

WALLY BEAR AND FRIENDS



Miguel



Mee



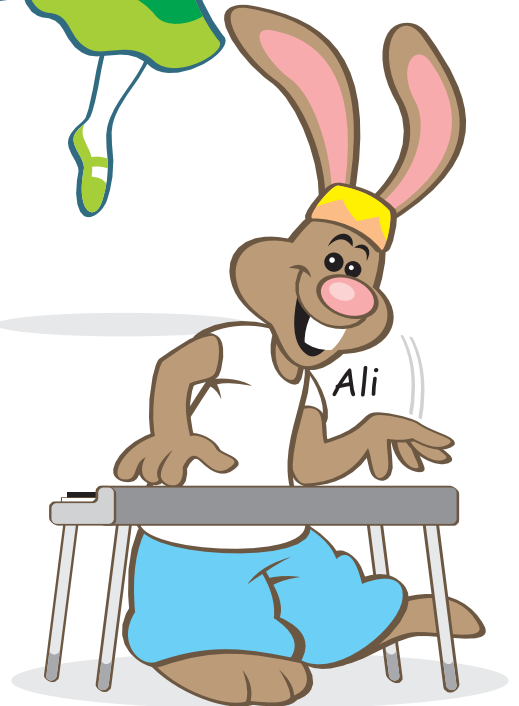
Kristi



Sandy



Wally



Ali



Thurgood



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

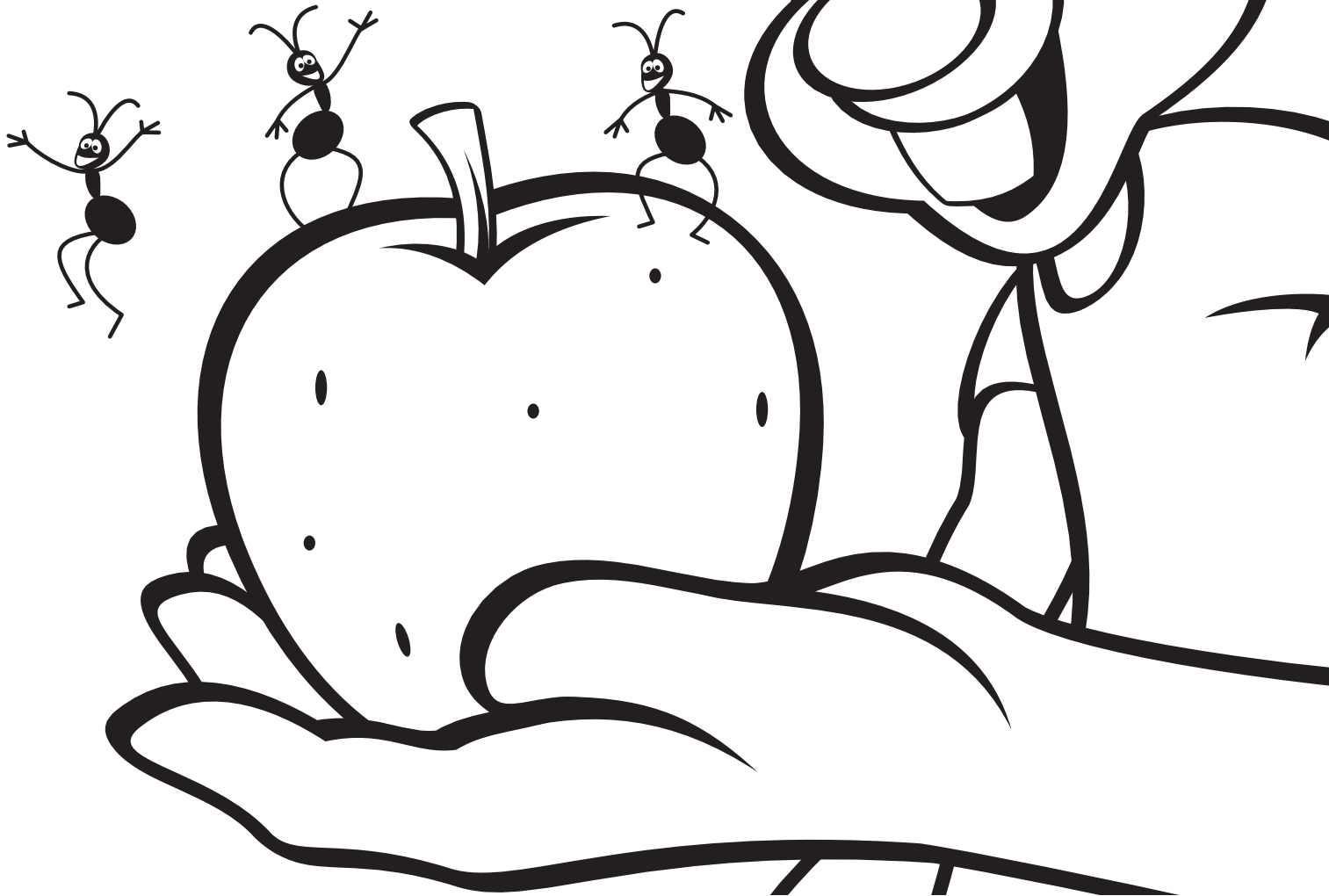
The Building Blocks for a Healthy Future characters are trademarked and copyrighted and are used herein with permission of the owner. This product is part of a larger set of products for children 3 to 6 years old. The set includes a Family Guide, Character Cards, an ABC Coloring Book, a music CD, Know Kit Cards, and an Activity Book. All of these products work together to help get your child off to a Healthy Start.

To order additional publications, contact the Substance Abuse and Mental Health Services Administration's National Clearinghouse for Alcohol and Drug Information at 1-800-729-6686 or <http://bblocks.samhsa.gov>.

