Name of School:
School MPR ID#:
Interviewer ID#:
Date:

OMB Clearance Number: xxxx-xxxx

Expiration Date: xx/xx/xxxx



Pre-Visit Questionnaire

Time Burden for this collection of information is estimated to average 45 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, DC 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, DC 20503.

#### CHARACTERISTICS OF SAMPLED SCHOOLS—PRE-VISIT QUESTIONNAIRE

To plan our on-site data collection, we need some additional information about the three schools sampled in your district. I'll ask the same questions for each school (starting with school 1/next for school 2/finally for school 3.)

		School 1	School 2	School 3
		MPR ID:	MPR ID:	MPR ID:
		LEVEL:	LEVEL:	LEVEL:
Nam	es of Schools			
1.	What grades are included in school?	Р□ Pre-K к□ <b>K</b>	Р□ Pre-K к□ K	Р□ Pre-K к□ K
	CHECK ALL THAT APPLY	1	1	1
		12 🗆 12	12 🗆 12	12 12
1a.	Is this a charter school?	o □ No Don't know	o □ No d □ Don't know	o □ No d □ Don't know
2.	As of October 1 of the current school year, what was the total enrollment at SCHOOL?	u Li Boirt Kilow	U DOTT KNOW	U DOTT KNOW
3.	Does SCHOOL operate under Provision 2 for the NSLP or SBP?	1 □ NSLP GO TO Q.7	1 □ NSLP GO TO Q.7	1 □ NSLP GO TO Q.7
	<b>NOTE:</b> Provisions 2 schools serve meals at no charge to all children as determined by application once every three years.	o ☐ None of the above	o ☐ None of the above	o ☐ None of the above
4.	Does SCHOOL operate under Provision 3 for the NSLP or SBP?	1 NSLP GO TO Q.7	1 □ NSLP GO TO Q.7	1 □ NSLP GO TO Q.7
	<b>NOTE:</b> Provisions 3 schools serve meals at no charge to all children regardless of eligibility status.	None of the above     None of the above	o ☐ None of the above	o ☐ None of the above
5.	How many students in SCHOOL are approved for free meals?			
6.	How many students in SCHOOL are approved for reduced-price meals?			

	School 1	School 2	School 3		
Names of Schools					
<ol> <li>(CODE IF KNOWN) Does SCHOOL participate in the School Breakfast Program (SBP) for 2004-2005?</li> </ol>					
8. Does SCHOOL offer universal-free breakfast?	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No		
	n.a. □ NA (no breakfast program)	n.a. □ NA (no breakfast program)	n.a. □ NA (no breakfast program)		
8a. Does SCHOOL offer any non- traditional breakfast program such as breakfast in the classroom or grab and go breakfast?	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No		
Does SCHOOL operate any NSLP or SBP year-round meal programs?	1 □ NSLP 2 □ SBP	1 □ NSLP 2 □ SBP	1 □ NSLP 2 □ SBP		
10. Where are menus for SCHOOL					
planned?  CHECK ALL THAT APPLY	2 ☐ SFA level 3 ☐ Off-site kitchen 4 ☐ This school 5 ☐ Shared district and school 6 ☐ Food Service management company 7 ☐ Other (Specify)	2 ☐ SFA level 3 ☐ Off-site kitchen 4 ☐ This school 5 ☐ Shared district and school 6 ☐ Food Service management company 7 ☐ Other (Specify)	2 ☐ SFA level 3 ☐ Off-site kitchen 4 ☐ This school 5 ☐ Shared district and school 6 ☐ Food Service management company 7 ☐ Other (Specify)		
10a. Who is the menu planner?	NAMEPHONE NUMBER	NAME PHONE NUMBER	NAMEPHONE NUMBER		
11. Which of the following menu planning options is currently used for SCHOOL?	1  NuMenus 2  Assisted NuMenus 3  Enhanced Food-Based 4  Traditional Food-Based 5  Other (Specify)  0  DON'T KNOW	1  NuMenus 2  Assisted NuMenus 3  Enhanced Food-Based 4  Traditional Food-Based 5  Other (Specify) 0  DON'T KNOW	1  NuMenus 2  Assisted NuMenus 3  Enhanced Food-Based 4  Traditional Food-Based 5  Other (Specify)		

		School 1	School 2	School 3
Nam	es of Schools			
12.	Does SCHOOL use a cycle menu?	1 ☐ Yes 0 ☐ No → Go to Q.14	1 ☐ Yes 0 ☐ No → Go to Q.14	1 ☐ Yes 0 ☐ No → Go to Q.14
13.	What is the length of the cycle in days?	_  DAYS	_  DAYS	_  DAYS
14.	Does SCHOOL offer foods from national or regional brand-name or chain restaurants, such as Domino's, McDonald's, Burger King, Taco Bell, Pizza Hut or Subway?	1 ☐ Yes 0 ☐ No → Go to Q.15	1 ☐ Yes 0 ☐ No → Go to Q.15	1 ☐ Yes 0 ☐ No → Go to Q.15
14a.	Are these foods offered in reimbursable meals?	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No
15.	Are meals for SCHOOL partly or fully prepared in an off-site kitchen?	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No	1 ☐ Yes 0 ☐ No
15a.	What is the name of the person who completes production records at SCHOOL?	NAMEPHONE NUMBER	NAMEPHONE NUMBER	NAMEPHONE NUMBER
16.	What time do the school doors open for students?	_ :   AM	_ :   AM	_ :   AM
17.	When does the first school bus usually arrive at school?	_ :   AM  o	_ :   AM  o	_ :   AM    No school buses in the AM
18.	When does the last school bus usually arrive at school in the morning?	_ :   AM  o	_ :   AM    No school buses in the PM	_ :   AM    No school buses in the PM
19.	What time do you usually start serving breakfast?	_ :   AM  □ □ No breakfast program	_ :   AM  □ □ No breakfast program	_ :   AM
20.	What time does the first class of the day usually start?	_ :   AM	_ :   AM	_ :   AM
21.	What time does the last class of the day usually end?	_ :   PM	_ :   PM	_ :   PM
22.	Does the school have any scheduled days with early release of students?	1 ☐ Yes 0 ☐ No → Go to Q.23	1 ☐ Yes 0 ☐ No → Go to Q.23	1 ☐ Yes 0 ☐ No → Go to Q.23
22a.	On average, how many days per year are students released early?	_  DAYS PER YEAR	 DAYS PER YEAR	 DAYS PER YEAR
22b.	What meals are offered on early release days?	0 □ None 1 □ Breakfast	0 □ None 1 □ Snack	0 □ None 1 □ Snack
	CHECK ALL THAT APPLY	2 ☐ Snack 3 ☐ Limited lunch 4 ☐ Full lunch	2 ☐ Snack 3 ☐ Limited lunch 4 ☐ Full lunch	2 ☐ Snack 3 ☐ Limited lunch 4 ☐ Full lunch

23. What (times are/time is) your lunch period(s)? Which grades have lunch during each period? As of October 1 of this school year, how many students were scheduled to have lunch during each period?

	Sch	ool 1				School	2			School	3	
School Na	me:				School Name:				School Name:			
Lunch Period	Time Period	Gra	des	Average Number of Students	Time Period	Gra	des	Average Number of Students	Time Period	Gra	des	Average Number of Students
1	FROM:   _:   TO:   _:	PreK K 1 2 3	6 7 8 9 10		FROM:    :   TO:    :	PreK K 1 2	6 7 8 9 10	<u>   </u>	FROM:    :   TO:   _:	PreK K 1 2 3	6 7 8 9	
	FROM:	4 5 PreK	11 12 6		FROM:	4 5 PreK	11 12 6		FROM:	4 5 PreK	11 12 6	
2	TO:	K 1 2 3 4 5	7 8 9 10 11 12		TO:	K 1 2 3 4 5	7 8 9 10 11 12		_ :   TO:   _ :	K 1 2 3 4 5	7 8 9 10 11 12	
3	FROM:   _ :   TO:   :	PreK K 1 2 3 4 5	6 7 8 9 10 11	_ _ _	FROM:   _ :   TO:   :  :	PreK K 1 2 3 4 5	6 7 8 9 10 11		FROM:   _ :   TO:   :	PreK K 1 2 3 4 5	6 7 8 9 10 11 12	
4	FROM:   _ :   TO:   :	PreK K 1 2 3 4 5	6 7 8 9 10 11 12	_ _	FROM:    :   TO:   _:	PreK K 1 2 3 4 5	6 7 8 9 10 11	l <u>ll</u>	FROM:   _ :   TO:   :	PreK K 1 2 3 4	6 7 8 9 10 11 12	<u></u>

23.	What (times are/time is) your lunch period(s)?	Which grades have lunch during each period?	As of October 1	of this school year,	how many stud	ents were scheduled	to have
	lunch during each period?						

(Continued)

	Sch	nool 1				Schoo	12			Schoo	13	
School Na	ıme:				School Name:				School Name:			
Lunch Period	Time Period	Gra	des	Average Number of Students	Time Period	Gra	ades	Average Number of Students	Time Period	Gra	des	Average Number of Students
		CIRCL THAT					LE ALL APPLY			CIRCL THAT		
	FROM:	PreK	6		FROM:	PreK	6		FROM:	PreK	6	
	:	K	7		_:	K	7		:	K	7	
	то:	1	8		то:	1	8		то:	1	8	
5	:	2	9		_ :	2	9		_:	2	9	<u>  _ </u>
		3	10			3	10			3	10	
		4 5	11 12			4 5	11 12			4 5	11 12	
	FROM:	PreK	6		FROM:	PreK	6		FROM:	PreK	6	
	:	K	7		_ :	K	7		_ :	K	7	
	TO:	1 2	8 9		то:	1 2	8		TO:	1 2	8 9	
6	_:	3	10		_ :	3	10	l <u> </u>	:	3	10	
		4	11			4	11			4	11	
		5	12			5	12			5	12	
			_				_				_	
	FROM:	PreK	6		FROM:	PreK	6		FROM:	PreK	6	
	:	K 1	7 8		_ :	K 1	7 8		:	K 1	7 8	
	TO:	2	9		TO:	2	9		TO:	2	9	
7	:	3	10		_ :	3	10		:	3	10	<u>  _ </u>
		4	11			4	11			4	11	
		5	12			5	12			5	12	
	FROM:	PreK	6 7		FROM:	PreK K	6 7		FROM:	PreK K	6 7	
		K 1	8		_:	1	8		:	1	8	
	TO:	2	9	<u> </u>	то:	2	9		TO:	2	9	
	:	3	10		:	3	10	· · · · · · · · · · · · · · · · · · ·	:	3	10	· · · · · · · · · · · · · · · · · · ·
		4	11			4	11			4	11	
8		5	12			5	12			5	12	

(Continued)

23. What (times are/time is) your lunch period(s)? Which grades have lunch during each period? As of October 1 of this school year, how many students were scheduled to have lunch during each period?

	Sch	nool 1				School	2			School	3	
School Na	ıme:				School Name:			School Name:				
Lunch Period	Time Period	Gra	des	Average Number of Students	Time Period	Gra	ıdes	Average Number of Students	Time Period	Gra	des	Average Number of Students
		CIRCL THAT					E ALL APPLY			CIRCL THAT		
	FROM:	PreK	6		FROM:	PreK	6		FROM:	PreK	6	
	:	K	7		_ :	K	7		_ :	K	7	
	TO:	1	8		TO:	1	8		TO:	1	8	
	10: 	2	9		10:	2	9		10: 	2	9	
		3	10			3	10			3	10	
		4	11			4	11			4	11	
9		5	12			5	12			5	12	
	FROM:	PreK	6		FROM:	PreK	6		FROM:	PreK	6	
	:	K	7		<u>  </u>  :  <u> </u>	K	7		:	K	7	
	TO:	1	8		то:	1	8		TO:	1	8	
	10. 	2	9		10. 	2	9		10. 	2	9	
		3	10		<u>  </u>	3	10			3	10	
		4	11			4	11			4	11	
10		5	12			5	12			5	12	

		School 1	School 2	School 3
Nam	es of Schools			
24.	Now thinking about the <b>2003-2004</b> school year:			
24a.	What was the average daily attendance?			
24b.	How many full price lunches were claimed for 2003-2004?			
24c.	How many reduced-price lunches were claimed for 2003-2004?			
24d.	And, how many free lunches were claimed for 2003-2004?			
25.	Now thinking about school breakfasts for <b>2003-2004</b> :			
25a.	How many full price SBP breakfasts were claimed for the year?	# FULL PRICE BREAKFASTS	# FULL PRICE BREAKFASTS	# FULL PRICE BREAKFASTS
		o. □ No breakfast program in 2003-2004	o. □ No breakfast program in 2003-2004	o.   No breakfast program in 2003-2004
25b.	How many reduced-price SBP breakfasts were claimed for the year?	GO TO NEXT SCHOOL ◀	GO TO NEXT SCHOOL ◀	GO TO END ◀
25c.	And, how many free breakfasts were claimed for 2003-2004?			

ID#: |\_|\_|\_|\_|

SFA:\_\_\_\_\_

City and State:\_\_\_\_\_

OMB Clearance Number: xxxx-xxxx Expiration Date: xx/xx/xxxx

## School Nutrition Dietary Assessment Study

## School Food Authority Survey

### PLEASE RETURN BY (DATE)

Elementary School:	
Middle School:	
High School:	

#### Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

Time Burden for this collection of information is estimated to average 25 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, DC 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, DC 20503.

#### **INSTRUCTIONS**

- This survey is divided into two sections, all of which should be completed by the SFA director.
- When completing the survey, please use a black or blue pen, and write only in the spaces provided.
- Please answer all of the questions, except for those that are not applicable, as indicated by the skip patterns.
- Unless questions specifically indicate that more than one answer may be given, please mark only one answer per question.
- If you have any questions regarding the study or completing the SFA survey, please do not hesitate to get in touch with Rhoda Cohen at 1-800-232-8024 or email: rcohen@mathematica-mpr.com

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Participation is completely voluntary. Choosing not to participate will not affect your employment or your district's participation in school food programs in any way.

We thank you for your cooperation and participation in this very important study.

FOR ASSISTANCE CALL TOLL FREE: 1-800-232-8024

i

	SECTION I: SFA CHARACTERISTICS AND OPERATIONS
	MENU PLANNING AND COMPUTER SYSTEMS
1.	Does your district use a computerized system for any of the following functions?
	MARK ALL THAT ARRIV

#### MARK ALL THAT APPLY

- Nutrient analysis of menus
- 2 ☐ Point of sale payment/meal counts
- $_{3}$   $\square$  Processing applications for free/reduced price (F/RP) meals
- 4 ☐ Food inventory
- $_0$   $\square$  None of the above  $\longrightarrow$  Go to Q.2
- 1a. Which software system do you primarily use for the function(s) indicated above? If you have or use more than one system, please base your response on the one you use most often.

#### MARK ONE RESPONSE FOR EACH FUNCTION

	Nutrient Analysis	POS	F/RP Applications	Food Inventory
	MARK ONLY ONE	MARK ONLY ONE	MARK ONLY ONE	MARK ONLY ONE
Bon Appetit	1 🗆	2 🗆	з 🗆	4 🗆
B.O.S.S. (Back Office Software Solutions)	1 🗆	2 🗆	з 🗆	4 🗆
CAFS (Computer Assisted Food Service)	1 🗆	2 🗆	з 🗆	4 🗆
CAFÉ Terminal	1 🗆	2 🗆	з 🗆	4 🗆
Keeping TRAC	1 🗆	2 🗆	з 🗆	4 🗆
KYRUS (formerly AccuSERIES)	1 🗆	2 🗆	з 🗆	4 🗆
NutriKids	1 🗆	2 🗆	з 🗆	4 🗆
PCS Revenue Control Systems	1 🗆	2 🗆	з 🗆	4 🗆
NutriMenu 2000	1 🗆	2 🗆	з 🗆	4 🗆
Visual B.O.S.S.	1 🗆	2 🗆	з 🗆	4 🗆
WinSNAP/WebSMARTT	1 🗆	2 🗆	з 🗆	4 🗆
Custom-developed system	1 🗆	2 🗆	з 🗆	4 🗆
Other (Specify)	1 🗆	2 🗆	з 🗆	4 🗆
No software for this function	1 🗆	2 🗆	з 🗆	4 🗆

1b.	When you do a nutrient analysis, is it weighted, unweighted or both? Weighted analysis takes in to	3a.	Which	h types of schools plan their own menus?
	account how often the item is served.		MARK	ALL THAT APPLY
	₁ □ Weighted		1 🗆	Elementary schools
	2 ☐ Unweighted		2 🗆	Middle schools
	₃ □ Both		3 🗆	High schools
	4 ☐ Don't do nutrient analysis → Go to Q.2		4 🔲	Is there another school? (Specify)
1c.	Do you complete separate analyses for breakfast and lunch or do you do a combined analysis for both meals?	4.	Which use?	h of the following USDA tools does your district
	MARK ONLY ONE		MARK	ALL THAT APPLY
	₁ ☐ Separate		1 🗆	Assisted NuMenus Guidance: School Lunch
	2 Combined			and Breakfast Menus
	Only analyze breakfast		2 🗆	Changing the Scene: Improving the School Nutrition Environment
	<ul> <li>□ Only analyze lunch</li> <li>□ Don't offer breakfast</li> </ul>		з 🗆	Choice Plus: A Reference Guide for Foods and Ingredients
			4 🗆	Community Nutrition Action Kit
			5 🗆	Cooking a World of Tastes (videos)
2.	Does the person who has primary responsibility for planning menus in your district have any of the		6 🗆	Fight Back Managers Self-Inspection Checklist
	following qualifications?		7	First Choice (second edition)
	MARK ALL THAT APPLY		8 🗆	Food Buying Guide for CN Programs
	<ul> <li>Associates degree in consumer science, hotel/restaurant management, baking/</li> </ul>		.9 🗆	Fruits and Vegetables Galore
	culinary arts, etc.		10 🗆	Healthy School Meals Training Program
	2 ☐ Bachelor's degree in consumer science,		11 🗆	Menu Planner for Healthy School Meals
	hotel/restaurant management, culinary arts, etc.		12 🔲	New School Lunch And Breakfast Recipes/ Tool Kit for Healthy School Meals
	3  Licensed nutritionist		13 🔲	Nutrient Analysis Protocols: How to Analyze
	4 ☐ Master's level nutritionist			Menus for USDA's School Meals Programs
	on the job training		14 🔲	Quantity Recipes for School Food Service
	6 ☐ Registered Dietitian		15 🗌	Serving It Safe: A Tool Kit (second edition)
	7 ☐ School Food Service and Nutrition		16	Serving It Safe: A Tool Kit for Managers
	Specialist (ASFSA certified)		17 🗆	Serving It Safe Training Video
	State food service certificate		18 🗆	Team Nutrition Guide to Purchasing Food Service Equipment
	o ☐ None of the above		19 🗆	Other (Specify)
3.	Are all menus planned at the district level?		ія Ш	Office (Openie)
-	1 $\square$ Yes $\rightarrow$ Go to Q.4			None of the above
	0 □ No		υ Ц	Notice of the above
	· · · · · · · · · ·			

2

4a.	food service areas where PIN numbers or electron  1  Yes-All	Vhat % of transactions?	5b.	meals offered?  1 ☐ Yes 0 ☐ No  C. Which level of schools offer these items?  MARK ALL THAT APPLY	able
	FOOD PUR	RCHASING		<ul> <li>Elementary schools</li> <li>Middle schools</li> <li>High schools</li> </ul>	
5. 5a.	national or regional bransuch as McDonald's, Bu Hut, Domino's, or Subwattu, Domino's, Domino'	-name or chain restaurant ase from and the specific Alternatively, you may	6.	Is your school district or are any schools in your district engaged in a "pouring rights" contract (that a long-term contract with a beverage company the establishes the company as a sole source vendo beverages in the district or in the school)? Count foodservice and other machines.  MARK ONE ANSWER  1 □ Yes, district-wide 2 □ Yes, some schools 0 □ No → Go to Q.7	nat or for
			6a.	a. In the past two years, have you observed	
					No
				o. Vending machines installed in	
				schools where they had not previously been? 1 🗆 0	

3

6b.	Where were the new machines installed?	6f.	Where does the income from the contract go?
	MARK ALL THAT APPLY		MARK ALL THAT APPLY
	o □ No new machines installed		₀ □ No "pouring rights" (beverage) contract
	□ Elementary schools		School food service account
	2 ☐ Middle schools		2
	3 ☐ High schools		3 ☐ Athletic department
	4 ☐ Other (Specify)		District fund
			5 ☐ Other (Specify)
			d □ Don't know
6c.	In the past two years, has there been an increase in the number of other in-school sites selling beverages,		
	such as snack bars, school stores, or concession		
	stands?	7.	Other than the USDA ban on selling soft drinks during
	₁ □ Yes		meals, has your school district, or any school in your district, imposed a ban or restriction on the types of
	$_{\circ}$ $\square$ No $\rightarrow$ Go to Q.6e		soda, soft drinks, or sweetened fruit beverages (less
			than 100% juice) that may be sold to students in schools or on school grounds (including vending
			machines)?
6d.	Where were these beverage selling sites added?		MARK ONE ANSWER
	MARK ALL THAT APPLY		□ District ban/restriction
	□ Elementary schools		2  School-level ban/restriction
	2 ☐ Middle schools		No district or school ban/restriction
	3 ☐ High schools		3 ☐ Never offered soda, soft drinks or
	4 ☐ Other (Specify)		sweetened fruit beverages $\rightarrow$ Go to Q.7b
6e.	Does the beverage contract limit the types or brands	7a.	Other than USDA restrictions, has your school district, or any school in your district, set restrictions on the
00.	of beverages that can be sold in school food service		time of day when students may purchase soda, soft
	areas?		drinks, or sweetened fruit beverages (less than 100% juice) in schools or on school grounds (including
	₁ □ Yes		vending machines)?
	₀ □ No		MARK ONE ANSWER
			□ District-wide/limit on time of day
			2 ☐ School level/limit on time of day
			No district or school/limit on time of day

7b.	Other than USDA restrictions, has your school district, or any school in your district, restricted the types of food or snack items sold to students in schools or on school grounds (including school stores and vending machines).  MARK ONE ANSWER  1 District-wide/limit on time of day 2 School level/limit on time of day 0 No district or school/limit on time of day	<ul> <li>9a. Are there written guidelines?</li> <li>1 ☐ Yes</li> <li>0 ☐ No → Go to Q.10</li> <li>9b. Please attach a copy of the guidelines for purchase of locally grown foods or briefly describe them below.</li> <li>1 ☐ Guidelines attached</li> </ul>
8.	Does your district participate in a purchasing cooperative?	
	₁ □ Yes	
	0 □ No → Go to Q.9	10a. Does your district have guidelines about purchasing fresh produce, other than locally grown foods?
8a.	Does the use of a purchasing cooperative limit, expand, or have no effect on your ability to purchase the food items you want?	<ul> <li>Yes, state guidelines</li> <li>Yes, local guidelines</li> <li>No → Go to Q.11</li> </ul>
	MARK ONE ANSWER	
	1 Limit	
	2 □ Expand	10b. Are there written guidelines?
	3 □ No effect	<ul> <li>1 ☐ Yes</li> <li>0 ☐ No → Go to Q.11</li> </ul>
8b.	How has the use of a purchasing cooperative affected your district's total food costs?	Please attach the guidelines related to fresh produce or briefly describe them below.
	MARK ONE ANSWER	□Guidelines attached
	Increased total food costs     Increased total food costs	1 Eddidolinos attached
	Decreased total food costs	
	$_{\scriptscriptstyle 3}$ $\square$ No impact on total food costs	
	d □ Don't know	
9.	Does your district have guidelines on purchasing locally grown foods?	
	Yes, state guidelines     Yes	
	2 ☐ Yes, local guidelines	
	$_{\circ}$ $\square$ No $\longrightarrow$ Go to Q.10	

<ul> <li>Does your district purchase foods through Department of Defense "DoD Fresh" pro</li> <li>1 □ Yes</li> <li>0 □ No</li> </ul>		<ul> <li>14. Does your district require child nutrition (CN) or other nutrient labels on some or all purchased foods?</li> <li> <sup>1</sup> □ Yes</li> <li> <sup>0</sup> □ No → Go to Q.16</li> </ul>
<ul> <li>12. Does your district purchase foods through Farm to School" program?</li> <li>₁ □ Yes</li> <li>₀ □ No</li> </ul>	gh the "State	<ul> <li>15. For what types of foods does your district require CN or other nutrient labels?</li> <li>MARK ALL THAT APPLY</li> <li>1 Pre-prepared breakfast food</li> <li>2 Pre-prepared lunch foods</li> <li>3 Other foods (Specify)</li> </ul>
<ul> <li>13. Does your district include nutrient require purchasing specifications for any foods?</li> <li>1 ☐ Yes</li> <li>0 ☐ No → Go to Q.14</li> <li>13a. Do the purchasing specifications include for/restrictions on</li> </ul>	?	16a. Does your district have any other guidelines that affect the types of food that you purchase?   1 □ Yes, state guidelines  1 □ Yes, state guidelines  0 □ No → Go to Q.18
Calories Protein Vitamin A Vitamin C Calcium Iron Fat Saturated Fat Cholesterol Sodium Sugar Portion or serving size Other (Specify)	Yes   No   1   0   0   1   0   0   1   0   0   1   1	16b. Are there written guidelines?  1 ☐ Yes 0 ☐ No → Go to Q.18  17. Please attach a copy of these guidelines or briefly describe them below. 1 ☐ Guidelines attached

