

# HOW TO FIND RELIABLE HIV/AIDS TREATMENT INFORMATION ON THE INTERNET



August 2011



### Evaluating Health Information on the Internet

The World Wide Web contains an abundance of free health information, available 24 hours per day. However, one must be cautious to evaluate that information because much of it is unreliable. The **National Library of Medicine** (NLM) is a good place to start to find trustworthy, up-to-date health information. Beyond that, there are some important criteria you should consider to determine if a site is trustworthy. Briefly, the categories you should consider are the following:

- ▶ **Authority and Accuracy**
- ▶ **Coverage**
- ▶ **Currentness**
- ▶ **Objectivity**
- ▶ **Design Features**

[Savvy Health Surfing](#) (see following page), a printable reference guide from the National Library of Medicine, provides a detailed list of these criteria with sample questions for each to assist you.

#### Additional Resources

For further information, we recommend these additional resources:

- ▶ [HON Code of Conduct for Medical and Health Web Sites](#)
- ▶ [Evaluating Internet Health Information: A Tutorial from the National Library of Medicine](#)
- ▶ [MedlinePlus—Evaluating Health Information](#)
- ▶ [National Network of Libraries of Medicine—Is this health information good for me? \(en Español\)](#)
- ▶ [Quackwatch](#)

Disclaimer: Every effort has been made to ensure that the links in this document are accurate at the time of publication. However, due to the frequency of Web updates, the links may have changed.

## **Savvy Health Surfing**

### ***Questions to Ask About Health-Related Web Sites***

#### ***Authority and Accuracy***

- ▶ Who is the author or source?
- ▶ Can you verify their credentials?
- ▶ Do they represent a recognized organization or is it a personal page?
- ▶ Is affiliation information provided?
- ▶ Does the Web site have an advisory board?
- ▶ Can the information be verified through links to the sources?
- ▶ If the site offers advice, do qualified health professionals provide it?
- ▶ Is contact information provided?

#### ***Coverage***

- ▶ Who is the intended audience for this site?
- ▶ What is the purpose of the site?
- ▶ Does the site promote or advocate a viewpoint?
- ▶ Is the depth of coverage on the site reasonable?
- ▶ Is the information primary or secondary?
- ▶ If appropriate, are there links to additional information?

#### ***Currentness***

- ▶ When was the site created?
- ▶ When was the site last updated?
- ▶ When was the data or information collected?
- ▶ Are the links kept up to date?

#### ***Objectivity***

- ▶ Is the purpose of the site clearly stated?
- ▶ Is the information presented objectively?
- ▶ Is any sponsorship clearly acknowledged?

#### ***Design Features***

- ▶ Is the site well-organized and user-friendly?
- ▶ Is the site easy to navigate?
- ▶ Is the graphic layout of the site pleasing? Is it clear and uncluttered?
- ▶ Are there any features that increase or decrease usability? Do you need additional viewers or plug-ins?
- ▶ Is there an internal search engine on the site?
- ▶ Are there customizable options?
- ▶ Can you ask questions or provide feedback?
- ▶ Is the site accessible to individuals with disabilities?

## HIV/AIDS Treatment Web Sites

This list of HIV/AIDS treatment resources on the Web is arranged alphabetically by topic. Topic names were assigned based on the quality and quantity of information available. Click any topic to go to that topic in this document. Beginning with the following page, a topic navigation bar is provided on the left. The Home button on the top right of each following page will return you to this page.

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## Alternative and Complementary Therapy

### **The AIDS InfoNet**

- [Alternative and Complementary Therapies](#)

### **[Bastyr University](#)**

### **The Body**

- [Beyond Medications: Healthy Living for HIVers](#)

### **CATIE (Canadian AIDS Treatment Information Exchange)**

- [A Practical Guide to Complementary Therapies for People Living with HIV](#)
- [A Practical Guide to Herbal Therapies for People Living with HIV](#)
- [The Positive Side](#)
- [Treating HIV](#)

### **[MedlinePlus](#)<sup>®</sup>**

- [Complementary and Alternative Medicine](#)

### **[National Center for Complementary and Alternative Medicine](#)**

## Ask the Expert

### **The Body**

- [Ask the Experts Forums](#)

### **Medscape<sup>®</sup> HIV/AIDS**

- [Ask the Experts: HIV/AIDS](#)