Aa

My body

Ants on
Ali's apple



Bb

My self

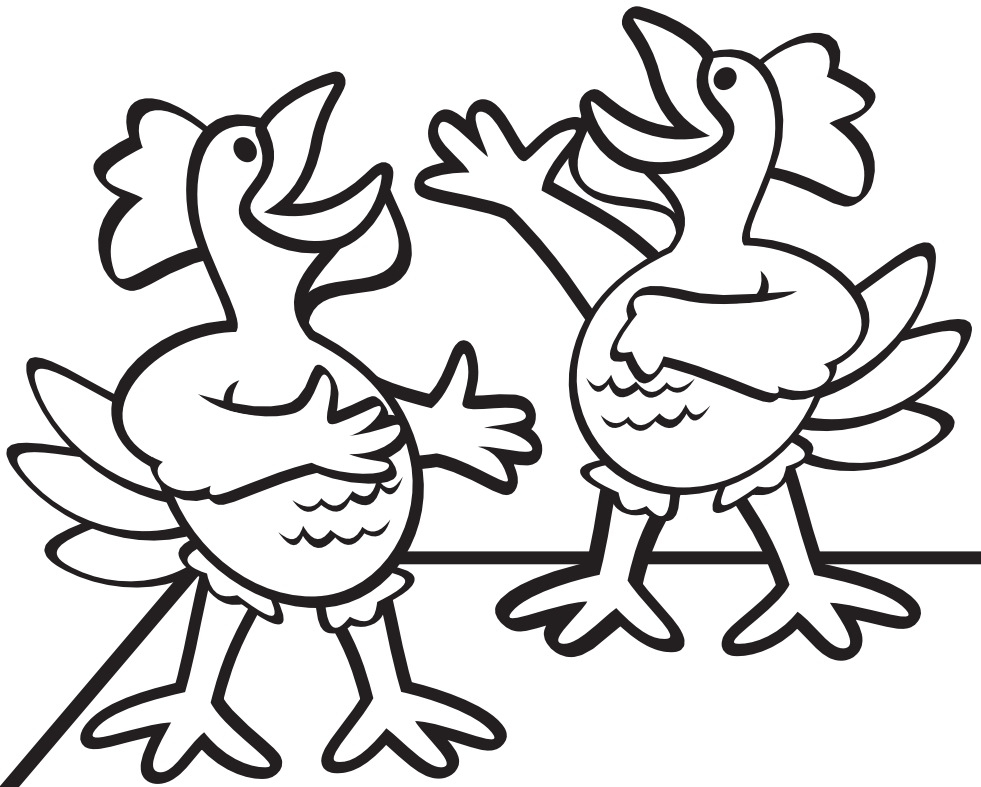
Beautiful, bouncing
braids



Cc

My self

Cats clap
for cackling
chickens



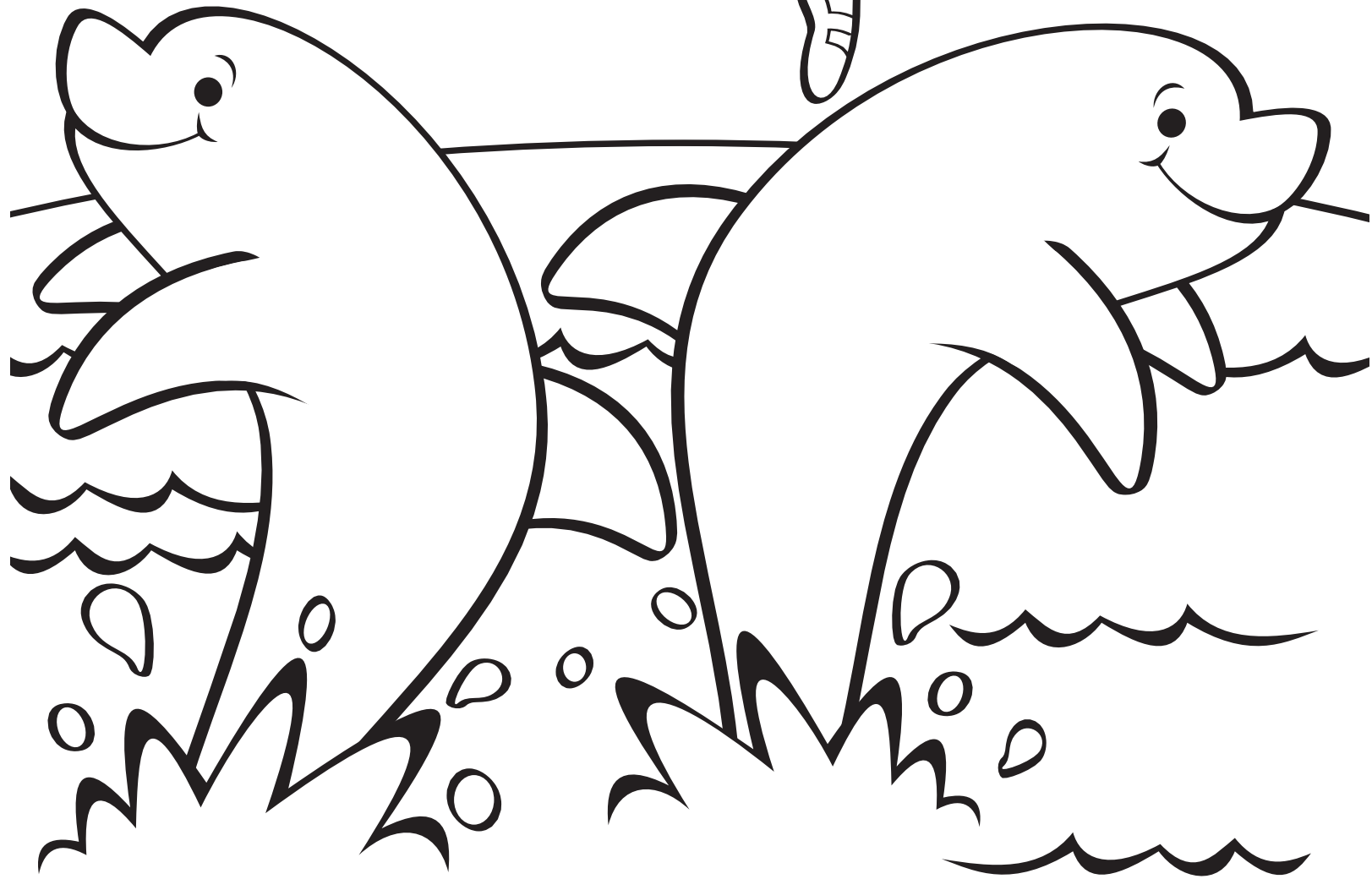
clap
clap
