THE RILEY BUGLE CALL



JUNE 2009

COL Richard G. Piscal Garrison Commander, Fort Riley, KS CSM Ian A. Mann Garrison CSM, Fort Riley, KS

IMPORTANT NOTICE FROM THE STAFF JUDGE ADVOCATE!!

• **Changes to Death Gratuity:** Effective July 1, 2008, Soldiers can designate 100% of their \$100,000 death gratuity to a beneficiary of his or her choosing. If the Soldier is married and the spouse is not the beneficiary, the spouse will receive a letter notifying them of the change.

CUSTOMER MANAGEMENT SERVICES:

• Customer Feedback is very important to us. If you have an issue that needs addressed you can use ICE or Community FIRST to solve it. Contact the Installation Customer Service Officer at 239-2540.

• The Interactive Customer Evaluation (ICE) system is a major component of individual feedback. It provides direct feedback of services received by individuals and promotes rapid interaction between service providers and constituents. It is an integral piece in evaluating feedback and gives service providers the ability to directly affect the service delivery and customer satisfaction of constituents. Have you had a good experience at a Fort Riley organization? Then go to Fort Riley's online comment card system at http://www.riley.army.mil/ then click on the ICE logo and tell us about it.

• **Community FIRST** is a structured process for obtaining, vetting, prioritizing and resolving installation level issues that cannot be addressed through the ICE system. Feedback obtained through quarterly focus groups, town halls, Troop Action Councils, Family Advisory Councils, and community suggestions are tracked and monitored by the Customer Service Officer. Issues and resolutions are posted to the CMS website every quarter. Issues that cannot be resolved at the installation level are forwarded through the Army Family Action Plan program.

Fort Riley Veterinary Services:

Bldg 226 Custer Avenue

Operating Hours

Monday thru Friday 7:30am-3:30pm

- Wednesday Open until 5:00pm
- Registration for pets is Thursday & Friday
- All pets residing in Fort Riley Housing must be registered with Veterinary Services.
- Pets (Cats/Dogs) must be registered within 10 days of arriving onto Fort Riley. Registration is free but must be done in person; this process cannot be done over the phone, bring proof of any vaccinations your pet may have already received. Registration

may include the animal being micro chipped (if not done previously). The cost for the micro chip is \$15.00.

- Veterinary Services does offer vaccinations and sick call for your furry Family members. All appointments for treatment can be made by calling 239-3886 or 240-0307.
- For more information on Veterinary Services visit www.riley.army.mil

Fort Riley Stray Animal Facility

Hours of operation are:

- Monday thru Friday 10:30am–3:30pm
- Adoptions are done until 3:00 pm Monday thru Friday

Phone Number: 239-6183

Remember... pets can live longer, healthier lives if oral health care is managed and maintained throughout their lives. In fact, proper dental care may add as much as FIVE years to your pet's life! Call Fort Riley Veterinary Services to schedule your Free Dental Health Evaluation at 239-3886 or 240-0307.

Directorate of Family, Morale, Welfare, and Recreation (DFMWR): Special Events:

June is Dad's Make a Difference Month!

Join ACS in celebrating Dad. ACS is planning a month full of fun in recognition of our military fathers. There will be games, activities, workshops, food, music, and much more! Look for additional information in the coming weeks or call ACS at 239-9435 for more information.

Bowling Alley: | Bldg 7485 | 239-4366

Custer Hill Lanes and Snack Bar Hours:			
Sunday-Thursday	11:00am-10:00pm		
Friday & Saturday	11:00am - 12:00am		

Strike Zone Bar Hours:	
Sunday-Thursday	5:00-10:00pm
Friday & Saturday	5:00pm - 12:00am

Bowling Special Events:

- Youth League Every Thursday at 2:00pm For ages 4-18
- **Pin no Tap Tournament** June 14 Sign up starts at noon and games begin at 1:00pm.
- Father's Day Special June 21 All dads bowl free all day long!

Daily Specials:

- Monday Night Madness Purchase a combo meal and get two games for only \$3.00. 7:00pm-10:00pm
- Tuesday Nifty Fifty Night .50 cent games, .50 cent hot dogs. 7:00pm-10:00pm
- Wednesday Chicken Wing Night .25 cent chicken wings when you bowl (no to go boxes). 7:00pm-10:00pm
- Red Pin Bowling Thursday Night

Back by popular demand, get a strike on the Red Head Pin and receive FREE game tokens, prizes, and bowling bucks. \$10 per person (includes lanes fees and shoe rental). 7:00pm-10:00pm

- Bingo Bowling Friday Night Get strikes in the indicated frames and receive cash prizes and FREE games. \$15 per person. (Does not include shoe rental) 7:00pm-10:00pm
- Extreme Bowling Saturday Night Only\$20 per lane, with up to 8 bowlers per lane. 9:00pm-12:00am
- Sunday Family Day

11:00am-10:00pm, \$25 per lane (up to 8 bowlers per lane). Fee includes a 16" one topping pizza and a pitcher of soda. 2 hour sessions, shoe rental not included.

• Penny-a-pin

Monday-Friday, 11:00am-1:30pm. Pay one penny for every penny that you knock down. Bowl a 200 game and it's FREE.

Connect to the Internet at Custer Hill Bowling Center: Custer Hill is a wireless internet Hot Spot. Come by and surf the web.

\$3.50/ hour \$ 9.95/ day \$24.95/ week \$45/ month.

Custer Hill Bowling Center now has MPOGS (Multi-Player Online Game Systems). Play games from Halo, World of War-craft, American Army, Bejeweled, and many more games. Or just surf the web, shop, or just check e-mail.

Plan your Party at Custer Hill Bowling Center: We can help you plan that special party, Hail and Farewell or FRG Meeting. Ask about our group rates.

Leagues: Come and join one of our night or day time leagues or start your own. We currently have Tuesday morning women's league, Wednesday night mixed league, Friday night mixed league, and Sunday Youth league. Who's up for a unit league?

Kids Birthday Parties: We set up and clean, just bring the cake and kiddos. \$129.50 for 10 kids (\$12.95 for each additional child). Invite Riley Bear (\$50) or request a theme (3 weeks advance reservation). Call for more information.

Custer Hill Golf Course: | Bldg 5205 | 784-6000

Pro Shop and Golf Course Hours:			
June 1-30			
Mondays	11:00am-9:00pm		
Tuesday–Fridays	8:00am-9:00pm		
Saturday, Sunday, Holidays	7:00am-9:00pm		

Snack Bar Hours: Monday–Friday: 11:00am–1:00pm All rentals are due back to the Pro Shop 15 minutes prior to closing. There is a \$5 late fee for all equipment returned late.

The Driving Range: is now open 24/7. Purchase your tokens or keys in the Pro Shop, or use our machine onsite (takes \$1 bills only). You can hit golf balls at night! All you have to do is turn on the lights; we'll turn off the lights when you are done.

Membership: membership can be prorated if you are PCSing, ETSing, or deploying. If you don't have a copy of your orders, we can refund you the remainder of your membership (will take effect the last day of the month that you leave).

2009 Tournaments: Want to do a Golf Tournament next year? Contact our staff to plan your tournament today. We take first come, first serve on dates, please book your tournament now.

- PW Tournament: June 5. Open to the public, event and registration run by the Ft. Riley PW.
- American Cancer Society Relay for Life Tournament: June 12. Event and registration is run by the American Cancer Society.

Super Twilight: Begins everyday at 5:00pm. Enjoy a game in the spring twilight: \$15 weekday greens fees and cart; \$20 weekend and holiday greens fees and cart.

Check out our website at <u>www.rileymwr.com</u> for more information.

• Ft Riley Open: June 13

Join us for the 2nd Annual Ft Riley Open. Shotgun start at 9:00am, this tournament is a 4-person scramble. Cost is \$40 for members and \$50 for Non-Members. Mulligans and proximity prizes will be held throughout the day.

- US Open Pick-a-Pro: June 20-21 This event will be an individual stroke play and cost \$15 per person per day (Greens fees and carts not provided). Combine your score with your pro's score to get low score for the day.
- **Payday Scramble**: July 17 The first of 3 Payday Scrambles, this event will have a 9:00am shotgun start and will be a 4-person event. The cost is \$40 for members and \$50 for non-members.

Rally Point: | Bldg 2600 | 784-5733

Closed Sunday, Monday, and Holidays

Friday Night Family Night:

5:00-8:00pm

Join us for a night of dancing with DJ Tracy Jordon. Jams will include music the whole Family can groove to. Satisfy your belly with our all-you-can-eat buffet, only \$7.95 for adults and \$4.95 for children under the age of 12.

Rally Point will close for renovations on July 1, 2009 and will remain closed until approximately November 2009.

Riley's Conference Center: | Bldg 446 Seitz Dr, Main Post | 784-1000

Office Hours: Closed on Sunday and Monday

Tuesday, Wednesday, Friday	8:00am – 5:00pm
Thursday	10:00am – 7:00pm
Saturday	10:00am – 12:00pm

Father's Day BBQ Brunch: June 21

10:00am-2:00pm \$13.95 for adults, \$6.95 for children Fire up the grill! Riley's Conference Center is hosting a Father's Day BBQ Brunch. This buffet will feature Pork Ribs, Roasted Chicken with all the fixin's, traditional breakfast items, and a special dessert for Dad. Seating will be available inside and outside. Call today to reserve your spot!

Arts & Crafts Center: | Bldg 6918 | 239-9205

Monday & Tuesday 1:00pm – 8:30pm Wednesday, Saturday, & Sunday 9:00am – 4:30pm Closed on Thursday, Friday, and Holidays

We offer a variety of classes, including wood working, ceramic, matting and framing; and custom services. Stop by for a tour of our facility or call for more information.

- **Crochet and Knitting**: FREE CLASS! Classes are held the 2nd and 4th Monday of each month at 7:00pm, call for more information.
- **Craft Classes available** Book a craft class with your coffee group. There is a variety of fun things that you can do, tour our facility!

Do you have scouts that need help completing an activity project? Leaders stop in and let us know how we can assist you.

Custom Services

- **Professional Matting & Framing:** Our shop has over 500 frame molding choices and the highest quality conservation, preservation mattes for your valuable pieces. Stop in for a free estimate.
- **Imprint Shop:** We offer computerized engraving and sublimation printing for plaques and mug imaging.
- **Engraving:** Metal etched engraver and a laser engraver. We are able to cut into wood, plastic, glass, mirror and limestone. Stop in, take a look at our samples and see what we can do for you!

Automotive Skills Center: | Bldg 7753 Apennines Dr. | 239-9764/4028

Wednesday-Friday 11:30am-8:30pm Saturday-Sunday 9:00am-5:00pm Closed Monday & Tuesday

Automotive Car Wash | Bldg 7756 Apennines Dr. |

Open 24 hours/ 7 days a week Recently renovated with the following upgrades: change machine, vacuum cleaners, wax and drying area, and 8 separate bay car wash areas with power washers.

