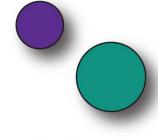
Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention

Fetal Alcohol Spectrum Disorders (FASD)

09.09



The ninth day of the ninth month is Fetal Alcohol Spectrum Disorders (FASD) Awareness Day.



When a pregnant woman drinks alcohol, so does her baby.



For the sake of the baby, a woman who is pregnant or planning to become pregnant should not drink alcohol.



FASD is 100% PREVENTABLE

1-866-STOPFAS • www.fasdcenter.samhsa.gov

SAMHSA's FASD Center for Excellence

