

# The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

## **Youth Organizations** Get Ready to ShakeOut!

At 10:15 a.m. on February 7, 2013, millions will "Drop, Cover, and Hold On" in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All youth organizations are encouraged to participate in the drill (or plan a more extensive exercise) at 10:15 a.m. on 2/7!

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a "Drop, Cover, and Hold On" drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong

shaking knocks you down, or something falls on you.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

## Register today at ShakeOut.org/centralus

## **HOW TO PARTICIPATE**

Here are are simple things youth organizations can do to participate in the ShakeOut. Instructions and resources can be found at ShakeOut.org/centralus/youth, including information about the 2013 ShakeOut Patch Program!

#### Plan Your Drill:

- Register at ShakeOut.org/centralus/register to be counted in the ShakeOut Drill, get email updates, and more.
- · Download a Drill Broadcast recording from ShakeOut.org/centralus/broadcast.
- · Participate in school "Drop, Cover, and Hold On" drills at 10:15 a.m. on February 7, or schedule one later with your group.
- · Discuss what you learned and make improvements.

#### **Get Prepared for Earthquakes:**

- · Help neighbors identify items in their homes that might fall during earthquakes and secure them.
- · Create a disaster plan for your youth group.
- · Organize or refresh your group's emergency supplies.
- · Other actions are at www.earthquakecountry.org.

### Share the ShakeOut:

- Encourage everyone in your neighborhood to register.
- · Have a community event to discuss preparedness, and register for the ShakeOut.
- · Encourage local businesses and other organizations to participate and distribute ShakeOut information.
- Share your experience at Shakeout.org/centralus/share.







## As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Receive ShakeOut news and other earthquake information
- Be counted in the largest earthquake drill ever!
  Set an example that motivates others to participate











