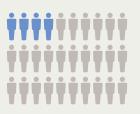
It is estimated that nearly

African Americans has signs of kidney disease.

While African Americans made up just **13 percent** of the US population in 2009 ...



... they accounted for **32 percent** of new cases of kidney failure.**

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Diabetes and high blood pressure are the two leading causes of kidney disease among African Americans. Other risk factors include cardiovascular disease or a family history of kidney failure.

Kidney disease can progress to kidney failure, which may require treatment with dialysis or a kidney transplant to maintain health longer.

You have the power to protect your kidneys.

- Speak with your health provider and get tested for kidney disease
- Manage your diabetes and high blood pressure
- Share what you've learned with at-risk friends and family members
- O Learn more at nkdep.nih.gov/get-involved.shtml



A program of the National Institutes of Health

* U.S. Renal Data System, USRDS 2012 Annual Data Report: Atlas of Chronic Kidney Disease and End-Stage Renal Disease in the United States, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2012. http://www.usrds.org/adr.aspx

** U.S. Renal Data System, USRDS 2010 Annual Data Report: Atlas of Chronic Kidney Disease and End-Stage Renal Disease in the United States, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2010.