

THE RILEY BUGLE CALL



JANUARY 2010
HAPPY NEW YEAR!!

COL Kevin P. Brown
Garrison Commander, Fort Riley, KS
CSM Ian A. Mann
Garrison CSM, Fort Riley, KS



******NOTE: Announcements for the FEBRUARY "Riley Bugle Call" are due by COB, 8 JANUARY, 2010, if you have questions or would like to add something to The Riley Bugle Call please call 239-9433****.**

American Cancer Society:

- The American Cancer Society Relay for Life of Geary County is a fun filled, overnight event that mobilizes communities throughout the country to celebrate survivors, remember loved ones and raise money for the fight against cancer. Teams of eight to fifteen members gather with tents and sleeping bags to participate in the largest fundraising walk in the nation.
- January will kick off the preparations of the June 2010 Relay for Life. Registration is going on now so talk to your fellow workers, friends, family members or organization about forming a team.
- For more information please contact rflfogearyco@yahoo.com

Irwin Army Community Hospital (IACH):

Irwin Army Community Hospital pharmacy staff continues to monitor overall daily business operation with a focus of maintaining a high level of customer satisfaction. The IACH pharmacy's mission is to deliver leading pharmacy care that promotes patient safety and optimal health care outcomes. The pharmacy would like to develop a trusted and preferred service for our patients by increasing efficiency and safety, said pharmacy chief at IACH. IACH's pharmacy conducts education and training for staff members on a monthly basis to maintain professional proficiency and improve patient safety. The IACH pharmacy has many safety mechanisms in place to prevent medication errors, but it is imperative that patients take an interest in their own health care.

One example that shows why it is important for patients to take an interest in their own health care is if patients go to the pharmacy and receive a medication they have been taking, but the tablets look different from what they are used to. This may be a different manufacturer for the medication, or it could be human error. Patients who know their medications can play an active role in preventing safety mishaps or adverse effects.

There are several ways that patients can improve their safety.

- Know your medication history
- Know your medications (color, size, use)
- Keep a list of your medications with you
- Remain well-informed with good, reliable information

- Ask your provider and pharmacist questions about your medications, especially new medications.
- Inform your provider and pharmacist about over-the-counter and herbal supplements as these can interact with regular prescriptions

Beneficiaries are encouraged to ask outside providers to use the online formulary to verify availability of prescribed medications.

The main IACH pharmacy will fill any prescription that is on formulary. Visit <http://iach.amedd.army.mil> and follow the “pharmacy” tab to the online pharmacy. For formulary questions e-mail iachpharmacy@amedd.army.mil or call (785) 239-7619. Another customer service initiative is an automated refill system available for beneficiary use. Patients can call in their prescriptions using the automated system for a reduced wait time. Their prescriptions are ready to pick up at the main IACH pharmacy two business days later. The average wait time for the refills is approximately five minutes.

This process can save the patient valuable time.

A Retired Air Force Master Sergeant and his wife used the telephonic refill prescription line for fast and convenient service. “They were calling our number before I even had the ticket pulled out,” his wife said.

The hours of operation for the main pharmacy are from 7:30 a.m. to 6 p.m., Monday through Friday. Pharmacies are closed for federal holidays and on weekends. As an added convenience, IACH’s main pharmacy and satellite Post Exchange pharmacy locations are open on training holidays. The main IACH pharmacy is open from 7:30 a.m. to 4:30 p.m. on training holidays.

Pregnancy and H1N1

By Chief of Preventive Medicine, IACH

Fort Riley has placed special emphasis on vaccinating pregnant women against H1N1.

Clinics are continuously being offered by IACH for pregnant women as well as other age-specific, high-priority groups. Information is available by calling 240-4FLU.

The Centers for Disease Control and Prevention has provided influenza information for pregnant women and their babies. Both seasonal and 2009 H1N1 flu viruses will circulate during the 2009-2010 flu season. A pregnant woman who thinks she has the flu should call her doctor right away to see if treatment with an antiviral medicine is needed. The medicine is most helpful if it is started soon after the pregnant woman becomes sick.

What if I am pregnant and I get 2009 H1N1? Call 239-DOCS right away if you have flu symptoms or if you have close contact with someone who has the flu. Pregnant women who get sick with 2009 H1N1 can have serious health problems. They can get sicker than other people who get 2009 H1N1 flu. Some pregnant women sick with 2009 H1N1 have had early labor and severe pneumonia. Some have died. If you are pregnant and have symptoms of the flu, take it very seriously. Call your doctor right away for advice.

What can I do to protect myself, my baby and my Family? Getting a flu shot is the single best way to protect against the flu. You will need both flu shots this year to fully protect you and your baby against flu. The seasonal flu shot has been shown to protect both the mother and her baby (up to 6 months old) from flu-like illness. Call 240-4FLU or 239-DOCS for clinic information.

Talk with your doctor right away if you have close contact with someone who has 2009 H1N1 flu. You might need to take medicine to reduce your chances of getting the flu. Your doctor may prescribe Tamiflu® or Relenza® to help prevent 2009 H1N1 flu. To prevent flu, you would take a lower dose of the antiviral medicine for 10 days.

Is it safe for pregnant women to get a flu shot? The seasonal flu shot has been given to millions of pregnant women over many years. Flu shots have not been shown to cause harm to pregnant women or their babies. The 2009 H1N1 flu shot is made in the same way and in the same places as the seasonal flu shot. It is very important for pregnant women to get both the

seasonal flu shot and the 2009 H1N1 flu shot. Please see <http://www.cdc.gov/h1n1flu/vaccination/> to learn more.

Who else should get a flu shot? Anybody who will be taking care of babies younger than 6 months of age should get a seasonal flu shot and a 2009 H1N1 flu shot to protect against the flu. This includes you and any Family members or other people who will be caring for your baby for the first 6 months of his or her life. Please see <http://www.cdc.gov/h1n1flu/vaccination/acip.htm> to learn more.

What else can I do?

Take these everyday steps to help prevent the spread of germs and protect your health and the health of your family:

- Cover your nose and mouth with a tissue when you cough or sneeze, or sneeze into your sleeve. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and warm water, especially after you cough or sneeze. If soap and water are not available, an alcohol-based hand rub can be used.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
 - If there is 2009 H1N1 flu in your community, pay extra attention to your body and how you are feeling. If you think you have the flu, call your doctor or clinic right away.
 - If you are pregnant and you live with or have close contact with someone who has 2009 H1N1 flu, talk with your doctor about medicines to prevent flu.
 - Have a plan for someone else to take care of a sick family member.
- Stock up on household, health, and emergency supplies, such as acetaminophen (Tylenol®), water, and non-perishable foods.

What are the symptoms of seasonal and 2009 H1N1 flu?

You may have the flu if you have some or all of these symptoms:

- Fever*
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headaches
- Chills
- Fatigue
- Sometimes diarrhea and vomiting

*It's important to note that some people with flu will not have a fever.

What should I do if I get sick?

If you get sick with flu-like symptoms, stay home, stay away from others, and call your doctor right away. If needed, he or she will prescribe an antiviral medicine that treats the flu. Have someone check in with you often if you are feeling ill. This is always a good idea.

How is 2009 H1N1 flu treated?

- 2009 H1N1 flu is treated with antiviral drugs such as Tamiflu® (oseltamivir) or Relenza® (zanamivir). Antiviral drugs are prescription pills, liquids or an inhaled powder that fight against the flu by keeping the germs from growing in your body. These medicines work best if they are taken as soon as you have symptoms of the flu. For that reason, it is important that you call your doctor as soon as you notice flu-like symptoms.
- If your doctor prescribes an antiviral to treat your flu, you will need to take it for five days. The medicine can make you get better faster and make your symptoms milder.
- At this time, there have been no reports to show harm to the pregnant woman or her unborn baby. Flu can cause serious illness and even death in pregnant women. Taking antiviral medicine can help prevent these severe outcomes.
- Antiviral medicines can be taken at any stage during pregnancy.
- Treat any fever right away. Acetaminophen (Tylenol®) is best for a pregnant woman to use to reduce a fever.

- Drink plenty of fluids to replace those you lose when you are sick.
- If you have had close contact with someone who is sick with the flu, your doctor may prescribe Tamiflu® or Relenza® to help prevent 2009 H1N1 flu. To prevent flu, you would take a lower dose of the medicine for 10 days.
- Antiviral medicines can be taken at any stage during pregnancy.

When should I get emergency medical care?

If you have any of these signs, call 911 right away:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- A high fever that is not responding to Tylenol®
- Decreased or no movement of your baby

How should I feed my baby if I am sick?

