

1 FOOD AND DRUG ADMINISTRATION
2 CENTER FOR DRUG EVALUATION AND RESEARCH
3
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5
6 ENDOCRINOLOGIC AND METABOLIC DRUGS
7 ADVISORY COMMITTEE
8

9 THURSDAY, MAY 27, 2010

10 8:00 a.m. to 4:30 p.m.
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14 The Inn and Conference Center
15 University of Maryland/University College
16 3501 University Boulevard East
17 Adelphi, Maryland
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1 P R O C E E D I N G S

2 (8:00 a.m.)

3 DR. BURMAN: Good morning. Welcome. I'd
4 first like to remind everyone present to please
5 silence your cell phones, Blackberrys, and other
6 devices if you have not already done so.

7 I would also like to identify the FDA press
8 contact, Ms. Erica Jefferson. If you are here, please
9 make yourself known. Thank you very much.

10 My name is Dr. Kenneth Burman. I am chair
11 of the Endocrinologic and Metabolic Drugs Advisory
12 Committee. I will now call the meeting of the
13 Endocrinologic and Metabolic Drugs Advisory Committee
14 to order.

15 We will go around the room, and please,
16 introduce yourself. We will start with the FDA and
17 Dr. Curtis Rosebraugh, to my left, and then go around
18 the table.

19 DR. ROSEBRAUGH: Curt Rosebraugh, Director,
20 Office of Drug Evaluation II.

21 DR. PARKS: Mary Parks, Division Director,
22 Metabolism and Endocrinology Products.

1 DR. ROMAN: Dragos Roman, Medical Team
2 Leader, Division of Metabolism and Endocrinology
3 Products.

4 DR. MOHAMADI: Ali Mohamadi, Clinical
5 Reviewer.

6 DR. SCHADE: David Schade, University of New
7 Mexico School of Medicine.

8 DR. DOBS: Adrian Dobs, Johns Hopkins
9 University.

10 DR. MORSE: Caryn Morse, NIAID.

11 DR. FELNER: Eric Felner, Associate
12 Professor of Pediatrics, Emory University, Atlanta.

13 DR. GOLDFINE: Allison Goldfine, Associate
14 Professor, Harvard, Joslin Diabetes Center.

15 DR. PROSCHAN: Michael Proschan. I'm a
16 mathematical statistician at NIAID.

17 DR. BURMAN: Ken Burman. I'm Chair of
18 Endocrinology at the Washington Hospital Center and
19 Professor of Medicine at Georgetown University.

20 DR. TRAN: Paul Tran, the DFO for the
21 Endocrinologic and Metabolic Drugs Advisory Committee.

22 DR. FLEGAL: Katherine Flegal,

1 Epidemiologist, Centers for Disease Control and
2 Prevention.

3 DR. HENDERSON: Jessica Henderson. I'm the
4 consumer representative.

5 DR. THOMAS: Abraham Thomas, Division Head,
6 Endocrinology, Henry Ford Hospital.

7 DR. BISHOPRIC: George Bishopric, community
8 representative.

9 DR. KUMAR: Princy Kumar, Chief of
10 Infectious Diseases at Georgetown University.

11 DR. MOLITCH: Mark Molitch, an
12 endocrinologist at Northwestern University in Chicago.

13 MS. SWAN: Tracy Swan, consumer
14 representative, AIDS Treatment Action Coalition and
15 Treatment Action Group.

16 DR. CARGILL: Vicky Cargill, Office of AIDS
17 Research, Director of Minority Health and Clinical
18 Studies.

19 DR. VELTRI: Rick Veltri, Merck Research
20 Laboratories, industry representative.

21 DR. BURMAN: Thank you. For topics such as
22 those being discussed at today's meeting, there are

1 often a variety of opinions, some of which are quite
2 strongly held. Our goal is that today's meeting will
3 be a fair and open forum for discussion of these
4 issues and that individuals can express their views
5 without interruption. Thus, as a gentle reminder,
6 individuals will be allowed to speak into the record
7 only if recognized by the chair. We look forward to a
8 productive meeting.

9 In the spirit of the Federal Advisory
10 Committee Act and the Government in the Sunshine Act,
11 we ask that the advisory committee members take care
12 that their conversations about the topic at hand take
13 place in the open forum of the meeting.

14 We are aware that members of the media are
15 anxious to speak with the FDA about these proceedings.
16 However, FDA will refrain from discussing the details
17 of the meeting with the media until its conclusion.

18 Also, the committee is reminded to please
19 refrain from discussing the meeting topic during
20 breaks or lunch. Thank you very much.

21 DR. TRAN: Good morning. The Food and Drug
22 Administration is convening today's meeting of the

1 Endocrinologic and Metabolic Drugs Advisory Committee
2 under the authority of the Federal Advisory Committee
3 Act of 1972.

4 With the exception of the industry
5 representative, all members and temporary voting
6 members of this committee are special government
7 employees or regular federal employees from other
8 agencies and are subject to federal conflict of
9 interest laws and regulations.

10 The following information on the status of
11 the committee's compliance with the federal ethics and
12 conflict of interest laws covered by, but not limited
13 to, those found in 18 USC Section 208 and Section 712
14 of the Federal Food, Drug, and Cosmetics Act is being
15 provided to participants in today's meeting and to the
16 public.

17 FDA has determined that members and
18 temporary voting members of this committee are in
19 compliance with the federal ethics and conflict of
20 interest laws. Under 18 USC Section 208, Congress has
21 authorized FDA to grant waivers to special government
22 employees and regular federal employees who have

1 potential financial conflicts when it is determined
2 that the agency's need for a particular individual's
3 services outweighs his or her potential financial
4 conflict of interest.

5 Under Section 712 of the Food, Drug, and
6 Cosmetics Act, Congress has authorized FDA to grant
7 waivers to special government employees and regular
8 federal employees with potential financial conflicts
9 when necessary to afford the committee essential
10 expertise.

11 Related to the discussions of today's
12 meetings, members and temporary voting members of this
13 committee have been screened for potential financial
14 conflicts of interest of their own, as well as those
15 imputed to them, including those of their spouses or
16 minor children, and for purposes of 18 USC Section
17 208, their employers.

18 These interests may include investments,
19 consulting, expert witness testimony, contracts,
20 grants, CRADAs, teaching, speaking, writing, patents
21 and royalties, and primary employment.

22 Today's agenda involves a discussion of the

1 New Drug Application, NDA, 22-505, Egrifta, sterile
2 lyophilized powder for injection, by
3 Theratechnologies, Inc. The proposed indication for
4 the drug is to induce and maintain a reduction of
5 excess visceral abdominal fat in HIV-infected patients
6 with lipodystrophy.

7 This is a particular matters meeting during
8 which specific matters related to Egrifta will be
9 discussed. Based on the agenda for today's meeting
10 and all financial interests reported by the committee
11 members and temporary voting members, no conflict of
12 interest waivers have been issued in connection with
13 this meeting.

14 To ensure transparency, we encourage all
15 standing committee members and temporary voting
16 members to disclose any public statements that they
17 may have made regarding the product at issue.

18 With respect to the FDA's invited industry
19 representative, we would like to disclose that Dr.
20 Enrico Veltri is participating in this meeting as a
21 non-voting industry representative acting on behalf of
22 regulated industry. Dr. Veltri's role at this meeting

1 is to represent industry in general and not any
2 particular company. Dr. Veltri is employed by Merck.

3 We would like to remind members and
4 temporary voting members that if the discussions
5 involve any other products or firms not already on the
6 agenda for which the FDA participant has a personal or
7 imputed financial interest, the participants need to
8 exclude themselves from such involvement and their
9 exclusion will be noted for the record.

10 FDA encourages all other participants to
11 advise the committee of any financial relationship
12 that they may have with the firm at issue. Thank you.

13 DR. BURMAN: Thank you. We will now proceed
14 with the FDA opening remarks from Dr. Mary Parks.

15 I would like to remind public observers at
16 this meeting that while this meeting is open for
17 public observation, public attendees may not
18 participate, except at the specific request of the
19 panel.

20 Dr. Parks?

21 DR. PARKS: Thank you, Dr. Burman. My
22 remarks are actually very brief, not requiring any

1 slides. So I'll make it from the table here.

2 Today, the advisory committee panel will be
3 hearing about Egrifta, or tesamorelin acetate. It's a
4 novel therapeutic, hypothalamic-somatotropic axis to
5 treat lipodystrophy in patients with HIV infection.

6 The specific indication sought is to induce
7 and maintain a reduction of excess abdominal fat in
8 HIV-infected patients with lipodystrophy. You will
9 hear from both the sponsor and the FDA, the rationale
10 for targeting this aspect of HIV. You will also hear
11 about the endpoint measures and what is the expected
12 clinical relevance of reducing the primary efficacy
13 endpoint, visceral adipose tissue.

14 These efficacy findings will need to be
15 weighed against the safety findings, particularly in
16 the setting of prolonged use of Egrifta. The agency
17 looks forward to hearing the presentations of the
18 sponsor. We also look forward to hearing the panel
19 members' discussions and your overall recommendation
20 on this drug application.

21 Thank you.

22 DR. BURMAN: Thank you. We will now proceed

1 with the sponsor presentations. I would like to
2 remind public observers at this meeting that while the
3 meeting is open for public observation, public
4 attendees may not participate, except at the specific
5 request of the panel.

6 Both the FDA and the public believe in a
7 transparent process for information-gathering and
8 decision-making. To ensure such transparency at the
9 advisory committee meeting, the FDA believes that it
10 is important to understand the context of an
11 individual's presentation.

12 For this reason, FDA encourages all
13 participants, including the sponsor's non-employee
14 presenters, to advise the committee of any financial
15 relationships that they may have with the firm at
16 issue, such as consulting fees, travel expenses,
17 honoraria, and interests in the sponsor, including
18 equity interest and those based upon the outcome of
19 the meeting.

20 Likewise, FDA encourages you, at the
21 beginning of your presentation, to advise the
22 committee if you do not have any such financial

1 relationships. If you choose not to address this
2 issue of financial relationships at the beginning of
3 your presentation, it will not preclude you from
4 speaking.

5 I'd like to invite the sponsor, I believe,
6 Dr. Ortega.

7 DR. ORTEGA: Good morning. My name is
8 Martine Ortega. I am Vice President, Regulatory
9 Affairs for Theratechnologies. On behalf of all of us
10 at Theratechnologies, I am very pleased to welcome you
11 this morning.

12 We appreciate the opportunity to be here
13 with you today, and so we would like to express our
14 thanks to the FDA for their support and cooperation,
15 and we look forward to continuing to work with the
16 agency to make tesamorelin an asset for the public
17 health.

18 Tesamorelin is a human growth hormone-
19 releasing factor analogue. It is a synthetic peptide
20 comprised of 44 amino acids, with a hydrophobic chain
21 at the N-terminus. This chemical modification
22 decreases the degradation of the peptide, therefore,

1 increasing its half-life as compared to the natural
2 human GRF.

3 Tesamorelin stimulates the natural secretion
4 of growth hormone by the pituitary gland in a
5 pulsatile and physiological manner. Unlike the
6 exogenous administration of growth hormone, the
7 biological secretion induced by tesamorelin
8 administration will be modulated by the normal
9 physiological pathway.

10 Additionally, tesamorelin's mechanism of
11 action will be presented later by Dr. Grinspoon.

12 Tesamorelin is supplied in a vial containing
13 a lyophilized powder to be reconstituted with sterile
14 water for injection. The recommended daily dose is 2
15 milligrams to be administered by subcutaneous
16 injection in the abdomen.

17 Theratechnologies is seeking approval for
18 the following indication. Tesamorelin is indicated to
19 induce and maintain a reduction of excess abdominal
20 fat in HIV-infected patients with lipodystrophy. I'll
21 remind you that currently, there is no FDA-approved
22 treatment for this indication.

1 We have a number of experts with us today to
2 answer questions and take part in our discussions.
3 The following speakers will contribute to this
4 presentation.

5 Dr. Grinspoon will begin by presenting some
6 background information on HIV-associated
7 lipodystrophy, as well as the rationale behind the use
8 of GHRH in this unique population.

9 Dr. Grinspoon is a professor of Medicine at
10 Harvard Medical School and the director of the Mass.
11 General Hospital program in nutritional metabolism.
12 He also was the lead investigator for the tesamorelin
13 trials in the U.S.

14 Following Dr. Grinspoon will be Dr.
15 Christian Marsolais, Vice President, Clinical Research
16 and Medical Affairs at Theratechnologies. Dr.
17 Marsolais will present the tesamorelin clinical
18 development program and the efficacy results. Dr.
19 Marsolais will also act as the moderator for the Q&A
20 session.

21 Afterwards, Dr. Graziella Soulban, Director-
22 Clinical Research at Theratechnologies, will summarize

1 the safety results. And finally, Dr. Schambelan will
2 conclude this presentation with an overview of the
3 clinical need for treatment for lipohypertrophy in
4 HIV-infected patients and his analysis of the benefits
5 and risks associated with the use of tesamorelin in
6 this indication.

7 Dr. Schambelan is Professor Emeritus of
8 Medicine at the University of California at San
9 Francisco and Associate Chair for Clinical and
10 Translational Research.

11 With that, I would like to invite Dr.
12 Grinspoon to continue this presentation. Thank you.

13 DR. GRINSPOON: It's really a pleasure to be
14 able to speak to you today. I am the lead
15 investigator for the Phase 3 clinical program. I am a
16 consultant to Theratechnologies. I do not have any
17 equity interests or any other financial interests in
18 the company.

19 So as Dr. Ortega said, I will be discussing
20 today with you background on HIV-associated
21 lipodystrophy and some rationale for the use of GHRH
22 in this population.

1 HIV lipodystrophy is a syndrome which refers
2 to changes in body composition; particularly, as will
3 be the focus today, lipohypertrophy, but also,
4 importantly, lipoatrophy, and also, a mixed syndrome.

5 In terms of lipohypertrophy, patients
6 experience increased abdominal girth. Interestingly,
7 this is uniquely composed of excess visceral adipose
8 tissue, but at the same time, significant loss of
9 subcutaneous adipose tissue, making it unique from
10 obesity, per se.

11 There is enlargement of the dorso-cervical
12 fat pad, or termed buffalo hump. Women can experience
13 increased breast size, and patients can experience
14 single or multiple lipomas.

15 In terms of the lipoatrophy, there is loss
16 of fat in the face. This can often be stigmatizing to
17 patients. There's also loss of subcutaneous fat in
18 the arms, legs, buttocks, and abdomen.

19 In terms of metabolic features, we can often
20 see dyslipidemia. This is primarily manifested as
21 increased triglycerides, but also, increased total
22 cholesterol, increased LDL, and reduced HDL

1 cholesterol.

2 As will be discussed at length today,
3 patients can have altered glucose homeostasis at
4 baseline with this particular problem. They can
5 experience abnormalities and perturbations in
6 metabolic inflammatory markers and adipokines,
7 including reductions in adiponectin and increased
8 inflammatory markers.

9 It has become increasingly apparent that the
10 changes in body composition are associated with the
11 use of antiretroviral therapy. This is a slide taken
12 from a CPCRA study of Shlay, et al. And note that
13 it's published fairly recently, in the current era of
14 HAART.

15 This study shows, on the left, subcutaneous
16 adipose tissue and on the right, visceral adipose
17 tissue. And the colors refer to the randomization to
18 PI, NNRTI, or PI plus NNRTI. And you can see,
19 focusing, first, on the subcutaneous tissue, an
20 increase in subcutaneous tissue initially, but
21 ultimately, in most groups, a reduction in
22 subcutaneous tissue below the baseline level.

1 At the same time as the subcutaneous fat is
2 ultimately lost over 48 months, visceral adipose
3 tissue is accumulating, and therefore, you see a
4 picture in which VAT accumulates and SAT is lost.

5 These data present an interesting conundrum
6 to us today, because today HIV patients are living
7 longer due to the success of antiretroviral therapy to
8 improve immune function. But at the same time that
9 HAART allows viral control, it induces long-term side
10 effects that need to be managed, and that's why we're
11 here today.

12 Today, a larger proportion of HIV-positive
13 patients are, in fact, dying of cardiovascular
14 disease. Therefore, modification of cardiovascular
15 risk factors has become a significant focus of
16 treatment intervention.

17 HIV-positive patients with excess abdominal
18 fat express physical discomfort and psychological
19 distress. Excessive abdominal fat may impact quality
20 of life and treatment adherence or initiation.

21 Unfortunately, results from lifestyle and
22 exercise studies have been very inconsistent, and if

1 you have questions on that, you can ask later. To
2 date, no pharmacologic intervention has been approved
3 by the FDA for the management abdominal
4 lipohypertrophy in this population.

5 So to orient you to this syndrome, here are
6 a number of pictures. On the top row are two
7 patients, a male and a female, with obvious abdominal
8 lipohypertrophy, one in profile and then the female
9 both face on and in profile.

10 On the lower row, you can see, on the left,
11 a patient with loss of subcutaneous fat in his face,
12 hollow, sunken cheeks; in the middle-lower panel, a
13 patient with a severe buffalo hump; and on the right-
14 lower panel, a very important picture showing the
15 complete loss of subcutaneous fat in a patient; and
16 this patient might, also, at the same time, have
17 increased visceral adipose tissue. You can see the
18 veins very clearly; not because there's anything wrong
19 with the veins, but because there's lack of
20 subcutaneous adipose tissue.

21 This is a cross-sectional CT scan of a
22 patient, on the left, with significant abdominal

1 lipohypertrophy. It's taken at L4. And you can see,
2 in blue, that there's very little subcutaneous adipose
3 tissue, but at the same time, in green, there's a
4 significant excess of visceral adipose tissue. So
5 this lipohypertrophy and increased waist circumference
6 is uniquely composed of excess VAT, but lack of SAT.

7 To look at this in a more quantified
8 fashion, we conducted a study in which we matched
9 patients by weight and looked among patients in the
10 normal weight and overweight category. On the left is
11 VAT, on the right SAT. And you can see, in either the
12 normal weight group or the overweight group, there is
13 a significant excess of VAT in weight-matched
14 patients, HIV in blue, control in white, whereas the
15 converse is seen in terms of SAT. In both the normal
16 and overweight group, there is a loss of SAT.

17 What is the prevalence of these
18 abnormalities in HIV-infected patients? This is a
19 slide that's difficult to read, but it comprises the
20 studies that we are aware of looking at the prevalence
21 of this condition.

22 To summarize, the data from the literature

1 indicate that the prevalence of excess abdominal fat
2 accumulation, or lipohypertrophy, in HIV-positive
3 patients is around 30 percent, and this continues to
4 be seen in the current era of HAART.

5 I point out the study by Nguyen, et al, in
6 2008 from the Swiss HIV Cohort. This is a study of
7 over 5,000 patients. It was published in 2008, fairly
8 recently. And in that study, 22.3 percent of the
9 patients showed abdominal fat accumulation.

10 Can we use waist circumference to identify
11 HIV-positive patients with increased VAT? What is the
12 feasibility and significance of this? A waist
13 circumference of 95 centimeters reflects the point at
14 which mortality begins to increase in non-HIV-positive
15 patients, even after adjustment for BMI.

16 I draw your attention to the lower right-
17 hand corner of the panel, and you can see the study by
18 Pischon, et al, which shows waist circumference on the
19 X-axis and relative risk of death on the Y. These are
20 data adjusted for BMI. And you can see that at a
21 waist circumference of 95, the relative risk of death
22 increases.

1 A waist circumference of 95 for men and 94
2 for women were actually used in the Phase 3 studies,
3 which you'll hear about today, to identify populations
4 with increased VAT, and we were very successful at
5 identifying population with excess VAT. You will hear
6 about that.

7 But importantly, 25 percent of HIV-positive
8 patients, indeed, demonstrate a waist circumference
9 more than 95 centimeters. So you can use waist
10 circumference as a surrogate to identify these
11 patients fairly easily; and indeed, this is a relevant
12 surrogate, because it's associated with risk of death
13 in a large study.

14 Excess VAT is associated with problems in
15 quality of life, belly image appearance distress and
16 adherence to HAART. These are data taken from a
17 particular tool that we will talk about more today,
18 but we are plotting the distress related to the
19 patient's belly on the X-axis and the visceral adipose
20 tissue on the Y-axis. And you can see -- this is
21 among a large cohort of patients, prior to any drug --
22 that there is an association between excess VAT and

1 worsening of distress the patient feels about their
2 belly or abdomen.

3 Interestingly, today, you will hear data to
4 suggest that we do reduce VAT, but the reduction in
5 VAT comes in tight association with the improvement of
6 belly appearance distress.

7 Can excess VAT affect adherence to HAART?

8 Well, let's look at the data from the APROCO study.
9 This is a study in which 277 patients were initially
10 adherent four months after initiation of protease
11 inhibitor-containing regimen. Twenty months after
12 initiation of treatment, 30 percent of patients failed
13 to maintain adherence. Sixty percent of non-adherent
14 patient reported bigger belly or wider waist.

15 In a separate study by Plankey, et al, they
16 looked at multivariate adjusted odds ratios associated
17 with self-reported less than 95 percent adherence to
18 antiretroviral therapy. In looking at this analysis,
19 in yellow, you can see that any central fat gain
20 versus no change was the one factor that most
21 significantly predicted non-adherence in this study,
22 even more so than loss of fat.

1 Excess VAT is also associated with metabolic
2 abnormalities. This is a study that our group
3 published a couple of years ago now and in this study,
4 we compared patients with HIV lipodystrophy to age,
5 BMI, gender, and race-matched subjects from the
6 Framingham offspring cohort. We used dichotomized WHO
7 cut-points in this analysis.

8 You'll see that there is, in blue, HIV, in
9 white, non-HIV, a significant increase in the
10 prevalence of hypercholesterolemia, high LDL, but it's
11 dwarfed by the abnormalities in hypertriglyceridemia
12 and low HDL.

13 To the right of the screen, you'll see
14 markers of glucose abnormalities; and using a two-hour
15 glucose test with a glucose more than 200, 7.0 percent
16 demonstrated diabetes versus .5 percent of the age and
17 BMI-matched control. More ominously, 35 percent of
18 patients demonstrated glucose intolerance with a two-
19 hour glucose more than 140. This is versus 5 percent
20 of controls.

21 Looking at the FRAM data, you can see there
22 is a significant and tight association between excess

1 VAT and hypertriglyceridemia, linking directly the
2 metabolic abnormalities and the body composition
3 abnormalities.

4 Circled in red, you can see, with increasing
5 tertiles of VAT, increasing triglyceride levels. The
6 converse is seen actually with SAT. It's the same
7 general pattern you see among control men, but it's
8 more exaggerated, because there's more visceral fat
9 accumulation and higher triglyceride levels.

10 What about inflammatory adipokines? We
11 published a study a couple of years ago and it's been
12 confirmed by a number of groups now that adiponectin
13 levels are lower in patients with HIV lipodystrophy.
14 The blue bar represents HIV patients with
15 lipodystrophy. The green and the white represent,
16 respectively, HIV without lipodystrophy and control,
17 all carefully age and BMI-matched. And you can see a
18 significant reduction in adiponectin. And this is not
19 a good situation, as low adiponectin levels increase
20 cardiovascular risk.

21 In fact, when you look more carefully at the
22 data, you can see a significant association between

1 trunk to total fat ratio and adiponectin levels. The
2 higher the trunk fat to total fat ratio, the lower the
3 adiponectin levels, and, conversely, with extremity to
4 total fat, suggesting, again, a direct link between
5 the body composition abnormalities and some of the
6 inflammatory and metabolic perturbations.

7 The ultimate question is whether these
8 patients have cardiovascular disease, and the emerging
9 data really suggests this is, indeed, the case. This
10 is a study published from the Research Patient Data
11 Registry at the Mass. General and the Brigham. The
12 blue line represents HIV patients, over 4,000 of them,
13 and the white line represents non-HIV, and the
14 patients are stratified by age.

15 You can see at any age, including young age,
16 there's a higher rate of myocardial infarction in HIV
17 patients compared to controls; and, in fact, this
18 seems to increase with increased age of the patients.

19 Recently, some data came out from Guaraldi,
20 et al, linking specifically excess VAT to
21 cardiovascular risk in HIV patients, and this is
22 important. In this particular study, a multivariable

1 generalized equation was performed, and you can see
2 that VAT is associated with coronary calcium, a marker
3 of subclinical atherosclerosis. This is true even in
4 a model controlling for age, LDL, months of NRTI, and
5 CD4 cell count.

6 Even more importantly, he presented, this
7 year, data suggesting that VAT is not only associated
8 with CAC, a cardiovascular risk marker, but CDV
9 events, per se. And again, in a regression model,
10 excess VAT was associated with events, and this is
11 true when you controlled for exposure to ART and age.

12 So what then are the potential treatment
13 strategies for this abnormality in HIV-positive
14 patients? Well, first, it's important to note that
15 numerous expert panels have looked at this and
16 concluded over the years that there is no treatment
17 right now, but there is a need for one. In 2010,
18 there are still no approved interventions for the
19 treatment of fat accumulation in this population.

20 The potential strategies that are available
21 include the following. I don't have time to go into
22 these at great length, but I'll summarize by saying

1 that lifestyle modification is always important,
2 including diet and exercise; but unfortunately, the
3 studies are very, very inconsistent in this regard and
4 do not show the types of reduction in VAT you will see
5 for tesamorelin today, and I'm happy to discuss that
6 later.

7 Switching to antiretroviral therapies,
8 another potential strategy, but, unfortunately, this,
9 too, has not worked very well. Patients do not seem
10 to lose the excess VAT even when they switch off
11 antiretroviral therapeutic agents.

12 Insulin sensitizing agents are another very
13 important strategy to consider. For example,
14 metformin is an insulin sensitizing agent. It has
15 been shown to produce modest reductions in VAT in
16 numerous studies, but the problem is that it's also
17 associated with generalized weight loss and loss of
18 subcutaneous fat. So it's not selective like the agent
19 you're going to hear about today.

20 I'll talk about GH and GHRH in the next few
21 slides. So what are the potential ways in which we
22 can manipulate the growth hormone-IGF axis to improve

1 metabolic abnormalities in HIV-positive patients?

2 First, it's important to recognize that there is a
3 very significant relationship between growth hormone
4 and visceral fat.

5 In this study, we sampled growth hormone
6 every 20 minutes overnight and showed a clear
7 relationship, such that low growth hormone was
8 associated with excess VAT. In fact, patients with
9 lipodystrophy have a very significant reduction in
10 growth hormone and a large percentage fail standard GH
11 stimulated simulation testing.

12 So, of course, it's logical to consider
13 giving growth hormone in this population, and I'm
14 going to highlight two studies which represent the
15 ends of a large spectrum of studies in this regard.

16 The study on the left is a study of high
17 dose growth hormone. The study on the right is a
18 study of low dose growth hormone. And I'm going to
19 try and summarize the changes in VAT and other aspects
20 of these studies for you.

21 The high dose study used a very large dose
22 of 4 milligrams a day. It was a three-month study.

1 The IGF was very, very supraphysiologic. The SAT
2 decreased. In other words, at high doses of GH, it's
3 not discriminate to VAT. It oxidizes both VAT and
4 SAT.

5 Triglycerides improved. Glucose
6 dramatically worsened, any measure, fasting, two-hour,
7 et cetera. And the safety was very poor. There were a
8 lot of GH-related side effects. This was not approved
9 by the FDA at this dose for this indication.

10 Low dose growth hormone, in contrast, had a
11 different profile. It had a significant effect on
12 VAT, but it was more on the order of around 9 or 10
13 percent. The study was done by my group. It was a
14 very low dose study, .3 milligrams a day. We wanted
15 to make it much more physiologic. It was a very long
16 duration study, 18 months. IGF, as I said, was
17 physiologic.

18 With low dose GH, there is a discrimination
19 and SAT is not reduced. Triglycerides were improved.
20 The overall safety was good. But I want to point out
21 that even with lose dose GH, with IGFs largely in the
22 physiologic range, the two-hour glucose level

1 increased by 20 points. And though you will see some
2 small changes in glucose today with respect to
3 tesamorelin, they are not of the same magnitude you
4 see even with low dose GH, which brings me to GHRH.

5 Just as a simple primer, we all know that GH
6 is produced in a pulsatile fashion from the pituitary
7 in positive response to GHRH and negative responses to
8 metastatin. The pituitary GH acts in the liver to
9 make IGF-1, which feeds back on the pituitary and
10 hypothalamus in a classic endocrine feedback loop.

11 Therefore, GH is pulsatile. Now, there
12 actually have been some studies which were conducted
13 by our group published in *American Journal of*
14 *Physiology* to show that there's nothing wrong with the
15 pulse generator in these patients. They have the same
16 number of pulses. But the peak height and width of
17 the pulses is off, which begs a therapy then perhaps
18 to increase the pulsatile nature of this particular
19 problem in these patients, and that's where GHRH comes
20 in.

21 GHRH is known to augment pulse width and
22 height without increasing the number of pulses, and in

1 fact, I'm happy to show you later data using
2 tesamorelin in this regard, beautiful data, looking at
3 effects on pulsatility.

4 So this rationale led us to conduct a pilot
5 study in 2004. Now, this study was not with the
6 product you're going to hear about today. It was with
7 GHRH-1 to 29. This was subsequently withdrawn from
8 the market, not for any safety reason, but for
9 commercial reasons, by Serono.

10 But you can see that we saw a positive
11 signal in this study, which led us to pursue the
12 larger indication you'll hear about today. And you
13 can see that there was a significant reduction in
14 trunk fat, in blue with GHRH versus white with
15 placebo. There was an improvement in the ratio of
16 trunk fat to lower extremity fat. And lo and behold,
17 not only was there not a decrease in extremity fat,
18 there appeared to be a slight increase in extremity
19 fat.

20 So there really was a redistribution from
21 the center out the periphery of fat, no change in
22 weight, and that's a theme today for GHRH. It really

1 doesn't change weight. By increasing lean and
2 reducing VAT, it's kind of weight-neutral, but it
3 redistributes fat.

4 In summary, what I've shown you today is
5 that approximately 30 percent of HIV-positive patients
6 demonstrate excess abdominal fat, comprised of excess
7 VAT, but reduced SAT. This excess visceral adiposity
8 contributes to metabolic abnormalities, excess
9 cardiovascular risk in HIV-positive patients,
10 increased body dysmorphia and distress, reduced
11 quality of life, and may have a potential negative
12 impact on adherence to antiretroviral therapy.

13 There are no currently approved treatment
14 strategies for this. Improving excess visceral fat is
15 a critical treatment goal for the HIV population. I
16 think we can all agree upon that. There is a need for
17 a drug that specifically addresses the unique problems
18 of HIV lipodystrophy; those are increased VAT, reduced
19 SAT, distress, reduced quality of life related to
20 increased VAT, dyslipidemia, and reduced growth
21 hormone.

22 Thank you very much for your attention.

1 DR. MARSOLAIS: Good morning. Thank you,
2 Dr. Grinspoon. Lipodystrophy syndrome has a
3 significant impact on people living with HIV. We
4 refined our development strategy by adopting specific
5 recommendations for the treatment of visceral
6 adiposity from the Forum for Collaborative HIV
7 Research.

8 The Forum for Collaborative HIV Research
9 provides a neutral and independent platform that
10 engages representatives from the government, the
11 pharmaceutical industry, payers, community advocates,
12 and members of academia. They made several
13 recommendations for the development of new therapies
14 to treat visceral adiposity.

15 First, the development of new therapies
16 should be conducted with placebo control studies.
17 Patient selection should be based mainly on waist
18 circumference and waist-to-hip ratio, which correlates
19 with accumulation of visceral adipose tissue.

20 The group also set some clear objectives to
21 assess the efficacy of new therapies. Based on
22 literature review in the obesity field and results of

1 the Phase 2 studies with GH and lipohypertrophy, a
2 goal of 8 percent decrease in visceral adipose tissue
3 was set as the primary objective for the development
4 of new compounds for the treatment of HIV-associated
5 visceral adiposity.

6 The group recommended strongly that the
7 clinical benefit for the treatment of visceral
8 adiposity be assessed with validated instruments that
9 measure the impact on quality of life and body image.
10 There should be no worsening in peripheral
11 lipomatrophy. This is an important symptom of the
12 lipodystrophy syndrome and it should not be
13 exacerbated by therapeutic intervention for the
14 treatment of lipohypertrophy.

15 The group also recommended monitoring of
16 fleeing body mass, lipids, glucose, and IGF-1 levels.
17 The clinical development plan for tesamorelin was
18 based on those recommendations.

19 To evaluate the efficacy and the safety of
20 tesamorelin, we conducted two large Phase 3 trials,
21 including a total of 816 patients. This is the
22 largest program completed so far to assess the new

1 treatment for this indication. The two studies were
2 identical. The first one, conducted in North America,
3 started in 2005 and the second study, including
4 European sites, was initiated in February 2007.

5 The study design included two phases of 26
6 weeks duration each. For the main phase, the patients
7 were randomized in a 2:1 ratio for the active
8 treatment versus placebo. At the end of the main
9 phase, a period of seven days was allowed for the re-
10 randomization of patients into the extension phase.

11 Patients, who initially received six months
12 of active treatment, were re-randomized to receive an
13 additional six months effective treatment, the T-T
14 group, or placebo, the T-P group. Therefore, one
15 group of patients received active treatment for a
16 total of 52 weeks.

17 During the entire presentation, the yellow
18 color will represent the T-T group and the orange
19 color will represent the T-P group. Patients who
20 received placebo for the initial six months were
21 switched to receive the active treatment during the
22 extension period. This group, the P-T group, will be

1 presented in light blue.

2 Patients were enrolled in the study if they
3 met the following eligibility criteria: HIV-positive
4 male or female patients aged between 18 and 65 years;
5 they had to be stable on ART at least eight weeks
6 prior to study entry.

7 Abdominal fat accumulation during the
8 context of treatment of HIV infection was measured by
9 waist circumference and waist-to-hip ratio. We use a
10 waist circumference of 95 centimeters or more and a
11 waist-to-hip ratio of .94 or higher for males, and a
12 waist circumference of 94 centimeters or more and a
13 waist-to-hip ratio equal or over .88 for females.

14 Fasting blood glucose had to be below 150
15 milligrams per deciliter. We allowed these patients
16 in the study based on the results obtained in a Phase
17 2 safety study conducted in diabetic patients in whom
18 no impact on glucose homeostasis was observed.

19 Patients had to be on stable lipid-lowering
20 agents and use of anti-diabetic insulin sensitizing
21 agents, GH or GH agonists were excluded. The study
22 endpoints were based on the recommendations from the

1 Forum for Collaborative HIV Research. The primary
2 endpoint was a decrease of 8 percent in visceral
3 adipose tissue from baseline, treated patients versus
4 placebo.

5 Visceral adipose tissue was measured by CT
6 scan at the L4/L5 level. Statistically, the criterion
7 for a positive study was the lower confidence limit be
8 below zero and the point estimate below the negative 8
9 percent decrease.

10 Secondary endpoints included lipid
11 parameters, including triglycerides, and the total
12 cholesterol to HDL cholesterol ratio. Serum IGF-1
13 level was monitored as a marker of efficacy and also,
14 for safety assessment.

15 Patient-reported outcomes related to belly
16 image were assessed with validated questionnaires.
17 The primary objective for the extension phase was to
18 assess the long-term safety of tesamorelin and, also,
19 to look at the duration of effect over a 52-week
20 period.

21 The presentation of the efficacy will start
22 with the results of the first 26 weeks of the studies,

1 the main phase. After, we will present the results of
2 the extension phase. For the baseline
3 characteristics, no significant differences were
4 observed between the treatment groups and the studies,
5 even though the studies were conducted a year-and-a-
6 half apart.

7 The mean waist circumference was about 104-
8 105 centimeters at baseline. VAT area in centimeters
9 squared was between 170 and 195, depending on the
10 study. Among lipid parameters, mean triglyceride
11 levels were above the upper limit of normal, with a
12 value in the range of 223 to 252 milligrams per
13 deciliter.

14 It is important to note that 46 percent of
15 our population was on lipid-lowering treatment. We
16 also monitored some baseline characteristics related
17 to HIV status of the patient population. As you can
18 see, patients enrolled in the study had fairly high
19 CD4 counts. Viral load for most of the patients was
20 undetectable, with only about 9 percent of patients
21 with a viral load above 400.

22 The use of different classes of

1 antiretroviral therapy was similar between the
2 different groups and studies, with the exception of
3 the use of non-nucleoside reverse transcriptase
4 inhibitors in the first study. However, when the
5 statistical analysis was adjusted for the use of
6 NNRTI, there was no impact on visceral adipose tissue.

7 These results are important. They show the
8 symptoms of lipodystrophy of the patient population
9 enrolled in the study. Patients with excess abdominal
10 fat in the context of lipodystrophy were selected
11 based on specific waist circumference and waist-to-hip
12 ratio cutoffs.

13 The results showed that more than 86 percent
14 of the patient population had at least one additional
15 sign of lipodystrophy in addition to the abdominal
16 lipohypertrophy. More than 70 percent of the patients
17 had at least one sign of lipohypertrophy. Those
18 patients suffer from body dysmorphia, not only
19 abdominal obesity, thus increasing the stigma
20 associated with HIV infection.

21 Treatment with tesamorelin was associated
22 with a significant decrease in VAT. In our first

1 trial, we showed a decrease of 15 percent in VAT
2 versus an increase of about 5 percent in the placebo
3 arm. In the second study, we reached a decrease of 11
4 percent in the treatment arm versus a small decrease
5 of about 1 percent in the placebo-treated group.

6 For both studies, we have surpassed the goal
7 of 8 percent, as recommended by the Forum for
8 Collaborative HIV Research. The effect on the
9 reduction of VAT was similar for male and female.

10 In addition, it is important that a
11 treatment of lipohypertrophy does not further decrease
12 the amount of subcutaneous adipose tissue in this
13 patient population. The results showed that
14 tesamorelin preserves abdominal subcutaneous adipose
15 tissue.

16 Patients enrolled in our studies were taking
17 different ART regimens. The analysis of the combined
18 Phase 3 trials shows that the efficacy of tesamorelin
19 was similar regardless of the ART regimen used by the
20 patients.

21 We have conducted an exploratory responder
22 analysis to assess the percent of patients that would

1 reach the primary goal of an 8 percent of VAT. Based
2 on the analysis with the intent to treat population
3 and the last observation carried forward, 57 percent
4 of tesamorelin-treated patients reached a primary
5 objective of an 8 percent decrease in VAT.

6 It is also important to note that the LCF
7 analysis, if a patient did not have adipose baseline
8 CT scan, the baseline value was used for the analysis.
9 For the per protocol population, with the observed
10 case analysis, 69 percent of patients treated reached
11 a goal of a decrease of 8 percent in VAT. In both
12 cases, the tesamorelin response was double that of
13 placebo.

14 The decrease in visceral adipose tissue
15 observed in the studies was associated with a
16 significant decrease in waist circumference at week
17 26. The decreases were 2.6 and 2.2 centimeters in the
18 first and the second studies, respectively.

19 We have also observed an effect on trunk
20 fat, with a total loss of approximately 1 kilogram, as
21 well as the lack of clinical significant effect on
22 limb fat. We observed a statistically significant

1 change in limb fat in the first study, but this small
2 decrease was not considered clinically significant.

3 Finally, treatment with tesamorelin does not
4 have a significant impact on overall body weight. The
5 loss in total fat, mainly visceral fat, is compensated
6 by a gain in lean body mass of a similar magnitude.
7 Therefore, we can conclude that tesamorelin decreases
8 excess abdominal fat with preserving subcutaneous
9 adipose tissue.

10 We also assessed lipid parameters. In the
11 first trial, the LIPO-010 study, the change from
12 baseline in lipid parameters between the tesamorelin
13 and placebo groups reached statistical significance.
14 It is important to remember that triglycerides were
15 the only lipid parameter above the normal range at
16 baseline. The impact on triglycerides was significant
17 and much larger than for the other parameters.

18 In the second trial, the change in
19 triglycerides was in the right direction. The change
20 was statistically significant versus baseline, but not
21 versus placebo.

22 We also performed an exploratory analysis

1 with the data from the combined studies. The analysis
2 on the combined studies shows an overall positive
3 impact on lipid parameters. The lipid parameters are
4 moving in the right direction, with the most
5 significant effect seen with triglycerides. Once
6 again, triglycerides were the lipid parameter with the
7 most significant abnormality at baseline.

8 As Dr. Grinspoon stated earlier, HIV-
9 associated lipodystrophy is associated with an
10 inflammatory state. We found that treatment with
11 tesamorelin was associated with significant decrease
12 from baseline in plasminogen activator inhibitor and
13 tissue plasminogen activator, as well as a significant
14 increase from baseline in adiponectin, which is an
15 anti-inflammatory marker.

16 One of the most important benefits of the
17 decrease in visceral adiposity should be a positive
18 impact on body image and quality of life. During our
19 meeting with the FDA to discuss our plan for the Phase
20 3 clinical program, the agency recommended that we use
21 questionnaires developed by Phase V Technologies.
22 These assess the impact on body image and health-

1 related quality of life, with a focus on belly image.

2 The development of these questionnaires is
3 consistent with the FDA guidance for industry. The
4 conceptual model was developed based on the literature
5 review, panel discussion with treating physicians, and
6 assessment of the patients' perspective through
7 patient focus groups and qualitative analysis of Web-
8 based postings from patients with lipodystrophy.

9 This was followed by confirmation with in-
10 depth patient interviews to establish content
11 validity. The instruments assessing body image were
12 then field tested in another sponsor's Phase 2 trial
13 and subsequently confirmed in their Phase 3 trial.

14 The dossier and the development of the
15 questionnaire was submitted to the FDA and approved
16 for use in making labeling claims in 2004. It is also
17 consistent with the recent 2009 FDA guidance for
18 industry on the use of patient-reported outcomes to
19 support labeling claims in medicinal product
20 development.

21 For a subgroup of patients, the HIV, as well
22 as the antiretroviral treatment, will be associated

1 with lipodystrophy, including increase in central
2 adiposity and peripheral lipoatrophy. The changes in
3 body appearance impact body events, including
4 significant body dysmorphia and distress. Body image
5 distress and distortion will then impact health-
6 related quality of life.