FOOD SAFE	ETY AND S	SANITAT	ION		18b. How many hours o sanitation are requ			ifety and	
18. Are <b>new</b> employee food safety and sa		to receiv	e trainin	g in		Hours		ot Applic Not Do	
1 ☐ Yes 0 ☐ No → Go to	Q.19				Food service managers		_	n.a. 🗖	
					Cooks		_	n.a. $\square$	
18a. What types of train food service manastaff?					Other staff		_	n.a. 🗖	
	MAR	K ALL TH	AT APPL	Y	19. Are <b>current</b> emplo training in food saf			ceive pe	riodic
	Kitchen Managers	Cooks	Other	None	₁ □ Yes	·			
Food safety/sanitation training as part of general training	1 🗆	2 🗆	2 🗆	o 🗆	₀ □ No→ <b>Go to</b>	Q.20			
Serving it Safe HACCP system Other separate course	1 🗆	2 🗖	2 🗆	0.			ing are required for current food cooks or other food service staff?		
or class in food safety/sanitation	1 🗆	2 🗆	2 🗆	o 🗆	Service managers,			IAT APPL	
Test or exam in food safety/sanitation	1 🗆	2 🗆	2 🗆	0. 🗆		Kitchen			
Certification as food safety manager	1 🗆	2 🗆	2 🗖	о 🗆	Food safety/sanitation training as part of general training	Managers  1 □	Cooks	Other	None
Stall.					Serving it Safe HACCP system	1 🗆	2 🗆	2 🗆	0. 🗆
					Other separate course or class in food safety/sanitation	1 🗆	2 🗆	2 🗆	o 🗆
					Test or exam in food safety/sanitation	1 🗆	2 🗆	2 🗆	0. 🗆
					Certification as food safety manager	1 🗆	2 🗆	2 🗆	0 🗆
					Specify other type(s) of staff:				

19b.			ny hours of trair equired for <b>curr</b>	ning in food safety ent staff?	22.	fc	nd s Ilow	idering all of your experience with food safety canitation in this school district, which of the ving are the most persistent problems or enges?
				Not Applicable/		М	ARK	ALL THAT APPLY
			Hours	Not Done		1		Food storage problems
For	od serv	rice				2		Temperature of food
				n.a. 🔲		3		Pests
0			l			4		Cleanliness of the cupboards, counters, floors
Co	OKS			n.a. 🗆		5		Food handling problems
Oth	er staf	f		n.a. 🗆		6		Inconsistent, or lack of use of gloves and/or hair restraints
						7		Personal cleanliness
20.	On av	versae how of	ften does some	one from your		8		Other (Specify)
20.	distric	ct monitor each	h kitchen for saf					
	practi	ces and sanita	ary conditions?			0		No persistent problems or challenges
	MARK	ONE ANSWER						
	1 🗆	Once a mont	h or more					
	2 🗆	Less than on every three n	ce a month, but nonths	at least once			N	IUTRITION PROMOTION/EDUCATION
	3 🗆		ce every three r every six month					
	4 🔲	About once a	a year		23a.	D	oes	your district have a wellness policy that
	5 🔲	Less than on	ce a year					esses student nutrition and physical activity?
	0 🗆	Never				1		Yes, local policy
						2		Yes, state policy
21.	How	often does sor	meone from vou	r county, state, or		0		$No \rightarrow Go to Q.24$
2	local	health departn		ch kitchen for safe				
	MARK	ONE ANSWER			23b.		leas	se list the 3 most important elements of the
	1 🗆	Once a mont	h or more				•	
	2 🗆	Less than on every three n	ce a month, but nonths	at least once		_		
	3 🗆		ce every three r every six month					
	4 🔲	About once a	a year					
	5 🔲	Less than on	ce a year					
	0 🗆	Never						
					1			

24.	Does your department routinely make infon the nutrient content of USDA-reimburs available to students and/or parents?	formatio sable m	n eals	25.	fro	yo m s	u use any of the following ways to get feedback students or parents about USDA reimbursable ?
	1 ☐ Yes				MA	RK	ALL THAT APPLY
	0 □ No → Go to Q.24b				1		Surveys
					2		Suggestion box
					3		Bulletin board
24a.	How do you make nutritional information students or parents?	availab	le to		4		Web page
	MARK ALL THAT APPLY				5		Advisory council
	□ Send menus/flyers home				6		Other (Specify)
	2 ☐ Post information in school (e.g., or	n bulletir	า				
	boards)				0		None of the above
	<ul><li>3 □ Post information online</li><li>4 □ Post information on TV</li></ul>						
	5 Post information in newspapers						
	6 ☐ Other (Specify)						
24b.	In the past 12 months, have you or anyon staff engaged in the following activities?	ne on yo	our				
		Yes	No				
a.	Attended a PTA or other parent group meeting to discuss the school food service program	1 🗆	0 🗆				
b.	Provided families with information about						
	the school food service program, other than basic menu information	1 🗆	o 🗆				
C.	Invited family members to consume a	_	_				
	school meal	1 🗆	0 🗆				
a.	Participated in a nutrition education activity in a classroom	1 🗆	o 🗆				
e.	Conducted a nutrition education activity						
	in a food service area	1 🗆	0 🗆				

	MEAL PRICING	26c. What is the full price percentage markup used for
		26c. What is the full-price percentage markup used for setting prices for reimbursable meals? (Enter percentage or check if not applicable)
26.	Which of the following factors does your school district consider in setting prices for USDA-full-price reimbursable meals?	Not Percent Applicable
	MARK ALL THAT APPLY	Percentage markup for
	1 ☐ Food cost	NSLP lunch        % n.a. □  Percentage markup for
	<sup>2</sup> □ Production labor cost (wages, benefits, etc.)	SBP breakfast
	3 ☐ Other production costs (utilities, equipment, supplies, etc.)	
	4 ☐ Transportation cost	27. Which of the following factors does your school district
	$_{5}$ $\square$ Administrative or indirect costs	consider in setting prices for a la carte items sold in school food service areas?
	$_{6}$ $\square$ Incentive for student participation	
	<sup>7</sup> □ Constraints set by school boards	MARK ALL THAT APPLY
	8 □ Ease of collecting payments	No a la carte items sold in any school
	9 ☐ Other (Specify)	cafeteria → Go to Q.28
		2 ☐ Food cost
		<sup>3</sup> □ Production labor cost (wages, benefits, etc.)
26a.	Does your district set prices for USDA-reimbursable meals using a percentage of markup on food or other costs?	<ul> <li>Other production costs (utilities, equipment, supplies, etc.)</li> </ul>
	□ Vee	5 ☐ Transportation cost
	<ul> <li>1 ☐ Yes</li> <li>0 ☐ No → Go to Q.27</li> </ul>	6 ☐ Administrative or indirect costs
	0 L NO > GO to Q.27	<ul> <li>Incentive for student consumption of specific items (milk, etc.)</li> </ul>
26b.	What costs are included in the base for calculating meal prices?	8
	MARK ALL THAT APPLY	
	1 □ Food	9 □ Ease of collecting payments
	2	10 ☐ Other (Specify)
	3 ☐ Other production costs	
	4 ☐ Transportation	
	5 ☐ Administrative or indirect costs	

27a.	Does costs	your district set prices for a la c ?	arte items using a per	rcentage	markup or a fixed dolla	ar markup on food or other
	1 🔲	Yes				
	0 🗆	$N_0 \rightarrow Go to Q.28$				
27b.	What is add	costs are included in the base f	or calculating a la car	te prices'	? (The base is the am	ount to which the markup
	1 🗆	Food				
	2 🔲	Production labor				
	з 🗆	Other production costs				
	4 🗆	Transportation				
	5 🗆	Administrative or overhead cos	sts			
	6 🗆	Other (Specify)				
27c.		is the amount of the percentage percentage, please use your cos	st as the base (denom		hen figuring the perce	ntage.
		-	Percent		Dollar	No Specified Markup
Milk			%	or	\$	n.a. $\square$
Oth	er items	s on reimbursable menu	%	or	\$	n.a. 🗆
Oth	er (a la	carte-only) items	%	or	\$	n.a. 🗆
27d.	Wher	o did your school district last cha YEAR  MONTH  Don't know → Go to Q.18	inge the prices for a la		ods?	

27e. How did the prices for a la carte foods ch	nange?			
	M	ARK ONE ANSWER	FOR EACH FOOD TYP	E
	Increased	Reduced	Not Changed	Don't know
Milk	. 1 🗆	2 🗆	з 🗆	d 🗆
Other items on the reimbursable menu	. 1 🗆	2 🗆	з 🗆	d $\square$
Other (a la carte-only) items	. 1 🗆	2 🗆	з 🗆	d $\square$
27f. What were the reasons for the change(s)	)?			
MARK ALL THAT APPLY	, -			
□ Change in food cost				
2 ☐ Change in labor cost (wages, bene	efits etc.)			
3 ☐ Change in other production cost	oo, o.o.,			
4  Change in transportation cost				
□ Change in administrative/indirect of the second control	cost			
6 ☐ Increased charge to food service a		administrative/indi	irect cost	
¬ □ Reduction in state/school district s  ¬ □ Reduction in s  ¬ □ Reduc	ubsidy			
8 Unspecified cost increase/losing m	noney			
9 Declining participation in reimburs	able meals			
10 ☐ Other (Specify)				
 d □ Don't know				
3 <u> </u>				

	SECTION II: SFA DIRECTOR BACKGROUND AND EXPERIENCE
l wol	ong have you been a school food service director?
	YEARS AND/OR MONTHS
//hat	s the highest grade or year of schooling you completed?
MARK	ALL THAT APPLY
	Less than high school
	High school
3 🗆	Some college, no degree
. 🗆	Associates degree
5 🗆	Bachelor's degree
	Graduate degree
Nhich	of the following credentials do you hold?
MARK	ALL THAT APPLY
MARK	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.
	Associates degree in consumer science, hotel/restaurant
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist  On the job training  Registered Dietitian  School Food Service and Nutrition Specialist (School Nutrition Association, formerly ASFSA, certified)
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist  On the job training  Registered Dietitian
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist  On the job training  Registered Dietitian  School Food Service and Nutrition Specialist (School Nutrition Association, formerly ASFSA, certified)
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist  On the job training  Registered Dietitian  School Food Service and Nutrition Specialist (School Nutrition Association, formerly ASFSA, certified)  State food service certificate
	Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.  Bachelor's degree in consumer science, hotel/restaurant management, culinary arts, etc.  Licensed nutritionist  Master's level nutritionist  On the job training  Registered Dietitian  School Food Service and Nutrition Specialist (School Nutrition Association, formerly ASFSA, certified)  State food service certificate
1	What'

29b.	How many hours do you spend each week as Director of the School Food Authority?
	HOURS/WEEK
29c.	Please indicate your other district or school level responsibilities.
	MARK ALL THAT APPLY
	1 ☐ Full-time school food service manager
	2 ☐ Part-time school food service manager
	3 ☐ Business manager (district)
	4 ☐ Transportation coordinator (district)
	5 ☐ Other (Specify)
	6 □ Other (Specify)
	o □ No other responsibilities
30.	What recommendations do you have on how to improve the school lunch and breakfast programs? (Please write in the space below.)
	Thank you very much for taking the time to complete this survey. Your assistance is greatly appreciated.

# **Instructions** for **Menu Survey**

#### INTRODUCTION TO MENU SURVEY

Thank you for participating in the School Nutrition Dietary Assessment Study. Without your help, and the help of food service professionals like you across the country, this important study could not be done.

As part of this study, you are being asked to complete a Menu Survey. The objective of the Menu Survey is to obtain a complete and accurate description of the foods offered and served in your school foodservice program during a specified time period, referred to as the "target week." The target week for your school is shown on the front cover of the Menu Survey booklet.

The information you provide will be combined with information from many other schools across the country and will be used to measure the nutrient content of school lunches and breakfasts.

This **Instruction Manual** describes the Menu Survey and provides easy-to-follow instructions for completing survey forms. The manual also includes many examples of completed forms. Be sure to look over the sample completed forms. They provide many examples that may be useful when you are completing your own survey forms.

Below, we describe the forms included in the Menu Survey booklet. The rest of this manual explains how to complete each form.

#### **Daily Meal Counts Form**

This one-page form (on tan paper) appears under the "Daily Meal Counts" tab in the Menu Survey booklet. This is a very simple form. All you need to do is write in the number of reimbursable lunches and breakfasts you serve each day of the target week. At the bottom of the form, you need to write in your total a la carte sales each day for the week.

#### **Reimbursable Meals Forms**

The next five tabs in the Menu Survey booklet ("Monday," "Tuesday," etc.) include forms that you will fill out each day of the target week. You will use these forms (white paper with red ink highlights) to provide information about all the items offered in reimbursable meals, including portion sizes, amount prepared, amount left over, and food descriptions needed for an accurate nutrient analysis. You will also need to check if any food item was sold a la carte.

#### Self-Serve/Made-to-Order Bar Forms

The final tab in the Menu Survey booklet includes forms for recording information about self-serve bars such as salad bars and condiment/finishing bars as well as made-to-order bars such as deli bars. You will use one form (purple paper) to describe the foods offered on each bar. You may not need all of the blank forms provided in this section.

#### **Recipe Forms**

In addition to forms that are bound into the Menu Survey booklet, you may use one other type of form when completing the Menu Survey—Recipe Forms. These are located in a white, stapled booklet. This manual explains when these forms are needed.

#### **Daily Reminder List**

In the accordion folder, filed under the "instructions" tab we have also included the Daily Reminder List. This double-sided card provides tips for getting organized before the target week and a summary of day-to-day activities for the target week.

We suggest that you store or post this list in a convenient location so you can refer to it during the target week.

#### The Rest of this Manual

The rest of this manual includes step-by-step instructions for completing each of the Menu Survey forms. For each form, one or more completed samples are provided. These sample completed forms are located right behind the instructions for each form. (EXAMPLES WILL BE INCLUDED IN VERSION SENT TO FOOD SERVICE MANAGERS) Please take the time to review the instructions and all of the sample completed forms before beginning the Menu Survey.

#### If You Need Assistance

We will be calling you a day or two before the start of the target week and again early during the target week, to answer any questions you may have. If you have questions or need assistance at any other time before, during, or after the target week, feel free to call our technical assistance line at 1-xxx-xxx-xxxx. Thank you for your assistance with this important project!

# **General Guidelines for Completing the Menu Survey**

#### **Getting Started**

Please read this manual carefully. Be sure to review the sample completed forms provided at the end of each section. Also pay special attention to the *Daily Reminder List*. Keep this guide handy during the target week and refer to it as you complete survey forms.

#### **Off-Site Kitchens**

If your school obtains prepared meals from a base or central kitchen or an outside vendor during the target week, we ask that you obtain recipes for these foods, as needed. You may wish to discuss strategies for this task with your SFA director.

#### **Filling Out Forms**

- ✓ Use pencil on all forms.
- ✓ Write clearly and legibly (especially when recording numbers).
- ✓ Write the name of your school at the top of each form.
- ✓ Double-check your work at the end of each day to be sure you have provided all the necessary information.

#### At the End of the Week

When you have completed the Menu Survey, please double-check your work to make sure you have provided all the necessary information. File the completed Menu Survey booklet and all supporting forms and materials in the accordion folder. Please do not return the completed forms until MPR's technical assistant instructs you to return them in the preaddressed Federal Express envelope provided.

## Instructions for Completing the Reimbursable Meals Form

(White paper with RED highlights)

**Purpose:** To describe foods and drinks that are offered as part of USDA reimbursable

lunches or breakfasts during the target week, and to provide information on

the number of portions of each item served in reimbursable meals.

**Location:** The Reimbursable Meals Forms (white paper with red highlights) are located

behind the five Monday-Friday tabs in the Menu Survey booklet. In each

daily section, separate forms are provided for breakfast and lunch.

**Notes:** A sample completed Reimbursable Foods Form is included at the end of this

section. Looking at this sample as you read the instructions will make it easier for you to understand what you need to do when filling out the form.

#### How to Complete the Reimbursable Meals Form

#### Column A: Food Item

You will use this column to identify foods and beverages offered in reimbursable meals each day. Some foods are already listed for you. Others you will need to write in. In thinking about all the foods offered in your cafeteria each day and deciding which to include on this form, keep the following in mind:

#### DO INCLUDE:

- All foods and drinks offered in reimbursable meals.
- All condiments, salad dressings, optional toppings, and snack items.
- Foods and drinks that are offered in reimbursable meals but may not count toward USDA meal pattern requirements.

#### DO NOT INCLUDE:

- Foods and drinks that are offered only a la carte or only to teachers and other adults.
- Foods and drinks that are included in the planned menu for a given day, but not actually served that day.

#### When writing in foods that are not already listed on the form:

- Record foods in appropriate food group sections, if possible. Blank lines are
  provided at the end of each section for your entries. A generous amount of
  additional space is provided at the end of the form for recording items that do not fit
  in the relevant food group section (not enough blank lines) as well as items that
  belong in a food group that is not listed on the form (for example, snack chips).
- Salad bars, condiment bars, and other food bars, whether self-serve or made-to-order, should be listed as single menu items. Salad bars (both side salad bars and entrée salad bars) and other common theme bars are prelisted. Use separate lines for any self-serve bars that are not prelisted. For each self-serve bar, complete a separate Self-Serve/Made-to-Order Bar Form to identify the ingredients/foods offered on the bar.
- If your school offers bag or box meals or fully preplated meals, write each type of meal on a separate line. Complete a Recipe Form for each type of meal to identify all of the foods included in the meal.
- Use separate lines for foods that students may select with or without an additional ingredient or component.

**Example:** For a baked potato offered with optional toppings of bacon, cheese sauce, and/or broccoli, use separate lines for . . .

Baked potato
Cheese sauce, canned, low-fat
Broccoli, frozen, chopped

#### Column B: Portion Size

For each item offered in reimbursable meals, write the size of one individual serving, as offered to students.

• Include both the **amount** and the **unit of measure**. For example,

Food Name	Amount	Unit
Peas, green	3/4	cup
Chicken patty	2.5	oz.
Tossed salad	1/2	cup

- For foods that are offered self-serve, write "self-serve." Likewise, for foods that are offered made-to-order such as deli bars, write "made to order."
- If your school offers different portion sizes of the same food, you will need to list the food twice (on two separate lines) and write in the different portion sizes. For example: 8 fl. oz. of milk and 16 fl. oz. of milk.
- If different portions are specifically offered to students of different ages, you will
  need to list the food twice, write in the different portion sizes, and identify the
  grades that receive each portion. See the sample completed form at the end of
  this section for an example of how to do this.

#### **Column C: Amount Prepared or Available/Amount Left Over**

This section of the form includes columns for recording the amount prepared and the amount left over for each item offered in reimbursable meals.

• Include both the amount and the unit of measure. For example,

Food Name	Amount	Unit
Peas, green	5	lbs.
Chicken patty	14	lbs
Tossed salad	20	cups

See the sample completed form at the end of this section for an example of a form that is filled out to provide the information the study needs.

#### Column D: Any sold A la Carte

This section of the form includes a column with check boxes for you to indicate if any of the item was sold a la carte.

#### Column E: Manufacturer/Brand Name and Product Code

This column is used to provide information on the manufacturer and brand name of the food or beverage listed in Column A

For any processed foods, which include most foods you serve except for fresh produce, please record the manufacturer and/or brand information. It is very common that a manufacturer name for a food may be available, but not brand. Please do your best to record whatever manufacturer and/or brand information (or at least how the food is described on the package label) for all foods listed.

Below are examples of manufacturer and brand names for some foods.

(Item Col A)	Manufacturer	Brand Name
(Waffles)	Kellogg's	Eggo, mini
(Hot dog)	Farmland	Bronze medal franks
(Chicken fillet)	McCarty	Chicken Slimmers

#### **Column F: Food Description**

This column is used to describe foods so that an accurate nutrient analysis can be done. For most of the pre-listed items, you will only need to check or write in a response. For some foods, you will be asked to check regular, low fat or fat-free. For some foods you will be asked to specify fat content.

For items that you add to the form, use this column to provide as complete a description of the item as possible. Depending on the item, this may include information on:

- ✓ type (whole wheat flour, rye bread, unbreaded chicken nuggets, low-sodium ham)
- √ form (fresh, frozen or canned)
- √ flavor (chocolate milk, oatmeal cookie, vanilla yogurt)
- √ fat content

#### **Column G: USDA Commodity**

For ingredients in Column A that are donated USDA commodities, place a check mark in the box in Column F. To avoid confusion, we have shaded this column for items that are never donated commodities.

We have also shaded this column for pre-listed foods that may require a recipe because recipes may include some commodity and some non-commodity items. When you complete a Recipe Form for these foods, you will make note of which ingredients are USDA commodities. You may ignore Column F for recipe items that you add to the form.

#### Column H: Recipe

For ingredients in Column A that require a recipe, place a check mark in the appropriate box in Column G. Use these checkmarks to remind yourself of the need for completion of a Recipe Form.

We have shaded this column for pre-listed foods that do not require recipes. If the column is not shaded, you may need a recipe, depending on the food. For example, for purchased pizza that is served as is, a recipe is not needed. For pizza that is prepared from scratch or is a modified version of a purchased product, a recipe is needed.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing the Self-Serve/Made-to-Order Bar Form

(Lavender paper)

Purpose: To describe ingredients included on self-serve bars such as salad bars,

theme bars, and condiment bars, as well as made-to-order bars such as deli

bars.

Location: Copies of the Self-Serve/Made-to-Order Bar Form (lavender paper) are

located under the "Self-Serve/Made-to-Order Bars" tab in the Menu Survey

booklet.

**Note:** A separate Self-Serve/Made-to-Order Bar Form must be completed for each

type of self-serve bar or made-to-order bar offered.

Sample completed Self-Serve/Made-to-Order Bar Forms are included at the end of this section. Looking at these forms as you read the instructions will

make it easier for you to understand what you need to do when filling out the

form.

#### How to Complete the Self-Serve/Made-to-Order Bar Form

#### Name of Bar

Write the complete name of the self-serve/made-to-order bar on the line provided. Please be sure that the name is clear enough that we will be able to match it up with the appropriate item on the Reimbursable Foods Form.

#### Meal

Check the meal or meals in which the bar was offered during the target week.

#### Day

Check the day or days of the target week on which the bar was offered. Check "all days" if the bar (with all the same ingredients) is offered every day.

#### Column A: Food Name

List all foods and ingredients offered on the bar. If you need additional lines, write the name of the bar and "continued" on a blank Self-Serve/Made-to-Order Bar Form and list remaining foods/ingredients.

#### **Column B: Portion Size (if pre-portioned)**

For pre-portioned items only, describe the size of one portion. This includes items such as baked potatoes, tortillas, packaged crackers, boxes of raisins, or packages of sunflower seeds. It also includes items that might be portioned out by foodservice servers, such as pasta on a pasta bar, or cold cuts on a deli bar.

Be sure to include information on both the **amount** and the **unit of measure**. See the sample completed Self-Serve Bar/Made-to-Order Form at the end of this section for examples.

#### **Column C: Manufacturer/Brand Name and Product Code**

For processed foods, please record the manufacturer and/or brand name and a product or inventory code in Column C. This is not necessary for fresh produce that is not individually packaged.

#### **Column D: Food Description**

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:

- ✓ type (whole wheat flour, rye bread, unbreaded chicken nuggets, low-sodium ham)
- √ form (fresh, frozen or canned)
- ✓ pre-preparation (whole, chopped, sliced, shredded)
- ✓ cooking status (cooked, uncooked, dry, raw)
- √ flavor (chocolate milk, oatmeal cookie, vanilla yogurt)
- √ fat content

See the sample completed form at the end of this section for examples of ingredient descriptions.

#### **Column E: USDA Commodity**

For foods in Column A that are donated USDA commodities, place a check mark in the box in Column E. You may ignore this column for recipe items, which may include some commodity and some non-commodity items. When you complete a Recipe Form for these foods, you will make note of which ingredients are USDA commodities.

#### Column F: Recipe

For foods in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind yourself of the need for completion of a Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients.

# Instructions for Completing Recipe Forms

(White paper, in separate booklet)

Purpose: To describe the types and amounts of ingredients used in preparing foods

made from scratch or made by combining two or more foods or ingredients.

**Location:** A separate booklet of Recipe Forms is located in the "Recipe Forms" section

of the accordion folder. If you need more forms than are included in the booklet, make copies of the form (two-sided). File the completed extra forms

in the "Recipe Forms" section of the accordion folder.

Notes: A Recipe Form is needed for every item that is prepared from scratch or

prepared by combining two or more foods or ingredients. This includes all sandwiches (if type and amount of sandwich components are not recorded on the Reimbursable Foods Form) and all foods prepared with added butter,

margarine, dressings, or other condiments.

Some foods may need more than one Recipe Form. For example, for a tuna salad sandwich, you will need to use two Recipe Forms -- one for the tuna salad mixture and one for the assembled tuna salad sandwich. The same is true for a brownie or cake with icing. See the sample completed forms at the end of this section for an example of a situation where two Recipe Forms are needed.

You may not have to fill out the entire Recipe Form if a printed copy of the recipe is available. See the special instructions later in this section.