Breastfeed if you can. Breast milk is the perfect food for your baby. There are many ways that breastfeeding and breast milk protect your baby's health. Babies who are breastfed get sick from infections like the flu less often and less severely than babies who are not breastfed.

Flu can be very serious in young babies. You do not have to stop breastfeeding if you have the flu, but you have to be careful to protect your baby from getting sick. Please see

<http://www.cdc.gov/h1n1flu/infantfeeding.htm> to learn more about how to feed your baby if you are sick. For additional information contact the nurse advice line at 239-DOCS option #4 or your health care provider.

Army Substance Abuse Program Update

Irwin Army Community Hospital's Army Substance Abuse Program will relocate to Building 1801A on Camp Funston and will start seeing clients and patients there beginning Dec. 21.

Thrift Shop:

- The Shop will be open Tuesday through Thursday from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1 p.m. The Shop will continue being open on the 1st and 3rd Saturdays from 10 a.m. to 1 p.m. with consignments from 10 a.m. to Noon. The Dollar Bag Room will be open on Wednesday from 9:30 a.m. to 1 p.m., and Saturdays from 10 a.m. to Noon.

The Fort Riley Thrift Shop continues to run the "Eyes for Education" program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all local schools, at the PX optical Shop, at IACHS Optometry Clinic, and at the Thrift Shop. There are several criteria to be met for receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Directorate of Plans, Training, Mobilization & Security

The Security Office offers free fingerprinting for Ft. Riley Soldiers and Family members.

For more information, please call 239-6348

Location: 500 Huebner Rd, Room 105.

Please call 239-6348 to make an appointment.

COMMISSARY:

- Our hours of operation are:

Monday-Saturday 9:00AM-8:00PM

Sunday-10:00AM-6:00PM

Early bird shopping hours are 7:00-9:00AM

- We have 4 self checkouts for your shopping convenience

40 items or less, there is a customer service personnel here to assist you if you need help.

The deli–bakery and produce and meat department can do special order trays with 24 hrs. advance.

- The Commissary it's worth the trip where you save 30% on your total grocery bill. Our phone # is 785-239-6621.
- Store Director: Mr. Peter J. Howell
- **We value your service!**

Fort Riley Veterinary Services:

Bldg 226 Custer Avenue

Keeping your pet healthy

When taking your pet to an Army veterinary clinic after January 1, 2010 you may notice that the more routine veterinary services like basic de-worming, micro-chipping, fecal floatation and vaccinations will now be grouped into “Wellness Packages”.

“A Wellness Package”, explains the Chief of VETCOM’s Future Operations “will provide comprehensive preventive medical care that is tailored to your pet’s specific needs and stage of life.”

The Veterinary Command (VETCOM) Commander says “the veterinary profession is shifting from vaccination-driven appointments towards wellness-driven appointments.” The intent is to emphasize routine wellness examinations and interaction with a veterinary health care professional instead of vaccinations as the reason for a visit to the veterinary clinic. “The Veterinary Command will embrace this effort to provide the best care to our patients and support to our clients through comprehensive disease prevention, early diagnosis of any problems and appropriate treatment.”

The standardization of these services will parallel the veterinary profession’s move toward wellness, promote public health, and provide consistency in veterinary care. There will be a restructuring in the fee schedule, but the goal continues to be high quality care at the lowest cost. Fees will be the same for all clients and at all military veterinary treatment facilities.

You can take comfort in knowing that the Department Of Defense Veterinary Service is doing everything they can to keep your Family and your pets healthy for a lifetime.

• **Operating Hours:**

Monday thru Friday 7:30 am – 3:30 pm

- Wednesday - Open until 5:00 pm
- Registration for pets is Monday thru Friday.
- All pets residing in Fort Riley Housing must be registered with Veterinary Services.
- Pets (Cats/Dogs) must be registered within 10 days of arriving onto Fort Riley. Registration is free but must be done in person; this process cannot be done over the phone, bring proof of any vaccinations your pet may have already received. Registration may include the animal being micro chipped (if not done previously). The cost for the micro chip is \$15.00.
 - Veterinary Services does offer vaccinations and sick call for your furry family members. All appointments for treatment can be made by calling 239-3886 or 240-0307.
 - For more information on Veterinary Services visit the 1st ID and Fort Riley website at <http://www.riley.army.mil/UnitPage.aspx?unit=veter>

Fort Riley Stray Animal Facility

Hours of operation are:

- Monday thru Friday 10:30 am – 3:30 pm
- Adoptions are done until 3:00 pm Monday thru Friday
- Phone Number 239-6184

American Red Cross:

Volunteers needed for two programs:

- Volunteer orientations are Mondays at 1 p.m. at the Red Cross office in Bldg. 7264 Normandy Drive, Room 16. Questions call 239-1887.

- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call 785-239-1887.

Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

Custer Hill Golf Course: Bldg. 5205 (785) 784-6000.

- **Hours of Operations:**

Pro Shop and Golf Course Hours:

January 1 – 31

Mondays-Tuesdays	Closed
Wednesday-Friday	9:00am – 5:00pm
Saturday, Sunday, and Holidays	8:00am – 5:00pm
CLOSED ON NEW YEARS DAY	

ALL TIMES ARE WEATHER PERMITTING

**ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING.
\$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.**

- **Snack Bar Hours:**

Monday – Friday	11:00am – 1:00pm
Saturday, Sunday, & Holidays	Closed

- **Driving Range:** The Driving Range is now open at night for your convenience. Purchase your tokens or keys in the Pro Shop, or our machine takes \$1 bills (only), and you can hit golf balls at night. All you have to do is turn on the lights, and don't worry; we'll turn off the lights when you are done.
- **2010 Golf Tournaments:** It is not too early to book your golf tournament for 2010. Come on in and sit with our professional staff that will help you plan the details of your golf tournaments. First come, first served on date availability for your golf tournament.
- **2010 Golf Season:** Winter time is upon us, but it is not too early in getting prepared for the upcoming golf season. New merchandise will begin arriving in March 2010. Our Professional Staff can get you fitted or help you tune up your game for this spring.
- **Check out our website at WWW.RILEYMWR.COM for an updated listing of events and tournaments.**

Riley's Conference Center: Bldg 446 Seitz Dr Main Post (785)784-1000

Office Hours:

Sunday, Monday	Closed
Tuesday, Wednesday, Friday	8:00am – 5:00pm
Thursday	10:00am – 7:00pm
Saturday	10:00am – 12:00pm

Home-Style Brunch:

- Join us for sample foods from around the world right here in the heart of Kansas, February 28, 2010. Some of the items that we will be featuring include mouth watering main dishes: homemade schnitzel, crepes made to order, pasta and other favorites found abroad! \$13.95 per person, \$6.95 for kids ages 6-11. Children 5 and under are FREE. Reservations made by February 5, 2010 receive \$1.00 OFF per person. Seating will begin at 10am until 2pm. Call (785) 784-1000 for additional information.

Rally Point

- Bingo is coming to Fort Riley! Currently Rally Point is undergoing renovations and will re-open as a Bingo Entertainment center February 16, 2010. Rally Point will be paying out over \$1,750.00 in payouts each night from Tuesday thru Saturday with Jackpots of \$1,000 and a Progressive Jackpot starting at \$3,000.

Custer Hill Lanes: Bldg. 7485, (785)239-4366

Bowling Hours:

Custer Hill Lanes and Snack Bar Hours:

Sunday thru Thursday 11:00am - 10:00pm

Friday & Saturday 11:00am - 12:00am

Strike Zone Bar Hours:

Sunday thru Thursday 5:00 - 10:00pm

Friday & Saturday 5:00pm - 12:00am

Arts & Crafts Center: Bldg. 6918 (785) 239-9205

**Monday & Tuesday 1:00 – 8:30pm, Wed, Sat, & Sun 9:00 – 4:30pm,
Closed on Thursdays, Fridays and Holidays**

- **Classes** – We offer a variety of classes; a specialized wood working area, a matting and framing area, Crochet and Knitting, Ceramic mold pouring.
- **Wood Safety Class** – Learn power tool safety and general woodshop procedures in this one night class. Patrons are required to take this class before using the woodshop.
- **Matting and Framing class** – Learn the skill to do your own matting and framing, save a bundle! Class covers material selection, matt cutting, frame assembly and glass cutting. The center carries conservation – preservation products to complete your fine art work project.
- **Ceramic Mold Pouring** - Students learn to pour and clean slip cast ceramic greenware in this one night class. This class is required for pouring your own pieces, call and sign up, class will be scheduled, \$5.00 fee.
- **Crochet or Knitting**- Learn any or both of these skills, this class meets every 2nd or 4th Monday, unless it falls on a Holiday then meets the following Monday, take as many classes as needed. Stop by and see what the group is working on, call ahead to be enrolled, or just stop in, starts at 7pm. This class is **FREE**
- **Coffee Groups, FRGs, and Scouts** come in for a crafts class set up just for your group.
- **Custom Services**
 - Professional Matting & Framing** - Get your photos and prints framed professionally, we use only the conservation products on your art work.
 - Imprint Shop, Laser Engraving** - Get your awards done by our professional staff, metal engraving or laser engraving, metal, wood, plastic, glass, limestone.