Automotive Skills Center Car Club:

Meets on the 2nd Sunday each month at noon in the Automotive Skills Center. The Car Club is currently accepting applications for annual membership. Membership is open to active duty Soldiers, retirees, Family members, reservists, National Guard, and DA civilians. Call for more information on membership benefits. Facility features:

- Open bays with complete tool sets and roll-around benches
- 15-suspension lift bays
- A 12,000lb lift bay that supports the tires
- Complete tool room
- Auto parts store
- Paint booth
- State of the art engine rebuild and machine shop
- Inline fuel filter removal bay
- Mitchell on Demand Reference library on DVD, recently updated for both European and Domestic cars (1984-2007) with color coded diagrams, updated repair, and trouble codes.
- Body Shop
- Trained mechanics available for assistance and advice Services provided:
 - Overnight parking
 - Tire mounting, balancing, and repair
 - Engine computer monitor
 - AC service
 - Front end alignment
 - Brake drums and rotors turned
 - Hydraulic press
 - Welding services
 - Flywheel grinding
 - McPherson strut replacement
 - Broken bolt removal
 - Pack wheel bearings
 - Engine rebuilding services
 - Ball joint installation and removal
 - Fuel injector cleaning
 - Valve grinding

FREE twenty-five-point automotive vehicle check:

Available to deployed Soldiers' Family members. (You must have verification of Soldier or unit deployment, ID card, and vehicle registration or title.)

AC Service:

The Automotive Skill Center's professional staff mechanics will service your AC at a fraction of the cost of downtown dealer and repair shops.

Body shop:

Now open for business, providing technical skills and continuous education. You can attend a body shop class or do hands on training. Call for more information.

Mac Mentor:

Recently updated with OBD11 Smart Cards, Scope Probe for European and Domestic Cars to include: Mercedes, Toyota, Volkswagen, BMW, Audi, Land Rover, Porsche, Jaguar, Saab, and Volvo 1986-2005 as well as domestic cars 1984-2006. **Engine Rebuild:**

Rebuild your engine; the engine rebuild shop has a new hot tank that will clean your manifold, heads, and block within thirty minutes.

FREE Automotive classes:

Basic Automotive Repairs will meet the 1st and 3rd Thursday of each month; Advanced Automotive Repairs will meet the 2nd and 4th Thursday of each month. Classes will be held from 6:00-7:00pm.

Outdoor Recreation Center (ODR): Bldg 9011 239-2363/6368

Open Sunday- Saturday 9:00am – 5:00pm

Closed on all Federal Holidays

Outdoor Recreation has a wide variety of items available for rent to help you enjoy those long summer days. We have tents, bikes, kayaks, campers, and much more. Stop by to see how we can help you make the most of your outdoor adventures this summer. Weekend rates are available Saturday- Monday.

Canoe Trip- Join us for a canoe trip down one of the local scenic rivers June 20. Pack a lunch and bring a friend. River route will be determined based on current water levels. Stop by Outdoor Recreation Center (ODR) for more information and to check out our potential routes. Cost is \$15.

Night Hike- Take a hike with the things that go bump in the night, June 13. Experience the sounds of nocturnal nature on this 4.5 mile night hike

(approximately 2 hours). We will be talking about the nocturnal animals common to this area and do a little owl calling. Please sign-up early, space is limited. Cost is \$8.

Bike Ride- Want to enjoy a bike ride but don't have a bike or a way to transport a bike. Join us to a 9 mile round trip ride on the Republican River and lunch at the Spill Way Pond. June 6, cost is \$15.

Horseback Riding- Join us for an exciting day of horseback riding and hiking at Rock Springs, June 27, from 10:00am-3:00pm. This is a great way for the Family to enjoy a day out together in the beautiful flint hills of Kansas. Take a nature hike in the morning then enjoy lunch at the Rock Springs cafeteria, followed by an hour horseback ride. Riders must be 8 years or older and all minors must be accompanied by a parent or guardian. Transportation provided to Rock Springs from ODR.

We are planning some great activities this season, to include hiking, biking, canoe trips, and horse back riding. Check us out on rileymwr.com or give us a call at 239-2363/6368.

Information, Ticketing & Registration (ITR): | Bldg 6918 | 239-5614/4415

Monday–Friday 10:00am-5:00pm.

Our services are available to active duty, National Guard, Reservists, Retired, DOD Civilians and Families.

Country Stampede – Attend a party with thousands of friends, national recording artists, and four days of non-stop music and fun! This country and music festival is held June 25-28 at Tuttle Creek State Park. The weekend is filled with great performers, fantastic food, colorful crafts, and other activities. Top performers include; Tim McGraw, Dierks Bentley, Sawyer Brown, Kellie Pickler, and many more. Limited complimentary Sunday tickets are available through ITR. Upgrade that ticket to a 4-day pass for a little more than the cost of a 1-day ticket. Interested in winning FREE VIP tickets? Visit and find all 8 Country Stampede Logos at any of the FMWR facilities by June12 and submit your entry form to ITR. Drawing will be held on June 15.

Riley Ride – Looking for a ride? Pick up a card to save yourself some trouble. Choose from a \$5 or \$10 card at ITR and use it to go from Fort Riley to Aggieville (or back) on a Friday or Saturday nights. Open to all DoD ID cardholders. Call us for a schedule.

Universal Military Salute - One (1) FREE 2-Park unlimited admission ticket offer valid for Active Duty (includes Army, Navy Air Force, Marines, Coast Guard or Reservists) or Retired military service members with valid military photo ID. Specially discounted tickets are also available for Family and friends. Offer is available through June 28. Let us assist you in putting together a complete package to include room reservations and other attraction tickets or shows in the area.

Fort Riley Library: Bldg 5306 239-9582

Tuesday-Saturday: 11:00am-6:00pm

Sunday: Noon-5:00pm

Closed on Mondays

Story Times: All story times begin at 1:30pm, unless otherwise specified. Story times include story, crafts, and refreshments.

June 6- <u>"M" is for Mouse</u> Stop by to color in summer themed coloring sheets.

June 13- What do you Dream? Join us in making paper plate shakers.

June 27- <u>Happy 4th of July</u>, Jenny Sweeny. We will create Star Spangled Door Hangers.

Movie Night will be June 20 at 6:30pm. We will view Disney's <u>Robin Hood</u> and popcorn and beverages will be provided.

Parties

June 20, Fathers Day Craft Party 1:00-3:00pm.

Sports:

King Field House | Bldg 202, Main Post | 239-3868

Monday-Friday 5:00am-9:00pm

Saturday/Sunday/Holidays 9:00am-9:00pm

Leonard Fitness Center | Bldg 7632, Custer Hill | 239-5771

Monday-Friday 5:00am-8:00pm

Saturday/Sunday/Holidays 10:00am-5:00pm

Craig Fitness Center | Bldg 7024, Custer Hill | 239-5562

Monday-Friday 5:00am-9:00pm

Saturday/Sunday/Holidays 1:00-8:00pm

Long Fitness Center | Bldg 8069, Custer Hill | 239-4683

Fitness Center is closed until approximately November 2009 for renovation.

Robinson Fitness Center | Bldg 7832, Custer Hill | 239-4480

Monday-Friday 5:00am-8:00pm

Saturday/Sunday/Holiday Noon-7:00pm

Sports Special Events:

Ft Riley 10-5-2 Prairie Run: July 25

This event is open to military and civilian runners.

The start and finish are at King Field House.

Schedule: 6:00am- 6:45am is packet pickup (for all three races)

7:00am 5 and 10 mile races begin

7:10am 2 mile race begin

9:15am (approximately) Awards Ceremony

Registration opens April 1 at the Sports Office in King Field House, 239-3945. Cost is \$12 if you register before July 10, \$15 if you register after July 10. Entry fees include a

complementary T-shirt. Active duty Soldiers who register for the 10 mile race pay no fees. The 10 mile race can be used as a qualifier for the Army 10- miler in Washington D.C., if you are an active duty Soldier stationed at Ft Riley. Registration closes July 24 at 6:00pm. There will be no same day registration.

Riley Wheels Skating Rink

Open skating sessions:

Saturday 1:00-4:00pm and 7:00-10:00pm

Sunday 1:00-3:00pm

Riley Wheels Skating Rink is ready to host your next private party, with blocks of time available from 6:00-10:00pm on Friday, 10:00am to Noon on Saturday, and 3:00-5:00pm on Sunday. Call 239-3764 for more details.

Fitness Department

- "My Life Fitness Program" conducts lifestyle education classes. The Wednesday noon classes this month include abs/back, water aerobics, and band/tube/dumbbell class.
- "Exercise 101" is offered every Tuesday at 4:50pm for those that beginning an exercise program.
- **The Walk/Bike/Run out of Iraq Program** is over. Participants can pick up their mileage prizes at the end of the month.
- Fitness Assessments will be offered from 1:00-3:00pm on June 16.
- **"Tour De France**" is on June 20, from 8:45-11:00am. The event is a two-hour SPINNING ride challenge. All participants must sign up for the ride in the fitness department at King Field House before 5:00pm on June 19. All participants will need a punch card, will need to be able to ride the full two hours, and will need to have experience in SPINNING prior to the ride. Weather permitting; the SPINNING class will be outside.
- Body Composition testing will be offered on June 29 from Noon to 1:00pm.
- Body Compositions and Fitness Assessments are now available through appointments.

Please call the Fitness office at 239-2813/ 3146 for more information.

Intramural Sports

- 2nd Annual Midnight Madness Softball Tournament is June 5-7, from 6:00-9:00pm at the Sacco Softball Complex. Free for active duty Soldiers. \$75 for civilian teams. Max is 16 teams, with no more than 18 players per team. Must have four teams to conduct the tournament. There will be a double elimination. Registration deadline is June 3 at 4:00pm. Awards will include individual awards and 1st, 2nd, and 3rd places for teams.
- **Battalion Level Track and Field Meet** is June 8. Open to all active duty military assigned to the Ft Riley area. Awards for 1st, 2nd and 3rd place teams and 1st, 2nd and 3rd for individuals. Must have a minimum of four Battalion teams to conduct the meet.
- Battalion Level Swimming Athletic and Recreation representative meeting is June 10 at 2:00pm in the bleacher area of King Field House. Open to all active duty military assigned to the Ft Riley area. The Battalion Level Swim Meet is scheduled for July 23. Awards for 1st, 2nd and 3rd place teams and 1st, 2nd and 3rd for individuals. Must have a minimum of four Battalion teams to hold tournament.
- **Battalion Level Wrestling Tournament** is June 15-19. Open to all active duty military assigned to the Ft Riley area. Awards for 1st, 2nd and 3rd place teams and

1st, 2nd and 3rd for individuals. Must have a minimum of four Battalion teams to conduct the meet.

- **Battalion Level Tennis Tournament** is June 22-26. Open to all active duty military assigned to the Ft Riley area. Awards for 1st, 2nd and 3rd place teams and 1st, 2nd and 3rd for individuals. Must have a minimum of four Battalion teams to conduct the meet.
- Fire Cracker One Pitch Softball Tournament is June 26-28, from 6:00-9:00pm at the Sacco Softball Complex. Free for active duty Soldiers. \$75 for civilian teams. Max is 16 teams, with no more than 18 players per team. Must have four teams to conduct the tournament. There will be a double elimination. Registration deadline is June 24 at 4:00pm. Awards will include individual awards and 1st, 2nd, and 3rd places for teams.

For more information contact Edwin Torres Cortes, Sr. at 239-4615 or at edwin.torrescortessr@conus.army.mil

Pools:

Eyster Pool | Bldg. 6940 | 239-4854 Recreational Hours ended May 22, 2009. Lap Swimming: Monday-Friday 11:00am-1:00pm Lap swimming is free for active duty Soldiers; daily entry fees apply for all other ID cardholders. Long Pool | Bldg. 8069 | 239-4684 Closed for renovations. Custer Hill Pool | Bldg. 7465 | 239-5860

Open daily 11:00am-8:00pm

Main Post Pool | Bldg. 448 | 239-6972

Open daily Noon-6:00pm

Daily entry fees:

\$1.50 - ID card holder

\$3.00 - Guests may be "signed in" by an active duty Soldier, spouse of active duty Soldier, or retiree.