7 Since the effect of the drug is the
8 reduction of central adiposity, as measured by percent
9 change in VAT, we focus primarily on belly image. The
10 assessment of the patient-reported outcomes,
11 therefore, includes two components; the first one, an
12 assessment of body image with a focus on belly, and an
13 assessment of health-related quality of life through
14 questionnaires.

15 The key parameter of belly image includes
16 belly size evaluation. It is important to note that
17 this is not an estimation of belly size. It is an
18 assessment of how patients rate their current
19 appearance compared to their healthy look.

20 For belly appearance distress, patients
21 refer to their current appearance and provide a rating
22 of distress concerning the size of their belly, the

1 belly appearance distress being the most important
2 parameter and agreed upon with the FDA prior to
3 initiation of the program.

4 The third belly image parameter is the belly
5 profile assessment. The patient is provided with a
6 set of six belly silhouettes and chooses which match
7 their current look and their treatment goal. This
8 last assessment is also done separately by the
9 physician.

10 The baseline characteristics of the
11 population of patients enrolled in our studies
12 indicate that a number of body parts are rated as
13 smaller than the normal healthy look of the patient.
14 The body part that is the largest from the healthy
15 look is the belly.

16 The baseline values of the body image
17 appearance distress rating also indicate that the body
18 part which is the most distressful to the population
19 enrolled in our study is the belly.

20 For the belly profile results at baseline,
21 the red bars represent our patient population ratings
22 of their current look at baseline. The green bars

1 indicate their treatment goal. Most patients want to
2 look normal, so most patients pick the body shape on
3 the far right-hand side of the graph.

4 For the minimal benefit, you can see that
5 for this group of patients, they want to be very close
6 to the ideal look, even if we ask if it's the minimal
7 change they would like to see. This raises the bar
8 significantly when comparing the patient's target look
9 versus what can possibly be reached using a treatment
10 or a therapeutic intervention.

11 The results of the belly image are presented
12 in this forest plot. The results on belly image
13 parameters are presented in responsiveness units. A
14 responsiveness unit is a standard approach to present
15 the effect size of patient-reported outcomes. A
16 change of 0.15 is considered as clinically
17 significant.

18 Treatment with tesamorelin does not have a
19 significant impact on assessment of the belly size.
20 However, it has a clinically significant impact on
21 belly appearance distress and belly profile, as rated
22 by the patients and corroborated by the treating

1 physician.

2 For the assessment of the overall body
3 appearance distress, the results show an improvement
4 in a number of body parts in tesamorelin-treated
5 patients, including, at the far right, a statistically
6 significant difference in the overall body appearance
7 distress.

8 The results of our study also showed that
9 there is a good correlation between the percent
10 decrease in visceral adipose tissue and the change in
11 belly image parameters scores, including belly
12 appearance distress and belly profile, as assessed by
13 the patient and the physician.

14 Finally, there is also a correlation with
15 the different health-related quality of life scales,
16 as shown here. The data from the main phase of our
17 program demonstrate that treatment with tesamorelin
18 led to a significant decrease from baseline in
19 visceral adipose tissue, waist circumference, and
20 trunk fat, while preserving abdominal subcutaneous
21 tissue and limb fat.

22 Decreases in triglycerides were significant

1 versus placebo in the first Phase 3 study and trended
2 favorably in the second study. We also have observed
3 a greater improvement in belly appearance distress and
4 belly profile in the group of patients treated with
5 tesamorelin versus placebo.

6 The extension phase of the studies
7 demonstrated that the effect of tesamorelin is
8 maintained for 52 weeks. We reached a 17 percent
9 decrease in visceral adipose tissue after 52 weeks of
10 treatment. This is twice the 8 percent
11 recommendation.

12 When patients are switched from the active
13 treatment to the placebo, they regain most of the VAT
14 lost during the main phase. The light blue bar shows
15 that what we have observed in the main phase with the
16 tesamorelin treatment. The mean percent change in
17 visceral adipose tissue in the group of patients who
18 switched from placebo to active treatment was around
19 13 to 14 percent.

20 The other report and finding from the
21 extension study is that the abdominal subcutaneous
22 tissue was preserved throughout the entire 52 weeks of

1 treatment.

2 Patients in the extension studies maintained
3 their reduction in waist circumference, trunk fat, and
4 triglycerides. Improvement was also observed for
5 belly appearance distress and belly profile. Similar
6 to the abdominal SAT, limb fat was preserved
7 throughout the 52 weeks of tesamorelin treatment.

8 Thank you for your attention. I would like
9 to ask Dr. Soulban, who will now present the safety
10 results of our clinical program.

11 DR. SOULBAN: Thank you, and good morning.
12 The safety of tesamorelin has been well characterized
13 in our clinical development program. Today's
14 presentation will focus primarily on our Phase 3
15 safety data.

16 Our safety program included standard safety
17 assessments, as well as special safety topics unique
18 to GH-related agents. The special safety topics
19 included IGF-1 SDS, or standard deviation scores,
20 various glucose parameters, immunology, including
21 hypersensitivity reactions.

22 Before moving on to results of special

1 safety topics, I'd like to review the results of the
2 Phase 3 clinical trials. I will present our safety
3 using the same structure throughout. We will start
4 with the main placebo-controlled phase of our studies,
5 displayed on the left side, then move to the
6 extension, which will be displayed on the right side.
7 As a reminder, note that there's a 2:1 randomization
8 of tesamorelin to placebo.

9 Looking into the main phase data, we see
10 that similar percentages of patients remaining in
11 study are fairly similar between tesamorelin and
12 placebo. The main reasons for dropouts are comparable
13 between the two groups. There is a 3 percent
14 difference between tesamorelin and placebo, with 9.6
15 percent of patients in the tesamorelin group
16 discontinuing due to adverse events compared to 6.8 of
17 patients in the placebo group. However, this
18 difference was not statistically significant.

19 Now, when we add the right side of the data
20 for the extension phase, this allows us to observe
21 events for patients continuing longer on tesamorelin,
22 which is the T-T group, and patients ceasing exposure

1 to tesamorelin, the T-P group. The P-T group, which
2 represents de novo treatment with tesamorelin, will
3 not be presented, because all safety data in this
4 group consistently mirrors what was observed in
5 tesamorelin in the main phase.

6 In the T-T group, adverse events leading to
7 discontinuation are reduced compared to the first 26
8 weeks of treatment. In the T-P group, the adverse
9 event discontinuation rate is similar to placebo
10 patients from the main phase of the studies.

11 Next, we look at the overall adverse events
12 that occurred in more than 5 percent of patients,
13 occurring more frequently on active treatment.
14 Overall, the percentages of patients with adverse
15 events in tesamorelin group are slightly higher, with
16 78.3 percent compared to placebo at 71.1 percent.

17 We also see that adverse events cluster
18 around two groupings of events, injection site
19 reactions that were characterized as erythema and
20 pruritus and GH-related events that were reported as
21 arthralgia, pain in extremity, peripheral edema, and
22 myalgia.

1 Overall, the incidence of GH-related events
2 observed in our studies with tesamorelin over 26 weeks
3 were lower compared to GH administration in the same
4 indication for 12 weeks.

5 When we add the extension phase and focus on
6 the T-T group for long-term exposure, we see that the
7 trends from the main phase diminish with regards to
8 injection site reactions and GH-related events. What
9 emerges is upper respiratory tract infections in the
10 T-T group that exceeds 5 percent. However, this was
11 not statistically different between treatment groups.

12 We also looked at events reported as serious
13 adverse events. There was no difference in incidence
14 nor in pattern of serious adverse events that occurred
15 between treatment groups during the main and the
16 extension phases. In the main and extension phases,
17 no specific serious adverse event was reported by more
18 than one patient in any treatment group, except for
19 sepsis, which was reported by two patients in the
20 tesamorelin group in the main phase. When you look at
21 patients who have greater than one serious adverse
22 event of intense severity, the numbers are also very

1 similar between treatment groups.

2 At the beginning of the presentation, we
3 highlighted three special safety topics, which were
4 IGF-1 SDS, glucose metabolism, and immunology. Even
5 though tesamorelin is distinct from exogenous GH, per
6 se, it will increase IGF-1 levels since they are
7 surrogate markers for GH secretion, and, therefore,
8 are measured as part of efficacy, as well as safety
9 assessments.

10 In the safety presentation, IGF-1 values are
11 presented as IGF-1 standard deviation scores, or SDS.
12 IGF-1 SDS are IGF-1 values that are based on reference
13 values derived from a healthy patient population that
14 are age adjusted, as well as gender adjusted. In our
15 main phase, 47 percent of tesamorelin patients went
16 above an IGF-1 SDS score of 2 and 36 percent went
17 above an IGF-1 SDS score of 3. As expected, there
18 were only minimal changes in the placebo group.

19 During the extension phase, 34 percent of
20 patients in the T-T group had an IGF-1 SDS score of
21 greater than 2 and 23 percent greater than 3. As you
22 will notice, the percentage of patients with an IGF-1

1 SDS score of greater than 2 or greater than 3 in the
2 T-T group is reduced compared to what you observe in
3 the main phase.

4 Three items that are important to note. The
5 reduction in the percent of patients with in the IGF-1
6 SDS categories for the T-T group is not driven by
7 dropouts, and this was confirmed with a completers
8 analysis. The second is that the decrease in patients
9 in IGF-1 SDS in the T-T group did not correlate with a
10 reduction in efficacy as measured by VAT. Then third,
11 this decrease was not due to lack of compliance, as an
12 IGF-1 SDS decreases in patients that were also 100
13 percent compliant. As expected, the T-P group
14 returned to baseline range values.

15 It's logical, also, to ask about another
16 potential correlate -- if IGF-1 SDS correlates with
17 adverse events. The increase in IGF-1 SDS categories
18 does not affect the overall percentage of patients
19 experiencing adverse events, highlighted for you in
20 yellow, in the first row.

21 We further explored the data to see if
22 increased IGF-1 SDS was associated to adverse events

1 known to be related to GH. What we found was that
2 during the main phase, there was a general trend
3 towards a small increase in incidence in GH-related
4 adverse events. The exception was the meaningful
5 progression across SDS categories for edema and
6 arthralgia.

7 We looked at the extension phase in the T-T
8 group, representing our long-term treatment. There is
9 little or no difference in percentage of patients
10 experiencing an adverse event per IGF-1 SDS category
11 and the events of edema and arthralgia were no longer
12 significant in the extension.

13 Our final IGF-1 assessment was to explore
14 any possible connection between high IGF-1 SDS and
15 cancer events in our trials, because of conflicting
16 data in the literature about a theoretical potential
17 link between high IGF-1 levels and cancer development.
18 We could find no evidence of causal relationship
19 between tesamorelin-treated patients, elevated IGF-1
20 SDS, and cancer events.

21 We analyzed the incidence of cancer in our
22 Phase 3 program. A total of 15 patients experienced a

1 cancer adverse event. In the main phase, 1.14 percent
2 of patients in our placebo group experienced a cancer
3 event, while .92 percent in our tesamorelin
4 experienced a cancer event.

5 In the extension phase, all groups combined,
6 we had 0.95 percent of patients that had a cancer
7 event. All these cancers were considered to be
8 unrelated to study treatment by the treating
9 physician, except for two events, both of which were
10 Hodgkin's disease. One Hodgkin's disease case was on
11 placebo and the other was on tesamorelin.

12 We looked at IGF-1 SDS for each of these
13 patients with a cancer adverse event and in the main
14 phase of our studies, only two patients out of five
15 had an IGF-1 SDS above 2. In the extension phase,
16 only three patients out of seven had an IGF-1 SDS of
17 greater than 2.

18 The IGF-1 SDS distribution among patients
19 experiencing a cancer event is similar to the IGF-1
20 SDS distribution among patients who did not experience
21 a cancer event. However, we do recognize that
22 exposure to tesamorelin is relatively short in these

1 studies and does not permit us to draw a definitive
2 conclusion regarding long-term risk for cancer. This
3 aspect will be addressed later when I discuss the risk
4 management plan.

5 Next, we turn to another special safety
6 topic -- glucose metabolism. GH products are expected
7 to have some impact on glucose parameters. Even
8 though tesamorelin is not a GH product, it will induce
9 a secretion of endogenous GH. We looked at glucose
10 assessments for the first 26 weeks, and the changes in
11 these parameters were small. We did not observe
12 changes across various glycemic parameters, with the
13 exception of hemoglobin A1C, which demonstrated
14 statistically significant change compared to placebo
15 during tesamorelin treatment.

16 The mean change of 0.14 occurred at a
17 baseline hemoglobin A1C of 5.26, which moved to 5.39,
18 while still remaining in the normal range. When we
19 follow these parameters into the extension phase, the
20 elevations that were seen in hemoglobin A1C in the
21 main phase are no longer observed.

22 While this data is encouraging for the

1 overall population, we also looked at the impact of
2 subgroups of individuals through the use of
3 categorical analyses.

4 At study entry, approximately 38 percent of
5 our patients were IGT or IFG and 8 percent of our
6 patients had diabetes that were controlled by diet
7 alone. As displayed here, there are small increases
8 in proportions of patients in IGT/IFG and diabetes
9 categories in the first 26 weeks of treatment.

10 In the tesamorelin group, there was a 4.7
11 percent increase in the IFG/IGT group, while the
12 diabetes subgroup experienced a 1.7 percent increase.
13 This same trend was confirmed by a studies completers
14 analysis, thus addressing the potential impact of
15 dropouts.

16 We also did the same analysis using the 2010
17 ADA hemoglobin A1C definition, looking at percent of
18 patients in the normal, pre-diabetes and diabetes
19 category. For the first 26 weeks of treatment, we see
20 a similar pattern to what was presented for the
21 fasting blood glucose two-hour OGTT.

22 There were small categorical increases in

1 the zero to 26 weeks with regards to the proportion of
2 the patients in the pre-diabetic category, increasing
3 approximately 4 percent in tesamorelin versus 2
4 percent in placebo. Also, the proportion of patients
5 in the diabetes category increased approximately 4
6 percent in tesamorelin versus 1.3 percent in placebo.

7 At 52 weeks, we use the same cutoffs for
8 fasting blood glucose and two-hour OGTT in a subgroup
9 of patients exposed for a year. The proportion of
10 patients per category remained relatively the same,
11 with slight decreases. This observation is supported
12 by the statistical analyses I showed you a little bit
13 earlier for the glucose parameters for 52 weeks. Once
14 again, the same trend was confirmed by a studies
15 completers analysis, as well.

16 Similar to the analyses done at 52 weeks for
17 fasting blood glucose and two-hour OGTT, we performed
18 the same analysis using the hemoglobin A1C cutoff.
19 The proportion of patients in the pre-diabetic
20 category increased slightly, with a marked decrease in
21 the diabetes category.

22 Overall, as presented, we observed a slight

1 deterioration of glucose homeostasis in a small
2 percentage of patients treated with tesamorelin, and
3 it ranged from approximately 2 to 4 percent.
4 Nevertheless, as highlighted in Dr. Grinspoon's
5 presentation, tesamorelin's effect on glucose was
6 substantially less than those observed with GH
7 administration.

8 Just as we've seen with other peptides,
9 there is a concern for antibody formation and
10 hypersensitivity reactions. We defined and agreed
11 with the FDA as to what we considered to be a
12 hypersensitivity reaction to distinguish them from
13 simple injection site reactions.

14 In our Phase 3 program, 27 tesamorelin
15 patients experienced a hypersensitivity reaction, and
16 one placebo patient. These reactions were mild to
17 moderate in severity and resolved upon cessation of
18 drug.

19 In the main phase of our study, 16
20 tesamorelin patients had a hypersensitivity reaction,
21 while in the extension phase, 11 patients had a
22 hypersensitivity reaction. None of these reactions

1 were characterized as anaphylactic in nature, defined
2 as systemic life-threatening allergic reactions.

3 As mentioned previously, the safety program
4 also assessed for the development of antibodies,
5 because it is typically a response seen with peptide
6 therapy. In our main study, approximately 50 percent
7 of our patients developed tesamorelin IgG antibodies.
8 This graph shows you that in the T-T group, our long-
9 term data group, which are yellow bars, the percent of
10 patients with tesamorelin IgG antibodies remained
11 fairly stable throughout 52 weeks.

12 In the T-P group, the percent of patients
13 with antibodies decreases across time, going down to
14 18 percent by week 52, showing seroreversion.

15 We also looked to see if IgG antibody status
16 had an impact on IGF-1 levels or VAT. At week 26, the
17 mean change from baseline in IGF-1 levels, which were
18 a safety, as well as efficacy parameter, and the
19 percent change of baseline VAT, which is an efficacy
20 parameter, was similar and not statistically different
21 between patients with or without IgG antibodies nor by
22 different titer categories in the tesamorelin group.

1 While anti-tesamorelin antibodies had no
2 impact on IGF-1 and VAT, we further examined the
3 presence or absence of in vitro neutralizing
4 antibodies, or NABs, to HGRF, human growth hormone
5 release factor, and to tesamorelin.

6 To assess long-term safety at week 52, we
7 analyzed in vitro NABs in patients that were IgG-
8 positive and found that 5 percent had HGRF NABs and 10
9 percent had tesamorelin NABs. The presence of these
10 NABs did not affect the IGF-1 levels or VAT.

11 After 26 weeks of exposure, the percent of
12 HGRF NABs was similar was what was seen with 52 weeks
13 of exposure. As seen in the T-P group, there was
14 reversibility of in vitro HGRF NABs. Indeed, by week
15 52 or early termination, only 1.5 percent were HGRF
16 NAB-positive, thus showing reversibility.

17 So taken together, tesamorelin has a well-
18 characterized safety profile. We intend to utilize
19 this characterization to guide the development of an
20 assertive risk management plan.

21 The pillars of this risk management plan are
22 fourfold; the first, to assure its safe use in the

1 HIV-positive population; second, to ensure use by the
2 appropriate patient population; third, to have long-
3 term safety follow-up; fourth, to have ongoing
4 development of clinical guidelines.

5 In recognition of the theoretical risk of
6 the elevated IGF-1 levels, we propose ongoing
7 monitoring of IGF-1 levels and discontinuation of
8 treatment in patients with an IGF-1 SDS of greater
9 than 3 for more than 52 weeks.

10 Given tesamorelin's potential effects on
11 glucose homeostasis, albeit small, we are proposing
12 guidelines to address this effect. Patients with a
13 past medical history of diabetes or presenting with
14 diabetes based on fasting blood glucose or hemoglobin
15 A1C should not start therapy with tesamorelin.

16 We recommend that fasting blood glucose and
17 hemoglobin A1C be measured every 26 weeks of
18 tesamorelin treatment and the decision to continue or
19 to stop will be based on managing fasting blood
20 glucose and hemoglobin A1C below the diabetes range.

21 In cases of suspected hypersensitivity
22 reactions, patients will be advised to seek prompt

1 medical attention and treatment with tesamorelin
2 should be discontinued immediately. To encourage the
3 appropriate prescribing in the indicated patient
4 population, tesamorelin will be exclusively dispensed
5 through a targeted network of contracted pharmacies,
6 with an ability to track each box of tesamorelin via a
7 unique box serial number.

8 We also propose a long-term safety
9 observational study that will follow both tesamorelin-
10 treated patients and an untreated HIV group to gather
11 additional safety data on potential increases of
12 cancer risk in the clinical setting.

13 Additionally, ongoing development of
14 clinical guidelines will occur through an independent
15 panel of experts that will review the available data
16 on clinical outcomes, cancer incidence, and IGF-1 on
17 an ongoing basis.

18 Slide back, please. I'd like to invite Dr.
19 Schambelan to discuss the clinical need and benefit-
20 risk analysis.

21 DR. SCHAMBELAN: My name is Morrie
22 Schambelan. I'm Professor of Medicine and a member of

1 the Division of Endocrinology at University of
2 California-San Francisco. And unlike my colleague,
3 Dr. Grinspoon, I've had little or nothing to do with
4 the generation of the data that you've seen here
5 today.

6 To answer Dr. Burman's question, I have been
7 a consultant to the sponsor as they reviewed their
8 benefit and risk analysis and in helping them prepare
9 for this meeting. I have no stock in the company and
10 I have no financial interest in the outcome of this
11 meeting.

12 However, I do have an interest, a
13 longstanding interest in seeing that safe and
14 effective treatments are available for patients with
15 HIV, particularly for the metabolic complications,
16 which has been a major focus of my lab for the past 20
17 years.

18 My role today is to summarize the results of
19 the trials in the context of what I consider to be an
20 important and completely unmet clinical need, and, to
21 that end, I'd like to begin by restating the problem
22 and to illustrate just how devastating this can be for

1 affected individuals.

2 So as you've heard in the presentation that
3 Dr. Grinspoon made, excess visceral fat accumulation
4 in patients with HIV infection differs from the
5 increase in VAT seen in patients with simple obesity.
6 Particularly, affected patients often, and, I would
7 say, nearly invariably, experience a concomitant loss
8 of subcutaneous adipose tissue.

9 The increase in VAT in these patients is
10 accompanied by metabolic abnormalities; most notably,
11 insulin resistance and dyslipidemia. And importantly,
12 the affected patients express physical discomfort and
13 psychological distress due to the excess abdominal
14 fat, which significantly impacts on their quality of
15 life and can reduce the adherence to HAART, as you
16 heard illustrated earlier.

17 So I thought I would start with -- I think
18 the bone meeting people referred to this as a clinical
19 vignette, which is a patient that was enrolled in a
20 study that NIH funded a number of years ago in which
21 we were looking at the effect of initiation of
22 antiretroviral therapy or, I should say, in some

1 cases, converting people who were already on less
2 effective antiretroviral therapy to HAART, and then
3 follow their body composition and metabolic outcomes.

4 This is a patient who came into a study
5 visit at nine months after starting HAART, and at that
6 time, the CD4 count had increased nicely, the viral
7 load was undetectable. But the patient said, "I feel
8 really terrible because my belly is getting huge."

9 They asked him to take off the clothes and
10 this is what he looked like, and this is so similar, I
11 think, to the slides you've seen earlier that Dr.
12 Grinspoon presented.

13 I think in addition to the very obvious
14 visceral adiposity, the patient manifests loss of
15 subcutaneous tissue in the arms. We didn't show the
16 legs in this view. Now, I didn't have a "before"
17 picture for this patient when he initiated
18 antiretroviral therapy, but I did have a CT scan which
19 we obtained on entry to the study.

20 So the left-hand panel shows the CT obtained
21 prior to initiating HAART and the right-hand panel
22 shows the CT at the time that that photograph was

1 taken. And I think you can readily appreciate the
2 marked expansion in the visceral compartment, shown by
3 the dark area, and the loss of subcutaneous adipose
4 tissue, particularly in the dorsal fat pads and also,
5 in the interior abdominal wall.

6 If you don't believe that picture, I can
7 show you the data that were obtained when this was
8 analyzed by the CT cut at L4/L5, as Steve mentioned
9 earlier. This patient's weight changed very little
10 during this nine-month period of time, but there was a
11 remarkable increase in VAT, 31 percent, compared to
12 his baseline value, while at the same time, the
13 subcutaneous adipose tissue decreased about an
14 equivalent percentage, 29 percent.

15 In addition, there was a change in overall
16 body composition, as shown here by DEXA scan. In
17 particular, the trunk fat increased by 1.5 kilograms
18 and the limb fat decreased nearly 2 kilograms. And I
19 have to point out that normal limb fat is
20 approximately 7 kilograms by DEXA. So this patient
21 has severe, severe lipoatrophy.

22 In addition, the patient experienced

1 metabolic complications. You've heard about these.
2 It includes an increasing glucose, insulin, the HOMA
3 calculation, and the lipid values. So the patient
4 developed worsened dyslipidemia and worsened glucose
5 intolerance in association with these body composition
6 changes that occurred with initiation of HAART.

7 So what do we have to offer this patient?

8 Well, first of all, there's nothing we can do for the
9 lipoatrophy. I'm not aware of any therapy that can
10 significantly increase the severe loss of peripheral
11 fat that this patient has sustained. You can give
12 subcutaneous injections and alter the facial
13 appearance cosmetically, but you can't put fat back
14 into the other parts of the body.

15 Although we would recommend that the patient
16 pursue diet and exercise, I think it's highly unlikely
17 we would have a major impact on this rather
18 substantial amount of visceral fat that he had already
19 accumulated. Metformin might reduce VAT, but wouldn't
20 be a good choice here either, because the SAT was
21 already so low, it is likely it would have become even
22 lower and been more disfiguring for this patient.

1 Thiazolidinediones have a major theoretical
2 advantage in treating this syndrome. They affect the
3 adiponectin levels, among other things, but they just
4 haven't borne out and there have been about seven
5 trials now, randomized clinical trials, that have
6 failed to show a decrease in visceral adipose tissue.

7 GH might have worked, but this patient was
8 already ineligible for GH, because of the alterations
9 in glucose metabolism that he had developed when he
10 went on highly active antiretroviral therapy; and of
11 course, this therapy wasn't approved by the agency for
12 the management of this condition.

13 So I think, frankly, if I had tesamorelin
14 available at this time, I would have seriously
15 considered this for this patient, because tesamorelin,
16 as you've heard today, significantly reduces visceral
17 adipose tissue and waist circumference. It decreases
18 trunk fat, when measured by DEXA. And it decreases
19 triglycerides significantly in the first study,
20 borderline significance in the second. But certainly,
21 for the combined data, the lipid panels appear to be
22 going in the right direction.

1 Importantly, for this patient, subcutaneous
2 adipose tissue is likely to be preserved both on CT
3 and DEXA scan, as you've heard presented here. Lean
4 body mass might increase, and that probably accounts
5 for the fact that weight doesn't change significantly
6 in these studies.

7 Importantly, from this patient's
8 perspective, the improvement in body image, using a
9 validated reported outcomes tool, as noted in the
10 study, showed a decrease in belly appearance distress,
11 the belly profile, and the body appearance distress,
12 and importantly, improvement in health-related quality
13 of life. It correlates with the decrease in VAT.

14 When we looked at safety, and this you have
15 to explain to the patient, as well, SAEs are rare and
16 didn't appear to occur more frequently in tesamorelin-
17 treated patients. There are GH-related AEs and
18 injection site reactions that definitely could occur
19 and the patients would have to be made aware of this,
20 but most of these were mild to moderate.

21 There was a relatively low incidence of
22 hypersensitivity reactions, 3 percent. These

1 typically resolve quickly and, fortunately, none of
2 them were of an anaphylactic type. And the anti-
3 tesamorelin antibodies and NABs that you heard
4 described a few slides ago did not appear to impact on
5 efficacy or safety.

6 IGF-1 levels, as has been detailed, did
7 increase. It's an efficacy, as well as a safety
8 measurement; 36 percent of the patients had an IGF SDS
9 score greater than 3. This decreased at 52 weeks to
10 23 percent, and that did not seem to be as a result of
11 dropouts.

12 However, and importantly, there appears to
13 be no association between the overall AEs or cancer,
14 although the numbers of patients, obviously, exposed
15 here are relatively small.

16 In terms of glucose metabolism, fasting
17 glucose and two-hour postprandial did not increase
18 significantly. There was a small increase in
19 hemoglobin A1C of .14 percent, but these, on average,
20 were still well within the normal range.

21 Relative to placebo, when the categorical
22 analyses were done, there was an increase in

1 prevalence of diabetes in the tesamorelin-treated
2 patients, which ranged from 1.4 to 3.2 percent,
3 depending upon what criterion you used for diagnosing
4 diabetes, whether it was based on a glucose
5 measurement or on hemoglobin A1C. And in patients who
6 continued treatment for 52 weeks, the prevalence of
7 diabetes appeared to decrease or at least it didn't
8 increase significantly.

9 So in conclusion, I think that tesamorelin
10 has a favorable benefit-to-risk profile when it's used
11 to induce and to maintain a reduction of excess
12 abdominal fat in HIV-positive patients with
13 lipodystrophy. And thus, we have clinical data
14 available that would allow an effective discussion
15 about this potential therapy between physicians and
16 appropriately selected patients.

17 Importantly, in terms of reassurance, there
18 is a risk management plan that's been proposed, which
19 is addressed at decreasing any potential risk through
20 a REMS program, a controlled distribution system, and
21 a long-term observational study, in particular,
22 focused on cancer.

1 So I would conclude that in appropriately
2 selected -- and I would emphasize that -- and closely
3 monitored patients, tesamorelin treatment represents a
4 unique option for the effective treatment of excess
5 abdominal fat in HIV-positive patients with
6 lipodystrophy.

7 Thank you.

8 DR. BURMAN: Thank you very much.

9 I believe that concludes the sponsor's
10 presentation. It's 9:30, about, and we're going to go
11 until 10:00 before we take a break. And so we have a
12 half-an-hour for questions to the sponsor from the
13 committee members. Please raise your hand and we'll
14 take down a list.

15 We'll take Dr. Molitch first and then move
16 on.

17 DR. MOLITCH: Thank you. I have a question
18 for either Dr. Grinspoon or Dr. Schambelan. The
19 benefit that is seen with visceral adiposity, it's
20 projected that that's sort of a surrogate outcome for
21 long-term cardiovascular benefit, if I understand
22 correctly.

1 So I'd like to ask them what they think is
2 the mediator between the VAT and the long-term
3 cardiovascular benefit.

4 Is it the insulin resistance that is
5 correlated with VAT? Is it the dyslipidemia that is
6 correlated with that?

7 So if, in fact, those are the two major
8 areas that sort of mediate that long-term
9 cardiovascular adverse outcome, what do we say with
10 this medication that's being proposed, where, in fact,
11 there's no benefit in insulin resistance? And, in
12 fact, there's a worsening of glucose tolerance. And
13 the only benefit I saw with lipids was a reduction in
14 triglycerides.

15 So can we project the long-term
16 cardiovascular benefit as a result of looking at those
17 two changes in triglycerides and increase in glucose
18 intolerance?

19 DR. MARSOLAIS: I'd like Dr. Grinspoon to
20 address the question, please.

21 DR. GRINSPOON: That's a good question.
22 Thanks very much. Let me start, first, before we get

1 to this, with a slide relating hemoglobin A1C to VAT.
2 Slide up, please. One thing that was not presented,
3 but I thought would be interesting for you to see vis-
4 a-vis your question, is that although there was a
5 slight increase in hemoglobin A1C, we were very
6 pleased to see that, in fact, the more that the VAT
7 went down, the more the hemoglobin A1C went down.

8 So even though there was a slight increase
9 in A1C, we postulate that the direct effects on VAT
10 are net-net having an effect, particularly among the
11 responders, and we were very pleased to see that.

12 Can I go back to the other slide, please?
13 Slide up. So let me get back to your other question,
14 which is why do we anticipate this to have a positive
15 effect on cardiovascular disease?

16 One, I think, as I mentioned, with long-term
17 treatment, I think that you'll have further
18 significant reduction in VAT and not an aggravation of
19 glucose intolerance. And in fact, with even long-
20 term, more long-term therapy and taking out patients
21 who are non-responders, you have the responders
22 continue on treatment, you may even have improvement

1 in insulin. That remains to be seen.

2 But you also have significant improvements
3 on a number of other cardiovascular risk factors. So
4 let's talk about triglycerides. Triglycerides improve
5 more in the tesamorelin-treated patients than placebo,
6 particularly in the combined analysis.

7 The triglycerides improved in association
8 with the VAT. So I didn't show you that slide, Dr.
9 Molitch, but there is a clear association between the
10 reduction in VAT and the improvement in triglycerides.

11 Number two, the more the triglyceride level
12 was elevated at baseline, the more the triglyceride
13 improved. So we're taking it from a very high level
14 down to a more reasonable, but not perfect, level.
15 The treatment of triglycerides is very, very
16 inadequate in this population. You may not be used to
17 it, but 50 percent were on lipid-lowering therapy, and
18 we're very pleased to say that the reduction was even
19 greater among the people on lipid-lowering therapy
20 than not. And I can show you those data, if you're
21 interested.

22 We think that the reduction in triglyceride

1 of 12.3 percent, or 43 milligrams per deciliter, among
2 a group with stubborn elevated levels is quite
3 significant, and that may contribute to improved
4 cardiovascular risk.

5 Getting further to your question, the
6 patients also experienced a reduction in waist
7 circumference. This is a really important point.
8 Over 52 weeks of treatment, the reduction in waist
9 circumference was 3.2 centimeters.

10 If you remember the graph of Pischon, et al,
11 and you can imagine it coming down in that graph by
12 3.2 centimeters, you would say, in the general
13 population in a study that reduced waist circumference
14 3 centimeters, that's an improvement in cardiovascular
15 risk.

16 We think that it may be potentially even a
17 greater improvement in cardiovascular risk, because
18 the reduction in waist circumference is primarily
19 comprised of visceral fat, not lack of subcutaneous --
20 not reduction in subcutaneous fat. Again, those are
21 all speculative, but we think those could contribute.

22 Finally, there were significant improvements

1 in adiponectin, as was shown. So inflammatory markers
2 are improved.

3 So we think that the preponderance of
4 evidence, though not direct, for sure, and I
5 completely agree with you, would suggest that things
6 are moving in the right direction. And I think that
7 the reduction in triglyceride, the potential
8 amelioration of insulin resistance over time, the
9 reduction in waist circumference, the improvement in
10 inflammatory markers may lead the way in this regard.
11 Clearly, things are moving in the right direction.

12 Lastly, you might say, "Well, you have to
13 balance this versus the increase in glucose," and
14 we're very, very much aware of that, completely and
15 utterly aware of that situation. And we proposed in
16 the REMS that those who develop diabetes, that small
17 percent, 2 to 4 percent, however you want to define
18 it, be removed from treatment with this drug.

19 So we think that when you remove those
20 patients and you have the net benefits in visceral
21 fat, triglyceride, waist circumference, adiponectin,
22 triglyceride -- for this specific patient population,

1 you're improving their cardiovascular risk.

2 Moreover, you're also making them feel
3 better, which is a critical component of this. That
4 would be my answer.

5 DR. BURMAN: Thank you. Dr. Cargill?

6 DR. CARGILL: Thank you. On slide 44, we're
7 given information about the eligibility criteria and
8 we're also told about people who were excluded.
9 However, in the materials we were provided, we had
10 additional information about exclusion.

11 I wonder if you have it on a slide. I had a
12 specific question about one of the exclusion criteria.

13 DR. MARSOLAIS: Yes. We have a slide for
14 the exclusion criteria.

15 Do you have specific questions for them?

16 DR. CARGILL: Yes. The question was I
17 wanted to know about the estrogen that was noted. Was
18 it simply estrogen or was it combination oral
19 contraceptive, as well, to include progestin?

20 DR. MARSOLAIS: I don't have this
21 information with me at the moment, but maybe we can
22 get back to you right from the break and we'll have

1 the exact information for your response.

2 DR. CARGILL: Thank you.

3 DR. BURMAN: Before we go, I forgot to do
4 one thing and that is ask Dr. Rosen to introduce
5 himself for the record. Cliff?

6 DR. ROSEN: Cliff Rosen, endocrinologist,
7 Maine Medical Center.

8 DR. BURMAN: Thank you. And we do look
9 forward to that further answer later. Dr. Dobs?

10 DR. DOBS: The patient population that you
11 identified had the diagnosis of lipodystrophy
12 apparently for 4.5 years. So my question is, how
13 consistent is that diagnosis.

14 I assume that was by self-report, but in
15 defining the population, how often do people go in and
16 out of the diagnosis? And related to that is you used
17 an 8 percent reduction in VAT as your outcome measure.
18 I know that was agreed upon. But what is the
19 biological rationale for that particular number?

20 DR. MARSOLAIS: I would like to ask Dr.
21 Grinspoon to address the question, please.

22 DR. GRINSPOON: I'll start with the easier

1 of the two questions. The easier of the two questions
2 -- may I have the slide from the MACS cohort? I think
3 you're familiar with the MACS cohort.

4 So the question is how often do they go in
5 and out of lipodystrophy or, I could maybe paraphrase
6 it -- slide up, please -- do they continue to have
7 lipodystrophy, the patients.

8 So let me say, before I get to this slide,
9 remember, as Dr. Marsolais said, that patients had to
10 have a high waist circumference, evidence of abdominal
11 hypertrophy in the context of antiretroviral therapy.
12 And the vast majority demonstrated some other
13 abnormality, be it lipoatrophy or anything.

14 So we think these are truly lipodystrophic
15 patients, not simply obese. The mean BMI was 29. It
16 wasn't in the obese category. So we really think we
17 identified a lipodystrophic population.

18 The data I'm showing you here are from Todd
19 Brown and these data show that comparing HIV-negative
20 patients, HIV-positive patients without lipodystrophy,
21 and HIV-positive patients with lipodystrophy, on the
22 right -- those who have lipodystrophy continue to have

1 an increase in waist circumference over time followed
2 longitudinally, which we think suggests that the
3 problem remains.

4 It certainly is not going the other way in
5 the vast majority of patients. So that's the easier
6 of the two questions.

7 How the FDA came up with 8 percent is,
8 arguably, somewhat arbitrary, I must say. I think
9 from studies of weight loss and BMI, there's 5 percent
10 issues and then 10 percent is very good. I think that
11 there are no hard data, we acknowledge that, directly
12 linking reduction in VAT to CVD events. We
13 acknowledge that.

14 So, therefore, when you're charting new
15 territory, it's a little bit hard to come up with the
16 exact right cutoff. So 8 percent, to the agency and
17 to us, seemed a reasonably significant cutoff, between
18 5 and 10, which would seem to have clinical benefit.

19 Indeed, we are happy to see that the change
20 in VAT was perceived to have a benefit by the patient.
21 In other words, they felt better about themselves with
22 that degree of reduction in VAT, and it was also

1 associated with improvement in triglyceride, et
2 cetera.

3 So I think that we're a little bit in
4 uncharted territory in terms of the exact percent you
5 would want to have VAT reduced. We easily met the 8
6 percent the agency required of us.

7 Should the bar have been higher? I don't
8 know. We probably could have met an even higher bar.
9 As Dr. Marsolais said, we were approximately twice as
10 high over 52 weeks.

11 DR. BURMAN: Thank you.

12 We have six questions we'd like to get to in
13 20 minutes. So please keep your questions succinct
14 and your answers succinct, as well.

15 Dr. Thomas?

16 DR. THOMAS: What I'd like to know is when
17 you look at the patients who have normal glucose
18 tolerance, impaired glucose tolerance or diabetes,
19 what's the conversion from normal to impaired or to
20 diabetes, from impaired to either normal or diabetes,
21 and then diabetes back to impaired or normal?

22 I especially would like to know what that is

1 in the 52-week study that stayed on treatment for the
2 entire 52 weeks to kind of have an estimate on what
3 the annualized rate of conversion is so you can
4 compare that to other populations that have impaired
5 glucose tolerance.

6 The second thing is, is there any mention of
7 family history in relationship to that that may
8 underscore those who are at highest risk? And third
9 is people with normal or even impaired glucose
10 tolerance have a risk for retinopathy and growth
11 hormone is related to retinopathy.

12 So were there any measurements of endoscopy
13 that were compared serially over the study?

14 DR. MARSOLAIS: I would like to ask Dr.
15 Soulban to address the question, please.

16 DR. SOULBAN: So to address your first
17 question, which is in different categories, those
18 moving from normal into IGT and diabetes, and also,
19 the reversal of some of those effects.

20 So this is for the zero to 26 weeks. And
21 I'll walk you through this data, because this table is
22 a little complicated. On the very left side, you will

1 see what the patients were at baseline. So you'll
2 have the first row-normal, the second row-IFG/IGT, and
3 the third row-diabetes.

4 So in the tesamorelin group, you'll see, for
5 that specific subpopulation of 197 patients that were
6 normal at baseline, 28 percent moved into the IFG/IGT
7 of that subgroup, and 1.5 percent moved into the
8 diabetes subgroup.

9 You'll note, continuing along the line, that
10 it's 26 percent for placebo that move into the IFG/IGT
11 category and 1.9 percent into the diabetes category.
12 Going one row down, patients that started at IFG/IGT
13 at baseline, again, for tesamorelin, it's 153 patients
14 at the start. The yellow colors are showing
15 deterioration. The pink or purple colors are showing
16 improvements.

17 So you move from IFG at baseline. You have
18 13 percent that move into diabetes and tesamorelin in
19 that subcategory. If you keep going along the line,
20 for placebo, you see that 15.4 percent in the placebo
21 subgroup that were IFG to begin with also move into
22 the diabetes subcategory.

1 Looking at the purple that's highlighted on
2 that line, those that started IGT in the tesamorelin
3 group, approximately 22 percent returned to normal.
4 And, in the placebo group, approximately 31 percent
5 returned to normal.

6 Going down to the third line, we had
7 approximately 20 patients that started off as diet-
8 controlled diabetes, according to this definition, and
9 out of the 20, 7 returned back to an IFG/IGT category
10 and 3 returned back into a normal category with
11 tesamorelin.

12 Similarly, when you look at the placebo
13 patients, you have 7 that returned into an IFG/IGT
14 category and 2 that come back into a normal category.
15 So as you can see here, there's quite a bit of
16 fluctuation in the groups.

17 You do have patients that move one way, but
18 you have patients that move the other way in both
19 groups, in the tesamorelin, as well as the placebo.

20 I think your question also asked about long-
21 term for the 52 weeks.

22 Am I correct?

1 Slide up, please.

2 DR. BURMAN: If you would, please be
3 succinct, because we could also ask for these slides
4 to be sent out, which we will, so we could look at
5 them.

6 DR. SOULBAN: Okay. So I can stop there.
7 No? Continue? I'm sorry.

8 DR. BURMAN: Please, give an answer you
9 think is appropriate, but succinctly.

10 DR. SOULBAN: Okay. So for the extension,
11 note the smaller numbers in the extension, because
12 patients are re-randomized into the T-T and to the T-P
13 group. You see a similar fluctuation over time, with
14 patients also improving in the IFG categories, in the
15 T-T, the long-term group, and patients also improving
16 in the diabetes categories, having 8 out of 10
17 patients improving in that category.

18 So there are fluctuations over time. But
19 overall, for the 52-week period, we see, more or less,
20 more stabilization compared to the zero to 26 weeks.