Automotive Skills Center: Bldg. 7753 Apennines Dr, (785) 239-9764/4028.

Wednesday-Friday 1:00 – 9:00pm

Saturday-Sunday 9:00am-5:00pm

Monday & Tuesday Closed

Automotive Car Wash Open 24 hours

- The Automotive Skills Center is the place to winterize and get a jump-start on the winter months by inspecting your vehicle.
- Free 25 point automotive vehicle check for deployed Soldier's Family members. Must have verification of Soldier or unit deployment, ID card and vehicle registration or title.
- Automotive car wash bldg 7756, Fort Riley OPEN 24-7
The Automotive Car wash was updated with new equipment products and services: Eight Bay Car Wash, Change Machine, Wax and Drying area. Best value in the area!

- The Automotive Skills Center car club is excepting applications for annual membership. Membership is open to active duty Soldiers, retirees, dependents, Reserve, National Guard, and DA civilians. The club is located at bldg 7753 Automotive Skills Center and meetings are held the second Sunday of each month at 12:00pm.

Outdoor Recreation Center (ODR): Bldg. 9011 Rifle Range Rd, 785-239-2363/6368.

Open 7 days a week from 9:00am – 5:00pm and closed all federal holidays.

- Make Outdoor Recreation your headquarters for Winter Fun! We have a great selection of rental items available to assist you with your outdoor adventures. Stop by to see what fun activities we have planned. Including ski and climbing trips. Interested in an activity we don't offer- gives us a call we would love to hear your ideas.
- NEW Skeet and Trap Range
Make sure to stop by our new Skeet and Trap range to see what we have to offer. Call Outdoor Recreation for more information.
Open Wednesday and Thursday Noon-8:00pm and Saturday and Sunday 10:00am-5:00pm.
We also have several fun activities available throughout the month! Call or stop by Outdoor Recreation to see what we have to offer.

Information, Ticketing & Registration (ITR): Bldg 6918 Call (785)239-5614 or 4415

Fall & Winter Hours of Operation:

Monday – Friday 10:00am-5:00pm

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families:

- Colorado Ski Packages – Military discounts available for Winter Park and Copper Mountain lift tickets. ITR can assist you in putting together a package for your perfect Colorado mountain experience.
- SnoFest 2010 - is just around the corner. Start planning now for the 20th annual military snow sports weekend Jan 29-31, 2010, at Keystone Resort. SnoFest features a variety of activities geared just for members of the military community and their guests. Discounts on lodging, lift tickets, party tickets and more make SnoFest the most fun and affordable winter vacation option. For the best rates and availability, book your reservations early by calling ITR, 785-239-5614 or stop by Bldg 6918. Get your group together and we can assist you with bus transportation.
- Ski Snow Creek – Have you ever wanted to try the sport of skiing or wanted a friend to learn? Now is the time to ski in historical Weston, Missouri, located 15 minutes from Kansas City International airport. Snow Creek has 100% snow making capabilities. Don't ski? Try Tornado Alley for snow tubing. Military Appreciation now available on Tue, Wed & Thu. Valid Military ID cardholders receive 50% off regular price through ITR. Let ITR put together a weekend get-a-way.
- Royal Caribbean International – Appreciates the personal sacrifices that our military men and women make. They are offering these brave soldiers the freedom to reconnect with family on a magnificent Mexico cruise with special prices for active and retired military personnel and their families. Special discounts On Mariner of the Seas & Radiance of the Seas Oct 1- through March 23, 2010.

Fort Riley Library: Bldg. 5306, (785) 239-9582

Hours of Operation:

Monday Closed

Tuesday – Saturday 11:00am - 6:00pm

Sunday – Noon - 5:00pm

January 2	Story Time
January 9	Kansas Parks and Wildlife; "Save the Eagles" day 1:00 – 3:00pm
January 16	Martin Luther King Birthday Bash!
January 23	Movie Night; "Ice Age, Dawn of the Dinosaur"
January 30	Story Time

- All Story times are at 1:30pm unless otherwise specified; they all include snack, craft, and a story. The session lasts about 45 minutes.
- The Library will be closed in observance of the holidays
New Years Day- January 1

Sports

Fitness Facility Hours

- **King Field House | Bldg 202, Main Post | (785) 239-3868**
5:00am-9:00pm Monday-Friday
9:00am-9:00pm Saturday/Sunday/Holiday
- **Leonard Fitness Center | Bldg 7632, Custer Hill | (785) 239-5771 Custer Hill**
5:00am-8:00pm Monday-Friday
10:00am-5:00pm Saturday/Sunday/Holiday
- **Craig Fitness Center | Bldg 7024, Custer Hill | (785) 239-5562**
5:00am-9:00pm Monday-Friday
1:00-8:00pm Saturday/Sunday/Holiday
- **Long Fitness Center | Bldg 8069, Custer Hill | (785) 239-4683**
Long Fitness Center is closed until approximately February 15, 2010 for renovation.
- **Robinson Fitness Center | Bldg 7832, Custer Hill | (785) 239-4480**
5:00am – 8:00pm Monday-Friday
12:00pm-7:00pm Saturday/Sunday/Holiday

Fitness

The fitness department offers fitness classes six days a week

- "Fort Riley's Biggest Loser" program is about to begin! This sixth month program briefing dates are as follows: January 4th at noon, January 5th at 5:00 pm, and January 6th at noon.
- The fitness department offers fitness classes five days a week, including a new Step Aerobics class on Monday and Wednesday from 5:00-6:00 pm (punch card required).
- Fitness assessments will be offered from 9:00-11:00 am on January 12th and from 5:00-7:00 pm on January 25th. The length of the assessment may vary, depending on the number of participants. Body composition testing will be offered from 12:00-1:00 pm on January 19th. Body composition and fitness assessments are now offered through appointments, as well. Please call the fitness office (785)239-3146 for more information on the testing services.
- On January 23rd from 9:00-11:30 am, the fitness department will have the third annual "Resolution Revolution". This two-hour SPINNING endurance ride is a challenge for experienced riders. Please attend only if you are expecting to stay for the entire length of the class. This class will "wheel" your New Year's resolution in the right direction.
- Ballet dance, modern dance, and Rowbics classes coming soon to King Field House!

Sports Special Events

- Registration for the 26.2 mile Bataan Death March Qualifier starts January 4th. Open to all who want to participate. The event is set to take place on February 20, 2010 beginning at King Field House. The winning active duty teams will have the opportunity to travel to White Sands New Mexico for the Annual Bataan Death March on March 21, 2010. Call for details 785-239-3764.

Pools

Eyster Pool, Bldg. 6940, (785) 239-4854.

Recreational Hours: Monday-Friday 4:00 – 8:00pm, Saturday-Sunday 1:00-6:00pm

Lap Swimming: Monday-Friday 11:00am-1:00pm and Monday-Wednesday-Friday 5:00- 6:30pm

No charge for all DOD ID Card lap swimmers

Long Pool, Bldg. 8069 will be closed until further notice for renovation

Fees: Daily Entry Fees:

\$3.00 - Guest (may be "signed in" by an active duty Soldier, spouse of active duty Soldier or retiree).

\$1.50 - ID card holder.

3 years and younger are FREE with a paying adult.

Season Passes Effective July 15, 2009

Rank	Family	Single Soldier
E1-4	\$50	\$20
E5-8	\$70	\$35
E9 & above	\$90	\$55

Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

January 1 Closed

January 2-3 1:00 – 6:00pm Open Swim

January 4 5:00 - 6:30am Monday-Wednesday-Friday Individual Lap Swim

6:30 - 8:00am Monday-Wednesday-Friday Unit Scheduled Training

1:00 – 6:00pm Daily Open swim

Jan 16 Flick-N-Float 7:00pm

Doors Open \$10/family \$5/single

Child, Youth, & School Services (CYSS) (785) 239-9885:

- **CYS Central Enrollment Registry (CER)** Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 7:00am-5:00pm

Walk-in registration hours are Monday - Friday, 8:00am-12:00pm

Appointments available starting at 1:00pm.