clap



Dd

My body

Dolphins
dancing to
drums



Ee

My world

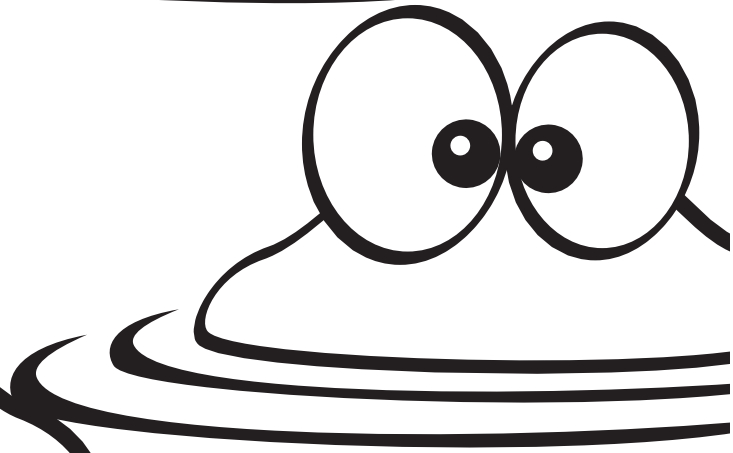
Eagle eyes
on the eggs



Ff

My family

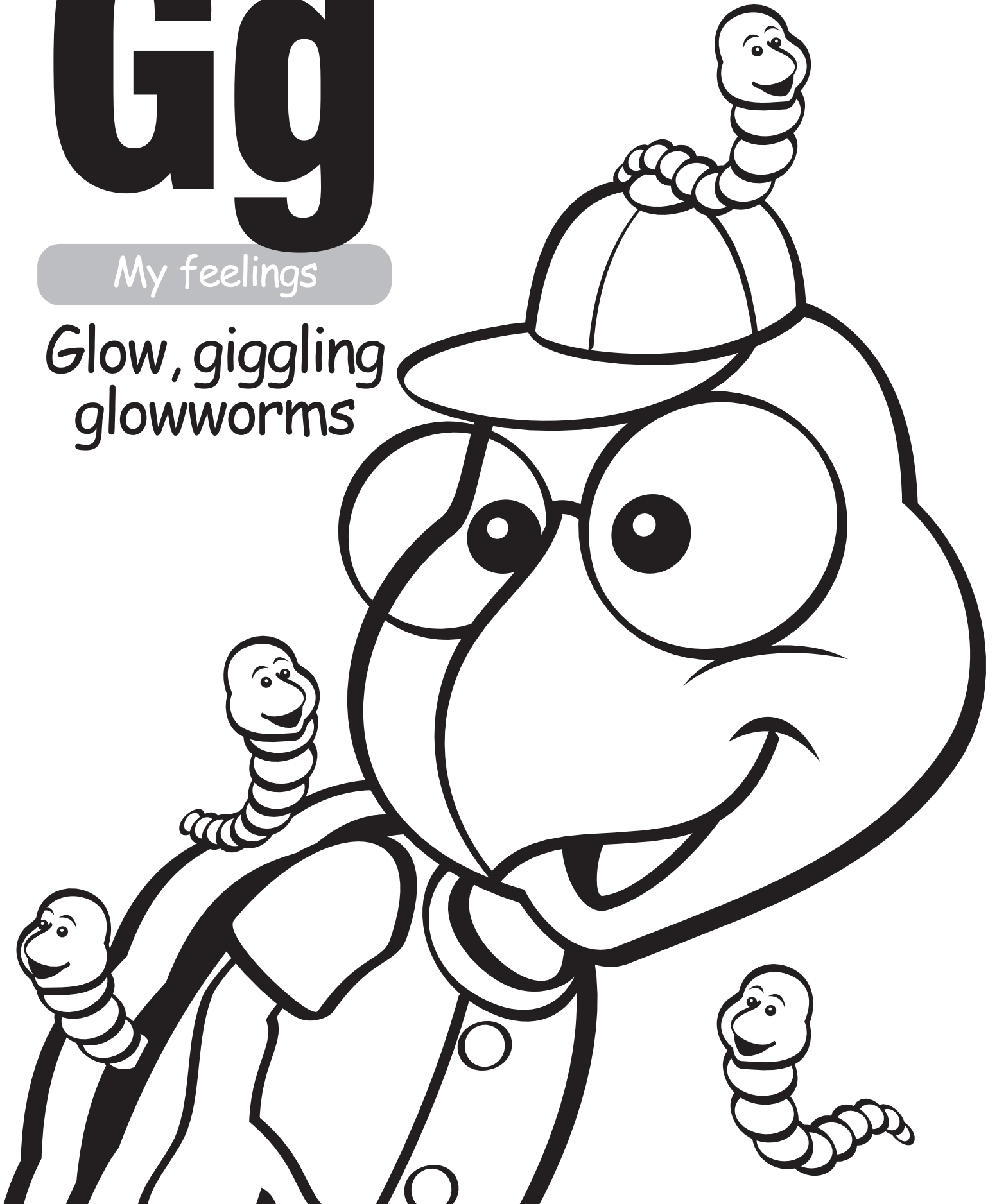
Frog family
floats for
fun.