21 DR. BURMAN: Thank you.

22 I think those are important issues. Maybe I

1 could ask for those two slides to be -- made copies of
2 and handed out to the panel, if that would be no
3 problem for the sponsor.

4 Ms. Swan?

5 MS. SWAN: I have a couple questions about
6 the VAT itself. How quickly does it return in people
7 who discontinue tesamorelin? And have any of the
8 increases exceeded the pretreatment levels in any
9 patients who discontinued? Thank you.

10 DR. MARSOLAIS: We're looking at the moment
11 for the CT scan. We have an assessment at week 13.
12 This is the first assessment after the stop of
13 treatment.

14 What we have on this slide, we can see that
15 if we are looking at the orange bar, by week 26, this
16 is where we have the maximum decrease in VAT. And by
17 week 13, you can see that patient or the VAT of those
18 patients that had decreased initially returned to
19 almost their normal baseline value by week 13. They
20 regain about 80-85 percent of their VAT.

21 Regarding the return to the -- see if
22 they're exceeding. This is the average that we have.

1 I don't have the distribution by patients specifically
2 for the return of VAT to see if some are exceeding.
3 But on average, they are returning to their baseline
4 value.

5 DR. BURMAN: Thank you.

6 Dr. Veltri?

7 DR. VELTRI: I'd like to have someone
8 address, again, the correlation or perspectives in
9 regard to cardiovascular risk. Three quick questions.
10 Number one, do we really have a good sense of what's
11 happening with the lipoproteins here? Obviously,
12 there's some effect on triglycerides, but there's a
13 little discordance between the two studies. There's
14 no mention of LDL cholesterol or some of the other
15 lipoprotein. Has that been studied more specifically?

16 Secondly, another major risk factor is blood
17 pressure. I may have missed it, but is there any
18 effect up or down in systolic and diastolic blood
19 pressure in these patients?

20 Thirdly, probably the most validated
21 biomarker, pro-inflammatory biomarker, is CRP and I
22 notice that, on average, it's around 4.5 milligrams

1 per liter in the group, but there was no effect either
2 up or down.

3 What do you think about that? Is that good,
4 is that bad, or is that indifferent?

5 DR. MARSOLAIS: I will ask Dr. Grinspoon to
6 address the question, please.

7 DR. GRINSPOON: I'm sorry. Let's start with
8 the third one, CRP. Remind me of the question again.
9 CRP did not change significantly. It trended
10 favorably in the tesamorelin group versus the placebo.
11 It went down in tesamorelin and up to the same degree
12 in placebo.

13 But due to the very significant variability
14 of this in this patient population, it does not reach
15 significance. So it's, again, moving in the correct
16 direction, but not statistically significant in
17 contrast to others, like adiponectin, TPA, PAI-1R.

18 So when you look at the preponderance of the
19 inflammatory markers, we think, in general, they're
20 moving in the right direction. But you're right. CRP
21 did not reach statistical significance.
22 Unfortunately, CRP was only measured in the first

1 study.

2 I think that if we had the second study and
3 could have combined the data, we would have shown a
4 positive effect on CRP. That's a little point to
5 remember.

6 Sorry. The first two questions? I'm sorry.

7 DR. VELTRI: Blood pressure.

8 DR. GRINSPOON: I do not believe there was a
9 change in blood pressure. It didn't go up, didn't go
10 down. It was just a vital sign measure for safety.

11 DR. VELTRI: On lipoproteins, LDL
12 specifically, are other analyses more specific to
13 lipoproteins?

14 DR. GRINSPOON: Yes.

15 Can I have the forest plot of the combined
16 data, please?

17 These are the data that we have. So zero
18 being the line, the vertical line, you can see, in the
19 combined data analysis, there is a minor, but
20 significant effect on total cholesterol and the
21 important non-HDL cholesterol. We don't have data on
22 LDL.

1 There's also a very close to significant
2 increase in HDL, but these are relatively small. In
3 contrast, there is, I think, a fairly significant
4 almost 40 milligram per deciliter decrease in
5 triglyceride.

6 Slide up, please. These are the data on LDL
7 and you can see that there is not a significant effect
8 by week 26 in the LIPO-010. There tends to be a trend
9 toward an effect in the second study, but it did not
10 reach significance.

11 So overall, we have an improvement in non-
12 HDL, an improvement in total cholesterol, an
13 improvement in triglyceride, and a borderline
14 improvement in HDL, without an improvement in LDL.

15 You asked about lipids. This is another
16 important way to look at it. So we broke the results
17 down into patients overall, and this is triglyceride.
18 You've seen this before. But the second line is no
19 lipid-lowering therapy, and the third line is
20 fibrates, the fourth line statins, and the fifth line
21 is fibrates and statins.

22 We think it's pretty impressive that you

1 have these types of reductions on triglyceride on
2 patients already on triglyceride-lowering therapy. We
3 are not claiming in any way, shape or form this is a
4 triglyceride lipid-lowering therapy, but it's
5 interesting to see that you see this in the context of
6 very heavily pretreated patients with very significant
7 lipid abnormalities.

8 We don't have more specific lipoprotein
9 particle size or anything like that. We could get
10 that in subsequent studies. But, hopefully, that
11 answered your question.

12 DR. BURMAN: Thank you. And you don't have
13 APOB either, I assume.

14 DR. MARSOLAIS: We have this information
15 only from the first study, in LIPO-010, and we didn't
16 see any significant difference.

17 DR. BURMAN: Okay. Thank you. We have
18 about 8 minutes, and we do have time in the afternoon
19 for questions to the sponsor, as well. We have four
20 people. I don't think we're going to get to them all.
21 But in order, Dr. Proschan first.

22 DR. PROSCHAN: I wanted to ask about --

1 there's been a suggestion in slides 19 and 20 that
2 this drug might improve adherence to ART. And I'm
3 just wondering, on 19, for example, it says 30 percent
4 of patients failed to maintain adherence and 60
5 percent of the non-adherent patients noted bigger
6 belly.

7 Maybe 60 percent of the adherent patients
8 also reported bigger bellies. So this doesn't help me
9 to say whether this is really suggesting that there
10 should be an adherence gain.

11 The other thing is that in slide 20, it
12 looks like losing central fat is also almost
13 significantly associated with increasing the risk of
14 not being adherent. So I wonder if you want to
15 comment on that.

16 DR. MARSOLAIS: Yes. Dr. Grinspoon will
17 address the question for us here.

18 DR. GRINSPOON: You're right on both scores.
19 In terms of the first question, I think we presented
20 the APROCO data just as background. I think the more
21 important question is did it affect adherence in our
22 particular study.

1 In our particular study, the adherence was
2 very high, at 98 percent. The reason this is true is
3 because these are interested patients in a research
4 study. So you could imagine that's higher than what
5 you see perhaps in other natural history studies.

6 So we were at 98 percent and 99 percent of
7 the extension phase, and we were at such a high
8 adherence rate that we really weren't able to detect
9 any improvement beyond 98 or 99 percent.

10 So although we raised the issue, we had such
11 good adherence in our study anyway that we can't prove
12 to you that we improved adherence in this particular
13 study.

14 Now, regarding your second question, you
15 noted that it was almost significant, that loss of fat
16 in the abdomen. I think it's a bidirectional thing.
17 I think there are some patients who have very
18 significant lipoatrophy all over the place and there
19 are some patients we see out there who are diminishing
20 all over the place, and I think that they're
21 uncomfortable with how they look.

22 I think some people can't distinguish

1 between loss of fat in certain areas in the abdomen.

2 That's the best answer I can give you.

3 DR. BURMAN: Thank you. We have 5 minutes.

4 Dr. Rosen?

5 DR. ROSEN: A very focused question on IGF-
6 1. So about 25 percent of the subjects in the
7 extension study still have more than three standard
8 deviation increase in IGF-1. I want to know if you
9 have a slide showing the absolute values, as well as
10 the distribution, because the standard deviation for
11 the mean level is 124.

12 So there's wide variation across serum IGF-1
13 in the treated group, and it would be helpful for you
14 to define for me what the standard deviation is in
15 that laboratory, because it's clearly different
16 between the placebo subjects and the ones that were
17 treated. And who are those individuals that are in
18 the 3-SDS or even 2-SDS? Because I notice that
19 Esoterix did the lab reference assays, but they used
20 mean values age 17 to 40.

21 At 17, many of those individuals would be in
22 the 250 to 300 range, and clearly, that's not the

1 normal range for individuals with a mean age of 48.

2 DR. MARSOLAIS: Dr. Cohen will address the
3 question, please.

4 DR. COHEN: I'm Pinchas Cohen. I'm
5 Professor and Chief of Pediatric Endocrinology at
6 UCLA. And I'm a consultant to Theratechnologies on
7 matters related to IGF-1, which is an area I've been
8 studying for 20 years. I hold no stock in the
9 company.

10 As you can see here, first of all, the
11 absolute values of IGF-1 at baseline in both
12 tesamorelin and placebo groups are similar to the
13 general population, as assayed by Esoterix, with a
14 mean SDS score of minus 0.4

15 More importantly, however, you can see that
16 both at the baseline level of the placebo -- and in
17 the placebo group, the standard deviation score -- the
18 standard deviation of the SDS score is greater than 1.

19 In fact, if you look at the number of
20 placebo patients who have an SDS score greater than
21 plus 2, it's 5 at 26 weeks at the placebo group, and,
22 in fact, it was 6 percent at baseline in both the

1 tesamorelin and placebo groups.

2 This indicates that the HIV population
3 actually has a different distribution of IGF-1 levels
4 and that while the means are similar to the population
5 that was assayed by Esoterix, the variation is larger
6 and SD scores are themselves larger.

7 I think that, in fact, the number of
8 patients that were assayed in this study exceeds the
9 number of subjects that were measured by Esoterix by a
10 factor of at least 4, and this may represent a better
11 normative range, certainly, for the HIV population.

12 I also want to point out that you would
13 expect that only 2.3 percent of patients who are
14 untreated would be above plus 2 SDS and only 0.1
15 percent would be above plus 3 SDS. In fact, you can
16 see that in the placebo group, it's 5 percent for plus
17 2 and 2.5 percent for plus 3, which is why I believe
18 that Esoterix's plus 3 SDS, in fact, represents the
19 upper limit of normal of the HIV population.

20 I don't believe we have a slide of the
21 distribution of the absolute values.

22 DR. ROSEN: Can I just ask you, very

1 quickly, what that SDS is? What is the standard
2 deviation for us that you're using?

3 DR. COHEN: I'm sorry?

4 DR. ROSEN: When you talk about adjusting
5 for standard deviation, what number is that? What is
6 the standard deviation? Is it 48 nanograms per ml?
7 Is it 60? Is it 120? What is the standard deviation?

8 DR. MARSOLAIS: We can ask Diane Potvin to
9 address the question, please.

10 DR. BURMAN: In fact, if you could answer
11 that important question very quickly, and then we'll
12 take a break and we're going to come back this
13 afternoon on more of these issues.

14 DR. POTVIN: I'm Diane Potvin. I'm the
15 Director of Biometrics at Theratechnologies. So the
16 SDS really was taken from Esoterix by age group and we
17 had different age groups. It was up to 65 years old,
18 so we had different years, group, and gender. And we
19 subtract the mean and divided by the standard
20 deviations from this healthy population.

21 We can check what were the exact mean
22 values, because we do have them, but not on the

1 slides. So we can provide them to you.

2 DR. ROSEN: What I'm asking is, what do you
3 use for your standard deviation for the measurement,
4 because it's important for us to figure out exactly
5 where these subjects lie at 6 months and at 12 months.

6 DR. POTVIN: Standard deviation was really
7 different between the different categories. So we can
8 provide it to you.

9 DR. BURMAN: Please do, and we're going to
10 have time this afternoon to discuss that. I apologize
11 to Drs. Kumar and Goldfine, but we will get to your
12 questions this afternoon.

13 We will now take a 15-minute break. Panel
14 members, please remember that there should be no
15 discussion of the meeting topic during the break
16 amongst yourselves or with any member of the audience.
17 We will resume at 10:15.

18 (Whereupon, a recess was taken.)

19 DR. BURMAN: Why don't we get started?

20 We will now proceed with our presentation
21 from the FDA. I'd like to remind public observers at
22 this meeting that while this meeting is open for

1 public observation, public attendees may not
2 participate, except at the specific request of the
3 panel.

4 I'd like to invite Dr. Roman.

5 DR. TRAN: Also, we're trying to resolve the
6 heat or A/C in this room and we're going to leave the
7 doors open to get some air circulation. Thank you.

8 DR. ROMAN: Chairman Burman, members of the
9 committee, audience members, the purpose of my brief
10 presentation is threefold. First of all, I will
11 describe how Egrifta relates to the currently approved
12 drugs that act on the hypothalamic-somatotropic axis.

13 Next, I will make a few comments regarding
14 the endpoints that have been evaluated in the Egrifta
15 Phase 3 trials. And finally, I will highlight some of
16 the challenges that the agency is facing in
17 establishing an accurate risk-benefit analysis for
18 Egrifta when used for the treatment of VAT reduction
19 in HIV-infected patients with excess abdominal fat.

20 Egrifta is coming in the wake of several
21 drugs which have been approved with the mechanism
22 whose pharmacodynamic effects are initiated along

1 different sites on the hypothalamic-somatotropic axis.

2 The Rhodes study with growth hormone more
3 than half a century ago is pituitary growth hormone,
4 human growth hormone extract. It continued with
5 recombinant human IGF-1 and was followed by a close
6 relative of Egrifta, a growth hormone-releasing
7 hormone, and, more recently, by recombinant human IGF-
8 1.

9 As such, the experience that has been
10 accumulated with these products is expected to be
11 significant in understanding the benefits and the
12 potential adverse effects associated with Egrifta.

13 Many of these drugs share quite common
14 pharmacodynamic effects. For instance, as expected,
15 Egrifta and GHRH are very close. They share an
16 identical amino acid sequence and they differ by the
17 addition of a hexenoyl group at the N-terminal
18 tyrosine in the case of Egrifta, which makes it more
19 resistant to enzymatic degradation and expands its
20 half-life.

21 However, in vitro, both products have a
22 similar affinity to the growth hormone receptor, and

1 their basic mechanism of action is the same in terms
2 of activator of the growth hormone receptor in the
3 pituitary, followed by production and release of
4 growth hormone.

5 There is considerable pharmacodynamic
6 overlap between Egrifta and growth hormone. Both of
7 them result in growth hormone receptor activation and,
8 in one case, in the case of Egrifta, indirectly; in
9 the case of growth hormone, directly. And they both
10 initiate post-receptor events that are responsible for
11 the lipolytic and anabolic functions of these
12 hormones.

13 It should not be surprising, and we have
14 seen already from the sponsor's presentation, that the
15 adverse event profiles of Egrifta and growth hormone
16 share significant similarity. As such, the
17 considerable safety information that has been
18 accumulated with growth hormone over half a century,
19 in general, and over 25 years with recombinant human
20 growth hormone is relevant to Egrifta.

21 Moreover, growth hormone has been studied,
22 as indicated by Dr. Grinspoon, quite extensively in

1 patients with HIV and lipodystrophy over a range of
2 doses from physiological to supraphysiological. And
3 all that information certainly is useful.

4 Although drugs that act on the somatotropic
5 axis have similar pharmacodynamic effects, they have
6 been developed for different indications. For
7 instance, growth hormone has been initially developed
8 for the treatment of short stature in children and
9 subsequently as a physiological replacement in adults
10 with growth hormone deficiency.

11 It has also been approved for the treatment
12 of wasting, as well as for the treatment of short
13 bowel syndrome in pharmacological doses.

14 GHRH was initially approved as a diagnosis
15 and for a test for growth hormone deficiency, and
16 subsequently, as a therapeutic agent for the treatment
17 of pediatric idiopathic growth hormone deficiency.
18 Recombinant human IGF-1 was approved for the treatment
19 of an orphan indication, primary IGF-1 deficiency,
20 which is an umbrella term for Laron syndrome and Laron
21 syndrome-like phenotypes.

22 Egrifta is seeking a new indication,

1 induction and maintenance of VAT reduction in HIV-
2 infected patients with lipodystrophy. There are no
3 drugs approved for this indication to date. The
4 agency has reviewed the growth hormone application by
5 Serostim, as has already been indicated, for this
6 indication, but the indication was not granted to the
7 manufacturers of Serostim.

8 The main reason has been the increase in
9 insulin resistance that has been observed at the
10 pharmacological doses that were evaluated, 4
11 milligrams daily and 4 milligrams every other day.
12 And it is well known, as we all know, insulin
13 resistance in itself is a cardiovascular risk factor.

14 Although the indication was not approved,
15 the information regarding the Serostim clinical trials
16 has been added to the Serostim label to inform
17 practitioners about the safety issues that may be
18 associated with this particular dose regimen.

19 I would like to move next to the second
20 objective of my presentation and discuss a little bit
21 the efficacy endpoints that were evaluated in the
22 Egrifta Phase 3 pivotal trials. VAT was the primary

1 endpoint, and the trials were powered to demonstrate
2 an 8-percent superiority to placebo.

3 The 8 percent number -- and it came up in
4 discussion previously -- was a compromise of two
5 different numbers. On one hand, the observed
6 therapeutic effect on VAT reduction that growth
7 hormone has shown at the time of the planning of the
8 Egrifta Phase 3 trials. On the other hand, the 5
9 percent, which was, at the time, the threshold that a
10 draft guidance for development of anti-obesity drugs
11 recommended for drugs that seek approval for an anti-
12 obesity indication.

13 The 5 percent benchmark is, as I said, the
14 minimum and is also based on observations that have
15 been made in obese patients, in non-HIV obese patients
16 who follow lifestyle modifications. And in those
17 cases, a 5 percent weight reduction, according to some
18 data, was associated with benefits on insulin
19 resistance, on dyslipidemia, and on blood pressure.

20 Therefore, this number should not be
21 extrapolated to any other indication, even as a
22 minimum, without a critical look at these variables.

1 The Egrifta Phase 3 trials included
2 triglycerides and cholesterol as secondary endpoints,
3 all metabolic biomarkers with cardiovascular
4 implications, as well as patient-related outcomes
5 related to patients' perception of abdominal size and
6 distress associated with it. IGF-1 was also a
7 secondary endpoint.

8 Body composition endpoints, such as lean
9 body mass, total trunk fat, were relegated as
10 additional endpoints. A special mention is deserved
11 about waist circumference, because we heard a lot
12 about it in the morning session, and it is
13 particularly important, because it has correlated with
14 VAT, in general, in patients with HIV and
15 lipodystrophy and, as was indicated earlier, with risk
16 of an increased mortality in obese patients with
17 increased waist circumference.

18 Now, I would like to make a couple of
19 comments about VAT and cardiovascular risk reduction.
20 The agency has not approved any drug for any
21 indication on the basis of VAT reduction as a primary
22 efficacy endpoint, and the agency is not aware of any

1 pharmacological intervention trial that clearly
2 establishes that VAT reduction lowers cardiovascular
3 risk in HIV-infected patients with lipodystrophy or in
4 any other population, for that matter.

5 In addition, the agency has to judge the
6 cardiovascular benefits of VAT reduction in the
7 presence of, A, a glucose metabolism deterioration
8 that has occurred at least in a subset of patients,
9 and, B, modest reductions in metabolic biomarkers or
10 other endpoints who have cardiovascular relevance.

11 To be a little bit more specific, the
12 triglyceride reduction effect was relatively modest
13 and reached statistical significance only in one
14 trial. Similarly, the changes in cholesterol tend to
15 be relatively small and reached statistical
16 significance in only one trial.

17 The waist circumference reduction showed a
18 fairly small effect by 6 months, only 1.5 centimeters
19 relative to placebo at 6 months, and no placebo
20 comparison for the data at 12 months. Finally, there
21 were no changes in mean blood pressure between Egrifta
22 and the placebo, although blood pressure was not an

1 efficacy endpoint.

2 A few words about Egrifta and safety. As we
3 had seen before, due to the pharmacological or
4 pharmacodynamic overlap between Egrifta and growth
5 hormone, it shouldn't come as a surprise that they
6 share a lot of adverse events in common. However,
7 there are two safety issues which, in our view, are
8 emerging from the Phase 3 clinical program.

9 One is the worsening in glucose profile,
10 with evidence of pre-diabetes progressing to diabetes
11 on a subgroup of patients. And second is you already
12 discussed excessive IGF-1 levels that are seen in
13 association with the fixed dose regimen that was
14 employed in the Phase 3 programs. That is a regimen
15 that does not allow titration in patients who reach
16 such high levels.

17 This is of additional significance, because
18 HIV-infected patients tend to have a higher background
19 risk of non-AIDS defining malignancies.

20 In a few instants, Dr. Ali Mohamadi will
21 present the efficacy and safety analysis of the FDA.
22 As you listen to his presentation, I ask you to be

1 aware of the following issues that are concerns for
2 the agency, and these are issues that will be
3 reflected in the agency's questions at the end of Dr.
4 Mohamadi's presentation.

5 We are trying to find out from you, what is
6 your opinion about the clinical relevance of VAT
7 reduction with Egriffta in the HIV population with
8 respect to cardiovascular risk reduction and patient-
9 perceived benefits.

10 In addition, what is the significance of
11 findings of glucose intolerance and the development of
12 diabetes associated with Egriffta therapy and its
13 impact on long-term cardiovascular risk?

14 Finally, what is the significance of the
15 IGF-1 increase that has been associated with Egriffta
16 therapy and how it will impact patients who will use
17 Egriffta chronically, because what we have seen this
18 morning, the discontinuation of the Egriffta treatment
19 is associated with a reduction in both VAT effects and
20 IGF-1 effects. And therefore, the treatment is
21 expected to be chronic.

22 Thank you for your attention. And let me

1 introduce to you Dr. Ali Mohamadi, who is the primary
2 medical reviewer for the Egrifta application.

3 DR. MOHAMADI: Thank you, Dr. Roman. Thank
4 you to the sponsor. Thank you to the members of the
5 public who have joined us.

6 Members of the committee, over the next
7 hour, I plan to deliver a data-driven assessment of
8 the items related to Egrifta that the agency has
9 identified as being particularly meaningful for your
10 consideration.

11 I plan to start very briefly with the trial
12 overview and a description of the patient population,
13 followed by an in-depth look at the efficacy findings.
14 I'll move on and focus the majority of the talk on the
15 safety findings and, in particular, three that the
16 sponsor has already discussed, including IGF-1,
17 glucose metabolism, and immunogenicity. And I hope
18 that by the end of this talk, I'll have presented the
19 information that is relevant and necessary for the
20 committee to make an informed decision and discussion.

21 As has been mentioned a couple of times
22 already, but I think warrants repetition, the sponsor

1 has proposed the following indication for Egrifta:
2 the induction and maintenance of a reduction of excess
3 abdominal fat in HIV-infected patients with
4 lipodystrophy.

5 Dr. Marsolais very nicely went over the
6 clinical development program already. I don't mean to
7 belabor the actual scheme of the main phase and
8 extension phase trials, but a couple of points of
9 importance.

10 First, this discussion, especially as
11 pertains to efficacy, but in sum, is going to focus on
12 the main phase studies, which I will refer to as Study
13 10 and Study 11. As you know, there was 2:1
14 randomization in this study for tesamorelin versus
15 placebo.

16 The second point I'd like to make is when
17 discussing efficacy, in particular, I plan on
18 discussing the individual trials separately. As has
19 already been discussed, the scheme for both of these
20 plans and the protocols are identical. The patient
21 populations are identical, and, therefore, we believe
22 that the results should be reproducible.

1 In terms of the patient population, as
2 already presented, HIV-positive males or females, aged
3 between ages 18 and 65, who were on stable
4 antiretroviral therapy for at least 8 weeks. The
5 waist circumference criteria included males requiring
6 a waist circumference at or greater than 95
7 centimeters, with a waist-to-hip ratio at or greater
8 than .94, and females with a waist circumference of at
9 or greater than 94 centimeters, with a waist-to-hip
10 ratio of greater than or equal to .88.

11 For entry, patients must have a fasting
12 glucose less than 150 milligrams per deciliter. This
13 allowed a subset of patients who are considered
14 diabetic to enter, but they may not have entered if
15 they were either on anti-hyperglycemic medications or
16 insulin. Therefore, they had to be diet-controlled
17 diabetics. Patients on growth hormone were excluded.
18 And patients, as you know, on stable lipid-lowering
19 agents were permitted.

20 Moving on to efficacy. As has been
21 previously mentioned, the primary endpoint for the
22 main phase studies was the percent change in visceral

1 adipose tissue after 26 weeks of treatment.

2 There were a number of secondary endpoints.
3 The ones that were protocol-defined included IGF-1, a
4 number of patient-reported outcomes, triglycerides,
5 and the total cholesterol-to-HDL cholesterol ratio.
6 Other endpoints that were assessed included body
7 composition and anthropometric measurements.

8 When discussing the primary endpoint, as has
9 been mentioned previously, what is considered by the
10 agency and the sponsor to be a clinically relevant VAT
11 decrease for these main phase studies was a difference
12 of 8 percent between tesamorelin and placebo. These
13 were based on recommendations from the Forum for
14 Collaborative HIV Research, which was convened in
15 2004.

16 I'm going to try and get the laser pointer
17 to work, although I'm at a tough angle. Okay. I'm
18 going to have to describe this, and I apologize.

19 This slide shows the percent change in VAT
20 from baseline to the end of the main phase, or week
21 26, in both main phase studies. A couple of points to
22 point out. For Study 10, which is represented in the

1 leftmost columns, the treatment difference between
2 tesamorelin and placebo using least square means by
3 week 26 was clinically significant, a 19.5 percent
4 decrease for tesamorelin versus placebo.

5 The difference, also, for Study 11 was
6 clinically significant of 11.7 percent VAT decrease by
7 the end of the main phase. As you can see, the week
8 13 data is included just to show that this change took
9 place rapidly and was sustained over the course of the
10 main phase.

11 I'm going to present a number of figures
12 that appear similar to this one. These are cumulative
13 distribution function curves, in this case, showing
14 the percent change in VAT at week 26 for tesamorelin
15 versus placebo. Again, I apologize for the lack of a
16 pointer. So I'll try and talk you through these.

17 As you can see, the curve on the left
18 represents Study 10. The blue curve is patients who
19 received drug. The red curve represents patients in
20 the placebo groups.

21 On the X-axis, we have the actual percent
22 change in visceral adipose tissue. And on the Y-axis,

1 you have the percentage of patients who had that
2 corresponding VAT change.

3 So if you look on the X-axis in the leftmost
4 figure, where VAT percent change is zero, and work
5 your way up to where the zero line meets, for example,
6 the blue curve, you can see that approximately 80
7 percent of patients had at least or greater a decrease
8 in visceral adipose tissue than zero. In other words,
9 at least 80 percent of the patients had a negative VAT
10 change, which is a positive finding for this study.

11 Another thing to pay attention to in these
12 following slides for cumulative distribution function
13 is the separation between the curves. A greater
14 separation between the curves indicates a greater
15 treatment difference.

16 It's undeniable that both for Studies 10 and
17 11, there is a nice wide separation between the
18 tesamorelin group and placebo groups in terms of the
19 percent change in VAT at the end of the main phase.
20 In the boxes, you can see the p-values indicate that
21 both studies reached statistical significance.

22 As the sponsor has already mentioned, in the

1 extension phase, the decrease in VAT for patients who
2 received tesamorelin for a total of 52 weeks, or the
3 T-T group, was sustained, with a mean decrease of
4 about 17.5 percent when you pool the two studies
5 together.

6 In patients who were re-randomized to
7 placebo, in other words, received tesamorelin for 26
8 weeks and then were switched to placebo, re-
9 randomized, as you say, to placebo for 26 weeks, VAT
10 re-accumulated quickly and consistently. And by the
11 end of the 52 weeks, these patients had actually an
12 increase in VAT of .28 percent from their original
13 baseline.

14 These figures take a look at the time phase
15 of the way in which VAT percent changed from week zero
16 to 52 in the three different extension phase groups.
17 So, again, apologizing for the lack of a pointer, if
18 you look on the left, at Study 10, at the green curve,
19 those are patients who were in the T-T group receiving
20 tesamorelin for 52 weeks. These are completers only
21 for both of these.

22 In the T-T group, as you can see, by week

1 13, there was a rapid decrease in percent VAT by week
2 13, which continued to decline by weeks 26 and 39, and
3 plateaued and stayed steady by the end of the
4 extension phase.

5 Patients in red represent the P-T group,
6 patients who started on placebo and were re-randomized
7 to tesamorelin at 26 weeks. In Study 10, these
8 patients had a slight increase in percent VAT by the
9 end of the main phase, but when re-randomized to
10 tesamorelin, their percent VAT decreased at a rapid
11 and sustained rate over the course of the extension
12 phase.

13 The blue line represents patients in the T-P
14 group, which are those who started on tesamorelin for
15 the main phase and were re-randomized to placebo. As
16 you can see, there was a significant treatment effect
17 through 26 weeks and a rapid re-accumulation of VAT
18 after discontinuation of drug.

19 In general, although the overall magnitude
20 of change for patients on tesamorelin was somewhat
21 less in Study 11, the results were similar.

22 Moving on to the secondary endpoints.

1 Following the primary endpoint, there are actually a
2 total of 20 other endpoints that were evaluated by the
3 sponsor; 16 of these were non-PRO-related and 4 were
4 PRO-related.

5 Per protocol, the following endpoints were
6 considered secondary endpoints; patient-reported
7 outcomes, which included belly appearance distress,
8 belly size evaluation, and belly profile;
9 triglycerides; the total cholesterol-HDL cholesterol
10 ratio; and, IGF-1.

11 In actuality, as I said, after the primary
12 efficacy endpoint, the sponsor has evaluated a number
13 of other endpoints as part of the main phase trial
14 analysis. In order to establish a hierarchy for the
15 most clinically important variables and to conserve
16 Type I error, a gatekeeper approach was used, and it's
17 shown on this slide.

18 Basically, using this approach, the
19 treatment effect for the highest ranking secondary
20 efficacy endpoint needed to be proven in order to move
21 on to the next endpoint ranked below it. As a caveat,
22 in order for the first secondary endpoint to be

1 considered, VAT, the primary efficacy endpoint needed
2 to be proven to be statistically significant in terms
3 of the difference between drug and placebo. Clearly,
4 we've shown that that's not an issue.

5 This table depicts the rank order for
6 Studies 10 and 11, which, as you can see, are slightly
7 different. For Study 10, the PRO belly appearance
8 distress is the first endpoint as far as the
9 gatekeeper approach is considered, followed by
10 triglycerides, and then total cholesterol-HCL
11 cholesterol ratio.

12 For Study 11, the schema is slightly
13 difference, with belly appearance distress and
14 triglycerides being considered at the same time as the
15 first endpoint, followed by total cholesterol-HDL
16 cholesterol ratio.

17 At the request of the agency and as a purely
18 supportive analysis, non-HDLC was used for Study 11
19 and triglycerides were not ranked. The point of
20 putting together this gatekeeper approach was solely
21 for labeling purposes.

22 To start with the topmost ranked in the

1 gatekeeper approach, patient-reported outcomes were
2 done via questionnaires completed at randomization
3 week minus 4 and then zero, 26, and then the extension
4 phase, 52 or the end of trial, if that occurred prior
5 to week 52.

6 The secondary efficacy PROs, as I mentioned,
7 were belly appearance distress, belly size evaluation,
8 and belly profile, which was reported by the patient.
9 I mentioned in the gatekeeper slide that belly
10 appearance distress was the only one of these that was
11 considered in that ranking system. However, I'm going
12 to discuss all of them, because I believe the results
13 of all are important.

14 For belly appearance distress, in the
15 assessment system, essentially, a more positive change
16 at week 26 is associated with a better outcome. In
17 other words, if you look at Study 10, on the left, at
18 week 26, there was a net positive change of 11.6 for
19 patients in the tesamorelin group versus 6.2 in the
20 placebo group; and, for Study 11, a net positive 8.3
21 at week 26 for those in the treatment group versus 5.2
22 for those in placebo.

1 You may notice that there are two different
2 p-values for Study 10. Per protocol, in Study 10,
3 belly appearance distress was to be analyzed using a
4 parametric ANCOVA, and Study 11 per protocol was to be
5 analyzed using a non-parametric ANCOVA.

6 Following the end of Study 10's main phase,
7 the sponsor approached the agency to ask whether non-
8 parametric ANCOVA could be used for Study 10 instead.
9 The agency did not agree. So what we're showing here
10 on the left for Study 10 is the agency's or parametric
11 ANCOVA analysis, and on the right is the non-
12 parametric analysis.

13 For Study 10, the parametric analysis does
14 not reach statistical significance, whereas the non-
15 parametric analysis does. For Study 11, the non-
16 parametric analysis does attain statistical
17 significance.

18 This is a cumulative distribution function
19 curve for Studies 10 and 11 for belly appearance
20 distress. The reason that this is not as smooth a
21 curve is that these are discrete variables.

22 But as you can see, and especially in

1 comparison with the separation in the curves for VAT,
2 regardless of whether or not statistical significance
3 was reached, there is a much smaller separation
4 between the curves.

5 Belly size evaluation, again, was analyzed
6 in a similar fashion as belly appearance distress.
7 I've included the p-values for the parametric and non-
8 parametric analysis for Study 10. And I apologize
9 that in your handouts, the p-value by the parametric
10 analysis or, as it says, per FDA analysis, was
11 incorrectly put down as .075, when, in fact, it was
12 .75.

13 Regardless, for Study 10, either way that
14 these were evaluated, belly size evaluation did not
15 reach statistical significance in terms of the
16 difference between tesamorelin versus placebo, nor did
17 it for the non-parametric analysis in Study 11. These
18 are corroborated by the CDF curves, which, again, show
19 a very minimal separation between curves for
20 tesamorelin and placebo.

21 Finally, patient-reported belly profile was
22 considered more beneficial with a more negative value.

1 Using the parametric analysis or the non-parametric
2 analysis for Study 10, the difference between
3 tesamorelin and placebo can be considered
4 statistically significant. However, for Study 11,
5 using a non-parametric ANCOVA, the results are not
6 statistically significant.

7 These are the curves, again, demonstrating a
8 relatively small separation between tesamorelin and
9 placebo.

10 Moving on to the next ranked in the
11 gatekeeper analysis, triglycerides, and this table
12 shows the percent change from week zero to 26. We've
13 done this, as I mentioned, in terms of percentages
14 and, as you can see, in Study 10, the difference from
15 placebo, for tesamorelin versus placebo, is 18.3
16 percent decline for those in the drug group. In Study
17 11, there is a negative 3.4 percent decline in those
18 in the treatment group. This can be considered
19 statistically significant for Study 10, but not for
20 Study 11.

21 If you look at the CDF curves, irrespective,
22 again, of what the p-values are and in comparison with

1 the VAT curves, you can see that the separation for
2 Study 10, which is considered the statistically
3 significant result, is still relatively small; and, in
4 Study 11, there's barely any separation whatsoever.
5 This was not a statistically significant result.

6 The next secondary efficacy variable in the
7 gatekeeper approach was the total cholesterol-HDL
8 cholesterol change from week zero to 26. Similar to
9 triglycerides, the difference between tesamorelin and
10 placebo achieved statistical significance for Study
11 10, but not for Study 11.

12 Non-HDLc, as I mentioned, was used by the
13 agency as a supportive measure, as a secondary
14 variable. Again, similar to triglycerides and similar
15 to total cholesterol-HDL cholesterol ratio, the
16 difference was found to be statistically significant
17 for Study 10, but not for Study 11.

18 Finally, in terms of secondary efficacy
19 endpoints, IGF-1 change from week zero to 26. There
20 was a mean increase of 80 percent for patients in
21 Study 10 receiving the drug versus a mean decrease of
22 5 percent for those in the placebo group.

1 Similarly, in Study 11, there was a mean
2 increase of 88 percent for those who received drug and
3 a small increase in placebo of 5 percent. Both of
4 these treatment differences can be considered
5 statistically significant. If you look at the CDF
6 curves, you can see that these are more in line with
7 the separation seen for VAT change.

8 Other endpoints that were considered and
9 which I would like to discuss are endpoints
10 considering body composition, which included total,
11 trunk, arm, limb, and leg fat, subcutaneous abdominal
12 tissue and lean body mass, as well as anthropometric
13 measurements, which included waist circumference,
14 which we've heard a bit about today, hip
15 circumference, and waist-to-hip ratio.

16 This figure provided by our statistical
17 reviewer shows the least square means treatment
18 difference between drug and placebo for a number of
19 efficacy endpoints considering body composition.
20 Using VAT, at the top, which is the primary efficacy
21 endpoint, as a comparator, you can see that patients
22 have statistically significant decreases in both

1 studies for trunk fat, arm fat, and total fat. They
2 also had a statistically significant increase in both
3 studies for lean body mass.

4 As has been mentioned, it's important that
5 subcutaneous adipose tissue not be significantly
6 changed by the drug, and, as you can see, there was
7 not a statistically significant change in either study
8 between drug and placebo.

9 In terms of anthropometrics, as I mentioned
10 previously, waist circumference, hip circumference,
11 and waist-to-hip ratio have been assessed. In
12 particular, I'd like to discuss waist circumference,
13 which has been brought up on numerous occasions today.

14 As you can see, in both Studies 10 and 11,
15 the treatment difference between tesamorelin and
16 placebo was considered statistically significant.
17 This is at week 26. I'd like to point out that in
18 tesamorelin, there was a mean decrease of 2.6
19 centimeters at 26 weeks. And in placebo, there was
20 also a decrease, albeit smaller, of .8 centimeters,
21 making the treatment difference 1.8 centimeters over
22 26 weeks.

1 In Study 11, the treatment difference was
2 smaller. In the tesamorelin group, patients had a
3 mean decrease of 2.2 centimeters over 26 weeks versus
4 a mean decrease of .8 centimeters for placebo, a
5 treatment difference of 1.4 centimeters over 26 weeks.

6 Again, using the previous CDF curves as a
7 basis for comparison, these two studies, Study 10, on
8 the left, and Study 11, did demonstrate statistically
9 significant results. However, the separation between
10 the curves is rather modest.

11 In summary, for efficacy, two independent
12 Phase 3 trials do confirm that the effect of the drug
13 on decreasing VAT is greater than placebo at 6 months
14 and that these changes are sustained through 52 weeks
15 of treatment in patients in the T-T group.

16 Patients who were re-randomized to placebo
17 showed a rapid and sustained re-accumulation of VAT
18 and by the end of 52 weeks, after having been on
19 placebo for 26 weeks, their levels of VAT are close to
20 what they were at the baseline of the entire study.
21 But as has been alluded to previously, the
22 significance of this degree of VAT reduction on

1 cardiovascular risk is not entirely clear.

2 In terms of the secondary endpoints, the
3 findings are less consistent. If you look at the
4 individual studies, Study 10 has statistically
5 significant results for belly profile, the PRO,
6 triglycerides, total cholesterol, HDL cholesterol,
7 non-HDL cholesterol, and IGF-1. Study 11, on the
8 other hand, shows a statistically significant
9 difference for belly appearance distress and IGF-1.

10 For other endpoints, there is agreement
11 between the studies for the statistical significance
12 in decreases in trunk, total and arm fat, increases in
13 lean body mass, a decrease in waist circumference, and
14 a decrease in waist-to-hip ratio. But as shown by the
15 cumulative distribution function curves, the degree of
16 separation, the degree of difference between patients
17 receiving drug and receiving placebo is far less
18 marked in most of these, with the exception of IGF-1,
19 compared to VAT.

20 If I may move on to safety, as I mentioned
21 previously, there are three topics that I would like
22 to spend the majority of the time on. But first, I'd

1 like to talk about the topmost bullet, which includes
2 deaths, significant adverse events, discontinuations,
3 treatment-emergent adverse events, and cancer adverse
4 events.

5 Briefly, there were 10 deaths reported
6 through the entirety of the tesamorelin clinical
7 program in all trials. Four cases were in the pivotal
8 trials and 6 in the non-HIV non-pivotal trials. Among
9 these patients, 8 were receiving drug and 2 received
10 placebo.

11 Only one of these patients was considered to
12 have a death that was related to treatment, which was
13 a 49-year-old male who received tesamorelin in Study
14 11. This patient developed metastatic lung
15 adenocarcinoma after being on treatment for 95 days.
16 As a whole, it doesn't appear that there is a great
17 difference between tesamorelin or placebo in terms of
18 deaths.

19 Moving to nonfatal significant adverse
20 events, in the main phase studies, the proportion of
21 patients who had SAEs was similar in tesamorelin and
22 placebo groups. The numbers were also similar in the

1 extension phase when looking at patients who were on
2 tesamorelin for 52 weeks and those who were re-
3 randomized to placebo after 26 weeks.

4 Really, there's no specific pattern that one
5 can draw when looking at the significant adverse
6 events that were reported by patients in either the
7 tesamorelin group in the main phase or the T-T group
8 in the extension phase.

9 For both the categories of adverse events
10 that led to patient discontinuation and treatment-
11 emergent adverse events, the specific adverse events,
12 in general, can be categorized into three discreet
13 categories -- those that are clearly related to the
14 effect of growth hormone; those that are clearly
15 elated to reactions at the injection site; and, albeit
16 rarely, allergic or hypersensitivity reactions,
17 including rash or urticaria.

18 The sponsor has already kind of gone over in
19 good detail, I think, the discontinuations and the
20 reasons for discontinuation. Approximately a quarter
21 of patients in Study 10 who were treated tesamorelin
22 discontinued versus 16 percent of those in the placebo

1 group. And in Study 11, again, approximately a
2 quarter of patients who were on drug versus about 27
3 percent in placebo discontinued.

4 The percentages here don't show percentages
5 of all patients in these groups who had, for example,
6 adverse events as a reason for discontinuation.
7 Rather, slightly over 40 percent of patients receiving
8 tesamorelin both in Study 10 and slightly under 40
9 percent in Study 11 who discontinued had
10 discontinuations due to adverse events.