- **CYSS Parent Central** Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 7:00am-5:00pm

Walk-in registration hours are Monday - Friday, 8:00am-12:00pm

Appointments available starting at 1:00pm.

- **Play Pals Playgroup**- 6620 Normandy Drive, every Monday 9:00-11:00am, Reservations recommended but not required (space available without reservations). Call (785) 239-9885.

- **WebTrac!** - WebTrac! is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac! User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac! Link located on the Riley DFMWR website.

- **Parent Education Plan**

Parent Education Opportunities: For additional information contact CER 239-9885

*Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated.

- January 12, 2010, Character Counts! What is it? 6:30 – 8:00pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 240-2822 by January 11th.
- January 20, 2010, Physical Fitness: The foundation for your body, 12:00 – 1:00pm, Bldg. 5800/MST, RSVP to 239-9223 by January 19th.

- January 20, 2010, Relaxation techniques for you and your child, 6:30 – 8:00pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 240-2822 by January 19th.

SKIES Unlimited (785)-239-4723

All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. Four free classes to the child of a deployed Soldier, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered! **Wanted. Instructors are needed in a variety of areas to include: Art. English. Math. Science. Guitar. and Piano.**

Warren CDC

- We currently have additional Pre-toddler and Toddler spaces available! For more information please call 239-4847 or 240-3263.

Warren East CDC 6981 Warren Rd.

- **NEW LOCATION: Free Saturday Deployment Care:** January 9th and 23rd from 9:00am - 1:00pm for children of deployed Soldiers. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided.
- Free care for families to attend FRG meetings as well as CYSS Parent Training Classes January 5, 12, 20 and 26 from 6:30-8:30pm. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of Child Development Center. Drop off is as early as 6:20pm. For more information please call 240-0822.

School Age Services (SAS) Bldg. 5810 Thomas Ave

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides. Before and After School programs for Kindergarten-5th Grades. Transportation is provided to and from on-post schools. Hourly care is also available; however parents must make reservation by noon the day prior to ensure transportation. For more information please call 239-9220 or 239-9225.
- **Free Saturday Deployment Care** January 9th and 23rd from 9:00am -1:00pm SAS, Bldg. 5810, for children of deployed Soldiers. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations.

Upcoming Events:

- January 15, 2010, **SAS Winter Festival**, 1:00-5:00pm featuring DJ Hicks, games, apple cider, decorating cookies, cocoa, spice bread, face painting, raffle prizes.

Middle School and Teen (MST)

The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at 239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

Upcoming Events:

- December 23 – January 4, 2010: **Rock & Roll Band Camp** will meet from 2:00 – 4:00 p.m. with performance at the MST Dance on January 8, 2010 (camp will not meet on federal

holidays). Cost is \$15 and includes camp T-shirt and usage of all instruments and equipment. Please register by December 21st 2009

- December 28 – January 4, 2010: **Arts and Crafts Camp** will meet from 9:00 – 11:00 a.m. (camp will not meet on federal holidays). Cost is \$15 and includes Art Museum field trip and camp T-shirt. Please register by December 21st 2009
- January 8, 2010, **MST Dance**, 8:00pm-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.
- January 16, 2010, **Late Night Basketball Tournament**, 7:30pm-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- January 18, 2010 - MST closed in observance of Martin Luther King Jr. Day.
- January 22, 2010, **MST Dance**, 8:00pm-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.
- January 29, 2010, **SMART GIRLS female only LOCK-IN**. Available for all females who are registered at the teen center. Lock-in will occur from 11:00pm January 29 – 30, Saturday, 7:30pm. Cost is free.

Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAFF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call 239-9222 for additional information.

MST has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

Find MST on Facebook

<http://www.facebook.com/frileyteen>

or

Follow MST on Twitter

<http://twitter.com/fortrileyteen>

HIRED! - A career field exploration for 15-18 year old high school teenagers!

Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For more information call (785) 239-9217.

Youth Sports

- Outdoor Adventure Ice Skating. Grades 3-12, January 4th, 10:00am-5:00pm. \$10 registration fee includes admission, equipment and transportation from Bldg. 5800. To participate register at CYSS Parent Central Office, Bldg. 6620 by December 30. For more information call 239-9223.
- Family Fitness Night. January 22nd. 6:00-7:00pm, at the Teen Center, Bldg. 5800. Families with children of all ages are invited to participate in this high energy program. For more information, please call the Youth Sports & Fitness office at 239-9223/9200.

- Call 239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services

239-1648
240-3261
240-3260

Youth Sponsorship Program

The Youth Sponsorship Program is available to all active, retired and reserve military youth in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. Call Youth Sponsorship at (785) 240-3261

College Prep Series

Come take part in the new "College Prep Series"! You can pick and choose classes that meet the needs of your family – Multiple classes for Parents and Students of all ages. Prizes awarded in May, based on participation throughout the series.

- January 13, 2010, Financial Aid, 7:00-8:00pm, Bldg. 6620
- January 21, 2010, College Choices, 7:00-8:00pm, Bldg. 6620

USD 475 Junction City-Geary County Schools:

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>
Tel: (785) 717-4000

USD 383 Manhattan-Ogden Schools:

USD 383 (Manhattan-Ogden) website:<http://www.usd383.org/>
Tel: (785) 587-2000

USD 473 Chapman Schools:

USD 473 website:<http://www.usd473.net>
Tel: (785) 922-6521

USD 435 Abilene Schools:

USD 435 website:<http://www.abileneschools.org>
Tel: (785) 263-2630

- To receive a listing of all 17 school districts websites, calendar and other important SLO information go to the SLO website: <http://www.rileymwr.com/web-content/subpages/cysschool.html>.

Picerne Housing:

Our Family for Families First Foundation 2010 Scholarship, Grant Applications Available Online

- Our Family for Families First, John G. Picerne's private charitable foundation, was established to support the educational goals of children and spouses of active-duty Soldiers.
- Applications for the 2010 Our Future Scholarship and 2010 Educational Grant are now available at www.ourfamilyfoundation.org
- Applications for the Our Future Scholarships are due February 26, 2010, and will be awarded to high school seniors attending a four-year university or college in the amount of \$40,000 each. The Foundation will select 10 children of active-duty Army Soldiers at Forts

Meade, Bragg, Polk, Rucker, Riley, Sill, and Aberdeen Proving Ground to receive the scholarships based on merit and need. Recipients of a scholarship will be notified by March 31, 2010.

- Applications for 2010 Educational Grants must be received no later than May 28, 2010. Grants are given in amounts up to \$5,000 for the spouse of an active-duty Army Soldier at the installations listed above. Applicants may be in any stage of the educational process. Recipients of a grant will be notified by June 30, 2010.
- Applications and all necessary paperwork for both the Our Future Scholarship and Educational Grant must be complete and postmarked by the due date in order to be considered. Awards for both the scholarship and grant are for use beginning in the fall of 2010.
- Interested individuals may also call 401-228-2836 for more information. The completed application should be submitted to the Our Family for Families First office, according to the direction on the application. Please check out the website at www.ourfamilyfoundation.org for more information about the application process or to download forms.

Home watch information

- Please notify your Neighborhood Office if you will be out of town during the holidays. We want to help ensure that your home is safe and sound while you are away. And, if needed, in case of emergencies we can take the appropriate actions and know how to contact you.
- Residents are able, free of charge, to register their home in Picerne's House Watch program. The Department of Emergency Services also allows residents to notify them when the home will be unoccupied for an extended period of time for additional security.

January 1

Program Office closed.

Neighborhood Offices closed.

Army Community Services (ACS): 7264 Normandy Drive, 239-9435

Employment Readiness Program (ERP):

- 14 January 2010 "Prepare your Career" Workshop
9am-3pm at ACS, Building 7264 covering Army RESUMIX, Top Fashions/Society Trends in the office, WOW Impressions, and Interviews in a variety of Career Fields.
The Employment Readiness Program (ERP) was established to provide employment assistance to members of the "Army Family". These services are offered on an appointment basis. Appointments cover topics such as: resume styles, editing and review of the client resumes, cover letter examples, job search information and eligibility for specialized programs. To schedule an appointment or with questions on employment, please contact ERP at 239-9435.
- Employment Readiness Program hosts weekly "Job Seekers" workshops on Tuesday and Thursday 1-4 pm. These classes are small and provide a great opportunity to visit one on one with the ERP Team. Additionally, instructors will provide you information on Employment Readiness Program and federal versus civilian resume styles.
Call us for a spot in these classes.
- Career Advancement Accounts - the Department of Defense is implementing the Military Spouse Career Advancement Account Program, providing resources and assistance to spouses of active duty services members, Guard and Reserve with a spouse on orders for one year, supporting their pursuit of a successful, long-term, portable career. This centralized, virtual program, accessed through Employment Readiness or Military OneSource, will provide counseling and funding, up to \$6,000, to assist with licensure, certification or education opportunities leading to portable employment opportunities. This Department of Defense funded program is available NOW.