## Clinical Trials

### **[The AIDS Clinical Trials Group](#)**

### **[AIDSinfo](#)<sup>®</sup>**

- [Clinical Trials](#)

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- ✚ [Canadian HIV Trials Network](#)
- ✚ [CenterWatch Clinical Trials Listing Service](#)
- ✚ [ClinicalTrials.gov](#)
- ✚ **CATIE (Canadian AIDS Treatment Information Exchange)**
  - [Clinical Trials](#)
- ✚ **Food and Drug Administration**
  - [Clinical Trials and Drug Development](#)
- ✚ **HIV InSite**
  - [Links: Clinical Research and Trials](#)
- ✚ [International Maternal Pediatric Adolescent AIDS Clinical Trials Group \(IMPAACT\)](#)
- ✚ **National Institute of Allergy and Infectious Diseases**
  - [Division of Acquired Immunodeficiency Syndrome](#)

## Conferences

- ✚ **AIDS.gov**
  - [Programs/Conferences](#)
- ✚ **The Body**
  - [AIDS Conferences](#)
- ✚ **HIV InSite**
  - [Conferences with HIV/AIDS Information](#)
- ✚ **HIVandHepatitis.com**
  - [HIV- and Hepatitis-related Research Conferences](#)
- ✚ [International AIDS Society](#)
- ✚ [International Association of Physicians in AIDS Care](#)
- ✚ **Medscape HIV/AIDS**
  - [HIV/AIDS Conferences](#)

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## [The National AIDS Treatment Advocacy Project](#)

- [Conference Reports](#)

## **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**

- [Scientific Meetings, Workshops, and Events](#)

## [NLM Gateway: Search Meeting Abstracts](#)

## Continuing Education

### **Medscape HIV/AIDS**

- [HIV/AIDS CME/CE](#)

## Current News Updates

### **AIDS.gov**

- [HIV/AIDS News](#)

### **AIDS Education Global Information System**

- [Today's News](#)

### **AIDSinfo**

- [Highlights and Features \(Archive\)](#)

### **AIDScience**

- [Literature and News](#)

### **aidsmap**

- [News](#)

### **AIDSmeds.com**

- [Treatment News](#)

### **MedlinePlus**

- [AIDS News](#)

### **Medscape HIV/AIDS**

- [HIV/AIDS News](#)

## Drug Information

**NOTE:** Many Web sites have information about HIV/AIDS drugs. These sites are good starting points.

### Drug Information (General)

- ⓧ **AIDS Education Global Information System**
  - [Key Topics: Treatment](#)
- ⓧ **AIDSinfo**
  - [AIDSinfo Drug Database](#)
- ⓧ **AIDSmeds.com**
  - [Check My Meds](#)
- ⓧ **The Body**
  - [HIV Treatment](#)
- ⓧ [DailyMed®](#)
- ⓧ [Dietary Supplements Labels Database](#)
- ⓧ [Drug Digest: Pill Images](#)
- ⓧ [Drug Information Portal](#)
- ⓧ **Food and Drug Administration**
  - [Buying Medicines and Medical Products Online](#)
- ⓧ **HIV InSite**
  - [Database of Antiretroviral Drug Interactions](#)
  - [Antiretroviral Drug Profiles](#)
  - [Knowledge Base](#)
- ⓧ [HIV Medication Guide](#)
- ⓧ **HIVandHepatitis.com**
  - [FDA-approved HIV and AIDS Treatments](#)
- ⓧ [Liverpool HIV Pharmacology Group \(LPHG\)](#)
- ⓧ **National HIV/AIDS Clinicians' Consultation Center**
  - [Pharmacy Central](#)

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## **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**

- [Therapeutics](#)

## **[Physicians' Research Network®](#)**

## **[Pillbox<sup>Beta</sup>](#)**

## **[Pill Identifier](#)**

## **Project Inform HIV Treatment Information**

- [Dealing with Drug Side Effects](#)
- [Drug Interactions](#)

## **Drug Adherence**

### **aidsmap**

- [Adherence](#)

### **AIDSmeds.com**

- [The Importance of Adhering to Your Treatment Regimen](#)

### **HIV InSite**

- [Adherence to HIV Antiretroviral Therapy: Related Resources](#)