11 As the sponsor has already discussed,
12 approximately 10 percent of patients in the main phase
13 tesamorelin group had an adverse event that led to
14 discontinuation versus 6 in placebo. But when you
15 look at the extension phase, only 2 percent of
16 patients who were re-randomized to tesamorelin versus
17 4.4 percent of those who were re-randomized to placebo
18 had AEs leading to discontinuation.

19 In terms of adverse events as a whole, in
20 the main phase, there were similar proportions of
21 patients in tesamorelin versus placebo who developed
22 treatment emergent adverse events, and it's similar

1 when looking at the T-T group versus T-P group in the
2 extension phase.

3 The sponsor has gone over cancer adverse
4 events already. Briefly, as a whole, there was really
5 no specific pattern of cancers that differentiate
6 patients receiving drug versus those in the placebo
7 group. But as the sponsor already mentioned, the
8 limited duration of the study does limit the ability
9 to make a full risk assessment at this point.

10 Moving on to the adverse events that we have
11 determined that are of particular interest, we'll
12 start with IGF-1 and changes in IGF-1. So during the
13 main phase, as background, IGF-1 measurements were
14 performed at baseline and then weeks 13 and 26.

15 As has already been mentioned, the mean IGF-
16 1 standard deviation scores were within the low-normal
17 range for both the tesamorelin and placebo groups at
18 baseline. And in terms of the percentage of patients
19 who had standard deviation scores greater than 2, they
20 were similar, at about 6 percent for both groups.

21 Again, I'm sorry I don't have a pointer, but
22 what I would like to point out here in specific and

1 which already has been mentioned is the rise in terms
2 of the proportion of patients in the tesamorelin group
3 who developed standard deviation scores greater than 2
4 and greater than 3 at week 26. Again, about 47
5 percent of patients who received tesamorelin ended up
6 with a standard deviation score greater than 2. And
7 over a third, 35.6 percent, had a standard deviation
8 score greater than 3.

9 The week 13 numbers are shown to indicate
10 that this rise occurs rapidly, with the numbers
11 strikingly similar in terms of the standard deviation
12 scores at weeks 13 and 26.

13 As has already been discussed, in the
14 extension phase, IGF-1 measurements were performed at
15 the beginning, week 27, and then week 39 and 52. At
16 the beginning of the extension phase, the mean IGF-1
17 standard deviation score in the T-T group was 2.66,
18 and for patients in the T-P group, it was 2.29. By
19 week 27, about half the patients in both groups had
20 standard deviation scores greater than 2.

21 This is a similar table to the one I showed
22 a couple slides ago and it shows that in the T-T

1 group, as the sponsor has shown in their presentation,
2 by week 52, patients who remained on tesamorelin,
3 about 33 percent had SDS scores that were still above
4 2 and 23 percent with SDS scores above 3, whereas
5 patients who were re-randomized to placebo had a rapid
6 and sustained decrease in terms of their IGF-1 levels.

7 By week 52, patients in the T-P group, 5
8 percent had SDS scores greater than 2 and only 1
9 percent greater than 3. The trends in terms of the
10 decline in SDS scores based on this data seems to show
11 a steady decrease at week 39 to week 52.

12 This is data for completers only, showing
13 mean IGF-1 standard deviation scores over time.
14 Again, the green curves -- this has been broken down
15 into individual studies. The green curves represent
16 patients who were re-randomized at week 26 to
17 tesamorelin, to the T-T group. These patients, as
18 indicated in the previous table, had a rapid and
19 sustained increase in IGF-1 standard deviation scores
20 above 2 and close to 3 by week 26, and then a decrease
21 close to or below 2 by week 52.

22 Patients in blue, the T-P group, had an

1 increase in IGF-1 standard deviation scores by week 26
2 and then a rapid decline when re-randomized to
3 placebo. And conversely, patients who started on
4 placebo and were re-randomized to tesamorelin at week
5 26 had a rapid increase in IGF-1 standard deviation
6 scores at re-randomization.

7 The trends, in general, are similar for
8 Studies 10 and 11, with patients ending up at week 52
9 with slightly higher IGF-1 standard deviation scores a
10 little bit above 2 in the T-T and P-T groups.

11 When broken down by gender, the upper two
12 figures show males and the lower two show figures for
13 IGF-1 standard deviation scores over time. The take-
14 home message from this slide, briefly, is that males
15 compared to females did tend to have higher SDS
16 scores, on average, over time, with their ranges
17 ending up in Study 10 just below 2 SDS and just above
18 2 SDS in Study 11 versus females, who were closer to 1
19 at the end of Study 10 and about 1.5 at the end of
20 Study 11.

21 Something that hasn't been mentioned at this
22 point -- if it has, I apologize -- the percentage of

1 patients, the breakdown male to female was 85 percent
2 male and 15 percent female across all studies. So in
3 other words, when looking at the values in sum, you
4 have to take this into account.

5 In summary, for IGF-1, tesamorelin increased
6 mean serum IGF-1 above 2 standard deviation scores at
7 6 months and the effect was seen as early as 13 weeks
8 of treatment. As many as a third of tesamorelin-
9 treated patients had SDS scores after 52 weeks of
10 treatment, which, again, the numbers that I showed did
11 not take into account extension phase completers. It
12 remains to be seen what the effect is of that, and
13 discontinuation of tesamorelin undoubtedly resulted in
14 a decrease IGF-1 to baseline levels. Those were the
15 T-P patients.

16 The next adverse event of interest that I'd
17 like to discuss is glucose metabolism. Per protocol,
18 the applicant has supplied a number of different
19 definitions with which to make assessments of glucose
20 metabolism. These were based largely on the 2006 ADA
21 recommendations.

22 Of their definitions, we would like to stick

1 with definition one, which is the closest to,
2 actually, the most recent set of definitions put out
3 earlier this year. This includes an impaired glucose
4 tolerance being defined as fasting plasma glucose
5 between 100 and 125 or a two-hour OGTT with a value
6 between 140 and 199, and diabetes being defined as a
7 fasting glucose of greater than or equal to 126
8 milligrams per deciliter or a two-hour OGTT greater
9 than or equal to 200.

10 In addition, the 2010 ADA guidelines have
11 included hemoglobin A1C as a new screening tool for
12 the diagnosis of pre-diabetes and diabetes. We have
13 chosen to include these -- sorry -- we've chosen to
14 evaluate hemoglobin A1C levels of these patient
15 populations to see if there's any additional data that
16 can be gleaned.

17 The definitions from this year are as
18 follows. Patients with A1Cs between 5.7 and 6.4 are
19 considered pre-diabetic and patients with A1Cs greater
20 than or equal to 6.5 percent are considered diabetic.

21 Fasting blood glucose and A1C were not the
22 only two parameters that were studied by the sponsor.

1 To go through four in particular, as you can see from
2 the topmost rows, the mean change in fasting blood
3 glucose in patients on tesamorelin was an increase of
4 2.7 milligrams per deciliter over 26 weeks of
5 treatment versus an increase in the placebo group of
6 .7. This is not considered statistically significant.

7 For insulin and HOMA IR, the differences
8 between treatment group and placebo are also not
9 considered significantly different. For hemoglobin
10 A1C, the results are considered statistically
11 significant, but the mean changes are modest, with an
12 increase of .1 percent for patients receiving
13 tesamorelin versus a mean increase of .02 percent for
14 those in the placebo groups.

15 However, in our review of individual patient
16 data, what appeared, something that we would like to
17 follow a little bit more closely, are the trends in
18 blood glucose values and hemoglobin A1Cs, particularly
19 among patients who began in either the impaired
20 glucose tolerance or pre-diabetes range, depending on
21 whether you looked at fasting blood glucose or A1C.

22 What we're going to provide in the next

1 several slides is a more descriptive analysis of the
2 possibility that the drug may produce changes,
3 significant changes in baseline in these two
4 parameters. This is called shift analysis, where we
5 have defined a shift as any measurement that was
6 considered in a more severe category of glycemic
7 control than the patient's baseline measurement.

8 In other words, if a patient began using
9 hemoglobin A1C with normal glucose tolerance,
10 basically, let's say, with an A1C of 5 percent, and at
11 week 13, ended up with an A1C that was 5.9 percent,
12 which could be considered pre-diabetic, that is
13 considered a shift.

14 We are not considering in this analysis
15 downward shifts. And also, we are not considering a
16 shift of a large magnitude; for example, starting with
17 5, which is non-diabetic, and ending up with 6.7,
18 which is diabetic, multiple shifts. Any movement from
19 baseline to a higher value will be considered a shift
20 for the following assessments.

21 So looking at fasting blood glucose, in the
22 main phase, these were measured at baseline and then

1 weeks 6, 13, 19 and 26. We've categorized fasting
2 blood glucose in terms of the category of glucose
3 metabolism as per the sponsor's definition one, which
4 is anything less than or equal to 99 considered
5 normal; anything between 100 and 125 considered
6 impaired fasting glucose; and anything at or greater
7 than 126, diabetic.

8 As an example, if a patient started with a
9 weak serum fasting blood glucose of 98, which is
10 normal, and then had subsequent fasting blood glucoses
11 of 95, which is normal, 204, which is diabetic, then
12 back to normal for the next two, this is considered
13 one shift.

14 This table takes a look at the percentages
15 of patients in both the tesamorelin and placebo group
16 who experienced shifts over the 26 weeks of treatment.
17 We are only looking in this table and the following
18 slides at patients who had data collected at every
19 time point. In other words, if they missed a data
20 collection or it wasn't collected for some reason,
21 they are not included in this analysis.

22 As you can see, in the tesamorelin group, 49

1 percent of patient did not have any shifts whatsoever
2 from baseline. A higher percentage of patients, 60.8,
3 in the placebo group had no shifts. Looking downward,
4 the difference, this approximately 10 percent
5 difference is almost entirely made up by patients who
6 had three or greater shifts.

7 Patients receiving drug, approximately 17
8 percent of them had three or greater shifts versus 7.5
9 percent of placebo-treated patients who had three or
10 greater shifts. This indicates to us that there may
11 be a trend toward more sustained elevation of blood
12 glucose in patients on tesamorelin.

13 As another point of emphasis, in the
14 questions to the sponsor, there was a question that
15 was raised about the percentages of patients who start
16 in one category and shift upward or downward. I'll
17 show you different data or talk to you about different
18 data for A1C, but it bears noting that although for
19 patients who started in the impaired glucose tolerance
20 and moved to diabetes, the proportions at week 26 were
21 similar between tesamorelin-treated patients and
22 placebo-treated patients.

1 When you look particularly at weeks 13 and
2 19, there is about a 10 percent difference, higher for
3 patients in tesamorelin versus placebo. For example,
4 in week 19, about 11 percent of patients who started
5 with impaired glucose tolerance and received
6 tesamorelin moved to diabetes versus 3 percent of
7 patients who were on the placebo group.

8 It's difficult to explain why, at the end of
9 26 weeks, at that single time point, the numbers were
10 similar, at about 13 to 15 percent; but for each
11 preceding point, the tendency to shift was higher
12 among patients who received drug.

13 This slide takes a look at individual
14 patients who had shifts in fasting blood glucose at
15 any point during -- sorry -- at three or greater
16 points during the trial. What we're looking at here
17 in the two leftmost panels are trends of patients over
18 time. Each patient's individual value at each time
19 point is connected by a blue line. And remember that
20 this is a 2:1 randomization of drug to placebo.

21 As you can see, regardless of the
22 randomization, for fasting blood glucose, there does

1 appear to be a trend upward in patients receiving drug
2 to levels above 126 compared to placebo. We've also,
3 in the rightmost panel, added trend lines using
4 regression analysis, which shows that the slope for
5 patients who are receiving drug product, in blue, is
6 somewhat greater than that of those in the placebo
7 group. Again, these are only patients who had three
8 or greater shifts from baseline.

9 We did a similar analysis for hemoglobin
10 A1C, which was collected at weeks zero, 13 and 26 in
11 the main phase. Again, anyone with an A1C at or less
12 than 5.6 percent was considered to have normal A1C.
13 Patients between 5.7 and 6.4 were considered to be
14 pre-diabetic, and those with A1Cs at or greater than
15 6.5 percent-diabetic.

16 Again, not to belabor the point, but to
17 provide an example, a patient who, at week zero, had
18 an A1C that was normal at 5 percent and then
19 subsequent A1Cs of 5.9, which is considered pre-
20 diabetic, and 5.1, which, once again, is back to the
21 baseline normal level, was considered to have a single
22 shift.

1 This is a similar table to fasting blood
2 glucose, showing the percentages tesamorelin versus
3 placebo, the tendency of patients to shift and the
4 number of times that they would shift.

5 As you can see, in the tesamorelin group,
6 73.5 percent of patients did not experience any shifts
7 whatsoever, versus 83 percent in placebo. This
8 difference of approximately 10 percent seems to be
9 evenly distributed among patients who had one shift
10 and two shifts.

11 In a similar analysis to what I talked about
12 before and what was brought up by the sponsor, if you
13 look at patients who started in the pre-diabetes
14 category and, by the end of the main phase, shifted to
15 diabetes, approximately 25 percent of patients who
16 were defined as pre-diabetic by A1C shifted to
17 diabetes. This is in comparison to 11 percent of
18 patients who started with pre-diabetes in the placebo
19 group and shifted to diabetes.

20 This is a similar table to the one before,
21 showing individual patients and their A1C trends over
22 time. Again, we are only looking at patients in this

1 case who had data measured at all time points and,
2 also, in patients who had two shifts.

3 So looking at the far left, you're looking
4 at patients in the tesamorelin group. In the middle,
5 you're looking at patients in the placebo group. And,
6 to the right, you're looking at linear regression
7 curves, which, again, indicate a larger slope of the
8 curve in patients who were receiving tesamorelin
9 versus those who received placebo.

10 Based on this information, our statistics
11 team did an analysis specifically looking at patients
12 who had A1Cs in the diabetic range at any point of the
13 study. Basically, they wanted to compare the number
14 of patients who developed A1Cs at or greater than 6.5
15 percent during the main phase in drug versus placebo
16 group.

17 The upshot of their analysis, which I'll
18 show you in the next couple slides, is that
19 tesamorelin was found to be statistically
20 significantly different than placebo in terms of the
21 percentage of patients who developed diabetes after 26
22 weeks of treatment.

1 The initial analysis looked at all patients,
2 regardless of their initial baseline A1Cs. So in
3 other words, it included patients who started with
4 A1Cs in the diabetic range. When you removed the
5 patients who started with A1Cs in the diabetic range,
6 the results were similar and statistically
7 significant.

8 This table looks at the initial analysis,
9 which is all patients who had an A1C of 6.5 or greater
10 at any time point during the trial.

11 As you can see, when comparing tesamorelin
12 versus placebo for Study 10, the risk difference was 5
13 percent for patients receiving drug, with an odds
14 ratio of 7.9; for Study 11, individually, again, a
15 risk difference of 5 percent, with a slightly smaller
16 odds ratio of 2.6. And when you do an integrated
17 analysis, the odds ratio for all patients who
18 developed A1Cs 6.5 or greater was 3.6 for the drug
19 group, which was considered statistically significant.

20 When you removed the patients who started
21 with A1Cs at or greater than 6.5, again, the risk
22 difference was 4 percent for Study 10 and 3 percent

1 for Study 11; and, when looking at both studies, the
2 odds ratio was 3.4, with a statistically significant
3 p-value.

4 Finally, this figure takes a look at
5 individual patients' trends in terms of their
6 hemoglobin A1C changes from baseline to week 26. So
7 to walk you through this, patients in blue are those
8 in the tesamorelin group and patients in red are in
9 the placebo group.

10 The red triangles indicate their baseline
11 A1Cs, with the blue circles indicating their A1Cs at
12 26 weeks. Looking at Study 10, on the left, again,
13 taking into account that there's a 2:1 randomization
14 schema, there are a significantly greater number of
15 patients in the tesamorelin group who had A1Cs that
16 started at less than 6.5 and moved greater than 6.5.

17 In this analysis, the only patient in the
18 placebo group who had an A1C of greater than 6.5
19 actually started at about 6.8, and by the end of
20 trial, was at 6.5.

21 If you look at Study 11, on the right, the
22 results are similar, with a greater proportion of

1 patients starting pre-diabetic or even not diabetic at
2 all and moving to the diabetic category in the
3 tesamorelin group versus placebo.

4 Another thing to bear in mind is if you look
5 at the actual horizontal lines, it indicates the
6 magnitude of change over 26 weeks, which, in general,
7 was greater for patients on tesamorelin versus
8 placebo.

9 For the extension phase, the results were
10 less striking. Patients who remained on tesamorelin
11 for a total of 52 weeks had a mean increase of about 2
12 milligrams per deciliter from the initiation of the
13 study at week zero to week 52, whereas patients who
14 were re-randomized to placebo had a decrease from week
15 zero to week 52 of 2.02 milligrams per deciliter.

16 In terms of A1C, patients in the T-T group
17 had a mean increase of .07 percent from week zero to
18 week 52 and patients in the T-P group had a similar
19 value. In terms of shifts, although patients in the
20 T-T group did tend to shift more frequently than those
21 in the T-P group, there was really no discernable
22 difference, especially when compared to the main

1 phase.

2 So in summary, for glucose, there are no
3 clinically meaningful changes in terms of mean actual
4 values of fasting blood glucose or A1C during the main
5 phase, but a more detailed analysis of trends and
6 shifts seems to indicate that there is a move toward
7 worsening glucose status in patients receiving drug in
8 the main phase for both fasting blood glucose and
9 hemoglobin A1C.

10 Furthermore, the analysis provided by our
11 statistics team shows that there is a statistically
12 significant difference in terms of the proportion of
13 patients who developed diabetes in the tesamorelin
14 group versus placebo. And data for the patients who
15 received tesamorelin for 52 weeks was less conclusive.

16 I briefly want to go through immunogenicity,
17 which has been looked at closely by the sponsor
18 already. In specific, what I want to talk about is
19 the actual scheme of testing.

20 So all subjects in the Phase 3 program were
21 tested for antidrug antibodies at baseline and then
22 also at weeks 13, 26, 39 and 52, or end of trial, if

1 that occurred at a different time. Furthermore,
2 subjects who were found to have antidrug antibodies
3 were then assessed for in vitro neutralizing
4 antibodies to both drug and GHRH.

5 As the sponsor has presented, patients in
6 the tesamorelin group were likely -- approximately
7 half of them ended up developing anti-tesamorelin
8 antibodies at week 26. If you look at baseline,
9 approximately 2 percent had anti-tesamorelin
10 antibodies, and at week 26, 48 percent. The majority
11 of these patients developed low level titers, only 19
12 percent with titers at or greater than 400.

13 Looking at the difference between the 50
14 percent of patients who developed anti-tesamorelin
15 antibodies versus the 50 percent who did not, there
16 was not a significant change between groups for either
17 percent change in VAT or IGF-1.

18 When looking forward at the extension phase,
19 the proportions of patients who received tesamorelin
20 for 52 weeks and had antibodies at the end of the
21 trial was similar to that at week 26. In other words,
22 about 45 percent in the T-T group had anti-tesamorelin

1 antibodies at the start of the extension phase and
2 about 47 percent had them at the end.

3 Patients who were re-randomized to placebo
4 had a marked decline in terms of the percentage who
5 had antibodies at the end of week 52, with 55 percent
6 at the start of extension phase showing anti-
7 tesamorelin antibodies versus only 18 percent at week
8 52.

9 When you look at the entirety of the 52
10 weeks, whether a patient was antibody-positive or
11 negative at week 52 didn't play a major role in terms
12 of differences in the decrease in percent VAT or
13 increases in IGF-1.

14 As I mentioned, patients who were anti-
15 tesamorelin antibody-positive were then tested for
16 neutralizing antibodies to growth hormone-releasing
17 hormone and to the drug itself. First, to talk about
18 patients in the T-T group, this subset of patient was
19 tested for neutralizing antibodies at the end of their
20 entire treatment period; in other words, at week 52.

21 There were 122 anti-tesamorelin antibody-
22 positive patients who developed anti-tesamorelin

1 neutralizing antibodies at week 52, or about 20
2 percent. In comparison, of the 122 patients who were
3 anti-tesamorelin antibody-positive, 12 of them
4 developed anti-GHRH neutralizing antibodies, or about
5 10 percent.

6 Not to belabor the point, but the presence
7 or absence of neutralizing antibodies to tesamorelin
8 did not play a great role in terms of the difference
9 in percent VAT or IGF-1 change. Similarly, patients
10 with anti-GHRH neutralizing antibodies were tested for
11 IGF-1 change alone, and, again, there really was not a
12 significant difference in terms of patients who were
13 neutralizing antibody-positive or negative for IGF-1
14 change.

15 Patients who received drug for only 26
16 weeks, so those in the T-P or P-T groups, had
17 neutralizing antibodies tested at the end of their
18 treatment cycle. So in other words, if you were in the
19 T-P group, you had neutralizing antibodies tested at
20 week 26; and, if you were in the P-T group, you had
21 neutralizing antibodies tested at week 52.

22 Of the 171 patients who had positive anti-

1 tesamorelin antibodies, 54 percent of patients who
2 were treated for 26 weeks had anti-tesamorelin
3 neutralizing antibodies versus 7 percent who had anti-
4 GHRH neutralizing antibodies. But this slide, once
5 again, shows that the presence or absence of anti-
6 tesamorelin neutralizing antibodies was not clinically
7 significant in terms of the percent VAT change or IGF-
8 1 change in patients who were treated for 26 weeks nor
9 was there a significant difference in terms of the
10 IGF-1 change for patients with anti-GHRH neutralizing
11 antibodies.

12 Finally, and for the sake of completeness,
13 there was one other schema for testing neutralizing
14 antibodies. Patients in the T-P group, so who were on
15 tesamorelin for 26 weeks and who were on placebo --
16 re-randomized to placebo for the following 26 weeks,
17 all had neutralizing antibodies to GHRH tested at week
18 52.

19 Of these patients, the ones who were found
20 to be neutralizing antibody-positive also had their
21 sample from week 26 tested, and a comparison was made
22 in terms of the chronology of the development of

1 neutralizing antibodies in this patient subset at week
2 26 and week 52.

3 As shown here, of these patients, 4 of them
4 at week 26 were found to be GHRH neutralizing
5 antibody-positive, which is about 3 percent, and this
6 declined at week 52 to 1.5 percent. Again, the
7 numbers are small, but for completeness, I wanted to
8 show that this was the only group of patients in which
9 neutralizing antibody development was tested over
10 time.

11 So in summary, for immunogenicity, about
12 half of patients developed anti-tesamorelin antibodies
13 after either 26 or 52 weeks of treatment. In vitro
14 neutralizing antibodies to the drug itself developed
15 in about 20 percent of patients who received drug for
16 52 weeks and about 31 percent of patients who received
17 it for 26 weeks, and there doesn't seem to be an
18 impact in this group on IGF-1 or VAT.

19 In vitro GHRH neutralizing antibodies
20 developed in about 10 percent of patients treated for
21 52 weeks and 7 percent of patients treated for 26
22 weeks, and, again, there doesn't seem to be an impact

1 on IGF-1.

2 Finally, there is little information as a
3 whole on the temporal development of any of the
4 neutralizing antibodies, with the last group I
5 mentioned, the last slide, being the only group in
6 whom that has been tested.

7 As far as wrapping up safety, there don't
8 appear to be significant imbalances and significant
9 adverse events among patients in the tesamorelin
10 versus placebo groups. Most adverse events, in
11 general, in patients who were treated with drug were
12 either already known to be related to growth hormone
13 itself or reactions at the injection site.

14 In terms of IGF-1, about half of patients
15 treated have standard deviation scores greater than 2
16 and about 33 percent or so have standard deviation
17 scores above 3 after the main phase. And when you
18 look at patients at the end of the extension phase,
19 about a third still have SDS scores greater than 2,
20 and about 20 percent, in fairness, have standard
21 deviation scores greater than 3 after the extension
22 phase.

1 In terms of glucose metabolism, patients who
2 receive the drug do show a small mean increase in
3 fasting blood glucose and hemoglobin A1C compared with
4 placebo after 26 weeks. And in order to kind of flesh
5 this out, analysis of shifts in fasting blood glucose
6 and A1C do seem to show a trend towards worsening
7 states of glucose tolerance, and, in specific, among
8 patients who start with impaired glucose tolerance or
9 pre-diabetes at baseline.

10 Looking at immunogenicity, finally, changes
11 in VAT and IGF-1 do not appear to be affected by
12 antidrug antibodies or neutralizing antibodies to the
13 drug or GHRH, but there is a lack of longitudinal data
14 on progression of immunogenic markers, except in a
15 small subset of patients.

16 I'd like to close by just offering
17 acknowledgments to the large team that was of immense
18 assistance. Thank you all, and I'm sure there are
19 more that I left out.

20 DR. BURMAN: Thank you to both of you.

21 We will now have clarifying questions from
22 the committee for the FDA from 11:30 to noon, and then

1 take our break at noon. Please raise your hand and
2 we'll prepare a list.

3 Dr. Thomas?

4 DR. THOMAS: When you did your CDF curves
5 looking at visceral adipose tissue, you mentioned
6 about 80 percent of the subjects reached that zero
7 line. Since you're using minus 8 percent as the
8 criteria, I was just curious what the minus 8 percent
9 number is on your distribution curve.

10 DR. MOHAMADI: I have to walk back up to the
11 podium.

12 DR. TRAN: Actually, if you want to sit
13 there and just tell me what slides you need, I can
14 bring it up.

15 DR. MOHAMADI: Yes, thank you. It would be
16 slide 10.

17 So this is rough, but just looking at the
18 curve itself and looking at the numbers we have, at
19 least 70 percent, I would say, reached the 8 percent
20 threshold.

21 DR. BURMAN: Ms. Henderson?

22 MS. HENDERSON: I had two questions. Number

1 one, were there any other quality of life measurements
2 taken besides the belly profile, belly distress? And
3 the second one is, out of the 10 deaths, that there
4 was one that was related to the drug. What
5 specifically about that one death was related to the
6 drug and not the others?

7 DR. MOHAMADI: Just for the second question
8 first, I would have to actually go through that. I
9 will take a look at that and find it for you. Off the
10 top of my head, I'm not 100 percent certain.

11 Could you repeat your first question for me?
12 I'm sorry.

13 MS. HENDERSON: Were there any other quality
14 of life measurements?

15 DR. MOHAMADI: There were health-related
16 quality of life questionnaires, which we didn't
17 evaluate, because they were not considered as part of
18 the secondary efficacy variables.

19 So the main ones, again, were the -- and,
20 actually, what I should -- so this is the belly
21 appearance distress, belly size evaluation, and belly
22 profile. And I should mention, we reported the

1 findings of the patient-reported belly profile
2 findings, but, also, there was a physician-reported
3 belly profile questionnaire which we did not evaluate.

4 DR. ROMAN: If I can make a comment with
5 respect to the second case. In our judgment, it is
6 nonrelated as judged by the investigator. So we
7 really do not know or do not have any immediate
8 information about what made the investigator think
9 that the adverse event of death was related or not.
10 Maybe the applicant has.

11 I just wanted to make one more comment with
12 respect to the first question. The 8 percent is a
13 modus operandi and it's not a measure that the
14 division has accepted as fully as an indication of
15 efficacy in the broader context.

16 DR. BURMAN: Thank you.

17 Dr. Dobs?

18 DR. DOBS: Two short ones. One is you said
19 you did not analyze downshifting. Is that because it
20 didn't exist, the numbers were too few?

21 Then the second one is a little bit more
22 general. From my understanding, growth hormone, as a

1 carcinogenic molecule, has only been tentatively sort
2 of the point of view for colon cancer and prostate
3 cancer. And I wondered if there was some other data
4 that I wasn't aware of.

5 DR. MOHAMADI: Thank you. In terms of the
6 first question, we didn't analyze downshifting,
7 because if you look at the percentages, the largest
8 percentage of patients who downshifted were those who
9 started with diabetes, but the numbers were remarkably
10 low.

11 For example, for fasting blood glucose,
12 looking at the number of patients who started with
13 diabetes and downshifted, there were 9 to 15 in total.

14 I may defer the second question regarding
15 other --

16 DR. ROMAN: The way I understand it, the
17 second question was referring to prostate cancer and
18 other cancer adverse events that may have been related
19 to the growth hormone. To my knowledge, we haven't
20 done any analysis specific for any adverse events,
21 because -- specific cancers. Because they are so rare
22 events in the trial, we didn't have too much data to

1 analyze.

2 DR. MOHAMADI: From what I've read in the
3 literature, the two -- you're correct -- the two
4 largest -- in acromegalics, anyway, the two most
5 common cancers look to be breast cancer in pre-
6 menopausal women and prostate cancer, although there
7 are patients who develop thyroid cancer, as well.

8 DR. BURMAN: And colon cancer, right?

9 DR. MOHAMADI: And colon cancer. I
10 apologize.

11 DR. BURMAN: Dr. Proschan?

12 DR. PROSCHAN: So regarding the diabetes
13 endpoint, it seems to me that the big difference
14 between the analyses the FDA did and the analyses that
15 the company did is you were looking at multiple time
16 points and looking at number of shifts, whereas they
17 were looking at 26 weeks primarily.

18 So I gather that your thinking is that
19 there's error associated with this, with whether
20 you're above or below a cut-point. And so by looking
21 at multiple time points, you can be sort of more
22 confident if you see several of them.

1 I'm wondering, another possible way to try
2 and become more confident is maybe to just look at the
3 average of all the measurements and see how many
4 peoples' average shifted them up, and I'm wondering if
5 you did that, as well.

6 DR. MOHAMADI: We didn't, and actually, the
7 reason that we did it as we did was to minimize the
8 impact of potential dropouts. The curves that we've
9 shown are for patients who had values collected at
10 each time point. So it's theoretically possible that
11 patients who dropped out may have brought down the
12 average value at each individual time point.

13 As I mentioned while I was up there,
14 something that we look at and really couldn't make a
15 lot of good sense at is, as the sponsor has mentioned,
16 at week 26, the frequency of patients who started
17 especially in the pre-diabetes category and shifted
18 upward to diabetes was similar between tesamorelin and
19 placebo. But at each preceding time point, there were
20 more patients in the tesamorelin group.

21 These are the sorts of things that we
22 decided we wanted to look at patients who had each

1 time point accounted for, because we worry that the
2 effect of dropouts may be altering the data.

3 DR. PROSCHAN: Okay. Related to that point,
4 if you put up slide 64, it's amazing to me how many
5 people in Study, I guess, 11 -- well, the one on the
6 right side -- how many of them are right at 6.5.

7 So for the purposes of trying to make a
8 determination are they above or below, there are a lot
9 that are right on the border, which makes it kind of
10 difficult to make too much sense of looking at a
11 single time point. There are some that really were
12 very close to going either way.

13 DR. MOHAMADI: Agreed. But as a cutoff
14 point, we figured that the ADA's most recent
15 recommendations were probably the most appropriate to
16 use.

17 DR. BURMAN: Thank you.

18 Dr. Kumar?

19 DR. KUMAR: I have a very specific question
20 regarding protease inhibitors and whether -- when you
21 looked at these shifts, did it make a difference
22 whether they were on a protease inhibitor or on an

1 NNRTI?

2 DR. MOHAMADI: I have to apologize that we
3 did not do that analysis.

4 DR. KUMAR: So if I could ask the question
5 another way, because we have always known that
6 protease inhibitors, especially the older protease
7 inhibitors, had significant effect on glucose
8 metabolism.

9 How do we know that being on a protease
10 inhibitor, that many of our patients are on, on this
11 drug would not make the glucose metabolism even worse?

12 DR. MOHAMADI: I suppose it is theoretically
13 possible, but I am not sure.

14 DR. KUMAR: Thank you.

15 DR. MOHAMADI: I apologize.

16 DR. BURMAN: That's an important question.
17 I just wondered, although we want to focus on the FDA,
18 if the sponsor had a quick response to that question.

19 DR. MARSOLAIS: Yes. We have something to
20 help address the question. Dr. Soulban will address
21 the question.

22 DR. SOULBAN: What we actually looked at is

1 -- we didn't look at the specific analysis of what
2 percent of patients were on protease inhibitors and
3 follow them through time with regards to glucose.

4 We did look at glucose-related adverse
5 events by ART regimen in tesamorelin-treated patients
6 in the Phase 3 study, and we did not have many
7 glucose-related events in our studies. We had
8 approximately 9 patients that reported a glucose-
9 related adverse event.

10 As you can see here, the numbers are very
11 small, with 7 patients in the NRTI plus PI group and 4
12 patients in the NRTI and NNRTI group. So the numbers
13 are very small.

14 DR. KUMAR: This doesn't get to the question
15 I'm asking, but this is a glucose-related adverse
16 event. It's very different from the question that I
17 asked.

18 DR. SOULBAN: Correct. Correct. Yes. We
19 did not do those analyses specifically.

20 DR. BURMAN: Thank you. Thank you for
21 coming up. Dr. Molitch?

22 DR. MOLITCH: Did you do an analysis looking

1 at IGF-1 levels versus the worsening of glucose
2 tolerance; and, similarly, did you do one of IGF-1
3 levels and correlate them with VAT changes?

4 DR. MOHAMADI: To the second question, it
5 appears that IGF-1 and VAT do not go along.

6 DR. ROMAN: With respect to the VAT
7 correlation, to my knowledge, we have done such an
8 analysis and there was no correlation between IGF-1
9 and VAT.

10 DR. MOLITCH: And how about the glucose
11 tolerance status?

12 DR. ROMAN: We did not do that analysis.

13 DR. MOLITCH: Maybe the sponsor later can
14 answer that, too.

15 DR. BURMAN: Sure. If the sponsor doesn't
16 mind, we could do that later or if you have a quick
17 answer now, that would be fine, too.

18 DR. MARSOLAIS: Yes. We did the analysis
19 with IGF-1 and VAT. And this is the correlation that
20 we have shown, which is statistically significant with
21 a Spearman value of .2, or minus .2, for the
22 correlation between the decrease in the VAT and the

1 IGF-1, change in IGF-1.

2 The second question was the link between
3 IGF-1 and glucose, and, for that part of your
4 question, we haven't done the analysis.

5 DR. BURMAN: Thank you.

6 Dr. Bishopric?

7 DR. BISHOPRIC: I hope I'm not repeating.
8 But in terms of downshifts, on withdrawal of therapy,
9 when the patients went on to the placebo arm, did you
10 compare -- did people mostly downshift back to their
11 normal range, so the withdrawal of therapy would
12 basically correct an issue?

13 Secondly, it was stated that the FDA had
14 never approved a drug based on a VAT parameter. Has
15 it ever been asked to approve a drug on a VAT
16 parameter before?

17 DR. MOHAMADI: If Dr. Roman can answer the
18 first question, I can pull up the data for the first
19 question.

20 DR. ROMAN: The only situation we're aware
21 of is the Serostim application I mentioned in my
22 previous discussion. That's the only case that comes

1 to my mind. I think VAT made it into one of the
2 labels as a secondary endpoint or additional endpoint,
3 but was not the basis for an approval.

4 I think it was a label for an adult. It was
5 HOMA deficiency indication, where, generally, the
6 approval is based on demonstrating statistical
7 significance in body composition endpoints, such as in
8 body mass or sometimes trunk fat reduction and
9 additional other endpoints, along with quality of
10 life.

11 DR. BURMAN: Dr. Goldfine?

12 I'm sorry. Please.

13 DR. MOHAMADI: Just to briefly answer your
14 second question. If you look at the differences
15 between patients who were on tesamorelin for 52 weeks,
16 the T-T group, versus those who were re-randomized to
17 placebo, the proportion -- if you compare the two of
18 those groups together in the extension phase, the
19 proportion of shifts is almost identical in terms of
20 starting in one category and moving downward to
21 another.

22 There's no real major difference over time,

1 and it appears that, as a whole, patients who started
2 in one category most often stayed in the same category
3 by the end of 52 weeks in the T-P group.

4 DR. BURMAN: Thank you.

5 Dr. Goldfine?

6 DR. GOLDFINE: You may not know the answer
7 to this, but was the glucose data masked as safety
8 data? And what was the ability of other care
9 providers to add in diabetes therapies, because that
10 could potentially mask both the A1C, the glucose data,
11 and the potential impact of this? And if not, maybe
12 the sponsor can answer that.

13 DR. BURMAN: Does the FDA want to answer
14 that?

15 DR. ROMAN: Yes. I think my understanding
16 was that per protocol, you could not start the second
17 treatment, but I would like to hear the specifics from
18 the applicant.

19 DR. BURMAN: Sure.

20 DR. MARSOLAIS: Yes. We have the
21 information for that question. I would like to ask
22 Dr. Soulban to speak to the data and Dr. Grinspoon

1 will complete the answer, also.

2 DR. SOULBAN: So if I understood the
3 question correctly, you wanted to know if patients
4 actually started on anti-diabetic agents during the
5 study?

6 DR. GOLDFINE: Correct. And also if it was
7 masked, because there could also have been an
8 effective education for the higher blood sugars as
9 they crossed these established thresholds.

10 DR. SOULBAN: Across our main and pivotal,
11 our main placebo-controlled study, as well as the
12 extension study, we had a total of 5 patients that,
13 during the course of therapy, added an anti-diabetic
14 drug.

15 One patient in the main phase added
16 glyburide and they were on glyburide for only a week.
17 And in the extension phase, we have 4 patients that
18 added metformin.

19 Overall, these changes -- this occurred in
20 very few patients. We had a handful of patients,
21 literally, that added on anti-diabetic drugs and, as
22 you can see from the efficacy results, nothing really

1 changed in that regard.

2 DR. GOLDFINE: And was the glucose data
3 masked for safety data to the providers?

4 DR. SOULBAN: I would have to come back to
5 you. You're asking if the sites were blinded to the
6 glucose data, correct?

7 DR. GOLDFINE: Yes.

8 DR. SOULBAN: I believe that wasn't the
9 case. I believe they were aware of their glucose
10 values.

11 DR. GOLDFINE: Can I ask one more related --
12 or, I guess, you were going to finish the answer to
13 that.

14 DR. ROMAN: Dr. Grinspoon can complete the
15 response, and if we may, also, regarding the question
16 of the increase of glucose at week 26 and the fact
17 that we see in the extension some decrease in some of
18 the glucose parameters, Dr. Grinspoon can also address
19 that question, if you want.

20 DR. GRINSPOON: Getting to the point of who
21 went on anti-diabetic therapy, as you can see from Dr.
22 Soulban, a very, very small percentage of patients

1 went on anti-diabetic therapy; I think 5 patients or
2 something like that, so less than 1 percent, which we
3 took as a good sign.

4 Second of all, it was mentioned that the FDA
5 was curious why the glucose went up relative to
6 placebo in the earlier 13 week, and it's not at all
7 uncommon in growth hormone studies to see an earlier
8 deterioration in glucose with a tend toward a greater
9 normalization later.

10 I think we followed the pattern of many
11 growth hormone-related studies, which leads me to
12 think that there is an insulin antagonistic effect
13 initially that tends to be overcome by the reduction
14 in visceral adipose tissue at the end that kind of
15 wins out a little bit. And I interpret that based on
16 our slide relating VAT to glucose. So we're not out
17 of line with other therapeutic strategies.

18 One last point. The patients who were on
19 drug, who went off drug, had a normalization, in
20 general, of their glucose. So they can be identified
21 and it's not a persistent abnormality that tends to
22 stay on post-discontinuation. It just reverts back to

1 normal.

2 The last point is that there is a relative
3 increased risk ratio of over 3, we agree, for
4 diabetes, but you're talking about numbers of 4
5 percent versus 1 percent.

6 The very last point is that we agree with
7 everything that is said. I would not personally want
8 to increase glucose in any diabetic patient.
9 Therefore, we are completely agreeing that such
10 patients, over 6.5 -- and as this gentleman over here
11 -- I'm sorry, I don't remember your name -- but
12 pointed out that most of the ones who you're counting
13 as increased are right in line.

14 We agree to take all those people out. They
15 should not get this drug. We are agreeing with that.
16 And we're also pointing out that we actually took
17 patients with diabetes into this study, and possibly,
18 that was a mistake. And we're proposing in the REMS
19 to limit it to people without diabetes.

20 So I think all those things together will
21 greatly mitigate against this detectable, but
22 arguably, small signal in glucose.

1 DR. BURMAN: Thank you.

2 Dr. Goldfine, did you have a follow-up?

3 DR. GOLDFINE: My other question, though,
4 may also be more specific to the sponsor. So we're
5 going to get to ask them later. I'll hold it.

6 DR. BURMAN: Dr. Schade?

7 DR. SCHADE: I have one question. It may be
8 just that I don't quite understand how this is
9 efficacy data. And that is, as I understand it, the
10 comparison of the efficacy data was the percent
11 improvement or decline in VAT with the drug that we're
12 talking about today, and the number that we're kind of
13 using is 8 percent.

14 But what I'm really asking is -- I
15 understand that the drug did cause a decrease in VAT.
16 My question really is, how effective was the drug in
17 returning the patient to the pre-morbid state.

18 In other words, some of the data I saw was,
19 well, the VAT or the abdominal girth decreased by 1.3
20 centimeters. But if the patient had increased his
21 abdominal girth by 50 centimeters, then we're talking
22 very small efficacy.

1 On the other hand, if he just increased it
2 by 3 centimeters, then we're talking about a 50
3 percent efficacy. So rather than comparing it to
4 placebo -- and that's the data I saw -- what I really
5 want to know, did any of the patients return to their
6 pre-morbid state over a year's time with the use of
7 this drug?

8 How good is this drug at improving the VAT
9 relative to the pre-morbid state?

10 DR. BURMAN: Does the FDA want to address
11 that?

12 DR. ROMAN: The way I understand it in the
13 dataset is that patients who were treated for six
14 months with tesamorelin and were re-randomized at six
15 months and continued to one year would be the only
16 group that we can analyze for up to one year. And in
17 that group, the percent VAT reduction was 17.5.

18 DR. SCHADE: You mean percent relative to
19 the pre-morbid state?

20 DR. ROMAN: The reduction from baseline.

21 DR. SCHADE: In other words, the drug
22 improved those patients 17 percent. So they still had

1 83 percent to go to reach the pre-morbid state. Have
2 I got that concept?

