



The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

Childcare and Pre-school Get Ready to ShakeOut!

At 10:15 a.m. on February 7, 2013, millions will “Drop, Cover, and Hold On” in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All childcare centers, in-home childcare, and pre-schools are encouraged to participate in the drill (or plan a more extensive exercise).

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a “Drop, Cover, and Hold On” drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect

yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at ShakeOut.org/centralus

HOW TO PARTICIPATE

Here are a few suggestions for what childcare and pre-school facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/centralus/childcare.

Plan Your Drill:

- Register at ShakeOut.org/centralus/register to be counted in the ShakeOut Drill, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/centralus/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:15 a.m. on February 7.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Identify items that might fall and cause injury, and secure them with appropriate seismic restraints.
- Create and/or update your disaster plan.
- Check your emergency supplies; make sure they are fresh, accessible and functional.
- Encourage staff and children to prepare at home.
- Provide first aid and response training for staff.

Share the ShakeOut:

- Encourage staff and children’s families to ask their friends and neighbors to register.
- Ask colleagues at other facilities to participate.
- Posters, flyers, and other materials for promoting the ShakeOut are at ShakeOut.org/centralus/resources.
- Share your experience at Shakeout.org/centralus/share.



As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate



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