Gg

My feelings

Glow, giggling
glowworms



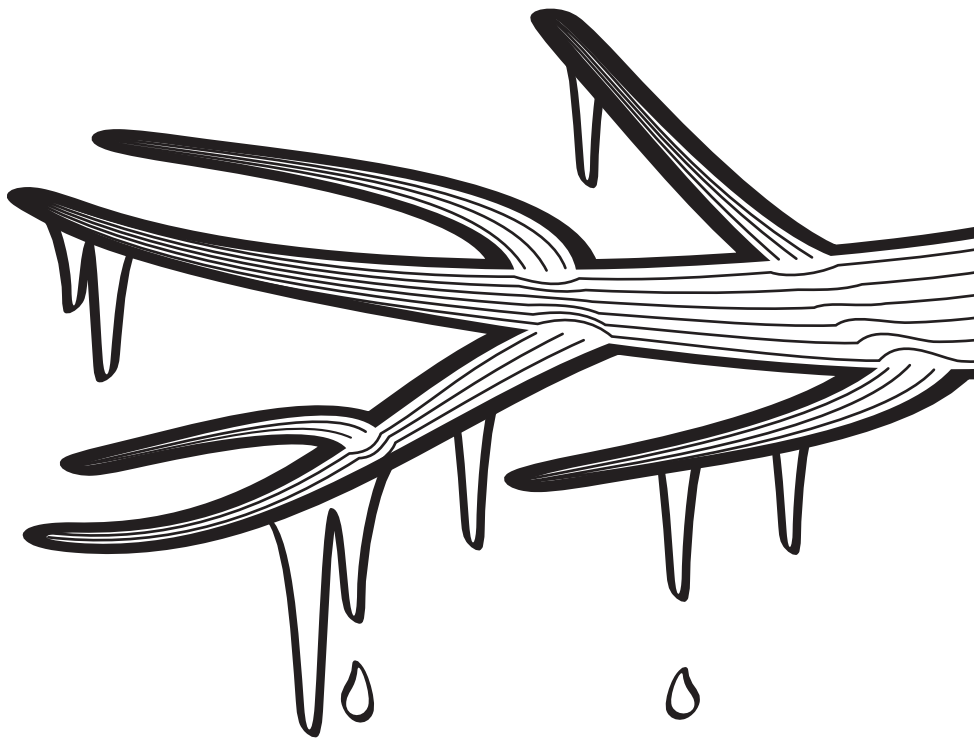
Hh

My friends

Happy
hearts,
holding hands



ii



My world

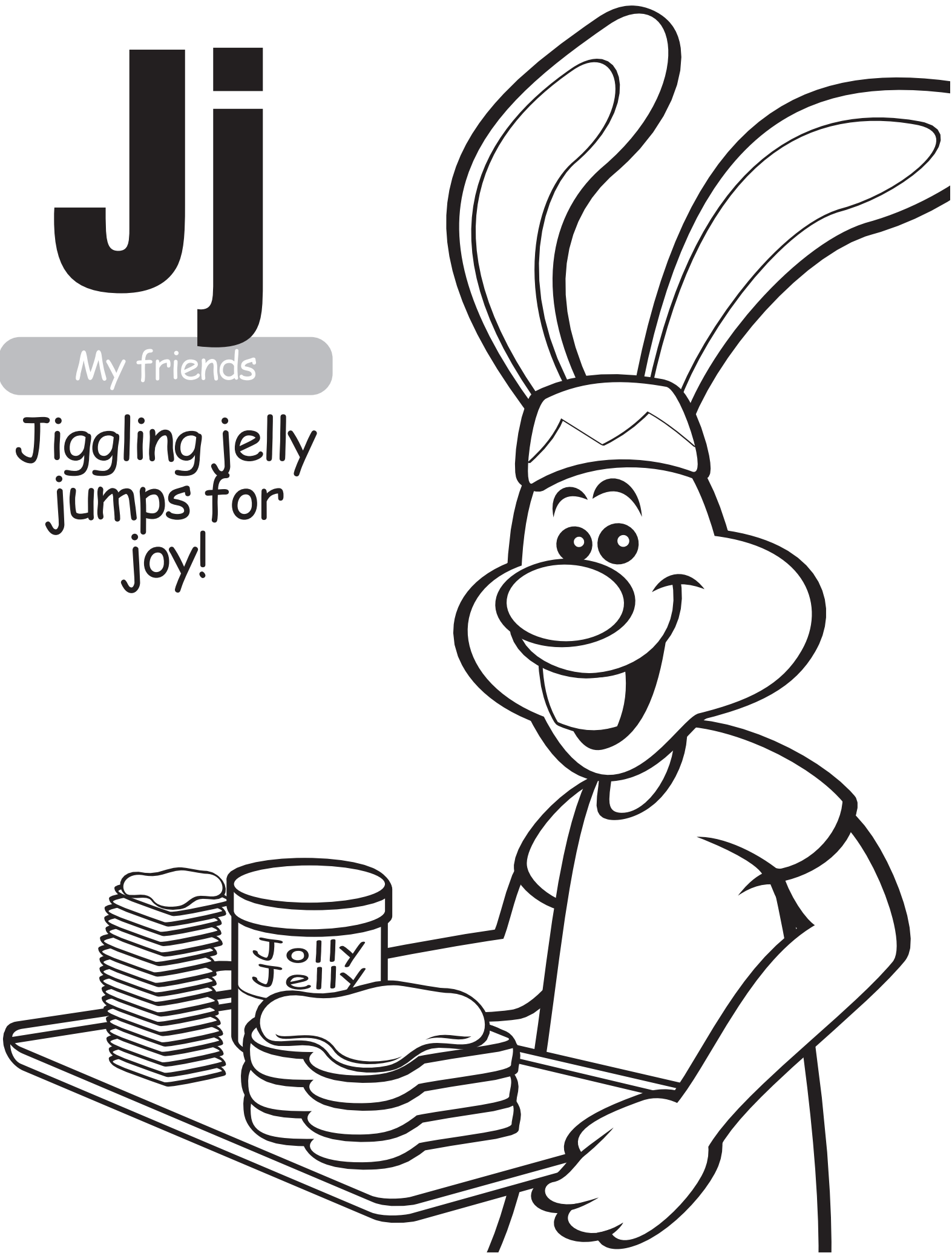
I see ice.



Jj

My friends

Jiggling jelly
jumps for
joy!