3 DR. ROMAN: We don't have the data for the
4 pre-morbid state, other than we have the data at
5 baseline for this subgroup of patients. And based on
6 that data at baseline, the mean value, the reduction
7 at week 52 was --

8 DR. SCHADE: But at baseline, they all had
9 increased VAT, didn't they? Because that's why they
10 were entered into the study.

11 DR. ROMAN: That's correct, yes.

12 DR. SCHADE: So I want to know how close to
13 normal did they get with this drug. That's my
14 question. In other words -- isn't that a reasonable
15 question? Am I missing the point here?

16 DR. ROMAN: I think it is, and maybe the
17 company has an answer to that, too.

18 DR. SCHADE: We don't know whether this drug
19 gets them down 1 percent or 99 percent relative to the
20 pre-morbid state. It seems to me that's the clinical
21 question that all physicians who are treating these
22 patients need to ask.

1 DR. BURMAN: And by pre-morbid state, you
2 mean months or years before they entered the trial.

3 DR. SCHADE: Yes. And you could use norms.
4 You could use large population norms. In this group,
5 we ought to know what the average pre-morbid abdominal
6 girth is.

7 DR. GRINSPOON: Can I address this question?

8 DR. BURMAN: Please.

9 DR. MARSOLAIS: Dr. Grinspoon will address
10 the question.

11 DR. GRINSPOON: I'm sorry. It's so hard to
12 sit and listen to such good questions and not be able
13 to answer them.

14 DR. SCHADE: I don't know if this is a good
15 question or not.

16 DR. GRINSPOON: It's a very good question.

17 DR. SCHADE: I'm just trying to understand
18 if this drug works.

19 DR. GRINSPOON: It's a very good question.
20 The average VAT at baseline in this group was around
21 170 to 180. The normative data show it should be 130.
22 Thus, they're 50 centimeters above normal. It brings

1 them down about 20 to 25 centimeters. Okay? That's
2 the bottom line.

3 It reduces about in half the excess that
4 they have. Okay?

5 DR. SCHADE: That's the question I wanted to
6 ask. About a 50 percent improvement.

7 DR. BURMAN: Thank you.

8 Dr. Veltri?

9 DR. VELTRI: Yes. A question to the FDA.
10 In an attempt to better understand the glucose
11 homeostasis, you looked at some post-hoc analyses. My
12 question is, I'm having some difficulties
13 understanding the qualitative subjective body image
14 changes that were recorded to the correlation to the
15 more objective quantitative changes to VAT.

16 So the question is, have you looked at, in a
17 post-hoc manner, either categorical changes, quartile,
18 quintile, or greater than 8 percent VAT reduction to
19 actual scores that were patient-reported outcomes?

20 In other words, I'm trying to get a sense as
21 to whether these body image changes really correlate
22 to some more objective measure to see whether or not

1 they're real or not.

2 So, for instance, the waist circumference
3 changed less than an inch, essentially. So it would
4 be hard for me to understand, on the average, a
5 patient would really see that as anything on a body
6 image score. So I'm just trying to correlate
7 qualitative to quantitative.

8 DR. ROMAN: We haven't done any correlation
9 between different subgroups of patients based on the
10 PRO results and VAT reductions. Part of it would be
11 because the mean changes were relatively small to
12 start with. And maybe more importantly, I think
13 probably we have already alluded to that, it's kind of
14 hard to expect -- at least in my judgment, when I look
15 at the dataset, it's kind of hard to expect very
16 significant changes in PROs that measure the abdominal
17 volume or some kind of individual impression,
18 subjective impression of the abdominal size, when
19 actually your abdominal circumference doesn't change
20 too much.

21 So the way at least I look at the PROs,
22 important as they are, they measure something that's

1 related to size and the size has changed relatively
2 small. So they have to be integrated with the
3 abdominal circumference and, obviously, with the VAT
4 in the sense that the abdominal circumference
5 correlates with the VAT. But we have not done any of
6 those subgroup analyses.

7 DR. BURMAN: Thank you.

8 We have 10 minutes. Two questions that I
9 know of, and I have one, as well.

10 Dr. Thomas?

11 DR. THOMAS: Two quick questions. One is
12 you had mentioned that you thought that the fasting
13 blood glucose was a better measure. The only question
14 -- I may have misunderstood that, because to me, it
15 would sound that the A1C is a better measure when
16 you're not repeating these fasting blood glucose
17 measurements over time. The glucose tolerance test, I
18 think, is a reliable measure and reproducible.

19 DR. GRINSPOON: If I said that the fasting
20 blood glucose was a better measure, I misspoke.

21 DR. THOMAS: I may have misheard it.

22 DR. GRINSPOON: I'm not ascribing a -- I

1 apologize if I said that. I misspoke.

2 DR. THOMAS: I may have misheard.

3 The other question is, in most of the
4 studies that have looked at it, statins seem to cause
5 an increase in diabetes or impaired glucose
6 tolerances. And since many of these patients were on
7 statin therapy, was there any look at those who were
8 on statins, those who hadn't had it (unclear) during
9 the course of the study, or discontinued, and their
10 impact on the glucoses?

11 DR. GRINSPOON: We didn't specifically look
12 at the impact of statins on glucose parameters,
13 although, as the sponsor mentioned, about almost a
14 half of the patient were on statins.

15 DR. BURMAN: Thank you.

16 Dr. Rosen?

17 DR. ROSEN: I want to go back to something
18 that Steve Grinspoon alluded to. And if you could
19 pull up slide 64 and then slide 65, and ask the FDA,
20 how do you reconcile the absence of statistical
21 difference in the extension study zero to 52 weeks
22 versus the risk increase from zero to 26 weeks.

1 How do you explain that difference? Is it a
2 difference in the number of subjects that went on to
3 the extension, or is there an effect, a modulating
4 effect of increasing growth hormone, as was suggested,
5 that may ameliorate some of the glucose intolerance?
6 Because, again, the risk is there, but you have a one-
7 year study where the risk is not there.

8 DR. ROMAN: I don't think the data are that
9 easy to -- or that robust with respect to the 52
10 weeks, because they don't have really a control.
11 Basically, the 52 week group is a subgroup of the
12 initially randomized patient, which has been very re-
13 randomized.

14 So in a way, it's an enriched group, which
15 has other baseline characteristics and so on and so
16 forth. So it could be, as it was -- maybe Dr.
17 Grinspoon already mentioned that there is some
18 adaptation and then the initial changes later on are
19 no longer significant. But they can't account for the
20 potential effect of dropouts.

21 We don't have the same patients who are
22 followed for 52 weeks.

1 DR. ROSEN: Do you know what the relative
2 proportion that did not -- that entered the extension
3 study? I mean, was it 50 percent of the people who
4 continued on and re-randomized or 80 percent?

5 DR. GRINSPOON: It was a significant
6 percent. Perhaps the sponsor could specify. But it
7 was a good percentage.

8 DR. MARSOLAIS: Yes. The rate of dropout in
9 the main phase was about 26 percent, 25 percent, which
10 was the same for the placebo and the active treatment,
11 and most of those patients were re-randomized.

12 Do you have the distribution with the
13 patients, the graph? It's only a small number of
14 patients that were not re-randomized to the extension
15 phase.

16 This is with the distribution of patients
17 with the complete -- a combination of both. Then we
18 have 413 patients that completed the main phase and of
19 this, you have 247 that were randomized to the P-T
20 group and 138 to the T-P group; therefore, a total of
21 385 or something like this, very close to the total
22 that completed the main phase.

1 DR. BURMAN: Thank you.

2 We only have a couple of minutes, and I have
3 a question, I guess, more to the sponsor rather than
4 the FDA. The questions relate -- and if you could
5 have quick answers, if possible.

6 How reliable is a CT at L4/L5, and how
7 reproducible is it to assess visceral adiposity,
8 number one? Number two is I didn't hear anything
9 about growth hormone levels. And number 3, what about
10 other pituitary hormones, such as thyroid hormone,
11 because growth hormone administration can affect
12 thyroid function?

13 DR. MARSOLAIS: I can address the first
14 question. Then I will ask Dr. Grinspoon to address
15 the two follow-up questions.

16 CT scan, there have been a number of
17 publications using the CT scan to assess the VAT and
18 it seems to be a very reliable measure, and we have
19 used a central laboratory or central center to do the
20 analysis.

21 All of the sites were blinded to the results
22 and the analyses were done completely blinded and

1 randomly. Then we used a very high standard to look
2 at the evaluation of the VAT value.

3 DR. GRINSPOON: I think the published
4 reproducibility is on the order of 2 to 3 percent, at
5 the most. It's way within the change. So you would
6 not expect the change to be confounded by that.

7 It's a good question about pituitary
8 hormones, because other GH memetics do increase other
9 pituitary hormones, like cortisol in thyroid. This
10 did not. There was no affect on other pituitary
11 hormones.

12 What was the middle question?

13 DR. BURMAN: Growth hormone levels.

14 DR. GRINSPOON: Yes. Growth hormone levels
15 are pulsatile, as you know, and to get a random level
16 is not meaningful. So we use the IGF. We also
17 measure an IGFBP-3, similar results.

18 DR. BURMAN: Understand. Good.

19 Then I think what we will do now is break
20 for lunch. We will reconvene again in this room in
21 one hour at 1:00 p.m. Please take any personal
22 belongings with you that you may want. The ballroom

1 will be secured by FDA staff during the break.

2 Panel members, please remember there should
3 be no discussion of the meeting during lunch amongst
4 yourselves or with any member of the audience. Thank
5 you.

6 (Whereupon, at 11:57 a.m., a lunch recess
7 was taken.)

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A F T E R N O O N S E S S I O N

(1:02 p.m.)

DR. BURMAN: Why don't we get started for the afternoon session?

Good afternoon. We're starting the afternoon session and our plans are, first, to have the OPH session. We plan on going through until 5:00, if we need to, this afternoon.

With regard to the OPH session, both the Food and Drug Administration and the public believe in a transparent process for information-gathering and decision-making. To ensure such transparency at the open public hearing session of the advisory committee meeting, the FDA believes that it is important to understand the context of an individual's presentation.

For this reason, the FDA encourages you, the open public hearing speaker, at the beginning of your written or oral statement, to advise the committee of any financial relationship that you may have with the sponsor, its product, and, if known, its direct competitors. For example, this financial information

1 may include the sponsor's payment of your travel,
2 lodging, or other expenses in connection with your
3 attendance at the meeting.

4 Likewise, the FDA encourages you, at the
5 beginning of your statement, to advise the committee
6 if you do not have any such financial relationships.
7 If you choose not to address this issue of financial
8 relationships at the beginning of your statement, it
9 will not preclude you from speaking.

10 The FDA and this committee place great
11 importance in the open public hearing process. The
12 insights and comments provided can help the agency and
13 this committee in their consideration of the issues
14 before them.

15 That said, in many instances and for many
16 topics, there will be a variety of opinions. One of
17 our goals today is for the open public hearing to be
18 conducted in a fair and open way, where every
19 participant is listened to carefully and treated with
20 dignity, courtesy, and respect. Therefore, please
21 speak only when recognized by the chair. Thank you
22 for your cooperation.

1 The first public session speaker is Deborah
2 Sergi-Laws. Welcome.

3 MS. SERGI-LAWS: Hello. My name is Debbie
4 Sergi-Laws. I would like to begin my presentation by
5 stating I have no financial ties or holdings with
6 Theratechnologies and EMD Serono. I have received
7 minimal compensation for travel and expenses.

8 I am a 50-year-old registered nurse,
9 residing in Sarasota, Florida. I have been living
10 with HIV for 25 years, and, needless to say, this has
11 changed my life considerably.

12 Instead of being a wife, a mother, and
13 furthering my nursing career, I am a woman with AIDS,
14 on disability, a widow, and childless. Serving as an
15 AIDS educator, a peer navigator, and a speaker on the
16 Person with AIDS Speakers Bureau has enriched my life.
17 I have educated and shared my experience for over 19
18 years with groups such as children and schools, middle
19 school and high school, high risk youth, health
20 professionals, community groups, and incarcerated
21 adults.

22 As a peer mentor, my main goal is to work

1 with patients with achieving adherence for their
2 treatment and also, providing support for other
3 persons living with HIV and AIDS.

4 I have taken many combinations of therapies
5 to treat HIV and have been involved in numerous
6 clinical trials. Since 1999, one of my consistent
7 complications that I have experienced is from
8 lipodystrophy. Lipodystrophy has resulted in excess
9 abdominal fat, the development of a buffalo hump,
10 elevations in my cholesterol, triglycerides, and blood
11 sugar.

12 These side effects have caused abdominal
13 fullness and bloating. I have even been described as
14 looking like I had barrel around my midsection. Just
15 as an example of that, I like to dress to camouflage
16 it, even though my main concerns are my physical
17 health.

18 My body, when I look at it, is not a body
19 that I know that is me. It is somebody else's body
20 when I actually see it, because this is not what I'm
21 used to and this is not what I would like to have my
22 body to be like. But I have no control over that with

1 all the remedies that I have tried so far.

2 This hard belly fat made it hard for me to
3 bend over without having discomfort or shortness of
4 breath. The buffalo hump caused neck and shoulder
5 pain. This required narcotic pain management,
6 therapeutic massage, acupuncture, chiropractics, and
7 eventual surgical removal of a 1.5-pound fatty tumor
8 on my cervical neck area. The elevations in my lipids
9 and glucose have been a continual concern for
10 additional cardiac complications.

11 My physical health has always been my first
12 priority, taking precedence over any cosmetic effects
13 this lipodystrophy has caused. I have tried dietary
14 changes and exercise, without improvement.

15 In 1999, I started Serostim for two 12-week
16 cycles. I saw and felt improvement from this
17 treatment. Side effects, though, resulted in stopping
18 this, despite the improvements. When hearing of the
19 tesamorelin clinical trial, I was hopeful to get
20 relief from my worsening symptoms. My experiences
21 during the tesamorelin clinical trial from April '06
22 to April '07 were both encouraging and positive.

1 I noticed a decrease in my abdominal girth,
2 improvement in my cholesterol, triglycerides, and
3 blood sugar. I felt really good on this trial. My
4 energy level increased. The bloating and fullness
5 decreased, and I could comfortably button my pants,
6 which I hadn't been able to do for a very long time.

7 My HIV remains stable on treatment. One of
8 the many positive aspects of the tesamorelin for me
9 was how well I tolerated the drug. I have always had
10 considerable side effects to many medications and have
11 numerous severe allergic reactions. On tesamorelin, I
12 had no side effects and no allergic reactions.

13 After this positive experience, I had
14 optimism that tesamorelin would be approved by the FDA
15 and become available to me and others. Having this
16 medication available would help in managing this life-
17 altering side effects of lipodystrophy. This would
18 also allow me to continue on my current successful HIV
19 medication regimen without compromise.

20 For over a quarter of a century, I have been
21 living with HIV and its many complications and side
22 effects. When I found out that I was going to have

1 the privilege to speak on the behalf of myself and
2 others, I shared this with other people with HIV and
3 AIDS. They were thrilled, as I am, that our voices
4 were finally going to be heard.

5 I would like to thank you -- excuse me. I
6 would like to really thank you. Kind of actually
7 saying that just kind of choked me up a bit, because
8 it feels like so often those of us living with HIV and
9 AIDS speak to each other about how we wish changes
10 would occur and how other people --

11 (Microphone times out.)

12 DR. BURMAN: It's okay. Please finish.

13 MS. SERGI-LAWS: As persons living with
14 AIDS, we often discuss are people listening, do people
15 care, is there compassion out there. And just being
16 involved in this process has showed me that there are
17 people that care and there is compassion and there are
18 people that are working for the help that we need to
19 go on and live a healthy and prosperous life.

20 So I would really like to thank you for
21 including me as a patient in this decision-making
22 process, which could profoundly affect my quality of

1 life.

2 Thank you once again.

3 DR. BURMAN: Thank you very much for coming
4 from Florida for your testimony. Thank you.

5 The next speaker will be Ms. Lisa Hamilton.

6 MS. HAMILTON: Good afternoon. My name is
7 Lisa Hamilton, and I'm very happy to address this
8 panel. Before I begin, I want to let you know that I
9 do not own any stock in Theratechnologies or EMD
10 Serono. Additionally, I've only been minimally
11 compensated for my travel expenses.

12 In August of 1999, I was diagnosed with HIV.
13 I started antiretroviral medication in June of 2000.
14 During this time, I was dealing with fear, anger,
15 betrayal, and consequently, embarrassment. I was
16 dealing with the side effects of my HIV medications
17 and I began noticing that I was gaining quite a bit of
18 belly fat.

19 By 2002, I had accumulated visceral fat in
20 my abdomen and my quality of life began to decrease.
21 When people would mention my weight gain, my thoughts
22 and concerns were focused not around the size of my

1 clothes, but around the health risks associated with
2 this additional abdominal fat.

3 Due to the fact that I'm less than 5 feet
4 tall and as the excess fat began to accumulate in my
5 abdomen, it became very uncomfortable and even painful
6 at times when trying to bend over, tie shoes, or pick
7 things up from the floor.

8 As my condition continued with excess
9 abdominal visceral fat, it became more and more
10 uncomfortable and painful to perform normal activities
11 of daily life.

12 Worrying that the abnormal fat distributions
13 on my abdomen would increase the risk of heart attack,
14 high blood pressure, and a variety of other
15 conditions, I spoke with my doctor about clinical
16 trials expected to come about in the next couple of
17 years. I asked my doctor to please keep my name at
18 the top of the list for whatever trials were
19 specifically for decreasing visceral abdominal fat.

20 My concerns grew regarding health conditions
21 that could come about because of the accumulation of
22 fat in my abdominal area. I did all I could do to

1 maintain a healthy lifestyle. I ate chicken and fish
2 instead of red meat and pork. I ate more vegetables
3 than starches. I ate fruits instead of processed
4 desserts.

5 My frustration centered around the fact that
6 I was doing everything I knew to do to maintain a
7 healthy lifestyle; yet, the abdominal visceral fat
8 remained. I tried many things, as well as other
9 treatment options.

10 I discussed these depressing and frustrating
11 feelings with my doctor, as I was physically and
12 psychologically burdened. My doctor informed me of a
13 clinical trial for a drug called Serostim. I joined
14 this clinical trial and I had very limited benefits.
15 I continued through the end of the trial with very
16 minimal change or improvement. Ultimately, the
17 clinical trial was ineffective.

18 In early 2005, my doctor's office presented
19 me with the option of joining the tesamorelin clinical
20 trial. I joined, hopeful as ever that this trial
21 would yield a better outcome for me. I remained in
22 this trial for a year and achieved tremendous results.

1 I never had any injection site reactions,
2 and the ease of reconstituting the medication for
3 delivery was a big plus. The lipohypertrophy
4 decreased dramatically, thereby increasing my range of
5 motion and ease at performing activities of daily
6 living.

7 With the decrease of abnormal fat
8 accumulation of the abdomen, I felt the quality of my
9 life returning. My coworkers would comment on the
10 weight loss and they would congratulate me. My
11 thoughts, again, centered around the health benefits
12 of the clinical trial and the reduced risk of heart
13 attack, diabetes and stroke. I would thank them and I
14 would mention that I was mainly happy with the health
15 benefits I received and not the weight loss itself.

16 Adhering to this medication regimen was easy
17 and, if given the opportunity, I would stay on
18 tesamorelin for life. This improved my quality of
19 life so much and the physical and psychological
20 burdens were lifted.

21 Since I've been off the tesamorelin and the
22 abnormal fat accumulations of the abdomen returned, my

1 fears regarding heart attack, hypertension and stroke
2 have returned. It has once again become uncomfortable
3 and painful when bending over, tying shoes, and
4 picking up a dropped item from the floor.

5 I was, just this past week, diagnosed with
6 moderate obstructive sleep apnea. As an educated
7 person, I felt the need to research this condition.
8 Over and over again, I read that weight gain and
9 obesity are key players in obstructive sleep apnea.
10 I cannot help but wonder, if I was still on the
11 tesamorelin, if I would be diagnosed with this
12 condition.

13 As someone who has benefitted physically by
14 being able to perform activities of daily living and
15 psychologically, my hopes are that this panel will
16 decide favorably regarding the quality of life
17 benefits tesamorelin has to offer all the people
18 suffering from abnormal fat accumulation of the
19 abdomen.

20 I'd like to show you when I was on the
21 trial. These are some photos of the benefits I
22 received. Thank you very much.

1 DR. BURMAN: Thank you very much.

2 Mr. Jeff Berry?

3 MR. BERRY: Good afternoon. My name is Jeff
4 Berry, and I'm here today testifying on behalf of the
5 AIDS Treatment Activist Coalition's Drug Development
6 Committee in support of the letter submitted May 17th.
7 And I'm testifying free of any conflicts of interest.
8 Neither Theratechnologies nor EMD Serono have
9 contributed financially to me or to ATAC or funded my
10 travels to the University of Maryland to offer this
11 testimony.

12 Lipodystrophy, notably, abdominal fat
13 accumulation, has been a serious problem for people
14 living with HIV since the mid 1990s, with reports
15 surfacing soon after combination antiretroviral drug
16 treatment became standard of care.

17 For nearly 15 years, it has gone without a
18 tried and true treatment modality. Switching
19 antivirals does not work. Diet and exercise
20 modification are of extremely limited benefit, and no
21 pharmacologic agent has been proven to be both safe
22 and effective to date.

1 ATAC has always taken this very seriously.
2 In fact, it is one of the only non-antiretroviral drug
3 development issues that the drug development committee
4 has closely followed over the past 10 years. We are
5 very much aware of the data concluding that visceral
6 fat accumulation is associated with an increased risk
7 of cardiovascular disease.

8 Though Phase 2 and Phase 3 studies of
9 Egrifta were not designed to show a reduction in
10 cardiovascular risk, we believe that the potential
11 benefit is there and that studies should be conducted
12 that reductions in visceral fat using drugs like
13 Egrifta are associated with a decreased risk of
14 cardiovascular disease.

15 What the reported data do show are clear
16 benefits with respect to body image and body distress.
17 This cannot be overstated given the profound emotional
18 effect lipodystrophy has on people living with HIV.

19 It is conspicuous and stigmatizing, an overt
20 sign of HIV infection and illness, and according to
21 the collected data and countless anecdotal reports,
22 significantly affects psychological wellbeing, quality

1 of life, willingness to commence antiretroviral
2 therapy in light of lipodystrophy fears, and adherence
3 levels among those on antiretroviral therapy.

4 We are also encouraged by Egrifta's safety
5 profile. While we've shared many of the FDA's
6 concerns regarding Egrifta's predecessor, Serostim, we
7 believe that the data reviewed by the advisory
8 committee today clearly indicate that Egrifta's
9 moderate efficacy outweighs its risks.

10 The risk of diabetes is minimal; the IGF-1
11 fluctuations have not been associated with an
12 increased risk of clinical events; and, the documented
13 neutralizing antibodies have not been tied to any
14 untoward effects.

15 While we urge this panel to recommend the
16 approval of Egrifta, we do so with conditions. Phase
17 4 evaluations of Egrifta-associated VAT reductions on
18 the risk of cardiovascular disease should be
19 conducted. Though a study evaluating the drug's
20 effects on hard endpoints, such as myocardial
21 infarctions, may be difficult, studies looking for
22 associations between VAT decreases and vascular

1 functioning are feasible.

2 Phase 4 studies exploring Egrifta-associated
3 VAT reductions on other clinical endpoints, such as
4 fatigue, gall bladder disease, liver disease,
5 osteoarthritis, pulmonary function, and sleep apnea.

6 Phase 4 studies exploring Egrifta in
7 combination with exercise and/or diet modification to
8 determine if VAT can be synergistically decreased. A
9 Phase 4 gender-balanced clinical trial evaluating the
10 safety and efficacy of Egrifta in HIV-positive women
11 with lipohypertrophy compared with men.

12 Importantly, the approved labeling should
13 spell out the indication for Egrifta treatment, along
14 with indicators of effectiveness while receiving
15 therapy, to ensure that the risk-benefit ratio is
16 maintained for each patient. Those slides (unclear),
17 CT scans, such as those used in the studies, will be
18 difficult in the clinical setting.

19 Waist circumference, waist-to-hip ratio, and
20 basic psychological body image assessments are much
21 more feasible and should be employed by clinicians
22 when considering patients for Egrifta and while

1 monitoring their progress, or lack thereof, at regular
2 time points for as long as treatment is continued.

3 Finally, we urge this committee to recommend
4 approval of Egrifta as a medical reconstructive
5 modality. We strongly urge against reviewing,
6 approving or labeling Egrifta as a cosmetic treatment.
7 Though Egrifta-associated VAT reductions have not yet
8 been established as a marker of reduced cardiovascular
9 disease risk, its effects on patients' body image
10 perceptions, sense of wellbeing, and quality of life
11 is substantial. This is no different than breast
12 reconstruction following a mastectomy, an unquestioned
13 medical approach to minimize the negative
14 psychological effects stemming from vital, but
15 disfiguring treatment.

16 People living with HIV have been waiting for
17 nearly 15 years for an effective and safe treatment
18 option for lipodystrophy. Compounded by the fact that
19 no other pharmacologic agents have entered Phase 2 or
20 3 studies for the treatment of lipodystrophy, we
21 firmly believe that the agent currently before this
22 panel and the FDA should be approved.

1 Thank you.

2 DR. BURMAN: Thank you.

3 On behalf of the panel and the FDA, I'd like
4 to personally thank all three of the participants.
5 And we recognize this is really a critical part of the
6 meeting and appreciate your efforts. I'd also like to
7 thank Mr. Berry for the letter that his coalition
8 sent, as well.

9 The open public hearing portion of this
10 meeting has now concluded and we will no longer take
11 comments from the audience. The committee will now
12 turn its attention to address the task at hand, the
13 careful consideration of the data before the
14 committee, as well as public comments.

15 Now, the agenda -- it's almost 1:30, about
16 1:25. We're going to have follow-up on questions this
17 morning, clarifying questions from the committee to
18 the FDA and to the sponsor, and we'll do that until
19 2:00 and then we'll have the panel discussion.

20 I'd first like to ask the sponsor to come
21 up. There were, I guess, four issues that came up this
22 morning that we asked them to clarify that they will

1 briefly discuss. Thank you.

2 DR. MARSOLAIS: Yes. Good afternoon. We
3 would like to discuss -- well, first of all, we had a
4 question this morning regarding the use of estrogen.
5 We have the answer, and the use of estrogen was not
6 allowed in the study. Only progestin was allowed in
7 the study.

8 There are three other points that we'd like
9 to address. There will be a discussion regarding the
10 IGF-1 ranges and the SDS. There will be, also, the
11 glucose sustainability; and finally, the correlation
12 between the PRO and the VAT, as requested this
13 morning.

14 We'd like to start with Dr. Cohen, who will
15 address the question regarding IGF-1 and SDS score.

16 DR. COHEN: I'd like to respond to panel
17 member, Dr. Rosen, who wanted more detail about the SD
18 scores provided by Esoterix. As you can see here,
19 Esoterix provides normative ranges, means, and SD
20 scores for various age groups.

21 The majority of the patients in this study
22 fall into the 40 to 60 age group ranges, where the SDS

1 are just over 40 nanograms per mil, which is quite
2 small. Also notable is that Esoterix's normative
3 ranges were based on a relatively small number of
4 patients, far smaller than the number of participants
5 in these studies.

6 Also important is that the SD calculators
7 provided by Esoterix do not utilize log transformed
8 mechanisms of calculating and may be inaccurate at
9 higher IGF-1 values. This is also important in the
10 context of the wider variation in IGF-1 that we have
11 noted to the panel earlier.

12 You can see here that among the nearly 800
13 patients enrolled in the Theratech studies, the
14 variation in IGF-1 levels was substantially larger,
15 even though the means were similar. In fact, as
16 compared to the slide that I've just shown you, the SD
17 score is about 50 percent larger for the same age
18 groups, being in the 60s rather than the 40s.

19 This indicates that the upper limit of
20 normal for the 97.5 percentile for this HIV population
21 prior to treatment is approximately at the level of
22 the plus 3 SDS value that is provided by Esoterix.

1 That is why we recommended to
2 Theratechnologies to use this value as the cutoff for
3 a decision to discontinue therapy as part of the REMS
4 approach, where patients with elevated levels above
5 that will not continue on drug after 52 weeks, which I
6 think is a reasonable approach to ensure safety.

7 That will include about 20 percent of the
8 patients on this study. And by the way, that was not
9 different among completers and non-completers.

10 I think that would answer Dr. Rosen's
11 questions. Thank you.

12 DR. MARSOLAIS: The other point --

13 DR. BURMAN: Mark, let him finish and then
14 we're going to have a panel discussion.

15 DR. MARSOLAIS: The other point we'd like to
16 address is the glucose sustainability, and Dr.
17 Schambelan will address the question.

18 DR. SCHAMBELAN: Actually, before that, I
19 want to clarify the question about retinopathy. So
20 there were no adverse effects reported for
21 retinopathy, but there was no formal funduscopic
22 examination performed.

1 Could I have this slide up first? There was
2 a point made in the FDA presentation about the
3 potential effect of dropouts on the fact that the data
4 seen at week 26 differed from the analyses that were
5 done with the inclusion of multiple intervening
6 points.

7 As you can see here, for people that were
8 study completers, the differences between the
9 tesamorelin-treated and placebo groups were pretty
10 much the same as they were in the initial population
11 that were presented in the core.

12 You can see there is an increase in the
13 occurrence of diabetes of 3.4 percent versus 1.5,
14 which is actually a lower risk ratio than that that
15 was seen in the full study. And then if you look at
16 the extension phase -- next slide up, please -- there
17 is the same, I think, somewhat comforting observation
18 that over this longer period of time of exposure to
19 drug in people who were study completers, not any
20 dropouts here, the increase in IGT or diabetes is
21 quite small.

22 Then I just want to make one final point to

1 sort of emphasize something that Steve Grinspoon
2 alluded to, which is to try to understand, in the
3 biology of treatment with growth hormone and, I would
4 argue, perhaps with tesamorelin, the observation has
5 been made in a number of studies, including studies we
6 published, that when you initiate, let's say, low dose
7 growth hormone treatment, after a month, there is an
8 impaired insulin sensitivity.

9 We did hyperinsulinemic euglycemic clamps to
10 determine that. And then when following the same
11 patients out through a six-month total exposure to the
12 drug, these values returned to normal and/or to
13 baseline. And I should say, in people with increased
14 visceral adiposity who are not HIV-positive, there was
15 a study published in the late '90s in the JCEM in
16 Scandinavia, where they actually demonstrated that
17 with longer exposure to low doses of growth hormone,
18 there was a tendency, if anything, for insulin
19 sensitivity to get better than it was at baseline.

20 So I think some of the reasons that we're
21 seeing differences between what we observed at week 26
22 and what is seen by adding in the earlier points might

1 possibly be explained by that.

2 DR. BURMAN: I think they sponsor -- if you
3 could be really succinct on this last point, but
4 please give us your information.

5 DR. MARSOLAIS: The last point is regarding
6 the correlation between the PRO and the VAT. And we
7 had in the core presentation this slide, and we have
8 shown that there's a good correlation between the
9 response and the PRO and the VAT.

10 We also have performed tests for the
11 correlation between the VAT and the waist
12 circumference, and, again, we have shown a very good
13 correlation between the response and the PRO, as well
14 as waist circumference.

15 Maybe if it's possible for one last point.
16 They asked us if we had a correlation between IGF-1
17 and the change in fasting blood glucose, and we had
18 the time to do that calculation over lunch and we can
19 show the results.

20 Slide up, please.

21 We can see here that there is no correlation
22 between the change in IGF-1 and fasting blood glucose.

1 There is no correlation. It's not statistically
2 significantly different.

3 DR. BURMAN: Thank you very much for
4 bringing us up-to-date on those points. We now are
5 going to open the floor up for questions from the
6 panel to either the sponsor or the FDA, just in the
7 order in which we have them.

8 Dr. Molitch, you wanted to follow-up on one
9 issue earlier.

10 DR. MOLITCH: I was interested in the
11 presentation of the IGF-1 data that Dr. Cohen had
12 presented. It looked like there was no decrease with
13 age, in general, in the HIV patients, is that correct,
14 as opposed to essentially every study in normal
15 individuals?

16 DR. MARSOLAIS: I will ask Dr. Cohen to
17 answer the question.

18 DR. COHEN: If I could have that slide again
19 up, please? Thank you.

20 You can see that there is a small age-
21 related decline from 176 in people in their 30s and
22 40s all the way to 148 in 50s to 70s. Whether this

1 decline is statistically significantly different from
2 the non-HIV population needs to be calculated
3 separately. But I think this followed the general
4 trends that you would expect as effect of age.

5 Also notable that this is males only and we
6 didn't have an opportunity to do the same analysis for
7 female as of yet due to limited sample size.

8 Did that answer the question, Dr. Molitch?

9 DR. BURMAN: Thank you.

10 Let me give everyone a heads-up. The
11 questions that we already have, and we'll take them
12 order, are Drs. Kumar, Goldfine, Ms. Swan, Proschan,
13 and Dobs. And so, Dr. Kumar, I think you had a
14 question from this morning.

15 DR. KUMAR: Thank you, Dr. Burman. I want
16 to request and see if I could ask my first set of
17 questions, because they relate to inclusion-exclusion
18 criteria, if I could just ask that. And then if you'd
19 permit me, a different one after everybody else goes.

20 My questions are mainly to the sponsor. My
21 first question is I understand that patients had to be
22 on a stable antiretroviral drug for eight weeks to

1 enter. What percentage of patients, if any, changed
2 their antiretroviral therapy while on the study?

3 DR. MARSOLAIS: We have that information,
4 but regarding the minimal time prior to study entry,
5 the inclusion criteria, it was a minimum of eight
6 weeks. But in reality, they had been on stable ART for
7 much a longer period of time.

8 DR. KUMAR: No. My question is how long --

9 DR. MARSOLAIS: I will also address the
10 question regarding the change in antiretroviral. I
11 don't have the exact time as you're requesting with
12 how many months they were unstable, but we have looked
13 at patients that had no change or only a change within
14 the same class of drug and we looked at the impact on
15 the VAT decrease, and there is no impact on the VAT
16 decrease.

17 We also looked at the percentage of
18 patients, which is only 63 patients, that had a switch
19 of ART regimen during the study. And once again, when
20 we look at the decrease in VAT, it is statistically
21 significant and it's similar for both groups.

22 DR. KUMAR: Thank you. My next question is,

1 could you tell me a little bit more about how you
2 incorporated exercise into this? Was it a formal --
3 explaining to patient, exercise was left up to the
4 patient? And how did you capture this data?

5 DR. MARSOLAIS: What we told the patients
6 and what was in the protocol is that patients should
7 not change their either exercise or diet during the
8 study. Whatever they were doing before coming into the
9 study, they have to continue the same lifestyle, if
10 you want, during the study. That's the only
11 information that we gave to our patients.

12 DR. KUMAR: And did you capture anything in
13 a systematic way of what percentage of patients
14 exercised on a regular basis?

15 DR. MARSOLAIS: No. This was not captured
16 in the study. However, since we have a placebo group,
17 if there are any patients that were changing their
18 habit, this should have been captured by the fact that
19 we had a placebo arm. The effect would have been the
20 same in both arms.

21 DR. KUMAR: My third question is, Dr.
22 Grinspoon had shown a picture in his introduction

1 about the effect of lipohypertrophy on women and two
2 very articulate women spoke about that. But I
3 couldn't help but see that only 15 percent of your
4 patients that were enrolled were women.

5 What did you, as a sponsor, do to more
6 actively encourage participation of women?

7 DR. MARSOLAIS: First, maybe if we look at
8 the percentage of females in our study, when we
9 compare to other clinical trials in HIV, this is
10 usually a fairly similar percentage of females that we
11 have in HIV.

12 We also recruited sites across the U.S. and
13 Europe trying to, if you want, at least have a good
14 proportion of women in the study. But it is a number
15 which is very similar to other types of clinical
16 trials in the same field. And Dr. Grinspoon would
17 probably like to add to this question.

18 DR. GRINSPOON: We tried our best to recruit
19 women. As you know, recruiting women is very, very
20 difficult into clinical trials, particular detailed,
21 metabolic trials.

22 At our own site, we advertise in community

1 advertisements. We target women specifically. We
2 make advertisements for women. I think many sites
3 around the country do that.

4 We certainly are no lower a percentage of
5 women in our study than at other comparable studies.
6 And luckily, the studies were large enough to make an
7 independent assessment among women to show that VAT
8 was significantly reduced in tesamorelin versus
9 placebo distinctly in women.

10 You can see right here, which Dr. Marsolais
11 alluded to, but we just didn't have time, and you can
12 see the least square mean for the male and female are
13 really almost identical, which is very interesting and
14 reassuring that we were able to show a benefit in
15 women, even though we didn't have the largest number
16 of women in the study.

17 If there are further studies with this,
18 we'll continue to target women as creatively as we
19 possibly can.

20 DR. BURMAN: Thank you.

21 Dr. Goldfine?

22 DR. GOLDFINE: Thank you. Dr. Kumar asked

1 my first question, which had to do with exercise. My
2 second question has to do with trying to understand
3 the differences in the lipid profiles between the two
4 trials that we're considering.

5 Over the period of time between them, there
6 were major differences from the PROVE-IT and the
7 JUPITER about the use of statins in these populations.
8 Was there a difference in add-in to the first trial
9 over that period of time of statin use that could have
10 led to some of the apparent improvements in lipids?

11 DR. MARSOLAIS: We looked in many criteria
12 regarding the difference between the two trials and we
13 couldn't identify any significant difference that
14 would lead to the difference in the results. And the
15 use of statin was also similar in both trials overall.

16 DR. GOLDFINE: Including add-in, not only
17 just baseline therapy.

18 DR. MARSOLAIS: Yes.

19 DR. GOLDFINE: Okay. I have one other
20 question then on the -- I'm trying to understand why,
21 with the percent loss of visceral adipose tissue that
22 you saw, that the questionnaires were not more

1 promising than they were.

2 When you look at the belly profile
3 assessment, it's look as if the patients always rated
4 it against where they thought ideal would be rather
5 than where they thought ideal would be at the
6 beginning of the study. And in obesity, which is
7 clearly a completely different scenario, patients
8 often, as they lose weight, continue to think that
9 they ought to look even better than they do.

10 Did you have a moving target for the
11 reference that would have diminished the ability of
12 this to see that they were feeling like they were
13 improving?

14 DR. MARSOLAIS: I would like to ask Dr.
15 Turner to address the question.

16 DR. TURNER: Good afternoon. My name is
17 Ralph Turner. I'm the Vice President of Phase V
18 Technologies. I'm a psychologist by training. It's
19 our group that developed the body image impact scale,
20 although I have no financial interest in
21 Theratechnologies.

22 If I understand your question, is your

1 question with respect to the belly profile whether
2 they were using the profile as a reference to their
3 idea look?

4 DR. GOLDFINE: If you look at question 3 on
5 the BPA, it looks as if they're asking them if they
6 thought that their profile was not normative at the
7 beginning, to rate what they thought the minimal
8 improvement would be. And it looks like, from the
9 calculations that were presented, that they always did
10 it as a ratio to what they thought ideal would be.

11 DR. TURNER: No. Thank you for your
12 observation. We asked those three questions at every
13 visit. The analysis is of current look only across
14 the trial.

15 DR. GOLDFINE: Thank you.

16 DR. TURNER: You're welcome.

17 DR. BURMAN: Thank you.

18 Ms. Swan?

19 MS. SWAN: I wanted to ask a question about
20 indication in a little more detail. How would
21 efficacy be measured? Do you plan to have something
22 on the label, waist-to-hip ratio, waist circumference,

1 CT, patient self-report, doctor-patient measurement?
2 What specifically would a clinician be looking for if
3 they were prescribing this to somebody?

4 DR. MARSOLAIS: Yes. It's something that
5 we've discussed and I would like Dr. Grinspoon to
6 address the question.

7 DR. GRINSPOON: May I have this slide up,
8 please?

9 It is an important consideration how to
10 monitor patients with this particular drug. And we
11 all understand that getting a CT scan is not
12 realistic, other than in a research setting. So the
13 good news is that there is another surrogate marker
14 that tended to go down. It went down significantly
15 and correlated very significantly with VAT, and that
16 was waist circumference.

17 Now, I know you might be saying, well, it
18 only went down 1, 2 centimeters, or something, but the
19 fact is patients did perceive it. It correlated with
20 their PRO. And I pointed out earlier that this 2
21 centimeter reduction in waist circumference is
22 virtually all VAT and no SAT. So it may be a

1 different kind of waist circumference reduction than
2 you might be used to thinking about in regular
3 obesity.

4 Among those obtaining a pre-specified 8
5 percent reduction, i.e., those being official
6 responders in the eyes of the FDA -- and that was 60
7 to 70 percent -- their reduction in waist
8 circumference was 3.5 centimeters; so very easy to
9 detect.

10 Obviously, if you're a clinician, you're
11 going to listen to the patient and monitor feedback as
12 to self-perception of body image and general
13 wellbeing. Certainly, we would ask ourselves, are the
14 patients feeling better about their body, and we know
15 that it was a very significant correlation seen
16 between waist circumference and VAT.

17 So the bottom line is we would use waist
18 circumference to look for progress. I think if you
19 were a clinician, you put someone on this, 13 weeks
20 went by, 26 weeks went by, no reduction in waist
21 circumference, patient not feeling better, they
22 shouldn't stay on the therapy.

1 Conversely, if someone goes on it, they are
2 a responder, they're doing well, their waist
3 circumference is going down and they feel better, they
4 would probably stay on it, and you don't need a CT to
5 determine that.

6 The last point is whenever you decide
7 whether something is good or bad for someone, you have
8 to do a risk-benefit analysis, obviously. So along
9 with that thinking comes the obvious concern about
10 safety. And, in that regard, clinicians should be
11 taught to look for hypersensitivity and to discontinue
12 people with hypersensitivity, that 2 to 3 percent,
13 discontinue patients for significantly high glucose,
14 as discussed in the REMS, and to discontinue patients
15 for IGF SDS more than 3.

16 So there's easily measurable things which we
17 hope will allow patients who are responders to
18 continue with long-term treatment.

