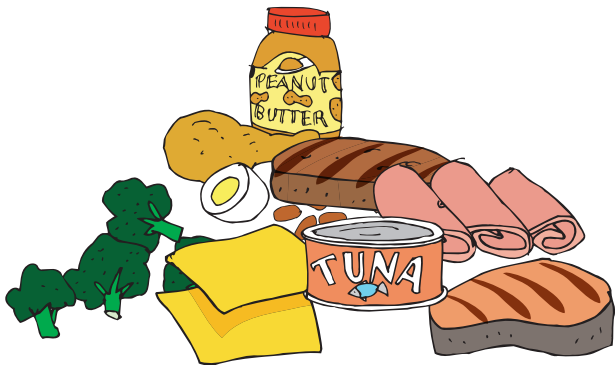


Examples of Suppers Served:

- Baked chicken, steamed broccoli, apple slices, whole wheat roll, fat-free or low-fat milk
- Turkey sandwich on whole wheat bread, carrot sticks, apple sauce, fat-free or low-fat milk
- Grilled cheese sandwich on whole wheat bread, oven-baked sweet potato fries, plum, fat-free or low-fat milk
- Homemade baked chicken nuggets, baked potato wedges, cornbread, fresh strawberries, fat-free or low-fat milk

Combining Meals and Activities:

When school is out and parents are still at work, children need a safe place to be with their friends, with structured activities, and supportive adults. Afterschool programs that serve meals or snacks draw children and teenagers into constructive activities that are safe, fun, and filled with opportunities for learning. The meals and snacks give them the nutrition they need to learn, play, and grow.



Cash Reimbursement:

All meals and snacks served in afterschool programs in CACFP will earn reimbursement at the “free” rate. USDA rates are adjusted every July 1. Contact your State agency for the current rates.

How to Apply:

Contact your State agency. For more information on afterschool meals and snacks, visit our website at www.fns.usda.gov/cnd

When School Lets Out:

Children need good nutrition all year long. The Summer Food Service Program is ideal if you sponsor activity programs during the summer. USDA provides cash reimbursement for meals served to children after the school year ends. Your State agency can provide you with more information on summer meals.

State Agencies:

For a listing of State agencies, visit www.fns.usda.gov/cnd/Contacts/StateDirectory.htm

For More Information Contact

June 2011

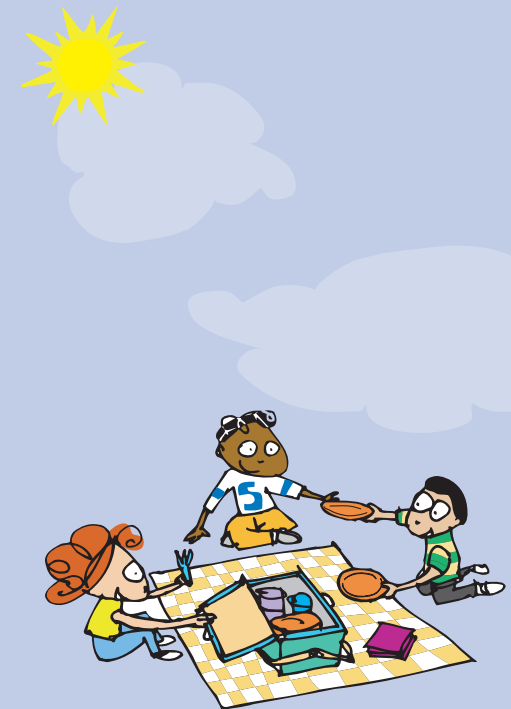
The United States Department of Agriculture is an equal opportunity provider and employer.



United States Department of Agriculture
Food and Nutrition Service

At-Risk Afterschool MEALS in the Child and Adult Care Food Program (CACFP)

Be a Champion to End Childhood
Hunger in Your Community



Meals. Cash reimbursement is available to institutions that serve nutritious meals and snacks to children in afterschool programs.

Everyone. At USDA, ensuring the health and well-being of children is one of our highest priorities. All children and youth attending qualified afterschool programs can have free meals and snacks.

Afterschool. Organized, structured, and supervised programs after school help students make the grade!

Learning. Nutritious meals and snacks are important for effective learning and developing healthy eating patterns now and in the future.

State Agency. Contact your State agency to apply. Meals and snacks are available in ALL States.



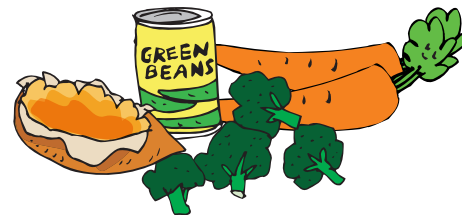
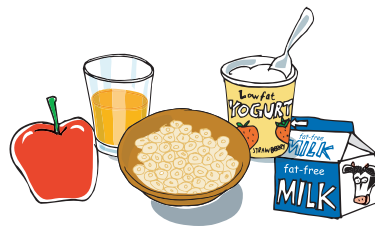
Afterschool Programs that Can Participate:

- Public or private nonprofit organizations or eligible for-profit organizations operating an afterschool program.
- Programs must be located in an attendance area of a public school where at least 50 percent of the enrolled students are certified as eligible for free or reduced-price meals.
- Programs must provide educational or enrichment activities in an organized, structured, and supervised environment after the end of the school day, on weekends, or on holidays during the school year.

Qualified Educational and Enrichment Activities:

- Arts and crafts
- Homework assistance
- Life skills
- Computers
- Remedial education
- Competitive sports teams are NOT eligible, but afterschool programs that include a sports activity as part of their enrichment program may be eligible.

Your State agency can assist you in determining if your program provides eligible educational or enrichment activities.



Licensing Requirements:

Afterschool programs do not need to be licensed in order to participate UNLESS there is a State or local requirement for licensing. All programs must meet State or local health and safety standards.

Who Is Eligible:

All children who are 18 and under at the start of the school year may receive a free meal, a snack, or both. There are no age limits for children with disabilities.

Examples of Snacks Served:

- String cheese, whole wheat crackers, and water
- Whole wheat bread, peanut butter, jam, and water
- Pita breads squares, hummus dip, water
- Pretzels and fat-free or low-fat milk

