# Glaucoma can take your sight away.

## Keep Vision in Your Future.

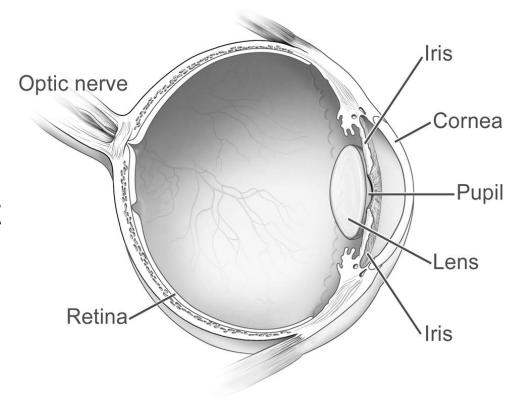






### What is glaucoma?

- Classified as a group of diseases.
- Damages the optic nerve.
- Can cause permanent vision loss if left untreated.

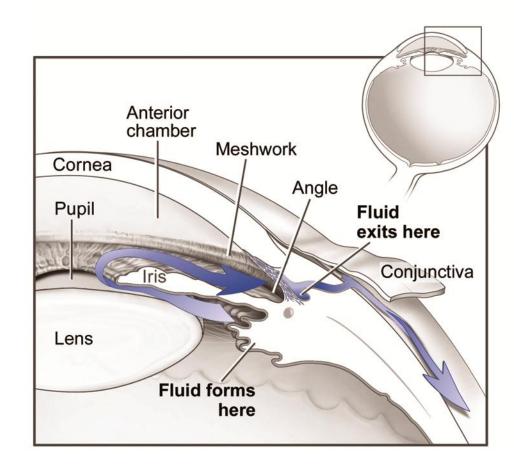






### What causes glaucoma?

- Slow fluid drainage.
- Pressure builds up and damages the optic nerve.
- Optic nerve damage can occur at different pressure levels for different people.







 African Americans over age 40.





- African Americans over age 40.
- Everyone over age 60.



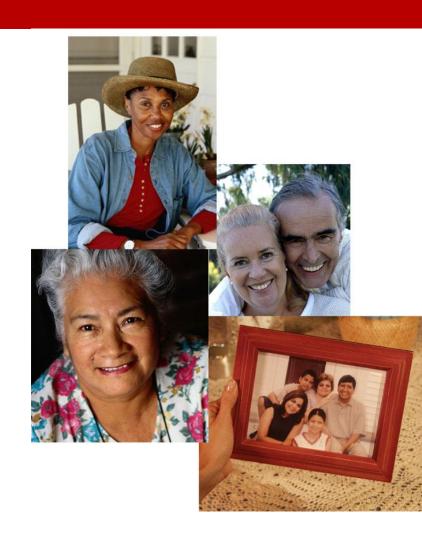


- African Americans over age 40.
- Everyone over age 60, especially Mexican Americans.





- African Americans over age 40.
- Everyone over age 60, especially Mexican Americans.
- People with a family history of the disease.