19 DR. BURMAN: Thank you.

20 We have 15 minutes for two questions, that I
21 know of.

22 Dr. Proschan?

1 DR. PROSCHAN: Yes. The FDA, in the packet
2 that we got, the briefing packet, had some, I thought,
3 enlightening graphs that were in the statistical
4 review toward the end of their briefing packet.

5 I'm wondering if you have the slides that
6 are there. Do you have those as slides? In
7 particular, the one I wanted to see was one that's on
8 page 7 of the statistical review.

9 DR. MOHAMADI: No. I'm sorry. We don't
10 have slides for that.

11 DR. PROSCHAN: Okay. Because that -- it's
12 sort of hard to describe. But it does seem to
13 indicate that there are some people who had very
14 dramatic reductions in triglycerides on the drug. And
15 those, obviously, would have to be the ones that
16 started very high, because they have a reduction of
17 800, some of them.

18 You do see that quite a few more of those in
19 the treatment group than the placebo. So it does look
20 like for people who most need to reduce their
21 triglycerides, the drug is doing that.

22 DR. MARSOLAIS: Maybe we can address the

1 question with the -- we have a correlation of
2 triglycerides at baseline versus triglyceride change.
3 And this is where we have the correlation to address
4 your question, with a very good correlation,
5 statistically significant.

6 DR. BURMAN: Thank you.

7 Did the FDA have a comment on that?

8 DR. ROMAN: No comment.

9 DR. BURMAN: Thank you.

10 Dr. Dobs?

11 DR. DOBS: I have a couple of small
12 questions. I know that testosterone was allowed
13 during the study. Did men go on and off of this and
14 did it affect your outcome?

15 DR. MARSOLAIS: Yes. Well, in the first
16 study, we did a stratification for use of
17 testosterone. We didn't see any impact. And what we
18 have observed in the study is that the use or no use
19 of testosterone gives the exact same decrease in VAT.
20 Therefore, that stratification was not implemented in
21 the second trial.

22 DR. DOBS: Next, the women, the mean of the

1 group was 48. Were the women different? Were they
2 menstruating? Were they post-menopausal? I know
3 estrogen wasn't allowed, you said.

4 DR. MARSOLAIS: Dr. Grinspoon will address
5 the question.

6 DR. GRINSPOON: For that one, I don't have a
7 lot of detail. I don't know. The age was similar and
8 you can look at the baseline characteristics, if you
9 want, which doesn't exactly address your comment.

10 But you can see that there were differences
11 in VAT, as anticipated, waist circumference, although
12 I might add that waist circumference was very, very
13 significantly enlarged in the women, I mean, massively
14 enlarged. The SAT was higher.

15 So women seemed to have relatively more SAT
16 in lipodystrophy compared to men. So there were some
17 biological differences, but I don't have a lot of data
18 with respect to menopausal status or anything like
19 that.

20 DR. DOBS: And I have one other small
21 question. It's interesting, you're saying for the
22 monitoring, you're going to do it at 52 weeks if the

1 IGF-1 level is too high. Why are you recommending to
2 wait so long? Should it be monitored throughout the
3 course of treatment?

4 DR. MARSOLAIS: This is something that we
5 discussed, also. I'd like to ask Dr. Cohen to address
6 the question, please.

7 DR. COHEN: Like this panel and the FDA, I
8 take the issue of elevated IGF-1 very seriously, and I
9 know Theratechnologies does, too. With that in mind,
10 exactly how to address this question is a very
11 difficult one.

12 What is the cutoff that should represent a
13 cause for discontinuation? What is the time point
14 that should be used? It's not a trivial question. I
15 feel quite comfortable that a year of therapy, even
16 with elevated IGF-1 levels, does not represent a
17 significant long-term risk.

18 I think that because the dynamics of IGF-1
19 over the course of one year of therapy is not linear
20 and does drop, it makes sense, although one could
21 debate it, that one should follow this over a full
22 year, when we know that, at that point, 80 percent of

1 the patients will be within 97.5 percent of the
2 baseline population.

3 Nevertheless, I think that the general
4 approach is going to be that this type of data will be
5 reviewed on an ongoing basis. There is going to be a
6 proposal for an observational study and a steering
7 committee for such a study will develop further
8 clinical development guidelines to address exactly
9 this question. Should 52 weeks be the time that would
10 be the decision point for discontinuation? That seems
11 to be the best proposal at this time.

12 DR. DOBS: So the recommendation is not to
13 even test it until 52 weeks.

14 DR. COHEN: My personal approach would be
15 that one could measure it at 26 weeks, but this is
16 not, I think, something they --

17 DR. MARSOLAIS: This is mainly like the
18 initiation discussion that we had, but this is
19 certainly something that we will discuss with the FDA
20 in the next week and see what will be the best
21 approach to assure safe use of the drug.

22 DR. BURMAN: Thank you.

1 If I could follow-up on that for a second,
2 just to make myself understand. You don't have any
3 data on IGF-1 levels for more than a year in an agent
4 that you're considering the drug for a longer period
5 of time.

6 DR. MARSOLAIS: At this stage, no. The
7 patients were treated only for 52 weeks. But this is
8 the information that will be collected in the long-
9 term safety observational study.

10 DR. BURMAN: Thank you.

11 Dr. Thomas?

12 DR. THOMAS: Just a series of quick
13 questions. The first one is, this is a fixed dose for
14 a medication that's injectable. Is the formulation
15 possible to be made in a way that the dose can be
16 adjusted?

17 DR. MARSOLAIS: This is also something that
18 was discussed. At the moment, as you see, it's only
19 the fixed dose, that's quite true. But the drug is
20 available in two vials of 1 milligram and this is
21 something that we discussed in terms of a Phase 4
22 program, that it would probably be important to look

1 at titration studies to see if it would be possible to
2 adjust the dose according to the IGF-1 levels.

3 DR. THOMAS: I think Dr. Veltri asked about
4 blood pressure changes, which I don't remember the
5 answer, if that was answered. And then if there are
6 any measurements of kidney function, such as changes
7 in GFR or measurements in nitrogen balance during the
8 course of the study.

9 DR. MARSOLAIS: Regarding the blood
10 pressure, it was not a pre-specified endpoint for the
11 study, and patients that were enrolled in the study
12 had normal blood pressure. Patients with abnormal
13 blood pressure were excluded from the trial, and it
14 was measured only during the vital signs then and we
15 didn't see any significant difference.

16 Regarding the kidney function, we didn't do
17 those type of analyses in the study. Sorry.

18 DR. THOMAS: Anything on nitrogen balance?

19 DR. MARSOLAIS: That wasn't done either in
20 the study.

21 DR. BURMAN: Thank you. And nothing on
22 cardiac echoes.

1 DR. MARSOLAIS: No, not directly.

2 DR. BURMAN: Okay. Thank you.

3 Two more questions. We have about 7
4 minutes.

5 Dr. Kumar, and then Dr. Veltri.

6 DR. KUMAR: Thank you. My first question
7 is, do you have any patients that had a
8 hypersensitivity reaction that then just re-challenged
9 themselves? And, if so, do we know what happened to
10 them?

11 DR. MARSOLAIS: Yes. I would like to ask
12 Dr. Saxon to address the question, please.

13 DR. SAXON: I thought I came all this way
14 for nothing. Thank you.

15 I'm Dr. Andy Saxon. I'm a Professor of
16 Medicine at UCLA School of Medicine. And the question
17 was, do patients who had hypersensitivity re-challenge
18 themselves. The answer was yes.

19 It wasn't by design, but by default. The
20 first group of patients, actually, was six patients,
21 if I'm correct, in the retrospective study, that were
22 found retrospectively, and, in fact, five of those

1 continued giving them. One had continued reactions.

2 In the prospective study, it turns out, of
3 those 9 of the 12 of them that continued to give them,
4 9 of them continued to have reactions. And so it's
5 reassuring. That's not what is recommended,
6 obviously.

7 But even with those, these patients, some of
8 them with -- these are daily injections -- never got a
9 serious reaction. The most serious reaction, they
10 took Benadryl, they were gone in 30 minutes. So
11 whatever those reactions are, one can see the first
12 one and stop.

13 So there were patients who gave them for a
14 long time, in spite of reacting, which was not
15 recommended and it's going to be part of the package,
16 do stop. It's a very small number. It was only 2.9
17 percent. But we certainly don't want to push on a
18 patient who has really got a problem.

19 DR. KUMAR: When is the earliest time that
20 patients see it? If they are going to have a
21 hypersensitivity reaction, when do they get the
22 hypersensitivity reaction?

1 DR. MARSOLAIS: I will ask Dr. Soulban. She
2 has all of the information regarding the time of the
3 occurring of those events.

4 DR. SOULBAN: So it varied across patients.
5 We had approximately 27 patients that had a
6 hypersensitivity reaction. And for four of those
7 patients, they had it within the first day, so the
8 first time they dosed. And typically, it occurred
9 within a few minutes of dosing.

10 Then we had one patient within the seven-day
11 period and two within 2 to 4 weeks, and then you'll
12 see a spreading across time, two and three patients
13 across time. But typically, the onset of the reaction
14 would happen just a couple of minutes after injecting
15 themselves.

16 DR. KUMAR: Thank you.

17 Regarding the sepsis patients, what were the
18 bacteria? Were any of them MRSA?

19 DR. SOULBAN: I'm trying to see if we have
20 data on the sepsis patients. We did have two sepsis
21 patients, both occurring in the tesamorelin group.
22 Those were the two only similar AEs occurring in

1 tesamorelin.

2 I'm sorry. We don't have detailed
3 information on those two sepsis patients. Maybe we
4 can come back with some more information.

5 DR. BURMAN: Thank you. The last question
6 of this session, Dr. Veltri.

7 DR. VELTRI: I guess this begs the question
8 on cardiovascular safety. You have planned, based on
9 your risk management strategy, a long-term
10 observational study for cancer. And, obviously, from
11 a cardiovascular perspective, that would also beg the
12 question of looking for effects on stroke, MI, et
13 cetera.

14 Now, obviously, you're going to be excluding
15 patients with diabetes as a CHD equivalent. So has
16 the sponsor thought of adding or somehow enriching a
17 population looking at clinical events on a
18 cardiovascular safety perspective?

19 DR. MARSOLAIS: The first goal of the long-
20 term observational study was really to look at the
21 potential impact of IGF-1, but it is certainly
22 something, based on the comments and discussion we

1 have today, something that we can probably consider,
2 also, including in the observational study. And that
3 will also happen with further discussion, most likely,
4 with the FDA.

5 DR. BURMAN: Thank you all very much. Thank
6 you to the FDA and thank you, for the sponsor. We
7 will now begin the panel discussion portion of the
8 meeting. Although this portion is open to public
9 observers, public attendees may not participate,
10 except at the specific request of the panel.

11 Let me give you an outline of the session.
12 It's now about 2:00. We're going, at most, until
13 5:00. Obviously, we want to have a balance between
14 good discussion, but also meeting the time limits and
15 having enough time to talk about the questions.

16 We're going to combine some of the
17 questions. So the questions on VATs will be combined.
18 And what we're going to do is open the floor up for
19 discussion for about 15 to 20 minutes for the whole
20 panel and then go through individually each of the
21 questions, which I will now consider four questions,
22 combining three of the other ones, on VAT, spending

1 the most time on the last question, which is the only
2 voting question.

3 That will leave about 35 or 40 minutes for
4 each question, and we'll go around the table and ask
5 everyone -- specifically, the voting members -- to
6 give their opinion regarding each of the questions,
7 because the FDA definitely wants full discussion by
8 everyone, as well, and get everyone's opinion.

9 So it's 2:00 now, and I'd like to open the
10 floor up for a discussion for 15 minutes of any issues
11 anyone on the panel wants to talk among themselves,
12 bring up an issue, or raise any specific comments.

13 Ms. Swan?

14 MS. SWAN: One concern I have about Egrifta
15 is given the prevalence of HIV among African-
16 Americans, Latinos and Latinas, and diabetes risk
17 factors, et cetera, there was real underrepresentation
18 in this trial, and I hope that that would be a prime
19 consideration of the agency and the sponsor to make
20 sure that post-marketing studies include people who
21 are hardest hit by the epidemic.

22 DR. BURMAN: That's a very good point. I'm

1 sorry. Yes, please.

2 DR. CARGILL: I know the question came up
3 this morning and somehow we didn't quite get back to
4 that, but I would like to not only echo that, but,
5 also, particularly given I don't know if we ever saw
6 or heard data in response to the original question
7 about family history and people with glucose, as well.

8 Again, because HIV disproportionately
9 impacts those groups that Ms. Swan has mentioned, but,
10 also, they often have very deep family histories of
11 this, it will be, for many reasons, important to
12 obtain this data.

13 DR. BURMAN: And you're speaking
14 specifically of family history of hyperglycemia.

15 DR. CARGILL: Yes.

16 DR. BURMAN: And if I would, I'd just ask
17 the sponsor, do you have any information on family
18 histories, quickly?

19 DR. MARSOLAIS: No. Unfortunately, we don't
20 have any information on family history.

21 DR. BURMAN: Thank you. Dr. Schade?

22 DR. SCHADE: Yes. I have one question.

1 It's not clear to me the relationship between
2 treatment and diabetes. What is not clear to me is if
3 a patient develops a hemoglobin A1C of 6.5 or 6.6 and
4 then I treat the patient and get the hemoglobin A1C
5 down to 6.4 or 3, does the company recommend
6 continuing treatment with their pharmaceutical agent,
7 or are they then, once they have this diagnosis of
8 diabetes, irrespective of treatment, banned from
9 treatment?

10 DR. BURMAN: Would the sponsor like to
11 answer that question?

12 DR. MARSOLAIS: Yes. At the moment, what
13 we're recommending is that, mainly, it will be two
14 consecutive visits, like, starting at week 26, where
15 it will be the first measure of HB A1C. If it's above
16 6.5, there will be a second measure at week 13; and,
17 if it's above, then the patient should stop treatment.
18 If the value is below 6.5, then they can continue
19 treatment; still monitor it for another 13 weeks and
20 readjust based on the value of the HB A1C. If there's
21 a continued increase, the patient should be stopped.

22 DR. SCHADE: Well, my question is, is that

1 irrespective of diabetes treatment. In other words,
2 if I then treat the patient with one of my many
3 diabetes drugs and improve them, is it okay for me to
4 continue therapy?

5 DR. MARSOLAIS: I will ask Dr. Grinspoon to
6 address this question.

7 DR. GRINSPOON: I would think yes. I would
8 think that there's an early warning period in which we
9 look for the people that have a propensity to this,
10 give them some time for the doctor to understand, to
11 talk to the patient, to understand this.

12 In that window period before they get kicked
13 out, you can do what you want, which is have them go
14 on a diet, da-da-da-da, go on an insulin sensitizing
15 agent, all the power to you. We don't know any
16 interactions between those. We're not aware of any.

17 If you can get the glucose stabilized and
18 get the benefit on VAT, I think that would be
19 wonderful. In fact, there should be further studies
20 of that, actually.

21 DR. BURMAN: Thank you. I'd like to raise a
22 question for the panel, which, to me, is the seminal

1 question, which is we're talking about an agent that
2 is useful in lowering visceral adiposity. But
3 visceral adiposity is a poor surrogate for insulin
4 resistance or lipids.

5 It's a surrogate, but it's a surrogate for a
6 surrogate, if you will. And then the endpoint of
7 cardiovascular outcome is not -- there are no issues
8 here at all. There's no data. There are no data.

9 So I wanted to raise for the committee, what
10 do the experts in lipidology and diabetes and insulin
11 resistance and growth hormone on this panel think
12 about that indication and the long-term potential
13 effects?

14 Secondly, what does the panel think about
15 prolonged growth hormone elevations or IGF-1
16 elevations for years? In some people, there's, as you
17 saw, minimal elevations and some more moderate for a
18 long period of time, which is really mimicking mild
19 acromegaly.

20 I'd just like to raise those, because I
21 think those are the two seminal issues, at least in my
22 mind. Dr. Dobs?

1 DR. DOBS: Well, it's a very difficult
2 question, because we don't really know what the story
3 is in non-HIV people, meaning in people that are non-
4 HIV-infected and you're able to reduce their visceral
5 fat, what does that really do, because it may be just
6 a biomarker for hyperinsulinism, but it may also have
7 pathophysiological effects, as well, meaning a more
8 metabolically active or increased free fatty acid.

9 So it may be true physiological or maybe
10 just a biomarker, and we really don't even know what
11 it does in non-HIV people. But these are questions
12 that I don't think we're going to have the answer for,
13 who knows, in decades from now to really be able to
14 answer that.

15 I think the thought is that we know that the
16 risk is bad and the thought is that perhaps
17 intervening on that might produce some short-term
18 benefit with hyperinsulinism and long-term benefit
19 with cardiovascular disease.

20 But what we've all said many times around
21 this table already is that those studies will really -
22 - certainly, the long-term studies will probably take

1 decades.

2 DR. BURMAN: Even the post-marketing
3 studies, when they're analyzed, even if they show a
4 detrimental effect, you're stopping the drug, if you
5 will, post-hoc.

6 DR. DOBS: You mean if one assumes that the
7 glucose -- if there's glucose intolerance, one stops
8 the drug, or what Dr. Grinspoon suggested is that
9 probably in clinical practice, people will add on a
10 diabetic agent.

11 So I think in post-marketing, there might be
12 the opportunity to see what happens in the long run
13 with glucose intolerance, or more intensive
14 physiological studies can be done to look at the
15 physiology of insulin and glucose in the presence of
16 this new medication.

17 DR. BURMAN: Thank you. And of course,
18 there are other detrimental potential effects, as
19 well, on polyps and cancer perhaps. Can I ask, Dr.
20 Molitch, as a growth hormone expert, what are your
21 thoughts?

22 DR. MOLITCH: I'm certainly not happy about

1 people being 2 and 3 standard deviations above the
2 mean in their IGF-1 levels for years and years and
3 years, certainly. That's the kind of range that we do
4 see in patients with acromegaly and is associated with
5 increase in morbidity and mortality.

6 We try very hard to get those levels down
7 into the normal range. So here, we're doing the
8 converse. Similarly, in patients who are treating
9 with true growth hormone deficiency, we give them
10 growth hormone. We aim to keep their IGF-1 levels in
11 the middle of the normal range and not to supranormal
12 ranges for fear of those same adverse cardiovascular
13 effects and potential cancer effects, which I think
14 are certainly far from being proven. So it is a
15 concern to me.

16 Coming back to your first question, if I
17 may, it was my original question that I asked, the
18 link between increased visceral fat and cardiovascular
19 disease. What is that link? And the fact that we
20 would expect to see, with a decrease in visceral fat,
21 an improvement in insulin sensitivity and a lowering
22 of glucose levels, and that might be part of the

1 beneficial effect we might see with lowering visceral
2 fat. But in fact, we don't see that here.

3 The growth hormone or the increase in growth
4 hormone and increased IGF-1 seems to obliterate that
5 potential beneficial effect. So there will maybe a
6 total disruption of visceral fat changes with
7 cardiovascular outcomes, and that's what concerns me
8 here.

9 DR. BURMAN: Thank you. Does anybody else
10 have any comments on those specific issues? Dr.
11 Goldfine?

12 DR. GOLDFINE: I actually have a couple of
13 questions. One is on the impact of the dysglycemia.
14 And I think that there is more pre-analytic and
15 analytic variability in the glucose values in that the
16 day-to-day variation in the glucose tolerance test is
17 much greater than that for the hemoglobin A1C. And so
18 I actually put a lot of stock on the hemoglobin A1C
19 measure, per se.

20 There are numerous studies. Most of them
21 look at either fasting glucose or a post-load glucose
22 and demonstrate that even within the normative range,

1 increases do carry very significant hard outcome,
2 cardiovascular or mortality, risk from the increases.

3 Probably the most pressing study is one that
4 came out of New Zealand about a year ago or two years
5 ago by Brewer and company, where they looked at the
6 effect of hemoglobin A1C on approximately 49,000
7 people. It was actually a health survey and on
8 mortality. And there are increases in mortality even
9 across the normative range.

10 So while the individual risk here is,
11 obviously, extremely low given the magnitude of
12 change, it's probably not linear in that the risk even
13 in crossing these normative ranges is probably
14 present. And on a population level, it could
15 potentially disrupt the potential benefits.

16 If you look at the aggregate data for the
17 acromegalic adverse events, which I believe was on
18 slide 80, in case anybody wants to bring it up, while
19 each individual potential adverse effect was actually
20 low, if you look at the aggregate, it looks like there
21 was almost 10 percent more aggregate risk of
22 acromegalic adverse events developing.

1 Again, as Dr. Molitch pointed out, we do try
2 to drive people to the normative range in our
3 therapeutic clinical practice. And over time, it
4 suggests that we actually are potentially inducing a
5 very low grade chronic issue that would be of concern
6 and make me feel that a cardiovascular outcome --
7 since we're being asked to accept that the visceral
8 adipose reduction, on top of making patients feel
9 better and being able to bend over, which is actually
10 very important, they are quality of life issues, it's
11 also important to their long-term mortality and
12 safety.

13 There are other studies, albeit
14 extraordinarily small, that look at omental resections
15 and do not demonstrate. So there was one published
16 approximately two months ago from the group in St.
17 Louis, where they took two cohorts of patients -- this
18 is very flawed by being extremely small data. But
19 they had a group with Roux-en-Y bariatric surgery
20 with omentectomy and without omentectomy, and they
21 also had a group who underwent solely omentectomy.
22 That group was not randomized or masked in treatment.

1 After a year, with very careful clamp
2 measures, and other insulin secretion in action, they
3 did not demonstrate metabolic benefits, other than a
4 very small borderline statistically significant drop
5 in triglyceride level, which has not been as clearly
6 demonstrated to have cardiovascular outcome benefit.

7 In that study, they were removing
8 approximately 800 -- so it was about .8 kilograms of
9 visceral adipose tissue. And when I do the
10 calculations based on the average individual starting
11 at about 180 and approximately the 18 percent loss,
12 you're probably decreasing by about 25-27 grams of
13 adipose tissue, which is much less than that from the
14 full removal that did not see benefit.

15 So our leap of faith is that the reduction
16 in visceral adipose tissue is going to be beneficial
17 to cardiovascular outcomes, which, when offset against
18 the low grade increases in IGF-1 and the increases
19 potentially in hemoglobin A1C and dysglycemia, may not
20 end up yielding what we would be very hopeful from the
21 decrease in visceral adipose surrogate endpoint to
22 find ultimately.

1 DR. BURMAN: Thank you. Those are good
2 points. We haven't discussed at all hepatic fat, and
3 there is, obviously, a lot of literature on hepatic
4 fat being more related to insulin resistance than
5 visceral fat, but we don't have any information on
6 that.

7 Dr. Thomas?

8 DR. THOMAS: I have found the diabetes
9 impact glucose tolerance data to be somewhat confusing
10 from both the FDA and the sponsor. It's bidirectional
11 and you might expect that in a short-term study, some
12 patients may get improvement from the changes in lean
13 mass and in visceral fat, and some people may not.

14 That's why I think family history and other
15 risk factors for diabetes are important to assess and
16 should be done. The one thing I wanted to mention
17 specifically about this point is I don't think this
18 should be done as an observational study. This really
19 has to be done as a trial, if the medication is
20 approved, because in observational studies, the
21 diagnosis of diabetes is fraught with being
22 misdiagnosed.

1 Patients may think they have diabetes and
2 they don't. They may be put on a medication for
3 diabetes and actually are being treated for something
4 else unrelated to diabetes.

5 So if you're going to approve this, and this
6 is an important issue about the development of
7 diabetes, then you really need to have a placebo-
8 controlled trial afterwards to look at what is the
9 true incidence of diabetes over time. And you need to
10 look at risk factors, though, risk factors of family
11 history, ethnicity.

12 Because the ethnicities were so low in terms
13 of minorities, who are much higher risk for diabetes
14 than probably the Caucasian group that was the
15 majority of the patients in the study, that's going to
16 be an important factor, as well.

17 The second thing is related to this.
18 Because of the issue of retinopathy and what we now
19 know, which we didn't know a while ago, that
20 retinopathy exists early in people with normal glucose
21 tolerance. It's up to 8 or 10 percent. It exists in
22 people with impaired glucose tolerance.

1 In growth hormone, before laser therapy was
2 available for retinopathy, destruction of the
3 pituitary in the 1960s and early '70s was a treatment
4 for advanced retinopathy. And in trials with growth
5 hormone and diabetes later on, there was an increase
6 in retinopathy.

7 So if we're going to give a treatment that
8 has potentially many years to lifelong chances of
9 being used, we really need a proper assessment of
10 retinopathy, starting at baseline and changes over
11 time, with fundus measurements, endoscopy reviewed by
12 ophthalmologists to see what is this risk, because you
13 also need to make a recommendation to patients in this
14 study, if they're going to be on this medication for a
15 long time, should they get annual eye exams beyond
16 what eye exams they may get for other causes of HIV
17 retinopathy, the infections they get, the
18 chorioretinitis. They may need routine surveillance
19 for retinopathy, which we can address.

20 Other risk factors, like blood pressure, we
21 know that long-term with growth hormone, abscess and
22 acromegaly, blood pressure goes up. There are changes

1 in EGFR and nitrogen balance. All of those things we
2 presume, like blood pressure, contribute to the excess
3 mortality and acromegaly.

4 So we need to know these things. And the
5 cardiovascular trial, as a result, also should be a
6 trial, not observational, because I think the worst
7 thing that will happen is -- it's happening in July --
8 is five-six years from now, we get some meta-analysis,
9 a review of data from claims bases, from insurance
10 companies or an HMO, saying there's a suggestion of a
11 cardiovascular signal. And then we're going to meet
12 here again -- probably not me, because it will be five
13 years from now. I won't be on term.

14 But we're going to be talking about should
15 we be doing trials that are randomized to see if
16 there's a cardiovascular risk. So I think just like
17 the diabetes drugs are having this done now early on
18 after approval, I think this should be something
19 that's planned as part of the approval process, if the
20 medication is approved.

21 DR. BURMAN: Thank you.

22 Any other comments from the panel or issues

1 that the panel think are important to raise? Dr.
2 Molitch?

3 DR. MOLITCH: In all due respect, coming
4 back to the retinopathy issue, I think it's actually
5 not an issue. I think the old issues on pituitary
6 ablation were totally uncontrolled and for very far
7 advanced retinopathy, and I think they can just be
8 discarded.

9 There have been studies looking at giving
10 some metastatin to diabetic patients, reducing growth
11 hormone to see if it would have any effect, and it did
12 not. So I think that at least that part we probably
13 don't need to worry too much about. All of the other
14 issues certainly are germane, however.

15 DR. BURMAN: Thank you.

16 Dr. Proschan?

17 DR. DOBS: Maybe it's addressed to Dr.
18 Molitch, is the issue of doing echoes for
19 cardiomyopathy in the long-term because of the
20 acromegalic heart. And, actually, I think that's what
21 the old term data showed people died of.

22 DR. BURMAN: Agree.

1 Dr. Proschan?

2 DR. PROSCHAN: Concerning the diabetes
3 issue, I think it is a little confusing, but I think
4 there is an increase in diabetes. It makes sense that
5 there's a statistically significant change in HB A1C.
6 So if you're close to the limit, it's going to
7 probably push you over the limit. And I think that's
8 what the data show when you look at -- when you look
9 at a single time point, I think there's a lot of error
10 caused by the fact that people are right on the
11 border. And that's why I think you want to look at
12 consistency.

13 So I like the number of times you go to a
14 worse category, and I think that analysis does show
15 that there's an increase. I think it's small, but I
16 think it is real.

17 DR. BURMAN: Thank you. Anybody have any
18 other -- Dr. Schade? I'm sorry.

19 DR. SCHADE: I have a comment and a question
20 for Mark. We're talking about diabetes like it's a
21 fixed number, and the fact is, I'm a strong proponent
22 of treating impaired glucose tolerance or what you

1 call pre-diabetes, because the comment we heard over
2 there that you start seeing complications before you
3 reach the "diagnosis" of a fasting to 126 is real.

4 To think that there's a difference between
5 going from 6.3 to 6.4 versus 6.4 to 6.5 and suddenly
6 having diabetes I think is a myth. I think you can
7 get complications of the spectrum and a continuum.

8 I would agree with you that the population
9 data shows that the higher your A1C, the more likely
10 you are to get complications. So it's not good to go
11 from 6.3 to 6.4. It's not good to go to 6.5, et
12 cetera. But to think you're okay if you're below 6.5,
13 a hemoglobin A1C of 6.5 is a myth.

14 So I think we know that this drug will cause
15 insulin resistance. Therefore, it will raise A1C to
16 some extent, is real. I'm not particularly worried
17 about it, as a diabetologist. I treat impaired
18 glucose tolerance and I can treat this impaired
19 glucose tolerance these days with the many drugs we
20 have. So the diabetes, quote, doesn't concern me as
21 much, but I understand the concern of the panel.

22 The question I have for Mark Molitch is

1 totally different. And the question I have is, are
2 you worried, Mark that there's something -- anything
3 bad going to happen to the pituitary with continual
4 stimulation at these high levels for three, four,
5 five, six, and seven years?

6 DR. MOLITCH: No. There are clearly tumors
7 that make growth hormone-releasing hormone and they
8 can cause growth hormone cell hyperplasia. And then
9 if you get rid of the growth hormone-releasing
10 hormone-producing tumor, that all tends to resolve.

11 So you could get hyperplasia. You could
12 have true acromegaly that occurs in that setting, but
13 it goes away when you get rid of the excess source of
14 the GHRH.

15 DR. SCHADE: So you don't get adenomas with
16 continual stimulation.

17 DR. MOLITCH: Correct, not in humans.

18 DR. SCHADE: Okay.

19 DR. BURMAN: Thank you. All good points.

20 Dr. Morse?

21 DR. MORSE: I just wanted to add that there
22 is some literature in HIV that hemoglobin A1C

1 underestimates glycemic control, and I haven't heard
2 anyone mention that. So it may be that using
3 hemoglobin A1C cutoff that works for the general
4 population may not be appropriate in this setting.

5 DR. BURMAN: Is that even without the
6 context of hemoglobinopathies?

7 DR. MORSE: Yes. It correlates with
8 specific antiretrovirals and some others.

9 DR. BURMAN: Thank you. Dr. Veltri?

10 DR. VELTRI: Just a comment about the IGF-1.
11 I'm in pediatric endocrinology and, for the most part,
12 we have a tremendous number of kids on growth hormone
13 for various reasons. And I know we don't generally
14 follow-up IGF-1 levels in our treated growth hormone
15 patients, at least as a group.

16 We watch their growth, we watch their bone
17 age, and we make assessments based on our starting
18 dose. But the number of times that we've gotten IGF-
19 1s or that I've seen them for whatever reason, they're
20 actually pretty high and higher than you would expect
21 for the child's age or even the bone age.

22 Thinking about it, for some of the kids that

1 we have and especially some kids that we treat for
2 idiopathic short stature, those kids have normal IGF-
3 1s and normal growth hormone levels upon stimulation.

4 So some of these kids are getting the
5 medicine for 10, 15, almost 20 years while they're in
6 our practice or at least have that potential, and I
7 know we're not seeing anything. Granted, the ISS
8 indication has only been around since 2003, but growth
9 hormone, at least in its form that we're using it now,
10 has been around for 25 years.

11 So I don't see any real worry on IGF-1, its
12 effect today, but then, again, I'm looking at kids,
13 most of them under 20 years of age compared to the
14 population that you're talking about here. But the
15 potential for the number of years you're going to use
16 the medication is very similar to our population.

17 You're talking at least 10, 15, 20 years,
18 hopefully, I would think, in the big picture, for
19 preventing cardiovascular disease in HIV patients.
20 Well, it's the same thing, at least from a time
21 standpoint, in our population.

22 I think kind of what Dr. Schade had said

1 there, this A1C change of .1 percent, I'm not worried
2 about this wonderful p-value, but we don't see .1
3 percent as a real issue for diabetes. And if you're
4 worried about the 6.4 going to 6.5 and you treat these
5 patients for glucose intolerance, you're going to get
6 -- well before you get there anyway. So you're going
7 to be treating a lot of these patients beforehand.

8 So I'm just not terribly impressed with the
9 diabetes standpoint. I'm actually much more focused
10 on the visceral fat, which I know will come up in a
11 couple months at a different meeting, but I think
12 that's the bigger role here as far as diabetes is
13 concerned and cardiovascular disease.

14 DR. BURMAN: As a pediatric endocrinologist,
15 can I ask you, are you aware of studies following
16 children who have gotten growth hormone administration
17 for decades, 10 or 20 years, and whether they get an
18 increased risk of cardiovascular disease or cancers?

19 DR. VELTRI: I am aware of no studies of
20 kids getting the medicine that long and getting
21 cardiovascular disease. I know when we have a patient
22 that has growth hormone deficiency and has a cardiac

1 abnormality, it's just a tremendous concern between us
2 and the cardiologist. Do you want to put this kid on
3 growth hormone or continue it if they have some
4 cardiovascular problem? And most of it's congenital
5 heart disease. But I'm not aware of any that have
6 received it that long.

7 The biggest risk population related to
8 growth hormone, I think, in our patient population,
9 are the brain tumor kids. And the big worry was if
10 they have a brain tumor and you put them on growth
11 hormone, are you going to re-stimulate that tumor,
12 even if you think you've eliminated disease, whether
13 it be from surgery or from radiation.

14 We have one of the best centers in the
15 country related to brain tumor and endocrine clinic,
16 and Dr. Lillian Meacham has put these studies out,
17 giving them growth hormone. Even in those that you
18 would think would be at higher risk for developing or
19 redeveloping tumors, it doesn't occur compared to the
20 general population.

21 DR. BURMAN: Thank you.

22 It's 2:25. Are there any further issues

1 among the panel before we go through each of the
2 questions that anyone wants to raise for the panel?
3 No?

4 Then what we'll do now is go through the
5 questions. And in the packet, there are six
6 questions, but three of them are very similar. So
7 we're going to combine those, and there will be four
8 questions.

9 What we'd like, the FDA would like, is for
10 us to go around to each voting member -- each member -
11 - and see what their specific opinions are, because we
12 want input from everyone so we can make the best
13 decision.

14 So the first question, which is on the board
15 -- I'm sorry. One other thing. We're not going to
16 take a break. I don't think there's time, rather end
17 early. So if anybody wants to get some refreshments
18 or whatever, please get up and feel free to do so.

19 With regard to the first question, "Please
20 comment on the findings of glucose intolerance in
21 development of diabetes associated with Egrifta
22 therapy and its impact on long-term cardiovascular

1 risk." We'll just start on one side and then go to
2 the other.

3 Maybe, Dr. Schade, do you want to start?

4 DR. SCHADE: Are we going to comment on just
5 this one or is this the four questions?

6 DR. BURMAN: Sorry. This is number one and
7 there will be four specific questions. This is the
8 first one.

9 DR. SCHADE: We're working on getting number
10 one here.

11 DR. BURMAN: Thank you. Three, four, five
12 are combined. So do you want me to read all the
13 questions?

14 DR. SCHADE: No. I'm just trying to see
15 number one, which has been taken off. Okay. It is
16 not a great concern to me. I have lots of treatments
17 for diabetes and impaired glucose tolerance. I'm a
18 strong believer that you don't wait until you reach
19 diabetes before you treat.

20 Therefore, if I have one of these patients
21 and they are developing impaired glucose tolerance,
22 I'm going to treat it. And I have a lot of choices

1 these days, and I just don't think this is a major
2 concern. It's certainly a minor concern. I'm not
3 trying to negate it. But it's not a major concern.

4 DR. BURMAN: Dr. Dobs?

5 DR. DOBS: I, too, have really not that many
6 concerns about it. There is a relative increase of
7 diabetes, it looks like, but the absolute risk is
8 still low. And this is a population where there's a
9 high background of getting older, generally getting
10 more obese, and having other risk factors, such as
11 medications, to increase the risk of diabetes.

12 DR. MORSE: I agree the risk is real and it
13 appears to be rare. Luckily, it's reversible and I
14 think with close monitoring, we could manage it well.
15 So I'm not very concerned about long-term impact on
16 cardiovascular risk.

17 DR. FELNER: I have very little concern. In
18 fact, I would have said exactly what Dr. Schade had
19 said.

20 DR. GOLDFINE: I would mimic closer to Dr.
21 Morse, I think, that it's very small. It is probably
22 real. I think it is reversible and manageable. And

1 on the population level, I'm uncertain in how that
2 will play out for long-term cardiovascular risk.

3 DR. PROSCHAN: I think it is real. I don't
4 think it's an artifact. It does seem to be a small
5 difference in HB A1C, and I don't know what the
6 tradeoff is. If you reduce fat, maybe that more than
7 offsets possibly a small increase in risk.

8 I don't really know that, but it does seem
9 small, but real.

10 DR. BURMAN: My comments are that there are
11 no clinically significant changes in the mean values
12 for fasting glucose, fasting insulin, or HOMA, and a
13 statistically significant, but clinically irrelevant,
14 potentially irrelevant, mean change in A1C was
15 observed with a change of, as was mentioned, .15
16 percent versus .04 percent, which is statistically,
17 but not clinically significant.

18 The percentage of patients with glucose
19 intolerance increased in the treatment group from a
20 baseline of about 38 percent to as high as 53 percent
21 during subsequent measurements. In contrast, the
22 percentage of patients with glucose intolerance in the

1 placebo group remained about the same, 39 percent
2 versus 48 percent.

3 Therefore, I come to the conclusion, as
4 well, that there's a statistically significant rise in
5 hemoglobin A1C, but probably that's clinically
6 insignificant. But I definitely agree with Dr. Schade
7 that it's a continuum and it's certainly something
8 that should be monitored.

9 DR. FLEGAL: I also concur that there does
10 appear to be true increased risk and it is
11 statistically significant, although small. I guess
12 the other thing, I don't really know how to balance
13 this, is the population of patients for whom this drug
14 will be used versus the general population.

15 The ethnic composition is somewhat different
16 and whether some groups at high risk of diabetes are
17 sort of underrepresented a little bit in the patient
18 populations. So I think that's something that
19 definitely there should be an eye on, because this
20 will increase cardiovascular risk, although to a minor
21 degree and perhaps there are offsetting issues. But
22 it's certainly something that needs to be looked at

1 carefully.

2 DR. ROSEN: I would tend to agree with the
3 other speakers that the absolute risk is low. It's
4 potentially manageable, and I think it's very hard to
5 go from that slight increase in hemoglobin A1C to
6 long-term cardiovascular risk.

7 So I think it's manageable and I don't think
8 that it's a major issue for me.

9 DR. HENDERSON: I agree that it's not a
10 major concern. It appears there's a subpopulation
11 that might have an effect on glucose, but it could be
12 managed or they could be taken off the drug.

13 DR. THOMAS: Because patients with diabetes
14 were excluded, the magnitude of change isn't very
15 large. So it's not really something that can't be
16 treated medically. But I do think, as many have
17 mentioned, the risk for cardiovascular disease starts
18 early, well before the diagnosis of diabetes.

19 So risk factor management and proper follow-
20 up is what I think is the emphasis of these changes,
21 should be reflected in terms of practice. So I think
22 that's the concern. And because these are small

1 changes in such a small duration of time, you won't be
2 able to see any signal. So that's why follow-up
3 studies are important to look at this.

4 DR. BISHOPRIC: I would reflect all the
5 other comments and just say that because it seems the
6 problem is treatable and the drug is removable, that
7 it would be a manageable complication.

8 DR. KUMAR: Not only do I think the risk is
9 real, I think it's much more significant, because the
10 patient population that was studied in this and shown
11 in this trial is very, very different from what we see
12 in clinical practice.

13 The patients that we are seeing in clinical
14 practice were not represented in this patient
15 population. We are seeing more and more people of
16 color. We're seeing more patients with obesity,
17 general overall obesity, and with other risk factors.

18 So I think, to us, with all the other
19 antiretroviral combinations, just adding one more drug
20 to treat diabetes is going to be significant. So to
21 me, as a clinician, seeing these patients, managing
22 these patients, even the small risk of diabetes would

1 be something that I would take -- which would be of
2 great concern to me, especially knowing that patients
3 with HIV infection, even in this era of HAART, have
4 increased risk for cardiovascular disease.

5 DR. MOLITCH: It's hard for me to separate
6 out the diabetes and the cardiovascular risks. The
7 diabetes itself is relatively modest and itself is
8 easily treatable. On the other hand, with the
9 decrease in visceral adiposity, I would expect a
10 substantial improvement in glucose levels, improvement
11 in insulin sensitivity. And, in fact, we see things
12 going slightly in the opposite direction.

13 The biological effect is actually pretty
14 substantial. We're not just having a slight increase
15 in glucose levels. We're reversing what should have
16 been expected with the decrease in visceral adiposity.

17 I think there's a lot of biology going on
18 here that's sort of being hidden and masked, and so
19 I'm very concerned about that. And I think it totally
20 abrogates the linkage that's being made between the
21 reduction in visceral adiposity and cardiovascular
22 risk, that it's just broken, it's not there anymore.

1 The diabetes itself is relatively easily
2 manageable. Cardiovascular risk is another thing
3 entirely.

4 MS. SWAN: I am concerned about the diabetes
5 to a certain extent, but for me, it underscores the
6 need for long-term follow-up, additional studies, and
7 clear guidelines for what is appropriate monitoring.

8 Both for clinicians -- since all of you are
9 experts here and there are going to be people that
10 might possibly be administering this drug that don't
11 have the background of knowledge that people here do
12 about endocrine and metabolic issue, and that the
13 risk-benefit ratio is clearly spelled out to patients
14 who want to use this.

15 DR. CARGILL: I am a bit concerned about the
16 glucose intolerance. However, I'd like to echo what
17 was said earlier, that I think that what we have here
18 is glucose intolerance lumped into a question with
19 long-term cardiovascular risk.

20 I think what we have here is some
21 significant confounding, particularly, that may happen
22 in the future. In a population that was 76.6 percent

1 Caucasian, to see the signal that we saw here does not
2 necessarily reflect what we're going to see in
3 clinical practice.