Program specifics are available for your review at: www.militaryonesource.com, by attending the weekly CAA Training offered by the Employment Readiness Program. ERP can be contacted at 785-239-9435.

- Employment Readiness Program is hosting the Barton Community College GED. Classes are on-going. Get ready to take your GED in a classroom setting. Call Barton or ERP for further class dates and information on the program.
- Unemployment Benefits - Quit a job to PCS with active duty sponsor? You might be entitled to unemployment. Go to www.uibenefits.dol.ks.gov to put in an unemployment application today. Noncompetitive Appointments of Certain Military Spouses - The intent is to facilitate the entry of military spouses into the Federal civil service. ERP has the most current information on this new regulation, call us. Ft Riley Civilian Personnel Advisory Center will be offering classes to explain this new regulation weekly on Wednesday's at 1pm, building 319.

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. Army Family Team Building offers classes every Friday, 11:30am-2:30pm, at ACS Bldg. 7264. **FREE CHILDCARE!** Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children. For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS Bldg. 7264 (room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), and New Parent Support Program (NPSP) and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.

- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page (<http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>) or by calling ACS at 239-9435.

Exceptional Family Member Program (EFMP):

- EFMP- Strategies To Help Uncover Causes of Challenging Behaviors Workshops presented by Families Together, Inc. Families Together, Inc. is a statewide organization that assists parents and their sons and daughters with any form of disability.
- Strategies to Help uncover Challenging Behaviors Workshop
January 26, 2010
4:00pm - 5:30pm
Presented by Families Together, Inc. This workshop is tailored for Families whose children may be showing challenging behaviors.
Location: Army Community Service, 7264 Normandy Drive, Fort Riley, Kansas. RSVP by calling EFMP at 239-9435.
- Special Needs Support Group
A support group for military Families who have special needs Family members.
January 26, 2010, and February 23, 2010
6:00pm - 8:00pm
Army Community Service, 7264 Normandy Drive, Fort Riley, Kansas.
Call to RSVP by Exceptional Family Member Program at 239-9435 or K-State Research & Extension at 239-9991.
- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family member. Contact ACS, Exceptional Family Member Program at (785) 239-9435.
- Exceptional Family Member Program and New Parent Support Program offers:
Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows February 17, April 21, June 16, July 28, September 15 and November 17, starting from 1:00-4:30pm. Location for this is in the Army Community Service Building, 7264 Normandy Drive, call for more information 239-9435.

Family Advocacy Program:

Love & Logic Parenting Classes:

- Jan. 7, 14, 21, 6:30-8:30pm
- Feb. 4, 11, 18, 6:30-8:30pm
- Mar. 4, 11, 18, 6:30-8:30pm
- Child care provided if pre-registered. All classes are held at ACS, Bldg. 7264.

Mobilization & Deployment/Family Readiness:

2010 Class Schedules:

- **FRG Leader Class**—Instruction and guidance to assist newly appointed FRG Leaders and Commanders:

January 11, 2010	Part I	9:00 am- Noon
January 12, 2010	Part II	9:00 am- Noon
February 8, 2010	Part I	6:00 pm– 9:00 pm
February 9, 2010	Part II	6:00 pm– 9:00 pm
March 6, 2010	Part I & II	9:00 am – 4:30 pm
April 6, 2010	Part I	9:00 am- Noon
April 7, 2010	Part II	9:00 am- Noon
May 5, 2010	Part I	6:00 pm– 9:00 pm
May 6, 2010	Part II	6:00 pm– 9:00 pm
- **Key Caller Class** – Instruction and guidance to assist newly appointed FRG Key Callers:

January 2, 2010	9:30 am – Noon
February 18, 2010	6:00 pm - 8:30 pm
March 11, 2010	9:30 am – Noon
April 15, 2010	6:00 pm - 8:30 pm
May 13, 2010	9:30 am – Noon
- **Funds Custodian Class** – Instruction and guidance to assist newly appointed FRG Funds Custodians:

January 7, 2010	6:00 pm – 8:00 pm
February 16, 2010	6:00 pm – 8:00 pm
March 18, 2010	6:00 pm – 8:00 pm
April 13, 2010	6:00 pm – 8:00 pm
May 12, 2010	6:00 pm – 8:00 pm
- **Care Team Training** – Instruction on Care Team's responsibilities and provides guidance on how to handle issues volunteers will face (such as dealing with family's reactions to injury, death or otherwise life altering event).

❖ **NOTE: Training to Units – Available Upon Request**

Jan 26-27, 2010 9:00 am – 3:30 pm

Free Child Care for all FRG Classes. You must pre-register when signing up for the classes. Parents must bring up to date shot record for each child. (No sandals or flip-flops allowed) All children must have close toed shoes on if walking. Crawling children must have at least socks on their feet.

Relocation Readiness:

Stop by and visit with our Relocation Readiness staff. We have many programs to help serve you upon your arrival, and as you depart our installation. We look forward to meeting you soon!

- **Welcome Centers** - Army Community Service, Relocation Readiness would like you to know about our two Welcome Centers. Stop in and say “Hello,” if you are just arriving or happen to come in to use another service.
 - Marshall Airfield**
Interstate 70, exit 301
885 Henry Drive
Monday–Friday
8:00am–6:00pm
- **“KIOSKS”** - Stop by one of Army Community Service’s One Stop Kiosks – your direct link to online services, on-post services, way-finding maps and thousands of DoD web pages with vital information for work and play. They are located at these sites:
 - ACS, Bldg 7264
 - ACS Annex–FRG, Bldg 1020
 - ACS Welcome Center, Bldg 885
 - Carr Hall, Bldg 45
 - In-Processing, Bldg 210
 - Mini-Mall PX, Bldg 6914
 - Soldier Family Assistance Center (SFAC), Bldg 671-A
- **“Discover Riley’s Treasures”** – This program is extending an invitation to all Soldiers, Families and civil service employees that are new to our community, or would like to learn more about the area. Come experience Fort Riley and what the surrounding communities have to offer during your stay here. Please contact the Relocation staff to reserve your seat now!
 - Time: 8:30am – 12:30pm
 - Date(s): Jan 28th Feb 25th**
 - RSVP By: Jan 25th Feb 22nd
 - *Relocation staff also present information on the Military Personnel and Family In-processing every Wednesday at Riley’s Conference Center off of Huebner road (near the hospital).
- **Hearts Apart:** is a time when a Family member with Soldiers on an unaccompanied tour, TDY or at present is currently deployed that can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.
 - Date: January 13th** **Date: February 10th**
 - RSVP: January 8th RSVP: February 5th
 - Time: 6:30 – 8:00pm Time: 6:30 – 8:00pm
 - Date: March 11th**
 - RSVP: March 8th
 - Time: 6:30 – 8:00pm
- **Sponsorship Training:** is available online or classroom training is available upon request. Please remember that training is available for Youth, as well as, Service members. Contact the Relocation Sponsorship Training Coordinator for more information.
- **Citizenship and Immigration Intake:** These 2 ½ hour sessions provide information and instructions on preparing the application for Citizenship and Immigration. Attendees MUST register.
- **Citizenship and Immigration Walk-in Clinic**
 - Time 9:00am – 3:00pm

- **Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

<u>South Korea</u>	<u>Germany</u>	<u>Stateside</u>	<u>Overseas</u>
1:00 - 3:00pm	1:00 - 3:00pm	1:00 - 2:00pm	1:00 - 2:00pm
January 5th	January 12th	January 19th	January 26th
February 2nd	February 9th	February 16th	February 23rd

- **Reentry:** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

Time:	8:30am–10:30pm		
Date(s):	Jan 22nd	Feb 26th	Mar 26th
RSVP By:	Jan 18th	Feb 22nd	Mar 22nd

Soldier Family Assistance Center (SFAC):

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family Members received tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. Located in Bldg 671A/673A, next to Irwin Army Community Hospital. Hours of Operations, 7:30am–4:30pm.

