



## FARMERS

# USDA FOODS

## FAMILIES

**USDA purchases more than 2 billion pounds** of food worth nearly \$2 BILLION from American farmers each year.

**USDA helps support American Farmers**, keeping local agriculture strong and stimulating the economy.

**USDA FOODS are 100% American Grown**, meeting the **highest safety and nutrition standards**.



**USDA FOODS include high quality** fruits, vegetables, dairy products, whole grains, lean meats, poultry and fish.

USDA works to ensure **USDA FOODS meet the *Dietary Guidelines for Americans***, including reduced levels of fats, sodium and sugars.

**Healthy Choices. American Grown.**

**To learn more about USDA Foods, visit:**  
[www.fns.usda.gov/USDAFoods](http://www.fns.usda.gov/USDAFoods)  
[www.fns.usda.gov/USDAFoods/mobile](http://www.fns.usda.gov/USDAFoods/mobile)

**USDA distributes USDA Foods** to food banks, soup kitchens, disaster feeding organizations, Indian Tribal Organizations, charitable institutions and other feeding organizations, helping families **stretch their food budgets** and ensuring that all Americans have **healthy foods within reach**.

USDA foods are also offered to schools in order to help them provide **healthy, high quality lunches** to more than **32 million children daily**.