

Fetal Alcohol Spectrum Disorders Substance Abuse and Mental Health Services Administration Resources for Having Healthy Children



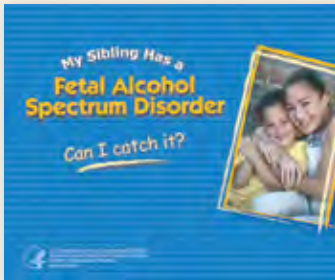
Order these publications to learn about the effects of fetal alcohol spectrum disorders (FASD) and how to protect children. These materials discuss the dangers to the child and the problems the family often faces when alcohol is consumed during pregnancy.

Fetal Alcohol Spectrum Disorder Resources



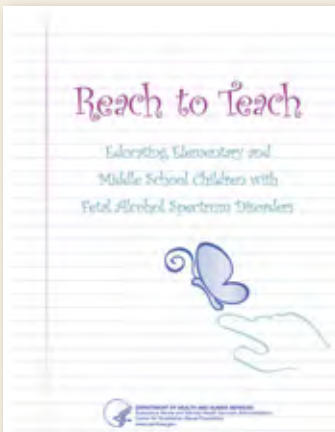
What Do I Do? Helping Your Kids Understand Their Sibling's Fetal Alcohol Spectrum Disorder (booklet, Inventory No. SMA06-4246)

Defines FASD, and presents suggestions for parents to discuss FASD with their children. Lists the challenges faced by children with FASD as well as the fears, pressures, and confusion often felt by the child's brothers and sisters. Includes resources. <http://store.samhsa.gov/product/SMA06-4246>



My Sibling Has a Fetal Alcohol Spectrum Disorder. Can I Catch It? (booklet, Inventory No. SMA06-4247)

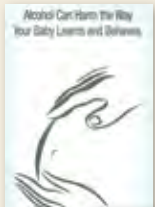
Designed for children who have a sibling with an FASD to understand their own feelings as well as help their sibling cope with the challenges of an FASD. <http://store.samhsa.gov/product/SMA06-4247>



Reach to Teach: Educating Elementary and Middle School Children with Fetal Alcohol Spectrum Disorders (manual, Inventory No. SMA07-4222)

Provides a resource for parents and teachers to use in educating elementary and middle school children with FASD. Discusses FASD in the classroom and strategies for improving school success and parent-teacher communication. <http://store.samhsa.gov/product/SMA07-4222>

or call 1-877-SAMHSA-7 (1-877-726-4727).



Alcohol Can Harm the Way Your Baby Learns and Behaves (card, Inventory No. AV245)

Alerts pregnant women to the dangers of drinking alcohol while pregnant. Discusses problems related to learning and paying attention due of alcohol use during the mother's pregnancy. <http://store.samhsa.gov/product/AV245>



El alcohol puede dañar la habilidad de su bebé para aprender y para comportarse. (Alcohol Can Harm the Way Your Baby Learns and Behaves.) (card, Inventory No. AV245S)

Alerta a las mujeres sobre los peligros de tomar alcohol durante el embarazo. Habla acerca de los problemas de aprendizaje y atención que sufren los niños debidos al consumo de alcohol de la madre durante el embarazo. Ofrece el número de teléfono para el Centro de Recursos de Información del Centro de Excelencia del EDAF. <http://store.samhsa.gov/product/AV245S>



FASD Resources *(continued)*



Be the Best Mom You Can Be. (booklet, Inventory No. PH408)

Encourages mothers coping with the effects of FASD in their children to get help for themselves and their children. Motivates pregnant women to quit drinking and to get the facts about FASD. Includes resources. <http://store.samhsa.gov/product/PH408>

How to Have a Healthy Baby: Be an Alcohol-Free Mother-to-Be. (poster, Inventory No. AV250)

Provides a message to increase awareness of fetal alcohol spectrum disorders among pregnant women: "Have a healthy baby: Be an alcohol-free mother-to-be." Includes the phone number for the SAMHSA FASD Program Information Resource Center. <http://store.samhsa.gov/product/AV250>

Tenga un bebé saludable. Si está embarazada, ¡no tome! (Have a healthy baby. Be an alcohol-free mother-to-be) (poster, Inventory No. AV250S)

