

Title X-funded LARC Trainings: Description and Findings

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LARC Program Overview

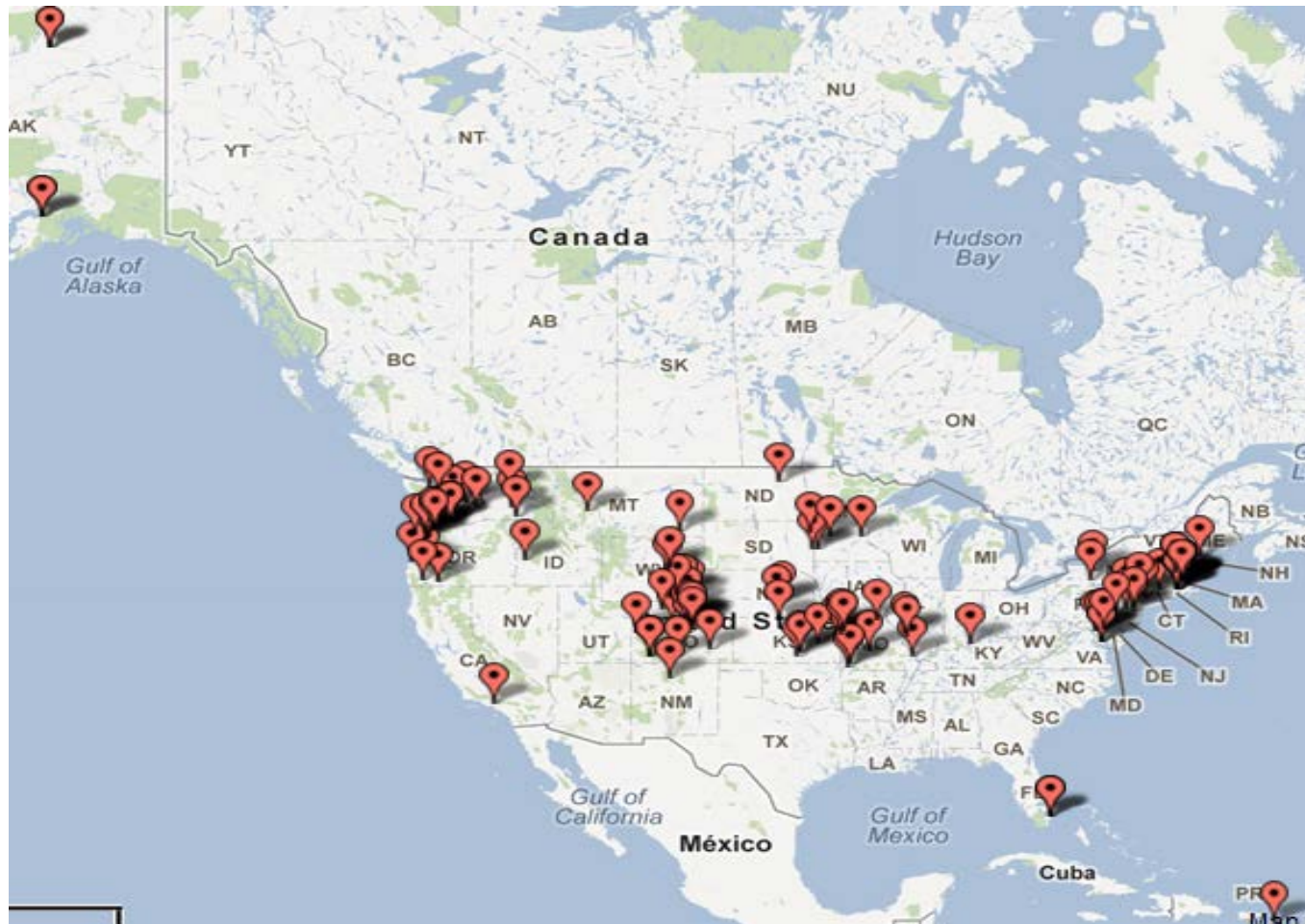
The Office of Population Affairs seeks to enhance efforts by Title X agencies to ensure that Long Acting Reversible Contraception (Mirena[®], ParaGard[®], IMPLANON[®]/NEXPLANON[®]) is a birth control option for clients.

- OPA has provided funding to the *Clinical Training Center for Family Planning* for intrauterine contraception (IUC) trainings. In addition, participants are offered non-CE subdermal implant training.
- Combination didactic presentation + hands-on skills-based workshop.
- 2.5 continuing education credit hours for IUC training.
- Free of charge for Title X clinicians.
- Trainees who travel outside of their DHHS region for training qualify for a travel stipend of up to \$200.
- LARC Mentoring: connects experienced LARC clinicians with less experienced LARC clinicians and mentors receive \$250 per half day of mentoring.