Fort Riley Education Services (ACES) :

Main Post Learning Center, 217 Custer Avenue (785) 239-6481

New Hours: 8:00 am – 5:00 pm

Learning Center 1, 7604 Parker Street (785) 239-9845

New Hours: 8:00 am – 5:00 pm

Some classes that can be scheduled for your units include: BSEP, College Classes, and GT Improvement. In addition, briefings explaining GoArmyEd and the new Post 9/11 GI Bill may be scheduled. Please contact Education Services at 239-6481 for more information.

Important News

Post 9/11 GI Bill Transferability Policy Quick Reference – visit:

http://www.gibill.va.gov/GI_Bill_Info/CH33/Transfer.htm

Submitting a Request to Transfer Benefits - visit:

http://www.gibill.va.gov/GI_Bill_Info/CH33/Transfer.htm#APPLY

- or -

Apply and track the status of your request; using CAC card or DFAS pin, log on to the DoD Transferability of Education Benefits (TEB) web page located at <https://www.dmdc.osd.mil/TEB/> <<https://www.dmdc.osd.mil/TEB/>>

Contact one of our guidance counselors for more information at (785) 239-6481.

Post 9/11 GI Bill Estimator

This estimator tool is very important. Soldiers and veterans alike need to be reminded that once they elect to convert to the Post 9/11 GI Bill (e.g., by filling out a VA-Form 22-1990 OR submitting the TEB (Transferability of Education Benefits) application, they are making an irrevocable decision to convert from their current GI Bill to the Post 9/11 GI Bill. There are numerous instances in which an individual is better off by NOT converting to the Post 9/11 GI Bill. For more information, visit: <http://gibill.va.gov/CH33Estimator>

Change to Upfront Tuition Assistance (TA) for all GoArmyEd Schools

Effective 1 Oct 09, Army will pay TA directly to all accredited colleges and universities in GoArmyEd, both Letter of Instruction (LOI) schools and Non-LOI schools. Currently, Active Duty Soldiers attending Non-LOI schools use www.goarmyed.com to submit their TA reimbursement

requests, but pay their tuition directly to the school. Beginning 1 Oct 09, these Soldiers will receive TA upfront with the Army paying tuition directly to the school.

Registering in GoArmyEd

Effective 1 April, Department of the Army (ACES) and Army Education Services completely transitioned to the GoArmyEd portal. That means all Soldiers (regardless of rank) must establish an account in GoArmyEd to receive education services. The services include on-duty military programs like GT Improvement, Leadership Development, Army Personnel testing, In- and Out-Processing, and college enrollments. Soldiers must go to www.goarmyed.com and click on the "New User" tab to establish an account. You will be asked to change your password, and then complete the "Required In-Processing Steps" to finish the process.

If you have problems or decide not to pre-register, you will have to complete these steps the next time you visit one of our centers.

- Learning Center #1, 7604 Parker St (785) 239-9485
- Main Post Learning Center, 217 Custer Ave (785) 239-6841

Family Members, Department of Army Civilians, Retirees, Veterans who wish to receive (or continue to receive) our services, as in counseling, LSEC courses and testing, must visit one of the Learning Centers to establish their GoArmyEd account.

Leader Skills Enhancement Courses (LSEC)

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. LSEC benefits the Army by providing the Soldier specific leadership training which will enhance performance of the Soldier and the unit. Commanders can schedule training to meet unit needs or enroll the Soldier in an open scheduled class. Classes are available to Family Members, Military Retirees, and Department of Defense Civilians on space-available basis. Tuition is at no cost to the student and books are provided for all courses. Enrollment can be completed online or through the Barton office at Building 217 Custer Avenue. Online enrollment must be completed thru <http://www.bartonline.org/> and GOARMYED (<https://www.goarmyed.com/Login.aspx>).

Upcoming LSEC Cycles are as follows:

Cycle 3: 23 February – 9 April 2010

Active Duty Enrollment with Education Counselor begins 5 January 2010

All other enrollments: 26 January 2010

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

Basic Skills Education Program Classes (BSEP)

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math and Reading. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT). Unit classes are available and can be coordinated with Education Services at 239-6481.

Upcoming BSEP Classes:

- Cycle 5: 1 – 23 February, 2010
- Classes are in Building 8044 Normandy.

To enroll please see an Army Education Counselor.

Troops to Teachers Helps Soldiers Transition to the Classroom

The Troops to Teachers (TTT) program enriches the quality of the American education by helping to place and retain mature, motivated, experienced and dedicated personnel in our nation's classrooms. Thousands of current and former military personnel are discovering new and rewarding careers in teaching, helping to build and sustain our nation's communities. Military members with at least six years of service and a bachelor's degree may be eligible for financial assistance through the Troops to Teachers program. Eligible military members can receive up to a \$5,000 stipend for educational expenses to obtain a teacher's license. Additionally, eligible military members who work in a low-income school for at least three years may receive a \$10,000 bonus. If a military member accepts the \$5,000 stipend they are only

eligible to receive a \$5,000 bonus so the maximum financial assistance available through Troops to Teachers is \$10,000. Military members interested in financial assistance can visit www.proudtoserveagain.com to determine eligibility requirements. In addition to the financial assistance, the Troops to Teachers program also provide information on a variety of teacher licensure programs and state licensure requirements. Troops to Teachers has a national network of education specialists available to assist military members to obtain their initial teacher's license, transfer a license from state to state, obtain a second endorsement or secure employment. For additional information on the benefits and services available through Troops to Teachers please contact www.mwttt.com

Buyer Beware "Diploma Mills"

GoArmyEd wants students to be cautious of "Diploma Mills." These are schools that offer certificates, degrees and diplomas for a fee. These schools are not accredited by an accrediting body recognized by the Department of Education. Tuition Assistance is not approved, promotion points are not authorized, and the credentials will not be posted to Official Military Personnel Records (OMPF) from these agencies. Soldiers can confirm the status of a school by checking the list of approved schools in GoArmyEd, contacting the local Army Education Center or the Personnel Administration Center. Furthermore, if it is found that a fraudulent diploma has been entered onto the OMPF the action is punishable administratively under UCMJ.

FORT RILEY TUTOR CENTER

The Army Education Center and Barton Community College have teamed up to provide ALL adult students and prospective students the opportunity for one-on-one tutoring. **The Tutor Center (normally located in 7656 Graves Street) is temporarily moved to 8044 Normandy until mid to late March 2010.** After building renovations are completed, the Tutor Center will move back to 7656 Graves Street. Hours are Monday-Tuesday –Thursday - 9:00 am-5:00 pm, Wednesday 9:00 am-7:00 pm, Friday 9:00 am-3:00 pm, and Saturday 11:00 am-3:00 pm. The temporary phone number is (785) 239-9584. The center can provide tutoring for ALL students taking college courses both on-line and on-site.

All tutors are College Reading and Learning Association (CRLA) certified. The tutor center has two tutors that are Level III (Master) certified, two tutors that are Level II (Advanced) certified, and two peer tutors that are Level I (Regular) certified. Computers are available for students to use for the hybrid and online courses. Units can reserve computers for platoons and squads to complete Army Correspondence courses and other educational courses by contacting the Tutor Center at the temporary phone number 239-9584.

FORT RILEY CONSORTIUM

Barton Community College

Barton Community College provides opportunities for Soldiers, Family Members, retirees, and off post civilians to earn an Associate Arts/Science or Associate of Applied Science degrees in the traditional, hybrid and on line classrooms. Barton provides daytime, lunch hour, evening, and weekend classes for students requiring flexibility in determining their class schedules. The daytime classes meet five days a week for six (6) weeks for 1 hour and 20 minutes (80 minutes) class sessions.

- Lunch hour classes are from 12:00 noon – 12:45 pm with the same time as the daytime classes, but are hybrid with class lecture and assignments/research completed on line.
 - Evening classes are available in Hybrid or Traditional classes. Traditional classes meet for three (3) hours, two (2) nights each week for eight (8) weeks. Hybrid classes meet three hours one night a week with assignments completed on line.
 - Weekend classes are from 9:00 am – 12:00 noon, Saturday morning for eight (8) weeks.
- Bartonline provides you the opportunity to complete an Associate Degree online. Visit our website at <http://www.bartonline.org/> for further details on the programs and courses we offer. You can sign up for any of the courses listed - today! Please email inquiry@bartonline.org or call (785) 784-6606 if you need assistance or have questions.

2 + 2 Programs with Barton

The 2+2 Programs provide students the option to complete an Associate Degree with Barton and to proceed onto other Universities to obtain a bachelors degree. The 2 + 2 plan provides a listing of courses that must be taken to receive the degree. The associate degree credits are accepted at the 2 + 2 University. Barton's 2 + 2 are listed in the following link:

<http://www.bartonccc.edu/learningonline/2+2.htm>.