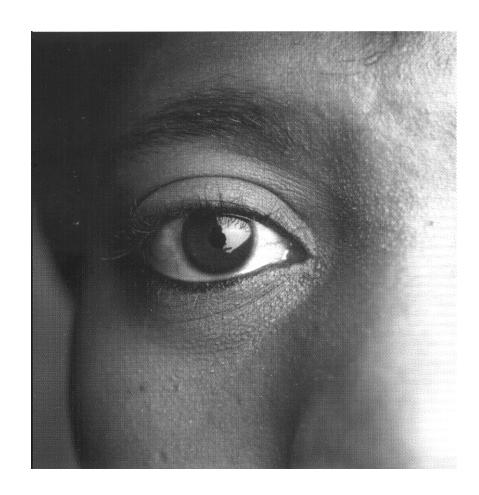






### What are the symptoms?

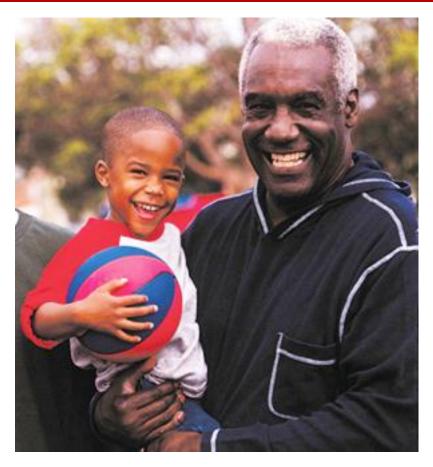
- At first, there are none.
- As glaucoma progresses, side vision fails.
- Field of vision narrows as glaucoma worsens.



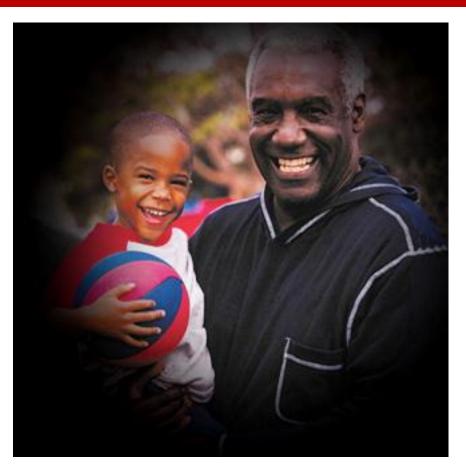




## What does vision with glaucoma look like?



**Normal Vision** 



**Vision with Glaucoma** 





### How is glaucoma detected?

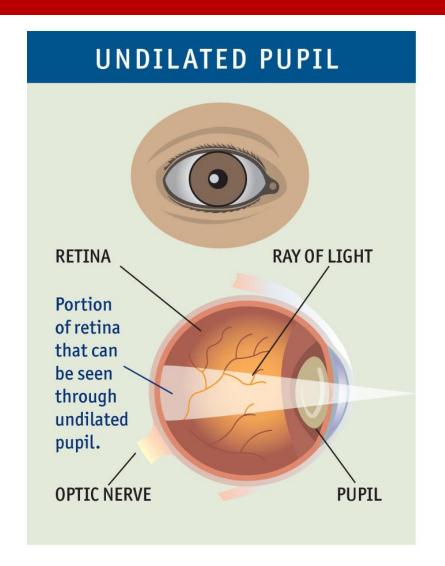


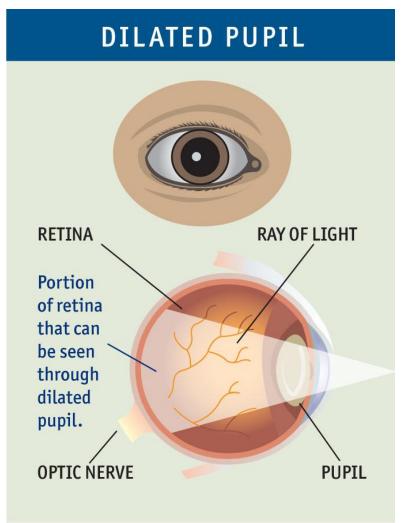
Glaucoma can be detected through a comprehensive dilated eye exam.





### How is glaucoma detected?









## How is glaucoma treated?

- Medications
- Surgery
  - Laser
  - Conventional





## How is glaucoma treated?





### What can you do to protect your vision?

- See your eye care professional.
- If eligible, use Medicare.
- Get a dilated eye exam every one to two years.







### How can you help family and friends?

- Spread the word!
- Encourage others to get dilated eye exams.
- Visit the National Eye
   Institute Website at
   http://www.nei.nih.gov/glaucoma







### What should you remember?

- Glaucoma has no warning signs.
- Glaucoma can cause permanent vision loss.
- Early detection and treatment can protect your vision.
- Get a dilated eye exam.







### Where can you get more information?



http://www.nei.nih.gov/glaucoma