**In total, 123 clinicians trained in LARC methods:
 89 clinicians completed the IUC course
 79 clinicians the Implanon® or Nexplanon® course**

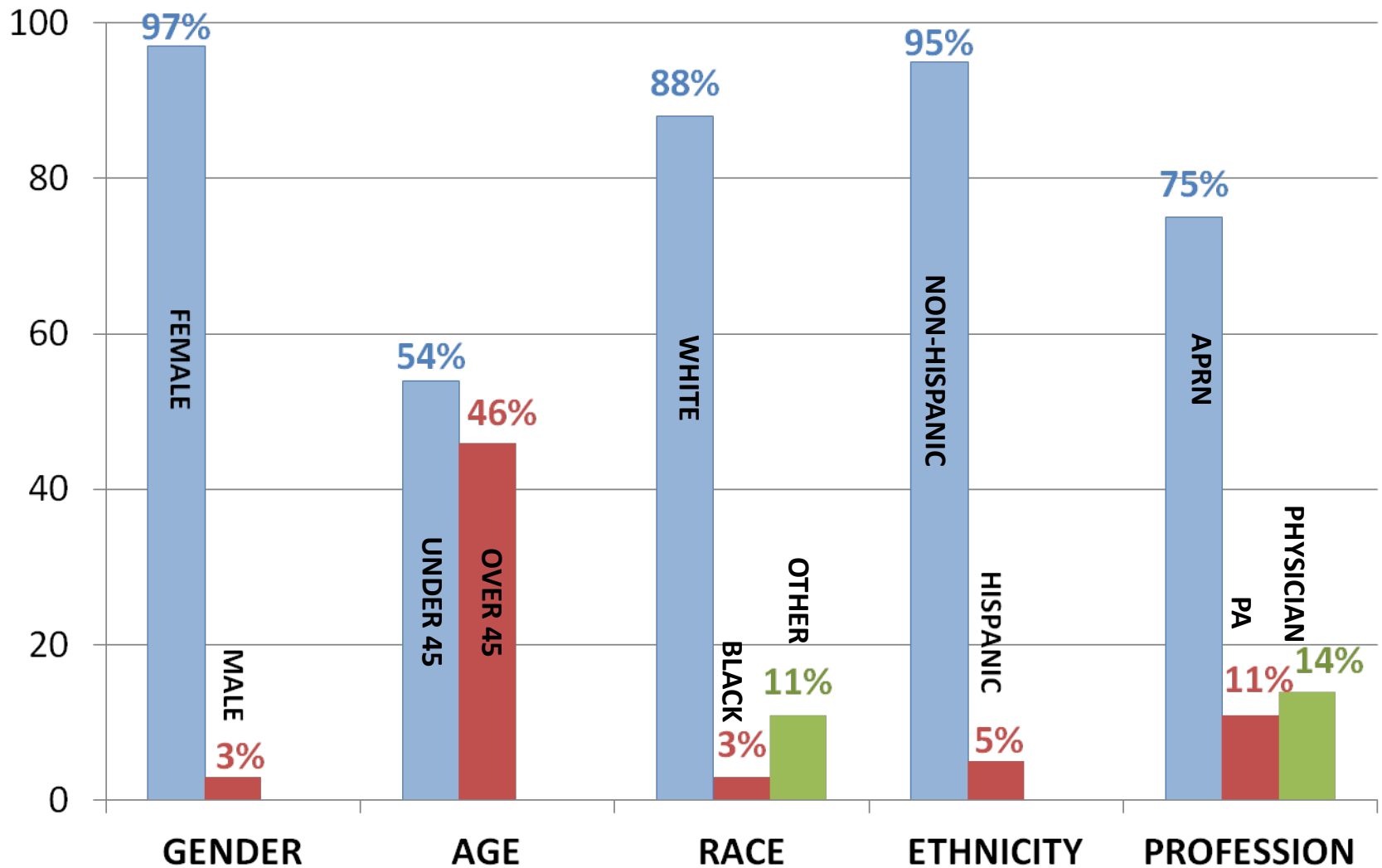
LARC TRAINING DATE	LOCATION	# CLINICIANS TRAINED (IUC &/or IMPLANON®)	IUC	IMPLANON®
March 25, 2011	Portland, OR	33	18	16
April 8, 2011	Kansas City, MO	23	9	14
May 12, 2011	Denver, CO	28	27	25
June 8, 2011	Baltimore, MD	18	17	11
December 13, 2011	Marlborough, MA	21	18	13
TOTAL CLINICIANS TRAINED		123	89	79

LARC trainees clinical practice locations



123 trainees, from 28 states + Puerto Rico, representing all 10 USDHHS regions

LARC Trainee Demographics



6-Months Post Training

Total of 37% (n=46) responded to web-based survey

- 25 trainees have placed at least 1 Mirena; 13 have placed 7 or more
- 28 trainees have placed at least 1 Paragard; 11 have placed 7 or more
- 18 trainees have placed at least 1 Implanon; 6 have placed 7 or more

6-Month Post Training Barriers to LARC use

- **33% report NO barriers to LARC use at their site**
- **22% report institutional protocols and/or administrative resistance as barriers**
- **16 % say that patient resistance is a barrier**
- **24% report lack of funding for Mirena**
24% report lack of funding for Implanon
11% report lack of funding for Paragard

LARC Mentors

The CTCFP LARC initiative includes a mentor matching option to connect less experienced LARC clinicians with seasoned LARC clinicians in their geographic area for guidance and support. Thus far:

- 34 clinicians nationwide have been accepted as mentors & have received a LARC mentoring kit
- 18 trainees have requested IUC mentors
- 12 have been matched with a mentor and 6 matches are pending

Apply to be a LARC Mentor online at <http://larc.ctcfp.org/content/mentors>

Upcoming LARC Trainings

- **April 18, 2012** *Milwaukee, WI* *
- **May 9, 2012** *Las Vegas, NV* *
- **August 5, 2012:** *New Orleans, LA*
as part of the [Title X National Reproductive Health Conference](#)

A * indicates that [Preceptor Training](#) is also offered at the same location on the 2.5 days following LARC training.

Teva Women's Health will be offering free local and regional Paragard®-only trainings, in partnership with ARHP, to interested Title X agencies.

For more information

<http://larc.ctcfp.org/>



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