### **[International Association of Physicians in AIDS Care](#)**

## **Drug Monitoring**

### **[HIV Medication Guide](#)**

## **Drug Resistance**

### **aidsmap**

- [HIV Drug Resistance](#)

### **AIDSmeds.com**

- [Understanding Drug Resistance](#)

### **The Body**

- [Drug Resistance and Staying Undetectable](#)

### **National HIV/AIDS Clinicians' Consultation Center**

- [Resistance Panel Reports](#)

## Drug Side Effects

- 🚫 **AIDSmeds.com**
  - [Side Effects & Other Health Problems](#)
- 🚫 **The Body**
  - [Managing Side Effects of HIV Treatment](#)
  - [HIV/AIDS Side Effects, Opportunistic Infections & Coinfections](#)
- 🚫 **CATIE (Canadian AIDS Treatment Information Exchange)**
  - [A Practical Guide to HIV Drug Side Effects](#)
- 🚫 **[MedWatch](#)**

## **E-mail Lists**

- 🚫 **AIDSinfo**
  - [Subscribe to E-mail Updates](#)
- 🚫 **Food and Drug Administration**
  - [FDA HIV/AIDS E-mail List](#)
- 🚫 **National Minority AIDS Council**
  - [NMAC E-Alerts](#)

## **Fact Sheets**

- 🚫 [AIDS.gov](#)
- 🚫 [AIDS InfoNet](#)
- 🚫 [AIDS Treatment Data Network](#)
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## Financial Assistance

### Assistance Paying for Drugs

#### **AIDS Treatment Data Network**

- [The Access Project](#)

#### **The Body**

- [Paying for Your HIV/AIDS Medications](#)
- [HIV and Financial Issues](#)

#### **Health Resources and Services Administration HIV/AIDS Bureau**

- [AIDS Drug Assistance Programs \(ADAP\)](#)

### Medicaid

#### **The Body**

- [U.S. Government Assistance: Medicare/Medicaid](#)

#### **[Centers for Medicare & Medicaid Services](#)**

#### **Kaiser Family Foundation**

- [Kaiser Commission on Medicaid and the Uninsured](#)

### Social Security

#### **The Body**

- [HIV and Financial Issues](#)
- [Social Security for HIV-Positive Americans](#)

#### **Social Security Administration**

- [Disability Programs](#)
- [Social Security For People Living With HIV/AIDS](#)

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## Fitness

- 🚫 **The Body**
  - [Exercise & HIV/AIDS](#)
- 🚫 **Gay Men's Health Crisis**
  - [Exercise and HIV](#)

## Fraud

- 🚫 **Food and Drug Administration HIV and AIDS Activities**
  - [Health Fraud Task Force](#)
- 🚫 [Quackwatch<sup>SM</sup>](#)

## Health Care Providers

- 🚫 [The AIDS Clinical Trials Group](#)
- 🚫 **Health Resources and Services Administration HIV/AIDS Bureau**
  - [AIDS Education and Training Centers \(AETCs\) National Resource Center](#)
  - [A Guide to the Clinical Care of Women with HIV/AIDS, 2005 edition](#)
- 🚫 **HIV InSite**
  - [Links: Databases and Listings of HIV/AIDS Service Providers](#)
- 🚫 [HIVdent](#)
- 🚫 [International Association of Physicians in AIDS Care](#)
- 🚫 [Johns Hopkins AIDS Service](#)
- 🚫 [Medscape HIV/AIDS](#)
- 🚫 [National HIV/AIDS Clinicians' Consultation Center](#)
- 🚫 [National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome](#)
- 🚫 [Physicians' Research Network<sup>®</sup>](#)
- 🚫 [The University of North Carolina Center for Infectious Diseases](#)

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## Hepatitis

- ⓧ **The Body**
  - [Hepatitis Prevention and Treatment](#)
- ⓧ [HIVandHepatitis.com](#)
- ⓧ **The National AIDS Treatment Advocacy Project**
  - [Hepatitis](#)
- ⓧ **Physician's Research Network<sup>®</sup>**
  - [PRN's Updated on HBV and HIV Coinfection: Pathogenesis and Treatment](#)
- ⓧ [Veterans Affairs National Hepatitis C Program](#)