3 years and younger are FREE with a paying adult

Season Passes (September 1, 2008 - May 15, 2009):

	Single Soldier	Family
Quarterly (3 months)	\$15	\$35
Semi-Annual	\$60	\$80
Annual	\$110	\$150

Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

• Moon Night Swim:

June 27, 8:30-10:30pm at Custer Hill Pool.

Open to all DoD card holders. Cost is only \$2.50/ single Soldier and \$5/ Family Bring the Family's favorite food, snacks, and drinks. We will provide the music!

• Aloha Night:

June 20, 6:00pm-9:00pm at Custer Hill Pool.

Games kick off at 6:15pm. Arrive hungry; we will have a pig roast, tropical drinks, and much more. (The pool will close early on days of Aloha nights at 4:00pm for setup) Cost is only \$10/ Family and \$5/ single Soldier.

• SKIES Swim Lessons:

Jun 15-19

Call 239-4854 for class times

• Star Bright Swim Lessons: Private swim lessons with one instructor. 6 classes within a two week time frame that are 45 minutes long will cost \$70.

• Spot Light Swim Lessons:

Semi-Private swim lessons with no more than three students per one instructor. 6 classes within a two week time frame that are 45 minutes long will cost \$45/student.

• American Red Cross Group Swim Lessons:

Session I (Jun 1-5 & Jun 8-12), registration opened on May 18. Session II (June 22-26 & June 29-July 3), registration opens June 8. Cost is \$25/ Child Please call 239-4854 for class times and levels

BOSS:

239-8147

Harley Davidson Tour June 18

BOSS + Harleys = a good time!

Join us for a FREE tour of the Harley Davidson Factory in Kansas City.

Sign up at ITR, 239-5614. Have prior approval from your chain of command.

Whether you are a bike enthusiast, or a bike enthusiast want-a-be, join us for a fun Thursday outing.

BOSS Car Wash June 20

Get your ride scrubbed by BOSS. We will be at Rally Point 8:00am-4:00pm. Donations will be accepted.

White Water rafting Trip June 21-22

BOSS is hitting the Colorado rapids

Join BOSS, for an overnight camping trip to Ft Carson, Colorado. We will be paddling our way through the mighty Arkansas River, stop for camp, and hit the rapids again the next morning. The bus will leave Ft Riley at 12:30am on June 21 and will return June 22, after we have worn out the river.

Space is limited for this adventure, so sign up early. Call ITR at 239-5614 to secure your spot. Make sure you have your pass approved before paying. The cost is only \$120 per person. An \$80 non-refundable deposit is due by June 1 and final payment is due June 15.

Child, Youth, & School Services (CYSS):

CYSS Central Enrollment Registry (CER) Bldg. 6620 Normandy Drive 239-9885 Your first stop for all CYS Services is CER. Registration is required to participate in any CYS Service.

Hours of Operation: Monday-Friday, 7:00am-5:00pm

Walk-in registration hours are Monday-Friday; 8:00am-1:00pm (must be signed in by noon)

All Annual registration fees are currently waived (until further notice). CYSS registration may be transferred to a new duty station upon PCS.

CYSS Army Family Covenant (AFC) Initiatives:

You must present a copy of the deployment orders (w/ spouse's name) in order to receive any of the AFC discounts & current CYS Services Registration is also required. Initiatives include:

- 16 hours of free hourly care per month is available to children of deployed sponsors. Hourly care is located at Warren East CDC and SAS. Sign for and receive a 16 hours punch card (Cards cannot be replaced and are required on the day of care). FREE hourly care this month will be on **June 13 and June 27**.
- 20% monthly discount is available for children of deployed Soldiers for full time and part day fees.
- Two free sports registrations per child per Family per deployment. This includes soccer, baseball, basketball and volleyball programs.
- Four free instructional (SKIES) classes per child for maximum duration of eight weeks each. Regular fees will apply after eight weeks.

SKIES Unlimited:

Please call SKIES for class information at -239-4723.

Sport physicals are NOT required to enroll in SKIES Unlimited Classes, but you must be registered at CYSS.

Classes are subject to change without notice. Classes are held at CYSS unless otherwise noted.

• Tae Kwon Do

Tiny Tiger classes (ages 4-6) meet Monday & Thursday at 5:15-5:45pm Basic Tae Kwon Do classes (ages 7-11) meet Monday & Thursdays at 5:45-6:30pm

Cost: One time fee of \$65 for membership includes uniform, belt, and more. Monthly fee of \$60 to CYSS and a one time \$25 testing fee paid to the instructor. Parent Orientation Night is Wednesdays at 6:00pm. Hackerott's Leadership Academy 539-0909

4914 Skyway Drive by the airport

• Wiggles & Giggles (Minimum enrollment) Enjoy toddler time with Mom or Dad. Ages 10 months to 3 years old Tuesday 3:00-3:30pm Thursday 10:30-11:00am Monday 6:00-6:30pm Cost: \$20 monthly for once a week class

HIP HOP DANCE Ages 5-10 Tuesday 6:30-7:30pm

Cost: \$30 monthly

Intro to Ballet/Creative Movement

Ages 7-10 Wednesday 6:00-6:45pm Cost: \$30 monthly Classes held at MST, Bldg 5800

Tumbling Ages 3-4, Monday 4:00-4:45pm Ages 5-7, Monday 6:45-7:30pm Mommy & Me (ages 2 ½ -4) meet Wednesday at 10:30-11:00am Cost: \$30 monthly

• Ballet Ages 2-4, Monday 6:00-6:30pm Ages, 5-10, Monday 5:00-5:45pm

Cost: \$30 monthly

• Daytime Dance Dynamos A combination of dance and tumbling Ages 3-4, Wednesday 2:30-3:00pm Ages 4-7, Wednesday 4:15-5:00pm Ages 5-7, Wednesday 5:00-5:45pm Cost: \$30 monthly Classes held at MST, Bldg 5800

Intro to Tap and Modern Dance Ages 5-10, Wednesday 7:00-7:45pm Ages 3-4, Wednesday 2:30-3:15pm Cost: \$30 monthly Classes held at MST, Bldg 5800

• **Gymnastics Class** Ages 5-7, Tuesday 5:00-6:00pm & Thursday 5:00-6:00pm Ages 7-9, Tuesday 6:00-7:00pm & Wednesday 5:30-6:30pm Ages 10-15, Tuesday 7:00-8:00pm Ages 6-8, Wednesday 6:30-7:30pm Cost: \$30 monthly

• Team Gymnastics By invitation only Thursdays at 6:00- 7:30pm Cost: \$40 monthly

• Beginner's Guitar Lessons Ages 8-15, Tuesday 6:00-7:00pm Minimum of 5 students enrolled before class can start Maximum of 10 students Cost: \$50 monthly Guitars available for rent for \$10 per month

• Jr Golf

June 2-July 9, July 21-August 27, September 1-October 8 Ages 5-10, Tuesday 5:15-6:00pm Ages 11-17, Thursday 5:15-6:00pm Cost: \$60 monthly Sessions meet at Custer Hill Golf

• Intro Public Speaking Workshop June 1-5, June 15-19, August 24-28 Ages 12-18, 6:00-7:00pm

- Cost: \$25 per workshop
 Home Alone Class
 June 8 and 16, July 8 and 16, August 6
 Ages 10+, 9:00am-11:00am or 1:00-3:00pm
 FREE to Families registered with CYSS
 Classes held at SAS
- SKIES Summer Swim Lessons Jun 15-19 Call 239-4854 for class times and relative levels.
- 4H Babysitting Workshop SERIES #1 June 1-Session #1- American Red Cross CPR/First Aid 8:00am-5:00pm

June 2, Session #2- 9:00am-1:00pm June 4, Session #3-9:00am-1:00pm Open to ages 13 and up. Cost is FREE Classes are held at the MST SERIES #2 will be held July 27, 28, and 30.

Horseback Riding June 13 & June 27 July 11 & July 25 August 8 & August 22 Session Times: 9:00-11:00am, 11:00am-1:00pm, 1:00-3:00pm These will be group session of 10 kids per class. Must be registered with CYSS.

Outreach Services: Please call 239-4723/9850 for more information.

Parent Advisory Council (PAC): June 4, 4:15–5:15pm

Meeting is held in the Training Room at Bldg. 6620. Patrons can receive points towards a 10% discount on their childcare fee.

Volunteer Child Care in a Unit Setting (VCCUS). This program allows groups to provide care for a "sister" group of their choosing. Each group has their own volunteers who are trained by CYS Services at a one time, four-hour training session. Upon completion of the training, they may then provide care for each other as long as the parents remain in the same facility.

Parent Education Plan

Parent Education Opportunities: For additional information contact Central Registration at 239-9885. Classes are held in the CYS Services Training Room, Bldg 6620 unless otherwise stated.

- **Parent Involvement Orientation**: June 3, 6:30-8:30pm. Free childcare available with preregistration. RSVP to 239-4965 by June 1.
- Child Abuse Prevention: June 9, 800-10:15am. RSVP to 240-2822 by June 8.
- **Toddlers: It's the Terrific Twos**: June 16, 6:30-8:00pm. Free childcare available with preregistration, RSVP to 240-2822 by June 14.
- Portion Distortion: June 17 at Bldg 5800/MST. RSVP to 239-9223 by June 16.
- Helping Children 3-12 Manage Anger: June 18. RSVP to 240-2822 by June 17.
- **Positive Solutions for Families: Making a Connection!** June 24. This is the 1st in a 6-part series focusing on the social emotional development of preschool children. Child care will be provided at no charge with pre-registration. RSVP to 239-9915 by June 22.

Child Development Centers (CDC)

- Warren Road CDC is accredited by the National Association for the Education for Young Children (NAEYC). Located in Bldg 6950 Hours of Operation are 5:45am–6:00pm Serves children ages six weeks to 5 years old Provides full-day care; part-day and hourly care is moving to Warren East CDC.
- Normandy Drive CDC Located in Bldg. 6620 A & B

Hours of Operation are 5:45am–6:00pm Serves children ages 6 weeks to 3 years old Provides full-day care

• 6620 Normandy Drive Pre Kinder Program Located in Bldg. 6620 Hours of Operation are 5:45am–6:00pm Serves children ages 3 to 5 years Provides full-day preschool and full-day pre-k

Forsyth CDC Located in Bldg. 2410 Hours of Operation are 5:45am–6:00pm Serves children ages six weeks to 5 years old Provides full day care

Whitside CDC Located in Bldg. 676 Hours of Operation are 5:45am–6:00pm Serves children ages six weeks to 5 years old Provides full day and hourly care

Warren East CDC

Located in Bldg. 6981 Hours of Operation: 7:30am-5:00pm Provides hourly care, part-day care, and pre-k Hourly care is for children 6 weeks-5 years, available 7:30am-4:30pm. Part-day care is for children ages 3-5, available with two sessions: 8:00am-noon and 1:00-5:00pm. Coming Soon: Free Saturdays and FRG evening care!

Family Child Care (FCC) Program

Child care that is offered in an on-post home or a qualifying off-post home, maintained by adults meeting FCC certification requirements. Homes are inspected and monitored regularly.

Provide full day, part day, hourly, and may also provide extended and overnight care. Serves children six weeks to 12 years of age and may take children of single or dual military parents as early as 4 weeks old if necessary to meet mission requirements. Care is in a small group setting with a home atmosphere.

NEW Opportunity for Parents!