Kk

My feelings

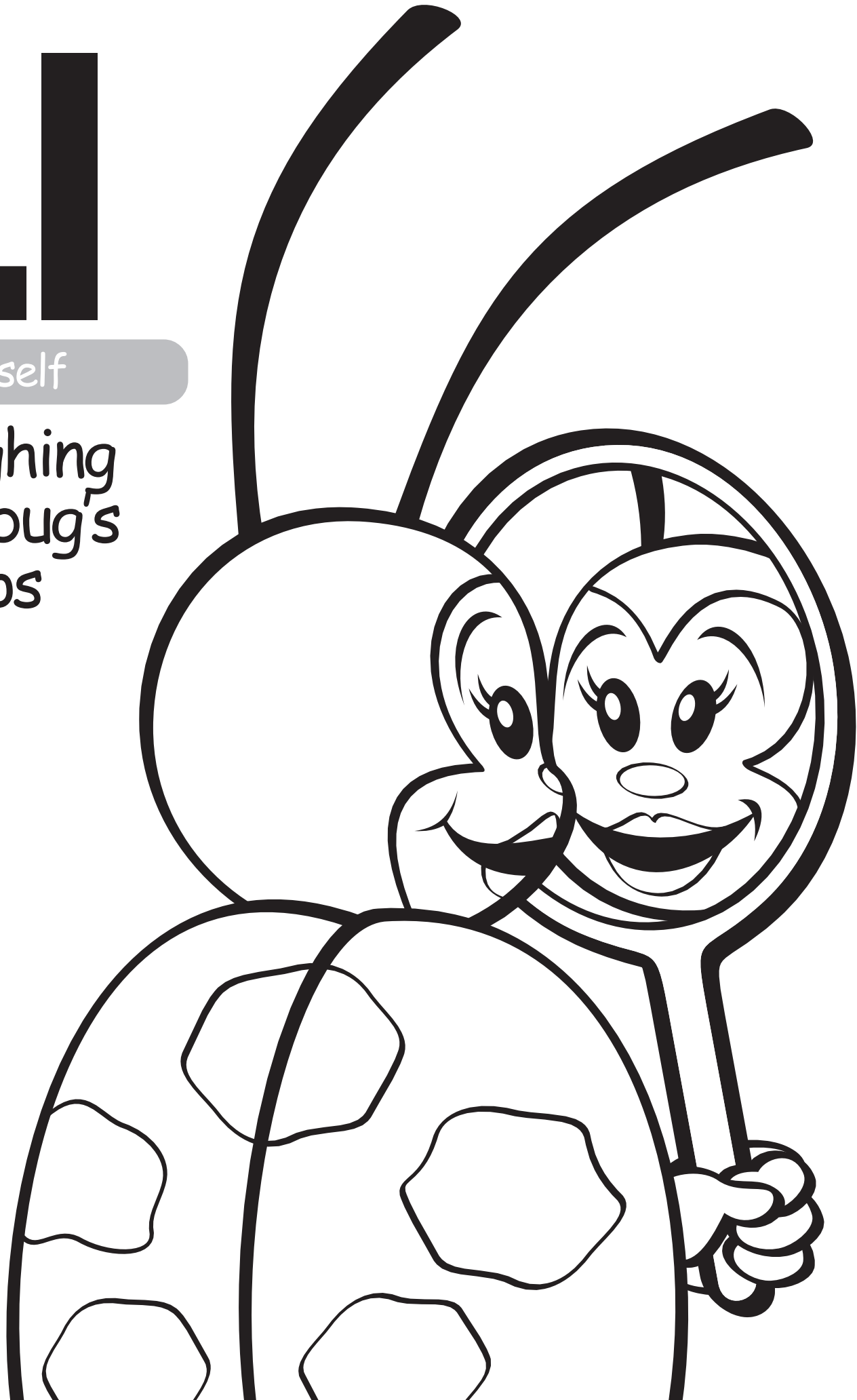
Kristi kisses
kittens.



L L

My self

Laughing
ladybug's
lips



Mm

My self

Miguel makes
moon magic.