## Hotlines

- ⓧ [AIDS.ORG](#)
- ⓧ [AIDSinfo Live Help](#)
- ⓧ [HIV InSite](#)
- ⓧ **National HIV/AIDS Clinicians' Consultation Center**
  - [PEPLINE](#)
  - [Warmline: The National HIV Telephone Consultation Service](#)
- ⓧ **Project Inform**
  - [HIV Health InfoLine](#)

## Journal Articles/Abstracts

- ⓧ **AIDS Action Committee of Massachusetts**
  - [Online HIV Health Library](#)
- ⓧ **HIV InSite**
  - [Literature Databases](#)
  - [Medical Newsletters for a General Audience](#)
- ⓧ [PubMed<sup>®</sup> / MEDLINE<sup>®</sup>](#)

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## **Medscape HIV/AIDS**

- [The Medscape Journal of Medicine \(formerly MedGenMed\)](#)

## **San Francisco AIDS Foundation**

- [Treatment](#)

## **Mental Health**

### **The Body**

- [Mental Health](#)
- [Mental Health and HIV](#)

### **National Institute of Mental Health**

- [Center for Mental Health Research on AIDS](#)
- [Depression and HIV/AIDS](#)

### **Substance Abuse and Mental Health Services Administration**

- [Mental Health AIDS](#)

## **Monitoring Progress**

### **AIDSmeds.com**

- [Graph My Labs](#)

### **[HIV Medication Guide](#)**

## **Nutrition**

### **[Association of Nutrition Services Agencies](#)**

### **aidsmap**

- [Patient Information Booklets](#)

### **The Body**

- [Diet, Nutrition & HIV/AIDS](#)

### **CATIE (Canadian AIDS Treatment Information Exchange)**

- [A Practical Guide to Nutrition for People Living with HIV](#)

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## Food and Agriculture Organization of the United Nations

- [Living well with HIV/AIDS](#)

## [Food and Nutrition Information Center – Diet and Disease – AIDS/HIV](#)

## [International Bibliographic Information on Dietary Supplements](#)

## Tufts Nutrition/Infection Unit

- [HIV Nutrition & Health](#)

## Oral Health

### [HIVdent](#)

### National Institute of Dental and Craniofacial Research

- [Mouth Problems and HIV](#)

## Organization Directories

### [DIRLINE](#)

### National Minority AIDS Council

- [POZ AIDS Services Directory](#)

### National Prevention Information Network

- [Organization Search](#)

## Post-Exposure Prophylaxis (PEP)

### Centers for Disease Control and Prevention Divisions of HIV/AIDS Prevention

- [Treatment](#)

### [National HIV/AIDS Clinicians' Consultation Center](#)

## Spanish Language Resources

### [AIDS Action Committee of Massachusetts](#)

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[AIDS InfoNet](#)

[The Body](#)

- [Tratamientos del VIH/SIDA](#)

[Forum Cientifico HIV & AIDS](#)

[infoSIDA](#)

[MedlinePlus](#)

- [SIDA](#)

[National Prevention Information Network](#)

- [Resources by Topic, Hispanics and Latinos](#)

[Project Inform](#)

[Puerto Rico Equal Access Program \(PREAP\) \(Programa de Igualdad de Acceso para Puerto Rico: Recursos de Información del VIH/SIDA de la Biblioteca Nacional de Medicina\)](#)

## Special Populations

### Communities of Color

[HIV/AIDS Portal \(National Library of Medicine\)](#)

- [Minorities](#)

### Gay, Lesbian, and Transgender

[The Transgender Community and HIV/AIDS Research](#)

[Gay Men's Health Crisis](#)

### Infants and Children

[AIDSmeds.com](#)

- [Special Issues for Women & Children](#)

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## The Body

- [Children & HIV/AIDS Treatment](#)
- [Pregnancy & HIV/AIDS](#)

## [Elizabeth Glaser Pediatric AIDS Foundation](#)

## [National Pediatric AIDS Network](#)

## Prisoners

### The Body

- [The Incarcerated & HIV/AIDS](#)

### [HIV Resources and References for California Correctional Health Care Providers](#)

### Centers for Disease Control and Prevention

- [Correctional Health](#)

### National Criminal Justice Reference Service, Dept. of Justice

- [Inmate Assistance > Health](#)

### National Hepatitis C Prison Coalition

- [Hepatitis C Awareness Project](#)

### HIV/AIDS Portal (National Library of Medicine)

- [Prisoners/Prisons](#)