4 I echo Princy's comments that in my
5 practice, it's 97 percent African-Americans with very
6 deep family histories of diabetes. That will be an
7 issue. However, that's further confounded by these
8 individuals already bringing their own cardiovascular
9 risk superimposed upon cardiovascular risk that's
10 associated with just having HIV infection.

11 So I think what we see here is we do see
12 some reason for concern, but on the other hand, I
13 think we have to be realistic about this and
14 understand that this is heavily confounded and what
15 we're going to be looking to is additional studies
16 that we set some very solid parameters around so that
17 we can start to unlink this, because right now, it is
18 heavily confounded.

19 DR. VELTRI: Well, my only comment is I see
20 some schizophrenia here in the sense that we have
21 drugs that lower glucose intolerance. We're asked to
22 do cardiovascular outcome trials. And here, when we

1 have an increase on some of these parameters, we're
2 kind of dismissing a little bit the potential for
3 adverse long-term cardiovascular risk.

4 So I guess from an industry perspective,
5 there's a little bit of a disconnect here for me. My
6 own personal feeling is I think that the data, I
7 think, does show biologic plausibility of what we're
8 observing, although modest increase in glucose
9 intolerance, hemoglobin A1C, et cetera.

10 I think the development of diabetes can be
11 managed, obviously, and even before frank diabetes is
12 manifest. Indeed, the trial did have fasting blood
13 sugars up to 150, I believe, here. So there clearly
14 were some maybe diet-treated diabetics.

15 The impact on long-term cardiovascular risk
16 is uncertain, as there's competing risks here with the
17 VAT, but yet the glucose issues. So what appears to e
18 a biologic plausibility may end up being a real
19 cardiovascular risk.

20 So I don't think we have enough data today
21 to make that assessment.

22 DR. BURMAN: Thank you all. I have the task

1 of summarizing this for the record, which, of course,
2 is difficult. But let me summarize and see if there
3 are any strong objections.

4 We agree that cardiovascular disease is a
5 risk factor; that HIV is a risk factor for
6 cardiovascular disease; and, that increased visceral
7 adiposity is a problem, as we've heard from the OPH
8 session, both with image and potentially with insulin
9 resistance, although the link between visceral
10 adiposity, insulin resistance, as well as growth
11 hormone, and with cardiac hard endpoints is not
12 exactly clear.

13 The results on diabetes show that there's a
14 statistically significant change in A1C that probably
15 is not clinically significant, and the disease could
16 be treated if it shows up.

17 We do want post-marketing studies that are
18 detailed, and we're going to be talking more about
19 those. And we make the point that diabetes and
20 hemoglobin A1C is a continuum and that an arbitrary
21 cut-point of 6.5, for example, is just that, just
22 arbitrary.

1 As was pointed out by Dr. Kumar, the
2 population studied is not representative and it's not
3 known or not clear at all that the other populations
4 would have the same responses.

5 We do want long-term studies with regard to
6 carcinogenesis and that a year-long study is not
7 adequate for that. We don't understand the mechanism
8 by which diabetes develops. As Dr. Molitch says, when
9 the visceral adiposity decreased, you'd expect maybe a
10 benefit on metabolic effect, and that visceral
11 adiposity is a distant surrogate for cardiac
12 endpoints.

13 Does anyone want to add or modify that
14 summary? Okay. Thank you all very much. I thought
15 that was an excellent discussion.

16 Let's move to question 2, as listed here.
17 "Please comment on the increase in IGF-1 levels
18 associated with Egrifta therapy and concerns
19 associated with chronic use of Egrifta with respect to
20 long-term cancer and cardiovascular risks."

21 We've touched on this a little bit. Dr.
22 Veltri, let's start on your side.

1 DR. VELTRI: I really have no comments.
2 There's no data right now that I can really talk to.
3 It's just an open-ended question. I just don't have
4 any comments.

5 DR. CARGILL: I think we've heard some
6 suggestion that this is not unusual in other settings.
7 Again, I think it is something that we would want to
8 monitor, but I don't see this right as something, at
9 least for me, that I have as much concern as I do, for
10 example, in number one.

11 MS. SWAN: I think monitoring over the long
12 term will be important, because I'm not sure how much
13 of the information we've heard is applicable in the
14 context of immune dysregulation; not deficiency, but
15 dysregulation and risk for cancer.

16 DR. MOLITCH: I think the risk for cancer is
17 actually quite low, although it's probably finite, but
18 very low, from looking at long-term studies of growth
19 hormone-treated individuals and people with
20 acromegaly. It certainly deserves long-term
21 surveillance, but I'm not sure it's high enough to
22 limit looking at this medication.

1 The cardiovascular risk, I think, is a
2 concern. The elevated IGF-1 levels really are
3 reflective of elevated growth hormone levels, also.
4 And certainly in patients with acromegaly, they get
5 closely correlated with increased cardiovascular risk.

6 Whether the increase in growth hormone was
7 then related to the increase in glucose intolerance,
8 again, may be partly contributing to that
9 cardiovascular risk. So I think it's a concern and
10 would clearly need to be studied more carefully in the
11 long term.

12 DR. ROSEBRAUGH: Can I just ask a question
13 and use an FDA prerogative here?

14 DR. BURMAN: Dr. Rosebraugh, of course.

15 DR. ROSEBRAUGH: I am a little curious, if
16 you wouldn't mind commenting. You've mentioned
17 several times we should monitor and do further testing
18 for cardiovascular type outcome things.

19 So it would help me if I could hear the
20 panel members discuss whether they are talking about a
21 randomized trial. And if you are, if it was post-
22 approval, how practical do you think it would be to do

1 that study?

2 The reason why I'm asking is we heard some
3 very compelling testimony about how people suffer with
4 this disorder. And so I'm wondering if you can really
5 do a randomized trial, if this is approved, and do it
6 post-approval. Would people really go into a trial
7 where they have a 50/50 chance of not getting a drug
8 that might make them feel better?

9 If you think that trial is not practical,
10 how would you suggest that we try to evaluate for
11 cardiac outcomes?

12 DR. BURMAN: Maybe we can back up and go
13 around. Dr. Veltri, do you want to comment
14 specifically on that? Then we'll move around.

15 DR. VELTRI: Well, that's what I was kind of
16 asking you, how would you structure a cardiovascular
17 trial, outcomes trial, when you would exclude
18 diabetics, for instance, CHD equivalent patients. It
19 would be feasibly difficult to do, but somehow you'd
20 need to think of a way to enrich the populations.

21 In this particular case, though, I think we
22 don't really know what the VAT means. Certainly,

1 there are some things that are going favorable, but
2 some things which are not; favorable, some of the
3 lipid parameters, but not the glucose parameters.

4 So I think it's scientifically and ethically
5 still an important question to ask and I think it's
6 not like it's impossible to do, especially if you're
7 going to use an enriched population where you're going
8 to have events.

9 I still think a double-blind, randomized
10 control trial would be the way to go here, but the
11 details would need to be worked out. I think it's
12 feasible, but it would be more difficult.

13 DR. CARGILL: I actually don't understand
14 your difficulty. As I'm sitting here listening to you
15 and think about having heard this compelling and very
16 important public hearing testimony and also, what I
17 see in my own practice, I was not, I must confess,
18 thinking in terms of a randomized control trial as
19 much as looking through what has been presented to us
20 as a way to have network pharmacies and ways to
21 control who gets it.

22 Actually, as part of that, could we ask for

1 the recording of specific data and as people are
2 provided with this drug, that there be guidance given
3 as to specific laboratory tests that can be included
4 as part of that, so that we have a track over time.

5 I know that's difficult and it may not be
6 feasible, but I just think when you -- to me, if I
7 think of trying to do this as a randomized control
8 trial, I don't really understand how one can do that,
9 with all due respect, just because you would have some
10 of the same difficulties you just alluded to.

11 MS. SWAN: I would hope that it would be
12 possible to do long-term observational follow-up and a
13 randomized control trial. My fear, and I know this
14 panel is not -- your purview is not pricing, but this
15 is going to be very expensive.

16 Given the state of AIDS drug assistance
17 programs currently and the uncertain future with
18 health care reform, participating in a trial may be
19 the only way some people are able to gain access. So
20 if they are randomized into a control arm, they
21 haven't forfeited their opportunity to try a drug.

22 I really hate to say that, but it's a grim

1 reality.

2 DR. MOLITCH: I would be in favor of a
3 prospective randomized trial for five years or more.
4 Monetarily, that would be a difficult thing to do, I'm
5 sure. But I'm impressed with some of the slides that
6 were shown by FDA that -- for example, 17, 19, 21 were
7 ones that looked at belly appearance distress and the
8 differences between the two groups and the spread of
9 values was actually very minimal.

10 So that there clearly are people who are
11 getting placebo who lose a lot of belly size, also.
12 Then, in fact, it may not be all that obvious what
13 you're getting from a clinical basis. So I don't see
14 a reason that a prospective randomized trial could not
15 be done on a long-term basis, with the major theme
16 being a true cardiovascular outcome.

17 DR. KUMAR: I'll pass on that question.

18 DR. BISHOPRIC: I would wonder if a
19 randomized trial might not be necessary, because of
20 these risks and the cardiovascular risk in general.
21 To capture the data of what happens with the visceral
22 adipose tissue might require a long-term trial, about

1 the only way to get it.

2 DR. BURMAN: Because we hadn't reached you
3 before, maybe you could also comment, if you wanted,
4 on the rest of the question.

5 DR. BISHOPRIC: Yes. As to the
6 cardiovascular risk and how I would evaluate it, it
7 sounds like, again, it needs to be followed, and I
8 balance this with my consideration of the testimony of
9 how people suffer with this condition in their day-to-
10 day life and their perception and their social
11 isolation, which I think also carry considerable
12 morbidity.

13 DR. THOMAS: We can't assess what the
14 cardiovascular risk is from the data we have. It's
15 too small a study, too short a time. And the group at
16 risk isn't as enriched as some of the other groups
17 that usually are these types of studies, like people
18 with diabetes.

19 However, I do think you have to have a
20 randomized trial to look at this. And if you look at
21 beyond this population, you're going to approve this
22 for a surrogate marker, visceral adipose tissue, which

1 has not been shown to -- if alterations in that have
2 any effect on outcome.

3 It's different if you're looking at LDL
4 cholesterol, where there's enough studies and
5 experience to show that that change in the surrogate
6 marker is good enough to look at cardiovascular
7 events.

8 If you're going to look at other
9 populations, this is the HIV population, you may get
10 other applications for visceral adipose tissue in
11 other diseases.

12 If you don't do the study here, how are you
13 going to know that's an appropriate surrogate marker?
14 We've been fooled before. Dr. Rosen, of course, knows
15 more about this than I do, but bone density used to be
16 the marker for osteoporosis. And we've been fooled by
17 that in the past and now we use fractures.

18 There are many diseases where we use
19 surrogate markers and they're not effective for hard
20 outcomes, death, cardiovascular events, fractures, et
21 cetera. So this is the first drug that you may
22 approve for a surrogate marker that's not been defined

1 in terms of changes in outcomes. I think you're
2 obligated to do a randomized trial prospectively.

3 DR. BURMAN: But, Dr. Thomas, if I can ask
4 the hard question, should it be done pre-marketing or
5 post-marketing, given the difficulties that were
6 raised in getting people to be in a placebo trial?

7 DR. THOMAS: I think this is just going to
8 be my personal opinion. I would prefer, if the
9 medication was approved, that it would be done post-
10 marketing. And the reason I say this is there is no
11 other treatment for this disease.

12 I know I don't see many HIV patients as I
13 use to, as more of the people who take care of them
14 are comfortable with the lipid issues and diabetes
15 issues. But when I used to, I was always struck by the
16 profound issues with body image, the changes in fat
17 distribution, and the fact that when patients are out
18 in the community, it's a marker that identifies who is
19 on treatment.

20 They go to a gym and everyone knows who's
21 their peers that they have HIV. That psychological
22 distress is profound. We used to see a lot of orphan

1 drugs and we approved them, because that's the only
2 agent that's available that's effective.

3 I think if we had other agents out there or
4 on the horizon, I might feel different about doing it
5 before approval. But because this has been going on
6 for such a long time and it's such a severe impact on
7 psychological wellbeing, I would feel hard-pressed to
8 require that you wait the five years or longer that it
9 might require, because of the cases that you'll need
10 to hit the incidence to judge between a placebo and a
11 medication trial.

12 DR. BURMAN: Thank you.

13 DR. HENDERSON: As a cancer survivor, I was
14 most interested in this question. But it comes down
15 to you can't really make comments on the long-term
16 risk without having long-term data.

17 But I was concerned with this one lung
18 cancer death that they related to the drug and still
19 didn't get a clear answer. To me, that was alarming
20 that a person would have lung cancer within a 52-week
21 period and die and it would be related to the drug.

22 But the comments that Dr. Felner made me

1 feel a lot better in general. And I do agree with the
2 other comments that the benefits of the short-term
3 will probably outweigh any long-term risk.

4 I would like to suggest a long-term follow-
5 up studies, maybe a registry. I think that would be
6 good.

7 DR. ROSEN: So I will take the stance that I
8 think I'm very worried about the IGF-1. So one thing
9 that's really important, and Mark alluded to it
10 briefly, is we're stimulating both growth hormone and
11 IGF-1.

12 But unlike growth hormone treatment both in
13 children and in the studies we and others have done in
14 adults, you can't adjust the dose. You don't titrate
15 down this dose. So you've got IGF-1 levels in the 300
16 to 400 range chronically for as long as these people
17 are being treated.

18 The truth of the matter is we don't have the
19 data, but we're very concerned about long-term high
20 levels of IGF-1. So I am concerned about that.

21 In terms of cancer, it's unclear. The data
22 are not great. There's as many conflicting studies as

1 there are negative studies. But they're certainly
2 using IGF receptor antagonisms in Phase 3 trials all
3 the time and that's a concern, because they work in
4 some of these patients.

5 So I would be very concerned about that. I
6 think there's so many things going on metabolically in
7 these individuals once they're getting treated,
8 they're getting growth hormone increases, they're
9 getting IGF-1 increases.

10 Sure, you get a lipolytic effect and you
11 reduce visceral adipose tissue, but there are other
12 things. And I agree that we probably should have seen
13 something of a more positive signal and it's probably
14 being balanced by the growth hormone, not the IGF-1.
15 I think the growth hormone is probably what's having a
16 negative effect.

17 So I'm concerned about that and I think when
18 you can't titrate to levels that are reasonable, it
19 raises some concern that this is a lifelong therapy
20 and you have a choice of either taking it or not.

21 Very impressed with the public comments, and
22 I think all of us feel that this is a very important

1 problem, besides some of the numbers and the levels of
2 IGF, but these social issues that are involved.

3 I'm a huge fan of randomized control trials,
4 but we're talking about large numbers for a long
5 period of time to look at hard cardiovascular
6 outcomes; so 3,000 or 4,000 subjects maybe for three
7 or four years.

8 I don't think it could possibly be done
9 post-marketing. I don't think anybody who has
10 availability to the drug and suffers from this is
11 going to want to be randomized to placebo.

12 So I just don't think it can happen for
13 cost, for ethical issues. I'm not even sure it could
14 get through an IRB. If this was an approved therapy,
15 then you could randomize somebody to placebo to look
16 for harm, which is what you're looking for.

17 You're looking for harm, which is
18 cardiovascular risk. So I think that that would be a
19 very difficult sell on a number of levels.

20 So in sum, I think this area, the IGF, is
21 much more disconcerting to me than the glucose
22 intolerance, which I think -- as we talked about, it

1 was there at 26 weeks, a signal, but at 52 weeks,
2 among the long-term extenders, it wasn't there.

3 So I think the IGF issue still remains to be
4 resolved and that's my biggest concern.

5 DR. FLEGAL: Well, I think we really don't
6 have the data, so I don't see how you can answer the
7 question, in a sense, without doing some sort of
8 further investigation.

9 I guess I'm sorry to hear things a little
10 schizophrenic, where, on the one hand, it's not clear
11 whether this reduces your VAT enough that you can tell
12 whether you're on the drug or not. On the other hand,
13 that this is going to make a difference when you go to
14 the gym, everyone is going to know you're on the
15 therapy.

16 So it's not very clear to me just how much
17 this is really going to make an individual difference
18 that people are going to know what treatment they're
19 on and whether that makes a trial completely
20 impossible. And we seem to be sort of hearing both
21 sides of that question, which I think is a problem.

22 Here, we have something that -- the public

1 testimony is very compelling. I'm not sure it fully
2 matches all the data that we're seeing and there's a
3 lot of potential for risk here that we don't really
4 know about.

5 Also, the data on visceral adipose tissue
6 and cardiovascular risk is very indirect. Waist
7 circumference is very highly correlated with just
8 overall body fatness. So I'm not convinced by these
9 studies that show that waist circumference adds to
10 BMI, that this is actually showing you anything about
11 visceral adipose tissue or whether it's showing you
12 just about fatness as opposed to lean mass, to some
13 extent.

14 I'm also not sure that reducing VAT with
15 this method would really give you the complete answer
16 as to whether that could be extrapolated to other
17 situations and other ways and modalities of reducing
18 VAT.

19 I guess the bottom line is that I'm kind of
20 on the fence about the whole thing, but I do feel we
21 really need to know more about the risks of this drug
22 before we just go ahead and say, yes, it's so

1 compelling that everybody should be taking it.

2 DR. BURMAN: I agree, obviously, with the
3 comments made and will make the further comment that
4 at 26 weeks, the combined group had a mean significant
5 increase in IGF-1 level of 107 nanogram per mil,
6 whereas it actually went down by 7 nanogram per mil in
7 the placebo group.

8 At the start of the extension study, after
9 26 weeks, with treatment, mean IGF-1 levels had
10 increased by 93 percent in the T-T group and 100
11 percent in the T-P group. So those are significant
12 increases that frequently make the level outside of
13 the normal range, and is a concern.

14 On the other hand, only 3 of 17 patients who
15 had cancer had an IGF-1 level greater than 3 standard
16 deviations above the starting mean, which is somewhat
17 encouraging, although I would like more data. And I
18 emphasize the importance of more data on all of these
19 risks, not only for cancers, but including colon
20 cancer, breast cancer, and prostate cancer, as well.

21 I wonder, as well, if there shouldn't be a
22 time limitation on the medication, as there is for

1 other medications in endocrine that we deal with,
2 because we don't really know the long-term effect over
3 a year, really. But if we extend that reasonably to
4 maybe three to five years, that might be a reasonable
5 approach.

6 Mike?

7 DR. PROSCHAN: Who knows? We don't have the
8 data really to answer this question. I think one
9 thing is clear, though, and that is that you can't go
10 off this medication and expect it to continue to help.
11 That was shown in the extension phase. So you are
12 going to have to take it long term.

13 I always worry a lot about approving
14 something on the basis of a surrogate precisely
15 because that usually means a small short-term trial,
16 where you don't see all the possible harm, you don't
17 see the cardiovascular harm, if there is any, or
18 cancer harm or whatnot.

19 So I'm always pro trial. The problem is, as
20 has already been pointed out, that if you do it post-
21 marketing, no one is going to sign up for the trial,
22 unless perhaps -- I mean, maybe it's possible to do

1 different dose levels, a lower and a higher dose, and
2 then see if there's a bigger risk of these
3 cardiovascular events in the higher dose. I don't
4 know. That's the only possibility that I think people
5 will actually sign up for possibly.

6 DR. GOLDFINE: I think our FDA presenter
7 said it very well. The study duration limits the risk
8 assessment. I can't tell whether it's the growth
9 hormone or the IGF, per se, that's giving the risk. I
10 am moved not only by the standard deviation spread of
11 the IGF and the absolute levels that are above normal,
12 but also by the excess of acromegalic adverse events,
13 of which I actually put the glucose into the same bin.

14 So when I look at the long-term effects of
15 growth hormone excess, again, the malignancies most
16 common are breast, prostate and colon. They're also
17 among the most prevalent of the tumors.

18 That said, we can say that acute treatment
19 doesn't seem to unmask malignancies that may be
20 indolent. That does not mean that we have any
21 knowledge of what it will do to the growth or
22 promotion of additional malignancies over time,

1 especially given that the treatment is going to have
2 to be sustained.

3 I also don't know specifically whether brain
4 malignancies, where these are commonly used, are ones
5 that tend to have IGF-1 receptor signaling being
6 particularly active within them in relative comparison
7 to others.

8 So with that in mind, I think that I am a
9 little hesitant about approving based solely on a
10 surrogate outcome if our assumption is that we're
11 actually down to potential cardiovascular benefit,
12 because patients with HIV have cardiovascular risk and
13 abdominal obesity is associated with that risk;
14 therefore, if we're reducing the obesity, we're
15 reducing the cardiovascular risk.

16 If that's going to be the assumption that
17 we're taking, then I think that a trial that will look
18 at what we actually really think that we're treating
19 becomes important.

20 I am moved by the fact that while the
21 patients actually gave very heartwarming testimonies,
22 when you actually look at the curves of separation, as

1 Dr. Molitch pointed out, they are much less compelling
2 as to whether or not they really had tremendous
3 benefit.

4 I don't think it would be impossible to
5 enroll patients in a study nor do I think it's
6 unethical if the benefit that they actually manifest
7 right now is a decreased abdominal girth of unclear
8 medical significance, albeit of quality of life
9 significance. I don't think that that's an unethical
10 trial to continue to do nor do I think it would be
11 impossible to enroll into.

12 DR. FELNER: I actually have more concern
13 with the IGF-1 than I do the diabetes, even though
14 maybe my last comments about the IGF-1 made it seem
15 like I didn't care or didn't have concern. But I do
16 have more concern about that than I do the diabetes
17 issue.

18 But I think one of the things about these
19 levels, if you just focus on elevated levels, these
20 are folks that, for the most part, we were told to
21 have a blunted growth hormone pulsatility response,
22 but I don't know what their IGF-1 level is.

1 I'd love to assume and I think I can assume
2 that they're probably normal, in the relatively normal
3 range before they go into the study. But their
4 elevated levels just tell us they're getting the drug.

5 So is there any problem with them getting
6 the drug? Well, in one year, granted, it's not a long
7 time, but there hasn't been a real blip, other than a
8 high level. And you can make the argument, I think,
9 that most are starting to think about, which is, well,
10 let's see five years of no blip and then we won't have
11 a problem.

12 But I think with the need to have something
13 here for these patients and if you're going to make
14 the argument, as we are making the argument, that
15 folks with HIV are living a lot longer, but now
16 they're starting to develop the problems you would
17 expect with longer life, with just cardiovascular
18 problems from what we think may be this increased
19 weight or at least this increased visceral adipose
20 tissue.

21 But I just don't see a reason to put this on
22 hold because of the IGF-1 level. I thought the

1 registry idea -- we deal with that in growth hormone
2 for kids. That's what we've been doing for years with
3 registries.

4 I think doing the long-term post-marketing
5 study, for the reasons that have already been
6 discussed, will be very difficult to do, although I
7 did like Dr. Proschan's idea of the different doses.
8 I think that would be at least a neat way where you
9 could get patients to still buy into it and say,
10 "Well, you're going to get the drug, you're just going
11 to get a different dose."

12 But I can't see anything different than a
13 registry or different dosing to check on that. But
14 you're still going to look a long time for
15 cardiovascular effects. You're not going to find this
16 out in a year or two.

17 It's the same issues that we're talking
18 about with the diabetes drugs. So I don't see it as
19 being a problem today, but I would be more than happy
20 to be told I'm incorrect somewhere down the line. But
21 I think you need to at least put them on it long
22 enough to -- or allow it to go through.

1 DR. MORSE: I like the idea of a registry,
2 as well, and I agree with Dr. Goldfine. I think we
3 would have to do a clinical trial. I actually think
4 we could recruit one. I think if we enriched it,
5 especially for lipodystrophic patients with the real
6 full lipodystrophy syndrome, so visceral adipose
7 tissue and dyslipidemia and possibly insulin
8 resistance would be some issues with that.

9 I think we could recruit and I think it's
10 the only way to address this cardiovascular disease
11 issue. And there's enough patients, as much as they're
12 concerned about body changes, they're also concerned
13 about cardiovascular disease risk.

14 So I actually think most patients would
15 understand the need for a placebo-controlled trial.

16 DR. DOBS: I think that a placebo-controlled
17 trial is pretty unrealistic for a safety outcome,
18 because of the numbers of patients that would be
19 required over a long period of time. So although it's
20 ideal, I think it's really impractical, either pre-
21 marketing or even post-marketing.

22 I think I'm not that concerned about the

1 long-term cancer risk and I think what I've seen of
2 some animal data, it looked pretty good. But some of
3 these questions might be able to be answered backing
4 up to a bit of a pre-clinical model, as well. And
5 certainly, what Dr. Henderson said about a registry
6 might be another way of monitoring this.

7 The cardiovascular risk is certainly a
8 complete unknown. I have more of an uncomfortableness
9 with the IGF-1 levels of not being sort of natural and
10 the unknown of it more than any reality of it and
11 would feel more comfortable if there were some
12 stopping rules at the low end, maybe not waiting until
13 52 weeks.

14 I think the monitoring that the company
15 recommended would be one good approach. But I would
16 feel strongly that if there was a little bit more
17 monitoring and development of stop rules, it might be
18 helpful.

19 DR. SCHADE: I will comment on the
20 cardiovascular risk. It's my belief anyway that a
21 clinical trial is absolutely impossible either pre-
22 marketing or post-marketing if you want a randomized

1 type of trial.

2 We've heard some of the problems, such as
3 being able to recruit enough folks. The real problem
4 with doing it is you have a cardiovascular risk that's
5 relatively small compared to many other risk factors,
6 such as hypertension, hyperlipidemia, et cetera, that
7 all require treatment.

8 So for example, if you try to do a
9 randomized trial and I then, as a physician, decide to
10 treat the glucose intolerance, then all of a sudden
11 I'm suppressing your endpoint. In other words, no
12 longer do you have diabetes.

13 So the concept of a randomized trial is that
14 both groups don't change their treatment. And if
15 anybody looks at the treatment of any of these big
16 risk factors for the last five years, the
17 recommendations for treating, for example, LDL has
18 continually dropped. Now, we're down to 70 milligrams
19 per deciliter, where it used to be up at 130.

20 These things keep changing. In fact, even
21 the diagnosis of diabetes has changed in the last
22 year. So what you treat and what you don't treat has

1 changed. So there is no way, because medicine is
2 moving so quickly, to hold the two groups the same for
3 five years. It's an impossibility.

4 So what I would recommend is a post-
5 marketing observational study where you follow people
6 for five years and then divide them into quintiles or
7 quartiles, whatever you like, and then look at your
8 highest and lowest quartile and you do the appropriate
9 statistics to see if there's a difference between high
10 IGF-1s or diabetes or whatever you want.

11 But it's going to be absolutely impossible
12 to do a randomized control trial for the fact that the
13 treatments for all the risk factors, which you have to
14 treat. You can't let hypertension be hypertension.
15 You can't let hyperlipidemia be hyperlipidemia. And
16 you can't let diabetes be diabetes without treating.

17 So you're suppressing all these risk
18 factors, and then you're trying to see the effect of a
19 very small A1C of 6.5, which is miniscule compared to
20 an A1C of 9, on the outcome. It's just not possible.

21 DR. BURMAN: Thank you.

22 Before I summarize, Dr. Parks, further

1 comments?

2 Then let me summarize this question, again,
3 a difficult task.

4 But it seems like the consensus of the
5 committee, and I'd like your approval for this, is
6 that the risk of cancer is low, but real, and the
7 patients need to be monitored and have IGF-1 levels.

8 I will remind you that the company proposes
9 that patients who have an IGF-1 level greater than 3
10 standard deviations after one year will be removed
11 from the study. I think that's important.

12 There was also discussion raised by Dr.
13 Rosebraugh about whether there can be a prospective
14 study, and there's a difference of opinion in the
15 group, with some members thinking that it's possible,
16 others thinking it's less likely.

17 But in any case, if not possible for a
18 prospective five-year study with hard outcomes, then
19 it would be reasonable, as Dr. Schade just mentioned,
20 for a retrospective study, observational study,
21 dividing the group into different quartiles or
22 quintiles and seeing what the risk of cardiovascular

1 disease is and of cancer.

2 The growth hormone should be measured, as
3 well as IGF-1. I think there was a suggestion that
4 there should be a time limit for this agent, even if
5 the IGF-1 levels remain within the proper level, and
6 that there has to be a registry for monitoring these
7 patients in a very meticulous fashion.

8 Anyone have any modifications? Dr. Thomas?

9 DR. THOMAS: Not a modification, but I would
10 like to have some comment from our FDA colleagues
11 about this, this issue about a randomized trial, is it
12 feasible or not.

13 I echo Dr. Veltri. It's really
14 schizophrenic to hear we can't have a trial, because
15 it's too many patients. It's too expensive. There's
16 too many factors to modify. And yet that's the demand
17 now for all diabetes medications, pre- or post-
18 marketing, for approval, to have a randomized trial to
19 look at that for cardiovascular risk.

20 So if we're looking at VAT as a
21 cardiovascular risk surrogate, it seems inconsistent
22 to say that we could not do a trial for factors like

1 population number, too difficult to do, pre- or post-.
2 There's an inconsistency and I think it would help, at
3 least for me, in clarifying how I'd vote at the end,
4 to hear what your thoughts are.

5 DR. ROSEBRAUGH: Yes. I wanted to introduce
6 in to you all's thinking, because I had several
7 comments about trials and it sounded to me like people
8 were mentioning post-marketing trials and randomized
9 trials.

10 So I wanted to be part of the conversation
11 what the practicalities of that are or aren't,
12 particularly when you're approving the only drug that
13 would be used for a quite devastating problem. And I
14 wanted people to specifically think about that in the
15 context of it's okay to tell us we ought to do that,
16 but can we do it or not.

17 So I wanted to kind of hold you all's feet
18 to the fire and say do you think you can do it or not,
19 is it ethical or not.

20 Now, Dr. Parks and I were kind of having
21 sidebar conversations as we were hearing this, because
22 we were going, you know, this is going to be kind of a

1 tough trial, particularly if you're not allowing
2 diabetics in it and that sort of thing, because you
3 have to have events and it's going to last for a while
4 and will people really be randomized.

5 But we did hear quite a few very useful
6 comments, I thought, about if we were to pursue that,
7 how we could do it. Am I going to tell you whether we
8 can do it or not? No. You're supposed to be helping
9 me with that. That's why you guys are here.

10 The one thing I did want to mention, there
11 did seem to be a little bit of confusion on this being
12 a trial to evaluate for harm. In reality, if you are
13 trying to see if VAT is a surrogate or not, then this
14 really isn't a trial for harm. This would be a trial
15 for benefit.

16 Dr. Parks, anything to add?

17 DR. PARKS: Yes. I actually wanted to touch
18 on that, because up until this point, when I heard
19 several members of the panel suggesting a
20 cardiovascular outcomes trial, my assumption was that
21 your hope was that this was going to be a
22 cardiovascular risk reduction trial, demonstrating

1 superiority or benefit.

2 It wasn't until Dr. Rosen mentioned that
3 it's not to show harm, was to demonstrate no harm,
4 and, perhaps not right now to answer, but perhaps when
5 you get to the voting questions, because it's going to
6 have to revisit the issue of the design of a
7 cardiovascular outcomes trial, if members can discuss
8 what their intent is here, because clearly, if the
9 thought is to show no harm, the design of the trial is
10 very different from a superiority trial.

11 The issues that Dr. Schade brought up may
12 also play into what type of -- what the objectives of
13 the trial are.

14 I didn't comment to Dr. Thomas in terms of
15 what is it that the agency is asking here. I agree
16 with Dr. Rosebraugh here that we're seeking advice
17 from a panel of experts. The example of the diabetes
18 drug development program was that for years, we were
19 hearing that why isn't this being done, why don't we
20 have these answers, and so we took it to an advisory
21 committee to hear, is this something that's feasible,
22 a two-day advisory committee.

1 So consider it that this is the same
2 situation. We're hearing from several members today a
3 cardiovascular outcomes trial should be done, but we
4 need a follow-up on that. It's not just a matter of
5 saying a cardiovascular outcomes trial should be done.

6 We want to hear, where you've made that
7 suggestion, is that feasible.

8 DR. BURMAN: Thank you. It's 3:15.

9 DR. SCHADE: Can I just, before -- I hate to
10 interrupt you, but am I permitted to disagree with the
11 chairman?

12 DR. BURMAN: I hear it all the time. I'm
13 always disagreed with.

14 DR. SCHADE: I would just like to raise the
15 issue about a time limit on this drug. I'm against
16 putting a time limit on, because I can foresee
17 treating a patient with this drug, them having a
18 wonderful response, and then after three years, I have
19 to tell them that they no longer can get the drug,
20 because we know, within a few weeks, they'll go back
21 to their original state, and the patient asking me,
22 "Where is the data that suggests something bad is

1 going to happen to me if I discontinue the drug," and
2 I have to say, "I don't know of any data, but the FDA
3 told me to do it."

4 As a physician, I don't want to be in that
5 position. I think there are some drugs, and we use
6 them in endocrine, that do have time limits, because
7 they've been shown, this drug, to cause cancer in
8 animals after a couple of years. That's different.

9 Here, I haven't seen any data that we are
10 going to get into a bad situation and I'd rather
11 follow, do this prospective follow-up, post-marketing
12 study, and if something comes up, say, okay, a time
13 limit.

14 But I think it would be a mistake to put a
15 time limit on this drug for that reason.

16 DR. BURMAN: Thank you. Of course, we want
17 open discussion of all types, and that's very helpful.

18 The issue now is it's 3:15, and the last
19 question, the voting question, of course, is the most
20 important and we want to spend an hour on that
21 question.

22 So we have 45 minutes and we're going to

1 combine Questions 3, 4 and 5, because they're very
2 similar. We're going to read them and then start with
3 Dr. Veltri and go around quickly. And we need to do
4 this in 45 minutes, to comment on the clinical
5 relevance of visceral adipose tissue reduction with
6 Egrifta in the HIV population.

7 Then question number 3 is with respect to
8 cardiovascular risk reduction. Question number 4 is
9 with respect to patient-perceived benefits. And
10 question number 5 is with respect to adherence to
11 antiviral therapies. And we're going to combine those
12 in a manner hopefully that will be more efficient.
13 And then we'll have an hour for the voting question.

14 So, Dr. Veltri, would you mind starting?

15 DR. VELTRI: No problem. Well, I think the
16 sponsor and the FDA have both concurred that the data
17 on VAT reduction into two trials was positive and you
18 combined them. And, clearly, it's beyond 8 percent.
19 So that's there. That's clear, I think.

20 In regards to the respect to cardiovascular
21 risk reduction, as we've said, that is a surrogate.
22 And I think, Mr. Chairman, you said surrogate of a

1 surrogate, and that's probably correct. And there's
2 no data there. And therefore, I can't really comment
3 on whether that's good or bad or indifferent.

4 In regards to the patient-perceived
5 benefits, I think that although there are maybe
6 inconsistent statistical measures there and there may
7 be a modest effect, I think there is an effect there
8 and there certainly is a correlation with VAT and
9 those patient responses, although modest, at best, I
10 think.

11 Finally, in regards to adherence to
12 antiretroviral therapies, I don't think I've seen
13 enough data to really conclude that the VAT itself
14 reduction is correlated to adherence. I just haven't
15 seen that data.

16 There were quite a lot of slides there, but
17 I don't think I saw any data that specifically
18 addressed that.

19 DR. CARGILL: I can do this succinctly.
20 First of all, in terms of with respect to the
21 reduction of visceral adipose tissue reduction, as has
22 been said, and we've seen the data, that the 8 percent

1 was previously agreed upon and the sponsor clearly
2 exceeded that.

3 Secondly, in terms of respect to patient-
4 perceived benefits, again, while I think that the data
5 are a little -- are not as striking as perhaps the 8
6 percent, I think there is the trend that we've seen.
7 There has been some, what I would say, "modest
8 benefit" and then, in addition, what we've also heard
9 in open testimony.

10 Then, third, in terms of adherence, I think
11 that the data that we saw were potentially difficult
12 to interpret, since we had some suggestion that
13 people, perhaps even after they had a response, may
14 have become less adherent.

15 Certainly, I think the literature on this
16 would tend to support that adherence to antiretroviral
17 therapy with the problems of visceral adipose tissue
18 are suggested, but are, shall we say, confounded by
19 other factors, since adherence in them itself is a
20 complex issue.

21 MS. SWAN: It's hard for me to comment on
22 number 3, because I don't think we really know what

1 the link is and that we need to explore what the
2 clinical relevance of VAT reduction is going to be,
3 and that that's very important.

4 As far as number 4, the clinical relevance,
5 in the HIV population, I think there could be few
6 things more difficult for someone to deal with in
7 feeling like they have lost control of their body and
8 that despite their efforts to do things to maintain
9 their health or improve it, it's not paying off; and,
10 that anything that makes you feel like you're using
11 something that can be synergistic with your self-care
12 efforts and show you a benefit can't help but help.

13 That's extremely important, and in a way,
14 that's deeply linked to adherence. And I can't show
15 you research results. But I can tell you, I've talked
16 to a lot of people who say, "I don't want to start on
17 those drugs, because everyone will be able to look at
18 me and know that I have HIV."

19 So the issue is not just staying on them
20 once you've started. It's even seeking treatment when
21 you need it. And particularly now that the treatment
22 guidelines for HIV are starting therapy at a higher

1 threshold, it may be more likely that people will
2 develop this sort of complication. And there's a huge
3 benefit to letting people feel like they can make
4 choices to have control over their health.

5 DR. MOLITCH: I think I've stated before,
6 the relationship that I think of VAT to cardiovascular
7 outcomes was sort of the major reason to do the study
8 to begin with, is my understanding, the link to
9 cardiovascular disease and I just think that that link
10 has been broken here because of the changes in glucose
11 that occur with the growth hormone increase.

12 So I think we just don't have any link here
13 at all at this point and I think that would need hard
14 outcomes. So I don't think that it's there for that
15 one.

16 I think, clearly, the patient response as
17 far as their physical benefit as far as reduction in
18 waist circumference and the fat deposition probably is
19 quite real, and my guess is that there's a wide
20 spectrum of responses.

21 So that instead of looking at the overall
22 average, you probably have some patients that are

1 losing 10 centimeters and others that are not, and you
2 may have some people that are very, very responsive.
3 So I think that that could well be a very good reason
4 to have this drug available for such patients. And
5 clearly, look at responders and if somebody is not
6 responding within three to six months, then that may
7 be a time to stop rather than going on for a year
8 blinded to IGF-1s and all these other type of things.

9 So I think there clearly is a link to the
10 physical changes and I don't think there was
11 sufficient data presented for number 5 to look at the
12 adherence to antiviral therapies. I don't think this
13 study provides that data, at least that I have seen.

14 DR. KUMAR: Clearly, the data showed that it
15 decreases visceral adipose tissue, but I want to make
16 a couple of comments on that. Even though Studies 10
17 and 11 had the same kind of patient population, I was
18 a little surprised that the difference in the visceral
19 adipose tissue decrease was quite different in the
20 two. It was minus 19.5 percent in Study 10 and minus
21 11 percent in Study 11.

22 So I really don't know, in a bigger clinical

1 practice, what really is going to be the decrease in
2 visceral adipose tissue. There's no data that was
3 presented that in any way created the link between the
4 reduction in visceral adipose tissue and
5 cardiovascular risk, and many other panel members
6 spoke to that, and so I'm not going to say anything
7 further regarding that.

8 But I would like to comment on some of the
9 patient-perceived benefits. I didn't see any data
10 presented regarding -- other than that was very
11 articulated by -- very articulate presentation, I saw
12 nothing presented regarding buffalo hump or other
13 parts anywhere else other than in the abdomen. I
14 didn't see any of the data.

15 I also want to make the point that when
16 patients complain of how disfiguring treatments or
17 overall the synergy between HIV and treatments can be,
18 again, as a clinician, I want to remind myself that
19 there's no data on this regarding where lipoatrophy is
20 concerned. And in many ways, that is as disfiguring
21 as lipohypertrophy is, and there is nothing in this
22 data that it changes lipoatrophy.

1 Yes, it's very important to recognize that
2 the drug that we are looking at doesn't worsen
3 subcutaneous atrophy, and I think that is excellent
4 that it doesn't decrease it, but there's nothing that
5 says that it in any way improves lipoatrophy, which is
6 equally, equally bothersome to patients.

7 So there's nothing in anything that I am
8 seeing here, that as a clinician, that I can say that
9 this is going to improve antiretroviral therapy or
10 want patients to start antiretroviral therapy or keep
11 on therapy, because it does nothing to the other
12 component that is equally disfiguring.

13 People said when they go to the gym, they
14 want to make sure nobody knows that they're HIV-
15 positive. It is very true, but it does nothing to the
16 other equally component that is lipoatrophy, and I
17 want to be able to say that.

18 DR. BISHOPRIC: Well it's been said many
19 times about the lack of correlation between really
20 hard data about the removal of visceral adipose tissue
21 and cardiac benefit, but maybe one day the
22 cardiologists will thank us for having looked at this

1 question. So it may be irrelevant, but in the future,
2 it might be more relevant to another group.

3 I think that the level of suffering for
4 people who have this disease was really well
5 delineated by our two community speakers and I thank
6 them for that; the degree of suffering, isolation and
7 misery produced by this is really -- I don't think
8 we've touched on it enough. And so I think that it
9 has an enormous impact.

10 I don't know how many people are
11 noncompliant, because I think most people on therapy
12 know that, at this point, drug switching is not going
13 to get rid of it and going off will not get rid of it.
14 But I do think there is an enormous reticence of
15 people to start therapy because of being identified,
16 because of not looking good, and just the sense of
17 oncoming misery because of these drugs.

18 So I think that that has an enormous
19 eventual impact on people actually starting therapy
20 and then staying on it. Thank you.

21 DR. THOMAS: So for question 3, since
22 visceral adipose tissue -- this issue about whether it

1 should be a trial for harm or benefit, since it's a
2 surrogate marker, the ideal trial would be one to look
3 at benefit, if you were just looking at visceral
4 adipose tissue as the outcome.