If the same recipe was prepared more than once during the target week, you only need to fill out a Recipe Form for the first day the recipe is used, unless the recipe is prepared differently on other days of the week. If variations of a recipe are used on different days, a separate Recipe Form is needed for each variation.

Samples of completed Recipe Forms are included at the end of this section. Looking at these forms as you read the instructions will make it easier for you to understand what you need to do when filling out the form.

# **How to Complete the Recipe Form**

## **Recipe/Food Name**

Write the complete name of the recipe or food on the line provided. Please be sure that the name is clear enough that we will be able to match it up with the appropriate item on the Reimbursable Foods Form.

For recipes that are used in other recipe items, mention both recipes in the name. For example, "Tuna salad for tuna sandwich."

#### Meal

Check the meal or meals in which the recipe item was offered.

#### Day

Check the day or days of the target week on which the recipe/food was offered. Check "all days" if the item is offered every day.

#### **Number of Servings Prepared**

Write the total number of individual servings prepared. For some items, such as sandwiches, the Recipe Form may be used to describe the contents of a single serving, for example, one sandwich or one Chef's salad.

#### Size of One Serving

Write the size of one individual serving, as offered to students (Examples: 1/4 cup, 8 fluid ounces, 1 sandwich, #12 scoop).

#### **Column A: Ingredient Name**

List all foods and ingredients used to prepare the recipe/food. Remember to include all seasonings, salt, oils, and other items used in food preparation.

#### **Column B: Amount in Recipe**

For each item listed in Column A, write the amount used. Be sure to include information on both the **amount** and the **unit of measure**. For example: 2 Tbsp, 6 oz, 5 cups, 7.5 gallons, 35 lbs.

Be sure to provide amount Information on the form of the ingredient *when it was measured.* For example, was pasta or rice measured cooked or uncooked? Was cheese sliced, cubed, shredded, or grated?

#### Column C: Manufacturer/Brand Name and Product Code

If the ingredient or food listed in Column A is a processed food, list the manufacturer and/or brand name in addition to the product or inventory code.

#### **Column D: Ingredient Description**

For each item listed in Column A, use this column to provide details about the food or ingredient that will allow us to do an accurate nutrient analysis. Depending on the item, this may include information on:

- ✓ type (whole wheat flour, rye bread, unbreaded chicken nuggets, low-sodium ham)
- √ form (fresh, frozen or canned)
- ✓ pre-preparation (whole, chopped, sliced, shredded)
- ✓ cooking status (cooked, uncooked, dry, raw)
- √ flavor (chocolate milk, oatmeal cookie, vanilla yogurt)
- √ fat content

See the sample completed forms at the end of this section for examples of ingredient descriptions.

#### **Column E: USDA Commodity**

For ingredients in Column A that are donated USDA commodities, place a check mark in the box in Column E.

#### Column F: Recipe

For ingredients in Column A that require a recipe, place a check mark in the appropriate box in Column F. Use these checkmarks to remind yourself of the need for completion of an additional Recipe Form.

Note: Recipes are needed for all items that are made by combining two or more foods or ingredients

#### Side 2

Please answer all the questions on Side 2 of the form.

#### If You Can Provide a Printed Copy of the Recipe...

#### Be sure to:

- Attach the printed recipe to the Recipe Form and indicate on the Recipe Form the meal and days the recipe was used.
- Edit the recipe, as needed, to show how the recipe was prepared in your school, and make sure the name of the recipe matches the name used on the Reimbursable Foods Form.

#### Make sure the recipe includes:

- Yield information, that is, the number of servings the recipe makes and the size of the serving.
- A complete description of all ingredients, including manufacturer, brand and product or inventory code for processed ingredients.
- An indication of any ingredients that are USDA commodity

#### DAILY MEAL COUNTS FORM



NOTE: For instructions on completing this form, please refer to Instructions for Menu Survey.

School Name:	Date:	

#### **Instructions:**

- In the boxes for Reimbursable Lunches and Reimbursable Breakfasts, please record the number of USDA free, reduced-price, and full-price reimbursable meals served in your school each day of the target week. Do not include meals for which you do not claim reimbursement, for example, second lunches sold to students on an a la carte basis.
- 2. Check if the number of reimbursable meals was much higher or lower than usual. If so, describe the reasons for this difference in the space provided.
- 3. At the bottom of the page, please record the total value of your a la carte sales for each day of the target week.

	Number of USDA Reimbursable Lunches Served								
Day of Week	Free	Reduced- Price	Full- Price	Please check if the number of reimbursable lunches served this day was much higher or lower than usual.					
Monday				□ → Reason:					
Tuesday				□ → Reason:					
Wednesday				□ → Reason:					
Thursday				□ → Reason:					
Friday				□ → Reason:					

		N	umber o	of USDA Reimbursable Breakfasts Served
Day of Week	Free	Reduced- Price	Full- Price	Please check if the number of reimbursable breakfasts served this day was much higher or lower than usual.
Monday				□ → Reason:
Tuesday				□ → Reason:
Wednesday				□ → Reason:
Thursday				□ → Reason:
Friday				□ → Reason:

Total Daily A La Carte Sales					
Monday	\$				
Tuesday	\$				
Wednesday	\$				
Thursday	\$				
Friday	\$				



### SCHOOL NUTRITION DIETARY ASSESSMENT STUDY

# Reimbursable Meals Form: Foods Offered as Part of USDA Reimbursable Breakfast

NOTE: For instructions on completing this form, please refer to Instructions for Menu Survey.

School Name:					Day: 1□ Mon	2□ Tue 3□ Wed 4□ T	hu 5□	l Fri
A.	В.	C		D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold <i>A la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
MILK								
White, whole	fl oz.	cont.	cont.					
White, 2%	fl oz.	cont.	cont.					
White, 1%	fl oz.	cont.	cont.					
White, fat-free/skim	fl oz.	cont.	cont.					
Chocolate	fl oz.	cont.	cont.			Specify fat content:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content:		
FRUIT (Note: Prelisted entries should be	e used only for fruit	that is served as pa	ckaged. If anything	is added b	efore serving, list as separate ite	em and complete RECIPE FORM.)		
Banana, fresh								
Grapefruit, fresh								
Grapes, fresh								
Orange, fresh								
						☐ Heavy syrup ☐ Light syrup		
Peaches, canned	cup					☐ Juice ☐ Water		
=								

A.	B.	C	<b>)</b> .	D.	E.	F.		G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold <i>A la</i> Carte	Manufacturer/Brand Name and Product Code	Food Descript	ion	USDA Commodity	Recipe
JUICES (Note: Prelisted entries should be	e used only for full-s	trength (100%) fruit	and vegetable juice	e. Fruit drin	ks are included in 'Desserts, D	Orinks, and Snacks' section.	)		
Orange juice	fl oz.	cont.	cont.			Calcium added?	es 🗆 No		
Apple juice	fl oz.	cont.	cont.			Vitamin C added? ☐ Ye	es 🗆 No		
	fl oz.	cont.	cont.			Vitamin C added? ☐ Ye	es 🗆 No		
	fl oz.	cont.	cont.			Vitamin C added? ☐ Ye	es 🗆 No		
COLD CEREALS									
Apple Jacks	oz.	cont.	cont.						
Cheerios, plain	OZ.	cont.	cont.						
Cheerios, Honey Nut	OZ.	cont.	cont.						
Cinn Toast Crunch	OZ.	cont.	cont.						
Cocoa Krispies	OZ.	cont.	cont.						
Cocoa Puffs	OZ.	cont.	cont.						
Froot Loops	oz.	cont.	cont.						
Frosted Flakes	oz.	cont.	cont.						
Golden Grahams	oz.	cont.	cont.						
Lucky Charms	oz.	cont.	cont.						
Rice Krispies	oz.	cont.	cont.						
Special K	oz.	cont.	cont.						
Trix	oz.	cont.	cont.						
Wheaties	oz.	cont.	cont.						
	oz.	cont.	cont.						
HOT CEREALS									
Cream of Wheat	oz.	cont.	cont.						
Grits	oz.	cont.	cont.						
Oatmeal	oz.	cont.	cont.						

A.	В.	C		D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold <i>A la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
OTHER BREADS AND GRAINS OFFERED SEP	PARATELY							
Bagel	OZ.	lbs.	lbs.					
Biscuit	OZ.	lbs.	lbs.					
English muffin, plain	OZ.	lbs.	lbs.			Specify type:		
English muffin, buttered	OZ.	lbs.	lbs.			Specify type: ☐ Margarine ☐ Butter		
Muffin, blueberry	OZ.	lbs.	lbs.					
Pancake	OZ.							
Roll, cinnamon	OZ.	lbs.	lbs.			☐ Icing ☐ No icing		
Toast, plain	OZ.	slices	slices			Specify type:		
Toast, buttered	OZ.	slices	slices			Specify type: ☐ Margarine ☐ Butter		
Toaster pastry	oz.	lbs.	lbs.					
MEATS AND MEAT ALTERNATES OFFERED S	SEPARATELY							
Bacon	sl.					□ Pork □ Turkey		
Eggs						☐ Boiled ☐ Fried ☐ Scrambled		
Ham	OZ.	lbs.	lbs.			□ Pork □ Turkey		
Sausage	OZ.	lbs.	lbs.			□ Pork □ Turkey □ Beef		
						□ Reg □ Low-cal		
Yogurt	OZ.					□ Low-fat □ Fat-free		
	<u>,                                      </u>	<u>,                                      </u>				<del></del>		
					Please list all ingredients or BAR FORM	SELF-SERVE/MADE-TO-ORDER		

A.	B.	C	<b>)</b> .	D.	E.	F.	G.	Н.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold <i>A la</i> <i>Cart</i> e	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
COMBINATION BREAD/MEAT ITEMS								
Breakfast burrito	OZ.							
Cheese sandwich, toasted	1 sandwich							
Egg sandwich	1 sandwich					☐ Cheese ☐ Sausage ☐ Ham ☐ Bacon ☐ Other		
Egg sandwich	1 sandwich					☐ Cheese ☐ Sausage ☐ Ham ☐ Bacon ☐ Other		
French toast								
French toast sticks	ea.					Weight of each stick: oz.		
Pancake on a stick	OZ.							
CONDIMENTS								
Self-serve bar	Self-serve					Please list all ingredients on SELF-SERVE/MADE-TO-ORDER BAR FORM		
Butter								
Cream cheese						☐ Reg ☐ Low-fat ☐ Fat-free		
Gravy								
Jelly						☐ Reg ☐ Low-fat ☐ Fat-free		
Ketchup								
Margarine								
Salsa								
Syrup						□ Reg □ Low-cal		

A.	B.	C	).	D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold <i>A la</i> <i>Cart</i> e	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
OTHER MENU ITEMS								





# Reimbursable Meals Form: Foods Offered as Part of USDA Reimbursable Lunch

NOTE: For instructions on completing this form, please refer to Instructions for Menu Survey.

School Name:					Day: 1□	Mon 2□ Tue	3□ Wed 4□	Thu 5	∃ Fri
A.	В.	С		D.	E.		F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food D	escription	USDA Commodity	Recipe
MILK									
White, whole	fl oz.	cont.	cont.						
White, 2%	fl oz.	cont.	cont.						
White, 1%	fl oz.	cont.	cont.						
White, fat-free/skim	fl oz.	cont.	cont.						
Chocolate	fl oz.	cont.	cont.			Specify fat content	t:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content	t:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content	t:		
Other Flavor (Specify)	fl oz.	cont.	cont.			Specify fat content	t:		
FRUIT (Note: Prelisted entries	should be used only	for fruit that is serve	ed as packaged. If a	nything is ac	ded before serving, list as separ	rate item and comple	ete RECIPE FORM.)		
Apple, fresh									
Applesauce, canned	Cup					☐ Sweetened	☐ Unsweetened		
Banana, fresh									
						☐ Heavy syrup	☐ Light syrup		
Fruit cocktail, canned	Cup					☐ Juice	☐ Water		
Grapes, fresh									
Orange, fresh									
						☐ Heavy syrup	☐ Light syrup		
Peaches, canned	Cup					☐ Juice	□ Water		

A.	В.	C	<b>:</b>	D.	E.		F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food De	escription	USDA Commodity	Recipe
						☐ Heavy syrup	☐ Light syrup		
Pears, canned	Cup					☐ Juice	☐ Water		
						☐ Heavy syrup	☐ Light syrup		
	Cup					☐ Juice	☐ Water		
						☐ Heavy syrup	☐ Light syrup		
	Cup					□ Juice	☐ Water		
						☐ Heavy syrup	☐ Light syrup		
	Cup					□ Juice	□ Water		
						☐ Heavy syrup	☐ Light syrup		
	Cup					□ Juice	□ Water		
JUICES (Note: Prelisted entries	should be used only	for full-strength (100	0%) fruit and vegetal	ole juice. Fro	uit drinks are included in 'Desser	ts, Drinks, and Snack	s' section.)		
Orange juice	fl oz.	cont.	cont.			Calcium added?	□ Yes □ No		
Apple juice	fl oz.	cont.	cont.			Vitamin C added?	☐ Yes ☐ No		
Frozen juice cup/bar	fl oz.	cont.	cont.			Vitamin C added?	☐ Yes ☐ No		
	fl oz.					Vitamin C added?	□ Yes □ No		
	fl oz.					Vitamin C added?	☐ Yes ☐ No		
	fl oz.					Vitamin C added?	☐ Yes ☐ No		
	fl oz.					Vitamin C added?	□ Yes □ No		

A.	B.	С	<b>.</b>	D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
VEGETABLES								
						Seasonings/fat added: ☐ Yes ☐ No		
Beans, green	Cup					If yes, specify:		
						Seasonings/fat added: ☐ Yes ☐ No		
Broccoli	Cup					If yes, specify:		
Carrot sticks						If offered, list dip as separate item(s) or complete RECIPE FORM		
						Seasonings/fat added: ☐ Yes ☐ No		
Corn, kernels	Cup					If yes, specify:		
French fries	oz.	lbs.	lbs.			☐ Oven-baked ☐ Deep-fried		
						Seasonings/fat added: ☐ Yes ☐ No		
Peas, green	Cup					If yes, specify:		
						Seasonings/fat added: ☐ Yes ☐ No		
Potatoes, whipped	Cup					If yes, specify:		
Salad bar (non-entrée)	Self-serve					Please list all ingredients on SELF- SERVE/MADE-TO-ORDER BAR FORM		
Tater tots or shapes	OZ.	lbs.	lbs.			☐ Oven-baked ☐ Deep-fried		
Salad, tossed	Cup					List dressing as separate item(s) or complete RECIPE FORM		
	Cup							
	Cup							
	Cup							
	Cup							

A.	B.	С	<b>).</b>	D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
ENTREES OTHER THAN SANDWIC	CHES AND SELF-SERV	VE BARS						
Burrito						Specify filling:		
Chef's salad	1 salad							
Chicken, piece(s)						☐ Oven-baked ☐ Deep-fried		
						☐ Oven-baked ☐ Deep-fried		
Chicken nuggets	ea.	lbs.	lbs.			Weight of each nugget: oz.		
Chicken patty (not sandwich)	OZ.	lbs.	lbs.			☐ Oven-baked ☐ Deep-fried		
Corndog	OZ.	lbs.	lbs.			☐ Beef & ☐ Turkey or ☐ All beef ☐ Pork ☐ Chicken		
Ham, slice	OZ.	lbs.	lbs.			☐ Pork ☐ Turkey		
Pizza, cheese		servings	servings			☐ Thin crust ☐ Thick crust		
Pizza, pepperoni		servings	servings			☐ Thin crust ☐ Thick crust		
Pizza, sausage		servings	servings			☐ Thin crust ☐ Thick crust		
Pizza, Other (Specify)		servings	servings			☐ Thin crust ☐ Thick crust		
Pizza, Other (Specify)		servings	servings			☐ Thin crust ☐ Thick crust		
Spaghetti with meat sauce	Cup							
						☐ Hard shell ☐ Soft tortilla		
Taco		servings	servings			Specify filling:		
Turkey, slice	OZ.	lbs.	lbs.					
Yogurt (as meat alternate)	OZ.	cont.	cont.			☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		

A.	В.	(	<b>)</b> .	D.	E.	G.	Н.	
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code Food Description		USDA Commodity	Recipe
SANDWICHES: Describe conter	nts of each sandwic	h in space at right.			including type and weight of bro	lete a Recipe Form or record information fo ead; type and amt of filling; type and amt of as for tuna salad. See Instruction Manual I	any addition	ns.
Sandwich/deli bar	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
Barbeque	1 sandwich							
Cheese, grilled	1 sandwich							
Cheeseburger	1 sandwich							
Chicken filet or breast	1 sandwich							
Chicken patty	1 sandwich							
Ham and cheese	1 sandwich							
Hamburger	1 sandwich							
Hot dog	1 sandwich							
Italian sub or hoagie	1 sandwich							
Peanut butter & jelly	1 sandwich							
Turkey	1 sandwich							
Tuna salad	1 sandwich							
	1 sandwich							
	1 sandwich							
	1 sandwich							
	1 sandwich							

A.	В.	C	<b>&gt;</b> .	D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
SELF-SERVE ENTRÉE BARS								
Entrée salad bar	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
Potato bar	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
Nacho/taco bar	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
Wraps, tortillas	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
	Self-serve				Please list all ingredients on FORM	SELF-SERVE/MADE-TO-ORDER BAR		
BREADS AND GRAINS OFFER	RED SEPARATELY							
Biscuit	OZ.	lbs.	lbs.					
Bread, plain	OZ.					Specify type:		
Bread, buttered	OZ.					Specify type: ☐ Margarine ☐ Butter		
Breadstick	OZ.	lbs.	lbs.					
Cornbread	OZ.	lbs.	lbs.					
Crackers, saltine	ea.	pkgs.	pkgs.					
Rice, white	cup							
Roll, wheat	OZ.	lbs.	lbs.					
Roll, white	OZ.	lbs.	lbs.					

A.	В.	С	<b>.</b>	D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
DESSERTS, DRINKS, AND SNA	ACKS OFFERED WITH A I	REIMBURSABLE ME	AL					
Brownie								
Cake						Specify type:		
Cookie	ea.					Specify type:		
						Specify type:		
Fruit drink	fl oz.	fl oz.	fl oz.			Specify % juice content:		
Gelatin, plain	cup							
Gelatin, with fruit	cup							
Ice cream	fl oz.	fl oz.	fl oz.			☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Ice cream	fl oz.	fl oz.	fl oz.			☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Ice cream	fl oz.	fl oz.	fl oz.			☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Potato chips	OZ.							
Pudding	cup							
Yogurt	oz.	cont.	cont.			☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
SALAD DRESSINGS AND DIPS	S							
Barbeque sauce								
French dressing						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Italian dressing						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Ranch dressing						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		

A.	B.	C.		D.	E.	F.	G.	H.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
OTHER CONDIMENTS								
Self-serve bar	Self-serve					Please list all ingredients on SELF- SERVE/MADE-TO-ORDER BAR FORM		
Butter								
Cream cheese						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Gravy						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Honey								
Ketchup								
Margarine								
Mayonnaise						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Mustard								
Tartar sauce						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Peppers, jalapeno								
Pickles, relish								
Pickles, slices								
Ranch dip						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		
Salsa								
Sour cream						☐ Reg ☐ Low-cal ☐ Low-fat ☐ Fat-free		

A.	B.	(	C.		E.	F.	G.	Н.
Food Item	Portion Size (Incl. Units)	Amount Prepared or Available (Incl. Units)	Amount Left Over (Incl. Units)	Any sold A <i>la</i> Carte	Manufacturer/Brand Name and Product Code	Food Description	USDA Commodity	Recipe
OTHER MENU ITEMS								



NOTE: For instructions on c	Fompleting this	Recipe Fo	OFM (Side 1) efer to Instructions for Menu Survey.	
School Name:			Recipe/Food Item:	
Meal: 1 ☐ Breakfast 2 ☐ Day: 1 ☐ Mon 2 ☐ Tue		nu ₅□ Fri	Size of One Serving <i>(include units)</i> : Amount or Number of Servings Prepared <i>(include units)</i> :	
A.	B.	C.	D.	E.
Ingredient Name	Amount in Recipe (Include units)	Manufacturer/ Brand Name and Product Code	Ingredient Description	USDA Commodity

			Recipe Fo	orm (Side 2)			
			Preparation	Information			
		Please check ( $\square$ ) the	boxes below to describe	the procedures use	d in prepa	ring this recipe.	
1.	If recipe wa	s cooked, what cooki	ng method did you ເ	ıse?			
	CHECK ALL TH	HAT APPLY					
	□ Bake/roa						
	2 ☐ Oven he						
	₃ □ Microwa ₄ □ Broil/gril	ve/warmer ı					
	5 □ Pan fry/s		d 11 🗆 Battered				
	6 ☐ Deep fry						
	7 □ Boil						
	₃ ☐ Steam						
	9 ☐ Other (S	Specify):					
	n □Does not	apply to recipe					
2.	If recipe cor	ntains meat or poultry	, was amount measi	ured raw or cook	ed?		
	-						
		t apply to recipe → S	KIP 10 Q.4				
	₁ □ Raw						
	2 ☐ Cooked						
3.	If recipe cor	ntains meat or poultry	, did you				
		CHECK ALL THA	Γ APPLY	Yes	No	Does not ap	ply to recipe
		fat?			о 🗆	n	
		cooking?			0 🗆		
r	Remove skin bi	efore cooking?		1 🗆	0 🗆	n	
1.	If recipe cor	ntains noodles, rice, o	or vegetables, did yo	u add salt to the	cooking	water?	
				Yes	No	Does not ap	ply to recipe
		or rice			o 🗆		
١	Vegetables			1 🗆	о 🗆	n	
5.	If recipe cor	ntains canned vegeta	bles or canned fruit,	did you drain off	all of the	e liquid?	
	₁ □Yes						
	o						
	n □ Does not	apply to recipe					
			Comr	ments			
1							

# Self-Serve/Made-to-Order Bar Form



NOTE: For instructions on completing this form, please refer to Instructions for Menu Survey. School Name:\_ Name of Bar:\_\_\_ Meal: 1 □ Breakfast 2 □ Lunch Day: ı□All 2□Mon 3□Tue 4□Wed 5□Thu 6□Fri E. A. B. C. D. F. USDA Commodity Recipe Manufacturer/ **Brand Name** (If pre-portioned, and Product **Food Name** include units) Code **Food Description** 



Day: 1 Mon 2 Tue 3 Wed 4 Thu 5 Fri

#### SCHOOL NUTRITION DIETARY ASSESSMENT STUDY

**Proportion A La Carte Form: Lunch** 

		- Juy.		20 .00	oou		о <u>ш</u>
Interviewer ID #:	Date:						
INTRODUCTION: Now, I'd like to review your completed	Reimbursable Meals Forms. Let's (start with/conti	nue with)	DAY'S lui	nch. Pleas	se look at C	Column D a	nd tell me
which milk items were sold a la carte. Which (fruit/juices/	/vegetables/entrees other than sandwiches and se	elf-serve l	bars/sand\	wiches/bre	ads and gr	ains/desse	rts, drinks

School MPR ID:

INTERVIEWER: AFTER MARKING ALL ITEMS IN COLUMN B SOLD A LA CARTE ON "DAY", CONTINUE WITH QUESTIONS IN COLUMNS C, D, AND E.

and snacks offered with a reimbursable meal, salad dressings and dips/other condiments/other menu items) were sold a la carte?