Take a virtual tour of FCC Provider homes at <u>www.armyfcc.com</u>. Contact CYS Services Central Registration office at 239-9885 or the FCC office at 239-4313 for your USERNAME and PASSWORD.

Family Child Care Home Providers:

Adults wanting to become certified FCC providers are invited to attend an FCC informational briefing. The informational briefing is every Thursday at 1:30–2:30pm in Bldg. 6620 Normandy Drive. Call 239-4313, for more information.

School Age Services (SAS):

This elementary school age program is nationally accredited by the National After School Association (NAA). SAS is located in Bldg. 5810 Hours of Operation is Monday-Friday, 5:45am-6:00pm

Provides Before and After School programs for Kindergarteners -5th grades Transportation is provided to and from on-post schools.

Transportation is provided for Hourly Care children. (Parents must make reservations by noon the day prior, at which time SAS will notify the schools. Parents, notify your child's teacher as well.)

Breakfast is served until 8:00am and lunch and snacks are served on school out days. FREE Saturday Deployment Care at SAS:

A part of the AFC initiatives. Available this month on Saturday, June 13 and Saturday, June 27. 9:00am-1:00pm in the SAS Building, 5810.

Service is for children of deployed Soldiers only. Please be sure to have your punch card at time of service.

Lunch is served at 11:30am.

Reservations are required by noon on the Thursday prior to the Saturday care date.

Dates are subject to cancellation based on minimum enrollment. **Parents Night Out:**

June 13, from 6:00-10:00pm at \$10/ hour. Children must be registered with CYSS. Reservations are required by noon the Thursday prior.

Middle School and Teen Center (MSTC):

Bldg 5800, the corner of Thomas and Longstreet 239-9222 Summer Hours of Operation: Monday- Friday Morning Care 5:45am-1:00pm Monday-Thursday Open Recreation 1:00-8:00pm Friday Open Recreation 1:00-11:00pm Saturday Open Recreation 2:00-11:00pm Closed Sunday **Sign up for Summer Activities Today**

Summer Camp Events/ Field Trips:

- Summer Kick-off Community Party: May 29, 5:00-10:30pm Cost is \$5.00 (includes food and dance) FREE to new members who bring completed & signed self-registration packet.
- **"Speak Out for Military Kids"**: An interactive theatre camp. June 1-July 15, 1:00-4:30pm. Parent information meeting will be May 28 at 6:30pm.
- Worlds of Fun: June 2 & August 4, 9:00am-11:00pm. Cost is \$30 + food money.
- **Omaha Zoo**: June 12, 8:00am-9:00pm. Cost is \$11.50 + food money.
- Extreme Water Sports Camp: June22–27 & July 27–31, 10:00am-3:00pm. (Cost is \$60.00 + food money for Oceans of Fun). Camp includes: Kayaking, canoeing, water skiing, tubing, and a trip to Oceans of Fun.
- Oceans of Fun: June 23 & July 28, 9:00am-11:00pm. Cost is \$25.00 + food money.
- Kansas City Dave and Busters and Shopping Trip: July 10, 9:00am-6:00pm. Cost is spending money + food money.
- **Renewable Energy Resource Camp**: July 13–17, 11:00am-1:00pm. Cost is \$35.00, which includes materials, field trip costs, and a t-shirt.
- Nelson Atkin's Art Museum: July 17, 9:00am-8:00pm. Cost is spending money + food money.
- **Royals Baseball Game**: July 24, time TBD. Cost is \$18.00 + food money.

Stop by the teen center to also sign up for Summer Time weekly/monthly trips to area swimming pools, bowling center, and spin city. These activities are all provided at no cost to the youth participating.

Youth Sports:

Outdoor Adventure Camping Trip. Grades 6-12, June 12-13. Grades 3-5, June 5-6. Registration fee includes tent, meals, and transportation from Bldg. 5800 to West Rolling Hills, Milford Lake and back. Youth are responsible for bringing own sleeping bag and mess kit. To participate, register at CYSS Central Registration Office, Bldg. 6620 by May 29 for younger youth, and June 5 for older youth Start

- Smart T-Ball Registration May 26 June 5 at CYSS Central Registration. Start Smart T-ball is open to children ages 3-4 and their parents. Start Smart T-ball is a great way for parents and their children to learn the basics of organized baseball. The environment is fun and stress free and it offers an atmosphere for parents to spend quality time, one on one with their child. Classes will be held Mondays, June 8 July 13, with 2 class times to choose from 10:15-11am or 6-6:45. Classes will be held at Bldg. 5800, the Middle School Teen Center. Cost is \$20 per child. All equipment is included in the registration fee.
- Start Smart Golf Registration May 26 June 5 at CYSS Central Registration. Start Smart Golf is open to children ages 5-7 and their parents. Start Smart Golf is a great way for parents and their children to learn the basics of organized golf. The environment is fun and stress free and it offers an atmosphere for parents to spend quality time, one on one with their child. Classes will be held Wednesdays, June 10–July 15, with 2 class times to choose from: 10:15-11:00am or 6:00-6:45pm. Classes will be held at Colyer Manor Youth Fields. Cost is \$20 per child. All equipment is included in the registration fee.
- **Family Fitness Night** June 12, from 6:00–7:00 pm, at the Teen Center. Families with children of all ages are invited to participant in this high energy program.
- **Geocaching Registration** June 15-26 at CYSS Central Registration Office, Bldg. 6620. Registration fee \$20, must have current sports physical. Geocaching is a high-tech treasure hunting game played with GPS devices. The idea is to locate containers hidden outdoors, called geocaches. This program will meet June 30-August 6^t on Tuesdays and Thursdays from 9:00-10:00am and will be held at Colyer Manor Youth Fields and Moon Lake. GPS devices will be provided.
- **Outdoor Adventure Canoeing** Grades 6-12, July 8, 8:00-11:00am. Grades 3-5, July 22, 8:00-11:00am. Registration fee includes canoe rental fees and transportation from Bldg. 5800 to Tuttle Creek State Park and back. To participate, register at CYSS Central Registration Office, Bldg. 6620 between June 15–30 for younger youth, and July 1-17 for older youth.

Call 239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services:

• USD 383 Manhattan-Ogden High School Information for local and out-of-state summer programs for high school students is available on the high school counselor's website (<u>www.usd383.org</u>). The "Choices" handbook is a thumbnail guide to prepare students for Post-Secondary opportunities. The handbook is posted on the high school counselor's website (<u>www.usd383.org</u>)

For more information, please call the school counselors office at 587-2110

• MASTER IT:

"Mathematics And Science To Explore Careers Investigating Together" is a oneweek summer residential program at Emporia State University to be held June 8-13. MASTER IT targets young women in the state of Kansas who have completed seventh or eighth grade. This program includes hands on investigations of mathematical and scientific concepts and career discussions led by university women faculty and women professionals from industry. Participants will enjoy a variety of field trips which include visiting a nuclear power plant, going on a fossil hunt, having a star gazing evening and visiting the Kansas Cosmosphere. Throughout the week, students live in the residence halls with college women chaperones, giving them an early taste of university living. As an extra bonus, participants have a group of MASTER IT friends from all over the state to stay in touch with and support each other in the years to come. The cost of this program is \$250. A limited number of need-based scholarships are available. To receive a brochure with application information, please call Emporia State University's Department of Mathematics, Computer Science and Economics at (620) 341-5281.

• Youth Sponsorship Program:

Available to all active duty, retired, and reserve military youth in the Ft Riley area. This program has volunteers at the CYSS SAS and MST to welcome incoming youth and assist them with their transition. Participation in the Youth Sponsorship Program, as a volunteer or a new member to Ft Riley community, will promote youth awareness and involvement at Ft Riley, encourage new friendships, help youth and parents gain information about local schools, and strengthen you independence. Please contact Sandy Johnson, School Liaison Officer, at 240-3261 for more information.

• Kansas Speak Out for Military Kids-Interactive Theatre (SMOK-IT) SOMK-IT gives military youth a platform to voice their unique experiences through the medium of interactive theater. The troupe will create an original play and perform the play for the community. The troupe will meet every Monday, Tuesday, and Thursday from 1:00-4:30pm, starting June 1. The play will be performed on July 14 and 15. A parent informational meeting and registration for the troupe will be held on May 28 at 6:30pm in the CYSS training room. POC: 239-9587.

USD 475 Junction City-Geary County Schools:

Geary County-Junction City, Ft Riley, Milford, and Grandview Plaza www.usd475.org

717-4000 USD 383 Manhattan-Ogden Schools: Manhattan-Ogden <u>www.usd.383.org</u> 587-2000

<u>Picerne Housing Office:</u> Father's Day Mugs – June 11 Join your Neighborhood staff to make your father a gift he will treasure.

Visit your Neighborhood Office from 4:00-6:00pm, June 11 to decorate a coffee cup for your dad.

Photos can be brought in to be added to the cups. Decorations and cups will be provided.

Mark yours and your pet's calendar for 'Woof Stock' - June 20

Picerne Military Housing is hosting its first Woof Stock–a festival for dogs–9 am-noon, June 20 on the field located next to Rally Point. All on-post residents and their furry friends are welcome to attend.

Complimentary dog bowls and cleanup bag holders will be provided to the first 200 participants. A variety of vendors offering pet services will be on hand and providing information and give a ways.

Participants can take part in one of the many pet-friendly contests and also view a working dog demonstration from Fort Riley's Military Police.

Be sure to mark your calendar and review your June newsletter for additional information.

Poop and scoop will be in effect and all dogs must be on a leash.

Army Survey Deadline Approaching – June 30

Every family living in on-post housing on Fort Riley should have received a survey by mail in early April from the Department of the Army. It is titled "Headquarters, Department of Army Resident Assessment (On-Post)."

The 82-question review of your satisfaction with your home and your services has significant value to the RCI program office and Picerne Military Housing.

We encourage you to respond. Many initiatives, such as lawn mowing and playground improvements, have come from this survey.

Additionally, every on-post resident that returns a completed survey in the provided sealed envelope to their Neighborhood Office is eligible to enter to win one of two 47" **Phillips LCD HDTV** with **Blue Ray bundle** or one of three **Wii game systems**!

Nominations for Fort Riley's Yard of the Month Program

Nominations are now open for Fort Riley's 2009 Yard of the Month program. One home from each Fort Riley Neighborhood is selected for Yard of the Month. Nominated yards will be judged on the first Friday of each month.

To nominate a yard or for additional information on the criteria for the program, residents can contact their Neighborhood Offices or 717-2200.

<u>Army Community Services (ACS)</u>: Bldg. 7264, 239-9435. Employment Readiness Program (ERP):

- Employment Readiness Program (ERP): The Employment Readiness Program (ERP) was established to provide employment assistance to members of the "Army Family". These services are offered on an appointment basis. Appointments cover topics such as: resume styles, editing and review of the client resumes, cover letter examples, job search information and eligibility for specialized programs. To schedule an appointment or with questions on employment, please contact ERP at 239-9435.
- Listed below are some special programs every spouse should know about: Employment Readiness Program hosts weekly "Job Seekers" workshops on Tuesday and Thursday 1-4 pm. These classes are small and provide a great opportunity to visit one on one with the ERP Team. Additionally, instructors will provide you information on Employment Readiness Program and federal versus civilian resume styles. Call us for a spot in these classes.

