

# Effective Health Care

## Use of Visualization in Improving Quality of Life in the Elderly Nomination Summary Document

### **Results of Topic Selection Process & Next Steps**

- Use of visualization in improving quality of life in the elderly does not represent one of the priority conditions designated by the Department of Health and Human Services (DHHS) and therefore does not fall within the domain of the Effective Health Care (EHC) Program. No further activity will be undertaken on this topic.
  - For more information on the priority conditions, see <a href="http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/">http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/</a>.

#### **Topic Description**

Nominator: Individual

Nomination Summary:

The nominator asks if visualization can help people who feel cold all the time. She states that this phenomenon affects mostly elderly people but might also be applied to people who temporarily go to a climate with extreme temperatures. The outcome is improvement in quality of life, as the person is focusing on issues other than trying to get warm. The nominator identifies potential harms for people who feel cold all the time, such as being too close to heating devices, increasing risk of fire or burns, and increased heating bills leading to increased financial stress. She also states that this problem poses a dilemma as clinicians do not know how to help these people.

**Key Questions** 

**from Nominator:** Can use of visualization help people who feel cold all the time?

#### **Considerations**

■ This nomination does not meet EHC Program appropriateness criteria. (For more information, see <a href="http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/">http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/</a>.)

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