

Resources

American Academy of Pediatrics (AAP)

141 Northwest Point Blvd
Elk Grove Village, IL 60007
800-433-9016
<http://www.aap.org>

The mission of the American Academy of Pediatrics is to attain optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. The Academy's main website (www.aap.org) includes information on children's health topics such as diabetes. A parenting website (<http://www.HealthyChildren.org>) includes information on type 1 and 2 diabetes.

AAP's Section on Endocrinology focuses on improving care of infants, children, adolescents, and young adults with endocrinological disorders. The section's website (<http://www.aap.org/sections/endocrinology>) includes links to policy and public education materials. The Section on Endocrinology seeks opportunities to educate primary care physicians on the care of children with diabetes, including the development of Academy policy, offering educational programming at the National Conference and Exhibition and other Continuing Medical Education activities, and providing information for the pediatric endocrinologist, including the Section on Endocrinology newsletter.

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)

1900 Association Drive
Reston, VA 20191
800-213-7193
<http://www.aahperd.org>

The mission of the American Alliance for Health, Physical Education, Recreation and Dance is to promote and support leadership, research, education, and best practices in the professions that support creative, healthy, and active lifestyles. AAHPERD has five national associations, including the National Association for Sport and Physical Education (NASPE), American Association for Health Education (AAHE), and the American Association for Physical Activity and Recreation (AAPAR). The AAHE provides a free resource listing on diabetes education and management organizations.

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American Association of Clinical Endocrinologists (AACE)

245 Riverside Ave, Suite 200

Jacksonville, FL 32202

904-353-7878

<http://www.aace.com>

The American Association of Clinical Endocrinologists is a medical professional community of clinical endocrinologists committed to enhancing its members' ability to provide the highest quality of care. Members of AACE are physicians with special education, training, and interest in the practice of clinical endocrinology. These physicians devote a significant part of their career to the evaluation and management of patients with endocrine diseases.

American Association of Diabetes Educators (AADE)

200 West Madison Street, Suite 800

Chicago, Illinois 60606

800-338-3633

<http://www.diabeteseducator.org>

The American Association of Diabetes Educators is a professional organization representing multidisciplinary health care professionals focused on shaping and driving professional practice to promote healthy living through self-management of diabetes and its related conditions for people with diabetes. AADE can provide contact information for diabetes educators throughout the country on its website. AADE's Pediatric Educator Specialty Practice Group focuses on pediatric diabetes care, education, and health management needs.

American Diabetes Association (ADA)

1701 North Beauregard Street

Alexandria, VA 22311

800-DIABETES (800-342-2383)

<http://www.diabetes.org>

The mission of the American Diabetes Association is to prevent and cure diabetes and improve the lives of people with diabetes. Founded in 1940, the ADA conducts programs in all 50 states and the District of Columbia, reaching hundreds of communities across the country. The ADA is a nonprofit organization that provides diabetes research, information

and advocacy, and offers a variety of programs for children with diabetes and their families.

ADA offers several training and education resources on its website that could be useful to school personnel, students, and parents:

- “Diabetes Care Tasks at School: What Key Personnel Need to Know,” a 2-disc training curriculum and corresponding DVD video segments designed for use by the school nurse or other diabetes trained health care professionals for training a school’s trained diabetes personnel: <http://www.diabetes.org/schooltraining>
- Training resources for school personnel:
<http://www.diabetes.org/living-with-diabetes/parents-and-kids/diabetes-care-at-school/school-staff-trainings/training-resources.html>
- Safe at School information and materials:
<http://www.diabetes.org/living-with-diabetes/parents-and-kids/diabetes-care-at-school/>
- Planet D for Kids with Diabetes:
<http://www.diabetes.org/living-with-diabetes/parents-and-kids/planet-d/>
- Virtual Family Resource Network:
<http://www.diabetes.org/living-with-diabetes/parents-and-kids/>

American Dietetic Association (ADA)

120 South Riverside Plaza, Suite 2000

Chicago, IL 6060

800-877-1600

<http://www.eatright.org>

The American Dietetic Association has a vision to optimize the nation’s health through food and nutrition. The association uses a three-pronged approach of research, education, and advocacy to empower its members to be the nation’s food and nutrition leaders.