Describe en detalle los peligros de tomar alcohol durante el embarazo. Ofrece actividades alternativas para las mujeres embarazadas. Proporciona estadísticas sobre el número de bebés que nacen cada año con problemas causados por el consumo de alcohol por la madre durante el embarazo. Habla sobre los problemas de salud que los niños pueden tener a lo largo de su vida. <http://store.samhsa.gov/product/AV250S>

Partnership To Prevent Fetal Alcohol Spectrum Disorders Public Education Program Manual (118-page manual and two CD-ROMs, Inventory No. MS957)

Outlines the public education plan to reduce the occurrence of FASD, and communicates positive prevention messages through various channels to reach women of childbearing age. <http://store.samhsa.gov/product/MS957>

Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders (DVD discussion guide, Inventory No. SMA09-3979)

Contains video interviews with mothers of children with FASD. Encourages other mothers to get help for themselves and their children. Includes a printed discussion guide for addiction counselors and brochures for consumers. <http://store.samhsa.gov/product/SMA09-3979>

What You Need To Know:

These concise, informative summaries are designed to educate professionals and consumers on the effects of FASD on individuals and their families. These fact sheets address FASD in various educational, workplace, and diverse social settings.

Preventing FASD: Healthy Women, Healthy Babies (fact sheet, Inventory No. SMA07-4253) <http://store.samhsa.gov/product/SMA07-4253>

Effects of Alcohol on Women (fact sheet, Inventory No. SMA06-4244) <http://store.samhsa.gov/product/SMA06-4244>

FASD: Effects of Alcohol on a Fetus (fact sheet, Inventory No. SMA07-4275) <http://store.samhsa.gov/product/SMA07-4275>

The Physical Effects of Fetal Alcohol Spectrum Disorders (fact sheet, Inventory No. SMA07-4255) <http://store.samhsa.gov/product/SMA07-4255>

Fetal Alcohol Spectrum Disorders by the Numbers (fact sheet, Inventory No. SMA06-4236) <http://store.samhsa.gov/product/SMA06-4236>

Fetal Alcohol Spectrum Disorders Among Native Americans (fact sheet, Inventory No. SMA06-4245) <http://store.samhsa.gov/product/SMA06-4245>

Adopting and Fostering Children With Fetal Alcohol Spectrum Disorders (fact sheet, Inventory No. SMA07-4254) <http://store.samhsa.gov/product/SMA07-4254>

How Fetal Alcohol Spectrum Disorders Co-Occur With Mental Illness (fact sheet, Inventory No. SMA06-4237) <http://store.samhsa.gov/product/SMA06-4237>

Fetal Alcohol Spectrum Disorders and the Criminal Justice System (fact sheet, Inventory No. SMA06-4238) <http://store.samhsa.gov/product/SMA06-4238>

FASD and Juvenile Justice: How Professionals Can Make a Difference (fact sheet, Inventory No. SMA06-4240) <http://store.samhsa.gov/product/SMA06-4240>

Fetal Alcohol Spectrum Disorders: When Your Child Faces the Juvenile Justice System (fact sheet, Inventory No. SMA06-4241) <http://store.samhsa.gov/product/SMA06-4241>

Online Resources

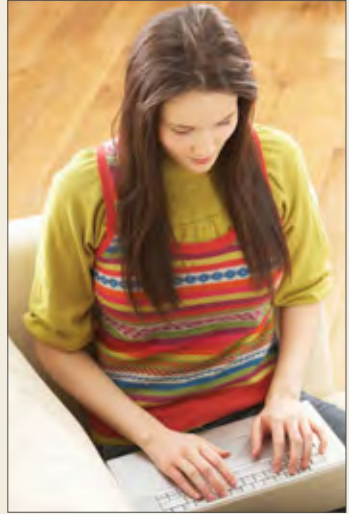
Website and Information Resource Center

Access publications and receive the latest news about FASD-related resources and initiatives by visiting the official website of SAMHSA's FASD Program at <http://www.fasdcenter.samhsa.gov>. This comprehensive resource:

- Provides access to all of the Center's publications, training materials, and conference summaries, as well as news updates, announcements about upcoming Center activities, and information about funding opportunities in the field of FASD.
- Contains a database that can search FASD resources in a variety of formats, including journal articles, publications, newspaper and magazine articles, videos, CD-ROMs, and web-based materials.
- Sponsors the full website in Spanish at <http://www.fasdcenter.samhsa.gov/fasdsp>.