A.	B.	C	C. D.									E.					
						EM, wo			oical a la	a carte s	sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?					
Food Item	Any sold a la carte?	FOOD IT is the typi	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
MILK																	
White, whole milk		%	DK →	1 🗆	2 🗆	3 □	4 □	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
White, 2% milk		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
White, 1% milk		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
White, fat-free/skim milk		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Chocolate milk		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Other flavor milk (specify)		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 □	d□→	1 🗆	2 □	3 □	d□		
Other flavor milk (specify)		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d □		
Other flavor milk (specify)		%	DK <b>→</b>	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
FRUIT																	
Apple, fresh		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Applesauce, canned		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

School Name:

A.	B.	C	<b>)</b> .					D.				E.					
							uld you al sales		oical a la	a carte s	sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?					
Food Item	Any sold a la carte?	FOOD IT is the typi	y sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
Bananas, fresh		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Fruit cocktail, canned		%	DK  o	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Grapes, fresh		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Oranges, fresh		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Peaches, canned		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Pears, canned		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 🗆	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 🗆	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	C	).	D.								E.					
				For For were			uld you al sales		oical a la	a carte :	sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?					
Food Item	Any sold a la carte?	FOOD IT is the typi	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
JUICES (Note: Prelisted entries should be used	only for full-strength (10	00%) fruit ar	nd vegetable	e juice. I	Fruit drin	ıks are ir	ncluded i	n 'Desse	erts, Drin	ks, and	Snacks' se	ection.)					
Orange juice		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Apple juice		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Frozen juice cup/bar		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
VEGETABLES																	
Beans, green		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Broccoli		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Carrot sticks		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Corn, kernels		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
French fries		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Peas, green		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Potatoes, whipped		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Salad bar (non-entrée)		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Tater tots or shapes		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Salad, tossed		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	C	D.									E.				
						EM, wo			sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?						
Food Item	Any sold a la carte?	FOOD IT is the typi	y sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW	
ENTREES OTHER THAN SANDWICHES AND SELF-SERVE BARS																
Burrito		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Chef's salad		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Chicken, piece(s)		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Chicken nuggets		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□	
Chicken patty (not sandwich)		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Corndog		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Ham, slice		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Pizza, cheese		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Pizza, pepperoni		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Pizza, sausage		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Pizza, other		%	DK  o	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Spaghetti with meat sauce		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□	
Taco		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□	
Turkey, slice		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
Yogurt (as meat alternate)		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 🗆	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□	

A.	B.	(	<b>)</b> .					D.				E.					
				For FOOD ITEM, would you say typical a la carte sales were % of total sales?									Or would you say this was rarely, sometimes, or frequently sold a la carte?				
Food Item	Any sold a la carte?	FOOD IT is the typi	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
SANDWICHES: Describe contents of each sandwich in space at right.																	
Sandwich/deli bar		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Barbecue		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cheese, grilled		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cheeseburger		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Chicken filet or breast		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Chicken patty		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ham		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ham and cheese		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Hamburger		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Hot dog		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Italian sub or hoagie		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Peanut butter & jelly		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 🗆	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Turkey		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 🗆	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Tuna salad		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	(	D.	D.								E.					
				For FOOD ITEM, would you say typical a la carte sales were % of total sales?									Or would you say this was rarely, sometimes, or frequently sold a la carte?				
Food Item	Any sold a la carte?	FOOD IT is the typi	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
SELF-SERVE ENTRÉE BARS																	
Entrée salad bar		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Potato bar		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Nacho/taco bar		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Wraps or tortillas		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□		
BREADS AND GRAINS OFFERED SEPARATELY																	
Biscuit		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Bread, plain		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Bread, buttered		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Breadstick		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cornbread		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Crackers, saltine		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Rice, white		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Roll, wheat		%	DK →	1 🗆	2 🗆	3 □	4 □	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Roll, white		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	(	<b>C.</b>	D.									E.				
			For FOOD ITEM, would you say typical a la carte sales were % of total sales?									Or would you say this was rarely, sometimes, or frequently sold a la carte?					
Food Item	Any sold a la carte?	FOOD IT is the typi	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
DESSERTS, DRINKS, AND SNACKS OFFERED AS P	ART OF A REIMBURSA	BLE MEAL															
Brownie		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cake		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cookie		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Fruit drink		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Gelatin, plain		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Gelatin, with fruit		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ice cream (specify)		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□		
Ice cream (specify)		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□		
Potato chips		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d□		
Pudding		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Yogurt		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
SALAD DRESSINGS AND DIPS																	
Barbeque sauce		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
French dressing		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Italian dressing		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ranch dressing		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 □	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 □	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	(	<b>.</b>	D.									E.				
				For For For For Each	OOD IT	EM, wo			sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?							
Food Item	Any sold a la carte?	is the typi	y sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
OTHER CONDIMENTS																	
Self-serve bar		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Butter		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Cream cheese		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Gravy		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Honey		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ketchup		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Margarine		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Mayonnaise		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Mustard		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Tartar sauce		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Peppers, jalapeno		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Pickles, relish		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Pickles, slices		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Ranch dip		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Salsa		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
Sour cream		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		

A.	B.	C	).					D.				E.					
					OOD IT				sales	Or would you say this was rarely, sometimes, or frequently sold a la carte?							
Food Item	Any sold a la carte?	FOOD IT	ly sales of EM, what cal % sold carte	Less than 5%	5- 20%	20- 40%	40- 60%	60- 80%	80- 95%	More than 95%	DON'T KNOW	Rarely	Sometimes	Frequently	DON'T KNOW		
OTHER MENU ITEMS																	
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 □	6 □	7 🗆	d□→	1 🗆	2 🗆	3 □	d□		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 🗆	7 🗆	d□→	1 🗆	2 🗆	3 □	d □		
		%	DK →	1 🗆	2 🗆	3 □	4 🗆	5 🗆	6 🗆	7 🗆	d□→	1 🗆	2 🗆	3 □	d □		
		%	DK →	1 🗆	2 🗆	3 □	4 □	5 🗆	6 □	7 🗆	d □ →	1 🗆	2 🗆	3 □	d □		

OMB Clearance Number: xxxx-xxxx Expiration Date: xx/xx/xxxx

# School Nutrition Dietary Assessment Study

Food Service Manager Survey

#### Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

Time Burden for this collection of information is estimated to average 20 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, D.C. 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, D.C. 20503.

#### **INSTRUCTIONS**

- This survey should be completed by the Food Service Manager.
- When completing the survey please use a black or blue pen, and write only in the spaces provided.
- Please answer all of the questions, except for those that are non-applicable, as indicated by the skip patterns.
- Unless questions specifically indicate that more than one answer may be given, please mark only one answer per question.
- If you have any questions regarding the study or completing the Food Service Manager survey, please do not hesitate to get in touch with Rhoda Cohen at 1-800-232-8024 or e-mail: rcohen@mathematica-mpr.com

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Participation is completely voluntary. Choosing not to participate will not affect your employment or your district's participation in school food programs in any way.

We thank you for your cooperation and participation in this very important study.

FOR ASSISTANCE CALL TOLL FREE: 1-800-232-8024

i

	KITCHEN CHARACTERISTICS			
1.	Which of the following best describes your kitchen?  1 □ An on-site kitchen where meals are prepared for serving only at the facility in which the kitchen is located  2 □ A base kitchen where meals are prepared for serving on-site and for shipment to receiving	4.	service reimb	ny vending machines located in your food ce area (that is, the indoor area where ursable meals are served/eaten)?  Yes  No -> Go to Q.6
	kitchens  A receiving or satellite kitchen which obtains partially prepared meals from either base or central kitchens	4a.	<b>MARK</b> 1 □ 2 □	receives revenue or profit from these machines?  ALL THAT APPLY  School food service department  School  Athletic department
2a.	Do you receive fully plated meals that are prepared off site?  1 □ Yes → Go to Q.4  0 □ No		4	Other school district department or fund Other (Specify)  Don't know
2b.	Do you receive chilled or frozen foods that need to be heated?  1 ☐ Yes	5a.	or wat	ounting machines that sell only milk, 100% juice, ter, when can students use <b>beverage</b> machines food service area?  ALL THAT APPLY
2c.	<ul> <li>No</li> <li>Do you assemble or complete assembly of foods, such as sandwiches or desserts?</li> <li>Yes</li> <li>No</li> </ul>		2	No soft drink machines in food service area Before school During school hours, before lunch During lunch After lunch, before end of last regular class After last regular class Other (Specify)
3.	What other preparation is done in your kitchen for foods that are prepared off-site?	5b.	machi area?  MARK  1	ALL THAT APPLY  No machines with snack foods in food service area  Before school
		1		

6.	Approximately how much net income does the <b>school food service department</b> receive from vending machines anywhere in this school or on the school grounds (per year, month, or week)? Do not include any income that goes to the school or district.	<ul> <li>9. Do students ever receive a bonus item when they take a reimbursable lunch? This may be a food or beverage item that is not part of the reimbursable meal or a non-food item.</li> <li>1 □ Never → Go to Q.11</li> </ul>
		2 ☐ Sometimes
	\$ PER	3 Usually
	₁ □ Year	S E Coddiny
	2  Month	40
	3 □ Week	10. What type(s) of bonus items do students receive when they take a reimbursable lunch?
	4 ☐ No vending machines in school	
	5 ☐ Other (Specify)	MARK ALL THAT APPLY
		1 □ Drink
	0 ☐ No income to school food service from vending	<sub>2</sub> □ Food
	machines	3 ☐ Non-food item
	d ☐ Don't Know	
	MEAL PRICES	MEAL COUNTING
7.	What is the price of a USDA-reimbursable <u>breakfast</u> for students who are classified as <b>reduced price</b> ?	
	\$	11. Are you responding for a high school?
7a.	What is the price of a USDA-reimbursable breakfast for	1 ☐ Yes → Go to Q.15
	students who pay the <b>full price</b> ? Record more than one answer if your school offers breakfast at different prices (for example, a higher price for larger portions or a discount for a weekly meal ticket).	₀ □ No
	\$ Standard full price	12. Do you use the offer-versus-serve option at breakfast?
	\$ Other full price (Specify)	<ul> <li>1 ☐ Yes, for all students → Go to Q.13</li> <li>2 ☐ Yes, for some students</li> </ul>
	\$ Other full price (Specify)	ο Π No ——————————————————————————————————
	Other fall price (opecity)	3 □ Do not offer breakfast — Go to Q.13
8.	What is the price of a USDA-reimbursable <u>lunch</u> for students who pay the <b>reduced price</b> ?	
	\$	12a. What grades are allowed to use offer-versus-serve at <a href="mailto:breakfast">breakfast</a> ?
8a.	What is the price of a USDA-reimbursable <u>lunch</u> for students who pay the <b>full price</b> ? Record more than one answer if	MARK ALL THAT APPLY
	your school offers lunch at different prices (for example, a	1 □ K 6 □ 5
	higher price for larger portions or a discount for a weekly meal ticket).	2 □ 1 7 □ 6
		3 □ 2 8 □ 7
	\$ Standard full price	4 □ 3 9 □ 8
	\$ Other full price (Specify)	5 🗆 4
	\$ Other full price (Specify)	

13.	Do you use the offer-versus-serve option at <a href="https://www.ncm.ncm">lunch?</a> □ Yes, for all students → Go to Q.14   □ Yes, for some students   □ No → Go to Q.14	19.	Does your school have enough serving lines or stations to serve lunch to students in the first half of each lunch period?  1 □ Yes  0 □ No
<ul><li>13a.</li><li>14.</li><li>15.</li></ul>	What grades are allowed to use offer-versus-serve at lunch?  MARK ALL THAT APPLY  1	20.	What improvements, if any, would you like to see in the meal serving area or the space that is available for students to eat meals?  MARK ALL THAT APPLY  No improvements need to be made  More serving lines  More space for seating  More space between tables  Renovate space-upgrade seating/lighting  More natural light  Other (Specify)
	price meals counted at the cashier?		SPECIAL DIETARY NEEDS
	MARK ALL THAT APPLY		
	Coded tickets or tokens Cashier lists Personal ID numbers (PINs) Bar code/magnetic strip Coded identification cards Verbal identifications  Other (Specify)	21.	About how many students that you currently serve have allergies or a special food need?  STUDENTS  □ Don't Know → Go to Q.24  What types of allergies or special needs do these
	MEAL PERIODS		students have?
			MARK ALL THAT APPLY
16.	How many minutes, on average, would you estimate a student spends in line to get breakfast?  MINUTES  n.a.  Don't offer breakfast		Allergy to peanuts  Allergy to other nuts  Lactose intolerance  Allergy to eggs  Allergy to soy  Allergy to wheat
17.	How many minutes, on average, would you estimate a student spends in line to get lunch? Do not count waiting for made- or cooked-to-order items.  MINUTES		<ul> <li>Allergy to fish or shrimp</li> <li>Diabetes</li> <li>Vegetarian/vegan</li> <li>Low Carbohydrate</li> <li>Reduced Calories</li> <li>Low Fat</li> </ul>
18.	Does your school have enough space to seat all students during each lunch period?  1		Restrictions because of religious practices  Other (Specify)

23.	What accommodations do you make for food allergies or other documented dieta  MARK ALL THAT APPLY  Substitute component of meal  Substitute whole meal  Post notices about ingredients  Provide separate eating area (for a "peanut-free" zone)  Other (Specify)	ary nee	ds?	26.	fr m	ARK	ALL THAT APPLY Surveys Suggestion box Bulletin board Web page
	_		-		5 7		Advisory council Other (Specify)
	NUTRITION PROMOTION/EDUCAT	ΓΙΟΝ					
					0		None of the above
24.	Does your school routinely make informative nutrient content of USDA-reimbursable ravailable to students or parents?		n the	27.	Н	low I	ong have you been a school kitchen manager?
	₁ □ Yes						YEARS AND MONTHS
	0 □ No → Go to Q.25				_	•	
24a.	How do you make nutritional information students or parents?	availa	ble to	28.		ave	s the highest grade or year of schooling you completed?
	MARK ALL THAT APPLY				1		Less than high school
	□ Send menus/flyers home				2		High school
	2 Post information in school				3		Some college, no degree
	(e.g., on bulletin boards)  3 □ Post information online				4		Associates degree
	Post information online     Post information on TV				5		Bachelor's degree
	5 D Post information in newspapers				6		Graduate degree
	6 ☐ Other (Specify)			29.	٧	/hich	n of the following credentials do you hold?
			_		М	ARK	ALL THAT APPLY
25.	In the past 12 months, have you or anyo staff engaged in the following activities?	ne on	your		1		Associates degree in consumer science, hotel/restaurant management, baking/culinary arts, etc.
а	Attended a PTA or other parent group	Yes	No		2		Bachelor's degree in consumer science, hotel/restaurantmanagement, culinary arts, etc.
ű.	meeting to discuss the school food				3		Licensed nutritionist
h	service program  Provided families with information	1 🗆	o 🗆				Master's level nutritionist
D.	about the school food service				4		
	program	1 🗆	о 🗆		5		On the job training
C.	Invited family members to consume a school meal	1 🗆	o 🗆		6	_	Registered Dietitian
d.	Participated in a nutrition education	- Ш	υШ		7		School Food Service and Nutrition Specialist (ASFSA certified)
~.	activity in the classroom	1 🗆	о 🗆				State food service certificate
e.	Conducted a nutrition education	_	_		8		
	activity in the food service area	1 🗆	0 🗆		0	Ш	None of the above

30.	What recon	nmendations do you have on how to improve the school lunch and breakfast programs? (Please write in w)
		Thank you for taking the time to complete this survey. Your cooperation is very much appreciated.
Than comp form	oleted form in	ompleting this form. Please keep a copy of the completed form for your records. Please return the name the business reply envelope provided. If you no longer have the envelope, please mail this completed
		Mathematica Policy Research, Inc. Attn: Receipt Control – SNDA III Project 6096
		P.O. Box 2393 Princeton, NJ 08543-2393

ID#:   _ _
Name of School:
SFA:
City and State:

OMB Clearance Number: xxxx-xxxx Expiration Date: xx/xx/xxxx

# School Nutrition Dietary Assessment Study



### **Principal Survey**

# PLEASE RETURN BY (DATE)

#### Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

Time Burden for this collection of information is estimated to average 20 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, DC 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, DC 20503.

#### **INSTRUCTIONS**

- This survey should be completed by the Principal.
- When completing the survey please use a black or blue pen, and write only in the spaces provided.
- Please answer all of the questions, except for those that are not applicable, as indicated by the skip patterns.
- Unless questions specifically indicate that more than one answer may be given, please mark only one answer per question.
- If you have any questions regarding the study or completing the Principal survey, please do not hesitate to get in touch with Rhoda Cohen at 1-800-232-8024 or email: rcohen@mathematica-mpr.com

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Participation is completely voluntary. Choosing not to participate will not affect your employment or your district's participation in school food programs in any way.

We thank you for your cooperation and participation in this very important study.

FOR ASSISTANCE CALL TOLL FREE: 1-800-232-8024

		MEAL-TIME POLICIES
1.	Are a	Il students scheduled to have a lunch period everyday?
	1 🗆	Yes → Go to Q.2
	0 🗆	No
1a.	Why	do some students not have a lunch period?
	MARK	ALL THAT APPLY
	1 🗆	Take extra credit class instead
	2 🗆	Take remedial class instead
	з 🗆	Take class only available during scheduled lunch
	4 🔲	Schedule does not include lunch period
	5 🗆	Other (Specify)
2.	Are s	tudents allowed to visit other tables during meal times?
	1 🗆	Yes
	0	No
	2 🗆	Some are, some aren't
3.	Wher	e may students go during their lunch period?
	MARK	ALL THAT APPLY
	1 🗆	Food service area/ cafeteria or other area where meals are served
	2 🗆	Classroom but only with teacher permission
	з 🗆	Classrooms open to students during lunch period
	4 🗆	Library
	5 🗆	Gym
	6 🗆	Outside, on campus
	7	Anywhere on campus
	8 🗆	Off-campus/Home
	9 🔲	Other (SPECIFY)
3a.	What	grades are allowed to go off-campus during their lunch period?
	0 🗆	None → Go to Q.4
		MARK ALL THAT APPLY
	1 🗆	2 3 3 4 5 5 6 7 8 9 9 10 11 12 12

3b.	Which	n of the following off-campus food sources are close enough for students to walk or drive to during lunch?
	1 🗆	Fast food restaurants
	2 🗆	Other restaurants, cafeterias, or diners
	з 🗆	Supermarkets, convenience stores, or other stores
	4 🗆	Off-campus lunch wagons or push carts
	5 🗆	Other food sources (Specify)
4.	Are st	sudents who do not bring or buy lunch allowed to be in the area where students eat lunch?
	1 🔲	Yes
	0 🗆	No
	2 🗆	Some are, some aren't
5.		your school have rules or written policies about when students may buy a la carte foods, that is, foods other a reimbursable meal or milk?
	1 🔲	Yes
	2 🔲	Rules for some students
	0 🗆	No $\rightarrow$ Go to Q.6
<b>5</b> 0	\//hat	are those rules?
5a.	vviiai	are triose rules?
	MARK	ALL THAT APPLY
	1 🔲	When student takes a reimbursable meal
	2 🔲	When a student brings lunch from home
	3 🔲	When student has eaten meal
	4 🔲	When all students have had the opportunity to take a reimbursable meal
	5 🗆	Other restriction (Specify)
		<u> </u>
6.		sudents who go to the area where students eat lunch allowed to leave after a certain point during their lunch d, for example, after the first 15 minutes?
	1 🗆	Yes, all students may leave → Go to Q.7
	2 🗆	Yes, some students may leave
	0 🗆	No, all students must stay in the area → Go to Q.7
6a.	Which	n grades are allowed to leave after a set period of time?
		MARK ALL THAT APPLY
	1 🗆	2 3 4 5 6 7 8 9 10 11 12 12

7.	Are any students who go to the area where students eat lunch allowed to leave at any time during their lunch period?											
	1 ☐ Yes, all students	s may leave → Go to Q.8										
	Yes, some stude or without special	dents may leave (either with cial permission)										
	o □ No, all students	s must stay in the area → Go to Q.8										
7a.	. Which grades are allowed to leave at any time?											
	MARK ALL THAT APPLY											
	1											
8.	Are other school activit during meal times?	ies, such as pep rallies,	club meetings, bake sa	ales, or tutoring session	ns ever scheduled							
	₁ □ Yes											
	□ No → Go to Q.9	)										
8a.	On average, how often	are the following types	of activities scheduled	during the <b>breakfast</b> p	eriod?							
					Less Than 1 x Per							
		Every day	3-4 x Per Week	1-2 x Per Week	Week or Never							
Pe	ep rallies	1 🗆	2 🗆	3 🗆	о 🗆							
CI	ub meetings	1 🗆	2 🗆	3 🗆	0 🗆							
Τι	utoring sessions	1 🗆	2 🗆	3 🗆	0 🗆							
Ba	ake sales	1 🗆	2 🗆	3 🗆	0 🗆							
Ot	ther (Specify)	1 🗆	2 🗆	з 🗆	о 🗆							
	,											
8b.	On average, how often	are the following types	of activities scheduled	during the <b>lunch</b> perio	d?							
		Every day	3-4 x Per Week	1-2 x Per Week	Less Than 1 x Per Week or Never							
Pe	ep rallies	1 🗆	2 🗆	3 🗆	o 🗆							
CI	ub meetings	1 🗆	2 🗆	3 🗆	0 🗆							
Τι	utoring sessions	1 🗆	2 🗆	3 🗆	o 🗆							
Ва	ake sales	1 🗆	2 🗆	з 🗆	o 🗆							
Ot	ther (Specify)	1 🗆	2 🗆	з 🗆	0 □							

(If re	sponding for a high school, Go to Q.11)		EATING LOCATIONS AND ENVIRONMENT
9.	Does your school have recess?	11.	Where do students eat school breakfast?
	₁ □ Yes	11.	Where do students eat school breaklast?
	$_{0}$ $\square$ No $\longrightarrow$ Go to Q.11		MARK ALL THAT APPLY
			No breakfast program → Go to Q.14
9a.	Do any students have recess immediately before lunch?		2 ☐ Food service area
	1 □ Yes		3  School buses
	<ul> <li>□ No → Go to Q.10</li> </ul>		4 Classrooms
	1		5 Outdoors
9b.	What percentage of students have recess immediately before lunch?		6 Other (Specify)
	PERCENT		
	1 □ All - 100%	12.	How many adults usually supervise the students during breakfast in the food service area?
10.	Do any students have recess immediately after lunch?		
	₁ □ Yes		
	$_{0}$ $\square$ No $\longrightarrow$ Go to Q.10b	13.	Who are these breakfast monitors?
			MARK ALL THAT APPLY
10a.	What percentage of students have recess immediately after lunch?		Administrators or counselors
			2 ☐ Teachers
	PERCENT		Aides (food service area monitors with no other duties)
	1 □ All - 100%		<ul> <li>Aides (regular school staff who rotate in the assignment)</li> </ul>
10b.	Are students allowed to go out to recess before the		5  Other school personnel
	official end of their lunch period?		6 ☐ Parents
	1  Yes		¬ □ Community volunteers
	$_{0}$ $\square$ No $\longrightarrow$ Go to Q.11		8 ☐ Other (Specify)
10c.	Are there any rules about when students can go out to recess?		
	₁ □ Yes	14.	Where do students eat school lunches?
	0 □ No → Go to Q.11		MARK ALL THAT APPLY
			1 ☐ All students eat in classrooms → Go to Q.21
10d.	Please describe these rules.		2 ☐ Food service area
			3 Classrooms
			4  Outdoors
			5 ☐ Other (Specify)

15.	In how many different rooms and outdoor locations are reimbursable lunches <b>served</b> ?	19.	W	/ho	are these lunch monitors?
	are reimbursable functies <b>serveu</b> ?		M	ARK	ALL THAT APPLY
	ROOMS AND OUTDOOR LOCATIONS		1		Administrators or counselors
			2		Teachers
			3		Aides (food service area monitors with no other duties)
16.	How many different <b>eating locations</b> for school lunches does the school have?		4		Aides (regular school staff who rotate in the assignment)
	LUNCH TIME EATING LOCATIONS		4		Other school personnel (such as coaches)
	Letter time Econtrolle		5		Parents
			6		Community volunteers
17.	How often is the noise level at lunch a problem?		7		Other (Specify)
	MARK ONE ANSWER				
	1 □ Never → Go to Q.18	20.	D	oes	your school have enough space to seat all
	2 □ Seldom				nts during each lunch period?
	₃ ☐ Sometimes		1		Yes
	4 ☐ Most of the time		0		No
	5 ☐ Always				
17a.	What measures do you take to keep noise under control?	21.	st of	atio ead	your school have enough serving lines or ns to serve all students during the first half ch lunch period?
	MADICALL THAT APPLY				Yes No
	MARK ALL THAT APPLY		U		No
	□ Speak to noise-makers	22.	W	/hat	improvements, if any, would you like to see in
	2 ☐ Punish noise-makers		th	e m	eal serving area or the space that is available
	Remove noise-makers from meal area		ĬΟ	r sti	udents to eat meals?
	4 ☐ Ask all children to be quiet		M	ARK	ALL THAT APPLY
	5 ☐ Other (Specify)		0		No improvements need to be made
			1		More serving lines
	o ☐ None of the above		2		More time to eat
			3		More space for seating
10	Llow many adulta visually supervise the atystemts		4		Smaller tables
18.	How many adults usually supervise the students during lunch in the food service area?		5		More space between tables
			6		Renovate space—upgrade seating/lighting
	ADULTS		7		Improve color or décor
			8		More natural light
			9		Other (Specify)
		ĺ			

		VENDING MACHINES	23c.			everage sales in your school covered by a ingrights" contract (that is, a long-term contract
23.		e are vending machines available to students in school or on the school grounds?		C	omp	a beverage company that establishes the pany as a sole source vendor for beverages in the pol)? Count both foodservice and other machines.
	MARK	ALL THAT APPLY		1		Yes
	。 <b>□</b>	No vending machines for		0		No
		students $\rightarrow$ Go to Q.25		d		Don't know
	1 🗆	Food service area (indoor area where meals are served/eaten)	23d.		_	n can students use the <b>snack</b> machines or other
	2 🔲	Other indoor area(s)				nines containing snacks outside of the food ce area?
	з 🗆	Outside school buildings, on school grounds				
						ALL THAT APPLY
				1	П	No machines with snack foods outside of the food service area
23a.		decided to place the vending machines that are able to students outside of the food service area?		2		Before school
	avanc	ible to students outside of the food service area:		3		During school hours, before lunch
	MARK	ALL THAT APPLY		4		During lunch
	0 🗆	No vending machines outside of the food		5		After lunch, before end of last regular class
	_	service area		6		After last regular class
	1 📙	School food service director		7		Other (Specify)
	2 📙	Kitchen manager				
	3 🗆	Principal				
	4	Athletic director	23e.	۷۱	/ho	receives income from these machines?
	5 🗆	School district official		M	ARK	ALL THAT APPLY
	6 🗆	Other (Specify)		1		School food service
				2		
	d $\square$	Don't know		3		Athletic department
						Other school district department or fund
				5		Other (Specify)
23b.	or wa	ounting machines that sell only milk, 100% juice, ter, when can students use the <b>beverage</b> ines outside of the food service area?		d		Don't know
	MARK	ALL THAT APPLY	24.			is the net income to the school or district from
	1 🗆	No beverage machines outside of food service area		S	cho	ing machines anywhere in the school or on the ol grounds (per year, month, or week)? Do not de any income that goes to food service.
	2 🗆	Before school				
	з 🗆	During school hours, before lunch		\$	; <u> </u>	PER
	4 🔲	During lunch		1		Year
	5 🗆	After lunch, before end of last regular class		2		Month
	6 🗆	After last regular class		3		Week
	7 🗆	Other (Specify)		4		Other (Specify)
				0		No income to school district from vending machines
				d		Don't know