The world’s largest organization of food and nutrition professionals, the ADA develops position papers, evidence-based practice guidelines, publications, and professional development tools to advance the profession of dietetics. The association has 28 dietetic practice groups, including: Diabetes Care and Education, School Nutrition Services, Pediatric Nutrition, Weight Management, Sports, Cardiovascular and Wellness Nutrition, Public Health/Community Nutrition, and Hunger and Environmental Nutrition.

The ADA website, www.eatright.org, has a consumer-focused section that provides consumers with science-based information on a variety of food and nutrition issues. In

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In addition, a number of social networking tools are available that encourage communication with registered dietitians. The site offers a “Find a Registered Dietitian” tool that allows consumers to locate a registered dietitian in their community. Students can find career guidance information and colleges and universities that offer an approved dietetics education program. The American Dietetic Association offers several resources that could be useful to school personnel:

- Count Your Carbs: Getting Started (English and Spanish)
- Advanced Carbohydrate Counting
- Choose Your Foods: Exchange Lists for Diabetes (English and Spanish)
- Choose Your Foods: Plan Your Meals (English and Spanish)
- Celiac Nutrition Guide, Second Edition
- Eating Healthy With Diabetes: Easy Reading Guide

American Medical Association (AMA)

515 North State Street

Chicago, IL 60654

800-621-8335

<http://www.ama-assn.org>

The American Medical Association’s mission is to promote the art and science of medicine and the betterment of public health. The AMA offers educational and clinical resources on the treatment of type 2 diabetes in adults, including clinical performance measures and policy statements.

The AMA website lists the AMA’s diabetes-related policy and offers links to reputable sources of information on diabetes. Medical personnel may be interested in AMA’s clinical performance measures and continuing medical education activities on the treatment of type 2 diabetes in adults.

Barbara Davis Center for Childhood Diabetes

1775 Aurora Court, Building M 20

Aurora, CO 80045

303-724-2323

www.barbaradaviscenter.org

The Barbara Davis Center for Childhood Diabetes provides clinical care for children,

adolescents, and young adults with type 1 diabetes. In addition, the center supports substantial clinical and basic science research programs to prevent and ultimately cure this chronic life-threatening disease.

Centers for Disease Control and Prevention (CDC)

1600 Clifton Road
Atlanta, GA 30333
800-CDC-INFO (800-232-4636)
888-232-6348 (TTY)
<http://www.cdc.gov>

The mission of the Centers for Disease Control and Prevention is to collaborate to create the expertise, information, and tools that people and communities need to protect their health—through health promotion, prevention of disease, injury and disability, and preparedness for new health threats. CDC’s Division of Diabetes Translation co-sponsors the National Diabetes Education Program with the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health and provides key resources related to research and program development for diabetes prevention and control. CDC’s Division of Adolescent and School Health develops planning tools for schools to use for health and safety policies and programs.

CDC has several resources that could be useful to school personnel on its website:

- CDC’s Division of Diabetes Translation: <http://www.cdc.gov/diabetes>
- CDC’s Division of Adolescent and School Health (DASH):
<http://www.cdc.gov/healthyyouth>
- CDC’s School Health Index (DASH): <https://apps.nccd.cdc.gov/shi/default.aspx>

Children with Diabetes

8216 Princeton-Glendale Road, PMB 200
West Chester, OH 45069
<http://www.childrenwithdiabetes.com>

Children with Diabetes offers education and support to families living with type 1 diabetes through its website and conferences. The organization provides Sample 504 Plans and community resources (e.g., chat, forums) to share success stories and seek assistance and advice.

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The Endocrine Society

8401 Connecticut Avenue, Suite 900

Chevy Chase, MD 20815

888-363-6274

<http://www.endo-society.org/>

The Endocrine Society is devoted to research on hormones and the clinical practice of endocrinology. The Society works to foster a greater understanding of endocrinology among the general public and practitioners of complementary medical disciplines and to promote the interests of all endocrinologists at the national scientific research and health policy levels of government.