Nn

My body

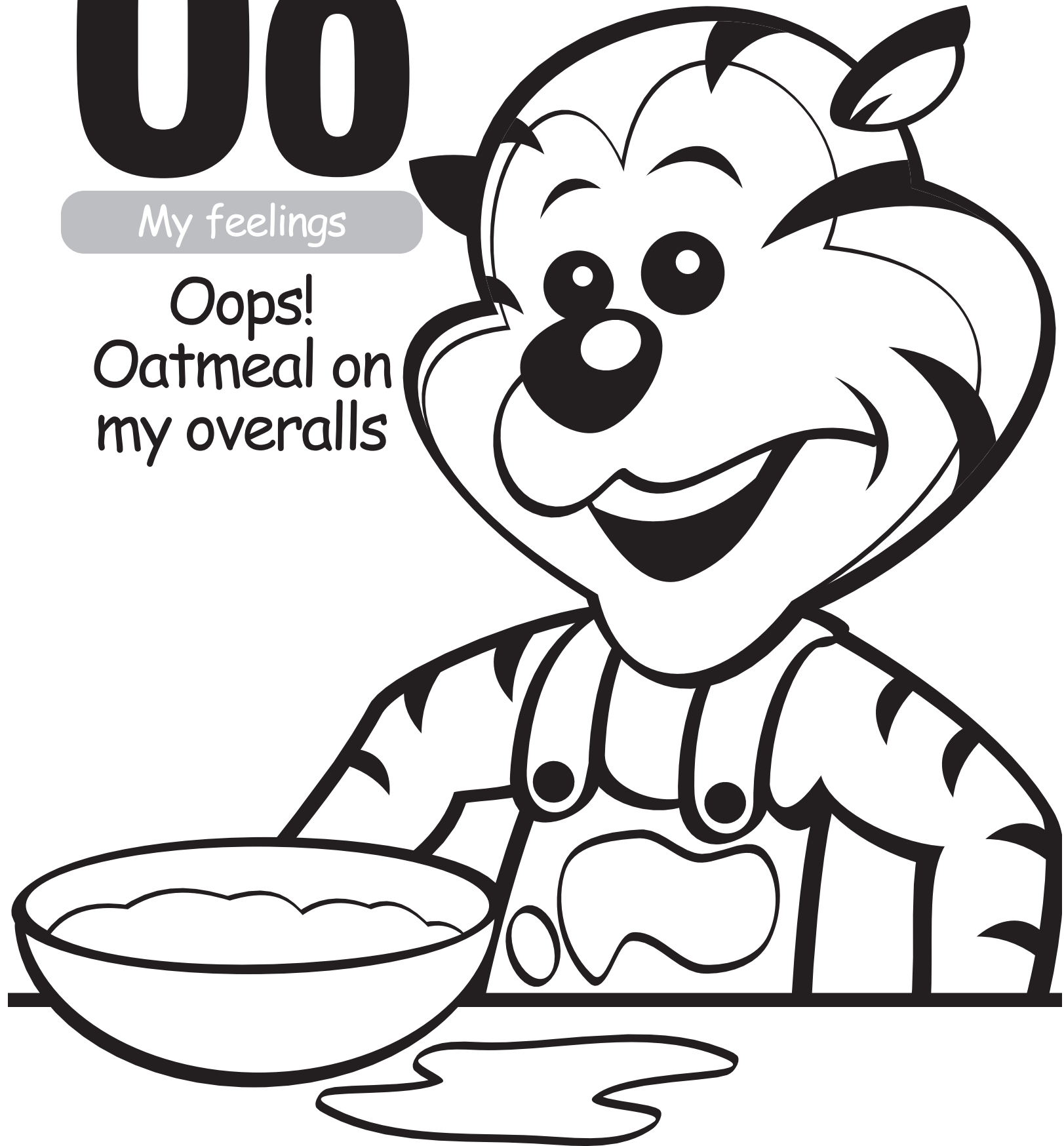
Nest of
noodles and
nuts



Oo

My feelings

Oops!
Oatmeal on
my overalls



Pp

My family

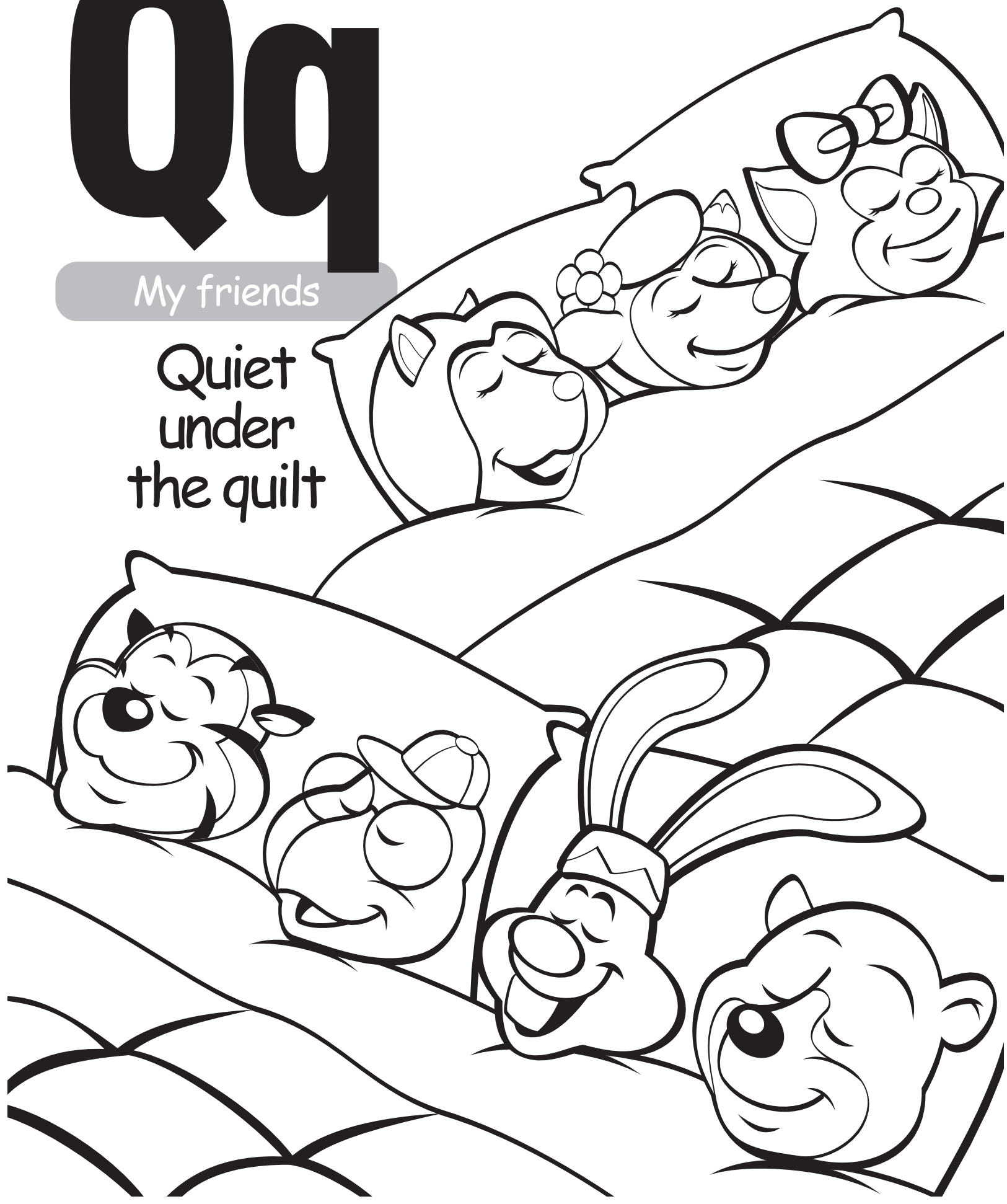
Pass the peas
and plums,
please.



Qq

My friends

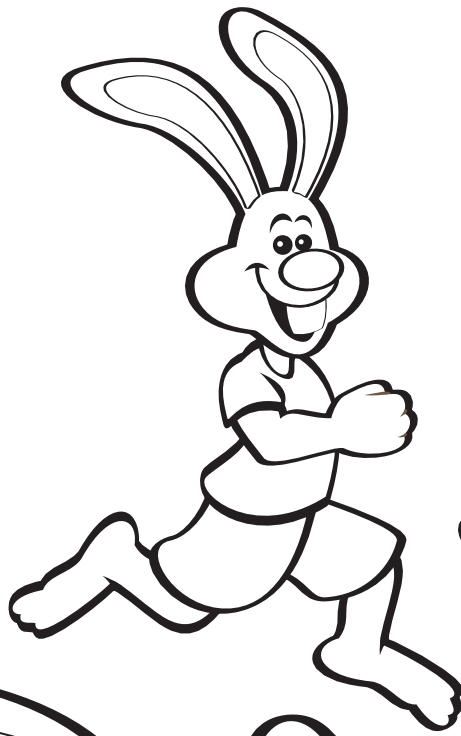
Quiet
under
the quilt



Rr

My body

Rabbits run
races.