	SCHOOL STORE	25e.	Approximately how much net income does the school receive from the school store in total (per year, month,
25.	Do you have a school store that sells foods or beverages (including snack foods)?  1 □ Yes 0 □ No → Go to Q.26		or week)?  \$ PER  1 Year
			2  Month
25a.	What days of the week is the school store usually open?		₃ □ Week
	MARK ALL THAT APPLY		4 ☐ Other (Specify)
	₁ ☐ Monday		
	2 □ Tuesday		$_{0}$ $\square$ No income received from school store
	₃ □ Wednesday		d □ Don't know
	4 □ Thursday		
	₅ ☐ Friday	26.	Outside of the food service area, do you have a
	6 ☐ Various or no set schedule		school snack bar (that is, a place that prepares and serves foods but does not offer reimbursable meals)?
25b.	When is the store usually open to students?		1 ☐ Yes
	MARK ALL THAT APPLY		0 □ No → Go to Q.27
	1 ☐ Before school		V = 1.0
	2 During school hours	260	What days of the week is the analy har anal?
	3 During lunch period	20a.	What days of the week is the snack bar open?
	4 ☐ After school		MARK ALL THAT APPLY
25c.	Who receives income from the school store?		1 ☐ Monday
	MARK ALL THAT APPLY		2 ☐ Tuesday
	School food service only → Go to Q.26		₃ □ Wednesday
	2 School food service with others		.   Thursday
	3 School		4 □ Thursday
	4 School and SFA jointly		5 ☐ Friday
	5 Athletic department		6 ☐ Various or no set schedule
	6 ☐ Other (Specify)		
	d Don't know	26b.	When is the snack bar usually open to students?
25d.	Who is responsible for the school store?		MARK ALL THAT APPLY
	MARK ALL THAT APPLY		1 ☐ Before school
	School food service		□ During asked bours
	2 Principal		2 ☐ During school hours
	3 Athletic department		3 ☐ During lunch period
	4 ☐ Other school department (Specify)		4 ☐ After school
	5 Other (Specify)		
	Don't know		

26c.	Who receives the income from the snack bar?		AFTER-SCHOOL PROGRAM
	MARK ALL THAT APPLY	Def	finition:
	1 ☐ School food service <b>only</b> → <b>Go to Q.27</b>		
	<sup>2</sup> □ School food service with others	28.	Does your school have an after-school program (a program that is operated at your school)?
	₃ □ School		(a program that is operated at your sollool).
	4 ☐ School and SFA jointly		1 ☐ Yes
	5 ☐ Athletic department		$_{0}$ $\square$ No $\longrightarrow$ Go to Q.31
	6 ☐ Other (Specify)		
		29.	Who operates the after-school program at your
	d □ Don't know		school?
			MARK ALL THAT APPLY
26d.	Approximately how much net income does the school receive from the snack bar in total (per year, month, or		1 ☐ School district
	week)?		
	·		2 School
	\$ PER		₃ ☐ YMCA/YWCA
	₁ □ Year		4 ☐ Community action agency
	<sub>2</sub> Month		□ Parent/teacher organizations
	₃ □ Week		6 ☐ Church affiliated organizations
	4 ☐ Other (Specify)		7 ☐ Child care agency
			8
	$_{0}$ $\square$ No income received from snack bar		9  Other (Specify)
	d ☐ Don't know		
27.	Not counting any sales in the food service area during lunch, how often do school organizations sell sweet or	30.	Does the after-school program serve snacks?
	salty snacks as fundraisers?		□ Vee → 0- (- 0 04
	1 □ Every day		1 □ Yes → Go to Q.31
	There is to a Course a real		₀ □ No
	2 ☐ Inree to four times a week 3 ☐ One to two times a week		
	4 ☐ Less than once per week	302	Why doesn't the after-school program serve snacks?
	Never     Never	Sua.	with doesn't the after-school program serve shacks:
	d Don't know		MARK ALL THAT APPLY
			Parents weren't interested
27a.	How often do school organizations sell pizza or other		2    Students weren't interested
	main entrée items during lunch?		Not allowed to serve food in the space used for the program
	1  Every day		· -
	Three to four times a week		4 ☐ Too difficult to store/transport/serve food
	One to two times a week		No staff to manage snack program
	<ul><li>4 □ Less than once per week</li><li>0 □ Never</li></ul>		$_{6}$ $\square$ Too expensive/reimbursement too low
	6 ☐ School district forbids organizations from		7 ☐ Other (Specify)
	selling food during lunch periods		
	d □ Don't know		

	NUTRITION EDUCATION AND PROMOTION	33a.	Please list the 3 most important elements of the policy.	
31.	Does your school participate in any of the following nutrition education programs?			
	MARK ALL THAT APPLY			<del></del>
	□ USDA Team Nutrition			
	2 □ 5-A-Day			
	<ul><li>3 □ Nutrition Curriculum</li><li>4 □ Food Play</li></ul>		Does your school have a nutrition or health advis council that addresses issues and concerns relat nutritional or physical activity?	
	5 American Heart Association		1 □ Yes	
	6 ☐ American Cancer Society		0 □ No → Go to Q.34	
	<sup>7</sup> □ Cooperative Extension Service			
	8 ☐ Other (Specify)	33c.	Who are the members of this council?	
	- <u></u>		MARK ALL THAT APPLY	
	$_{0}$ $\square$ None of the above		1  Students	
	d □ Don't know		₂ ☐ Parents	
			₃ □ Teachers	
32.	At what grade levels do your students study nutrition?		4 □ Administrators	
	1 □ Every grade			
	2 ☐ Some grades		6 ☐ School health staff	
	o □ Not at all		☐ Community organization representatives	
	d Don't know		8 Other (Specify)	
	d DOIT KNOW			
32a.	Is there a specific focus for nutrition education during this academic year?		Whether or not your school offers breakfast, do y agree or disagree with the following statements?	ou
	₁ □ Yes	MARK	ONE ANSWER FOR EACH  Yes	No
	$_{0}$ $\square$ No $\rightarrow$ Go to Q.33		ng school breakfast leads to more nts having an adequate breakfast 1	0 🗆
32b.	What is the focus this year?		ng school breakfast interferes with start	o 🗆
			ng school breakfast leads to better nt attention levels 1	o 🗆
			ng school breakfast helps students to rm better academically 1	o 🗆
			ng school breakfast reduces discipline ems 1	o 🗆
33.	Does your school have a wellness policy that addresses student nutrition and physical activity?		nchool breakfast program serves all nts who need it in this school	o 🗆
	1 ☐ Yes, school policy			
	2 ☐ Yes, district policy		Please use the back of this page to record any	
	₃ ☐ Yes, state policy		recommendations you might have for improving t school lunch and breakfast programs.	he
	0 □ No → Go to Q.33b		concortation and broadlast programs.	

COMMENTS:	
	<del></del>
	Thank you for taking the time to complete this survey.  We greatly appreciate your assistance.
	We greatly appreciate your assistance.
Thank you for completing completed form in the busing form to:	this form. Please keep a copy of the completed form for your records. Please return the less reply envelope provided. If you no longer have the envelope, please mail this completed
	Mathematica Policy Research Inc
	Mathematica Policy Research, Inc. Attn: Receipt Control – SNDA III Project 6096
	P.O. Box 2393
	Princeton, NJ 08543-2393

# SCHOOL NUTRITION DIETARY ASSESSMENT STUDY Other On-Campus Food Sources Checklist

 School Name:
 School MPR ID:

	Food Source		Lo	cation of Alterna	ative Food Sou	rce
		Number in school or on school grounds	In food service area	Adjacent to food service area (within 20 feet)	Elsewhere in school building	Outside of school building
a.	School Store (NOTE: Sells items but does not prepare food.)	₀ □ None	1 🗆	2 🗆	3 🗆	4 🗆
b.	Snack Bar Outside Food Service Area (NOTE: Include only snack bars that prepare some food to order.)	₀ □ None		2 🗆	з 🗆	4 🗆
c.	Food Cart Outside Food Service Area	₀ □ None		2 🗆	з 🗆	4 🔲
d.	Other (Specify)	₀ □ None	1 🗆	2 🗆	3 🗆	4 🗆

Not

**Available** 

to Students

n.a.

n.a.  $\square$ 

n.a. 🗌

n.a.  $\square$ 

**Before** 

**Bkfst** 

1 🔲

1 🗌

1 🔲

1 🗌

During

**Bkfst** 

2 🗌

2 🗌

2 🗌

2 🗌

**Food Source** 

b. Snack Bar Outside Food Service Area

Food Cart Outside Food Service Area

some food to order.)

(NOTE: Sells items but does not prepare food.)

(NOTE: Include only snack bars that prepare

a. School Store

d. Other (Specify)

Interviewer ID #:\_\_\_\_\_

Data

After

Lunch

and

**Before** 

Classes

End

6 🗌

6 🗌

6 🗌

6 🗆

After

Last

Class

7 🗌

7 🗌

7 🔲

7 🗌

Hours of Operation (CHECK ALL THAT APPLY)

After

Classes

Start

and

**Before** 

Lunch

4 🗌

4 🔲

4 🔲

4 🗌

During

Lunch

5 🗌

5 🗌

5 🔲

5 🗌

After

**Bkfst** 

and

**Before** 

Classes

Start

з 🗌

з 🗌

з 🗌

з 🗌

**Instructions**: 3. Place a check mark in the box corresponding to each food and/or beverage item sold at each source.

	Availability of Food Item in Other Food Sources (PLEASE CHECK ITEMS AVAILABLE FROM EACH SOURCE)				
Food Items	School Store	Snack Bar	Food Cart	Other (Specify)	
A. Beverages					
Carbonated Sweetened Soft Drink	1 🗆	1 🗆	1 🗆	1 🗆	
Carbonated Diet Soft Drink	2 🗆	2 🗆	2 🗆	2 🗆	
Juice (100% Juice)	3 🗆	3 □	з 🗆	з 🗆	
Juice Drinks (Cranberry Drink, Fruit Blends, Hi-C, Lemonade, Punch)	4 🗆	4 🗆	4 🗆	4 🗆	
Water (Spring Water, Flavored Water, Sparkling Water, Mineral Water, Seltzer Water)	5 🗆	5 🗆	5 🗆	5 🗆	
Water (Water with Juice)	6 🗆	6 🗆	6 🗆	6 🗆	
Coffee	7 🗆	7 🗆	7 🗆	7 🗆	
Tea	8 🗆	8 🗆	8 🗆	8 🗆	
Hot Chocolate	9 🔲	9 🗆	9 🔲	9 🗆	
Yogurt Drinks	10 🗆	10 🗆	10 🗆	10 🗆	
Energy and Sports Drinks (Gatorade, Powerade, Red Bull)	11 🗆	11 🗆	11 🗆	11 🗆	
Other Beverage (Specify)	12 🗆	12 🗆	12 🗆	12 🗆	
B. Dairy					
Whole Milk	13 🗆	13 🗆	13 🗆	13 🗆	
Reduced Fat (2%) White Milk	14 🗌	14 🔲	14 🗆	14 🗆	
Low Fat (1%) White Milk	15 🗆	15 🗆	15 🗆	15 🗆	
Fat-Free Milk	16	16 🗆	16	16 🗆	
Flavored Milk	17 🗆	17 🗆	17 🗆	17 🗆	
Yogurt	18 🗆	18 🗆	18 🗆	18 🗆	
Cheese	19	19 🗆	19 🔲	19 🗆	
C. Baked Goods - Dessert					
Cake-Type (Brownies, Cupcakes, Twinkies)	20 🗆	20 🗆	20 🗆	20 🗆	
Cake-Type (Low-Fat/Reduced-Fat Brownies, Cupcakes, Twinkies)	21 🗆	21 🗆	21 🗆	21 🗆	
Cookies	22 🗌	22 🗆	22 🗆	22 🗌	
Cookies (Low-Fat/Reduced-Fat)	23 🗆	23 🗆	23 🗆	23 🗆	
Pastries (Pies, Turnovers)	24 🗌	24 🗌	24 🔲	24 🔲	
Other (Specify)	25 🗌	25 🗌	25 🗆	25 🗆	
D. Bread Or Grain Products					
Regular Bread (Bread, Rolls, Bagels)	26 🗌	26 🗆	26 🗆	26 🗆	
Other Bread (Biscuits, Croissants, Hot Pretzels)	27 🗌	27 🗆	27 🗌	27 🗆	
Muffins	28 🗌	28 🗆	28 🗆	28 🗆	
Muffins (Low-Fat/Reduced-Fat)	29 🗌	29 🗆	29 🗆	29 🗆	
Granola Bars	30 🗆	30 🗆	30 🗆	30 🗆	
Granola Bars (Low-Fat/Reduced-Fat)	31 🗌	31 🗌	31 🗌	31 🗌	
Pretzels	32 🗌	32 🗆	32 🗆	32 🗆	
Crackers/Cracker Sandwiches: Peanut Butter	33 🗌	33 🗌	33 🗌	33 🗆	
Crackers/Cracker Sandwiches: Cheese	34 🔲	34 🔲	34 🗌	34 🗆	
Cereal/Cereal Bars	35 🗌	35 🗆	35 🗌	35 🗆	
Other (Specify)	36 🗌	36 🗆	36	36 🗆	

	Availability of Food Item in Other Food Sources (PLEASE CHECK ITEMS AVAILABLE FROM EACH SOURCE)					
Food Items	School Store	Snack Bar	Food Cart	Other (Specify)		
E. Frozen Desserts						
Frozen Non-Dairy (Fruit Bars, Jello Pops, Popsicles)	37 🗌	37 🗆	37 🗌	37 🗆		
Ice Cream (Bars, Cups, Fudgesicles, Sundaes)	38 🗆	38 🗆	38 🗆	38 🗆		
Low-Fat Frozen Desserts (Frozen Yogurt, Ice Milk, Sherbet)	39 🗆	39 🗌	39	39 🗆		
Milkshakes/Smoothies	40 🗆	40 🗌	40 🗌	40 🗆		
F. Fruit And Vegetables	_	_		_		
Canned, Cooked Fruit	41 🔲	41 🔲	41 🔲	41 🔲		
Fresh Fruit	42 🗆	42 🗌	42 🗆	42 🗆		
Fruit Salad	43 🗆	43 🗆	43 🗆	43 🗆		
(☐ Fresh/☐ Canned)						
Dried Fruit	44 🗆	44 🗌	44 🗆	44 🗆		
Vegetables, Side Salad	45 🗌 46 🔲	45 46	45 46	45 46		
Other Fresh Vegetables	46 □	46 ∟	46 □	46 ∟		
G. Snacks Chips (Corp Pototo Buffod Choose Tortille)	47 🗆	47 🗆	47 🗆	47 🗆		
Chips (Corn, Potato, Puffed Cheese, Tortilla) Chips (Lower-Fat/Reduced-Fat Corn, Potato,		47 🗀				
Puffed Cheese, Tortilla)	48 🗆	48 🗌	48 🗌	48 🗆		
Nuts And Seeds (Almonds, Peanuts, Sunflower Seeds, Trail Mix)	49 🗆	49 🗆	49 🗆	49 🗆		
Fruit Roll-Up	50 🗆	50 🗆	50 📙	50 📙		
Popcorn Mark Caracles (Jarley Barle Biada)	51 🗆	51 🗆	51 🔲	51 🗆		
Meat Snacks (Jerky, Pork Rinds)	52 🗆	52	52 🗆	52 🗆		
Candy With Chocolate	53 🗆 54 🗆	53 🗌 54 🔲	53 🗌 54 🔲	53 □ 54 □		
Candy Without Chocolate Energy Bars (Balance Bars, Luna Bars, Power	54 🗀	54 🗀	54 🗀	54 ∐		
Bars)	55 🗆	55 🗆	55 🗆	55 🗆		
Other (Specify)	56 🗆	56	56	56 🗆		
H. Prepared / Pre-Prepared Entrees And Food						
Hot Dogs Hamburgers or Cheeseburgers	57 🗆 58 🗆	57 □ 58 □	57 □ 58 □	57 🗆 58 🗆		
	59 🗆	58 L 59 D	59 🗆	59 🗆		
Veggie Burgers Grilled Sandwiches	60 🗆	60 🗆	60 🗆	60 🗆		
Cold Sandwiches	61 🗆	61 🗆	61 🗆	61 🗆		
Burritos	62 🗆	62 🗆	62 🗆	62 🗆		
Taco	63 🗆	63 🗆	63 🗆	63 🗆		
Meal-Size Salad	64 🗆	64 🗆	64 🗆	64 🗆		
Pizza	65 🗆	65 🗆	65 🗆	65 🗆		
Pasta	66 🗆	66	66	66 🗆		
French Fries	67 🗆	67 🗆	67 🗆	67 🗆		
Onion Rings	68 🗆	68 🗆	68 🗆	68 🗆		
Mozzarella Sticks	69 🗆	69 🗌	69 🗆	69 🗆		
Other (Specify)	70 🗆	70 🗆	70 🗆	70 🗆		

	Availability of Food Item in Other Food Sources (PLEASE CHECK ITEMS AVAILABLE FROM EACH SOURCE)						
Food Items	School Store	Snack Bar	Food Cart	Other (Specify)			
I. Other (Specify)	71 🗌	71 🗌	71 🗌	71 🗌			
	72 🗌	72 🗌	72 🗌	72 🗆			
	73 🗌	73 🗌	73 🗆	73 🗆			
	74 🗌	74 🗌	74 🗌	74 🗌			
	75 🗌	75 🗌	75 🗌	75 🗌			
	76 🗌	76 🗆	76 🗆	76 🗆			
	77 🗆	77 🗌	77 🗌	77 🗆			
	78	78 🗆	78 🗆	78 🗆			

# SCHOOL NUTRITION DIETARY ASSESSMENT STUDY Vending Machine Checklist

Sc	hool Name:	Scho	ol MPR ID:		
	erviewer ID #:				
Da	te:				
Ins	tructions: 1. Please record the number of each machines.	n type of vendin	g machine avail	able to students	by location of
			Location of Ven	ding Machines	
		<b>(</b> P	LEASE RECORD NU	MBER OF MACHINE	ES)
	Type of Vending Machine	In food service area	Adjacent to food service area (within 20 feet)	Elsewhere in school building	Outside of school building
a.	Milk only	_		<u>  _</u>	<u> </u>
b.	Water only	_	<u>  _</u>	<u>  _</u>	_
C.	Milk with juice/water (no soft drinks)				
d.	Water with juice (no soft drinks)				
e.	Non-carbonated soft drinks with or without water/milk	<u> </u>	<u>  _</u>	<u> _ </u>	
f.	Snacks/candy/cookies	_	<u>  _</u>	<u>  _</u>	
g.	Entrees, non-refrigerated	_	<u>  </u>	<u>   </u>	<u>  </u>
h.	Frozen foods	_	<u>  _</u>	_	<u>  </u>
i.	Combination (Specify)		<u> _ _</u>	<u>  _</u>	
j.	Combination (Specify)	<u> </u>	<u>  _</u>	<u>  _</u>	
k.	Combination (Specify)	_ _		<u> _ _</u>	
I.	Combination (Specify)	<u> </u>	III	I <u></u>	III
m.	Combination (Specify)		<u> </u>	<u> </u>	
n.	Other (Specify)	<u> </u>	<u> </u>		III
0.	Other (Specify)				_

|\_\_|\_|

p. Other (Specify)

**Instructions**: 2. Place a check mark in the box corresponding to each food and/or beverage item sold in vending machines by location of machines.

	Availability of Food Item in Vending Machines (PLEASE CHECK ALL THAT APPLY)					
Food Items	In food service area	Adjacent to food service area (within 20 feet)	Elsewhere in school building	Outside of school building		
A. Beverages						
Carbonated Sweetened Soft Drink	1 🗆	1 🗆	1 🗆	1 🗆		
Carbonated Diet Soft Drink	2 🗆	2 🗆	2 🗆	2 🗆		
Juice (100% Juice)	3 🗆	3 🗆	3 🗆	з 🗆		
Juice Drinks (Cranberry Drink, Fruit Blends, Hi-C, Lemonade, Punch)	4 🗆	4 🗆	4 🗆	4 🗆		
Water (Spring Water, Flavored Water, Sparkling Water, Mineral Water, Seltzer Water)	5 🗆	5 🗆	5 🗆	5 🗆		
Water (Water with Juice)	6 🗆	6 🗆	6 🗆	6 🗆		
Coffee	7 🗆	7 🗆	7 🗆	7 🗆		
Tea	8 🗆	8 🗆	8 🗆	8 🗆		
Hot Chocolate	9 🗆	9 🗌	9 🗌	9 🔲		
Yogurt Drinks	10 🗆	10 🗆	10 🗆	10 🗆		
Energy and Sports Drinks (Gatorade, Powerade, Red Bull)	11 🗆	11 🗆	11 🗆	11 🗆		
Other Beverage (Specify)	12 🗌	12 🗆	12 🔲	12 🗌		
B. Dairy						
Whole Milk	13 🗌	13 🗆	13 🔲	13 🗌		
Reduced Fat (2%) White Milk	14 🔲	14 🔲	14 🔲	14 🗌		
Low Fat (1%) White Milk	15 🗌	15 🗌	15 🗌	15 🗌		
Fat-Free Milk	16 🗌	16 🗆	16 🗌	16 🗌		
Flavored Milk	17 🗌	17 🗌	17 🗌	17 🗌		
Yogurt	18 🗆	18 🗆	18 🔲	18 🗌		
Cheese	19 🗆	19 🗆	19 🔲	19 🗌		
C. Baked Goods - Dessert						
Cake-Type (Brownies, Cupcakes, Twinkies)	20 🗆	20 🗆	20 🗌	20 🗆		
Cake-Type (Low-Fat/Reduced-Fat Brownies, Cupcakes, Twinkies)	21 🗌	21 🗆	21 🗌	21 🗆		
Cookies	22 🗌	22 🗆	22 🗌	22 🗌		
Cookies (Low-Fat/Reduced-Fat)	23 🔲	23 🗌	23 🔲	23 🗌		
Pastries (Pies, Turnovers)	24 🔲	24 🗌	24 🔲	24 🗌		
Other (Specify)	25 🗌	25 🗌	25 🗌	25 🗌		
D. Bread Or Grain Products						
Regular Bread (Bread, Rolls, Bagels)	26 🗆	26 🗆	26 🗌	26 🗌		
Other Bread (Biscuits, Croissants, Hot Pretzels)	27 🗌	27 🗌	27 🗌	27 🗌		
Muffins	28 🗆	28 🗆	28 🗌	28 🗆		
Muffins (Low-Fat/Reduced-Fat)	29 🗌	29 🗌	29 🗌	29 🗌		
Granola Bars	30 🔲	30 🗆	30 🔲	30 🗆		
Granola Bars (Low-Fat/Reduced-Fat)	31 🔲	31 🔲	31 🔲	31 🔲		
Pretzels	32 🔲	32 🔲	32 🔲	32 🔲		
Crackers/Cracker Sandwiches: □Peanut Butter	33 🗆	33 🔲	33 🔲	33 🔲		
□Cheese	34 🔲	34 🗆	34 🗆	34 🗆		
Cereal/Cereal Bars	35 🗆	35 🗆	35 🗆	35 🗌		
Other (Specify)	36	36 🗆	36	36		

	Availability of Food Item in Vending Machines					
		(PLEASE CHECK	ALL THAT APPLY)			
Food Items	In food service area	Adjacent to food service area (within 20 feet)	Elsewhere in school building	Outside of school building		
E. Frozen Desserts						
Frozen Non-Dairy (Fruit Bars, Jello Pops, Popsicles)	37 🗆	37 🗆	37 🗆	37 🗆		
Ice Cream (Bars, Cups, Fudgesicles, Sundaes)	38 🗆	38 🗆	38 🗆	38 🗆		
Low-Fat Frozen Desserts (Frozen Yogurt, Ice Milk, Sherbet)	39 🗌	39 🗌	39 🗆	39 🗌		
Milkshakes/Smoothies	40 🗆	40 🗆	40 🗌	40 🗌		
F. Fruit And Vegetables						
Canned, Cooked Fruit	41 🗌	41 🗆	41 🗌	41 🗌		
Fresh Fruit	42 🗌	42 🗌	42 🗌	42 🗌		
Fruit Salad	43 🗆	43 🗆	43 🗆	43 🗆		
(□ Fresh/□ Canned)		<b>4</b> 2 🗆				
Dried Fruit	44 🔲	44 🔲	44 🔲	44 🔲		
Vegetables, Side Salad	45 🔲	45 🔲	45 🔲	45 🔲		
Other Fresh Vegetables	46 🗆	46 🗆	46 🗆	46 🗌		
G. Snacks	_		_			
Chips (Corn, Potato, Puffed Cheese, Tortilla)	47 🗌	47 🗌	47 🗌	47 🗌		
Chips (Lower-Fat/Reduced-Fat Corn, Potato, Puffed Cheese, Tortilla)	48 🗌	48 🗆	48 🗆	48 🗆		
Nuts And Seeds (Almonds, Peanuts, Sunflower Seeds, Trail Mix)	49 🗌	49 🗆	49 🗆	49 🗌		
Fruit Roll-Up	50 🗆	50 🗌	50 🗆	50 🗌		
Popcorn	51 🗆	51 🗌	51 🗌	51 🔲		
Meat Snacks (Jerky, Pork Rinds)	52 🗆	52 🗌	52 🗌	52 🗆		
Candy With Chocolate	53 🗌	53 🗌	53 🗌	53 🗌		
Candy Without Chocolate	54 🗌	54 🗌	54 🗌	54 🗌		
Energy Bars (Balance Bars, Luna Bars, Power Bars)	55 🗌	55 🗌	55 🗆	55 🗆		
Other (Specify)	56 🗌	56 🗆	56	56 🗌		
H. Other (Specify)	57	57 🗌	57	57 🗌		
(-),	58 🗆	58 🗆	58 🗆	58 🗆		
	59 🗆	59 🗆	59 🗌	59 🔲		
	60 🗆	60 🗆	60 🗆	60 🗆		
	61 🔲	61 🗆	61 🗆	61 🗆		
	62 🗆	62 🗆	62 🗆	62 🗆		
	63 🗆	63 🗆	63 🗆	63 🗆		
	64 🗆	64 🗆	64 🗆	64 🗆		

# A la Carte Foods Checklist

SCHOOL NAME:	
SCHOOL ID #:   _    MEALS:   BREAKFAST	LUNCH
INTERVIEWER MPR ID #:   _ _ _	

#### **INSTRUCTIONS**

- 1. Complete this form for breakfast and lunch on the day of your initial visit to each school.
- Place a check in the box next to each food your cafeteria sold on an a la carte basis or given to students at no cost (free)—at breakfast and/or at lunch. If the school sometimes sells a food a la carte, but did not sell it on that day, do not check the box. DO NOT INCLUDE VENDING MACHINES.
- 3. If the cafeteria offered a la carte food or beverages that are not included in the list; please write in the names of these foods and beverages on the last page of the checklist.