The Society distributes diabetes and insulin administration DVDs and CDs that could be useful to school personnel.

Indian Health Service Division of Diabetes Treatment and Prevention (IHS DDTP)

5300 Homestead Road NE

Albuquerque, New Mexico 87110

505-248-4182

<http://www.diabetes.ihs.gov>

The Indian Health Service Division of Diabetes Treatment and Prevention develops, documents, and sustains clinical and public health efforts to treat and prevent diabetes in American Indians and Alaska Natives.

IHS DDTP offers many resources that could be useful to school personnel on its website:

- *Youth and Type 2 Diabetes*—Indian Health Diabetes Best Practice
- *School Health and Diabetes*—Indian Health Diabetes Best Practice
- *Promoting a Healthy Weight in Children and Youth*—Clinical Strategies, Recommendations, and Best Practices
- *Diabetes Education in Tribal Schools (DETS)*—K-12 Curriculum to educate students about diabetes, its risk factors, science, and healthy eating and physical activity
- *Eagle Books*—Series of four books, animated DVD, and Teachers Guide for teaching children about healthy eating and physical activity and diabetes prevention

Joslin Diabetes Center (JDC)

Pediatric, Adolescent, and Young Adult Section

One Joslin Place, Second Floor

Boston, MA 02215

800-JOSLIN 1 (800-567-5461)

<http://www.joslin.org>

The mission of the Joslin Diabetes Center is to improve the lives of people with diabetes and its complications through innovative care, education, and research that will lead to prevention and cure of the disease. Joslin's pediatric team provides multi-disciplinary care to 2,500 youths with diabetes.

Joslin offers the following resources that could be helpful to school personnel:

- Diabetes education programs for school nurses
- Publications such as *Joslin's Guide to Managing Childhood Diabetes: A Family Teamwork Approach*
- Support for school health issues, including health, safety, and advocacy

Juvenile Diabetes Research Foundation International (JDRF)

26 Broadway, 14th Floor

New York, NY 10004

800-223-1138

<http://www.jdrf.org>

The mission of the Juvenile Diabetes Research Foundation International is to find a cure for diabetes and its complications through the support of research. As an organization whose volunteer and staff leadership largely has a personal connection to type 1 diabetes, JDRF also provides social, emotional, and practical support to people who have been diagnosed with diabetes and their families. JDRF's volunteers are the driving force behind more than 100 locations worldwide.

The following resources can be accessed on the JDRF website:

- JDRF Healthcare Providers Toolkit: <http://www.jdrf.org/hcp>
- School Advisory Toolkit for Families: http://www.jdrf.org/files/General_Files/chapters_and_affiliates/tampa_bay_chapter/School_Advisory_Toolkit.pdf
- Type 1 Diabetes in School Web page: http://www.jdrf.org/index.cfm?fuseaction=home.viewPage&page_id=6197C997-1279-CFD5-A74DC0AA2620EF50

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- Online diabetes support team for families: http://www.jdrf.org/index.cfm?page_id=103451
- Life with Diabetes E-newsletter: http://www.jdrf.org/index.cfm?page_id=103443
- JDRF Kids Online website (includes survival guide on “Life with Diabetes—In School”): <http://kids.jdrf.org/index.cfm>

Lawson Wilkins Pediatric Endocrine Society (LWPES)

6728 Old McLean Village Drive

McLean, VA 22101

703-556-9222

<http://www.lwpes.org>

The Lawson Wilkins Pediatric Endocrine Society promotes the acquisition and dissemination of knowledge of endocrine and metabolic disorders from conception through adolescence. The LWPES has over 900 members representing the multiple disciplines of Pediatric Endocrinology. The LWPES website provides links with information about diabetes in children and adolescents.

National Association of Chronic Disease Directors Diabetes Council

2872 Woodcock Blvd, Suite 220

Atlanta, GA 30341

770-458-7400

<http://www.chronicdisease.org>

The mission of the National Association of Chronic Disease Directors Diabetes Council is to define, prioritize, and address national public health diabetes issues and advocate for diabetes policy to support state- and territorial-based Diabetes Prevention and Control Programs (DPCP) and other partners in order to reduce the burden of diabetes. The Diabetes Council is a resource for DPCP staff for building infrastructure, learning best practices, collecting data and evaluating the effectiveness of their activities. The Diabetes Council’s School Health Committee addresses issues regarding diabetes in school-aged children and possible preventive measures that can be taken.