Central Michigan University:

Registration for the January Onsite and Online Terms began November 30th. Applications for Financial Aid should be submitted and in place prior to the registering for the January term. Book scholarships are available to CMU students. Go to the CMU website www.cel.cmich.edu. Hit the "Financial Aid/Tuition Link". Local CMU students have been awarded this scholarship. Local CMU students have taken advantage of the scholarship opportunities from Military OneSource and have reported positive results. Contact the Fort Riley Program Administrator for information.

VA Chapter 33 Post 9/11 Recipients - the system is still being tweaked and issues being worked on. Contact the CMU Program Administrator if you have questions.

Contact Information for the CMU Fort Riley Program Administrator: Telephone: (785) 784-4402; office location at Bldg 215 on main post Fort Riley.

Southwestern College:

What is most important to Southwestern College's military students? Flexibility and convenience! Southwestern College's 6-week classes allow you to learn on your schedule. Uncertain about deployments or need to take time off from studies? Southwestern College Professional Studies allows you to complete an Elementary, Early Childhood, or Secondary Education degree on-ground or online. Southwestern College is accredited by the National Council for Accreditation of Teacher Education and the Kansas State Department of Education.

- Military tuition discount for active duty and their spouses, National Guard, Reservists, and DOD civilians.
- Progressive transfer policies maximizing hours earned through military training.
- A quality education on your schedule.

Southwestern College, a regionally accredited institution founded in 1885, is deeply committed to serving the educational needs of our armed forces. Visit us online at www.southwesterncollege.org/frp or call us at (785) 784-9930

Upper Iowa University:

Interested in earning your Bachelor's Degree? Upper Iowa University offers classes in an eight-week term, two nights per week. Classes are also available on-line and through external degree. Stop by Upper Iowa University office to get an unofficial evaluation and degree plan developed so you can map your future. Articulation agreements with local schools help students make a smooth transition to upper level courses, as well as accepting relevant MOS and military training credit.

Upper Iowa University contact information:

Fort Riley office: 215 Custer Ave, phone (785) 239-8254 or (785) 784-5225

Mon-Thurs 8:00 am - 4:30 pm, Fri 8:00 am - 3:30 pm

Web Site: www.uiu.edu/fortriley

University of Mary:

New Year's Resolutions #1. Continue my Education

Get Your Masters of Business Administration (MBA) with the University of Mary by attending class one night per week and completing the program in as little as 15 months!!!

REGISTER FOR OUR UPCOMING CLASSES.

- New Classes start every 5 weeks
- Program open to military active duty, National Guard members, family members, DOD personnel and retirees.

- Ask us about our military discount

Hours of Operation: Monday - Friday 10AM – 3PM

Contact Us At: 785-239-6792 or 785-784-2158

Kansas State University:

Kansas State University: Intersession is an excellent way to take courses, allowing you to pursue one course intensively at the Manhattan campus or online. Classes usually meet for three to four hours a day for about two to three weeks, providing time to focus on a subject in depth. Perhaps the most attractive feature of Intersession is the opportunity for students to concentrate on one course at a time while earning 1–3 credits to accelerate in their programs. For more information, visit the Fort Riley office in Building 215 or call (785) 784-5930.

Fort Riley Dental Activity (DENTAC):

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley’s Soldiers. This is a no-cost voluntary program for the Soldier, but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!
- **Dental Appointments: Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care, the “last minute” is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure timely and properly sequenced dental care to meet all the Soldier’s dental readiness needs before deployment.
- **Routine Dental Care:** We are experiencing difficulty in providing routine dental care for all Soldiers. With staffing shortfalls, the increased demand on our providers with the buildup of deployments this summer, we are very busy providing World Class dental health care to those with considerable dental needs. In most cases, dental appointments for routine procedures are not readily available. We ask that those requiring routine dental care be patient or consider the OHI Program described above. Cleaning appointments may be available in about three to four weeks.
- **Failed Dental Appointments:** Are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanly possible to take care of Soldiers dental needs. Don’t wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.

- **Hours:**

<u>Dental Clinic Info</u>	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3 (Custer Hill)	239-4261	8:00am-5:00pm
Dental Clinic #4	239-4174	8:00am-5:00pm

- **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or you may need to be prepared to wait a while).
After hours, weekend or holiday dental emergency: Report to the IACH Emergency Room.

Chaplains' Offices:

Please note for all services offering Nursery care, please bring immunization records with you.

RELIGIOUS SUPPORT CURRENT EVENTS:

Visit our web-page at: <http://www.riley.army.mil/UnitPage.aspx?unit=USAG.Chaplain>

- 01 JAN 2010 Mary, Mother of God/New Year Mass
1100 Saint Mary's Chapel

Operation Helping Hand (OHH)

The OHH organization would not be possible without contributions received from the community. Funding comes from donations made by individuals and private organizations. OHH funds are used in support of Soldiers and Military Families with financial difficulties. You can help by making a donation. Donations may be mailed or hand delivered to

The Helping Hand Fund
USAG Religious Support Office
228 Beeman
Fort Riley, KS 66442

Thank you for supporting our Military Families this season ! !

- **CHILD CARE PROVIDERS NEEDED: Great Pay and Flexible Hours!**
- The Garrison Chaplain's Office is looking for qualified individuals to provide child care for
- Various chapels and events.
- Must be at least 18 yrs old
- CPR certified (will train)
- Must pass a State background check (free)
- If interested, contact 239-8346.

CHAPEL SERVICES, Times and Locations:

- **Gospel** – Morris Hill Chapel, 5315 Jackson St.
Sunday School 9:00 am
Sunday Service at 10:30 am
Children's Church for ages 3-11; Nursery Available, 6 weeks to 3 years
- **Contemporary Protestant** – Kapaun Chapel, 7086 Normandy Dr.
Sunday at 10:30am
Children's Church ages 3 & up; Nursery available for 6 weeks-3 years
- **Protestant Community Worship Service** – Main Post Chapel, Bldg 6 Barry Ave.
Sunday at 10:30am
Children's Church ages 3 years thru Kindergarten
Nursery available for 6 weeks–3 years
- **Roman Catholic – Saturdays-** Saint Mary's Chapel, Bldg 3 Barry Ave.
Saturdays at 4:30pm (No child watch at this Mass)

- **Roman Catholic – Sundays** – Morris Hill Chapel, 5315 Jackson St.
Sundays at 9:00 am
Nursery available for 6 weeks – 3 years
- **Roman Catholic - Sundays** – Saint Mary's Chapel, Bldg 3, Barry Ave.
Sundays 11:00 am (No child watch in this Mass).
- **Catholic Field Mass** –Camp Funston, Building 1885 C
Sunday at 11:00 am (No child watch at this Mass)
- **Catholic Mass (weekday)** - Irwin Army Community Hospital Chapel, 600 Huebner Rd.
Tuesday & Thursday at 12:00 noon
- **Catholic Mass (weekday)** - St. Mary's Chapel, Bldg 3, Barry Ave.
Wednesday & Friday at 12:00 noon
- **Jewish Information** - Manhattan Jewish Congregation, 1506 Wreath Ave., Manhattan, KS.
For additional information, please call 539-8462.
- **Muslim Religious Services** - 1224 Hilton Heights Road, Manhattan, KS.
For additional information, please call 776-1033.
- **LDS Services**
Singles, 1820 Claflin Road, Manhattan, KS 537-7870
Families, 2812 Marlatt Avenue, Manhattan, KS 539-1084 or
Junction City, 115 West Spruce, Junction City, KS 238-2951.

RELIGIOUS EDUCATION:

- **INSTALLATION YOUTH ACTIVITIES:**
- **Good News Club:** For children between the grades 2nd – 5th at Morris Hill Chapel from 3:45 pm – 5:00 pm. Come join the fun! Call 239-0979 or 239-3359 for complete details.
- **God and Family** is a program that helps young people grow in their understanding of the Christian faith and in Christian service to others. Boy Scouts and Girl Scouts in grades 4 and 5 may earn a Religious Emblem for participating in this program. Call 239-0979 for full details, started Tuesday October 6th at the St. Mary's Chapel.

6th -12th Grade For more information please contact
539-0312 or YouthforChrist.ck@gmail.com

- **Middle School-**
Sundays Club Beyond from 5:00 – 6:30 pm in the basement of Saint Mary's Chapel
Wednesdays Club Beyond from 6:00–7:30 pm at the Teen Center
Contact Club Beyond director at 785-539-0312 for more information.