#### A LA CARTE FOODS CHECKLIST

			IF FOO	(☑) BOX DD WAS ERED CARTE				IF FOO	(☑) BOX D WAS ERED CARTE
A.	Bev	/erages	<b>Bkfst</b>	Lunch	D.	Ca	ndy	Bkfst	Lunch
	1.	Milk	1 🗆	1 🔲		1.	With chocolate	26 🗆	26 🗌
	2a.	Carbonated sweetened				2.	Without chocolate	27 🗌	27 🗌
		soft drinks	2 🗌	2 🗌	E.		ozen Desserts		
	2b.	Carbonated diet soft			L.				
		drinks	з 🗌	з 🗆		1.	Frozen non-dairy (Frozen	28 🗌	28 🗌
	3.	Coffee	4 🗆	4 🔲		_	fruit bar, Jello Pop, Popsicle)		
	4.	Hot chocolate	5 🗆	5 🗆		2.	Ice cream (Bars,		
	ъ. 5а.	Juice (100% juice)	6 🗆	6 🗆			Fudgesicles, Scoop,	29 🗌	29 🗌
	5b.	Juice (50% juice)	7 🗆	7 🗆		_	sundaes)		
	5c.	Juice drinks (less than	, _	<i>,</i> ¬		3.	Low-fat frozen desserts	_	_
	50.						(Frozen yogurt, ice milk,	30 🗆	30 🗆
		50% juice)	8 🗆	. $\square$			sherbet)		
		(Cranberry drink, fruit	8 🗀	8 🗆		4.	Milkshakes/smoothies	31 🗌	31 🗌
		blends, Hi-C, lemonade,			F.	Fru	ıit		
	_	punch)				1.	Canned, cooked fruit	32 🗆	32 🗆
	6a.	Water (Spring water,				2.	Fresh fruit	33 🗆	33 🗌
		flavored water, mineral	9 🗌	9 🗌		3.	Fruit salad	34 🗆	34 🗆
		water, seltzer water)				4.	Dried fruit	35 🗌	35 🗌
	6b.	Water (water with juices,			•			33 Ш	33 🗀
		sparkling water with	10 🗌	10 🗌	G.		et and Meat Alternate/		
		juice)				En	trees		
	7.	Tea	11 🗌	11 🗌		_	_		
	8.	Yogurt drinks	12 🗌	12 🗌		Bee			
	9.	Energy and sports drinks					Hamburger or cheeseburger	36 🗌	36 🗌
		(Gatorade, Powerade,	13 🗌	13 🔲			Chili or burrito	37 🔲	37 🔲
		Red Bull)				3.	Other beef	38 🗌	38 🗌
В.	Bak	ced Goods—Desserts				Do	4 w .		
		Cake-type					Ultry Chicken potty (breeded)	□	
	ıa.	(Cupcakes, brownies,	14 🗌	14 🗌		4.	Chicken patty (breaded)	39 🗌	39 🗌
		Twinkies)	14 🗀	14 🗀		5.	Chicken (other)	40 🗌	40 🗆
	1h	Cake-type—lower				6.	Turkey	41 🗌	41 🗌
	ID.	fat/reduced fat	15 🗌	15 🗌		Oth	ner Meat		
	20	Cookies	16 🗆	16 🗆		7.	Hot dog (Corn dog, franks		
			16 🗀	16 🗀		٠.	and beans)	42 🗌	42 🗌
	2b.	Cookies—lower	17 🗌	17 🔲		8.	Cold cuts (Bologna, salami,		
	2	fat/reduced fat				0.	and similar cuts)	43 🗌	43 🗌
	3.	Pastries	18 🗌	18 🗌		0	Sausage or pork	44 🗌	44 🗆
		(Pies, turnovers)				9.	Sausage of pork	44 🗀	44 🗀
	4a.	Other baked goods—	19 🗌	19 🗌		Me	at Alternate		
		desserts					Cheese sandwich	45 🗌	45 🗌
	4b.	Other bakes good—				_	Other cheese	46 🗌	46 🗆
		desserts—lower	20 🗌	20 🗌			Beans or peas (Chick peas,		
		fat/reduced fat				12.	garbanzo beans, kidney	47 🗌	47 🗌
C.	Bre	ead or Grain Products					beans, refried beans)	47 🗀	4/ 🗀
	1.	Regular bread				12	Eggs (Hard cooked, egg		
		(Bread, roll, bagel)	21 🗌	21 🗌		13.	salad, scrambled, fried)	48 🗌	48 🗌
	2.	Other bread				11	Fish	49 🗌	49 🗌
		(Biscuits, croissants, hot	22 🗆	22 🗌				49 🗀	49 ∟
		pretzels)				15.	Nuts and seeds (Peanuts,	D	D
	3.	Muffins	23 🗌	23 🗌			peanut butter, sunflower	50 🗆	50 🗆
	4.	Tortilla	24 🗌	24 🗌		40	seeds, other nuts)		
	5.	Other grain products	L	۲ ∟		16.	"Lower fat" entrées (Specify)		
	٥.	(Crackers, granola bar,	25 🗆	25 🗌				51 🗌	51 🗌
		pretzels)	20 🗀	20 LJ					
		ρισι <u>ζοι</u> σ <i>)</i>						52 🗌	52 🗌
									_
								53 🗌	53 🗌

# A LA CARTE FOODS CHECKLIST (CONTINUED)

	Mix	ed Dishes	IF FOO OFFE	(☑) BOX D WAS ERED CARTE Lunch	not che	ase list any food or beverage that is listed in sections A-J of this ecklist and that the cafeteria offered a carte on the specified day.	IF FOO	(☑) BOX DD WAS ERED CARTE
		Chef salad	54 🗌	54 🗌		Other A la Carte Items (Specify)	Bkfst	Lunch
		Lasagna Macaroni and cheese	55 🗆	55 🗌 56 🔲		· · · · · · · · · · · · · · · · · · ·	78 🗆	78 🗆
		. Pizza (No meat)	56 □ 57 □	56 L 57			79 🗆	79 🗌
		. Pizza (With meat)	58 🗆	58 🗆			-	
	21.	Spaghetti	59 🗌	59 🗌			80 🗆	80 🗆
	22.	Soup with meat or beans (Bean, chicken, clam	60 🗆	60 🗆			81 🗆	81 🗆
		chowder, minestrone)					82 🗌	82 🗌
	23. 24.	Mexican food (Other) Chinese food	61 ∐ 62 □	61 🔲 62 🔲			83 🗌	83 🗌
	25.	Other (Specify)	62 🗀	62 🗀			84 🗌	84 🗌
			63 🗌	63 🗌			85 🗌	85 🗌
			64 🗌	64 🗌			86 🗆	86 🗌
			65 🗌	65 🗌			87 🗆	87 🗌
Н.	Vec	getables					88 🗆	88 🗆
• • •	1.	Fried potatoes					89 🗌	89 🗌
		(Including pre-fried, oven	66 🗆	66 🗆			90 🗌	90 🗌
		baked, french fries, Tater Tots)	00 🗀	00 Ш			91 🗌	91 🗌
	2.	Salad					92 🗌	92 🗌
		(Tossed salad, potato salad, three bean salad, raw	67 🗆	67 🗆			93 🗆	93 🗌
	20	vegetables)		68 🗆			94 🗌	94 🗌
	3b.	Vegetable (Other cooked) Vegetable (soup)	68 🔲 69 🔲	68 LJ 69 D			95 🗌	95 🗌
_	_	_					96 🗌	96 🗌
I.		China					97 🗌	97 🗌
	1.	Chips (Corn, potato, puffed cheese, tortilla)	70 🗆	70 🗆			98 🗆	98 🗌
	2.	Nuts and seeds					99 🗌	99 🗌
		(Almonds, peanuts,	71 🗌	71 🗌			100 🗆	100 🗆
		pistachios, sunflower seeds, trail mix)					101 🗌	101 🗌
	3.	Popcorn	72 🗌	72 🗌			102 🗆	102 🗌
	4.	Fruit snacks (roll-ups, shapes)	73 🗌	73 🗌			103 🗆	103 🗆
	5.	Meat snacks (jerkey, pork rinds)	74 🗌	74 🗌			104 🗌	104 🗌
	6.	Energy bars (Power bar,	75 🗌	75 🗌			105 🗌	105 🗌
	7.	Balance bar, Luna bar) Other snacks	76 🗆	76 🗌			106 🗆	106
	۲.	Other shacks	<i>7</i> 6 ∟	70 LJ			107 🗌	107 🗌
J.	-	gurt					108 🗆	108 🗌
	1.	Yogurt	77 🗌	77 🗌			109 🗆	109 🗌

# DESCRIPTION OF CHILD DIETARY RECALL AND CHILD INTERVIEW INSTRUMENTATION

The instrumentation for interviewing children consists of two parts. The dietary recall is a CATI program designed to obtain information on all of the foods and beverages eaten by a child over a 24-hour period. The formats of this recall interview are relatively complicated, incorporating extensive skip logic to collect data on thousands of possible foods.

The Child Interview, the second part of the instrumentation covered in this appendix, is also administered in CATI but has a more traditional format reflecting the fact that most of the questions have listable and fairly short sets of possible responses.

Because of its complexity no full hard copy representation of the dietary recall instrumentation exists. The first part of this appendix describes this part of the instrumentation. The second part then reproduces a hard copy version of the more structured of the two sets of instrumentation, the Child Interview questions.

# DESCRIPTION OF THE AMPM CATI PROGRAM FOR OBTAINING 24-HOUR DIETARY RECALL INFORMATION

The dietary recall uses a computerized method for collecting interviewer-administered 24-hour dietary recalls either in person or by telephone. This set of programs, called AMPM for "Automated Multiple-Pass Method, is a thoroughly tested set of software which was developed by the USDA Agriculture Research Service and which has been in used by various organizations since 2002. It has been approved by OMB for use in the ongoing National Nutrition and Health Examination Survey (NHANES), which is conducted jointly by USDA and HHS on an ongoing basis. It has been used with more than 5000 NHANES interviews.

AMPM, which was designed for research applications, draws on an extensive literature on the use of 24-hour intakes, which dates back at least 40 years. It uses five steps (passes) to collect data which are as accurate as possible. These steps are the following:

- Collect a list of foods and beverages consumed by the previous day the (Quick List)
- Probe for foods forgotten during the Quick List
- Collect time and eating occasion for each food
- For each food, collect detailed description, amount, and additions. Review 24-hour day.
- Final probe for anything else consumed

#### **Key Features of the Program<sup>1</sup>**

The AMPM collects data on all foods and beverages consumed in a 24-hour period. Information captured by AMPM includes:

- For each food
  - Description of food
  - Additions to the food (for example, milk on cereal or cream in coffee)
  - Combination code that identifies foods eaten together (such as milk added to cereal)
  - Amount of food consumed
  - Time eaten
  - Name of eating occasion
  - Where obtained
  - Whether eaten at home
- Water consumption bottled and tap water
- Use of salt in preparing foods and at the table
- Whether the amount of food consumed on the recall day was much more than usual, usual, or much less than usual
- Whether the respondent currently on a diet to lose weight or some other healthrelated reason

<sup>1</sup> Additional details of the software and its applications are available in the following: Bliss, R.M. (2004). Researchers produce innovation in dietary recall. Agric Res 52(6): 10-12. Paper N. Perloff B, Ingwersen L. Steinfeldt L, and Anand J. (2004). An overview of USDA's Dietary Intake Data System. J Food Compos Anal 17(3-4): 545-55. McBride J (2001). Was it a slab, a slice, or sliver: High tech innovations take survey to new level. Agric Res 49(3):4-7.

AMPM employs research-based strategies to enhance dietary recalls. First, it is respondent-driven approach allowing the initial recall to be self-defined. Second, it builds on associations with the day's events, as well as probing for forgotten foods. The necessary repetition is accomplished with minimal burden, and at the end it reviews the 24-hour day and places foods with eating occasions.

The dietary recalls can be administered in person or by telephone. Extensive automated capabilities include:

- Tailored questions and response options specific for each food;
- Routing of questions based on previous responses;
- Food lookup tables reflecting today's food market;
- Ability to add, change, or delete foods anytime during the interview;
- Automated edit checks performed during data entry;
- Notepad features for interviewer comments

The overall data collection package includes companion computer systems for auto-coding, manual coding, and quality control. Food and nutrient databases are used to allow thorough nutrient analysis of the data.

#### CHILD INTERVIEW

Following is a hard copy representation of the Child Interview.

ID#:   <u>           </u>
SFA:
City and State:

OMB Clearance Number: xxxx-xxxx Expiration Date: xx/xx/xxxx





# Child/Youth Interview

Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

Time Burden for this collection of information is estimated to average 40-50 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, DC 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, DC 20503.

		DATE OF INTERVIEW:
SCHOOL ID:		_ /  /   Month Day Year DAY OF WEEK:
CHILD'S	NAME:	Mon. Tues. Wed. Thurs. Fri. Sat. DATE OF BIRTH:
* CHILD	ID #:   <u>               </u>	_ / _   /
GRADE:		MALE
		SCHOOL BREAKFAST SERVED?
* NOTE: CHILD ID# INDICATES IF RESPONDENT IS A CHILD (6-11) OR A YOUTH		YES 1
(12-18).		NO0
COMPLETE AM/PM FIRST.		
	going to ask you some more questions bout the meals served at school.	about what you eat and about what you like and
1.	Let me start by asking what grade you	are in?
	_  RECORD GRADE	
	DON'T KNOWREFUSED	
2.	In general, do you usually eat breakfas school or somewhere else.	t? That is breakfast anywhere, at home or at
	YES	1
	NO	
	SOMETIMES	
	DON'T KNOW REFUSED	
	KELO9ED	I

#### GO TO Q.13 IF SCHOOL DOES NOT SERVE BREAKFAST

	Do you ever eat a school breakfast? By school breakfast we mean a complete breakfast provided by your school, not something from home.		
	YES1 → GO TO Q.6	6	
	NO0		
	DON'T KNOWd		
	REFUSEDr		
Can	n children get a school breakfast at your school?		
	YES1		
	NO0 ¬		
	DON'T KNOWd → GO TO	Q.13	
	REFUSEDr —		
	oy don't you eat a school breakfast? RECORD VERBATIM RESPONSE OBE FOR ADDITIONAL REASONS. RECORD REASONS IN ORDER		
1			
2			
2			

6.	What is the number one reason you eat school breakfa	ists?
	PRICES ARE GOOD	1
	FOOD IS GOOD	2 → GO TO Q.9
	EASY/CONVENIENT TO GET	3
	TEACHERS ENCOURAGE ME	4
	CAFETERIA WORKERS ENCOURAGE ME	5
	PARENTS MAKE ME	6
	FRIENDS EAT THERE	7
	POPULAR KIDS EAT THERE	8
	NO OTHER CHOICE	9
	I AM HUNGRY	10
	DON'T KNOW	d
	REFUSED	r
7.	What do you think about school breakfast? Do you .  SMILEY FACES FOR CHILDREN IN GRADE 1-3 WI CATEGORIES.)	
	like it,	1 ¬
SHOW	think it is only okay, or	
CARD #1	don't like it?	
	DON'T KNOW	d ¬ ,
	REFUSED	r→ GO TO Q.9
8.	Why don't you like school breakfasts? RECORD VEI	RBATIM
	DON'T KNOW	
	DON I KINOW	a
	REFUSED	

9. Is there enough time to eat the school breakfast before classes begin?	
	YES
10.	Do you think school breakfast is served is too early in the day, too late, or is the time it is served okay?
	TOO EARLY
ASK C	s.11a AND 11b IF IN GRADES 1-3; 4TH GRADERS AND OLDER GO TO Q.11c
11a.	Do you usually eat a school breakfast three or more times a week?
	YES
11b.	Do you usually eat a school breakfast at least once a week?
	YES

11c. How many days a week do you usually eat a school breakfast?	
	NONE, DON'T USUALLY EAT SCHOOL BREAKFAST0 → GO TO Q.12a
	ONE1
	TWO2
	THREE3
	FOUR4
	FIVE5
	DON'T KNOWd
	REFUSEDr
12.	Where do you usually eat school breakfast?
	CAFETERIA1
	CLASSROOM2 → <b>GO TO Q.13</b>
	GYMNASIUM3
	OUTDOORS4
	OTHER (SPECIFY)5
	DON'T KNOWd
	REFUSEDr
ASK C	2.12a IF Q.11c = 1, 2, OR 3 OR RESPONDENT = CHILD, OTHERWISE GO TO Q.13
12a.	Would you eat breakfast at school (more often) if it was served in your classroom?
	YES1
	NO0
	ALREADY EAT BREAKFAST EVERYDAY2
	DON'T KNOWd
	REFUSEDr

#### **ASK ALL:**

13.	Now I'd like to ask you about lunch.	
	CODE WITHOUT ASKING IF KNOWN. period yet today? DO NOT ASK IF INTE	IF NOT SURE ASK: Did you have your lunch ERVIEWING ON SATURDAY.
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r
		R YOUNG CHILDREN WHO HAD LUNCH DREN WHO DID NOT YET HAVE LUNCH
14.		RD VERBATIM. IF RESPONDENT SAYS IT ESTERDAY. IF CHILD SAYS DON'T KNOW, H.
	:    AM	1
	DON'T KNOW	
	REFUSED	
15.	INTERVIEWER: INDICATE IF CHILD A	ATE SCHOOL LUNCH ON DAY OF RECALL.
	YES	1 → GO TO Q.19
		0 → GO TO Q.16
	UNKNOWN—CHILD INTERV BEFORE LUNCH	IEWED
15a.		ay/yesterday)? By regular school lunch, I soup, a sandwich, or a hot meal—not just milk, lunch you brought from home.
	YES	1→ GO TO Q.19
	NO	0
	DON'T KNOW	d
	REFUSED	r

16.	Where did you get the lunch you ate (today/yesterday)—did you bring it from home, did you get it in school, or did you get it from somewhere else?
	BROUGHT LUNCH FROM HOME1 → GO TO Q.18
	BOUGHT LUNCH IN SCHOOL2 → GO TO Q.20
	LUNCH FROM SOMEWHERE ELSE3
	DIDN'T EAT LUNCH4 —
	DON'T KNOWd → GO TO Q.21
	REFUSEDr
17.	Did you go home for lunch, go off the school grounds for lunch, or did you do something else?
	WENT HOME1
	OFF SCHOOL GROUNDS2
	OTHER (SPECIFY)3
	DON'T KNOWd
	REFUSEDr
18.	Was any of the food you ate at lunch bought in school?
	YES1→ <b>GO TO Q.20</b>
	NO0 —
	DON'T KNOWd → <b>GO TO Q.21</b>
	REFUSEDr
19.	Did you buy any other foods in school to go along with your regular school lunch, such as a drink, ice cream or cookies?
	YES1
	NO0 —
	DON'T KNOW d → <b>GO TO Q.21</b>
	REFUSEDr—

	ere did you buy that food—from a vending machine, a school store, or did you buy ne cafeteria, but not as part of the regular school lunch?
	CODE ALL THAT APPLY
	FROM A VENDING MACHINE1
	FROM A SCHOOL STORE2
	FROM CAFETERIA (A LA CARTE FOOD)3
	OTHER (SPECIFY)4
	REFUSEDr
A C L	
DO	( Q.21 OF THOSE THAT DID NOT EAT SCHOOL LUNCH (Q.15 OR Q.15a NO, N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.
DON TO	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO
TO Why	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN
Why	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
Why PRO	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
Why PRO	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
DON TO ( Why PRC 1 2	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
DON TO ( Why PRC 1 2	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
DON TO ( Why PRC 1 2	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?
DON TO () Why PRO 1 2 3	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?  DON'T KNOW
DON TO () Why PRO 1 2 3	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?  DON'T KNOW
DON TO () Why PRO 1 2 3	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?  DON'T KNOW
DON TO () Why PRO 1 2 3	N'T KNOW, REFUSED). IF GOT SCHOOL LUNCH (Q.15 OR Q.15A YES), GO Q.23.  / didn't you eat the school lunch (today/yesterday)? RECORD IN ORDER GIVEN  DBE: Are there any other reasons?  DON'T KNOW

23.	What is the number one reason you decided to eat the school lunch (today/yesterday)?
	IF MORE THAN ONE REASON, PROBE FOR MAIN REASON.
	CODE ONLY ONE
	HUNGRY1
	IT'S FREE/PRICES ARE GOOD2
	PARENTS WANT ME TOO3
	LIKE THE FOOD (GENERAL)4
	LIKE TODAY'S/YESTERDAY'S MEAL5
	EASY/CONVENIENT TO GET6
	NO ONE AT HOME TO MAKE LUNCH7
	NO TIME TO MAKE LUNCH8
	NO OTHER CHOICE9
	FRIENDS EAT SCHOOL LUNCH10
	POPULAR KIDS EAT SCHOOL LUNCH11
	OTHER (SPECIFY)12
	DON'T KNOWd
	REFUSEDr
	ASK Q.24a IF IN GRADES 1-3; 4TH GRADERS AND OLDER GO TO Q.24c
24a.	Do you usually eat a regular school lunch three or more times a week?
	YES1 → GO TO Q.25
	NO2
	NEVER EAT SCHOOL LUNCH3
	DON'T KNOWd → <b>GO TO Q.26</b>
	REFUSEDr
24b.	Do you usually eat a regular school lunch at least once a week?
	YES1
	NO0
	NEVER EAT SCHOOL LUNCH - VOL2
	DON'T KNOWd
	REFUSEDr

**GO TO Q.25** 

24c.	How many days a week do you usually ear	t a regular school lunch?
	NONE-DON'T USUALLY EAT SCHOOL LUNCH	0
	ONE	1
	TWO	2
	THREE	3
	FOUR	4
	FIVE	5
	DON'T KNOW	d
	REFUSED	r
25.	What do you think about school lunch? Do SMILEY FACES FOR CHILDREN IN GRACATEGORIES.)	you (SHOW HAND CARDS WITH ADE 1-3 WHILE READING ANSWER
	like it,	11
SHOW	think it is only okay, or	→ GO TO Q.27
CARD #1	don't like it?	
	DON'T KNOW	d —
	REFUSED	r → GO TO Q.27
26.	Why don't you (like/eat) school lunches?	RECORD VERBATIM
27.	And what about the other kids in your scho school lunches, think they're only okay, or HAND CARDS WITH SMILEY FACES FO	don't like the school lunches? (SHOW
	LIKE IT,	1
SHOW CARD	THINK IT IS ONLY OKAY	2
#1	DON'T LIKE IT	3
	DON'T KNOW	d
	REFUSED	r

28.	Are you required to take certain foods or put certain foods on your tray such as milk, when you get the regular school lunch or can you turn down foods you don't want?
	REQUIRED TO TAKE CERTAIN FOODS 1
	CAN TURN DOWN FOODS2
	DON'T KNOWd
	REFUSEDr
29.	Do you think your lunch period is too early in the day, too late, or is your lunch period time about right?
	TOO EARLY1
	TOO LATE2
	ABOUT RIGHT3
	DON'T KNOWd
	REFUSEDr
	to ask you some questions about the place where you eat your lunch, like the cafeteria, classroom) or wherever you eat your lunch.
30.	Would you say the place you eat your lunch is usually
	too noisy,1
	too quiet, or2
	about right?3
	DON'T KNOWd
	REFUSEDr