- Employment Readiness Program is hosting the Barton Community College GED Class starting 9 July 2009. Get ready to take your GED in a classroom setting. Call Barton or ERP for further class dates and information on the program. Unemployment Benefits – Quit a job to PCS with active duty sponsor? You might be entitled to unemployment. Go to <u>www.uibenefits.dol.ks.gov</u> to put in an unemployment application today.
- Army Spouse Career Assessment Tool (ASCAT) Ever think you would be a great social worker, teacher, or secretary, the ASCAT can let you know what career you are best suited for. ASCAT will let you know what leadership style you have, what kind of work environment you prefer, and your personal strengths that you contribute to the work force.
- Coming in May a new program "My Career Advancement Accounts" for Military spouses. If you are a military spouse married to an active duty or activated Guard or Reserve Service member, AND you are interested in pursuing portable career education, training, licenses or certifications, you are eligible to receive financial assistance from MyCAA. Watch for flyers, training or contact the Employment Readiness Program for more details.
- ERP also offers monthly RESUMIX/Resume workshops. If you are interested in registering for any of our workshops, or for dates and times on the workshops check out the Employment Readiness website at

http://www.rileymwr.com/pages/acsSUBpages/acsERP.html

9 June 09 – Resume/RESUMIX Writing Time – 1-4 pm RSVP – 28 May 09 • RESUMIX for Federal Positions • Resume Styles

- Resume Styles
 Cover Letters
- Buzz words

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. Army Family Team Building offers classes every Friday, 11:30am-2:30pm, at ACS Bldg. 7264. Free childcare will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You <u>must</u> contact the AFTB Program Manager to pre-register your children. For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS Bldg. 7264 (room permitting). There is a minimum of five people required to hold a class and two weeks notice is needed for planning.

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- FREE CHILDCARE! ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP) and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit <u>www.myarmylifetoo.com</u> for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

Army Family Action Plan (AFAP):

• It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page or by calling ACS at 239-9435.

Exceptional Family Member Program (EFMP):

• Eligibility for EFMP Respite Care: Funding will be based on EFMP enrollment, exceptional Family member's medical condition and deployment needs. Soldier and exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified exceptional Family member. If Family receives respite care funds from another source, they would not qualify for EFMP respite care funds for that month. Respite Care money can now be used for Summer Camp for those who qualify. It is one camp per child per summer. The money spent on the camp may be more than what the Family currently qualifies for per month. If a Family opts for camp, they cannot access regular respite money for the month that the child attends camp. Contact ACS, Exceptional Family Member Program at 239-9435.

Exceptional Family Member Program and New Parent Support Programs offers,

- **Oh! Oh Baby it's Your Day**. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. Screening dates are June 17, September 16 and November 18, 2009, 1:30-4:30pm. Location for this is in the Army Community Service Building 7264, Normandy Drive, and call for more information 239-9435.
- June Pool Party. Exceptional Family Member Program and New Parent Support Programs will host the annual Pool Party at Custer Hill Outdoor Pool on Normandy Drive, 12:00-2:00pm. ACS is doing all the cooking. All you have to bring are the kiddos, towels, pool toys, and sunscreen. RSVP before June 8, 2009 at 239-9435.
- Exceptional Family Member Program July Campaign. July is packed with events and activities promoting the Exceptional Family Member Program. July 5, 2009 is the Summer Day Camp at Rocks Springs 4-H Camp, 5405 West Highway K 157, Junction City, Kansas. Activities include outdoor and ecological education, archery, horseback riding, canoeing, swimming and hiking. Next is the Junction City Special Needs Rodeo. The cowboys and rodeo queens join the EFMP staff in providing horseback riding, surrey rides, mock bull rides and bucking broncos and roping events. July 23, 2009 Exceptional Family Member Program is joining the Recreation staff in a Fun Day at McCormick Park. The event is 5:30-7:00pm at McCormick Park, Fort Riley. Watch for the weekly newspaper articles that will be submitted through the month of July with a focus on Special Needs.

Family Advocacy Program:

Active Parenting for Parents WITH Teenagers "The Power of Encouragement" This two-hour workshop is designed to enhance the parent and child relationship. It is intended to help families' discovery how to use and practice positive feedback to promote positive outcomes! Teenagers are inundated each day to make decisions that will enrich or hinder their lives. This workshop will focus on ways parents can help empower their teenager to avoid consequences of poor decision making. Monday, 8 June 2009 6:30-8:30pm Army Community Service. Bldg. 7264 Normandy Drive

Dads Make A Difference:

"Family Dynamics: Mothers' View of Dad's Role"

This is an informal round table discussion of each mother's perspective on fatherhood. A diverse panel of women will candidly offer their personal views, experiences and expectation that fatherhood has on their family's dynamics. Monday, 22 June 2009 3:00-4:30pm Location: Army Community Service

Mobilization & Deployment/Family Readiness:

2009 Class Schedule: FRG Leader Class–Instruction and guidance to assist newly appointed FRG Leaders and Commanders: June 17, 2009 Part I 6:00 pm - 9:00 pm June 18, 2009 Part II 6:00 pm - 9:00 pm July 11, 2009 9:00 am - 4:30 pm Part I & II August 19, 2009 9:00 am - Noon Part I August 20, 2009 9:00 am - Noon Part II 6:00 pm - 9:00 pm September 16, 2009 Part I September 17, 2009 Part II 6:00 pm- 9:00 pm 9:00 am- 4:30 pm October 3, 2009 Part I & II November 18, 2009 Part I 9:00 am- Noon November 19, 2009 Part II 9:00 am- Noon December 16, 2009 Part I 6:00 pm- 9:00 pm December 17, 2009 Part II 6:00 pm- 9:00 pm Key Caller Class – Instruction and guidance to assist newly appointed FRG Key Callers: 11 Jun 09 9:30 am – Noon 9 Jul 09 6:00 pm - 8:30 pm 13 Aug 09 9:30 am – Noon 10 Sep 09 6:00 pm - 8:30 pm 9:30 am – Noon 9 Oct 09 5 Nov 09 6:00 pm - 8:30 pm 10 Dec 09 9:30 am – Noon Funds Custodian Class – Instruction and guidance to assist newly appointed FRG Funds Custodians: 15 Jul 09 6:00 pm - 8:00 pm 6:00 pm - 8:00 pm 23 Sep 09 25 Nov 09 6:00 pm - 8:00 pm

Free Child Care for all FRG Classes. You must pre-register when signing up for the classes. Parents must bring up to date shot record for each child. (<u>No</u> sandals or flip-flops allowed) <u>All</u> children must have close toed shoes on if walking. Crawling children must have at least socks on their feet.

Relocation Readiness:

• Stop by and visit with our Relocation Readiness staff. We have many programs to help serve you upon your arrival, and as you depart our installation. We look forward to meeting you soon! We are located at:

Army Community Service (ACS) Custer Hill, 7264 Normandy Drive Contact Information: 239-9435 Email <u>rile.dmwracs@conus.army.mil</u> Additional information can be found on the Fort Riley Home Page. • Welcome Center. Army Community Service, Relocation Readiness would like you to know about our two Welcome Center's. Stop in and say "Hello," if you are just arriving or happen to come in to use another service.

Marshal Airfield	Main Post
Interstate 70, exit 301	210 Custer Avenue
885 Henry Drive	Monday – Friday
Monday – Friday	8:00am-4:00pm
8:00am-6:00pm	

 "KIOSKS" Stop by one of Army Community Service's One Stop Kiosks – your direct link to online services, on-post services, way-finding maps and thousands of DoD web pages with vital information for work and play. Locations:

ACS, Bldg 7264 ACS Annex–FRG, Bldg 1020 ACS Welcome Center, Bldg 885 Carr Hall, Bldg 45 In-Processing, Bldg 210 Post Exchange, Bldg 6914 Soldier Family Assistance Center (SFAC), Bldg 671-A

 "Discover Riley's Treasures" – This program is extending an invitation to all Soldiers, Families and civil service employees that are new to our community, or would like to learn more about the area. Come experience Fort Riley and what the communities have to offer during your stay here. Please contact the Relocation staff to reserve your seat now!

l ime:	8:30am – 1	12:30pm		
Date(s):	Jun 25 th	Jul 23 rd	Aug 27 th	Sep 24 th
RSVP By:	Jun 22 nd	Jul 20 th	Aug 24 th	Sep 21 st
Date(s):	Oct 29 th	Nov 26 th	Dec 24 th	
RSVP By:	Oct 26 th	Nov 23 rd	Dec 21 st	

*Relocation staff also present information on the Military Personnel and Family In-processing every Wednesday at Riley's Conference Center off of Huebner road (near the hospital).

 Hearts Apart is a time when Family members with Soldiers on an unaccompanied tour, TDY or at present is currently deployed that can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

presente	a the day of the eve
Date:	Jun 11 th
RSVP:	June 8 th
Time:	10:00 – 11:30am
Date:	July 9 th
RSVP:	July 6 th
Time:	6:30 – 8:00pm
Date:	August 13 th
RSVP:	August 10 th
Time:	10:00 – 11:30am
Date:	September 10 th
RSVP:	September 7 th
Time:	6:30 – 8:00pm
Date:	October 8 th
RSVP:	October 5 th

Time:	10:00 – 11:30am
Date:	November 12 th
RSVP:	November 9 th
Time:	6:30 – 8:00pm
Date:	December 10 th
RSVP:	December 7 th
Time: 10):00 – 11:30am

• **Multi-Cultural:** This unique one-session program addresses many of the concerns foreign-born spouses have about life in the United States. Topics of discussion include support and networking, continuing education, finding a job and citizenship concerns. This workshop is open to all active duty Service members and Family members.

Time:	9:00 - 11:30am	
Date(s):	Aug 13 th	Nov 12 th
RSVP By:	Aug 7 th	Nov 6 th

• **Permanent Change of Station (PCS) Briefings**: So you are departing Fort Riley and trying to prepare for your new adventure. Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

manaatory.			
South Korea	Germany	Stateside	Overseas
1:00 - 3:00pm	1:00 - 3:00pm	1:00 - 2:00pm	1:00 - 2:00pm
June 2	June 9	June 16	June 23
July 7	July 14	July 21	July 28
August 4	August 11	August 18	August 25
September 1	September 8	September 15	September 22
October 6	October 13	October 20	October 27
November 3	November 10	November 17	November 24
December 1	December 8	December 15	December 22

• **ReEntry.** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

Time:	8:30am–12:	:30pm		
Date(s):	Jun 26 th	Jul 24 th	Aug 28 th	Sept 25 th
RSVP By:	Jun 22 nd	Jul 20 th	Aug 24 th	Sept 21 st
Date(s):	Oct 23 rd	Nov 20 th	Dec 18 th	-
RSVP By:	Oct 19 th	Nov 16 th	Dec 14 th	

• **Sponsorship Training** is available on line at or classroom training is available upon request. Please remember that training is available for Youth, as well as, Service members. Contact the Relocation Sponsorship Training Coordinator for more information.

Financial Readiness:

• The mission of the Financial Readiness Program (FRP) is to provide the Fort Riley Community with a practical approach to financial management so they can gain control over their finances and manage their money more effectively.

• The Financial Readiness Program offers a weekly class covering the basics of money management. Classes are **every Wednesday** from 9:00-11:30am at ACS, Bldg. 7264.

• Personal Financial Readiness for First Term Soldiers training is offered every month on the second Thursday.

•There are two Financial Counselors available for one-on-one budget and financial counseling. Appointments are recommended but walk-ins are always welcome.

• Financial Readiness trainers are available to provide customized classes and briefings to units and Family Readiness Groups (FRGs).

• The Financial Readiness Program is the proponent for Army Emergency Relief, providing emergency financial assistance to Soldiers and Family members.