A number of States have developed training curricula and materials, including California, New York, Pennsylvania, Texas, and Virginia. These resources can be found on the Internet.

- Glucagon Training (CA): http://www.diabetes.org/assets/pdfs/state-school-laws/ca_glucagontrainingstds.pdf

- *Children with Diabetes, A Resource Guide for Families and Schools*, New York, New York State Department of Health, Diabetes and Prevention Control Program.
<http://www.health.state.ny.us/publications/0944.pdf>
- Glucagon Training (NY): http://www.nyhealth.gov/diseases/conditions/diabetes/for_health_care_providers.htm
- *Diabetes in School Children: Recommendations and Resource Guide for Pennsylvania School Personnel*, Pennsylvania, Department of Health, Diabetes Prevention and Control Program (DPCP). www.health.state.pa.us/diabetes
- Training Guidelines (TX): http://www.diabetes.org/assets/pdfs/state-school-laws/tx_guidelinestrainingschempl_hb984.pdf
- Insulin and Glucagon Training (VA): http://www.diabetes.org/assets/pdfs/state-school-laws/va_trainingmanual_insulin-glucagon.pdf

National Association of Elementary School Principals (NAESP)

1615 Duke Street
Alexandria, VA 22314
800-386-2377
<http://www.naesp.org>

The mission of the National Association of Elementary School Principals is to lead in the advocacy and support for elementary and middle level principals and other education leaders in their commitment for all children. NAESP is a membership organization serving the needs of elementary and middle level principals, assistant principals, and aspiring school leaders.

National Association of School Psychologists (NASP)

4340 East West Highway, Suite 402
Bethesda, MD 20814
866-331-NASP
301-657-4155 (TTY)
<http://www.nasponline.org>

The National Association of School Psychologists sets standards for graduate education and practice, advocates on behalf of children and families, and provides quality professional resources to its members.

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National Association of Secondary School Principals (NASSP)

1904 Association Drive

Reston, VA 20191-1537

800-253-7746

<http://www.principals.org>

The mission of the National Association of Secondary School Principals is to promote excellence in school leadership. NASSP is a national organization for middle level and high school principals, assistant principals, and aspiring school leaders.

NASSP administers the National Honor Society, the National Junior Honor Society, the National Elementary Honor Society, and the National Association of Student Councils to promote the academic achievement, character and leadership development, and physical well-being of youth.

National Diabetes Education Program (NDEP)

National Diabetes Education Program

1 Diabetes Way

Bethesda, MD 20892-3600

888-693-6337

<http://www.yourdiabetesinfo.org> or www.ndep.nih.gov

The National Diabetes Education Program (NDEP) is jointly sponsored by the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health and the Division of Diabetes Translation of the Centers for Disease Control and Prevention, with the support of over 200 public and private sector organizations. The NDEP works with its partners to improve diabetes treatment and outcomes for people with diabetes, to promote early diagnosis, and to prevent or delay type 2 diabetes.

The NDEP has taken a lead role in responding to the diabetes epidemic by developing educational resources related to diabetes in children and youth.

The resources listed below on diabetes in school and diabetes and youth can be accessed on the National Diabetes Education Program website at:

<http://www.ndep.nih.gov/hcp-businesses-and-schools/Schools.aspx>

<http://www.ndep.nih.gov/teens/index.aspx>

NDEP Resources on Diabetes in the School Setting

- *Helping the Student with Diabetes Succeed: A Guide for School Personnel*
- PowerPoint presentation about *Helping the Student with Diabetes Succeed*

- Archived articles on diabetes management in the school setting from *School Nurse News* and *NASN School Nurse*
- “Move It! and Reduce Your Risk for Diabetes” School Kit (for American Indians and Alaska Natives and others)
- PowerPoint presentations about diabetes: The Numbers, The Science of Control, and The Science of Prevention (Go to: <http://ndep.nih.gov/resources/index.aspx?ToolType=13>)