Ss

My self

Stepping on stars



Tt

My body or
My feelings

Toe-tapping
turtle



Uu

My world

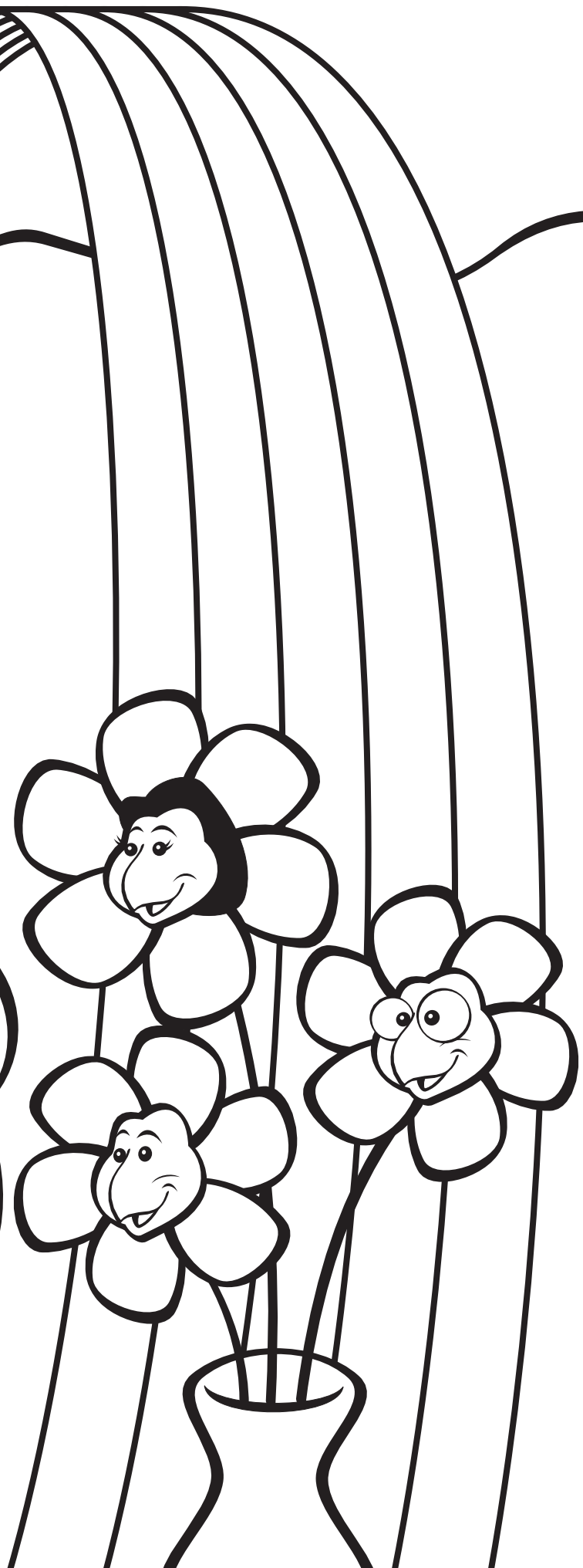
Under the
umbrella



Vv

My family

Very violet
vase



Ww

My body

Wally wonderful
wheels.

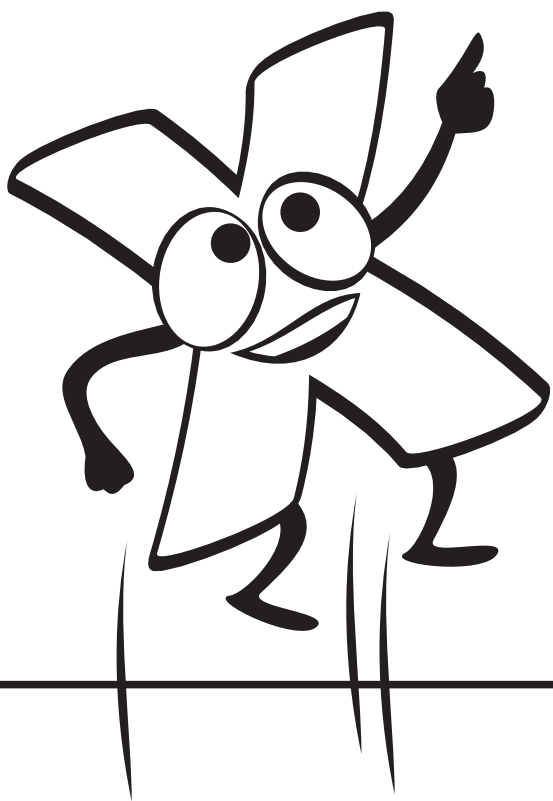
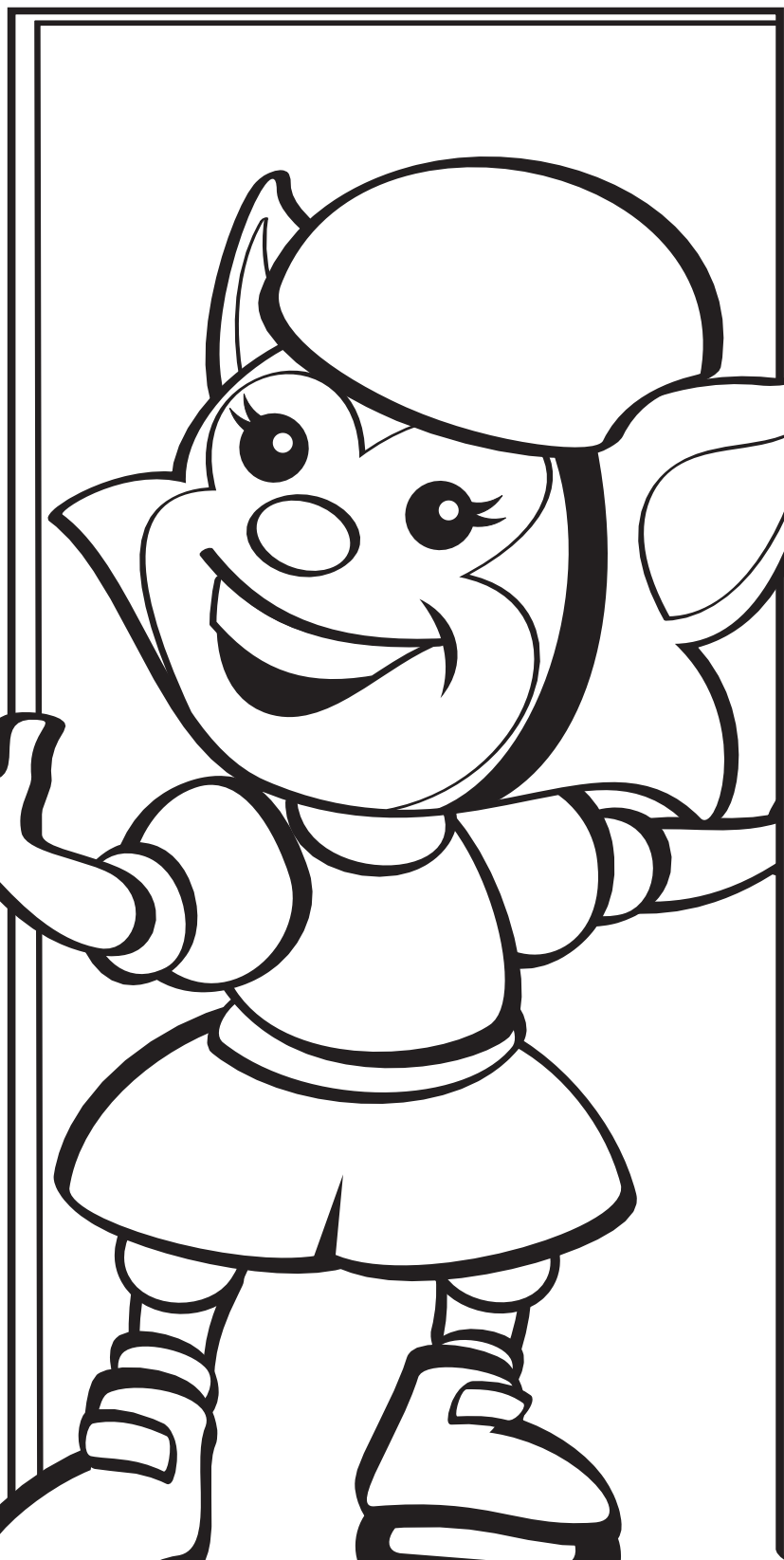


