(1)	(2)	(3)	(4)
13. I am jittery.		(1)	(2)	(3)	(4)
14. I feel indecisive.		(1)	(2)	(3)	(4)
15. I am relaxed.		(1)	(2)	(3)	(4)
16. I feel content.		(1)	(2)	(3)	(4)
17. I am worried		(1)	(2)	(3)	(4)
18. I feel confused.		(1)	(2)	(3)	(4)
19. I feel steady		(1)	(2)	(3)	(4)
20. I feel pleasant.		(1)	(2)	(3)	(4)

Spielberger State Anxiety Inventory
 Consulting Psychologists Press, Inc.
 3803 E. Bayshore Road • Palo Alto, CA 94303
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ID No.			-				
Visit Type							