NDEP Resources on Children and Adolescents with Diabetes or Those At Risk

- “Overview of Diabetes in Children and Adolescents” Fact Sheet
- Resources for Diabetes in Children and Adolescents
- “Online Quiz for Teens with Diabetes;” interactive quiz on steps for managing diabetes
- “Tips for Teens: Lower Your Risk for Diabetes” (English and Spanish)
- “Tips for Teens with Diabetes: What Is Diabetes?” (English and Spanish)
- “Tips for Teens with Diabetes: Make Healthy Food Choices” (English and Spanish)
- “Tips for Teens with Diabetes: Be Active” (English and Spanish)
- “Tips for Teens with Diabetes: Stay at a Healthy Weight” (English and Spanish)
- “Tips for Teens with Diabetes: Dealing with the Ups and Downs of Diabetes” (English and Spanish)
- “Transition from Pediatric to Adult Health Care”—Resources and Planning Checklist
- “When Your Child Is Diagnosed with Diabetes: Parents’ Questions for the Health Care Team”

National Education Association Health Information Network (NEAHIN)

1201 16th Street, NW,
Washington, DC, 20036
<http://www.neahin.org>

The mission of the National Education Association Health Information Network is to improve the health and safety of the school community by developing and disseminating information and programs that educate and empower school employees and positively impact the lives of children.

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health

The National Institutes of Health's National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) conducts and supports research on many of the most serious diseases affecting public health. Through its National Diabetes Education Program, National Diabetes Information Clearinghouse, and Weight Control Information Network, NIDDK offers numerous educational materials for public and patient audiences related to diabetes management and diabetes in the school setting.

National Diabetes Information Clearinghouse (NDIC)

1 Information Way

Bethesda, MD 20892-3560

800-860-8747

866-569-1162 (TTY)

<http://diabetes.niddk.nih.gov/>

The National Diabetes Information Clearinghouse, a service of the NIDDK, provides information about diabetes to people with diabetes, their families, health care professionals, and the public.

The following patient and public education resources can be accessed on the National Diabetes Information Clearinghouse website at <http://diabetes.niddk.nih.gov/>:

- Diabetes A-to-Z Topics and Titles—Information on dozens of topics related to diabetes
- Awareness and Prevention Series—Brief overviews of common health problems to raise awareness among people not yet diagnosed
- Easy-to-Read Booklets—Basic information about diabetes presented in easy-to-understand terms
- Fact Sheets—In-depth information for patients, health professionals, and students on a wide range of diabetes topics

Weight Control Information Network (WIN)

1 WIN Way

Bethesda, MD 20892-3665

877-946-4627

<http://www.win.niddk.nih.gov>

The Weight-control Information Network develops and distributes science-based materials concerning healthy eating and physical activity to parents, kids, teens, and

health care professionals in English and Spanish. WIN's materials can be used by school personnel to develop lesson plans concerning portion control and nutrition labels.

The following resources can be accessed on the Weight Control Information Network website at www.win.niddk.nih.gov:

- For public audiences—Publications and resources on nutrition, physical activity, and weight control for consumers across the lifespan
- For health care professionals—Science-based tools and resources on obesity, bariatric surgery, and counseling patients about weight loss.

Pediatric Endocrinology Nursing Society (PENS)

7794 Grow Drive

Pensacola, FL 32514

877-936-7367

<http://www.pens.org>

The Pediatric Endocrinology Nursing Society is a voluntary non-profit specialty nursing organization committed to the advancement of the art and science of pediatric endocrine nursing. PENS membership includes nurses with expertise and leadership in the field of pediatric diabetes. The society is a resource for information, education, and collaboration for the child/family and the school.

U.S. Department of Education (ED)

400 Maryland Avenue, SW

Washington, DC 20202

Office for Civil Rights (OCR)

800-421-3481

877-521-2172 (TTY)

<http://www.ed.gov/about/offices/list/ocr/index.html>

Office of Special Education Programs (OSEP)

202-245-7459

202-205-5637 (TTY)

<http://www.ed.gov/about/offices/list/osers/osep/index.html?src=mr>

The U.S. Department of Education's mission is to promote student achievement and preparation for global competitiveness by fostering educational excellence and ensuring

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equal access. School personnel, parents, and health care professionals can obtain information about Federal laws related to the education of students with disabilities on the ED website or by contacting ED.

