## Fire Safety for Older Adults

• The relative risk of individuals aged 65 and over dying in a fire is 2.6 times greater than that of the general population. The risk worsens as age increases. The risk of dying in a fire soars to 4.4 times for those adults over the age of 84.

 Older adults are more vulnerable in a fire than the general population due to a combination of factors including mental and physical frailties, greater use of medications, and elevated likelihood of living in a poverty situation.

• The leading cause of *fire deaths* in older adults is **smoking** and the leading cause of *fire injuries* in older adults is **cooking**.





- - Never leave cooking unattended. Use a timer to remind you that you are cooking.