Some of our most popular links include:

- Summaries of the annual Building FASD State Systems meetings: <http://www.fasdcenter.samhsa.gov/statesystemsofcare/bfssMeeting.cfm>
- Our fact sheets and brochures, including the *What You Need to Know* brochure series: <http://www.fasdcenter.samhsa.gov/grabGo/factsheets.cfm>
- The FASD database: <http://www.fasdcenter.samhsa.gov/search/basic/index.cfm>



or call 1-877-SAMHSA-7 (1-877-726-4727).

- Curriculum for Addiction Professionals: Level 1
<http://fasdcenter.samhsa.gov/educationTraining/courses/CapCurriculum/index.cfm>
- Eight Magic Keys: Developing Successful Interventions for Students with FAS
<http://fascenter.samhsa.gov/documents/EightMagicKeys.pdf>
- FASD: The Course
<http://fasdcenter.samhsa.gov/educationTraining/courses/FASDTheCourse/index.cfm>
- Many Doors, No Master Key: FASD Service Needs
<http://fascenter.samhsa.gov/grabGo/manyDoors.cfm>



Additional Resources

SAMHSA's FASD Program also provides an Information Resource Center to address your questions and learning needs. If you have a general question or would like to request FASD-related speakers or training, please visit the FASD website at <http://www.fasdcenter.com> or:

- Call the toll-free hotline at 1-866-STOP-FAS (1-866-786-7327), 9 a.m. to 6 p.m. eastern time
- Send an Email to fasdcenter@samhsa.hhs.gov
- Visit the "Ask Our Information Specialist" page at <http://www.fasdcenter.samhsa.gov/fasdDB/askSpecialist.cfm>

The Information Resource Center generally responds within 24 hours.



or call 1-877-SAMHSA-7 (1-877-726-4727).

National Institute on Alcohol Abuse and Alcoholism

<http://www.niaaa.nih.gov/AboutNIAAA/Interagency>

Maternal and Child Health Bureau

<http://www.mchb.hrsa.gov>

Alcohol Policy Information System

<http://www.alcoholpolicy.niaaa.nih.gov>

Centers for Disease Control and Prevention

<http://www.cdc.gov/ncbddd/fasd/index.html>

FASD Facts

<http://www.cdc.gov/ncbddd/fasd/facts.html>

Alcohol Use in Pregnancy

<http://www.cdc.gov/ncbddd/fasd/alcohol-use.html>



SAMHSA Online

New From SAMHSA

SAMHSA recently launched a redesigned website and a new, easy-to-use online store. All of SAMHSA's mental health and substance abuse resources are now available in one convenient location.

SAMHSA's new store features:

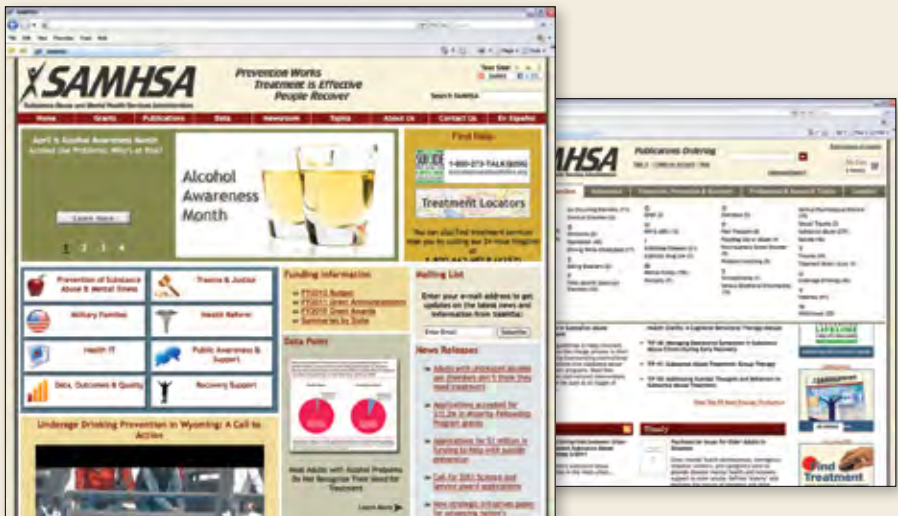
Improved Navigation

Find publications and other items easily by topic using filters to find items that are written for specific professionals and caregivers, that target certain population groups, or that use a particular product format.