### National Minority AIDS Council

- [Prison Initiative](#)

### University of California, San Francisco, Center for AIDS Prevention Studies

- [What is the Role of Prisons in HIV, Hepatitis, STD and TB Prevention?](#)

## Seniors

### [AIDS.gov](#)



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## **AIDS InfoNet**

- [Older People and HIV](#)

## **The Body**

- [Aging and HIV/AIDS](#)

## **National Institutes on Aging**

- [HIV, AIDS, and Older People](#)

## **Substance Users**

### [AIDS.gov](#)

## **Veterans**

### [United States Department of Veterans Affairs](#)

## **Women**

### [AIDS.gov](#)

### **AIDSmeds.com**

- [Special Issues for Women & Children](#)

### **The Body**

- [Pregnancy & HIV/AIDS](#)
- [HIV/AIDS Treatment & Women](#)

### **Health Resources and Services Administration HIV/AIDS Bureau**

- [A Guide to the Clinical Care of Women with HIV/AIDS, 2005 edition](#)

### **MedlinePlus**

- [AIDS and Pregnancy](#)

### **The National AIDS Treatment Advocacy Project**

- [Women & HIV](#)

### **Project Inform**

- [Treatment information for women and their providers](#)



## Youth

- 🚫 [AIDS.gov](#)
- 🚫 **Centers for Disease Control and Prevention**
  - [HIV/AIDS among Youth](#)

## **Traveling with HIV**

- 🚫 **AIDSinfo**
  - [HIV & Travel](#)
- 🚫 **Centers for Disease Control and Prevention**
  - [Travel](#)
- 🚫 **MedlinePlus**
  - [Traveler's Health](#)

## **Treatment**

**NOTE:** All resources in this guide contain treatment information. These sites are good starting points.

- 🚫 **AIDS.gov**
  - [Treatment and Care](#)
- 🚫 **AIDS Education Global Information System**
  - [Key Topics: Treatment](#)
- 🚫 [AIDS Treatment Data Network](#)
- 🚫 [AIDSinfo](#)
- 🚫 [AIDSmeds.com](#)
- 🚫 **AVERT**
  - [HIV/AIDS Treatment and Care](#)
- 🚫 **The Body**
  - [HIV Treatment](#)
  - [Strategies for Switching and Simplifying Antiretroviral Treatment in HIV-Infected Patients](#)

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- ✚ [CATIE \(Canadian AIDS Treatment Information Exchange\)](#)
- ✚ [Centers for Disease Control and Prevention](#)
- ✚ [Henry J. Kaiser Family Foundation – HIV/AIDS: Treatment and Care](#)
- ✚ [Journal Watch®](#)
  - [Comprehensive Clinical Care: Managing HIV as a Chronic Illness](#)
- ✚ [New York Online Access to Health \(NOAH\) – AIDS/HIV](#)

## Treatment Guidelines

- ✚ [AIDSinfo](#)
  - [Clinical Guidelines Portal](#)
- ✚ [AIDSmeds.com](#)
  - [Lessons](#)
- ✚ [American Psychiatric Association](#)
  - [Practice Guidelines for the Treatment of Patients with HIV/AIDS](#)
- ✚ [National HIV/AIDS Clinicians' Consultation Center](#)
  - [Guidelines](#)
- ✚ [U.S. Department of Veterans Affairs](#)
  - [Guidelines and Best Practices](#)

## Tutorials/Manuals

- ✚ [NLM Training Manuals and Resources](#)
  - [HIV/AIDS Information Resources from the National Library of Medicine](#)
  - [PubMed](#)
  - [NLM Gateway and ClinicalTrials.gov](#)
  - [PubMed Tutorial](#)
  - [PubMed Tutorial \(Spanish version\)](#)

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## Vaccines

### **AIDSinfo**

- [Vaccines](#)

### **[ClinicalTrials.gov](#)**

### **[HIV Vaccine Trials Network \(HVTN\)](#)**

### **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**

- [Resource Guide for the Development of AIDS Therapies](#)

## Viral Load

### **aidsmap**

- [Viral Load & CD4](#)

### **AIDSmeds.com**

- [The Blood Tests You'll Need](#)

### **The Body**

- [Understanding Your Labs](#)
- [Viral Load Testing](#)

### **Food and Drug Administration HIV and AIDS Activities**

- [HIV Testing](#)

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