Soldier Family Assistance Center (SFAC):

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purposed of the SFAC is to ensure our Warriors and their Family Members received tailored, integrated, and streamlined services. The SFAC

team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. We are Located in Bldg 671A/673A, next to Irwin Army Community hospital. Our hours of operations are 7:30–4:30pm.

Upcoming Events:

- Finance Program
 - June 3, 2009/Home Ownership/2:00-4:30pm SFAC/Finance Program
 - June 4, 2009/Improving Credit/2:30-4:30pm SFAC/Finance Program
 - June 18/2009/Money Management/2:20-4:30pm SFAC/Finance Program

• Human resources Program

- June 10, 2009/Official Military Personnel Files/9:15–10:15am SFAC/Human Resource Program
- Information and Referral Program
 - June 25, 2009/Coping With Depression (not just The Blues/10:30–Noon SFAC/Information and Referral Program.
- Military Family Life Consultant (MFLC) Program and Events
 - Did you know? The Military and Family Life Consultant (MFLC) is also located in 673A, Monday – Friday. The MFLC provides short-term, situational problem solving and counseling services to service members and their families. The consultant can be reached at 492-8021.

• Outreach Program and Events:

- June 8, 2009/SFAC/Movie Day/10:00am-2:00pm/Outreach Program
- June 20, 2009/SFAC/Fishing and Picnic at Harrington (KS) Lake/10:00am-until completed/Outreach Program
- June 22, 2009/SFAC/Movie Day/10:00am-2:00pm/Outreach Program
- June 25 28, 2009/SFAC/Country Stampede/Tuttle Creek State Park/Outreach Program

All activities are in Building 673A.

Fort Riley Education Services (ACES:

Important News

Registering to GoArmyEd

Effective 1 April, Department of the Army (ACES) and Army Education Services completely transitioned over to the GoArmyEd portal. That means all Soldiers (regardless of rank) must establish an account in GoArmyEd to receive education services. The services include on-duty military programs like GT Improvement, Leadership Development, Army Personnel testing, Inand Out-Processing, and college enrollments.

Soldiers must go to <u>www.goarmyed.com</u> and click on the "New User" tab to establish an account. You will be asked to change your password, and then complete the "Required In-Processing Steps" to finish the process.

If you have problems or decide not to pre-register, you will have to complete these steps the next time you visit one of our centers.

- * Learning Center #1, 7604 Parker St 239-9485
- * Learning Center #2, 7656 Graves St 239-9824
- * Main Post Learning Center, 217 Custer Ave 239-6841

Family Members, DAC, Retirees, Veterans who wish to receive (or continue to receive) our services, as in counseling, LSEC courses and testing, must visit one of the Learning Centers to establish their GoArmyEd account.

Main Post Learning Center, 217 Custer Avenue239-6481Learning Center 1, 7604 Parker Street239-9845Learning Center 2, 7656 Graves Street239-9824

Some classes that can be scheduled for your units through the unit counselors include: BSEP, College Classes, GT Improvement, GoArmyEd briefs. Please contact your unit counselor for more information.

Breaking News:

The Department of Veterans Affairs is now accepting and processing applications for the Post-9/11 GI Bill. You should complete and submit application online and will receive a letter explaining VA's decision regarding your eligibility for the program. The application form requires that individuals currently eligible for benefits under the Montgomery GI Bill-Selected Reserve (MGIB-AD), Montgomery GI Bill-Selected Reserve (MGIB-SR) or the Reserve Educational Assistance Program (REAP) make an irrevocable election from their existing program to the Post-9/11 GI Bill. For individuals eligible for MGIB-AD visit website http://www.gibill.va.gov/

Career Advancement Accounts:

Education and training for portable careers:

Career Advancement Accounts (CAA) is self managed accounts that open doors to spouses by helping them get the education and skills needed to be marketable and hirable in today's world. The accounts help pay for expenses directly related to secondary education and training. Military spouses can receive up to \$6,000 in funds over 2 years and all spouses of active duty Soldiers are eligible. The Employee Readiness Program (ERP) is prepared to aid spouses with the process. Please call 239-9435 for more information.

Leader Skills Enhancement Courses (LSEC)

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. LSEC benefits the Army by providing the Soldier specific leadership training which will enhance performance of the Soldier and the unit. Commanders can schedule training to meet unit needs or enroll the Soldier in an open scheduled class. Classes are available to Family Members on space-available basis.

Upcoming LSEC Cycles are as follows:

Cycle 6: July 27, 2009 – September 10

- Active Duty enroll with Education Counselor starting May 27
- Other enrollments begin June 17
- Cycle 7: September 15, 2009 October 28
 - Active Duty enroll with Education Counselor starting July 21
 - Other enrollments begin September 30

Basic Skills Education Program Classes (BSEP)

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math and Reading. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT). Unit classes are available. Coordinate with unit counselor.

- Upcoming BSEP Classes:
 - o Cycle 10: June 25, 2009- July 17,2009
 - Cycle 11: July 27, 2009 August 9, 2009
- Classes are in 8044 Normandy. To enroll please see an Army Education Counselor.

Active Duty Soldiers need to insure that Civilian Education Level Code is Correct

DA is generating AKO emails to notify Soldiers about incorrect education level codes. A correct code is essential to insure availability of tuition assistance funds. Some civilian Education codes are not being correctly transferred from eMILPO to GoArmyEd. This needs to be corrected ASAP to avoid a hold on tuition assistance funds. If you receive an AKO email, DO NOT PANIC! Read on for instructions.

How to Update Civilian Education Level Code:

1. Contact your servicing Personnel Administration Center (PAC)

2. Request your Civilian Education Level code be updated

3. <u>Two areas must be updated</u>. eMILPO should populate two (2) transactions to update Soldier's record in TAPDB-AE/-AO:

(1) 4300-CIVILIAN EDUCATION COURSE/DEGREE DATA

(2) 4305-CIVILIAN EDUCATION DATA.

If either transaction is not processed, or all data is not input, ITAPDB and GoArmyEd cannot be updated.

BUYER BEWARE

Beware of <u>any</u> company selling study materials at a very high cost. They may imply they are representing the Army Education Program, but they are not. Study materials are available on line or at the Academic Resource Center at no cost. Contact the Education Center if you have questions.

TUTOR CENTER

The Army Education Center and Barton Community College have teamed up to provide ALL adult students and prospective students the opportunity for one-on-one tutoring. The Tutor Center is co-located with Learning Center #2, 7656 Graves Street. Hours are Monday-Tuesday 9:00am-5:00pm, Wednesday 9:00am-7:00pm, Thursday-Friday 9:00am-5:00 pm, and Saturday 11:00am-3:00pm. The phone number is 240-3617.

The center can provide tutoring for ALL students of the Fort Riley Consortium Schools:

- On-site and on-line classes
- LSEC and BSEP programs

All staff members are College Reading and Learning Association (CRLA) certified. The tutor center has two tutors that are Level III (Master) certified two tutors that are Level II (Aster) certified two tutors that are Level II

(Advanced) certified, and two peer tutors that are Level I (Regular) certified.

FORT RILEY CONSORTIUM

On-post school information is available on the Fort Riley Education Home Page **Central Texas College:**

Fort Riley is offering the following on-site courses for the Summer 2009 Term starting June 1, 2009 – July 24, 2009. Our CTC Fort Riley website can be accessed at http://www.ctcd.edu/continental/ftriley/index.htm

CTC has over 150 locations worldwide with classroom offerings. CTC has 10 degree and 5 certificate programs online and CD-ROM courses available for soldiers deployed at remote locations. Currently, CTC offers 100 degree and certificate programs through GoArmyEd. Be sure to view the current on-line course schedule at <u>http://www.ctcd.edu/schedbul.htm</u>. Deployed Soldiers, CTC offers special Multi-Media Self-Paced Courses for you!

Take your college with you. Students have the option to order CD-ROM or SD card (for smart phones, PDS, and similar devices) course work for certain multi-media course. Internet access is still needed with these courses in order to email the instructor and submit coursework.

Please go to <u>http://online.ctcd.edu/schedule/delivery_definition.cfm</u> for a complete list of delivery modes and details.

Our textbook policy has changed. This new policy applies to both online and onsite courses. All students enrolling in courses that start July 28, 2008 or after will no longer receive free course materials, textbooks, CDs, etc. Instead, the materials will be loaned to local area

students only and will be returned to the Central Texas College - Fort Riley office upon completion of course. Texas residents enrolling in online classes are not eligible for the loaned course materials due to their reduced tuition rates.

Free tuition to "**Wounded Warrior**" **spouses**. Free tuition will be provided for up to 30 semester hours in one year, for spouses of Purple Heart recipients. Scholarship applications accepted beginning August 1, 2008, for classes beginning after August 1.

Qualifying spouses may fill out a CTC admission application and complete any pre-registration requirements prior to August 1 to expedite processing. To verify eligibility, qualifying spouses must present a copy of the military member's DD214 or order reflecting the award of a Purple Heart since September 2001, along with a copy of a marriage license and a Department of Defense ID card or other type of photo ID.

The scholarship application is available on the CTC website at <u>www.ctcd.edu/militaryspouses</u>. The scholarship application will be available online and at the CTC – Fort Riley location by early July. Applications may be submitted to any CTC location or to CTC's online mentors for students not located near a site location.

CTC is among the top 20 military-friendly schools. "For the second consecutive year, Central Texas College (CTC) was named to the Top 20 Military-Friendly Colleges and Universities by KMI Media Group and Military Advanced Education publication." For more than 40 years CTC has served active and retired military and family members. "CTC provides maximum credit for military education and training".

CTC has campuses across the continental U.S., the Pacific Far East to include mainland Japan, Okinawa and Korea, locations across Europe as well as deployed locations in Southwest Asia. CTC also offers classes to deployed locations through various delivery methods such as CD-ROM, personal digital assistants (PDAs) and iPods for military personnel who are unable to attend classes without regular Internet access.

CTC is ranked number five in the nation for number of enrollments in degree-granting online programs. CTC is regionally accredited by SACS-COC, is a member of the Servicemembers Opportunity College (SOC), is an original partner in both eArmyU and GoArmyEd, and a member of SLOAN-C. For more information call or email the Fort Riley Director at 784-6240 or <u>director.riley@ctcd.edu</u>.

Central Michigan University:

Central Michigan University will be updating its Masters of Science in Administration program university wide over the next year to bring it in line with what employers want of post- graduate students. The CMU Human Resources department on campus has available to students Human Resource topics of interest. Students are to log into the CMU Portal. Choose Career Development, Strategy and Organizational Development, and the Online Training Video. Topics include Effectively Communicating with Parents, Ouch! That Stereotype Hurts and Microsoft Office 2007. For information, contact the CMU Fort Riley Program Administrator at 784-4402 or stop by the office located in Bldg 215 on main post.

Southwestern College:

What is most important to Southwestern College's military learners? Flexibility and convenience! Southwestern College's 6-week classes allow you to learn on your schedule. Uncertain about deployments or need to take time off from studies? Southwestern College Professional Studies allows you to complete an Elementary, Early Childhood, or Secondary Education degree...on-ground or online. Southwestern College is accredited by the National Council for Accreditation of Teacher Education and the Kansas State Department of Education.

- Military tuition discount for active duty and their spouses, National Guard, Reservists, and DOD civilians
- Progressive transfer policies maximizing hours earned through military training
- A quality education on your schedule

Southwestern College, a regionally accredited institution founded in 1885, is deeply committed to serving the educational needs of our armed forces.

Visit us online at <u>www.southwesterncollege.org/frp</u> or call us at .784.9930.