31.	Would you say the tables are	
	always clean	1
	usually clean	2
	sometimes clean, or	3
	never clean?	2
	DON'T KNOW	C
	REFUSED	r
31a.	Would you say the floor is	
	always clean	1
	usually clean	2
	sometimes clean, or	3
	never clean?	2
	DON'T KNOW	c
	REFUSED	r
32.	Would you say	
	there are usually plenty of seats and tables, or	1
	not enough seats and tables?	2
	DON'T KNOW	C
	REFUSED	r
33.	Would you say most of the time there are	
	long lines,	1
	short lines, or	2
	no lines?	3
	DEPENDS ON WHAT IS SERVED	4
	DON'T KNOW	c
	REFUSED	r

## ASK Q. 33a ONLY IF EVER ATE SCHOOL LUNCH (Q.15 OR Q.15a = YES OR Q.22 = YES), ALL OTHERS GO TO Q.34.

33a.	seated?	u nave your food and you are
	YES	1
	NO	0
	SOMETIMES	2
	DON'T KNOW	d
	REFUSED	r
34.	Do the food servers and cashiers always, often, so other students?	metimes, or never listen to you and
	ALWAYS	1
	OFTEN	2
	SOMETIMES	3
	NEVER	4
	DON'T KNOW	d
	REFUSED	r
34a.	Do the food servers and cashiers always, often, sor hello to you on line?  ALWAYS	1
	SOMETIMES	3
	NEVER	4
	DON'T KNOW	d
	REFUSED	r
35.	Do you get to pick where you sit and who you can e	eat with during your lunch period?
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r

36. Now I'd like to ask you about the food served at lunch by the school.

		ALWAYS	OFTEN	SOMETIMES	NEVER	DON'T KNOW	REFUSED
a.	Do you always, often, sometimes, or never like the taste of the food?	1	2	3	4	d	r
b.	Do you always, often, sometimes, or never like the smell of the food?	1	2	3	4	d	r
C.	Do you always, often, sometimes, or never like the way the food looks?	1	2	3	4	d	r
d.	Do the vegetables on the serving line always, often, sometimes, or never look good?	1	2	3	4	d	r

37. Do you think the amount of food they give you is . . .

too much,	1
too little, or	2
about right?	3
DON'T KNOW	d
REFUSED	r

38. Do you think that the milk served, is . . .

too warm,	1
too cold, or	2
about the right temperature?	3
DON'T KNOW	d
REFUSED	r

39. Does the school menu always, often, sometimes, or never include foods you like?

ALWAYS,	1
OFTEN	2
SOMETIMES	3
NEVER	4
DON'T KNOW	d
REFLISED	r

Does the food?	ne school lunch always, often, sometimes, or never have enough choices of
	ALWAYS,1
	OFTEN2
	SOMETIMES3
	NEVER4
	DON'T KNOWd
	REFUSEDr
Do you lunch?	always, often, sometimes, or never like the brands of food offered at school
	ALWAYS,1
	OFTEN2
	SOMETIMES3
	NEVER4
	DON'T KNOWd
What is	REFUSEDr
	REFUSEDr
	REFUSEDr s your favorite school lunch?
	REFUSEDr syour favorite school lunch?  DED, PROBE: The main course.
	REFUSEDr s your favorite school lunch?  DED, PROBE: The main course.  NO FAVORITE FOOD
IF NEE	REFUSEDr syour favorite school lunch?  DED, PROBE: The main course.  NO FAVORITE FOOD
What is	REFUSED
What is	REFUSED
What is	REFUSED

44.	Do all kids that get the regular school lunch some kids pay less or get it for free?	n pay th	e same a	amount for	the lunch, or do
	ALL PAY THE SAME AMOUNT. EVERYONE GETS IT FOR FRE SOME PAY LESS/ SOME GET DON'T KNOW	EIT FREE		<u>2</u>	TO Q.47
45.	Can you tell who is getting the regular schoprice?	ool luncl	nes for fi	ee or less	than the full
	YES  NO  DON'T KNOW  REFUSED		(	o d → GO	TO Q.47
46.	How do you know?				
	DON'T KNOW				
47.	Now I'd like to ask you just a few more ques	tions ab	out activ	vities you m	ight do. First
		YES	NO	DON'T KNOW	REFUSED
a.	Are you taking physical education in school?	1	0	d	r
b.	Are you on a school sports team?	1	0	d	r
C.	Do you participate in other physical activities or sports in the community, for example through a community center or Y?	1	0	d	r
d.	Do you walk or ride a bike to school?	1	0	d	r
ASK	IF < AGE 12:				
e.	Do you play outside after school?	1	0	d	r
ASK	IF AGE 12 OR OLDER:				
f.	Outside of school, are you physically active, such as walking, running, biking, or working out with exercise equipment?	1	0	d	r
	END OF INTERVIEW FOR YOUNGE		LDREN-	-GO TO Q	.53

48.	How many nights a week do you and your family typically sit down together to have dinner as a family?
	EVERY NIGHT1
	5 OR 6 NIGHTS A WEEK2
	3 OR 4 NIGHTS A WEEK3
	1 OR 2 NIGHTS A WEEK4
	NEVER5
	DON'T KNOWd
	REFUSEDr
49.	During the past 30 days, did you eat less food, fewer calories, or foods low in fat or carbohydrates to lose weight or to keep from gaining weight?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr
49a.	How often do you take any vitamins in pill or liquid form such as multi-vitamins or Vitamin C? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr
49b.	(Other than multi-vitamins with minerals) How often do you take (additional) minerals such as calcium or zinc? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr

49c.	alfalfa extract? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr
50.	On an average school day, about how many hours do you spend watching TV or DVDs? IF RANGE GIVEN, TAKE THE MID POINT. ROUND TO NEAREST HALF HOUR.
	.   HOURS
	DON'T KNOWd
	REFUSEDr
51.	And on an average school day, about how many hours do you use a computer, go online, or play video or computer games? IF RANGE GIVEN, TAKE THE MID POINT. ROUND TO NEAREST HALF HOUR.
	_ .   HOURS
	DON'T KNOWd
	REFUSEDr
52.	During the past month, on how many days did you smoke cigarettes?
	PROBE: Your best estimate is fine.
	DAYS
	NEVER0
	DON'T KNOWd
	REFUSEDr
53.	CLOSING
	Those are all the guestions I have today. You've done great. Thanks for all your help

THANK CHILD AND GIVE GIFT. ASK IF THEY NEED A PASS TO GET BACK INTO CLASS.

OMB Clearance Number: xxxx-xxxx

Expiration Date: xx/xx/xxxx

# School Nutrition Dietary Assessment Study



### Parent Interview

#### Sponsored by:

U.S. Department of Agriculture Food and Nutrition Service

Time Burden for this collection of information is estimated to average 20 minutes, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Agriculture, Clearance Officer, OIRM, Room 404-W, Washington, DC 20250; and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Washington, DC 20503.

CHILD'S NAME:	SCHOOL ID:
CHILD ID #:	GRADE:
CHILD'S GENDER:	RESPONDENT'S GENDER:
MALE1	MALE 1 FEMALE 2
TYPE OF CHILD:	LOCATION:
CHILD1	SCHOOL1
YOUTH2	HOME2
LANGUAGE:	PHONE 3
ENGLISH1	
SPANISH2	
OTHER3	
INTRODUCTION FOR PARENT OF CHILD:	

Okay, now that we completed the dietary recall I'd like to ask you some questions about your household and the meals provided by your child's school.

INTERVIEWER: IF PARENT MENTIONED DURING DIETARY RECALL THAT CHILD HAD SCHOOL BREAKFAST, CODE "1" IN QUESTION 1 WITHOUT ASKING.

#### INTRO FOR PARENT OF YOUTHS:

Hello, my name is \_\_\_\_\_ and I'm part of the study team that interviewed your child (yesterday/DAY) at school about the school meals program. I'm calling now to see if we can do the parent interview. As you may recall from the letter and consent form sent home earlier, this study is being conducted by the U.S. Department of Agriculture to better understand how children and parents feel about the meals provided by schools, why they choose to participate or not participate in school meals, and how these decisions are related to children's overall diets. The interview will take about 20 minutes, and your cooperation is completely voluntary. All answers you give will be confidential and no individual results will be presented. As a thank you for your time, we will be sending you \$10.

INTERVIEWER: AFTER DETERMINING IF THE PARENT OR ADULT WHO KNOWS THE MOST ABOUT WHAT CHILD EATS IS ON THE PHONE, CONTINUE.

#### **ASK ALL:**

First, I am going to ask you about (CHILD)'s eating habits and the food served at (his/her) school.

1.		nools offer meals each day to children for free school have a school breakfast program?	or at a set, fixed price. Does
		YES	1
		NO	0
		DON'T KNOW	d
		REFUSED	r
2.		gree or disagree with the following statement: for <u>all</u> school children." Do you	"School breakfasts should be
		strongly agree,	1
		somewhat agree,	2
		somewhat disagree, or	3
		strongly disagree with that statement?	4
		DON'T KNOW	d
		REFUSED	r
3.	Does (CH	ILD) usually eat breakfast, that is any breakfa	ast, not just a school breakfast?
		YES	1
		NO	0
		DON'T KNOW	d
		REFUSED	r

	ow important do you think eating a healthy breakfast is for children to do we hool?
	Very important,1
	Somewhat important, or2
	Not important3
	DON'T KNOWd
	REFUSEDr
	IF NO SCHOOL BREAKFAST (Q.1 = 0), GO TO Q.13
	pes (CHILD) ever eat a school breakfast, that is a complete breakfast provides hool?
	YES1
	NO0 ¬
	DON'T KNOWd > GO TO Q.7
	REFUSEDr
Н	ow many days a week does (CHILD) usually eat a school breakfast?
	NONE0
	ONE1
	TWO2
	THREE3
	FOUR4
	FIVE5
	DON'T KNOWd
	REFUSEDr
	ASK Q.7 IF Q.6 = 0, 1, OR 2. OTHERS GO TO Q.8.

7. Which of the following reasons describe why (CHILD) does not eat school breakfast (more frequently) at school? **(READ LIST)** 

**PROBE:** Is that a reason?

#### **CODE ONE ON EACH LINE**

		YES	NO	DON'T KNOW	REFUSED
a.	Your child does not like to eat breakfast?	1	0	d	r
b.	Your child does not like the food served at school?	1	0	d	r
c.	Your child prefers to eat at home?	1	0	d	r
d.	You thought your child couldn't participate in the School Breakfast Program?	1	0	d	r
e.	There isn't enough time to eat breakfast at school, for example due to the bus arrival time?	1	0	d	r
f.	You don't want others to think you can't provide breakfast for your child?	1	0	d	r
g.	Your child doesn't eat school breakfast because (his/her) friends don't?	1	0	d	r
h.	Your child thinks only needy kids eat school breakfast and (he/she) doesn't want to be thought of that way?	1	0	d	r
i.	Is there any other reason? (SPECIFY)	1	0	d	r

8. Now I'd like to ask you your opinions about the school breakfast served at (CHILD)'s school. After I read each statement, please tell me if you strongly agree, agree somewhat, disagree somewhat, or strongly disagree. SKIP ITEMS 'a' AND 'c' IF CHILD NEVER EATS SCHOOL BREAKFAST (Q.5 = 0)

		STRONGLY AGREE	AGREE SOMEWHAT	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	REFUSED
a.	Children like the school breakfasts	1	2	3	4	d	r
b.	I receive enough information about the School Breakfast Program	1	2	3	4	d	r
C.	School breakfasts are served at a convenient time and place	1	2	3	4	d	r
d.	School breakfast gives all children an opportunity to eat breakfast	1	2	3	4	d	r
e.	Only children from needy families participate in the school breakfast program	1	2	3	4	d	r

#### ASK QS. 9-12 IF CHILD EVER EATS SCHOOL BREAKFAST (Q.5 = 1).

#### **ALL OTHERS GO TO Q.13**

9.	How often do the breakfasts served at your child's school include fresh fruit? W	ould
	you say	

always,	1
sometimes, or	2
never?	3
DON'T KNOW	d
REFUSED	r

10. And how often do school breakfasts include a hot entrée, such as pancakes, breakfast burritos, or egg sandwiches? Would you say . . .

always,1
sometimes, or2
never?3
DON'T KNOWd
REFUSEDr

11.	Would you say the breakfasts served at school are
	very healthy,1
	somewhat healthy, or2
	not healthy?3
	IT DEPENDS (VOLUNTEERED)4
	DON'T KNOWd
	REFUSEDr
12.	Overall, how satisfied are you with the school breakfast provided at your child's school. Would you say you are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied?
	VERY SATISFIED1
	SOMEWHAT SATISFIED2
	SOMEWHAT DISSATISFIED3
	VERY DISSATISFIED4
	DON'T KNOW/CAN'T RATEd
	REFUSEDr
13.	How many days a week does (CHILD) usually eat a school lunch? By school lunch I mean a complete meal such as a fruit or vegetable, sandwich and milk, or a hot meal and milk for free or at a set, fixed price.
	NONE0
	ONE1
	TWO2
	THREE3—
	FOUR4 → <b>GO TO Q.15</b>
	FIVE5
	DON'T KNOWd —
	REFUSEDr → GO TO Q.16

14. Which of the following reasons describe why (CHILD) does not eat school lunch (more frequently) at school? **(READ LIST)** 

**PROBE:** Is that a reason (CHILD) doesn't eat (more) school lunches?

#### **CODE ONE ON EACH LINE**

		YES	NO	DON'T KNOW	REFUSED
a.	Your child does not like the food served at school?	1	0	d	r
b.	Your child prefers to eat a lunch brought from home?	1	0	d	r
C.	Your child doesn't have enough time to get and eat lunch in school?	1	0	d	r
d.	Your child doesn't like waiting in lines for lunch?	1	0	d	r
e.	Your child thinks only needy kids eat school lunches and (he/she) doesn't want to be thought of that way?	1	0	d	r
f.	You prefer your child to eat foods sent from home?	1	0	d	r
g.	Your child doesn't eat school lunches because (his/her) friends don't?	1	0	d	r
h.	You thought your child couldn't participate in the school lunch program?	1	0	d	r
i.	Is there any other reason? (SPECIFY)	1	0	d	r

ALL THOSE ANSWERING Q.14, GO TO Q.16

15.	What is the main reason (CHILD) gets school lunches?
	CHILD LIKES THE FOOD1
	LIKES TO EAT WITH FRIENDS/ FRIENDS GET IT2
	EASY FOR PARENT3
	INEXPENSIVE/FREE/GOOD VALUE4
	GOOD/HEALTHY MEALS5
	HUNGER/WOULDN'T EAT LUNCH OTHERWISE6
	OTHER (SPECIFY)7
	DON'T KNOWd
	REFUSEDr
	chips and cookies, fruit juices and sodas. In many cases, the school receives money from the companies for allowing the machines to be placed in schools. In general, do you think it is a good idea or a bad idea to have vending machines available to students in schools such as the one your child attends?
	GOOD IDEA1
	BAD IDEA2
	IT DEPENDS3
	DON'T KNOW/NO OPINIONd
	REFUSEDr
17.	Are there any vending machines available to children in (CHILD)'s school?
	YES1
	NO0 —
	DON'T KNOWd -> GO TO Q.19
	REFUSEDr—

	CODE ALL	THAT APPLY
	MILK	1
	JUICE	2
	SODA	3
	OTHER DRINKS	4
	SNACK FOODS (CHIPS, POPCORN, ETC)	5
	DESSERT/BAKED GOODS (COOKIES, CUPCAKES, GRANOLA BARS, ETC)	6
	CANDY/GUM	7
	SANDWICHES	8
	FROZEN FOODS/ICE CREAM	9
	OTHER (SPECIFY)	10
	DON'T KNOW	d
	REFUSED	r
19.	Does your child's school cafeteria sell foods that children the regular school lunch meal? These might be foods like pizza, or ice cream, for example.	, hamburgers, French fries,
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r
20.	And does (his/her) school have a school store or snack bawhere children can buy foods or drinks?	ar, outside of the cafeteria,
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r

And, what kinds of foods are in the vending machines?

18.

21	. Some schools have contracts and Taco Bell, to provide food bad idea to have brand name your child attends?	ds for stude	nt meals. D	o you think i	t is a good i	dea or a	
	GOOD IDEA			1			
	BAD IDEA						
	IT DEPENDS						
	DON'T KNOW/NO						
	REFUSED						
	1121 0025						
22	<ol> <li>Now I would like to ask you you</li> <li>(CHILD)'s school. After I read agree somewhat, disagree so</li> </ol>	d each state	ement, pleas	e tell me if y			
	SKIP ITEMS "a" AND "c" IF	CHILD NE	VER EATS	SCHOOL L	JNCH (Q.13	3 = 0).	
			CO	DDE ONE ON E	EACH LINE		
		STRONGLY AGREE	AGREE SOMEWHAT	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	REFUSED
á	a. Children like the school lunches	1	2	3	4	d	r
b.	o. I receive enough information						
	about the School Lunch Program	1	2	3	4	d	r
(	c. School lunches are served at a convenient time and place	1	2	3	4	d	r
(	d. School lunch gives all children an opportunity to eat lunch	1	2	3	4	d	r
	e. Only children from needy			-		-	
	families participate in the						
	School Lunch Program	1	2	3	4	d	r
23	3. Would you say the lunches se	erved at (Cl	HILD)'s scho	ool are			
	very healthy,			1			
	somewhat healthy,	or		2			
	not healthy?			3			
	IT DEPENDS			4			
	DON'T KNOW/NO	OPINION		d			
	REFUSED			r			

24.	Thinking about the cost of school lunches and the quality of the meals provided, do you think the school lunches are a $\dots$
	very good value1
	a pretty good value, or2
	not a good value?3
	GET LUNCH FREE4
	DON'T KNOW/NO OPINIONd
	REFUSEDr
25.	Overall, how satisfied are you with the school lunches provided at your child's school. Would you say you are
	very satisfied,1—
	somewhat satisfied,2 — GO TO Q.27
	somewhat dissatisfied, or3
	very dissatisfied?4
	DON'T KNOW/CAN'T RATEd
	REFUSEDr → GO TO Q.27
26.	Why are you dissatisfied with the school lunches provided by the school?
	CODE ALL THAT APPLY
	NOT HEALTHY1
	NOT GOOD VALUE/COST2
	POOR QUALITY/TASTE3
	CHILD WON'T EAT IT4
	POOR PRESENTATION (TEMPERATURE) 5
	NOT ENOUGH CHOICE6
	STIGMA/CHILD GETS TEASED7
	OTHER (SPECIFY)8
	REFUSEDr

27. Did you apply for free or reduced price school meals during the current school ye			ring the current school year?
		YES	1
		NO	0 → GO TO Q.28
		NOT ELIGIBLE – VOLUNTEERED	3 → GO TO Q.30
		DON'T KNOW	
		REFUSED	r → GO TO Q.30
27a.	During th	e past 30 days, did (CHILD) receive free or red	luced price lunches at school?
		YES	1
		NO	0
		DON'T KNOW	d
		REFUSED	r
		/ IF SCHOOL HAS A BREAKFAST PROGRA	
27b.	school?	e past 30 days, did (CHILD) receive free or red	luced price breakfasts at
		YES	1
		NO	0
		DON'T KNOW	d
		REFUSED	r

## 28. Why did you **not** apply for free or reduced price school meals for your children? **RECORD IN FIRST COLUMN BELOW.**

## 29. **IF MORE THAN ONE REASON GIVEN PROBE:** Of these reasons, which was the most important?

		Q.28	Q.29		
		CODE ALL THAT APPLY	MOST IMPORTANT	DON'T KNOW	REFUSED
a.	DID NOT THINK WE WERE ELIGIBLE	1	1	d	r
b.	CHILD PREFERS MEALS PREPARED AT HOME	2	2	d	r
c.	CHILD DOESN'T LIKE SCHOOL FOOD	3	3	d	r
d.	PREFER MY CHILD TO EAT FOOD FROM HOME	4	4	d	r
e.	NEVER RECEIVED APPLICATION	5	5	d	r
f.	NOT AWARE OF FREE OR REDUCED PRICE MEAL PROGRAM	6	6	d	r
g.	DID NOT WANT TO GIVE INCOME INFORMATION TO THE SCHOOL	7	7	d	r
h.	PREFERRED TO PAY FULL PRICE	8	8	d	r
i.	APPLICATION FORM WAS DIFFICULT TO UNDERSTAND	9	9	d	r
j.	CHILD AUTOMATICALLY ELIGIBLE (FOOD STAMPS, TANF) DIRECT CERTIFICATION	10	10	d	r
k.	OTHER (SPECIFY)	11	11	d	r

Now I'd	like to ask you some questions about (CHILD).
30.	In general, would you say (CHILD)'s health is
	excellent,1
	very good,2
	good,3
	fair, or4
	poor?5
	DON'T KNOWd
	REFUSEDr
31.	Do you consider (him/her) to be
	a very picky eater,1
	a somewhat picky eater, or2
	not a picky eater?3
	DON'T KNOWd
	REFUSEDr
32.	Compared to other (boys/girls) the same age, would you say (CHILD) usually eats a larger amount of food, about the same amount of food, or a smaller amount of food?
	LARGER AMOUNT1
	SAME AMOUNT2
	SMALLER AMOUNT3
	DON'T KNOWd
	REFUSEDr
33a.	How often does (CHILD) take any vitamins, in pill or liquid form, such as multivitamins or vitamin C? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr

33b.	Other than multivitamins with minerals, how often does (CHILD) take (additional) minerals such as calcium or zinc? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr
33c.	How often does (CHILD) take any sports supplements or herbal products like echinacea or alfalfa extract? Would you say
	everyday or almost everyday,1
	every so often, or2
	not at all?3
	DON'T KNOWd
	REFUSEDr
34.	Does (CHILD) have any food allergies or special dietary needs that affect what (he/she) eats?
	YES1
	NO0 —
	DON'T KNOWd → GO TO Q.36
	REFUSEDr

CODE ALL THAT APPLY
ALLERGY TO PEANUTS1
ALLERGY TO OTHER NUTS2
LACTOSE INTOLERANCE3
ALLERGY TO EGGS4
ALLERGY TO SOY5
ALLERGY TO WHEAT6
ALLERGY TO FISH OR SHRIMP7
DIABETES8
VEGETARIAN/VEGAN9
LOW CARBOHYDRATE10
REDUCED CALORIES11
LOW FAT12
RESTRICTIONS BECAUSE OF
RELIGIOUS PRACTICES13
OTHER (SPECIFY)14
Does someone such as an older child, yourself or another adult usually fix or supe breakfast for (CHILD) at home?
breakfast for (CHILD) at home?  YES1

37.	Thinking now about the foods you serve your family, how often would you say you serve (CHILD) skim milk or 1% low-fat milk?
	Always or almost always,1
	Sometimes,2
	Rarely, or3
	Never?4
	CHILD DOESN'T DRINK MILK— VOLUNTEERED5
	DON'T KNOWd
	REFUSEDr
38.	When (CHILD) eats chicken, how often is it fried?
	Always or almost always,1
	Sometimes,2
	Rarely, or3
	Never?4
	CHILD DOESN'T EAT CHICKEN— VOLUNTEERED5
	DON'T KNOWd
	REFUSEDr
39.	And when (CHILD) eats baked or mashed potatoes, how often do you or your child add butter, margarine, or sour cream? Would you say
	Always or almost always,1
	Sometimes,2
	Rarely, or3
	Never?4
	CHILD DOESN'T EAT THIS— VOLUNTEERED5
	DON'T KNOWd
	REFUSEDr

40.	How would you describe the amount of butter, cream cheese, or margarine usually spread on (his/her) breads and muffins
	none,1
	light,2
	moderate, or3
	generous?4
	DOESN'T EAT THIS-VOLUNTEEREDn
	DON'T KNOWd
	REFUSEDr
Thinkir	ng now about how your child spends (his/her) free time
41.	On an average school day, about how many hours does (CHILD) spend watching TV or DVDs? <b>IF RANGE GIVEN, TAKE THE MID POINT. ROUND TO NEAREST HALF HOUR.</b>
	_ .   HOURS
	DON'T KNOWd
	REFUSEDr
42.	On an average school day, out side of school, about how many hours does (CHILD) use a computer, go online, or play video or computer games? IF RANGE GIVEN, TAKE THE MID POINT. ROUND TO NEAREST HALF HOUR.
	_ .   HOURS
	DON'T KNOWd
	REFUSEDr
	REFUSED
43.	Now I'd like to ask a question about exercise or other physical activities. Compared to other (boys/girls) the same age, would you say (CHILD) is
	less active,1
	about as active,2
	more active, or3
	much more active?4
	DON'T KNOWd
	REFUSEDr

44.		How old was (CHILD) on (his/her) last birthday?
		AGE IN YEARS
		DON'T KNOWd  REFUSEDr
45.		Do you consider (CHILD) to be of Hispanic or Latino origin, such as Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin?
		YES/HISPANIC OR LATINO1
		NO/NOT HISPANIC OR LATINO0
		DON'T KNOWd
		REFUSEDr
2	46.	What race do you consider (CHILD) to be?
		PROBE IF RESPONDS "HISPANIC" OR "LATINO": Would that be White Hispanic/Latino, African-American Hispanic/Latino, or something else?
		CODE ALL THAT APPLY
		ASIAN1
		AMERICAN INDIAN OR ALASKA NATIVE2
		BLACK OR AFRICAN AMERICAN3
		NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER4
		WHITE5
		OTHER (SPECIFY)6
		REFUSEDr

47.	What is the	primary language spoken at home with (CHILD)?
	E	NGLISH1
	S	PANISH2
	C	OTHER (SPECIFY)
	_ D	OON'T KNOWd
	R	EFUSEDr
Now I'c	l like to ask yo	ou some questions about you and your household.
48.	Including yo	ou, how many people live in your household?
	I_	PEOPLE IN HOUSEHOLD
	D	OON'T KNOWd
	R	REFUSEDr
49.	Of these, ho	ow many are under the age of 18?
	I_	_ _  CHILDREN
	D	OON'T KNOWd
	R	EFUSEDr
50.	What is you	r relationship to (CHILD)? (READ LIST ONLY IF NECESSARY)
	M	OTHER/FATHER/PARENT1
	Р	ARENT'S SPOUSE OR PARTNER2
	G	GRANDPARENT3
	C	OTHER RELATIVE4
	L	EGAL GUARDIAN5
	C	OTHER (SPECIFY)6
	_ D	OON'T KNOWd
	R	REFUSEDr

51.	Are you currently living with a partner or spouse?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr
52.	About how many hours a week do you usually spend outside of your home at a paid job, school or job training program?
	HOURS PER WEEK
	NONE
	DON'T KNOWd
	REFUSEDr
53.	What is the last grade or highest level of education you completed? Is it
	8th grade or less,1
	Some high school,2
	High school graduate or GED,3
	Some college or technical school,4
	Associates or 2 year degree,5
	College graduate or 4 year degree, or6
	Graduate school?7
	DON'T KNOWd
	REFUSEDr
54.	IF Q.51 = 1, ASK QS. 54-55, OTHERS GO TO Q.56: About how many hours a week does your partner or spouse usually spend outside of the home at a paid job, school or job training program?
	HOURS PER WEEK
	NONE0
	DON'T KNOWd
	REFUSEDr

55.	What is the last grade or highest level of education your partner or spouse completed? Is it		
	8th grade or less,01		
	Some high school,02		
	High school graduate or GED,03		
	Some college or technical school,04		
	Associates or 2 year degree,05		
	College graduate or 4 year degree, or06		
	Graduate school?07		
	DON'T KNOWd		
	REFUSEDr		
56.	6. We would like your best estimate of your total annual household income before taxe in the year 2004. Please include all forms of income, including wages, salaries, interest, dividends, and other forms of income such as Social Security, SSI or TANF all household members.		
	$ $               RECORD AMOUNT $\rightarrow$ GO TO Q.59		
	DON'T KNOWd		
	REFUSEDr		
57.	Is your total household income less than \$50,000?		
	YES1 → GO TO Q.58a		
	NO0 → <b>GO TO Q.58b</b>		
	DON'T KNOWd → GO TO Q.59		

#### IF LESS THAN \$50,000, SHOW CARD #1: (Different version for phone)

Here is a list of income categories, in increasing amounts. Tell me the letter that represents your household's income. **PHONE VERSION:** I'm going to read you some income categories. Please tell me when I read the range that represents your household's income.