5 At some point, that will have to be done, if
6 not for this agent, for any other agent that comes
7 forward that looks at reduction of visceral adipose
8 tissue.

9 You could run this as a trial for harm,
10 because there is a secondary benefit that's very
11 important to the patients, which is the change in body
12 appearance and body perception. So if that's
13 important enough for patients to take the medication
14 and you showed no harm, that would be okay, too.

15 I know the trials would be different. The
16 numbers would be different in order to achieve
17 whichever outcome you're doing.

18 But ideally, for the question, does visceral
19 adipose tissue reduction improve cardiovascular
20 outcomes, you'd have to do a benefit trial. But you
21 could, because of the population having secondary
22 benefit, could do a no harm trial.

1 In terms of question 4, they're
2 statistically different. I was kind of surprised that
3 the actual effect in appearance wasn't as great as I
4 would have thought it might be.

5 But anecdotally, from the patients who
6 testified earlier this afternoon, it clearly is an
7 important issue. And I know from my own clinical
8 practice and experience, it's an important issue.
9 So I think that's actually a very meaningful factor to
10 help patients going forward.

11 For 5, I don't see any data that was
12 presented that's looked at this. We all have
13 anecdotal stories or suggestions that there's a
14 relationship. So that might be something worth
15 looking at in a post-marketing study or at some point
16 to see is this really helping with adherence or
17 initiation of therapy.

18 DR. HENDERSON: As the consumer
19 representative, I was very pleased to see that at
20 least we had some data on patient perspective, because
21 a lot of the applications have absolutely zero data on
22 patient perspective.

1 That said, I'm grateful for that. However,
2 the belly profile was not enough, and I think it was
3 obvious from Deborah and Lisa's testimony that the
4 belly profile is incomplete in what we were calling
5 patient-perceived benefits.

6 This data didn't address the activities of
7 daily living or the energy or the psychological
8 wellbeing or the social wellbeing that Deborah and
9 Lisa talked about.

10 So I'd really, really like to have more
11 quality of life data in not just the next study that
12 comes out of this, but in other drug applications, as
13 well.

14 DR. ROSEN: So I want to just spend a little
15 time on item 3, because I think we have a bit of
16 confusion. I was just looking at the FDA definitions
17 of surrogate markers and biomarkers.

18 I think what we have is that VAT is a
19 surrogate marker of response to treatment, and that, I
20 think, is defined by the FDA. So they looked at how
21 visceral adipose tissue responded to this growth
22 hormone-releasing analogue, and there was a positive

1 response. So that's a positive effect on a surrogate
2 marker for treatment.

3 But I think VAT is really only a biomarker.
4 It's not truly defined yet as a direct effect on
5 cardiovascular events. We have yet to prove that it
6 is also a surrogate marker for cardiovascular disease.

7 I think that's the rub. It's that, yes,
8 they accomplished what they set out to do, which is
9 often the case, with a compromise of an 8 percent,
10 that they got to 15 percent. So they clearly were
11 able to show that this is a surrogate marker for
12 treatment efficacy.

13 The question that we're struggling with is
14 what about VAT as a biomarker for cardiovascular
15 disease, and we don't have the answer to that. And I
16 think that's the missing link that Mark has been
17 mentioning in the past.

18 We just are not able to make that link
19 between being able to show that you did reduce
20 visceral adipose tissue and you had a positive effect
21 on cardiovascular risk. I think that's the major
22 dilemma.

1 I haven't seen any data yet from this that
2 says that this treatment has a positive effect on
3 cardiovascular disease. So if we're going to approve
4 a drug, we are really approving it for a surrogate
5 indicator for treatment and as a possible -- as a
6 biomarker for possible cardiovascular risk.

7 I think then you're treading on some thinner
8 ice in terms of treating only a surrogate of a
9 surrogate, if you want to call it that.

10 I think that the compelling data from the
11 public testimony suggests that for item number 4,
12 there is some clinical relevance to what has been
13 demonstrated.

14 I think the problem is that the markers of
15 patient perception are probably not very sensitive and
16 I think that that's one of the issues that -- we
17 looked at a number of different questionnaires and
18 materials to try to measure how the abdominal girth is
19 changing, and I think part of the issue may be in the
20 measures, not in the fact that this is probably
21 ineffective therapy.

22 So I think we have to be careful about

1 extrapolating and saying, gee, the curves are very
2 close. Remember, you're using questionnaires that may
3 not be as sensitive as we'd like them to be.

4 So I do think that there's probably some
5 clinical benefit. And I don't know, because I really
6 haven't been able to parse out, whether this improves
7 compliance or not. So I think those are my brief
8 answers to the three questions.

9 DR. FLEGAL: I think other people have
10 already made some of these comments. But to me,
11 there's this question of whether the increased
12 cardiovascular risk in people with HIV is even due to
13 visceral adipose tissue to begin with. We don't even
14 know if that's exactly why this is happening.

15 Then we have a very indirect link here that
16 somehow if this was -- I think, clearly, this drug
17 reduces visceral adipose tissue, that seems pretty
18 clear. Does it reduce cardiovascular risk?

19 Well, there's an awful lot of assumptions
20 you would have to make. Why was the risk increased to
21 begin with? What is the role of visceral adipose
22 tissue? Is the link broken, so that biologically, the

1 improvement in risk you might expect from reducing
2 visceral adipose tissue is not something we're
3 necessarily going to see, just like the problem with
4 diabetes.

5 I think there is some feeling that it's
6 almost like a quality of life issue. The public
7 testimony is very compelling and I respect,
8 definitely, the people who testified, but we don't
9 know how their experience would compare with other
10 people's. And quality of life was not even a
11 secondary outcome that's looked at, and quality of
12 life assessment is a more complex topic to study in
13 different ways; like, what about ADLs and so on.

14 In terms of quality of life, also, of
15 course, there's the lipoatrophy, which may still
16 reduce your quality of life, although perhaps in a
17 different way.

18 So I kind of feel like we're a little bit
19 flying blind in that sense. The most compelling thing
20 is something that wasn't really even studied, and the
21 links are very indirect between the action of this
22 drug and any potential in cardiovascular risk and some

1 of the indications that it might actually possibly
2 increase cardiovascular risk, not even decrease it.

3 So I feel like there's a big gulf between
4 the things that are most compelling and the things
5 that we have any data on.

6 DR. BURMAN: Thank you.

7 I'm going to pass, in the interest of time.
8 It's 3:34 and we have an important question of the
9 vote and we want to get there around 3:50 or 3:55, so
10 we'll have a whole hour. So I'll include my comments
11 in the summary and pass to Dr. Proschan.

12 DR. PROSCHAN: I'm not sure I have much to
13 add to what's already been said. I think with regard
14 to 3, we really don't know. Probably, but we really
15 don't know.

16 With four, patient-perceived benefits, I
17 think the case has been made for that. And number 5,
18 adherence, I don't think the case has been made for
19 that. It makes sense that it would be increased, but
20 I don't think there's really that much evidence of
21 that. So maybe.

22 DR. GOLDFINE: So, Dr. Rosen, I think that

1 the indication that they're going for is actually to
2 reduce visceral adipose tissue. Therefore, I would
3 say that they've clearly demonstrated this. That's
4 not actually a surrogate endpoint then.

5 I think that they clearly demonstrated this
6 by CT scan imaging, which is extraordinarily precise
7 and reproducible, and they've been more difficult to
8 quantitate that from the patient's assessment, because
9 I think that's actually got a lot more variability in
10 it.

11 If you think about the mean difference, and,
12 clearly, there's a range, there are individuals who
13 respond much greater than the mean and the mean. A
14 kilogram of fat is about the size of your fist and 20
15 cubic centimeters is about 20 grams of fat. The 1.5
16 centimeter reduction would be about a belt tightening.

17 For individuals who have more profound
18 disease, I think this makes it all very hard to
19 quantitate and measure in the assessments that were
20 actually able to be used. And that's why the
21 magnitude of change, on average, may have missed that.

22 So I think from the lowering of visceral

1 adipose tissue that was set out to be done, I think
2 that they clearly made it. The link we're being asked
3 to make then is with respect to cardiovascular
4 reduction.

5 I agree with Dr. Rosen that that visceral
6 adipose tissue is now a real surrogate endpoint. And
7 so the question is if we're doing this for their
8 reduction in body fat or because we believe there will
9 be additional benefit of the drug, and, for that, I
10 think there can be a trial and I think it is looking
11 at benefit.

12 I'm happy if a benefit-driven trial comes
13 out with equipoise. I believe we can actually treat
14 the other emergent issues as they come out. But I
15 think that the question we are being asked is about
16 whether or not there's potential cardiovascular
17 benefit, and I think we have equipoise from the
18 potential reduction in visceral adipose tissue and the
19 potential concerns that are being raised by not seeing
20 the metabolic benefits that we might have anticipated.

21 For the other two, I agree with everybody
22 that we really didn't have enough data about the

1 adherence, and I covered the patient-perceived.

2 DR. FELNER: Like our chairman, in the
3 interest of time, I'll save these comments for my
4 final question.

5 DR. MORSE: I don't have a lot to add to
6 what everyone else has already said. I would just say
7 that I do think treatment readiness will improve with
8 the availability of a medication for a toxicity like
9 this. And whether it will impact adherence, I think,
10 is unclear.

11 As Dr. Kumar said, with patients having
12 lipoatrophy, that seems to be a major issue with
13 adherence. We haven't seen a lot of evidence that
14 that would change on this medication. Thanks.

15 DR. DOBS: So it seems clear that the drug
16 will reduce VAT. Whether or not it's any better than
17 good old exercise, as we've been told several times,
18 has not been proven, although part of me feels it
19 probably would be equal to major, intensive lifestyle
20 modification.

21 The basic question about whether or not
22 reducing VAT really makes a difference for

1 cardiovascular disease could be answered in this study
2 or could be answered in a non-HIV population, as well.

3 It is too bad that it seems to not have had
4 an effect on some of the other stigmata, because I'm
5 concerned that the abdominal waist circumference could
6 be just mistaken for obesity. So I think there has be
7 some clear delineation there.

8 DR. SCHADE: I don't think we have enough
9 data to comment on three or five. I do think, from
10 what we heard, that there is good evidence that some
11 of these patients really benefit psychologically,
12 because it does decrease VAT.

13 This will not be the only drug for this
14 indication. Twenty years ago, I only had a
15 sulfonylurea, and now I have lots of drugs. None of
16 the drugs I have are very good, but I can combine them
17 and do things with them.

18 That's what we need to do. I think we need
19 to start giving physicians drugs to treat these
20 conditions that are very worrisome to patients, and I
21 strongly would support a yes for number 3 that, in
22 fact, at least data to the contrary that we haven't

1 heard, that patients' perception and a decrease in VAT
2 is a real benefit for these patients with HIV.

3 DR. BURMAN: Thank you. Thank you all. Let
4 me summarize, to the best of my ability, and open this
5 for discussion, if you agree or disagree.

6 With regard to question 3, clinical
7 relevance of VAT reduction in the HIV population with
8 treatment with respect to cardiovascular reduction, as
9 was pointed out, decreasing VAT was the goal -- the
10 primary objective of the study, and this was
11 accomplished. I think everyone agrees.

12 The unknown link is how this relates to
13 cardiovascular outcomes, and that needs to be studied
14 further.

15 There was discussion whether there should be
16 a trial and whether that trial should be a benefit
17 trial or a no harm trial. As was brought up, there
18 seemed to be some discussion regarding that, that the
19 cardiac outcomes in relation to that are speculative
20 at the present time and that everyone agrees, for this
21 question, as well as question 5, more data is
22 required.

1 With respect to question number 4, which is
2 the clinical relevance of VAT reduction by treatment
3 in HIV patients with respect to patient-perceived
4 benefits, there seemed to be consensus and
5 appreciation of the patient testimony this afternoon,
6 that was quite impressive. That perceived benefit
7 seems to be important.

8 It is mainly, as Dr. Kumar pointed out, on
9 lipohypertrophy, not on lipoatrophy, which needs to be
10 studied, as well. The tools that study body
11 perception were used and showed that there was a
12 benefit and this has a benefit on the potential daily
13 living and psychiatric outlook of these patients.

14 There was a discordance between the small
15 quantitative changes in waist circumference and the
16 perceived benefit that was obtained in the
17 questionnaire, and that we need further information
18 regarding other psychological aspects, such as body
19 image, such as quality of daily life and psychological
20 profile.

21 With regard to question number 5, commenting
22 on the clinical relevance of VAT reduction with

1 Egrifta, with respect to adherence to antiretroviral
2 therapies, compliance is an important issue.

3 Compliance does not seem to have played a
4 major part in the VAT impression and in the VAT
5 changes. There was a suggestion that the potential
6 effect of noncompliance on the IGF-1 data -- for
7 example, in Study 10, the noncompliance was found in
8 26 percent of patients, while, in Study 11, it was 39
9 percent.

10 This suggests that in compliant patients,
11 IGF levels may be even higher, although that is not
12 known. But there seemed to be consensus that
13 compliance did not play a major role in the findings
14 that were seen.

15 Any comments or modifications of that? Then
16 thank you all.

17 So now let's move to the most important
18 issue, of course, which is the final question and the
19 voting question. And let me get my notes here.

20 The question is, "Does the overall risk-
21 benefit assessment of a fixed dose regimen of Egrifta,
22 tesamorelin, 2 milligrams per day support its approval

1 for the treatment of excess abdominal fat in HIV-
2 infected patients with lipodystrophy?"

3 We're going to vote yes, no, or abstain. If
4 voting yes, please indicate and discuss the basis for
5 this recommendation. Discuss whether any
6 recommendation should be made in regard to duration of
7 use, targeted population, and safety monitoring.
8 Please discuss whether any additional studies,
9 including cardiovascular outcomes trials, should be
10 conducted post-approval.

11 If voting no, please discuss basis for this
12 recommendation. Please discuss what additional
13 studies, including cardiovascular outcome trials,
14 would be necessary to address deficiency or
15 deficiencies.

16 So the question in front of us now is, "Does
17 the overall risk-benefit assessment of a fixed dose
18 regimen of Egrifta, tesamorelin, 2 milligrams per day
19 support its approval for the treatment of excess
20 abdominal fat in HIV-infected patients with
21 lipodystrophy?" Voting yes, no, or abstain.

22 I'm going to read how we're voting and then

1 open the floor for any final questions of
2 clarification before we vote. We will be using the
3 electronic voting system for this meeting. Each
4 voting member has their voting buttons on your
5 microphone, yes, no and abstain.

6 Once we begin the vote, please press the
7 button that corresponds to your vote. You will have
8 approximately 20 seconds to vote. After everyone has
9 completed their vote, the vote will be locked in.

10 The vote will then be displayed on the
11 screen. I will read the vote from the screen into the
12 record. Then we will go around the room and each
13 individual who voted will state their name and vote
14 into the record -- and record their vote into the
15 record, as well as the reason why they voted as they
16 did, and, hopefully, we'll discuss the issues that
17 were just mentioned.

18 So let me open the floor up for any pressing
19 questions regarding the voting system itself or any
20 critical questions regarding any of the issues that
21 you want to bring up before we vote. Okay.
22 Surprising.

1 So I think we're ready to vote. It's
2 flashing, so just lock in your vote.

3 DR. TRAN: Please press firmly on your
4 choice. If you're not sure, you can press it again.

5 (Voting.)

6 DR. BURMAN: Reading the vote into the
7 record, there are 16 yes votes, zero-no, and zero-
8 abstain. What we'd like to do now is go around the
9 room. If I'm not correct, it's Dr. Veltri -- I'm
10 sorry -- Dr. Cargill, yes.

11 If you would read your name into the record,
12 give your vote, and then discuss the issues that were
13 brought up.

14 DR. CARGILL: Victoria Cargill. My vote was
15 yes, for the following reasons. The indication sought
16 for Egrifta, reading directly from the record, is
17 indicated to induce and maintain a reduction of excess
18 abdominal fat in HIV-infected patients with
19 lipodystrophy. The sponsor clearly met that.

20 Additional reasons are because there is no
21 question that this condition does cause, as we have
22 heard, a fair amount of psychological distress, as

1 well as difficulty in functioning. And while we do
2 not have absolute compelling data, we have data that
3 suggests that Egrifta is helpful in this regard.

4 Moreover, these have been associated with
5 depression and depression has been incontrovertibly
6 associated with poor adherence and poor outcomes and
7 disease progression.

8 Secondly, the recommendation with respect to
9 duration of use, I think that we will need to use
10 markers, because there are going to be individuals for
11 whom this therapy will, as we have already seen in the
12 data, be problematic, such as glucose intolerance.

13 With respect to questions that were raised
14 by FDA around the types of monitoring, I think that we
15 can look at this in several ways. What I was
16 struggling to articulate earlier, and I apologize, was
17 the whole idea of a registry. I'm glad that it was
18 raised and someone could actually be coherent. That
19 is one way.

20 The second is an observational cohort, but I
21 would say that would be somewhere to take a look at
22 not only a factor such as glucose and hemoglobin A1C,

1 particularly given that the population that was
2 studied does not completely reflect the population
3 that's heavily impacted by the epidemic; but, thirdly,
4 because we have questions around quality of life and
5 activities of daily living.

6 Thirdly, then a study to also allow us, if
7 it's observational -- or it could be dose-ranging --
8 to study cardiovascular risk factors and benefit. And
9 that was the reason for my vote.

10 MS. SWAN: Tracy Swan. I voted yes for all
11 the reasons that Dr. Cargill just stated, and,
12 additionally, because there's no other treatment for
13 this condition.

14 I think I've been intermittently giving a
15 long list of studies. I'd like to see the one I
16 haven't mentioned, an induction maintenance, maybe
17 starting at the 2 milligram dose and going down to 1
18 milligram dose to see if you can preserve all the
19 benefits and perhaps lower some of the risks.

20 I would like to see a minimum of five years
21 of follow-up and a very diverse cohort enrolled in
22 what will either be a randomized control trial, an

1 observational study, or, hopefully, one of each.

2 Thank you.

3 DR. MOLITCH: Mark Molitch. My surprising
4 yes vote. Clearly, it did reduce abdominal fat. I'm
5 impressed with the patient disability and perception
6 and benefit that they received along this, and my
7 guess is that there are some people who are major
8 responders and there are some people who are non-
9 responders to the medication, giving an average value
10 that's not terribly great.

11 I have a lot of "buts" here that I think
12 should be incorporated in the future. One is I think
13 that, in fact, people know within three months, it
14 looks like, whether they are responders or not as far
15 as a decrease in abdominal fat. And so I think that
16 there should be an initial assessment at three months
17 to decide whether people should go on to future
18 therapy or not.

19 I think that IGF-1 should be monitored over
20 the course of treatment and that there should be an
21 ability to reduce the dose to maintain IGF-1 levels
22 within that 3 standard-deviation mark and perhaps even

1 2 standard-deviation mark. Very concerned about the
2 whole idea of one assay business and why the IGF-1
3 patients should be different from so-called normal
4 individuals. That bothers me a lot and needs to be
5 addressed separately as a side issue.

6 I think the issue with regard to
7 cardiovascular outcomes is certainly not shown at all.
8 And whether there's an adverse cardiovascular outcome
9 or a benefit in cardiovascular outcomes, I think we
10 don't have any clue at this point in time, but
11 deserves study and should be studied over the course
12 of time, whether this is through some registry or
13 through some prospective placebo-controlled trial,
14 which I kind of prefer, but may be difficult to do.

15 But that clearly does need to be done for
16 this study, because it does have potential risks and,
17 again, a cancer registry for these patients, as well,
18 should be done in the future.

19 DR. KUMAR: I am Princy Kumar, and I voted
20 yes, for the reason that the sponsor, in two very
21 dense studies, did show that their primary endpoint in
22 decreasing adipose tissue in patients with

1 lipohypertrophy.

2 However, I would like to add a couple of
3 caveats to that, and the first is under no
4 circumstances should this yes vote be taken to imply
5 that in any way I believe or agree that there's any
6 cardiovascular benefits associated with that.

7 It's not proven, it's not shown, we do not
8 know, and there has to be some way in which we will be
9 able to understand the cardiovascular risk, especially
10 in our patient population that, in this era of HAART,
11 has increased cardiovascular mortality.

12 The second thing that I would like, as a
13 clinician, is more specified criteria on which patient
14 -- at what point and what measurement can we do, in
15 practical terms, to say, "You are not going to
16 respond. They have given it to you for so many
17 months."

18 Is it three months? At that point, you're
19 not going to respond any further. It's a waist
20 circumference decrease of how much?

21 So I really would like, as a practicing
22 clinician, very, very concrete criteria on when to

1 stop. So those are things.

2 How can we look at long-term cardiovascular?

3 I really don't know. I think it will be very -- I
4 would like, clearly, a prospective study. I don't
5 know how practical that's going to be.

6 At a minimum, having a very kept registry
7 would be, at the barest minimum, what we need to do.

8 DR. BISHOPRIC: I'm George Bishopric. I
9 voted yes, because I felt the company clearly met the
10 target of 8 percent and I felt that the degree of
11 suffering that these patients experience and the fact
12 that there is no other agent warranting approval.

13 I also feel that the 19 percent and 11
14 percent decreases in visceral fat probably
15 underestimate the visual improvement that patients
16 see. And those hard numbers were a lot more easily to
17 evaluate than these soft numbers from surveys that
18 looked closer together.

19 So I felt that the measurements we gave
20 probably don't give a sufficient impression of how
21 good the result can be in many patients.

22 As for follow-up, I think everyone has

1 covered kind of the cardiovascular, that we all want
2 some kind of follow-up for that and probably for the
3 IGF, and these will have to be done in some post-
4 marketing studies.

5 I'm very happy that it passed.

6 DR. THOMAS: Abraham Thomas. I voted yes.
7 And what I'd like to just say, as other people brought
8 up, this, in a way, was an easy decision in terms of
9 what we were asked from the actual data.

10 The sponsor was asked to show a reduction in
11 visceral adipose tissue. They did that. They showed
12 a change in the perception or improvement in patients'
13 opinions on treatment in terms of their body
14 morphology and psychological -- well, maybe not
15 psychological stress, but just in terms of their
16 appearance.

17 So that's what they were asked to do. They
18 did that very well in a series of clinical trials that
19 were very supportive of that.

20 To paraphrase Nelson Watts, who was a former
21 chair of this committee, he says it many times. "When
22 there is not evidence-based medicine, there is

1 eminence-based medicine." And everything else pretty
2 much we were asked to do, there is no data, not just
3 in HIV, but in any area.

4 So, of course, we really can't comment and
5 all you've heard is really just our opinions and
6 conjecture. So to find those answers, you're going to
7 have to do trials or registries to see what's
8 important.

9 Now, maybe it doesn't have to be in the HIV
10 population. The lipodystrophy and atrophy is so
11 devastating to these patients that if you couldn't
12 recruit the proper number of patients for a randomized
13 trial, my personal opinion is that's okay, because the
14 appearance that they get with the medications, that's
15 sufficient enough. The benefit from improving that is
16 sufficient enough to probably outweigh, in the
17 opinions of the patients, any potential harm that they
18 do.

19 I don't think there should be a restriction
20 on duration of time, because at least as far as we
21 know, when you stop the medication, the benefits go
22 away.

1 Finally, I harped a lot about diabetes and
2 the risk factors before diabetes, but I'm going to say
3 something that seems a little strange. I don't think
4 we should be restricting those people who have
5 diabetes.

6 If someone has diabetes and they're well
7 controlled, I think they should have an opportunity,
8 because they're suffering the same psychological
9 issues with body image and identification in their
10 community of being on HIV treatment.

11 There is a benefit on lipids, which really
12 wasn't talked about too much, just briefly, and we
13 don't know all the risk factors for cardiovascular
14 events. There's glycemia, there's blood pressure,
15 there's lipids, and if you get a benefit of reduction
16 lipids that are favorable cardiovascular-wise and
17 their A1C is 7, who's to say that's worse than never
18 starting the medication at all when they get positive
19 body imaging effects.

20 So even though the sponsor is saying that
21 they're not going to give it to diabetics, I actually
22 think it's probably okay to give it to patients with

1 diabetes who are under good control.

2 DR. HENDERSON: My name is Jessica
3 Henderson, and I voted yes. Clearly, the VAT
4 reduction was shown. And my main reason is for quality
5 of life. Even though we didn't have hard data on
6 comprehensive quality of life of the patients, I think
7 we can assume that that was true for many of the
8 patients, that their quality of life was improved.

9 We have precedence with that with hormone
10 replacement therapy, which also has increased risk for
11 heart disease and increased risk for cancer, but yet
12 we will allow women to make that choice of quality of
13 life. I think that's important.

14 My favorite suggestion for labeling was that
15 non-responders be taken off the drug after 28 weeks.

16 DR. ROSEN: I'm Cliff Rosen, and I,
17 surprisingly, voted yes. And I hate surrogate
18 markers, but, actually, the target that they were
19 asked to achieve is 8 percent reduction in visceral
20 adipose tissue, which is a surrogate for abdominal
21 fat, and they did it.

22 Surprisingly, in the short-term data, there

1 are few safety issues. So I didn't feel
2 uncomfortable. Somebody mentioned earlier that this
3 is not a hard choice when you look at what you were
4 asking us to do.

5 The harder questions really are what should
6 we do, if this drug is approved, in terms of follow-
7 up. I'm very concerned about IGF. I think that I
8 would agree that if the short-term responders are non-
9 responders, then they probably should come off the
10 drug.

11 There's going to have to be some way or some
12 labeling that's going to have to be put on about
13 frequent following of IGF-1, because I think that's
14 going to be a long-term issue that will not be
15 resolved. It's currently hypothetical, but it
16 certainly raises enough concerns that both the patient
17 should be aware of it and the prescribing physician
18 should also be aware of it.

19 So either a registry or something that's
20 going to allow for a longer-term follow-up if a person
21 is committed to this kind of therapy. So I am
22 actually comfortable with my decision.

1 DR. FLEGAL: We're glad you're comfortable
2 with that. This is Katherine Flegal, and I also voted
3 yes, again, for the same reasons. They hit the
4 target. I think this should be approved for something
5 for which there's no other treatment, which can impact
6 quality of life.

7 But I also would concur with the previous
8 statement that this does not mean that -- that this
9 should not be taken as an endorsement of saying that
10 reducing VAT will reduce cardiovascular risk, because
11 that really hasn't been shown.

12 I think at least some clearly defined
13 follow-up to the risk management plan made sense, and
14 a registry, at least, to see what the experience is is
15 very important.

16 DR. BURMAN: Ken Burman. I voted yes. I
17 actually found this a difficult decision. We
18 recognize the importance of insulin resistance and
19 cardiovascular disease in this population, but on the
20 other hand, there is little evidence that the
21 surrogate we're using has a direct or indirect link to
22 cardiac endpoints.

1 In the cardiac outcome trials, it would be
2 important that I recommend that it would be important
3 to measure apoB as well as LDL particle number and
4 size, as well as non-HDL. It would e relevant to
5 compare the effects of the agent on lipids and insulin
6 resistance against more standard therapies, some of
7 which they had been on.

8 The beneficial effects of tesamorelin in
9 decreasing triglycerides was small and variable. It
10 was 52 milligram per deciliter in Study 10, which was
11 significant, and 19 nanogram per deciliter in Study
12 11, which was not significant.

13 Statistically significantly more patients in
14 the tesamorelin group developed diabetes and had an
15 increase in their A1C, but I think, as mentioned, that
16 can be treated.

17 The long-term effects in these patients of
18 raising IGF-1 on aggravating the growth of colon
19 polyps and cancer, as well as other tumors, as well as
20 on cardiac structure and function, as well as on
21 Kaposi's sarcoma, a largely unknown; the effect of
22 inducing glucose tolerance in diabetes needs to be

1 further analyzed, and the long-term effects of GHRH
2 antibodies are unknown.

3 There is also a controversy regarding the
4 relative importance of visceral fat as compared to
5 hepatic fat, which hasn't been measured in this study.
6 And it's disconcerting that discontinuation of
7 tesamorelin resulted in a return of visceral adiposity
8 and insulin resistance.

9 On the other hand, the benefits of the body
10 image and the testimony of the OPH shouldn't be
11 minimized, specifically, discussing further, I think,
12 that consideration should be given to a time limited
13 use, or at least the post-marketing study results, if
14 they come out, should modify that use.

15 With regard to specific trials, I think the
16 testimony from ATAC was quite impressive and their
17 document was impressive. They recommended, and I
18 agree, that there should be Phase 4 studies assessing
19 the relationship between decreasing VAT with
20 cardiovascular and cerebrovascular endpoints.

21 Studies should also address other
22 parameters, such as quality of life, pulmonary

1 function, sleep apnea, as well as liver and cardiac
2 abnormalities. The benefits of additional synergistic
3 measures, such as exercise and diet alteration, should
4 be studied.

5 Gender specificity and other populations
6 should be studied. And as already noted, CT for VAT
7 assessment is not going to be clinically available.
8 So we have to use a surrogate, which is waist and hip
9 circumference.

10 Lastly, there should be a study assessing
11 the benefits of tesamorelin as compared to standard
12 therapy, including the synergistic use of dietary
13 modification and lipid treatment.

14 But overall, I think the advantages of the
15 medication of meeting the goal of decreasing visceral
16 adiposity was accomplished, but I certainly have many
17 comments and potential restrictions in the
18 application.

19 DR. PROSCHAN: I'm Michael Proschan. I
20 voted yes. I think, like other people said, the
21 company did what they were asked to do. They showed
22 clear benefit on the primary endpoint, and I think

1 everyone knew, including the FDA, going in, that there
2 was really no way they would be able to show benefit
3 on the cardiovascular outcomes.

4 I also think that they, overall, showed
5 benefit on some secondary outcomes that may also have
6 a benefit. Of course, there were a couple of
7 concerns, but the diabetes concern, I think, is there,
8 but I do think it's a small impact and I think that
9 that can be managed.

10 To me, the fact that they showed benefit,
11 basically, psychologically, that's important, I think.
12 I think some of the worst pain that we experience is
13 psychological. So if you can improve someone's
14 outlook on life, I think that's very important.

15 DR. GOLDFINE: Allison Goldfine. I also
16 voted yes. I think that they laid out a development
17 plan and they demonstrated quite clearly that they met
18 what was in the development plan, and that was very
19 important to me.

20 I think that there is no other treatment
21 available, and there is equipoise for risk. So I
22 don't take lightly that things were revealed that have

1 potential signal, but there was also potential
2 benefit, and I think the equipoise was very important.

3 I would like to say that I also agree that
4 people show that they are responders or not responders
5 by a reasonable timeframe and that that would be a
6 reasonable point to potentially suggest additional
7 studies. If you have a non-responder post-marketing,
8 one might want to look at those individuals
9 separately, because the rate of gain may actually be
10 different.

11 So while you're not necessarily seeing
12 decrease in visceral adiposity in those individuals,
13 they may have less gain. And so that would be an area
14 that they could potentially explore further.

15 I don't think there was adequate minority
16 coverage, which was a little surprising given the
17 prevalence of HIV in minority populations. And I feel
18 very strongly that we are having an assumption that
19 the reduction in visceral adiposity will actually be
20 above and beyond the psychological benefit, which is
21 what I think is very important.

22 I think that we should consider some

1 labeling that the effect of the decrease in visceral
2 adipose tissue on cardiovascular outcomes has not been
3 established. I think it would be reasonable to add
4 some of the caveats about what long-term exposure to
5 excess growth hormone may be from patients, for
6 example, who have acromegaly. And you may want to
7 limit the fact that while we cannot completely
8 extrapolate that to this population, these are
9 reasonable things to be monitoring for considering.

10 I think a registry is absolutely essential,
11 as a minimum, because once one goes beyond the
12 clinical trials and the Phase 3 development to
13 marketing, patients won't have the same inclusion-
14 exclusion criteria nor are their visits scheduled
15 monitored as closely.

16 So the registry becomes very important for
17 that reason, but I actually think that there is an
18 enormous leap, that we are actually doing something
19 for cardiovascular benefit. And, therefore, I would
20 really like to see a benefit trial and I think that
21 that is actually feasible, although there's been some
22 dispute about that from the group.

1 I think that the reason, also, that there
2 are these potential risks that have many of us
3 concerned makes this a very important thing to be
4 doing.

5 DR. FELNER: Eric Felner. I voted yes.
6 Most of what I based my decision on was what many of
7 you spoke about. I think it was interesting that
8 questions one through five were about 1,000 times
9 harder than question 6.

10 We deal with this, a lot of times, wanting
11 to change the question that we're supposed to be
12 voting on, but this was very simple at least just to
13 answer the question that was asked.

14 I think that if you actually based your last
15 answer in the voting question on the first five
16 choices, I think most of us would have put no, because
17 most of these questions were not -- the answers were
18 no, if you looked at it very objectively.

19 I think that I'm actually happy that this
20 was approved, because I look at this from the diabetes
21 standpoint. I actually look at this outside of the
22 HIV population, because I see almost no patients with

1 HIV. But I see a lot of kids that are obese. I see a
2 lot of kids that already have Type II diabetes that
3 are already making their way to having a very
4 difficult life with diabetes and obesity.

5 Here we have something that has been proven
6 to reduce, at least in a year, reduce this visceral
7 adipose tissue, which I believe, even though it hasn't
8 been proved or disproved, its relationship to
9 cardiovascular disease in any form, but I think that
10 is the real key for all of our obese patients and all
11 of our diabetics, that if you can lower that --
12 there's no drugs that do it, other than this one.

13 Exercise does it, but we know how well that
14 goes along with our patients. But I think that's a
15 tremendous benefit that we'll learn from other fields,
16 not just the HIV population, but what you can do from
17 the visceral fat.

18 I guess the other thing, I do like the idea
19 of the non-responders. I looked at that, but I think
20 it took somebody a lot smarter than me to actually
21 make the comment, so I would jump on board. But I
22 think that's a great answer for these patients in the

1 first few months that don't respond. Get them off the
2 drug.

3 But looking at this from a registry I think
4 is the easiest way to do it, probably the best way to
5 do it. And, again, I have familiarity with our growth
6 hormone registries and they seem to work pretty well
7 for identifying long-term side effects.

8 DR. MORSE: I'm Caryn Morse. I voted yes,
9 for the same reasons as the rest of the group. I
10 think the sponsor demonstrated reduction in visceral
11 adipose tissue, patient benefit, and there's a niche,
12 a clear need for this.

13 I don't think there should be any limits on
14 duration and agree that we need guidance for
15 clinicians on when it's appropriate to stop or how to
16 manage patients that aren't responding.

17 I'd also like clear guidance for clinicians
18 on how to distinguish which HIV patients would really
19 benefit from this. It is sometimes difficult to
20 distinguish the just obese, overweight patients from
21 the truly -- true patients with lipodystrophy
22 syndrome. So helping us with that, and then how to

1 sort of monitor patients.

2 What's going to be the appropriate interval
3 for monitoring for the sugar things? Does everyone
4 need oral glucose tolerance tests? And then stopping
5 criteria, as well. And I would like to see a
6 prospective randomized controlled trial looking at
7 cardiovascular disease benefit.

8 DR. DOBS: My name is Adrian Dobs, and I
9 voted yes. I did so because I think that overall, the
10 risk-benefit ratio was clearly in favor of the
11 benefit.

12 I do think that there needs to be a fair
13 amount of education to go on here for physicians to
14 ensure that they're using it for HIV lipodystrophy,
15 with increased waist circumference, and not for
16 generalized obesity.

17 I also think that they should not exclude a
18 well controlled diabetic, since it may be helpful in
19 that realm, as well. I think there is an opportunity
20 here to really understand some basic physiology about
21 the effect of VAT, whether it be a biomarker or as a
22 physiological direct effect.

1 That could be studied with either the large
2 clinical trials that we've been discussing or the more
3 intensive patient-oriented studies, and that could be
4 in an HIV or a non-HIV.

5 Is there a role of this medication for just
6 patients with elevated VAT who are at risk for
7 cardiovascular disease? I think that, obviously,
8 that's an exciting question that can't be answered at
9 this present time.

10 The monitoring, I think I would feel more
11 comfortable with IGF-1 levels being measured sooner
12 than one year. I think I'd also be more comfortable
13 to set a goal. There may not be data to say this yet,
14 but if one could reanalyze it and think in terms of
15 that maximum effect -- I know it didn't correlate that
16 well, but maximum effect for VAT was attained t maybe
17 high normal or within 2 standard deviations of IGF-1
18 levels, I think I'd feel more comfortable.

19 I think there clearly needs to be a sense of
20 stopping the medication if it doesn't work and trying
21 to delineate and educate physicians on what would be
22 that criteria.

1 DR. SCHADE: I'm Dave Schade. And I voted
2 yes, because I think that the risk-benefit ratio is
3 greatly in favor of benefit. And I pretty much agree
4 with what the panel says.

5 I think the company did a very nice job of
6 presenting their data. I think they did a terrible
7 job of giving any type of firm recommendations to
8 physicians on how to use this medication.

9 That may be because they felt they'd be
10 overstepping their bounds or whatever, but I would
11 strongly recommend that Dr. Molitch, with his great
12 influence, contact the Endocrine Society -- I'm
13 serious -- and the Endocrine Society should come out
14 with recommendations on how to use this drug.

15 There are at least three issues they need to
16 address, and one of them is what do you do with a
17 patient who continually has IGF levels that are
18 greater than 3 standard deviations above the norm,
19 because we're all worried about that group.

20 I think the Endocrine Society needs to
21 clarify what they do about patients with diabetes.
22 Now, what I would favor, of course, is if this drug

1 does not cause deterioration of the glucose control,
2 the it ought to be used in patients with diabetes.

3 I think we should not exclude patients with
4 diabetes. The reason I think we didn't see any of
5 that data presented is because diabetic patients were
6 excluded from their scientific studies. But I think
7 patients with HIV and diabetes should not be excluded
8 from using this drug.

9 So I would recommend that the FDA not
10 include any language about excluding diabetes. They
11 can certainly say that there is no data supporting the
12 use of this in diabetes, but I would hate to see all
13 my diabetic patients potentially being excluded from
14 this medication.

15 The third, even bigger issue is when and how
16 do you deal with patients who don't respond, because
17 I'm concerned that physicians will continue
18 prescribing this medication for years, even if there
19 is no response, because there's no direction on how
20 they should monitor it and at what intervals they
21 should use it.

22 So I think there's a lot of physician

1 knowledge that needs to be put out by some group. I
2 mentioned the Endocrine Society. It could be any
3 other group that feels competent to do that.

4 But just to put this drug on the market
5 without guidelines that specifically tell or suggest
6 to the physician how to use it I think would be a
7 great mistake.

8 DR. BURMAN: Thank you all.

9 Mark?

10 DR. MOLITCH: I had enough difficulty saying
11 yes with this study for recommending possible
12 approval. And now, when I hear the comments around the
13 table, Dr. Felner is already proposing off-label use
14 for something that hasn't even gotten a label, and
15 that is to treat obese adolescents who may or may not
16 have diabetes.

17 Had I known that was already going to
18 happen, I would never have voted for approval. I
19 think that's a very, very dangerous path to take and I
20 think that this should be a very, very limited
21 approval for exactly what's been specified, and I
22 would be very, very hesitant to use it outside of that

1 until we get lots and lots of experience.

2 DR. BURMAN: I think we all agree with that.

3 I think we all agree with that. Do you have any --

4 DR. FELNER: Of course. I mean, I'm trying
5 to think about it from my standpoint. But if it has
6 only to be used in HIV patients, obviously, it won't
7 come up anywhere else. Correct? Right? If it's
8 approved for patients with HIV.

9 DR. BURMAN: Good. Thank you for that
10 comment.

11 I would like to ask, Dr. Parks and Dr.
12 Rosebraugh, do you have any other comments, anything
13 else you want the panel to discuss since we're all
14 together, any issues left unresolved, in your mind?

15 DR. PARKS: Just our closing remark, but if
16 you have other issues you want to address.

17 DR. BURMAN: No. I think that would be
18 great, please.

19 DR. PARKS: On behalf of the FDA, I'd like
20 to thank Dr. Burman, members of this advisory
21 committee for the discussion and deliberations today.
22 I particularly would like to thank the panel members

1 for not changing the advisory committee questions.

2 I think this is the first meeting I've been
3 to where the panel members did not ask for the
4 question to be changed. So we must have done a pretty
5 good job writing the questions.

6 We did hear today some very, very important
7 pieces of information, pieces that perhaps the agency
8 clearly needs to go back and also analyze issues with
9 respect to different types of protease inhibitors
10 used. There were also certain issues raised with
11 respect to statin use. We have a list of that. So
12 we'll clearly go ahead and do that.

13 While the advisory committee panel members'
14 votes were far from equivocal, the discussion
15 certainly informs of that there is still quite a lot
16 of work to do, which we will be doing so in the next
17 couple of weeks to months with the company.

18 So on that note, I also would like to thank
19 the company for your work with us, particularly in the
20 last three months in preparation for this advisory
21 committee.

22 I also would like to thank the speakers

1 during the open public hearing for your very, very
2 powerful testimony. And then last, but not least, I'd
3 like to thank the FDA review team for their excellent
4 job. Clearly, in the last three months, it's also
5 been very difficult for them, as well.

6 So with that, no further ado. Thank you.

7 DR. BURMAN: Thank you.

8 Dr. Rosebraugh, any comments? No? Thank
9 you. I would also, on behalf of the committee, like
10 to thank the FDA, specifically Dr. Parks and Dr.
11 Rosebraugh, Drs. Roman and Mohamadi for their nice
12 presentations, and, of course, Mr. Tran, Paul, who we
13 work with virtually on a daily basis. And really,
14 this couldn't occur without his great work.

15 It's a privilege to serve on the committee
16 and a pleasure to work with the members of the FDA.
17 They've been professional and cooperative in all of my
18 interactions.

19 I also would like to thank the sponsor for
20 the very nice presentation; the OPH speakers, again,
21 which were very powerful and very important in this
22 process; and also, like to thank the panel members for

1 their very active participation and their travel to
2 get here.

3 That all having been said, I'd like now to
4 adjourn the meeting. Thank you.

5 (Whereupon, at 4:20 p.m., the meeting was
6 adjourned.)

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