Upper lowa University:

Interested in earning your Bachelor's Degree? Upper Iowa University offers classes in an eightweek term, two nights per week. Classes are also available on-line and through external degree. Stop by Upper Iowa University office to get an unofficial evaluation and degree plan developed so you can map your future. Articulation agreements with local schools help students make a smooth transition to upper level courses, as well as accepting relevant MOS and military training credit.

New accelerated class available over 3 weekends during June term. If you want more of these classes, contact UIU.

Upper Iowa University contact information:

Fort Riley office: 215 Custer Ave, phone 239-8254 or 784-5225 Mon-Thurs 8:00 am - 4:30 pm, Fri 8:00 am - 3:30 pm Web Site: <u>www.uiu.edu/fortriley</u> bembryw@uiu.edu

University of Mary:

CONGRATULATIONS TO OUR GRADUATES!!!

Get Your Masters of Business Administration (MBA) with the University of Mary by attending class one night per week and completing the program in as little as 15 months!!! FURTHER YOUR EDUCATION AND REGISTER FOR OUR UPCOMING CLASSES BEGINNING JUNE 10, 2009

- New Classes start every 5 weeks
- Program open to military active duty, National Guard members, family members, DoD personnel and retirees.
- Ask us about our military discount

Hours of Operation: Monday - Friday 10:00 am - 3:00 pm

Contact Us At: 239-6792 or 784-2158

Email University of Mary, Coordinator at: khouchins@umary.edu

Kansas State University:

Kansas State University is offering a new distance master's degree program in Operations Research, the seventh distance-accessible engineering master's program. This interdisciplinary field involves using a set of mathematical tools to optimize decision making. A few industries that hire Operations Research students include airlines, financial companies, governmental agencies, consulting companies, and transportation agencies. For more information, visit the Fort Riley office in Building 215 or call 784-5930.

Transferability link: www.k-state.edu/admit/tran_info.html

Irwin Army Community Hospital (IACH):

IACH Pharmacies

There are three out-patient pharmacy locations on Fort Riley. The main pharmacy is inside IACH, the Post Exchange pharmacy is inside the PX, and the Consolidated Troop Medical Clinic is on Custer Hill for Soldiers.

The main pharmacy, open to all beneficiaries, will fill any available prescription on formulary. Patients seeing off-post providers are advised to ask their provider to choose medications from the IACH formulary. This eliminates the pharmacy's inability to fill a prescription that IACH does not carry. During visits with providers, patients can encourage the provider to view the IACH formulary online at: <u>http://iach.amedd.army.mil</u>, and follow the "pharmacy" tab to the on-line formulary. "Phoned in" refill orders are dispensed exclusively at the IACH pharmacy. The hours of operation for the main pharmacy are from 7:30am to 6:00pm, Monday through Friday including training holidays.

The full service satellite pharmacy at the PX offers the same services as the main pharmacy, with the exception of special order medications and phoned in refill orders. Optimal use of time is realized by using the PX pharmacy, completing other errands utilizing the "drop off and go" concept, which is very popular. In fact, the use of the PX pharmacy has nearly doubled since its opening in February. The pharmacy is located on the concession wing of the PX, next to the barber shop. The PX pharmacy hours of operation are from 9:00am to 6:00pm Monday through Friday.

The CTMC pharmacy is only for active duty Soldiers. The same services provided at the main pharmacy are generally available. The CTMC formulary is restricted; focusing on medications most commonly used for active duty medical complaints. The CTMC is open from 6:30am to 3:00pm Monday through Friday and closed from Noon to 1:00pm for lunch.

Increased Magnetic Resonance Imaging (MRI) capabilities

The Department of Radiology recently added an additional MRI technician to the clinic. It is anticipated the Department will be able to perform an additional 50 MRI's per week, and MRI services will be available until 7:00pm Monday–Friday. MRI's are one of the most commonly requested imaging modalities in the hospital. The IACH MRI capabilities include MRI's for all parts of the anatomy, including the brain. The service is available for all IACH beneficiaries. In order to receive an MRI, there must be a current referral from the doctor, and then patients call or visit the radiology clinic to receive the MRI. The clinic number is 239-7754.

IACH I-Tours

IACH Information Tours intent is to make a "lasting first impression" on identified target audiences in the community by showcasing available service. The next IACH I-Tour is scheduled for 3 June 09 from 10:00am–Noon and continuing the first Wednesday of each month thereafter. There will be 15 available slots for the tour. Specialized group briefings can be arranged on an individual basis for particular affiliations and organizations. Interested patrons should be directed to call the IACH Public Affairs/Marketing Specialist, at 240-7059 to make reservations.

IACH and TriWest Mail Order and Express Scripts:

IACH and TriWest also offer mail order and express scripts refill options. The mail order service expedites prescription processing and allows people to manage their prescriptions on-line from their homes, 24-hours per day. The prescriptions are delivered by mail to the patients' residence. These services are frequently used by Soldiers while deployed. Non-active duty patients incur a \$3 co-payment for generic drugs and \$9 for name-brand prescriptions. There are no co-payment fees for active duty Soldiers. To enroll for mail order delivery options visit www.express-scripts.com/TRICARE or call 1-866-363-8667 or 239-7427.

Fort Riley Dental Activity (DENTAC):

• Oral Health Initiative (OHI): The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier but it <u>does</u> require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC <u>must</u> initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!

• **Dental Appointments: Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care, the "last minute" is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure a timely and properly sequenced dental care to meet all the Soldier's dental readiness needs before deployment.

• **Routine Dental Care:** We are experiencing difficulty in providing routine dental care for all Soldiers. With staffing shortfalls, the increased demand on our providers with the build up of deployments this summer we are very busy providing World Class dental health care to those with considerable dental needs. In most cases, dental appointments for routine procedures are not readily available. We ask that those requiring routine dental care be patient or consider the OHI Program described above. Cleaning appointments may be available in about three to four weeks.

• **Failed Dental Appointments:** Are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you

determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.

• **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanely possible to take care of Soldiers dental needs. Don't wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.

• Hours:

Dental Clinic Info	Phone_	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3 (Custer Hill)	239-4261	8:00am-5:00pm
Dental Clinic #4	239-4174	8:00am-5:00pm
	<i>(</i> , , , , , , , , , , , , , , , , , , ,	

• **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or you may need to be prepared to wait a while).

After hours, weekend or holiday dental emergency: Report to the IACH Emergency Room.

• **Red Cross Volunteers:** <u>Red Cross Volunteer Dental Assistant Training Program</u>: We have a Red Cross Volunteer Dental Assistant Training Class currently underway. If you are interested, please contact the American Red Cross Office at 239-1887 to get more information and to get your volunteer packet started. We are always looking for Red Cross Volunteers to help out in other areas too and they can start anytime!

Chaplains' Offices:

Please note for all services offering Nursery care, please bring immunization records with you.

RELIGIOUS SUPPORT CURRENT EVENTS:

SON ROCK KIDS CAMP - Morris Hill Chapel, 5315 Jackson St.
 JUNE 8TH – JUNE 12TH 9:00am-Noon, Come build your life on the Rock of Jesus!
 At Son Rock Kids Camp there will be games, activities, hilarious and thought provoking skits, crazy crafts, food, fun and laughter! Children will learn skills and truths that they will carry throughout their life. Kids will learn how their lives can be transformed by God's great love for them.

To register your child or to volunteer your service call Director of Religious education at 239-2799 or 240-1443.

• CHILD CARE PROVIDERS NEEDED: Great Pay and Flexible Hours!

The Garrison Chaplain's Office is looking for qualified individuals to provide child care for various chapels and events.

Must be at least 18 yrs old CPR certified (will train) Must pass a State background check (free) If interested, contact 239-8346.

CHAPEL SERVICES, Times and Locations:

- Gospel Morris Hill Chapel, 5315 Jackson St. Sunday School 9:30am Sunday Service at 11:00am Children's Church for ages 3-11; Nursery Available, 6 weeks to 3 years
- Contemporary Protestant Kapaun Chapel, 7086 Normandy Dr. Sunday at 10:30am Children's Church ages 3 & up; Nursery available for 6 weeks-3 years
- Protestant Community Worship Service Main Post Chapel, Bldg 6 Barry Sunday at 10:30am Children's Church ages 3 year thru Kindergarten Nursery available for 6 weeks–3 years
- Roman Catholic Saturdays- Saint Mary's Chapel, Bldg 3 Barry

Saturdays at 4:30pm (No child watch at this Mass)

- Roman Catholic Sundays Morris Hill Chapel, 5315 Jackson St. Sundays at 9:30am Nursery available for 6 weeks – 3 years
- Roman Catholic Sundays Saint Mary's Chapel, Bldg 3, Barry Sundays 11:00am (No child watch in this Mass).
- **Catholic Field Mass** –Camp Funston, Building 1885 C Sunday at 11:00am (No child watch at this Mass)
- Catholic Mass (weekday) Irwin Army Community Hospital Chapel, 600
 Huebner Rd.

Tuesday & Thursday at 12:00 noon

- Catholic Mass (weekday) St. Mary's Chapel, Bldg 3, Barry Wednesday & Friday at 12:00 noon
- Jewish Information Manhattan Jewish Congregation, 1506 Wreath Ave, Manhattan, KS.

For additional information, please call 539-8462.

- **Muslim Religious Services** 1224 Hilton Heights Road, Manhattan, KS. For additional information, please call 776-1033.
- LDS Services

Singles, 1820 Claflin Road, Manhattan, KS 537-7870 Families, 2812 Marlatt Avenue, Manhattan, KS 539-084 or Junction City, 115 West Spruce, Junction City, KS 238-2951.

RELIGIOUS EDUCATION:

- INSTALLATION YOUTH ACTIVITIES: 6th -12th Grade For more information please contact 539-0312 or YouthforChrist.ck@gmail.com
- Middle School-Monday's Club Beyond from 4:00-5:00pm in Teen Center (non-Teen Center Members Welcome!)
 Tuesdays Club Beyond from 5:00-6:00pm in Youth Center in Ogden (non- Youth Center Members Welcome)
 Wednesdays Club Beyond from 6:00, 8:00pm in Main Best Change

Wednesdays Club Beyond from 6:00–8:00pm in Main Post Chapel Contact Don Ericson Director, Religious Education 239-0979

- Protestant Chapel Youth Kapaun, 7086 Normandy Dr. Sundays 5:00-6:30 pm Chapel Youth Group For more information please contact 707-4285.
- Catholic Youth: 9th-12th grades For information contact the Youth Group Coordinator at (913) 314-7947 or Director Religious Education at 240-1443.