Α.	LESS THAN \$5,000	. 1
В.	\$5,000 TO LESS THAN \$10,000	. 2
C.	\$10,000 TO LESS THAN \$15,000	. 3
D.	\$15,000 TO LESS THAN \$20,000	. 4
E.	\$20,000 TO LESS THAN \$25,000	. 5
F.	\$25,000 TO LESS THAN \$30,000	. 6
G.	\$30,000 TO LESS THAN \$40,000	. 7
Н.	\$40,000 TO LESS THAN \$50,000	. 8
	DON'T KNOW	. c
	REFUSED	. r

**GO TO Q.59** 

IF GREATER THAN \$50,000, SHOW CARD #2: (Different version for phone)

Here is a list of income categories, in increasing amounts. Tell me the letter that represents your household's income. PHONE VERSION: I'm going to read you some income categories. Please tell me when I read the range that represents your household's income.



Α.	\$50,000 TO LESS THAN \$60,000	. 1
В.	\$60,000 TO LESS THAN \$70,000	. 2
C.	\$70,000 TO LESS THAN \$80,000	. 3
D.	\$80,000 TO LESS THAN \$90,000	. 4
Ε.	\$90,000 TO LESS THAN \$100,000	. 5
F.	\$100,000 OR MORE	. 6
	DON'T KNOW	. c
	REFUSED	. r

## PROGRAM MUST CALCULATE IF HOUSEHOLD INCOME IS GREATER THAN 200% OF POVERTY, GO TO Q. 63.

Please look at this card and tell me if anyone living in your household currently receives income or benefits from any of these sources. **PHONE VERSION:** Next I'd like to know if anyone living in your household currently receives income or benefits from a number of different sources.

59.	Does your household receive food stamp benefits (type A on the card) or participate in the Food Distribution Program on Indian Reservations?
SHOW CARD	YES1
#3	NO0
	DON'T KNOWd
	REFUSEDr
60a.	Does your household receive assistance from TANF, Public Assistance, TAFDC, EAEDC, or Welfare (type B on the card)?
	YES1
SHOW CARD	NO0
#3	DON'T KNOWd
	REFUSEDr
60b.	Does your household participate in Medicaid, STATE HEALTH, or SCHIP (type C on the card)?
	¬ YES1
SHOW CARD	NO0
#3	DON'T KNOWd
	REFUSEDr
60c.	Does anyone in your household receive benefits under the WIC Program—Women, Infants and Children Program (type D on the card)?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr

- **61. INSERT QUESTION ON MIGRANT STATUS**
- **62. INSERT QUESTIONS ON HOMELESSNESS**

63. Which of these statements best describes the food eaten in your household in the last 30 days: we have enough of the kinds of food we want to eat; enough, but not always the **kinds** of food we want; sometimes **not enough** to eat; or **often** not enough to eat?

ENOUGH OF THE KINDS OF FOOD WE WANT TO EAT	1
ENOUGH BUT NOT ALWAYS THE <b>KINDS</b> OF FOOD WE WANT	2
SOMETIMES NOT ENOUGH TO EAT	3
OFTEN NOT ENOUGH	4
DON'T KNOW	d
REFUSED	r

IF Q.63 = 1 AND HOUSEHOLD INCOME IS ABOVE TWICE THE POVERTY THRESHOLD (SEE GRID BELOW), SKIP TO Q.84.

IF Q.63 = 1 AND HOUSEHOLD INCOME IS BELOW TWICE THE POVERTY THRESHOLD (SEE GRID BELOW), OR INCOME IS DON'T KNOW OR REFUSED (Q.57 OR Q.58a OR Q.58b), ASK Q.64.

Poverty Threshold Measure: ASK Q.64 IF						
If household size is	And answer to Q.58a is	Or answer to Q.58b is				
1	A-D	-				
2	A-E	-				
3	A-F	-				
4	A-G	-				
5	A-G	-				
6	A-H	-				
7	-	А				
8	-	А				
9	-	A or B				
10	-	A or B				

Now I'm going to read you several statements that people have made about their food situation. For these statements, please tell me whether the statement was often true, sometimes true, or never true for (you/your household) in the last 12 months, that is, since last [NAME OF CURRENT MONTH].

64.	The first statement is, (I/we) worried whether (my/our) food would run out before (I/we) got money to buy more. Was that <u>often</u> true, <u>sometimes</u> true, or <u>never</u> true for (you/your household) in the last 12 months?
	OFTEN TRUE1
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr
65.	"The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that often, sometimes, or never true for (you/your household) in the last 12 months?
	OFTEN TRUE1
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr
66.	"(I/we) couldn't afford to eat balanced meals." Was that often, sometimes, or never true for (you/your household) in the last 12 months?
	OFTEN TRUE1
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr

## IF CHILDREN UNDER 18 IN HOUSEHOLD, ASK Q.67 AND Q.68; OTHERWISE SKIP TO FIRST LEVEL SCREEN.

67.	"(I/we) relied on only a few kinds of low-cost food to feed (my/our) (child/the children) because (I was/we were) running out of money to buy food." Was that often, sometimes, or never true for (you/your household) in the last 12 months?  OFTEN TRUE
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr
68.	"(I/we) couldn't feed (my/our) (child/the children) a balanced meal because (I/we) couldn't afford that." Was that <u>often</u> , <u>sometimes</u> , or <u>never</u> true for (you/your household) in the last 12 months?
	OFTEN TRUE1
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr
ONE OF	EVEL SCREEN (Screener for Stage 2): IF AFFIRMATIVE RESPONSE TO ANY QUESTIONS 64-68, (ie., "often true" or "sometimes true"), OR RESPONSE "3" TO QUESTION 63 (if administered), THEN CONTINUE TO STAGE 2; OTHER WISE DEND.
(estima	2 QUESTIONS 69-73: ASK HOUSEHOLDS PASSING THE FIRST LEVEL SCREEN ted 40 percent of households < Poverty; 5.5 percent of households > Poverty; 19 of all households).
IF CHIL	DREN UNDER 18 IN HOUSEHOLD, ASK Q.69; OTHERWISE SKIP TO Q.70.
69.	"(My/our child was/the children were) not eating enough because (I/we) just couldn't afford enough food." Was that often, sometimes, or never true for (you/your household) in the last 12 months?
	OFTEN TRUE1
	SOMETIMES TRUE2
	NEVER TRUE3
	DON'T KNOWd
	REFUSEDr

70.	In the last 12 months, since last [NAME OF CURRENT MONTH], did (you/you or of adults in your household) ever cut the size of your meals or skip meals because the wasn't enough money for food?					
	YES1					
	NO0 ¬					
	DON'T KNOWd → GO TO Q.71					
	REFUSEDr					
	(C)					
70a.	<b>IF YES ABOVE, ASK:</b> How often did this happen-almost every month, some months but not every month, or in only one or two months?					
	ALMOST EVERY MONTH1					
	SOME MONTHS, BUT NOT EVERY MONTH 2					
	ONLY ONE OR TWO MONTHS3					
	DON'T KNOWd					
	REFUSEDr					
71.	In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?					
	YES1					
	NO0					
	DON'T KNOWd					
	REFUSEDr					
72.	In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?					
	YES1					
	NO0					
	DON'T KNOWd					
	REFUSEDr					
73.	In the last 12 months, did you lose weight because you didn't have enough money for food?					
	YES1					
	NO0					
	DON'T KNOWd					
	REFUSED r					

SECOND LEVEL SCREEN (Screener for Stage 3): IF AFFIRMATIVE RESPONSE TO ANY ONE OF QUESTIONS 69 THROUGH 73, THEN CONTINUE TO STAGE 3; OTHERWISE SKIP TO END.

STAGE 3 QUESTIONS 74 THROUGH 79: ASK HOUSEHOLDS PASSING THE SECOND LEVEL SCREEN (estimated 7-8 percent of households < 185 percent poverty; 1-1.5 percent of households > 185 percent poverty; 3-4 percent of all households).

percen	t of households > 185 percent poverty; 3-4 percent of all households).
74.	In the last 12 months, did (you/other adults in your household) ever not eat for a whole day because there wasn't enough money for food?
	YES1
	NO0 —
	DON'T KNOWd GO TO Q.76
	REFUSEDr
75.	<b>IF YES ABOVE, ASK:</b> How often did this happen-almost every month, some months but not every month, or in only one or two months?
	ALMOST EVERY MONTH1
	SOME MONTHS, BUT NOT EVERY MONTH 2
	ONLY ONE OR TWO MONTHS3
	DON'T KNOWd
	REFUSEDr
IF CHIL END.	DREN UNDER 18 IN HOUSEHOLD, ASK 76 THROUGH 80; OTHERWISE SKIP TO
76.	The next questions are about children living in the household who are under 18 years old. In the last 12 months, since [CURRENT MONTH] of last year, did you ever cut the size of (your child's/any of the children's) meals because there wasn't enough money for food?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr

77.	because there wasn't enough money for food?	children) ever skip meals
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r
77a.	IF YES ABOVE, ASK: How often did this happen-alm but not every month, or in only one or two months?	ost every month, some months
	ALMOST EVERY MONTH	1
	SOME MONTHS, BUT NOT EVERY MONT	H2
	ONLY ONE OR TWO MONTHS	
	DON'T KNOW	d
	REFUSED	r
78.	In the last 12 months, (was your child/were the children couldn't afford more food?	n) ever hungry but you just
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r
79.	In the last 12 months, did (your child/any of the childre because there wasn't enough money for food?	n) ever not eat for a whole day
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	г
80.	Did you or another member of your household receive the last 30 days? Include groceries delivered to your h	
	YES	1
	NO	0
	DON'T KNOW	d
	REFUSED	r

81.	Did you or another member of your household receive one or more meals from a soup kitchen, mobile van, or food wagon in the last 30 days?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr
82.	Did you or another member of your household spend one or more nights in the past 30 days in a shelter?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr
	school meals? IF YES: What would that be. RECORD RESPONSE VERBATIM. PROBE FOR ANYTHING ELSE.
	NO CHANGES NEEDED0
	DON'T KNOWd
	REFUSEDr
84.	IF RESPONDENT MENTIONS ANYTHING IN Q.83, ASK: Have you talked with anyone at the school or school district about this issue?
	YES1
	NO0
	DON'T KNOWd
	REFUSEDr

### **CLOSING**

Those are all of the questions I have for you. Thank you for your time.

GIVE CHECK TO PARENT OF YOUNG CHILDREN.

FOR YOUTHS' PARENTS: GET/CONFIRM ADDRESS TO MAIL THANK YOU CHECK.				
NAME:				
ADDRESS:				
	_			

OMB Clearance Number: xxxx-xxxx

Expiration Date: xx/xx/xxxx

## SCHOOL NUTRITION DIETARY ASSESSMENT STUDY

## Weight and Standing Height Measurement Form



	ID Labe	el			nterviewe    / Month	er MF    Day	PR ID #:    / <b>2005</b> /	_	_ _ _	_l
<ol> <li>ASK ST</li> <li>Weight</li> </ol>	TUDENTS TO REMOVE	E SHOES, HA	ATS, EXTRA C	LOTI	HES					
2a. 1 <sup>st</sup> mea	surement							Pounds		
2b. 2 <sup>nd</sup> mea								Pounds		
2c. 3 <sup>rd</sup> mea	surement					•		Pounds		
3. Cloth	ning worn by subject du	ring weight m	easurement:							
1	lightweight, no multiple heavy, bulky, or multip would not remove show	le layers		Ichai	no meas	sure	ments taken			
4. Standii	ng Height			<b>-</b> 1	1					
4a. 1 <sup>st</sup> mea	surement			ͺͺͺ			Inches			
4b. 2 <sup>nd</sup> mea	asurement						Inches		_	
4c. 3 <sup>rd</sup> mea	surement						Inches			
5. Cond	erns about height meas	surement:								
MAR	K ALL THAT APPLY									
1	no concerns height-interfering hair height/not being able t would not remove sho Other (Describe):	-	g headpiece or	n top	of head					
Comments:										_
										<u> </u>

MPR DOCUMENTATION PURPOSES ONLY:
DOCUMENT NAME: P:\Que\SNDA-111\Forms\Height Weight Form-6.doc
(REV—9/13/04) 11/26/2007 3:32 PM
Jen revised for Rhoda Cohen
SNDA-111 6096-200

### **ACTIVE CONSENT LETTER-Elementary Parents**

#### [LETTER TO PARENTS]

Dear Parent(s):

The U.S. Department of Agriculture invites you to be a part of the *National School Meals Study*. Our school district was scientifically chosen and has agreed to be in this study. The study will help Congress and the U.S. Department of Agriculture plan future school breakfast and lunch programs for the whole country.

The study team from Mathematica Policy Research will visit our school in the next few weeks to meet with students, parents, and staff. *They will meet with students who eat school meals and those who do not get them.* They will be asking students and their parents what they think about the meals provided by schools and about the foods that children eat.

For the study to succeed, we need you to agree to help. Please read the enclosed materials, sign, and return the Parent Consent Form.

Only some of the households who agree will actually be in the study. As a thank you, parents will receive \$20 after completing an interview with the study team. Children from these households will also receive a small gift.

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Please sign and return the Parent Consent form by (DATE). If you have any questions, please contact (SCHOOL LIAISON) at xxx-xxxx or call Sarah Lewis at 1-866-832-2218.

Thank you for helping out with this important study.

Sincerely,

## PASSIVE RESPONSE FORM

PARENT NAME:	(2	Please Print)
CHILD'S SCHOOL: [PI		
NAME OF CHILD: [F	RE-FILLED]	
Parant/Guardian Signatur	•	
Parent/Guardian Signatur	e	
Parent/Guardian Signatur	2	
IF YOU <b>DO NOT</b> WISH	TO PARTICIPA	ATE, PLEASE RETURN THIS FORM IN THE ENCLOS OPE TO YOUR SCHOOL OFFICE BY Ifill DAY, DATE
F YOU <b>DO NOT</b> WISH	TO PARTICIPA	ATE, PLEASE RETURN THIS FORM IN THE ENCLOS OPE TO YOUR SCHOOL OFFICE BY [fill DAY, DATE]
F YOU <b>DO NOT</b> WISH	TO PARTICIPA	
F YOU <b>DO NOT</b> WISH	TO PARTICIPA	

### **ACTIVE CONSENT LETTER-Secondary Parents**

#### [LETTER TO PARENTS]

Dear Parent(s):

The U.S. Department of Agriculture invites you to be a part of the *National School Meals Study*. Our school district was scientifically chosen and has agreed to be in this study. The study will help Congress and the U.S. Department of Agriculture plan future school breakfast and lunch programs for the whole country.

The study team from Mathematica Policy Research will visit our school in the next few weeks to meet with students, parents, and staff. *They will meet with students who eat school meals and those who do not get them.* They will be asking students and their parents what they think about the meals provided by schools and about the foods that children eat.

For the study to succeed, we need you to agree to help. Please read enclosed materials, sign and return the Parent Consent Form.

Only some of the households who agree will actually be in the study. As a thank you, parents will receive \$10 after completing an interview. Children from these households will also receive \$10.

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Please sign and return the Parent Consent form by (DATE). If you have any questions, please contact (SCHOOL LIAISON) at xxx-xxxx or call Sarah Lewis at 1-866-832-2218.

Thank you for helping out with this important study.

Sincerely,

## **ACTIVE CONSENT FORM – Elementary Parents**

### PARENT CONSENT FORM

## THE NATIONAL SCHOOL MEALS STUDY

CHECK ONE BOX  Learner to mortisinate in the National School Meele Study
☐ I agree to participate in the National School Meals Study.
☐ I do not wish to participate in the National School Meals Study.
I understand that by participating, if selected, both my child and I will be interviewed by Mathematica Policy Research and that my child's height and weight will be measured. I understand that our answers will be confidential and that I will receive \$20 after completing the interview and my child will also receive a small gift.
PARENT NAME:(Please Print)
ADDRESS:
CITYZIP
TELEDHONE: ( )
TELEPHONE: (
CHILD'S SCHOOL: [PRE-FILLED]
NAME OF CHILD: [PRE-FILLED]
Parent/Guardian Signature
PLEASE RETURN THIS FORM IN THE ENCLOSED SELF-ADDRESSED, STAMPED ENVELOPE TO YOUR SCHOOL OFFICE BY [fill DAY, DATE].

### **PASSIVE CONSENT LETTER-Elementary Parents**

#### [LETTER TO PARENTS]

Dear Parent(s):

The U.S. Department of Agriculture invites you to be a part of the *National School Meals Study*. Our school district was scientifically chosen and has agreed to be in this study. The study will help Congress and the U.S. Department of Agriculture plan future school breakfast and lunch programs for the whole country.

The study team from Mathematica Policy Research will visit our school in the next few weeks to meet with students, parents, and staff. *They will meet with students who eat school meals and those who do not get them.* They will be asking students and their parents what they think about the meals provided by schools and about the foods that children eat.

For the study to succeed, we need you to agree to help. If, after reading the enclosed materials, you decide not to participate, please fill out and sign the response form by (DATE). If you have any questions, please contact (SCHOOL LIAISON) at xxx-xxxx or call Sarah Lewis at 1-866-832-2218.

Only some of the households who agree will actually be in the study. As a thank you, parents will receive \$20 after completing an interview. Children from these households will also receive a small gift.

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Thank you for helping out with this important study.

Sincerely,

### **PASSIVE CONSENT LETTER-Secondary Parents**

#### [LETTER TO PARENTS]

Dear Parent(s):

The U.S. Department of Agriculture invites you to be a part of the *National School Meals Study*. Our school district was scientifically chosen and has agreed to be in this study. The study will help Congress and the U.S. Department of Agriculture plan future school breakfast and lunch programs for the whole country.

The study team from Mathematica Policy Research will visit our school in the next few weeks to meet with students, parents, and staff. *They will meet with students who eat school meals and those who do not get them.* They will be asking students and their parents what they think about the meals provided by schools and about the foods that children eat.

For the study to succeed, we need you to agree to help. If, after reading the enclosed materials, you decide not to participate, please fill out and sign the response form by (DATE). If you have any questions, please contact (SCHOOL LIAISON) at xxx-xxxx or call Sarah Lewis at 1-866-832-2218.

Only some of the households who agree will actually be in the study. As a thank you, parents will receive \$10 after completing an interview. Children from these households will also receive \$10.

The information you provide will be used only for statistical purposes. In accordance with the Confidential Information Protection and Statistical Efficiency Act of 2002, your responses will not be disclosed in identifiable form without your consent.

Thank you for helping out with this important study.

Sincerely,

## **ACTIVE CONSENT FORM – Secondary Parents**

### PARENT CONSENT FORM

## THE NATIONAL SCHOOL MEALS STUDY

CHECK ONE BOX					
☐ I agree to participate in the National School Meals Study.					
☐ I do not wish to participate in the National School Meals Study.					
I understand that by participating, if selected, both my child and I will be interviewed by Mathematica Policy Research and that my child's height and weight will be measured. I understand that our answers will be confidential and that participating I will receive \$10 after completing the interview and my child will also receive \$10.					
PARENT NAME:(Please Print)					
(Please Print) ADDRESS:					
CITYZIP					
TELEPHONE:()(Area Code) (Number)					
CHILD'S SCHOOL: [PRE-FILLED]					
NAME OF CHILD: [PRE-FILLED]					
Parent/Guardian Signature					
PLEASE RETURN THIS FORM IN THE ENCLOSED SELF-ADDRESSED, STAMPED ENVELOPE TO YOUR SCHOOL OFFICE BY [fill DAY, DATE].					

## Is my household required to participate?

Your participation is entirely voluntary. You may refuse to answer any question during the interview. However, your participation is necessary to make your voice heard about school meals. Because your responses represent other households like yours, you cannot be replaced. Your participation will not affect any school meals benefits your children may receive now or apply for in the future. Nor will it affect your eligibility for any other benefits or services.

## Why should I participate?

The information you provide will help USDA and the Congress make decisions about school meals. Your opinions about school meals in your child's school are vital to understanding how these meals might be improved. Remember, to thank you for your participation, we will give you \$20 for an in-person interview and your child a gift for an in-school interview.

## What kind of questions will I be asked?

The interview will include questions about what children ate the previous day, their eating habits, level of physical activity, opinions about school lunches, and general information about your household.

## What kind of questions will my child be asked?

The interview will include questions about what children ate since waking up that day, their level of physical activity, opinions about school meals, and measurement of height and weight.

### For further information contact:

Sarah Lewis National School Meals Study P.O. Box 2393 Princeton, NJ 08543-2393

> Phone: 866-832-2218 Fax: 609-799-0005

rcohen@mathematica-mpr.com

## FACTS ABOUT THE NATIONAL SCHOOL MEALS STUDY



#### Visit our website:

www.mathematica-mpr.com/schoolmealstudy



### Why is this survey being done?

The U. S. Department of Agriculture is sponsoring this study to learn how children and parents feel about the meals provided by schools, why they choose to participate or not participate in the school meals, and how these decisions are related to children's overall diets. This information will help Congress plan future school meals for the whole country.

## Why did you choose my child and household?

Your child was randomly selected from a list of children in your child's school including those who eat school meals as well as those who do not get them. The study is designed to represent all children in the school, regardless of whether they ever eat a school breakfast or lunch.

# If my child does not eat school lunch, should I respond to this survey?

Yes. Even if your child has never eaten school lunch, we need your information in order to better understand how school meals are working in your school district.

## Will my answers be kept confidential?

Yes, absolutely. The person who will interview you has signed a confidentiality statement that prohibits him or her from disclosing survey information to anyone other than authorized Mathematica staff. The answers from all participants will be summarized in such a way that no individual can be identified.



## How long will the interview take?

The parent interview will probably take about 45 minutes and in return for your participation we will give you \$20.

The in-school interview, for elementary students, will take about 40 minutes. We can schedule the in-person parent interview any time that is convenient for you and will schedule your child's interview during the time our interviewing team is in your school district. Your child will receive a gift for participating in the in-school part of the study.

For further information or to schedule an interview, please call toll-free:

Sarah Lewis 1-866-832-2218

National School Meals Study

Sponsored by the U.S. Department of Agriculture

Conducted by

Mathematica Policy Research, Inc.

## MPR DOCUMENTATION PURPOSES ONLY:

DOCUMENT NAME: P:\Que\SNDA-111\Brochures\Brochure-Child 6-11-2.doc

(REV—9/14/04) 11/26/2007 3:35 PM

Jen revised for Rhoda Cohen

SNDA-111 - 6096-200