



## MY BODY

How do  
you take  
care of your  
teeth?



**SANDY**

## **TALK ABOUT IT:**

How often do you brush your teeth? When do you brush your teeth? Do you know how to floss your teeth? Have you ever visited a dentist? What did he or she do to take care of your teeth?

## **TRY THIS:**

Look at your teeth in a mirror. Draw a picture of your face and show a great big, toothy smile. Tell someone how you care for your teeth. Ask her/him to write your instructions under your smiling picture.