SUNDAY SCHOOL AND CHILDRENS CHURCH

- **Gospel at Morris Hill Chapel**: Sunday School every Sunday at 9:30 am for ages 3 years old and up.
- **Contemporary at Kapaun Chapel**: Children's Church available during the Sunday service for children ages 3 years old thru 4th grade
- Roman Catholic at Morris Hill Chapel: Faith Formation for children, teens, and adults Sundays 8:30-9:15am (call for schedule)
- **Baptism preparation class** for parents and Godparents. Call Director, Religious Education 240-1443 RSO, 228 Beeman Place.
- LDS Institute "Pearl of Great Price": Will be held every Wednesday Night at 1820 Claflin Road, Manhattan Office

ACTIVITIES:

• Protestant Women of the Chapel (PWOC) – Morris Hill Chapel Meets every Tuesday morning at 9:00 am Enjoy women, fellowship and bible study in one of the small care groups. Childcare available, For more information please call PWOC President at 210-7562

- Military Council of Catholic Women (MCCW) St. Mary's Chapel Wednesdays 9:00–11:00am. Current Study "Faith Matters". Childcare available, For more information please call MCCW Coordinator at 316-518-5566.
- Covenant Women Morris Hill Chapel 4th Monday of each month at 6:30 pm Fellowship and bible study. Open to all women ages 20 and older. 2nd Monday of each month is the Covenant Women's Board Meeting also at 6:30 pm. For more information contact Covenant Women Coordinator at god4me2@embarqmail.com.
- **Pre-Marital Classes** Family Life Ministries Center, Building 500 (Classes are required before a chapel wedding can be performed) For additional information and registration, call 239-3436.
- Strong Bonds Program for Building Healthy Soldier Relationships: seeks to increase Soldier readiness by boosting skills in building and maintaining life-long relationships. Strong Bonds is the Commander's program executed by the unit chaplain, as lead officer. For additional information and training, contact a unit chaplain or call 239-2818, Division Chaplain's Office.
- Community Bible Study opportunities:
- Sundays from 5:00-7:00pm, at 103 Comanche Ct., in Junction City. Contact the group coordinators at 784-6164 for more information. Wednesdays, Bible Study at 7:00pm in Kapaun Chapel Fellowship hall. For more information call 240-7193 or (931) 980-3012. Wednesday (every 2nd and 4th) Wed. evening Bible study / Fellowship meal at 6:00pm in the Main Post Chapel, call 239-6597 for more information. 1st and 3rd Wednesdays, Catholic Bible Study in St. Mary's Chapel. Pizza time 6:00- 6:30pm with study following from 6:30-7:30pm. For more information please call 239-4273. Thursdays, 12:00-1:00pm, at the Division Chaplain's Office, Bldg 580, Rm 512 Pizza provided. Contact 239-1630 for more information. **GOSPEL CALENDAR OF EVENTS:** For more information call 239-5711 • Dance Ministry: Tuesday, 6:00-7:00pm. All ages are welcome to come and praise the Lord with us. Adult Choir Rehearsal every Tuesday at 7:00pm Youth Choir Rehearsal (middle school and high school) Tuesday before the 2nd Sunday at 7:00 pm Children Choir Rehearsal- Will Resume after September 1st. Open to pre-school and elementary children. Marriage Enrichment Seminar: 1st & 3rd Monday, 6:30pm. Covenant Women: 2nd and 4th Monday, 6:30pm. All ladies age 20 and older are invited to attend MHGS Family Prayer: Wednesdays, 6:00-6:30pm. Bible Study: Wednesdays, 6:30pm. **CONTEMPORARY PROTESTANT CALENDAR OF EVENTS** For more information call 239-4818 Bible Study: Wednesdays in the Fellowship Hall at 7:00pm. For information call 240-7193 or (931) 980-3012. Praise Team Practice: Thursdays at 7:00pm. For more information call 375-1122. Includes vocal and instrumental practice.

WOW (Women of Warriors): Fellowship time and devotional first Friday of every Month beginning at 6:00pm, childcare available with registration. For more

information and to register call 783-0164.

Fellowship Dinner 4th Sunday of every month following the service.

CATHOLIC CALENDAR OF EVENTS
 For more information call 239-1443.

Public Works:

• Energy/Water Conservation:

- Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
- $_{\odot}$ Authorized thermostat settings for heating season are 65 to 70 degrees.
- Close exterior doors and windows when the outside temperature drops below the thermostat setting.
- o Turn off computer monitors, appliances and lights when not needed.

• Hunting and Fishing:

- Rainbow trout stocking in Cameron Spring and Moon Lake began in mid October.
- A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
- Information on Fort Riley's deer seasons is available at the Conservation Office, Bldg. 1020.
 For more information, call 239-6211 or visit the Conservation Office.

• Household Hazardous Waste Service Available to Residents: Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items. Examples of products the facility accepts (and offers for pick up)-cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

• Fuel wood:

- o Fort Riley's fuel wood regulation (FR200-4) was updated last spring.
- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

• **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

COMMISSARY:

Our phone number is 239-6621 Store Director Mr. Peter J. Howell Commissary hours are as follows: Monday 7:00am-8:00pm Tuesday 7:00am-8:00pm Thursday 7:00am-8:00pm Friday 7:00am-8:00pm Saturday 7:00am-8:00pm Sunday 10:00am-6:00pm

Early Bird Shopping Hours are from 7:00-9:00am

40 items or less: Express Lines -15 items or less We have Sushi bar, trays can be special ordered Deli-Bakery can also do special orders as well Meat and Produce also can take special order for all your party needs

Fort Riley American Red Cross:

The Fort Riley American Red Cross will be hosting their Summer Youth Program beginning the first week in June 2009 through the second week in August. Youth hospital volunteers will need to attend the ARC orientation and the IACH orientation before volunteering. For those wanting to start by the first week in June, your packets will need to be into the ARC office by COB on the 29th of May as the hospital orientation will be the following week. Otherwise, you will have to wait until July to volunteer. Dates and times will be provided to you once packets are returned to the ARC office. This year Red Cross will only have youth volunteers who are interesting in working at Irwin Army Community Hospital (must be 15years of age) or at the Fort Riley Vet Services. (Must be 13 years of age) All other youth who are interested in volunteering for the summer months will need to contact Army Community Services Volunteer Coordinator @ 239-9435.

Red Cross not only hosts the summer youth program but are always recruiting adult volunteer to work at IACH, our Mother's Outreach program, advisory council. ARC offers dollars toward your childcare bill if needed. If you find yourself with a few extra hours a week and want to become involved within your Fort Riley Community, give us a call @ 239-1887 or stop by our office in Building 7264 Normandy Drive (Army Community Services Building) room 16 Monday through Friday from 8:30am to 4:00pm

Boy Scouts:

To join, please contact 238-5684 for more information. The Boy scouts web page is located at <u>http://www.coronadoscout.org</u>. Current scouting information can be found there.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. The Girl Scout website is www.girlscoutsksmo.org where many other events can be found. We are always looking for adult volunteers to help with special events. If you are interested please contact 776-1488.

Armed Services YMCA (ASYMCA):

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with other's you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information.

Reservations are required one week in advance for all childcare programs. ** Parent's Day Out:

Monday through Friday 11:00am-3:00pm

- You must provide a sack lunch and a snack for your children
- \$8.00 1st child
- o \$7.25 per additional child

- \$8.75 for children under 2
- \$8.00 per additional child under 2

Parent's Work Out: A new and exciting program that gives parent's the availability to go to the gym, knowing that their children are being well cared in a safe environment.

Monday through Friday 8:30-10:45am

- Please provide a snack for your child
 \$3.00 1St child
- \$2.25 Per Additional child
- o \$3.75 Children under 2
- \$3.00 Per additional children under 2
- Parent's Night Out: Enjoy an evening, go to dinner and a movie, or just get your grocery shopping done while your children are being well cared for in a safe environment.
 - Friday 5:30-10:00
 - You must provide a sack Dinner and a snack for your children
 - o \$8.00 1st child
 - \$7.25 per additional child
 - \$8.75 for children under 2
 - \$8.00 per additional child under 2
 - Dates Available:

June 5 & 19

NOTE: All childcare program prices are for the entire program this is not an hourly rate. Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent's being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided a \$5.00 fee is charged per Family for childcare if needed.

Free Summer Camp: Call for dates and times.

Free Day Camp: Call for dates and times.

Free Childcare: Two Saturdays a month for Families of deployed Soldiers.

Saturday 12:30 to 4:30pm

- Dates Available:
- June 6 & 20
- Building Rentals:

 The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.

o Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Cub Scouts, Girl Scouts, etc. We offer our building for rentals. The fee is:

\$25.00 for 3hrs

Car Seat Loan Program: GEICO insurance has provided us with car seats that we are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.

Operation Wheels: Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

The following locations are available for transportation:

- 1. Women Infant Children (WIC) Bldg. #7264
- 2. ACS Bldg. #7264
- 3. Irwin Army Hospital Bldg. #600
- 4. Self Help Bldg. #289
- 5. Post Chaplain Services
- 6. Respite Care At ASYMCA
- 7. Geary Community Hospital
- 8. Junction City Health Department

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

• For more information- Please call 238-2972, email <u>asymca@nqks.com</u>, or stop by at 111 East 16th Street, Junction City.

United Way of Junction City-Geary County:



The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley's nearest United Way. Call United Way at 238-2117, email <u>director@unitedwayicgc.org</u> or get more information on any of these agencies at <u>www.unitedwayicgc.org</u> We are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 asymca@nqks.com
- Fourth Grade Learn to Swim: program at the Family YMCA 762-4780 ymca@nqks.com
- Scholarship memberships for Girl Scouts: 238-2323 www.girlscoutsksmo.org
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 <u>www.Coronadoscout.org</u>
- Dental clinic at Konza Prairie Community Health Center 238-4711
- The Crisis Center: for victims of abuse and sexual assault 762-8835 <u>ccijcks@carrollsweb.com</u>
- Kansas Legal Services: for victims of domestic violence (800) 723-6953
- The Open Door: emergency shelter 238-3599 opendoor@ngks.com
- The Food Pantry: emergency food 762-8830 vogelsang@embarqmail.com
- Smarter Fun in the Sun: summer activity through Boys and Girls Club
 717-4020
- Transportation for Special Olympics participants: 209-1996 <u>itgjeh2003@yahoo.com</u>
- Emergency aid for victims of disasters by the Red Cross: 238-3163
- Security checks: for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- Volunteer Recruitment for CASA: Court Appointed Special Advocates of the 8th Judicial District 762-3907
- Habitat for Humanity: funding for the next home built by Habitat 238-3126

Kansas Children's Service League (KCSL):

 In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children's Service

League Adoption & Foster Care website at www.kcsl.org.

• Upcoming classes offered by KCSL:

• **MAPP Training**: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.

• The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis invention, temporary shelter, and support services. For additional

information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

Thrift Shop:

POST THRIFT SHOP CHANGES HOURS

The Post Thrift Shop has changed to its summer operating schedule. Open hours will be Tuesday and Thursday from 9:30am to 2:30pm and Wednesdays from Noon to 6:00pm The Dollar Bag Room will be open from Noon to 5:00pm on Wednesdays. The 1st and 3rd Saturday hours remain the same opening at 10:00am and closing at 1:00pm with the Dollar Bag Room closing at Noon.

Army Career and Alumni Program (ACAP):

Transitioning Service Members: Are you a Soldier planning to transition from the military? If so, schedule your mandatory <u>Pre-separation Briefing</u> by logging onto ACAP Express at <u>https://www.acapexpress.army.mil</u> or by calling 239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".

In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour <u>VA</u> <u>Benefits Briefing</u> prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocation Rehabilitation program are welcome to attend the <u>DTAP VA Briefing</u>, Thursdays 2:00-4:00pm.

Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day <u>Job Workshop</u> (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches.

Our main office is located on 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 239-8368.

On June 26 from 10:00-11:30am, ACAP will be offering a <u>D.A. Federal Resume Seminar</u>. This seminar is open to AW2/MEB/PEB Soldiers. This class is offered monthly.

Spouses are welcome and encouraged to attend ACAP services. All briefings are by appointment only!

Civil Air Patrol (CAP), USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet 2 hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international

exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8213 for more information.

Fort Riley, Kansas "Home of the Big Red One"

*NOTE: Announcements for the next "Riley Bugle Call" are due by <u>COB, June 12, 2009</u>, by: Email: <u>rile.dmwracs@conus.army.mil</u> If you have any questions please call 239-9435.