Suggested Products and Resources

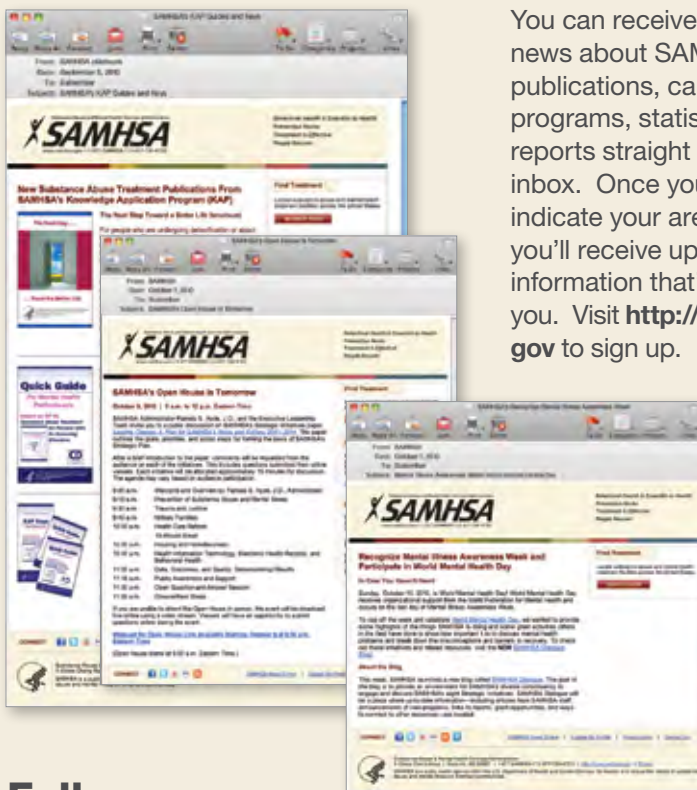
When you find one item that you like, you will find similar items on the same web page and be able to access related web content at every step.

Go to <http://www.samhsa.gov> and click on the "Publications" tab when you need high-quality information on behavioral health.



How To Access the Latest SAMHSA Materials and News?

You can receive the latest news about SAMHSA grants, publications, campaigns, programs, statistics, and data reports straight to your email inbox. Once you sign up and indicate your areas of interest, you'll receive up-to-the-minute information that's important to you. Visit <http://www.samhsa.gov> to sign up.



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-  <http://www.youtube.com/samhsa>
-  <http://www.samhsa.gov/rss>

Working To Reduce the Impact of Substance Abuse and Mental Illness on America's Communities

The mission of the Substance Abuse and Mental Health Services Administration (SAMHSA) is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA has demonstrated that prevention works, treatment is effective, and people recover from mental and substance use disorders.

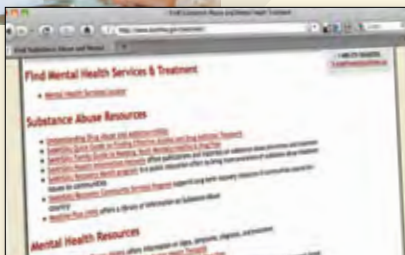
SAMHSA offers:

- English- and Spanish-speaking information specialists who can recommend appropriate substance abuse and mental health resources
- Information specialists with extensive training in handling crisis calls
- Referrals to facilities, state-funded services, and support groups
- Confidential services



Information specialists are available to take calls, Monday through Friday, 8 a.m. to 8 p.m. eastern time, at 1-877-SAMHSA-7 (1-877-726-4727). Treatment referrals are available 24 hours a day, 7 days a week, by calling 1-800-662-HELP (1-800-662-4357) or visiting <http://www.samhsa.gov/treatment>.

Note: Information specialists are not counselors and do not provide counseling or treatment, but instead strive to find the appropriate resource for each caller.



Visit us on the web at <http://www.samhsa.gov> for additional information and resources.

