

## HEALTHY PEOPLE 2020

Healthy People is a set of goals and objectives with 10-year targets designed to guide national health promotion and disease prevention efforts to improve the health of all people in the United States.

Healthy People 2020 represents the fourth generation of this initiative, building on a

foundation of three decades of work. This decade, Healthy People 2020 is committed to the vision of a society in which all people live long, healthy lives and includes a renewed focus on identifying, measuring, tracking, and reducing health disparities through a determinants of health approach.<sup>21,22</sup> Determinants of health include many factors such as behavior, biology,

genetics, access to health services, and the social and physical environments in which people live.

Healthy People 2020 is organized into 42 topic areas, 39 of which have measurable objectives. Many of the nearly 600 objectives that will be tracked over the next decade have special importance for the health of women.

### Healthy People 2020: Selected Focus Areas and Objectives for Women

Source III.9: U.S. Department of Health and Human Services. Healthy People 2020.

Focus Area	Objective	Baseline	2020 Target
Access to Health Services	AHS-1.1 Increase the proportion of persons with health insurance	83.2 percent (2008)	100.0 percent
Arthritis, Osteoporosis, and Chronic Back Conditions	AOCBC-11.1 Reduce hip fractures among females aged 65 and older	823.5 hospitalizations for hip fractures per 100,000 females (2007)	741.2 hospitalizations per 100,000 females
Cancer	C-10 Reduce invasive uterine cervical cancer	7.9 new cases per 100,000 females (2007)	7.1 new cases per 100,000 females
	C-18.2 Increase the proportion of women who were counseled by their providers about Pap tests	59.8 percent (2008)	65.8 percent
Environmental Health	EH-15 Increase the percentage of new single family homes constructed with radon-reducing features	28.6 percent (2007)	100 percent
Family Planning	FP-1 Increase the proportion of pregnancies that are intended	51.0 percent (2002)	56.0 percent
	FP-7.1 Increase the proportion of sexually active females aged 15 to 44 years who received reproductive health services in the past 12 months	78.8 percent (2006-2008)	86.7 percent
HIV	HIV-14.3 Increase the proportion of pregnant women who have been tested for HIV in the past 12 months	67.4 percent (2006-2008)	74.1 percent
Immunization and Infectious Diseases	IID-12.7 Increase the percentage of adults aged 65 and older who are vaccinated annually against seasonal influenza	67 percent (2008)	90 percent
Injury and Violence Prevention	IVP-39.1 Reduce physical violence by current or former intimate partners	Developmental (baseline and target setting pending availability of data)	
Maternal, Infant and Child Health	MICH-10.1 Increase the proportion of pregnant women who receive prenatal care beginning in first trimester	70.8 percent (2007)	77.9 percent
	MICH-22 Increase the proportion of employers that have worksite lactation support programs	25 percent (2009)	38 percent
Mental Health and Mental Disorders	MHMD-4 Reduce the proportion of adults who experience a major depressive episode (MDE)	6.8 percent (2008)	6.1 percent
Nutrition and Weight	NWS-8 Increase the proportion of adults who are at a healthy weight	30.8 percent (2005-2008)	33.9 percent
Older Adults	OA-11 Reduce the rate of emergency department (ED) visits due to falls among older adults	5,235.1 ED visits per 100,000 (2007)	4,711.6 ED visits per 100,000
Sleep Health	SH-4 Increase the proportion of adults who get sufficient sleep	69.6 percent (2008)	70.9 percent
Tobacco Use	TU-4.1 Increase smoking cessation attempts by adult smokers	48.3 percent (2008)	80.0 percent