- **Protestant Chapel Youth** – Kapaun, 7086 Normandy Dr.
Sundays 5:00-6:30 pm Chapel Youth Group
For more information please contact 707-4285.

- **Catholic Youth: 9th-12th grades**
For information contact the Youth Group Coordinator at (913) 314-7947 or Director Religious Education at 240-1443.

SUNDAY SCHOOL AND CHILDRENS CHURCH

- **Gospel at Morris Hill Chapel:** Sunday school every Sunday at 9:00 am for ages 3 years old and up.
- **Contemporary at Kapaun Chapel:** Children's Church available during the Sunday service for children ages 3 years old thru 4th grade
- **Roman Catholic at Morris Hill Chapel:** Faith Formation for children, teens, and adults
Sundays 10:30 – 11:30 (call for schedule)
- **Baptism preparation class** for parents and Godparents. Call Director, Religious Education 240-1443 RSO, 228 Beeman Place.

- **LDS Institute "Pearl of Great Price"**: Will be held every Wednesday Night at 1820 Claflin Road, Manhattan Office
- **ACTIVITIES:**
- **Protestant Women of the Chapel (PWOC) – Morris Hill Chapel** Meets every **Tuesday** morning at 9:00 am
Enjoy women, fellowship and bible study in one of the small care groups.
Childcare available, For more information please call PWOC President at 210-7562.
- **Military Council of Catholic Women (MCCW)**
- **Began August 19, 2009, the women meet on Wednesdays 9-11 am at St. Mary's Chapel. Child care is available. We will be studying "Epic: A Journey Through Church History" Please call (785) 240-1443 for more information.**
- **Covenant Women - Morris Hill Chapel**
- **4th Monday** of each month at 6:30 pm
Fellowship and bible study. Open to all women ages 20 and older.
- **2nd Monday** of each month is the Covenant Women's Board Meeting also at 6:30 pm.
For more information contact Covenant Women Coordinator at god4me2@embarqmail.com.
- **Pre-Marital Classes** - Family Life Ministries Center, Building 500
(Classes are required before a chapel wedding can be performed)
For additional information and registration, call 239-3436.
- **Strong Bonds Program for Building Healthy Soldier Relationships:**
seeks to increase Soldier readiness by boosting skills in building and maintaining life-long relationships. Strong Bonds is the Commander's program executed by the unit chaplain, as lead officer. For additional information and training, contact a unit chaplain or call 239-2818, Division Chaplain's Office.
- **Wednesday night Religious Education program for the whole family. At the Main Post Chapel** 6:30 pm – 7:30 pm. Studies for all ages. For more information please call (785) 239-0979 or (785) 239-3359
- **Wednesday night at Normandy Chapel** 6:30 pm. Come explore the word of God, Soldiers and Family members are invited.
- **3rd Wednesdays**, Catholic Bible Study in St. Mary's Chapel. Pizza time 6:00- 6:30pm with study following from 6:30-7:30pm.
For more information please call 239-4273.
- **Thursdays**, 12:00-1:00pm, at the Division Chaplain's Office, Bldg 580, Rm 512 Pizza provided. Contact 240-1145 for more information.

- **GOSPEL CALENDAR OF EVENTS:** For more information call 239-5711
Dance Ministry: Tuesday, 6:00-7:00pm. All ages are welcome to come and praise the Lord with us.

Adult Choir Rehearsal every **Tuesday** at 7:00pm

Youth Choir Rehearsal (middle school and high school) Tuesday before the 2nd Sunday at 7:00 pm

Children Choir Rehearsal

Open to pre-school and elementary children.

Marriage Enrichment Seminar: 1st & 3rd Monday, 6:30pm.

Covenant Women: 2nd and 4th Monday, 6:30pm. All ladies age 20 and older are invited to attend

MHGS Family Prayer: Wednesdays, 6:00-6:30pm.

Bible Study: Wednesdays, 6:30pm.

- **CONTEMPORARY PROTESTANT CALENDAR OF EVENTS**

For more information call 239-4818

Bible Study: Wednesdays in the Fellowship Hall at 7:00pm. For information call 240-7193 or (931) 980-3012.

Praise Team Practice: Thursdays at 7:00pm. For more information call 375-1122. Includes vocal and instrumental practice.

WOW (Women of Warriors): Fellowship time and devotional first Friday of every Month at 6:00pm, childcare available with registration. For more information and to register call 783-0164.

Fellowship Dinner 4th Sunday of every month following the service at the Kapaun Chapel.

- **CATHOLIC CALENDAR OF EVENTS**

For more information call 240-1443.

Public Works:

- **Energy/Water Conservation:**

- Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
- Authorized thermostat settings for heating season are 65 to 70 degrees.
- Close exterior doors and windows when the outside temperature drops below the thermostat setting.
- Turn off computer monitors, appliances and lights when not needed.

- **Hunting and Fishing:**

- Rainbow trout stocking in Cameron Spring and Moon Lake began in mid October.
- A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
- Information on Fort Riley's deer seasons is available at the Conservation Office, Bldg. 1020. For more information, call 239-6211 or visit the Conservation Office.

- **Household Hazardous Waste Service Available to Residents:** Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items.

- Examples of products the facility accepts (and offers for pick up)-cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

- **Fuel wood:**

- Fort Riley's fuel wood regulation (FR200-4) was updated last spring.
- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

- **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

Boy Scouts:

To join, please contact 238-5684 for more information. The Boy scouts web page is located at <http://www.coronadoscout.org>. Current scouting information can be found there.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. The Girl Scout website is www.girlscoutsksmo.org where many other events can be found. We are always looking for adult volunteers to help with special events. If you are interested, please contact 776-1488.

Armed Services YMCA (ASYMCA):

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

**** Reservations are required one week in advance for all childcare programs. ****

Parent’s Work Out:

Monday through Friday 8:30-10:45am

- o Please provide a snack for your child
- o \$3.75 1st child
- o \$3.00 per additional child
- o \$4.50 for children under 2
- o \$3.75 per additional child under 2

Parent’s Day Out:

Monday through Friday 11:00am-3:00pm

- o You must provide a sack lunch and a snack for your children
- o \$9.50 1st child
- o \$8.75 per additional child
- o \$10.25 for children under 2
- o \$9.50 per additional child under 2

Parent’s Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

- o You must provide a sack lunch and a snack for your children
- o \$9.50 1st child
- o \$8.75 per additional child
- o \$10.25 for children under 2
- o \$9.50 per additional child under 2
- o Dates Available:

January	8 and 29
February	12 and 19
March	5 and 26
April	9 and 16
May	7 and 14
June	4 and 18
July	16 and 30
August	13 and 27

*****All childcare program prices are for the entire program this is not an hourly rate. *****

Free Childcare: Two Saturdays a month for Families of deployed Soldiers.

Saturday 12:30 to 4:30pm

- Dates Available:

January	9 and 30
February	13 and 20
March	6 and 27
April	10 and 17
May	8 and 15
June	5 and 19
July	17 and 31
August	14 and 28

Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per family for childcare if needed.

- **Building Rentals:**

- The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Cub scouts, Girl scouts, etc. We offer our building for rentals.
\$25.00 for 3hrs

- **Car Seat Loan Program:** GEICO insurance has provided us with car seats that are available to loan for 1 month at **no fee**. The seats accommodate newborns to children up to 40 pounds.

- **Operation Wheels:** **FREE!!! Transportation** service for active duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

The following locations are available for transportation:

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care At ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

- **For more information -** Please call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

United Way of Junction City-Geary County:



The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley’s nearest United Way. Call United Way at 238-2117, email director@unitedwayjcgc.org or get more information on any of these agencies at www.unitedwayjcgc.org we are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 asymca@nqks.com
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 ymca@nqks.com
- **Scholarship memberships for Girl Scouts:** 238-2323 www.girlscoutsksmo.org
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 www.Coronadoscout.org
- **Dental clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 ccijcks@carrollswab.com
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 opendoor@nqks.com
- **The Food Pantry:** emergency food 762-8830 vogelsang@embarqmail.com
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020
- **Transportation for Special Olympics participants:** 209-1996 jtgeh2003@yahoo.com
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

Kansas Children’s Service League (KCSL):

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state’s most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children’s Service League Adoption & Foster Care website at www.kcsl.org
- Upcoming classes offered by KCSL:
- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

Army Career and Alumni Program (ACAP):

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling 785-239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier Family Assistance Center (SFAC) 671A 3 Street, 785-239-8368.
- On January 29 from 10:00-11:30am, ACAP will be offering a D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8213 for more information.

Fort Riley, Kansas
"Home of the Big Red One"