To obtain copies of the Section 504 and Title II regulations, contact the Customer Service Team of the Office for Civil Rights, U.S. Department of Education, toll-free, at 1-800-421-3481 (for TTY: 1-877-521-2172). For copies of the IDEA regulations, contact EdPubs at 1-877-433-7827.

In addition, the following Federal laws for helping students with diabetes can be accessed on the ED website:

- Section 504 of the Rehabilitation Act of 1973, as amended, 29 U.S.C. 794, implementing regulations at 34 CFR Part 104.
<http://www2.ed.gov/policy/rights/reg/ocr/edlite-34cfr104.html>
- Title II of the Americans with Disabilities Act of 1990, as amended, 42 U.S.C. 12134 et seq., implementing regulations at 28 CFR Part 35.
<http://www2.ed.gov/policy/rights/reg/ocr/edlite-28cfr35.html>
- The Americans with Disabilities Act Amendments Act of 2008.
http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=110_cong_bills&docid=f:s3406enr.txt.pdf
- Individual with Disabilities Education Act, 20 U.S.C. 1400 et seq., implementing regulations at 34 CFR Part 300.
<http://www2.ed.gov/about/offices/list/osers/osep/index.html>
- Family Educational Rights and Privacy Act (FERPA), 20 U.S.C.1232g, implementing regulations at 34 CFR Part 99.
<http://www2.ed.gov/policy/gen/guid/fpco/index.html>

Resources Available from School Guide Supporting Organizations for Helping School Personnel, Students with Diabetes, and Their Families

Organization	Speakers for school personnel	Trainers for school personnel	Training programs/resources	Educational materials/lay audiences	Educational materials/school nurses	Info/assistance on Federal laws	Guidelines/standards of care	Position statements
American Academy of Pediatrics www.aap.org	✓	✓		✓			✓	✓
American Association of Diabetes Educators www.diabeteseducator.org	✓	✓	✓				✓	✓
American Diabetes Association www.diabetes.org	✓	✓	✓	✓	✓	✓	✓	✓
American Dietetic Association www.eatright.org	✓	✓		✓	✓			
American Medical Association www.ama-assn.org								✓
Barbara Davis Center for Childhood Diabetes www.barbaradaviscenter.org	✓	✓	✓	✓	✓			
Centers for Disease Control and Prevention www.cdc.gov	✓			✓	✓			
Children with Diabetes www.childrenwithdiabetes.com				✓		✓	✓	
The Endocrine Society www.endo-society.org				✓	✓		✓	
Indian Health Service (Division of Diabetes Treatment and Prevention) http://www.diabetes.ihs.gov				✓	✓		✓	

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Organization	Speakers for school personnel	Trainers for school personnel	Training programs/resources	Educational materials/lay audiences	Educational materials/school nurses	Info/assistance on Federal laws	Guidelines/standards of care	Position statements
Joslin Diabetes Center www.joslin.org	✓	✓	✓	✓	✓	✓	✓	
Juvenile Diabetes Research Foundation International www.jdrf.org	✓			✓	✓	✓	✓	
Lawson Wilkins Pediatric Endocrine Society www.lwipes.org	✓			✓	✓		✓	✓
National Association of Chronic Disease Directors Diabetes Council www.chronicdisease.org			✓		✓			
National Diabetes Education Program (NDEP) www.yourdiabetesinfo.org				✓	✓			
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), NIH • National Diabetes Information Clearinghouse www.niddk.nih.gov • Weight Control Information Network www.win.niddk.nih.gov				✓	✓			
Pediatric Endocrinology Nursing Society (PENS) www.pens.org	✓	✓			✓			✓
U.S. Department of Education (ED) http://www2.ed.gov/about/offices/list/ocr/index.html http://www2.ed.gov/about/offices/list/osep/index.html						✓		