Xx

My world

X
marks the
exit.

EXIT



Yy

yes

Yes

My feelings

Yes! A yellow
yo-yo

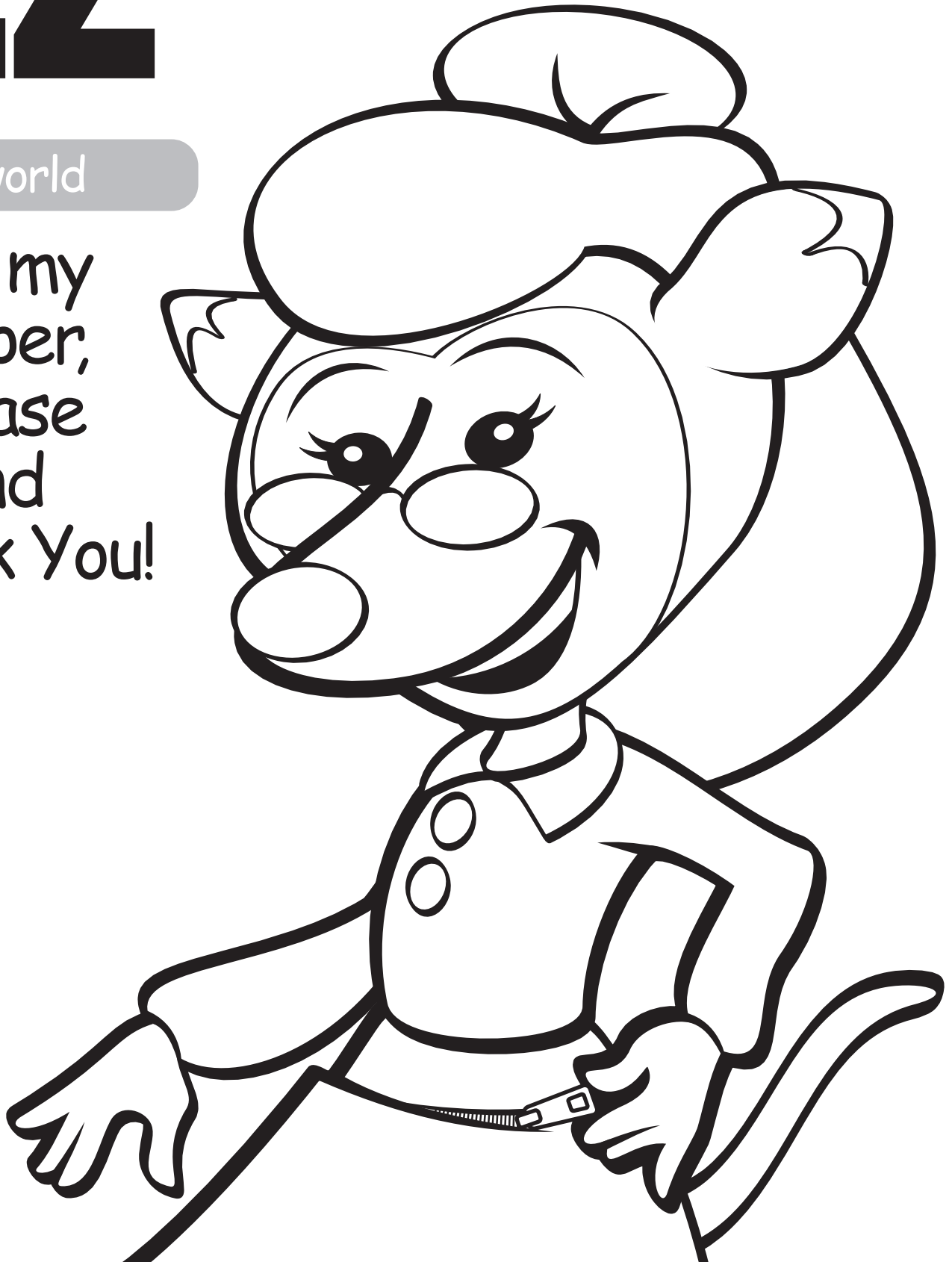
yes



Zz

My world

Zip my
zipper,
please
and
Thank You!





SAMHSA
Substance Abuse and Mental
Health Services Administration